

BELMONT ATHLETICS CENTRE

formally Belmont Little Athletics Centre

EST. 1970



2023-2024 OFFICIAL YEARBOOK

~54TH SEASON~

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OPENING MESSAGE FROM THE EXECUTIVE COMMITTEE

The Executive Committee would like to welcome all the athletes and parents taking part in what is Belmont Athletics Centre's 54th season.

If you are new to athletics, this book contains plenty of useful information about our sport and centre. If you can't find the information you are looking for then please ask your Club Manager.

Little Athletics is about family, fun, fitness, and doing your best. We have boys and girls of all ages and sporting abilities at our Centre, and by accepting these values we can all support the young athletes as they celebrate their success and encourage them to achieve their personal goals. One of the most rewarding sights is the way athletes respond as they are cheered and encouraged down the finishing straight. It is a great reminder of why we are all here and creates a great sense of community and belonging within our centre. At Belmont we encourage our athletes to always strive to improve their personal performance week in and week out during our Saturday competition.

At the same time we have a duty to coach and develop the athletes so that when they go to State events they understand the rules of the sport. These rules are backed up with the codes of conduct for athletes and parents published in this book. Please take the time to read and understand them.

As everyone involved with the centre, from the executive committee, to site officials and coaches are all volunteers, we ask that everyone remembers and respects that they are parents doing their best. Running the sites each week is not an easy role, however we are all here to support each other in providing the athletes with a safe, encouraging and fun environment. The officials deserve our respect, understanding and support. We encourage everyone to consider becoming an official, it is a great way to be close to the action, and without officials there is no Centre.

We would like to encourage everybody at Belmont to be their best, respect the people and property of the Centre and be conscious of promoting the enjoyment of Little Athletics for everyone.

It is with great excitement that I tell you all about the changes to our centre for this coming season.

At our AGM this year we voted to become what is known as a one-club centre. This is a centre that not only has little athletics, but also offers a pathway through to senior athletics. These changes to our constitution have been approved and we are officially now known as Belmont Athletics Centre or BAC. So if you see changes to our branding across the next few weeks, this is why. We are now Belmont Athletics Centre.

What these changes mean.

For most of our members, it won't mean anything. For all our younger little athletes (u6->u11) Saturday morning comps will all run as they always have no changes at all.

For our older athletes, u12 and older that have the desire to do senior strive events at the stadium on Friday evenings, as well as the Saturday morning comps at Gerry Archer, they will now be able to compete as Belmont athletics centre athletes at strive, not needing to join other senior clubs or compete as independent athletes.

For those older athletes that don't have the desire to do strive events, nothing will change.

If you don't know what strive events are, we will provide more information in future updates.

Our new offering for the 23/24 season will be social senior athletics at our centre. This will be done as training and competitions on Wednesday evenings at Gerry Archer. Social athletics will be available to all athletes that have aged out of little athletics, 17 years or older (yes this means parents as well if they want), but still wish to do athletics in a casual and fun atmosphere at Belmont. We are very excited about this and will have a bunch of information coming through shortly.

But for now, that covers the main parts of what Belmont Athletics Centre will be offering going forward. Lots of specifics to be released as the season begins.

I hope we can get some of our older athletes back to our centre for some fun athletics.

See you all soon.

Welcome back to Belmont Athletics, or welcome for the first time. We wish everyone a successful and enjoyable season.

Belmont Executive Committee

LITTLE ATHLETICS IN AUSTRALIA

Nationally the Little Athletics governing body is Australian Little Athletics (ALA). ALA comprises of a Board of Management elected from nominations submitted by the State Associations. ALA is responsible for establishing national policies and sponsorship of the sport.

Athletics West (AW) is the State Association and is managed by a Board of Management elected by the affiliated Athletics Centres. AW's responsibilities include organising State events and Championships, obtaining sponsorship and government support, providing administrative support for affiliated Centres as well as education and assistance for coaches and officials.

The Centres, such as Belmont Athletics Centre (BAC), organise weekly competitions for athletes in their geographical area. Volunteer Executive Committee members are elected at an AGM by members of the affiliated Clubs to manage the Centre. Centres are grouped into regional Zones and compete annually at an Inter-Centre qualifier, known as Zones Championships.

Clubs affiliate with their local Centre and organise training sessions for the athletes registered with them, as well as keep the athletes informed of upcoming events. The Clubs meet weekly to compete at the Centre in programmed track and field competition. The Club Committees are volunteer parents who are elected by the members from within their Club.

More information can be obtained by visiting the Belmont Athletics Centre website at www.blac.asn.au or the Athletics West website at www.athleticswest.com.au

BELMONT ATHLETICS CENTRE AFFILIATED CLUBS

CLUB	CLUB COLOURS	CLUB CONTACT
Carlisle/ Rivervale	Red/Green/Black	crlac.secretary@outlook.com
Forrestfield	White/Red/Black	flacregistrar01@gmail.com
High Wycombe	Blue/White/Black	contact@hwlac.com.au
Kalamunda/ Lesmurdie	Lime Green/Black	klac@hotmail.com
Kewdale	Gold/White/Black	registrar.kewdalelac@gmail.com
Kelmscott	Navy/Teal/White/ Black	kelmscottathleticsclub@outlook.com.au

BELMONT ATHLETICS CENTRE IS PROUDLY AFFILIATED WITH ATHLETICS WEST



Address: Aisle 8, Level 1, Shirley Strickland
Grandstand Herb Elliot Drive via,
Stephenson Ave,
Mount Claremont WA 6010
Postal: PO BOX 157 Floreat Wa 6014

Telephone: (08) 6272 0480
Email: admin@athleticswest.com.au

ATHLETICS WEST

BELMONT EXECUTIVE COMMITTEE

Centre President	Nathan Cunningham	nathanblacpres@gmail.com
Executive Officer	Fiona van Heerwaarden	blac.exec.officer@gmail.com
Treasurer	Jo Richardson	blactreasurer@hotmail.com
Registrar	Jacki Walters	bac.registrar1@gmail.com
Arena Manager	John Ferguson	kjferguson@optusnet.com.au
Officials Coordinator	vacant	
Championships & Coaching Coordinator	vacant	
Records and Ranking Officer	Kira Armstrong	kira.armstrong.85@gmail.com
Chief Field Umpire	Leo Quaresimin	leoq@consolidatedenergy.com.au
Chief Track Umpire	Colin Mujs	lathletics70@gmail.com

BELMONT NON-EXECUTIVE OFFICE BEARERS

Equipment Officer	Shared	John & Leo
Canteen Manager	Shenae Head	
Winter Officer (2024)	vacant	
Announcer		
Website Administrator	Jo Richardson	
Publicity Officer	Jo Richardson	
Centre Delegates to Athletics West	Nathan Cunningham Kira Armstrong	Proxy: Jacki Walters

A NOTE OF THANKS:

We would like to thank the **City of Belmont** for their continuing support of Belmont Athletics Centre and would ask that all Belmont members please respect the grounds and facilities at Gerry Archer Athletic Track so that athletes and supporters can enjoy the best environment possible.

PLEASE NOTE:

In the interests of pedestrian safety, cars are not permitted inside the entrance gates. Only vehicles displaying a valid ACROD permit may use the designated disabled parking zone. Please be aware of athletes while entering and leaving the car-park.

We would also like to remind all members that skateboards, scooters, roller-blades and roller-skates are prohibited from use anywhere within the arena or car park for the safety of all members.



GERRY ARCHER ATHLETICS TRACK
IS A SMOKE-FREE VENUE

**Smoking & Vaping is not permitted anywhere within the arena or within 40m of any entry/exit gates during competition days, Centre training or any other Belmont function or activity. Smoking and Vaping can take place in the designated area marked for that purpose.
All venues and events are also alcohol-free.**

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

BELMONT ATHLETICS CENTRE LIFE MEMBERS

1977 Joy Hardman	1987 Lesley Romeo	1998 John Fouweather	2018 Janet Milne
1980 Roy Cannon	1992 John Milburn (dec)	2001 Trish Gunn	2018 Jim Farr
1980 Margaret Harman	1993 Bev Frost	2004 Craig Middleton-White	2022 Nathan Cunningham
1980 Noelene MacKenzie	1993 John Marsh	2007 Georgie Boyle	2022 Natalie Nanut
1980 Verna Mason	1994 Ron Hardman (dec)	2007 David Jarvis	2022 Leo Quaresimin
1980 Wendy Murray	1996 Anne Redmond	2009 Toni Clarke	2022 Samantha Craven
1983 Merle Carter (dec.)	1996 Peter Redmond (dec)	2010 Kevin Kentish	
1983 Mavis Lee	1996 Krys Roberts	2013 Catherine Geneste	
1984 Tony Salmon (dec.)	1996 Neil Roberts	2014 Cheryl Short (dec.)	
1985 Jean Crockett	1997 Rob Bowen	2014 Glenn Bartlett	
1985 Frances French	1997 Jill McIntosh	2016 Michael Munro	

BELMONT ATHLETICS CENTRE PATRONS

2009 Mr. Fred Rae (dec.)	2010 Mr. Eric Ripper	2011 Mr. Eric Ripper	2012 Mr. Eric Ripper
2014 Mrs Glenys Godfrey	2015 Mrs Glenys Godfrey	2016 Mrs Glenys Godfrey	2017 Ms Cassie Rowe
2018 Ms Cassie Rowe	2019 Ms Cassie Rowe	2020 Ms Cassie Rowe	2021 Ms Cassie Rowe
2022 Ms Cassie Rowe	2023 Ms Cassie Rowe		



BILL OF RIGHTS FOR YOUNG ATHLETES

Young athletes have the right to:

- Participate in sport regardless of ability level.
- Proper preparation for participation in the sport.
- Have qualified leadership.
- An equal opportunity to strive for success.
- Participate in a safe and healthy environment.
- Be treated with dignity by all involved.
- Participate as a child and not as an adult.
- Have fun through sport.

PARENTS CODE OF CONDUCT

Parents should:

- Not force an unwilling child to participate in sport.
- Remember that children participate for their own enjoyment, not yours.
- Encourage your child to abide by the rules.
- Teach your child that honest effort is as important as victory, so that the result of each event is accepted without undue disappointment.
- Turn defeat into victory by helping your child towards skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing in an event.
- Remember that children learn best by example. Applaud good performances by your own child and by other athletes.
- Not publicly question the official's judgement, and never their honesty.
- Support all efforts to remove verbal and physical abuse from children's sporting activities.
- Recognise the value and importance of volunteer coaches. They give their time and resources to provide recreation activities for your child.

