

PROGRAM 1 BOYS

AGE	EVENTS						
U6	Shot	Long		60mH mini	200m	70m	
U7	Shot	Long		60mH mini	200m	70m	
U8	Shot	Long		60mH	200m	70m	
U9	Shot	Long	High	60mH	200m		700mW
U10	Shot	Long	High	60mH	200m		1100mW
U11	Shot	Long	High	80mH	200m	800m	1100mW
U12	Discus	Long	High	80mH	200m	800m	1500mW
U13	Discus	Long	High	80mH	200m	800m	1500mW
U14	Discus	Long	High	90mH	200m	800m	1500mW
U15-17	Discus	Long	High	100-110mH	200m	800m	1500mW

PROGRAM 1 GIRLS

AGE	EVENTS						
U6	Vortex	Discus		60mH mini	200m	70m	
U7	Vortex	Discus		60mH mini	200m	70m	
U8	Turbo	Discus		60mH	200m	70m	
U9	Turbo	Discus		60mH	200m	800m	700mW
U10	Turbo	Discus		60mH	200m	800m	1100mW
U11	Javelin	Discus	Triple	80mH	200m	800m	1100mW
U12	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U13	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U14	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U15-17	Javelin	Shot	Triple	90-100mH	200m	800m	1500mW

PROGRAM 2 BOYS

AGE	EVENTS						
U6	Vortex	Discus		100m		300m	
U7	Vortex	Discus		100m		300m	
U8	Turbo	Discus		100m		500m	
U9	Turbo	Discus		100m	800m	400m	70m
U10	Turbo	Discus		100m	800m	400m	70m
U11	Javelin	Discus	Triple	100m	1500m	400m	
U12	Javelin	Shot	Triple	100m	1500m	400m	
U13	Javelin	Shot	Triple	100m	1500m	400m	200mH
U14	Javelin	Shot	Triple	100m	1500m	400m	200mH
U15-17	Javelin	Shot	Triple	100m	1500m	400m	300mH

PROGRAM 2 GIRLS

AGE	EVENTS						
U6	Shot	Long		100m		300m	
U7	Shot	Long		100m		300m	
U8	Shot	Long		100m		500m	
U9	Shot	Long	High	100m		400m	70m
U10	Shot	Long	High	100m		400m	70m
U11	Shot	Long	High	100m	1500m	400m	
U12	Discus	Long	High	100m	1500m	400m	
U13	Discus	Long	High	100m	1500m	400m	200mH
U14	Discus	Long	High	100m	1500m	400m	200mH
U15-17	Discus	Long	High	100m	1500m	400m	300mH