GENERAL RULES OF THE BELMONT ATHLETICS CENTRE

- 1 BEHAVIOUR OF CHILDREN:
 - (a) Disciplinary action will be taken against any children who:
 - i. Maliciously damage property or equipment.
 - ii. Give verbal or otherwise abuse to Officials.
- 2 Clubs and parents are to ensure that children do not:
 - (a) Swing on the Double Gates or Turnstiles.
 - (b) Climb any fences.
 - (c) Go behind the Equipment Shed.
 - (d) Wander by themselves in the Car Park.
- 3 NO ONE is allowed behind any roped off areas without permission.
- 4 Complaints will not be considered unless the complaint is channelled through a Club Manager to the Arena Manager.
- 5 Spectators and Athletes must **NOT** tamper with the Public Address (PA) System.
- 6 Spectators and Athletes must respect each other's Club Area.
- 7 Adults are to encourage children to look after the toilet facilities, and not to play around with the water fountains.
- 8 Smoking & Vaping is prohibited anywhere within the arena or within 40m of any entry/exit gates during competition days, Centre training or any other Belmont function or activity. Smoking and Vaping can take place in the designated area marked for that purpose. All venues and events are also alcohol-free.
- 9 No skate boards, scooters, roller blades, roller skates, etc. are permitted to be used in and around the Centre on competition days. This includes the driveway and car-park areas.
- 10 Ball games or other activities which may interfere with the running of events or pose a hazard to others are not permitted. Failure to abide by a directive of an Executive Committee Member to cease such activities will result in the equipment being confiscated for the duration of competition.

RULES FOR COMPETITION

1. All athletes must be registered with a Club affiliated with Belmont Athletics Centre.
2. All competitors must wear correct Club uniform with their Registration Number securely fastened to the front of their shirt and their Age Tag secured to the front left shoulder. No logos or insignias bigger than 7cm x 5cm are allowed on uniform bottoms. As per Athletics West rules, compression pants may be worn under shorts **only** if they are plain black and finish above the knee.
3. Fully enclosed footwear is compulsory for all athletes whilst they are competing on any surface at the Belmont Centre.
4. A competitor may leave a Field event once given permission by the Field Key Official to compete in a track event. On returning to the Field event he or she must resume at the stage the event has reached in their absence.
5. On completion of a Track event athletes must report firstly to the Track Marshalls and then to the Track Recorders to record their results. Once the athlete's result has been recorded they are to return to their Club area.
6. On completion of Field events athletes are to return immediately to their Club area.
7. Protests are to be presented by Club Managers in writing on an official protest form to the Arena Manager and must be accompanied by the appropriate fee (\$50). The money will be forfeited should the complaint prove frivolous. A Protest Committee will deal with the complaint on the day.
8. Any misbehaviour by a competitor may result in a suspension for a period to be decided by the Executive Committee on the day.
9. (a) Unless competing in an event or acting as an official, no one except for Belmont executive, Belmont committee members and the rostered first aider shall be allowed onto the arena or sites whilst events are being conducted. Failure to observe this rule may result in penalties to the Club or the offender. Any penalty is to be decided by the Executive Committee on the day, after completion of the day's program.
(b) When signed on and acting as an official, you shall only be allowed on the designated site you are signed on to officiate at.
10. Athletes & Site Officials must at all times walk around the Track and not across the centre of the Arena.
11. Each affiliated Club will be required to supply officials for each competition day. The number of officials required from each club is calculated on a pro-rata basis, comparing number of athletes within the Club to number of athletes in the Centre as a whole. Officials are to report to the Officials Coordinator where they will sign on and select a site to help at.
12. Spikes:
 - Competitors in the U6-U10 age group may not wear spike shoes.
 - Competitors in the U11-U12 age group may wear spike shoes in events run entirely in lanes, long jump and triple jump, high jump and javelin.
 - Competitors in the U13-U17 age group may wear spike shoes in long jump, triple jump, high jump and javelin, and all track events except walks.
 - Spikes must be carried to the start and removed at the end of all events.
13. Programmed events can be amended or cancelled at the discretion of the Arena Manager.
14. Complaints on the day will be referred (via your Club Manager through the Arena Manager) to the following:
 - Track events - CHIEF TRACK UMPIRE
 - Field events - CHIEF FIELD UMPIRE
15. Rules of competition are normally as per World Athletics rules, but modifications may be made for Centre competition.
16. All athletes must at all times have a parent or guardian present. Athletes will be excluded from competition if they do not have a parent or guardian present.

RED CARDS

Red Cards are issued to athletes for breaches of Belmont Athletics Centre Rules, particularly *General Rule 1: Behaviour of Children*, and *Rule for Competition 8*, pertaining to misbehaviour and suspension. The site Key Official will give an offending athlete one verbal warning only; a second offence shall result in the issue of a red card. The athlete will be asked to leave the site immediately and report to the Arena Manager. Any points from the site shall be forfeited for the day of the offence.

If an athlete receives a second Red Card on the same day, then the athlete will not be permitted to compete in any further events for that day. Additionally, all points for **all events** earned on the day of the offences shall be forfeited. Any offence may also be investigated and dealt with by the Centre Executive Committee and be subject to further disciplinary action.

RULES FOR BELMONT CENTRE CHAMPIONSHIPS

1. To be eligible for Centre Championships, athletes must have competed in an event at least **three (3) times** at the weekly Inter Club competition.
Exceptions to this rule:
 - a. In the case of illness or injury during the season which prevents the athlete from competing. Club Managers must hand a letter or Doctor's certificate to the Records & Ranking Officer at the time of illness or injury or no later than 2 weeks after the illness or injury occurred. Documents received after this time frame will not be accepted. Documents **MUST** include dates when the injury or illness occurred and a time frame indicating how long the athlete cannot participate for. Such documents **MUST** be from an independent consultant. The Executive Committee will then determine if the athlete is eligible to compete.
 - b. If an athlete commences later in the season.
 - i. Commencement is defined as the date and time at which the athlete is registered with Belmont Athletics Centre.
 - ii. The athlete must compete in the nominated event each time it is held in the remaining weekly Inter Club competitions after commencing.
 - iii. The athlete must be registered no later than four weeks prior to the start of Centre Championships.
2. If an athlete transfers from another Little Athletics Centre they must produce evidence that they have competed in the nominated event such that the total number of times they have competed in that event at both centres totals three or more. The evidence must be such that it is able to be verified by the previous Little Athletics Centre and is subject to approval by the Executive Committee. Any athlete transferring from another Centre, whether it be Perth Metro/Country or Interstate must also be registered with Belmont Athletics Centre no later than four weeks prior to the start of Centre Championships.
3. All competitors must report to the marshalling area prior to the commencement of any event. If there is a genuine reason for an athlete being late, this must be reported to the Arena Manager by the Club Manager only.
4. Under 6 to Under 10 Athletes will have only three trials at all field events (except High Jump). Under 11 to Under 17 Athletes will have three trials at all field events (except High Jump) and the leading eight competitors in the event at the completion of the third round will then have a further one trial.
5. The starting height shall be 15cm below the state starting height. The normal Belmont LAC High jump rules still apply as athletes may only join the competition at 20cms below their personal best, whichever is applicable first.
6. Placings in all track events will be determined by timed heats.
7. All protests must be reported through the Club Manager and are to be lodged with the Championship and Special Events Coordinator within 20 minutes of the completion of the event with the appropriate fee (\$50).
8. The rules for competition at Centre Championships shall be those outlined in Athletics West's Rules for Competition of State Run Events. These rules may be amended or updated by Athletics West without notice or consultation.
9. An athlete's participation in the Centre Championships signifies that athlete's acceptance of the rules and conditions as set out by Belmont Athletics Centre and the Executive Committee.
10. Any circumstance not covered by the rules and conditions defined herein shall be dealt with by the Executive Committee on a case-by-case basis.

SUNSMART POLICY

Participant's health is a primary concern of Belmont Athletic Centre. It is acknowledged that skin cancer is a major, yet preventable public health problem in Australia, with two out of every three people requiring treatment for some form of skin cancer in their lifetime.

A preventative strategy including the following will be implemented in the Centre.

- Wherever possible, programs will be scheduled to minimise ultraviolet radiation exposure of participants.
- The Centre will maximise use of natural shade from trees, buildings, and other structures including portable canopies or shade shelters.
- The Centre will promote personal protection including hats & long-sleeve shirts.
- Broad spectrum sunscreen will be made available for any that need it.

Unfavourable Weather Conditions

In the week prior to the scheduled competition, the Arena Manager will monitor the forecast weather conditions, to determine the effect it may have on the proposed program. If extreme weather conditions are forecast, the following strategies will be followed: All decisions will be made by the Arena Manager, Chief Track Umpire, Chief Field Umpire and President of Belmont Athletics Centre.

Hot weather:

For morning competition: if the temperature reaches 38°C, the current status of the program will be examined before deciding if the program should be cancelled or conducted in a modified format.

For twilight competition: if the temperature is forecast to be in excess of 38°C at the scheduled start time of setup/competition then the Arena Manager, Executive and President of Belmont Athletics Centre will make a decision as to whether to delay the start of setup/competition until the temperature is forecast to fall below 38°C, by pushing the start time back by 1 hour or if the program should be cancelled or conducted in a modified format. **Note:** All Clubs will be notified by 10am on competition day if any changes need to be made to the start time.

Inclement weather:

Where rain, wind, or lightning may affect the safety of athletes competing, a decision will be made as to whether the program should be cancelled, or conducted in a modified format.

Notification

The President will call a Club Managers meeting when a decision has been reached, and all Clubs will be notified on whether the meet will be cancelled or a modified program will run.

Recovery Strategy

The following initiatives shall be implemented when severe weather affects competitions:

- Only conduct events that ensure the safety of athletes and officials is protected at all times.
- Where appropriate, reschedule cancelled events to a later date.
- Where a modified program is run and events are cancelled, athletes who have signed on will be awarded participation points so they are not disadvantaged in qualifying for Centre Championships.



Cancelled Events – Circumstances out of our Control ie: Covid 19

In the event that a scheduled competition on the Belmont LAC calendar is cancelled due to circumstances out of our control, the following steps will be taken:

- The competition will be rescheduled to a different day if there is a spare day available on the current season's calendar. If this can occur the BAC executive committee will advise the new date, giving as much notice as possible.
- If the competition is not able to be rescheduled, all athletes will receive their PB result for each event which will be taken from when they last did the event during the current season. If the athlete has not participated in an event prior to the cancellation they will receive a participation point for each of those events.

HEALTH & INJURY

During a Little Athletics competition, athletes should always be in possession of a hat, wear a shirt to cover their shoulders when not competing, use an effective sun screen, and frequently drink plenty of fluids in small quantities, preferably water. Take special care of children in the hot summer sun.

If an athlete is sick or injured, experiencing pain or swelling, **do not allow them to compete**. If an athlete is unable to compete parents should provide their Club Manager with a medical certificate, which will prevent the child being disadvantaged during qualification for Centre Championships. (See Centre Championships rules for more info) If your child has been issued a medical certificate that covers the date of any competition, they should not compete as they may not be covered by insurance.

The immediate treatment for a soft tissue injury is **R.I.C.E.**

R	est
I	ce
C	ompression
E	levation

If you have any doubts about the injury whatsoever, a doctor's advice should be sought immediately. If an athlete falls during an event, do not pick them up until the cause of the injury has been determined. In particular, do not move any athlete who is experiencing back pain or numbness in the limbs. All injuries sustained at any Little Athletics venue, either in training or competition, must be reported to your Club Manager immediately.

FIRST AID POLICY

- The First Aid Officer must hold a current Senior First Aid or Apply First Aid Certificate, a copy of which must be held at the Centre.
- Where possible, a parent or guardian must be present when a child requires first aid treatment.
- If a parent overrides the First Aid Officer, the parent is then responsible for removing the athlete to a doctor straight away.
- Serious injuries (eg: being impaled by a javelin; hit on the head by an implement; leg or back injury) are to be treated on site until the ambulance arrives. **Athletes should not be moved.**
- Parents are to be advised by the First Aid Officer that all injuries requiring more than a simple dressing are to be seen by their own doctor.
- All injuries must be reported to the rostered first aid officer so that they can be documented. Failure to report an injury may mean that an athlete, parent or Official is not covered by insurance.
- First Aid is for injuries sustained by athletes and parents during competition only. The First Aid Officer will not tape limbs or joints so that athletes can compete.

If you are injured – PLEASE DO NOT COMPETE.

CENTRE UNIFORM

Available in your choice of a Singlet or a T-shirt.

Matching Jackets are also available to purchase.

2023-2024 ATHLETICS WEST STATE EVENTS

WA STATE COMBINED EVENT CHAMPIONSHIPS

SATURDAY 18th & SUNDAY 19th NOVEMBER 2023

This event is held at WA Athletics Stadium for athletes U11 and up. Athletes compete individually in 5-8 compulsory events, depending on age group. Points are awarded and accumulated according to performance, NOT placing, similar to the Heptathlon and Decathlon. Any number of athletes can represent a Centre and there are no selection criteria. Athletes are required to wear Centre uniform.

WA STATE RELAY CHAMPIONSHIPS

SATURDAY 16th DECEMBER 2023

Each centre is eligible to nominate one team (min 4, max 5) for track relay and one team of 2, 3 or 4 athletes for the field relay per age group and gender. Athletes competing in the track relay may not compete in the field relay and vice versa. Athletes are required to wear their Centre uniform.

Held at the WA Athletics Stadium – events may be subject to change.

Track relay events:	4 x 100m U9-U17	Field relay events:	Discus, Turbo Javelin, Long Jump & Shot Put (U9-10 Boys & Girls)
	4 x 200m U9-U10		Discus, Triple Jump, Long Jump & Shot Put (U11-U12 Boys & Girls, U13 Boys & U16-U17 Boys)
	4 x 400m U11-U17		Javelin, Triple Jump, Long Jump & Shot Put (U13 Girls, U14-U15 Boys & Girls, U16-U17 Girls)

ZONES CHAMPIONSHIPS

SATURDAY 17th - SUNDAY 18th FEBRUARY 2024 (venue TBA)

Further details TBA once finalised. All Clubs will be notified of closing dates for entries to this event when they become available. Athletes must compete in the Belmont Centre uniform.

STATE SENIOR CHAMPIONSHIPS

22nd – 25th FEBRUARY 2024

WA Athletics Stadium

Further details TBA once finalised. Athletes are required to wear their Centre uniform. More information should be sought from the Athletics West website.

JUNIOR STATE TRACK & FIELD CHAMPIONSHIPS

FRIDAY 8th – SUNDAY 10th MARCH 2024

WA Athletics Stadium

Further details TBA once finalised. Athletes are required to wear their Centre uniform. More information should be sought from the Athletics West website.

U13 LITTLE ATHLETICS NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U13 athletes.

The WA State Track and Field Championships is the qualifying event for the U13 team selection. ALAC Team selectors will attend the event and will determine successful team members based on the Athletics West ALAC Team Selection Policy.

Athletes wishing to be considered for selection must nominate by the defined closing date.

Athletes will be contacted as soon as practical following completion of State Championships of team selection status.

Note: For more information contact Athletics West.

U15 MULTI EVENT NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U15 athletes.

U15 Boys and U15 Girls are selected from the State Multi Event Championships and accompany the U13 team to represent the state in the National Multi Event Championships.

Note: For more information contact Athletics West.

U14 & U15 INTERNATIONAL CHAMPIONSHIPS

U14 and U15 athletes awarded a medal at State Championships will be invited to join the WA International team that travels to Malaysia and Singapore, alternating years.

Information regarding the International team will be forwarded to all eligible athletes at medal presentations and following the competition.

Note: For more information contact Athletics West.

WINTER COMPETITION

From April to August, Athletics West runs a Winter competition. This consists of Cross Country Running and Road Walking races, held on alternating weekends at different locations throughout the metro area. Cross Country is open to athletes U7 – U17, while Road Walking is open to athletes U9 – U17.

Current registered athletes (participated in the previous summer competition) are required to nominate for Winter Competition online through their ResultsHQ profile. No additional registration fees are applicable, however athletes may be required to purchase a timing chip to wear for competition.

New athletes may register for the Winter Competition online at ResultsHQ.com.au. A registration fee shall be charged, and a timing chip may be required to be purchased for competition.

Competing athletes are required to wear Belmont Athletics Centre uniform. Athletes must compete in a minimum number of events (as detailed by Athletics West) to be eligible for Winter Championships. Any further information can be obtained from the Winter Competition Officer.

Please note that the U6's do not compete in the State Winter Championships.

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON



EVENT RULES AND SPECIFICATIONS

EVENT RULES

Although not always the case, event rules generally follow the World Athletics rules. These rules may have been modified either for Little Athletics generally, or for local Centre competition. If in doubt you should consult your Club Manager, who can query the Arena Manager. The Arena Manager's decision in any dispute regarding the rules is final. The following notes give the major rules for each event - they may not cover all situations.

GENERAL NOTE

No athlete may commence any trial, in any event, until the official has given permission to do so. Safety rules must be observed at all times.

TIE-BREAKING RULES

In Field Events where the result is determined by distance, the second best performance of the competitors tying shall resolve the tie, then (if necessary) the third best and so on.

FIELD SITES

The **KEY SITE OFFICIAL** is responsible for ensuring that the correct equipment is on that site, and that shade tents, if required, are erected prior to the commencement of the program. The **Centre Record** is to be marked out prior to the commencement of each event. After completion of competition for that site officials are to assist by dismantling shade tents and ensuring that the equipment is ready to be returned to the equipment shed.

HIGH JUMP

Note: This is intended as a guide only

BOYS & GIRLS	U9-U10 Scissor Kick	U11-U17
Bar rises*	6 x 5cm	6 x 5cm
Thereafter	2cm	2cm

Starting Height: 5cm below the lowest recorded personal best of all *competing* athletes

* Athletics West recommend the bar be raised by 5cm increments until there are 6 or fewer competitors remaining.

RECORDING: For recording purposes, an **O** indicates the bar has been cleared, an **X** indicates a failure, and a **- (dash)** indicates the athlete chose to pass (did not attempt that jump).

INSTRUCTIONS TO COMPETITORS:

- Starting height is given, plus increments to be used during competition.
- May commence jumping at a height closest to 20cm below their registered Personal Best height.
Note: For Centre Championships, the starting height shall be 15cm below the state starting height. The normal Belmont LAC High jump rules still apply as athletes may only join the competition at 20cms below their personal best, whichever is applicable first.
- May pass on any height or any jump. If a competitor forgoes a trial at a certain height, they may not make any subsequent attempts at that height.
- Markers may be used as long as they are safe (i.e. flat) and they do not interfere with another athlete's run-up.
- An attempt must be completed within 60 seconds.
- Each competitor is allowed three attempts at each height, but is out of the competition after three consecutive failures are recorded regardless of height.

The Scissor technique will be the only allowable technique performed in High Jump for the U9 and U10 age groups at all levels of competition.

It shall be a valid scissor jump if all other relevant high jump rules are adhered to, and:

- a. The head of the athlete does not go over the bar before the leading foot (the foot of the leg closest to the bar at take-off);
- b. The head of the athlete is not below the buttocks when the buttocks clear the bar, and
- c. The athlete's lead foot touches the mat before any other part of the body.

All athletes in the U11 and above age groups will have the option to use any legal jumping technique.

An invalid jump includes:

- a. The athlete takes off with two feet.
- b. After the jump, the bar does not remain on the support because of the action of the athlete whilst jumping.

Note: If the athlete has left the landing area and the bar falls, it is deemed an invalid jump if the athlete was responsible for the dislodgement.

- c. The athlete touches the ground including the landing area beyond the plane of the nearer edge of the crossbar, either between or outside the uprights with any part of the body, without first clearing the bar.
- d. Athlete touches the cross bar or the vertical section of the uprights when running up without jumping.

Note: On windy days the bar may be held in position by officials, but support must be removed when the athlete takes off to allow displacement. It is also helpful to set up the high jump side-on to the oncoming wind.

When one competitor is left, he/she may choose their own increments. He/she may be allowed to continue until he/she has recorded three failures and the last height cleared be recorded as the winning height.

MEASUREMENTS:

- All measurements shall be made in whole centimetres perpendicularly from the ground to the lowest point of the upper side of the bar.
- Precise measurement shall be made when the bar is raised to a new height and before the first competitor attempts such a height. In all cases of records the Chief Field Umpire shall check the measurement when the bar is placed at the record height and they shall re-check the measurement before subsequent record attempt if the bar has been touched since measured.
- When the measurement is rechecked after a successful jump and the bar is not at the record height, the record will not be allowed.

Note: Measure ends of bar first then the middle. Adjust ends so that the lowest part is in middle.

Note: Judges should ensure, before starting the competition, the underside and front of the crossbar are distinguishable, as the bar is always replaced with the same surface upper and the same surface to the front.

SET UP:

- Supports for the crossbar each face the opposite upright so that if a competitor touches the crossbar it will easily fall to the ground, either forwards or backwards
- There shall be a space of at least 1cm between the ends of the crossbar and the uprights.
- The crossbar must be replaced with the same surface up and the same surface to the front.
- The uprights and landing area should be setup so that there is at least 10cm between them when in use to avoid the displacement of the crossbar through the movement of the landing area causing contact with the uprights.

TIE - BREAKING RULES:

- The competitor with the lowest number of jumps at the height where the tie occurs shall be awarded the higher place.
- If the tie still remains, the competitor with the lowest number of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.
- If the tie still remains the result will be an equal placing. No jump off takes place.

LONG JUMP AND TRIPLE JUMP

SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Raker

Take-off Area

- U6-U8: A 1.00m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U9-U10: A 0.5m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U11-U17: A 0.2m x 1.22m strip.

- For the U6-U8 age groups the 1.22m x 1.00m take-off mat shall be placed with the front edge 200mm from the commencement of the landing area.
- For the U9-U10 age group the 0.5 m x 1.22m take-off mat shall be placed with the leading edge 500mm from the landing area.
- For the U11-U17 age groups:
- The distance between the take-off board and the far end of the landing area should be at least 10.00m.
- The take-off board shall be placed between 1m and 2m from the nearer end of the landing area for U11 – U14's and shall be set at 2m from the leading edge for U15 – U17 age groups.

RUNWAY:

Where possible, the runway should be at least 40m. The athlete's run-up can be of any length, but should be restricted to avoid wasting time.

MARKERS:

Markers are not permitted on the runway, but can be used at the side.

Failure

In the Long Jump and the Triple Jump, it shall be counted as a failure if:

- Any part of the mark made by the athlete's take-off foot protrudes over the front edge of the take-off area.
- If an athlete takes off before reaching the take-off area it shall not, for that reason, be counted as a failure.
- In the course of landing, the athlete touches the ground outside the landing area nearer to the take-off than the nearest break in the landing area made by the jump.
- When leaving the landing area, an athlete's first contact with the border or ground outside is nearer the take-off line than the nearest break in the sand made on landing.
- After landing, the athlete walks back through the landing area without first correctly exiting the pit.
- An athlete takes off from outside either end of the take-off area, whether beyond or before the extension take-off line.
- Any sort of somersaulting is used.

Distance Measurement

For U6-U10 athletes:

- Where any part of the athlete's foot lands on the take-off area, the jump will be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the imprint made in the take-off area by the take-off foot.
- Where no part of the athlete's foot lands in the take-off area, the jump will be measured from the nearest break in the landing area made by any part of the body or limbs to the edge of the take-off area furthest from the landing area, or its extension. The measurement must be taken perpendicular to the back of the mat or its extension.

For U11-U17 athletes:

- The jump shall be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the front edge of the take-off area.
- The measurement must be taken perpendicular to the take-off area or its extension.

Triple Jump

- The Triple Jump shall consist of a hop, a step and a jump in that order.
- The hop shall be made so that an athlete lands first on the same foot as that from which they have taken off; in the step the athlete shall land on the other foot, from which, subsequently, the jump is performed.
- It shall not be considered a failure if an athlete, while jumping, touches the ground with the 'sleeping' leg.
- The take-off line shall be in whole metre increments from the edge of the pit.

Failure

In the Triple Jump, it shall be counted as a failure if:

- Any of the infringements listed for Long Jump occur
- The competitor fails to follow the actions of the triple jump as defined above.
- The competitor fails to land in the pit. (Landing on the run-up constitutes a foul.)



THROWING EVENTS

In throwing events from a circle:

- An athlete must commence the throw from a stationary position.
- The athlete is allowed to touch the inside of the iron band of the circle or stop board.
- It shall be a failure if the athlete, after entering the circle and commencing to make a throw, touches with any part of the body the top of the circle or the ground outside, or improperly releases the implement in making the attempt.
- It shall be a failure if the athlete leaves the circle or runway before the implement has touched the ground.
- It shall be a failure if, when leaving the circle, the athlete's first contact with the top of the rim or the ground outside the circle is not completely behind the back half of the circle.

Interruption of a Trial

It is not a failure if an athlete drops an implement and it does not touch the ground outside the throwing circle or runway, provided no other rule is breached. The athlete can retrieve the implement and continue the trial within the allocated time.

If the implement touches the ground outside the circle or runway it becomes a failure.

Measurements

- The measurement of each throw will be made from the nearest mark made by the fall of the implement to the inside of the circumference of the circle, along a line from the mark to the centre of the circle.
- For a valid trial, the implement must fall completely within the inner edges of the landing sector.
- In Javelin, the measurement of each throw will be made from where the tip of the javelin first struck the ground, to the inside edge of the arc, with the tape being pulled through the point 8m back on the run-up, that being the centre of the circle of which the arc is a part.

Recording

For recording purposes, an **O** indicates a successful attempt, an **X** indicates a failure, and a – (dash) indicates the athlete chose to pass (did not attempt that throw.)

AFTER EACH THROW, IMPLEMENTS SHALL BE CARRIED BACK TO THE AREA NEXT TO THE CIRCLE OR RUNWAY AND NEVER THROWN BACK.

DISCUS

Girls		Boys	
U6 & U7	350g	U6 & U7	350g
U8 - U11	500g	U8 - U11	500g
U12 - U13	750g	U12 - U13	750g
U14 - U17	1kg	U14 - U15	1kg
		U16 - U17	1.5kg



SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Returner

JAVELIN

Girls		Boys	
U6 & U7	Vortex	U6 & U7	Vortex
U8 - U10	Turbo Javelin	U8 - U10	Turbo Javelin
U11 - U13	400g	U11 & U12	400g
U14 - U17	500g	U13	600g
		U14 - U17	700g



SITE OFFICIALS

- Key Official
 - Recorder
 - Sector Judge (watches for valid landing)
 - Spiker
 - Returner
-
- The javelin shall be held at the grip with one hand only. It shall be thrown over the shoulder or upper part of the throwing arm and shall not be slung or hurled. Nonorthodox styles are not permitted.
 - A throw shall be valid only if the metal head strikes the ground before any other part of the javelin. The javelin is not required to stick in the ground.
 - For a valid throw, the tip of the javelin must fall completely within the inner edges of the landing sector.
 - It shall be a failure if the athlete, after starting their throw, touches with any part of their body or limbs, the lines marking the runway, the ground outside the runway, or crosses the throwing arc marking the end of the runway.
 - It is not a failure if the end of the javelin touches the ground during the run up.
 - If the javelin breaks during a throw or while in the air, it shall not count as a failure, provided the trial was otherwise made in accordance with the rules. Nor shall it count as a failure if an athlete thereby loses their balance and as a result contravenes any part of the rule. In these cases, the athlete shall be awarded a new trial.
 - At no time during the throw, until the javelin has been discharged into the air, may the athlete turn completely around, so that their back is towards the throwing arc.
 - It shall be a failure if the athlete leaves the runway before the implement has touched the ground, or if, when leaving the runway, the athlete's first contact with the parallel lines or the ground outside the runway is not completely behind the white lines of the arc or the lines drawn from the extremities of the arc at right angles to the parallel lines.

SHOT PUT

Girls		Boys	
U6 & U7	1kg	U6 & U7	1kg
U8	1.5kg	U8	1.5kg
U9 - U12	2kg	U9 - U12	2kg
U13 - U17	3kg	U13	3kg
		U14 - U15	4kg
		U16 - U17	5kg



SITE OFFICIALS

- Key Official
- Recorder (also to check for foot faults)
- Spiker
- Returner

The shot shall be put from the shoulder with one hand only. From the time an athlete takes a stance in the circle to commence a put, the shot shall touch or be in close proximity to the neck or the chin and the hand shall not be dropped below this position during the action of putting. The shot shall not be taken behind the line of the shoulders.

TRACK EVENTS

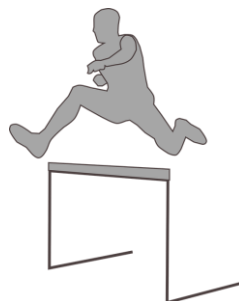
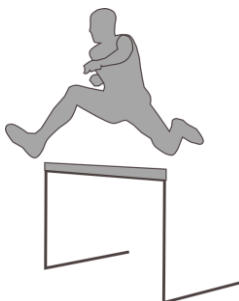
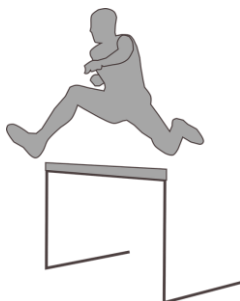
Hurdles

	B&G U6	B&G U7	B&G U8-U9	B&G U10	B&G U11	B&G U12
Total Distance	60m	60m	60m	60m	80m	80m
Hurdle Height	20cm*	30cm*	45cm	60cm	60cm	68cm
Run In	12m	12m	12m	12m	12m	12m
Distance Between Hurdles	7m	7m	7m	7m	7m	7m
Run Out	13m	13m	13m	13m	12m	12m
No. of Flights	6	6	6	6	9	9

	B U13 G U13-14	B U14 G U15	B U15	G U16 B U16	G U17	B U17
Total Distance	80m	90m	100m	100m/110m	100m	110m
Hurdle Height	76cm	76cm	76cm	76cm	76cm	76cm
Run In	12m	13m	13m	13m	13m	13.72m
Distance Between Hurdles	7m	8m	8.5m	8m/8.5m	8.5m	9.14m
Run Out	12m	13m	10.5m	13m/10.5m	10.5m	14.02m
No. of Flights	9	9	10	9/10	10	10

	B&G U13	B&G U14	B&G U15-17
Total Distance	200m	200m	300m
Height	68cm	76cm	76cm
Run In	20m	20m	50m
Distance Between Hurdles	35m	35m	35m
Run Out	40m	40m	40m
No. of Flights	5	5	7

* **Note:** For safety reasons the U6 & U7 age groups use plastic training hurdles in their "Mini Hurdles" event, which are to a maximum of 20cm for U6 and 30cm for U7.



RACE WALKING

U9 Boys & Girls	700m
U10, U11 Boys & Girls	1100m
U12 – U17 Boys & Girls	1500m

Race walking is a progression of steps so taken that the walker makes contact with the ground, so that no visible (to the human eye) loss of contact occurs. The advancing leg shall be straightened (i.e. not bent at the knee) from the moment of first contact with the ground until the vertical upright position. The advancing foot of the walker must make contact with the ground before the rear foot leaves the ground.

Judging

All judges shall act in an individual capacity and their judgements shall only be based on observations by the human eye.

The number of appointed walk judges for an event, including the Chief, shall comprise a minimum of 4 and maximum of 6.

Caution (Yellow Paddle)

Any judge can give a "Yellow Paddle" to a competitor when a competitor appears to be in danger of failing to comply with the rules (definition of race walking). Cautions are issued verbally and briefly taking care that remarks do not constitute coaching.

All remarks should be loud and clear and always in the form: e.g. "CAUTION No..... contact or knees"

For loss of contact ~ a wavy line in black on a yellow background

For knees a 45° angle < also in black on a yellow background shall be used

A judge can only caution a competitor once for each offence during the event

A caution has no bearing on disqualification. It is possible to be cautioned by every judge in the race yet not receive a single warning. This advice is only to indicate to a competitor that their action is deteriorating to a dangerous state.

Red Card

A judge gives a "Red Card" for disqualification if a competitor is actually breaking the rules of race walking.

For the U12 and above age groups, no verbal Red Card will be given. For other age groups, the Red Card will be given verbally at the time of detection of the actual infringement

All remarks should be loud and clear and always in the form: e.g. "Red Card No..... contact or knees"

Red Card is recorded on the judging pad and forwarded to the Chief Judge as soon as practicable.

A judge may only give a competitor one Red Card during the event irrespective of the infringement.

If a judge, in an event requiring verbal Red Cards to be given, is not sure a competitor has heard the "Red Card" the Judge should repeat it at the next suitable opportunity.

A Red Card should never be given unless there is absolute certainty the rules have been infringed.

Any doubt existing must be given to the competitor and the Red Card not issued.

Disqualification

A Red Card by 3 or more walk judges or notification by the grand stand judge that in their opinion a competitor's mode of progression failed to comply with the definition of race walking brings about a disqualification.

Only the Chief Judge may advise a competitor of their disqualification.

Walks Results

Athletes will be given the results of their walk event on the day of the race. The Chief walks judge will meet athletes who wish to know their result in front of the clubrooms approx. 20 mins after all walk events have concluded. Their result will be explained and any feedback relayed. Alternatively, results will be available through Results HQ as per other events, any disqualification information (why an athlete was disqualified) will also be provided to the clubs via email during the week, enabling clubs to help address any technique issues.

After finishing their walks event, athletes can move back to the stands, once given the ok to by an official.

Methods of Judging

Prior to each walking event, the Chief Judge or a judge appointed by the Chief Judge, will acquaint the competitors with the judging procedures for the event.

It is imperative that during an event all judges act in an individual capacity and their judging is not influenced by the judging of another judge, per medium of conversation or messages.

The Chief Judge shall allocate judges their judging position.

The judges must adequately cover the whole of the track/course, this can be done by having approximately equal distance between judges. There should be no blind spots, judges should judge from the outside of the track/course and not encroach on an area allocated to another judge, but judge from their allotted position as walkers are passing or approaching their section.

Note: If an athlete or athletes are showing disrespect for the event, an athlete may be removed from the race via consultation between the chief track umpire and the chief walks judge and given a warning about their conduct. If multiple offences occur, the athlete(s) may be prohibited from further participation in the walks event for the remainder of the season.

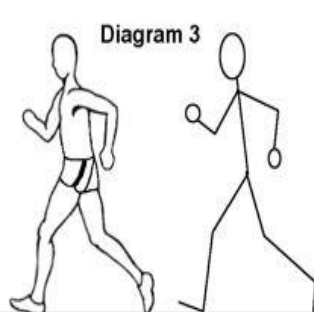
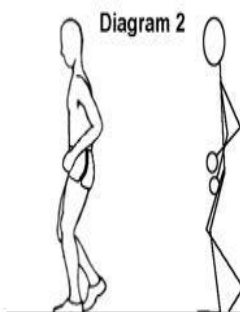
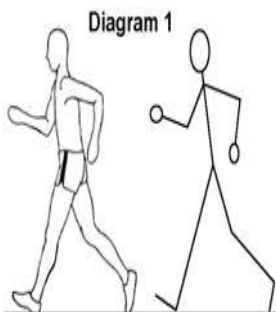
The Station 2 Judge assists the Chief Judge at the start and the Station 1 Judge assists the Chief Judge at the finish. The best position to take up is just on the outside of the track and follow the action of the legs, noting the foot's landing position, its swing and the leg from the time the leg supports the body.

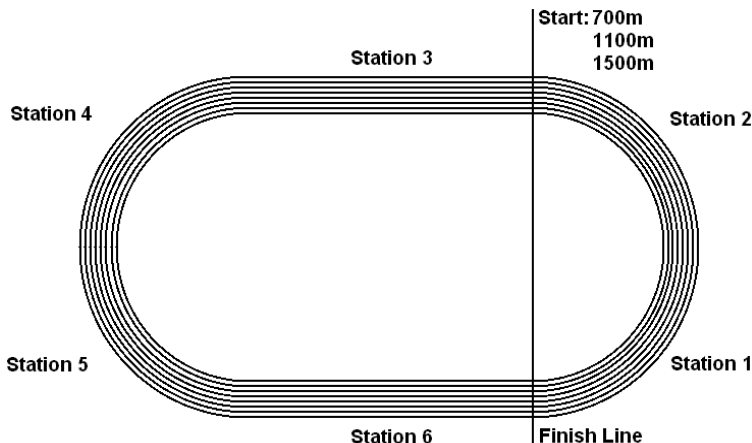
NB: Avoid extreme rear judging as it is misleading. As a general rule Judges (except the Chief Judge) should restrict their judging area to 45° before and 15° after directly in front of them.

Diagram 1 shows the leg to be extended straight in making contact with the ground. **This satisfies the rule.**

Diagram 2 shows the foot of the supporting leg flat out on the ground. The supporting leg is not vertically upright, being bent at the knee. **This does not satisfy the rule, & therefore it is not permitted.**

Diagram 3 shows both legs bent at the knee & they are never straight in any position, not even when the leg is supporting the whole weight of the body. **This does not satisfy the rule, & therefore it is not permitted.**





INFORMATION FOR PARENTS ASSISTING STARTING

STARTER'S MARSHALL: The Starter's Marshall is in control of preparation of heats ready for Starter.

DUTIES: The Starter's Marshall's duties are as follows:

- Receive athletes from the marshalling area.
- Check athletes and age groups.
- Count children and decide size of heats e.g. (14 children - 1x6 & 2x4 or 2x5 & 1x4).
- Use ranking sheets to allocate athletes to heats as above.
 - a. Children should not select their own lanes - place at random or use lane draw sheets.
 - b. Competitors waiting should be well back from starting line.
 - c. The Starter controls all aspects of starting. Decisions must be fair and correct at all times.

STARTING PROCEDURES FOR RACES UP TO AND INCLUDING 400M:

- Ensure that you have liaison with the Chief Timekeeper.
- Obtain the "all clear" from the Chief Timekeeper prior to each event. When all is ready use the whistle which will bring the competitors to the assembly line, they are then under the sole control of the Starter.
- In a clear voice, the athletes are given the command "**On your marks**". They will respond by moving up to the line and adopting their starting stance.
- When the Starter is satisfied that each athlete has his/her fingers/toes behind, not on, the starting line and are steady, he will raise the gun to indicate to the Timekeepers that the start is imminent and in a softer tone issue the command "**Set**".
- When the athletes are completely motionless, the gun is fired.

STARTING PROCEDURES FOR RACES 800M, 1500M:

- As above except the command is "on your mark" then the gun when the athletes are steady.

FALSE STARTS:

- If a competitor leaves his mark with hand or foot after the words "on your marks" in the case of massed starts, or "set" in the case of laned starts as the case may be, and before the gun is fired, it is a false start. If more than one athlete takes off, the first one to leave the mark is the one deemed to have "broken". It is a natural instinct for others to follow. The athlete or athletes responsible must be cautioned.
- If, in the opinion of the starter or assistant starter there has been an unfair start, the race shall be re-called by the firing of a second gun.
- Any athlete who commits a false start shall be warned, as follows:

a. U6 – U8 age groups

Any individual athlete in each heat, shall be allowed a maximum of TWO (2) false starts without disqualification. Any individual athlete responsible for more than TWO (2) false starts shall be disqualified.

b. U9 - U13 age groups

A maximum of **TWO (2)** false starts per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

c. U14 – U17 age groups

A maximum of **ONE** false start per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

Starting blocks may be used by athletes in the U11 and above age groups for all races up to and including the 400 metres (including the first leg of all relays).

YEARLY AWARDS SELECTION CRITERIA

Belmont INTER-CLUB PENNANTS

At the conclusion of each season, each age group will have an individual Champion and Runner Up awarded for each gender. Points awarded are those gained during normal Inter-Club competition. Points will be awarded based on performance and proximity to records. All points and rankings will be determined by computer.

The French Family Trophy will be awarded to the Club gaining the most points overall and the Joy Hardman Trophy will be awarded to the Club gaining the highest point score average per registered athlete.

Belmont 100, 200, 300, 400, 500, 600 & 700 CLUB BADGE AWARDS

The “100” Club badge is awarded to an athlete after competing in 100 events. This is a continuous award and points carry forward from one season to the next. One point is awarded for each event completed at regular Belmont meets. After completing 100, 200, 300, 400, 500, 600 and 700 events respectively a Club Badge is awarded. These Club Badges are awarded once only to each athlete.

It is the responsibility of individual Clubs to keep a tally of their athletes’ events. Clubs must nominate athletes on the appropriate signed form and submit it to the Centre Records and Ranking Officer. The Records and Ranking Officer will give the badges and names to the Arena Announcer for presentation during the normal weekly competition. Athletes must be in attendance to receive their badge. Events completed during Centre Championships do not count toward this award.

Belmont SPORTSPERSON OF THE YEAR AWARD

This award is selected by the Mayor of Belmont from nominations submitted by each of the Clubs based on the following criteria:

- The Athletes nominated for this award are to be those who put in a consistent effort and show dedication to all aspects of Little Athletics without being the athletes who win events or excel regularly.
- It is expected that the nominees will be those children who don't win every week, but who still show a keen interest in attending both training and competition. They will exhibit a willingness to participate and be cheerful and dedicated to athletics, although they don't receive recognition in the form of trophies, medals, etc.

The Sportsperson of the Year Award aims to encourage these children to continue to enjoy participating for participation's sake and to recognise their commitments and dedication in continuing even if they don't achieve great results in competition. Only one nomination per Club may be submitted.

Belmont LIFE MEMBERSHIP

Nominations and full resume must be forwarded from the respective Club to the Centre Executive at least one month prior to the Centre AGM and must be endorsed at a meeting of that Club. The nominee must have served a minimum of ten (10) years of service with at least four (4) years at Centre Executive level. Meritorious service will be a mandatory prerequisite.

Belmont ATHLETE SERVICE AWARDS

In recognition of dedication and commitment to Little Athletics, the Belmont Centre presents all athletes with an award at the conclusion of their sixth, ninth and twelfth year. Belmont receives nominations of eligible athletes from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

ATHLETICS WEST PARENT AWARDS

Athletics West administers Five (5), Ten (10) and Twenty (20) Year Parent Service Awards. These are issued at the end of five, ten or twenty full years of service respectively. Belmont receives nominations of eligible parents from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

100% PARTICIPATION PIN

The 100% Participation pin has been introduced from the 2020/2021 season. An acknowledgement to those athletes who compete in all available events each season.

Criteria: Awarded to each athlete who competes in every available event throughout the summer season excluding Centre Championships. 100% pins will be awarded at the Closing Ceremony.

STATE EVENT KEY OFFICIALS 2022-2023

The Belmont Athletics Centre would like to thank all parents for their help throughout the season. Special mention goes to the parents who filled Key Official roles at State Events (State Relays, Multis and Zones).

SPONSORS AND SUPPORTERS

We wish to extend our sincere thanks and appreciation to individuals and organisations who have aided us with donations, sponsorship, and other support. Including, but not limited to:



100m Gift Results

16th January 2023

Belmont hosted 100m Gift race (a 100m handicapped race) Three Divisions- Junior U8-U10's, Intermediate U11-U13's, Seniors U14-U17's. Open to any registered athletes.

JUNIOR ~ U8-U10

- 1st Lachlan McKay (Kewdale)
- 2nd Harlow Paniora (Melville)
- 3rd Deklan Ellery (Gosnells)

INTERMEDIATE ~ U11-U13

- 1st Troy Lang (Baldivis)
- 1st Lewis Pianta (Cockburn)
- 3rd Qaireen Azizul (Baldivis)

SENIOR ~ U14-U17

- 1st Harry Randall (Cockburn)
- 2nd Evy Lang (Baldivis)
- 3rd Brock Johnson (Swan Valley)



CHRISTMAS GIFT

The Christmas Gift was inaugurated in the 1997/98 season. This is a handicap sprint race run over 100 metres for scratch markers with all other runners being handicapped forward by the handicapper according to times run during the current season. The fastest athletes from each gender and age group are invited to participate in a series of heats culminating into finals.

SENIORS (U10 – U17) ~ Previous Winners**Boys**

1997	Ben Castle (Forrestfield)
1998	Bryn Stewart (Kewdale)
1999	Scott Boyle (Belmay)
2000	Craig Luckens (Belmay)
2001	Jake Broughton (Carlisle/Rivervale)
2002	Brett Van Groningen (Kalamunda/Lesmurdie)
2003	Daniel Webb (High Wycombe)
2004	Ryan Suckling (Forrestfield)
2005	?
2006	Patrick Hughes (Carlisle/Rivervale)
2007	James Maxwell (Carlisle/Rivervale)
2008	Peter Murphy (Kewdale)
2009	Tim Iffla (Forrestfield)
2010	Max Bradley (Forrestfield)
2011	Harry Edwards (Kalamunda/Lesmurdie)
2012	Trent McDougall (Carlisle/Rivervale)
2013	Antoine Vargiolu (Forrestfield)
2014	Takudzwa Matikiti (Kalamunda/Lesmurdie)
2015	Takudzwa Matikiti (Kalamunda/Lesmurdie)
2016	William Tilbee (Kewdale)
2017	Seth Norman (Carlisle/Rivervale)
2018	Ben Colebrook (Kewdale)
2019	William Tilbee (Kewdale)
2020	Kayel Ascoli (Forrestfield)
2021	Connor Ouwendyk (Kalamunda/Lesmurdie)

Girls

Nicole Stone (Kewdale)
Olivia Chester (High Wycombe)
Jenelle Brand (Forrestfield)
Lauren Taylor (Kewdale)
Emma Forward (Belmay)
Casey Savill (Forrestfield)
Stephanie Lam (Kewdale)
Emma Trail (Forrestfield)
Tayla Van Zuilecom (Forrestfield)
Emily Webb (High Wycombe)
Ashley Parkinson (Kewdale)
Stephanie Lam (Kewdale)
Stephanie Lam (Kewdale)
Sasa Vanek (Kalamunda/Lesmurdie)
Jaemin Long (Kalamunda/Lesmurdie)
Naomi Hayes (High Wycombe)
Tayla McAuliffe (Carlisle/Rivervale)
Reesha Quaresimin (Forrestfield)
Drew Tolliday (Forrestfield)
Chloe Ugle (Kewdale)
Tara Stribley (Carlisle/Rivervale)
Ruby Henshall (Forrestfield)
Gracie McDonald (Kalamunda/Lesmurdie)
Larissa Macgregor (Forrestfield)
Chloe Reeves (Kalamunda/Lesmurdie)

JUNIORS (U6 – U9) ~ Previous Winners**Boys**

2002	Matthew Hoogenkamp (Kalamunda/Lesmurdie)
2003	Matthew Kang (High Wycombe)
2004	Benjamin Farr (Kewdale)
2005	Liam Johnston (Carlisle/Rivervale)
2006	Riley Partington (High Wycombe)
2007	Jake Moffitt (Kewdale)
2008	Connor Van der Merwe (Kalamunda/Lesmurdie)
2009	Tyler Clatworthy (High Wycombe)
2010	Antoine Vargiolu (Forrestfield)
2011	Antoine Vargiolu (Forrestfield)
2012	James Pritchard (Carlisle/Rivervale)
2013	Kade McKeown (Carlisle/Rivervale)
2014	Roman-Carlo Roia (Carlisle/Rivervale)
2015	Tully McGrath (Kalamunda/Lesmurdie)
2016	Tully McGrath (Kalamunda/Lesmurdie)
2017	Mogga Jansuk (Willandra)
2018	Mack Mills (High Wycombe)
2019	Jake Demanser (High Wycombe)
2020	Mack Mills (Kewdale)
2021	Osman Mansaray (Carlisle/Rivervale)

Girls

Siobhan Spargo (Forrestfield)
Tayla Van Zuilecom (Forrestfield)
Tahlia Cornelius (High Wycombe)
Rose-Marie Rechichi (Kewdale)
Sarah Fryer (Carlisle/Rivervale)
Serena Elms (Kewdale)
Zarina Faridzal (Carlisle/Rivervale)
Hana Vanek (Kalamunda/Lesmurdie)
Madison Sauzier (Kalamunda/Lesmurdie)
Mikaela Hindmarsh (Carlisle/Rivervale)
Rosie McGehan (Kalamunda/Lesmurdie)
Rosie McGehan (Kalamunda/Lesmurdie)
Hayley Clarke (Victoria Park)
Scarlet Van Beek (Forrestfield)
Amy Stump (Kalamunda/Lesmurdie)
Cassidy Clarke (Forrestfield)
Maia Goodall (Kalamunda/Lesmurdie)
Mia Pillera (High Wycombe)
Taylah Gilders (Kalamunda/Lesmurdie)
Isla Agius (KelmScott)

CHRISTMAS GIFT 100m HANDICAP WINNERS 2022

Juniors

Girls

- 1st Isobella Nitschke (Kewdale)
- 2nd Hannah Dangerfield (Kewdale)
- 3rd Evelyn Moylan (Kalamunda/Lesmurdie)

Boys

- Ethan Chol (Carlisle/Rivervale)
- Hudson Ducrow (Forrestfield)
- Hudson Neindorf (Kewdale)

Seniors

- 1st Kyra Pilmer (Kewdale)
- 2nd Madison Mills (Kewdale)
- 3rd Imogen Spooner (Carlisle/Rivervale)

- Mack Mills (Kewdale)
- Kayel Ascoli (Forrestfield)
- Archie Scari (Carlisle/Rivervale)



1500m INVITATIONAL

The 1500m Invitational event is held in January each year. The event is open to all registered Athletics West athletes who have obtained a result for the 1500m event in the current season and have registered that time with the Belmont Records & Ranking Officer at least one week prior to the event. Athletes are placed into the following age categories: U11-13 Boys, U11-13 Girls, U14-17 Boys and U14-17 Girls with Belmont Athletes and Visitors racing together. Gold, Silver & Bronze medals will be awarded in each of the 4 categories. All visiting athletes may compete in any other events held on the day.

1500m INVITATIONAL WINNERS 2023

U11-U13

Girls

Boys

- 1st Scarlett Nunn (Southern Districts)
- 2nd Charlotte Hayward (Kalamunda/Lesmurdie)
- 3rd Madison Mills (Kewdale)

- Thomas Davey (Kalamunda/Lesmurdie)
- Mogga Jansuk (Kelmescott)
- Mack Mills (Kewdale)

U14-U17

Girls

Boys

- 1st Kyra Pilmer (Kewdale)
- 2nd Elyssa Lewis (Kewdale)
- 3rd Emily Tjerkstra (Kelmescott)

- Patrick Clare (High Wycombe)
- William Tilbee (Kewdale)
- Jake Mills (Kewdale)





Junior International Tour- Singapore - July 2023

Mischa Tomlin & Tristian Wilson

Junior National Championships- Brisbane - April 2023

Fearne Van Beek – Discus & Shotput
Isla Rose Gray – Long Jump, Discus & Javelin
Jayce Heal – High Jump, Long Jump, Triple Jump
Kayel Ascoli – 110m Hurdles and 400m Hurdles
Kyra Pilmer – 400m
Mischa Tomlin – 100m & 200m
Nicholas Bonfilgio – Long Jump & Triple Jump
Tristian Wilson – Javelin, Discus & Shotput

COMPETITION DAYS

SIGNING ON

The site roster is located under the veranda behind the announcer's table. To reduce starting delays and to increase your chances of signing onto your site of choice, Officials and Assistants are required to sign on at least 15 minutes before the official start time.

ATHLETE SIGN ON SHEETS will also be posted on the tables outside the clubrooms – all athletes to tick off their names as they arrive. This will assist in the smooth running of the program, allowing the Arena Manager and the Announcer to adjust events according to the number of athletes present.

SETUP & PACK AWAY

The club rostered to set up will be required to arrive **one hour before** the start of the program to put out equipment (including shade tents, timing gates and all site equipment etc). Please report to the Equipment Officer on arrival at the equipment shed.

Pack away club will be required to remain after competition is finished to assist in putting away equipment and generally clean up the grounds.

ALL CLUBS are responsible for cleaning up **THEIR OWN** club area each week. Setup and pack away refers to (but not limited to) the following:

- Placing and removing rubbish bins in club areas.
- Sweep out the toilet blocks and empty rubbish bins (Pack Away)
- Sweeping the First Aid room and veranda. (Pack Away)
- Set up and put away tables for the Announcer and Officials Coordinator.
- Set up and put away chairs for the timekeepers and recorders.
- Set up and put away site material & equipment.
- Take rubbish from outside canteen and place in bins

CANTEEN

Clubs will be required to supply 2 canteen helpers on their rostered days. Canteen helpers will be required to assist the Canteen Manager with serving customers, taking orders, cash handling and calculating change. Canteen helpers must be over 16 years of age for insurance reasons.

The canteen is not a thoroughfare. Only rostered canteen helpers are to enter the canteen.

FUNDRAISING

Clubs can conduct fundraising activities during competition meets on their rostered days, in accordance with Belmont's fundraising policy. A copy of the policy can be obtained from our website.

Clubs **MUST** inform the canteen at **least one week** prior to their fundraising day if their fundraising will involve selling **ANY** food. The canteen is to be informed of the type of food and quantity that clubs wish to sell on the day so the canteen can cater accordingly to reduce wastage. Clubs are to provide their own float, utensils, gas bottle etc (anything they may require to run a successful stall.) Belmont's BBQ can be borrowed by clubs upon request.

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

ROSTERS

Date	Fundraising	Canteen (2)	Set up	Pack Away	S/T Start Marshal (2)	S/T Start Marshal (2)	Program
7 th Oct	CRLAC	FLAC	KEW	KELM	KALA	KEW	A
14 th Oct	KALA	KEW	KELM	KALA	KELM	FLAC	B
21 st Oct	FLAC	KALA	KALA	HWLAC	CRLAC	HWLAC	C
28 th Oct	KELM	HWLAC	HWLAC	CRLAC	KALA	KEW	A
4 th Nov	HWLAC	CRLAC	CRLAC	FLAC	KELM	FLAC	B
11 th Nov	KEW	KELM	FLAC	KEW	CRLAC	HWLAC	C
25 th Nov	CRLAC	FLAC	KEW	KELM	KALA	KEW	A
2 nd Dec	KALA	KEW	KELM	KALA	KELM	FLAC	B
9 th Dec	FLAC	KALA	KALA	HWLAC	CRLAC	HWLAC	C & Xmas Gift
13 th Jan (Invitational)	KELM	HWLAC	HWLAC	CRLAC	KALA	KEW	A
20 th Jan	HWLAC	CRLAC	CRLAC	FLAC	KELM	FLAC	B
27 th Jan	KEW	KELM	FLAC	KEW	CRLAC	HWLAC	C
3 rd Feb (Centre Champs)	BELMONT	FLAC	KEW	KELM	KALA	KEW	1
10 th Feb (Centre Champs)	BELMONT	KEW	KELM	KALA	KELM	FLAC	2

CLUB SITE ROSTER

CLUB	EVENT/SITE
Kewdale	Jump Pit 2
	High Jump 1
High Wycombe	High Jump 2
	Shot put 1
Kelmescott	Javelin 1
	Jump Pit 1
Site shared by Largest 2 clubs	High Jump (scissor)
	*See notes below
Kalamunda/Lesmurdie	Javelin 2
	Shot put 2
Carlisle/Rivervale	Jump Pit 4
	Discus 1
Forrestfield	Jump Pit 3
	Discus 2

Clubs will be required to supply the Key Official for their site

All other positions on the arena will be filled on the day, on a first come first served basis.

S/T=Straight Track (Short Track)
C/T=Circular Track (Long Track)

*** High Jump Scissor Kick site will be run by the 2 largest clubs on alternate weeks, based on registrations (largest club first week, 2nd largest club second week and so on)**

POSITION	CLUB/OFFICIAL	POSITION	CLUB/OFFICIAL
Chief Starter S/T		Starter C/T	Kalamunda/Lesmurdie
Check Starter		Chief Timekeeper C/T	Kalamunda/Lesmurdie
Timing Gate Operator-Chief		Assistant Timekeeper C/T	Kalamunda/Lesmurdie
Timekeeper S/T		Computer Operator C/T	Kalamunda/Lesmurdie
Computer Operator S/T	Forrestfield	Start Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T	Rotating roster	Finish Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T	Rotating roster		
Finish Marshall S/T		Walks Judges	One Per Club

SEASON CALENDAR 2023-2024

OCTOBER 2023

Sat 7/10/23	Interclub Competition: Program A - 8:00am
Mon 9/10/23	Belmont Committee Meeting 7:30pm ¹
Sat 14/10/23	Interclub Competition: Program B - 8:00am
Sat 21/10/23	Interclub Competition: Program C - 8:00am Opening Ceremony
Sat 28/10/23	Interclub Competition: Program A - 8:00am PCH DAY

NOVEMBER 2023

Sat 4/11/23	Interclub Competition: Program B - 8:00am
Sat 11/11/23	Interclub Competition: Program C - 8:00am
Mon 13/11/23	Belmont Committee Meeting 7:30pm ¹
Sat 18th & Sun 19th	<i>State Combined Event Championships (WA Athletics Stadium)</i>
Sat 25/11/23	Interclub Competition: Program A - 8:00am

DECEMBER 2023

Sat 2/12/23	Interclub Competition: Program B - 8:00am
Wed 6/12/23	Belmont hosted "Relay Night"
Sat 9/12/23	Interclub Competition: Program C - 8:00am Christmas Gift
Mon 11/12/23	Belmont Committee Meeting 7:30pm ¹
Sat 16/12/23	<i>WA State Relay Championships (WA Athletics Stadium)</i>

JANUARY 2024

Mon 8/1/24	Belmont Committee Meeting 7:30pm ¹
Wed 10/1/24**	Wednesday Night #1 January Competition
Sat 13/1/24	Interclub Competition: Program A - 4:00pm 1500m Invitational
Wed 17/1/24**	Wednesday Night #2 January Competition
Sat 20/1/24	Interclub Competition: Program B - 4:00pm (Twilight)
Wed 24/1/24#	Belmont 100m Gift Race (handicapped event)
Sat 27/1/24	Interclub Competition: Program C - 4:00pm (Twilight)

FEBRUARY 2024

Sat 3/2/24	Centre Championships: Program 1 - 8:00am
Sat 10/2/24	Centre Championships: Program 2 - 8:00am
Mon 12/2/24	Belmont Committee Meeting 7:30pm ¹
Sat & Sun 17th & 18th	<i>Zones Championships - Day 1 & 2 (venue TBA)</i>
Thurs 22nd to Sun 25th	<i>State Senior Championships (WA Athletics Stadium)</i>

MARCH 2024

Sat 2/3/24	<i>Possible extra Belmont hosted event TBC</i>
Fri/Sat/Sun 8/9/10th	<i>Junior State Track & Field Championships (WA Athletics Stadium)</i>
Mon 11/3/24	Belmont Committee Meeting 7:30pm ¹
Sat 16/3/24	Belmont Centre Wind Up & Trophy Presentation

APRIL 2024

	"Winter Cross Country Training Commences"
Mon 8/4/24	Belmont Committee Meeting 7:30pm ¹

MAY 2024

	"Winter Cross Country Events Commence"
Mon 13/5/24	Belmont Annual General Meeting - Gerry Archer Athletic Track 7:30pm

CALENDAR NOTES

¹Unless otherwise advised, all Committee meetings are open door. Club delegates will be advised, prior to meeting, of the agenda and any specific meeting that they should attend.

** Belmont hosted Wednesday Night January Competitions. Open to any U11-U17 registered athletes.

Belmont hosted 100m Gift race (a 100m handicapped race) Three Divisions- Junior U8-U10's, Intermediate U11-U13's, Seniors U14-U17's. Open to any Athletics West registered athletes.

EVENT PROGRAMS

Programs are run over three weekends (programs A, B & C) .

Athletes must compete in an event at least three (3) times to qualify for that event at Centre Championships. Extenuating circumstances will be looked at on a case by case basis.

Note: Programs are subject to change by the Arena Manager on the day of competition or by the Executive Committee prior to competition. Clubs will be advised through their Club Manager of program changes where possible.

PROGRAM A BOYS					
AGE	EVENTS				
U6	100m	70m	Vortex		
U7	100m	70m	Vortex		
U8	100m	70m	Shot		
U9	100m	400m	Shot	High	
U10	100m	400m	Turbo	Long	
U11	100m		Discus	Long	1500m
U12	100m		Shot	High	1500m
U13	100m	200mH	Javelin	High	1500m
U14	100m	200mH	Shot	High	1500m
U15	100m	300mH	Shot	Long	1500m
U16-17	100m	300mH	Shot	Long	1500m

PROGRAM A GIRLS					
AGE	EVENTS				
U6	100m	70m	Discus		
U7	100m	70m	Discus		
U8	100m	70m	Shot		
U9	100m	400m	Shot	High	
U10	100m	400m	Discus	Long	
U11	100m		Discus	Long	1500m
U12	100m		Discus	Triple	1500m
U13	100m	200mH	Discus	High	1500m
U14	100m	200mH	Javelin	Triple	1500m
U15	100m	300mH	Javelin	Triple	1500m
U16-17	100m	300mH	Javelin	Triple	1500m

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

PROGRAM B BOYS

AGE	EVENTS				
U6-7	200m	300m	Shot		
U8	200m	500m	Turbo		
U9	200m	800m	Discus	Long	
U10	200m	800m	Discus	High	
U11	200m	800m	Shot	Triple	
U12	200m	800m	Javelin	Long	
U13	200m	800m	Discus	Long	
U14	200m	800m	Javelin	Long	
U15	200m	800m	Javelin	Triple	
U16-17	200m	800m	Javelin	Triple	60m

PROGRAM B GIRLS

U6-7	200m	300m	Vortex	Long	
U8	200m	500m	Discus	Long	
U9	200m	800m	Turbo	Long	
U10	200m	800m	Shot	High	
U11	200m	800m	Shot	High	
U12	200m	800m	Shot	Long	
U13	200m	800m	Shot	Triple	
U14	200m	800m	Discus	High	
U15	200m	800m	Discus	High	
U16-17	200m	800m	Discus	High	60m

PROGRAM C BOYS

AGE	EVENTS				
U6-7	60m miniH	70m		Discus	Long
U8	60mH	70m		Discus	Long
U9	60mH	70m	700mW	Turbo	
U10	60mH	70m	1100mW	Shot	
U11	80mH	400m	1100mW	Javelin	High
U12	80mH	400m	1500mW	Discus	Triple
U13	80mH	400m	1500mW	Shot	Triple
U14	90mH	400m	1500mW	Discus	Triple
U15	100mH	400m	1500mW	Discus	High
U16-17	110mH	400m	1500mW	Discus	High

PROGRAM C GIRLS

U6-7	60m miniH	70m		Shot	
U8	60mH	70m		Turbo	
U9	60mH	70m	700mW	Discus	
U10	60mH	70m	1100mW	Turbo	
U11	80mH	400m	1100mW	Javelin	Triple
U12	80mH	400m	1500mW	Javelin	High
U13	80mH	400m	1500mW	Javelin	Long
U14	80mH	400m	1500mW	Shot	Long
U15	90mH	400m	1500mW	Shot	Long
U16-17	100mH	400m	1500mW	Shot	Long

**CENTRE CHAMPIONSHIPS
PROGRAM 1 BOYS**

AGE	EVENTS							
U6	Shot	Long		60mH mini	200m		70m	
U7	Shot	Long		60mH mini	200m		70m	
U8	Shot	Long		60mH	200m		70m	
U9	Shot	Long	High	60mH	200m			700mW
U10	Shot	Long	High	60mH	200m			1100mW
U11	Shot	Long	High	80mH	200m		800m	1100mW
U12	Discus	Long	High	80mH	200m		800m	1500mW
U13	Discus	Long	High	80mH	200m		800m	1500mW
U14	Discus	Long	High	90mH	200m		800m	1500mW
U15	Discus	Long	High	100mH	200m		800m	1500mW
U16-17	Discus	Long	High	110mH	200m	60m	800m	1500mW

**CENTRE CHAMPIONSHIPS
PROGRAM 1 GIRLS**

AGE	EVENTS							
U6	Vortex	Discus		60mH mini	200m		70m	
U7	Vortex	Discus		60mH mini	200m		70m	
U8	Turbo	Discus		60mH	200m		70m	
U9	Turbo	Discus		60mH	200m		800m	700mW
U10	Turbo	Discus		60mH	200m		800m	1100mW
U11	Javelin	Discus	Triple	80mH	200m		800m	1100mW
U12	Javelin	Shot	Triple	80mH	200m		800m	1500mW
U13	Javelin	Shot	Triple	80mH	200m		800m	1500mW
U14	Javelin	Shot	Triple	80mH	200m		800m	1500mW
U15	Javelin	Shot	Triple	90mH	200m		800m	1500mW
U16-17	Javelin	Shot	Triple	100mH	200m	60m	800m	1500mW



**CENTRE CHAMPIONSHIPS
PROGRAM 2 BOYS**

AGE	EVENTS						
U6	Vortex	Discus		100m		300m	
U7	Vortex	Discus		100m		300m	
U8	Turbo	Discus		100m		500m	
U9	Turbo	Discus		100m	800m	400m	70m
U10	Turbo	Discus		100m	800m	400m	70m
U11	Javelin	Discus	Triple	100m	1500m	400m	
U12	Javelin	Shot	Triple	100m	1500m	400m	
U13	Javelin	Shot	Triple	100m	1500m	400m	200mH
U14	Javelin	Shot	Triple	100m	1500m	400m	200mH
U15	Javelin	Shot	Triple	100m	1500m	400m	300mH
U16-17	Javelin	Shot	Triple	100m	1500m	400m	300mH

**CENTRE CHAMPIONSHIPS
PROGRAM 2 GIRLS**

AGE	EVENTS						
U6	Shot	Long		100m		300m	
U7	Shot	Long		100m		300m	
U8	Shot	Long		100m		500m	
U9	Shot	Long	High	100m		400m	70m
U10	Shot	Long	High	100m		400m	70m
U11	Shot	Long	High	100m	1500m	400m	
U12	Discus	Long	High	100m	1500m	400m	
U13	Discus	Long	High	100m	1500m	400m	200mH
U14	Discus	Long	High	100m	1500m	400m	200mH
U15	Discus	Long	High	100m	1500m	400m	300mH
U16-17	Discus	Long	High	100m	1500m	400m	300mH



BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

**BELMONT ATHLETICS CENTRE
STATE U13 REPRESENTATIVES HONOURS LIST**

Year	Boys	Girls
1971	I. Wilson	
1972	S. Dennon, G. Keeley, D. Millar, R. Smith	
1973	I. Murray	O. Allen, D. Coplen, M. Prestige
1974	N. Harman, A. Martin	N. Hitchens, M. Strachan
1975		T. Armstrong, M. Brignoli, C. Perry, C. Tunstall
1976		S. Timmings, S. Wijesundera
1977		K. Tunstall, S. Wijesundera
1978	R. Joyce, B. Renton, A. Watson	
1980	R. Crockett, D. Ogg	T. Heys, R. Lee
1981		N. Gallagher
1982		V. French
1985	A. Frew, B. Netherway	
1986	M. Lewenhoff	T. Walsh
1989		J. Davies
1990	S. Anderson	
1991		A. Frew, J. Taputoro
1993	P. Campo	
1997	S. Luckens, A. Sampey	M. Magdic, C. Boyanich
1999	T. Abreu, S. Boyle	
2000	M. Webber	
2001	B. Jarvis	
2004		J. Ward
2009	B. McInerney	
2016	P. Stervaggi, A. Vargiolu	
2017	M. Bostock	
2018		L. Stump, A. Lewis
2019	K. Ascoli, D. Cowin	O. Dodds
2022	T. Wilson, C. Shaw	S. Van Beek
2023	T. Davey	T. Doulis

STATE U15 MULTI EVENT REPRESENTATIVES HONOURS LIST

Year	Boys	Girls
2017	J. Jones	
2018		E. Dodds
2019	B. Colebrook	E. Ferguson

STATE TEAM OFFICIALS HONOURS LIST

1973	T. Millar (Manageress)	1983	F. French (Manageress)
1973	R. Hardman (Manager)	1986	F. French (Singapore Team Manageress)
1975	J. Hardman (Manageress)	2012	T. Petts (Coach)
1975	R. Smith (Manager)	2013	T. Petts (Coach)
1976	J. Hardman (Manageress)	2014	T. Petts (Coach)
1980	N. MacKenzie (Manageress)	2015	T. Petts (Coach)
1981	N. MacKenzie (Manageress)	2016	T. Petts (Coach)
1982	F. French (Manageress)	2017	T. Petts (Coach)
1982	M. Lee (Coach)		

2022 – 2023 REPRESENTATIVE HONOURS

STATE RELAY CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, 4th February 2023

U15-17 Medley - **Gold**

Mischa Tomlin, Kyra Pilmer, Noah Statham, William Tilbee

17G 4x400 - **Silver**

Chloe Mills, Elyssa Lewis, Madeleine Doulis, Kyra Pilmer, Sigourney Slee

13B 4x100 - **Silver**

Nathaniel Martin, Mitchell Ferrari-Field, Thomas Davey, Connor Ouwendyk, Hunter Bax

13B 4x400 - **Bronze**

Nathaniel Martin, Mitchell Ferrari-Field, Thomas Davey, Connor Ouwendyk, Hunter Bax

15G 4x100 - **Bronze**

Mischa Tomlin, Addyson Sutton, Chevelle Atkinson, Shaelyn Harvey, Gemma Smith

10B Field - **Silver**

Neilson Shibu, Phoenix King, Charlie Ward

11G Field - **Bronze**

Ataya Bell, Ivy Ricci

14B Field - **Gold**

Tristian Wilson, Callum Shaw

14G Field - **Silver**

Scarlet Van Beek, Isla-Rose Gray

17G Field - **Silver**

Fearne Van Beek, Remy Fernando

17B Field - **Bronze**

Rylan Scott, Blake Orr



Big thanks to our coaches: Mark Edwards, Rylan Scott, Tanya Gilders, Richard Langsford, Leo Quaresimin, Mark Maslen, Mike Gilders, Jacinta Thompson, Matt Davey, Karlie Aguis, Scott Tomlin, Maddison Walters, Dave Statham and Geoff Tilbee.

STATE COMBINED EVENT CHAMPIONSHIPS MEDAL WINNERS

Ern Clarke Athletics Centre, 3rd and 4th December 2022

U14 G Scarlet Van Beek – **GOLD**

U14 B Tristian Wilson – **SILVER**

U14 B Callum Shaw – **BRONZE**

U16 B William Tilbee – **SILVER**

U17 B Kayel Ascoli – **SILVER**

2023 STATE CROSS COUNTRY CHAMPIONSHIPS PLACE GETTERS

29th July 2023, Yellagonga Regional Park / Joondalup Centre

U9G Mia Silvester 10th - 1500m
U9G Maddison Rout 24th - 1500m
U10G Imogen Spooner 14th - 1500m
U9B Charlie Schneider 21st - 1500m
U10B Henry Dagleish 9th - 1500m
U7B Dante van Heerwaarden 10th - 1000m
U13B Thomas Davey 5th - 3000m
U13B Flynn O'Brien 14th - 3000m
U11G Eva Tomasini 12th - 2000m
U11G Estelle Schneider 21st - 2000m
U11B Mogga Jansuk 4th - 2000m

2023 STATE ROADWALKING CHAMPIONSHIPS MEDAL WINNERS

19th August 2023, Perry Lakes Reserve

U13G Trinity Doulis **SILVER** – 11:17.07 (2000m)
U11B Gabriel van Heerwaarden **GOLD** – 8:12.10 (1500m)

'100' Attendance Pin Recipients (introduced 2020/21 season)

Awarded to each athlete who competes in every available event throughout the summer season excluding centre championships.

Luke Greenway	Mia Engel	Mack Mills
Jake Silvester	Harry Patchett	Beau Walker
Emma Ellis	Ivy Ricci	Lexi Walters
Reginald Patchett	Eva Tomasini	Mitchell Ferrari-Field
Lucas Rawlings	Emma Hadley	Madison Mills
Charlie Schneider	Estelle Schneider	Emma Anderson
Mia Silvester	Mogga Jaysen Jansuk	Connor Muijs
Flynn Crabbe	Ataya Bell	Maddison Walters
		Patrick Clare



2022 – 2023 HONOURS & AWARDS

BELMONT ATHLETICS CENTRE CAPTAINS

Each season, Clubs nominate athletes for selection as Centre Captains by the Executive Committee. The 2022 - 2023 captains were:

Chloe Mills (Kewdale)	Rachel Hilditch (High Wycombe)
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BELMONT SPORTSPERSON OF THE YEAR: Rachel Hilditch (High Wycombe)

(Decided by the City of Belmont Mayor)

PERPETUAL TROPHY WINNERS

For outstanding performances in the following event categories:

Overall Middle Distance Trophy	Kyra Pilmer (Kewdale)
Overall Throws Trophy (Decided by Vanessa French)	Tristian Wilson (Forrestfield) Isla-Rose Gray (Kalamunda/Lesmurdie)
Overall Sprints Trophy	Kyra Pilmer (Kewdale)
Overall Hurdles Trophy	Ivy Ricci (Carlisle/Rivervale)
Overall High Jump Trophy	Jayce Heal (Kalamunda/Lesmurdie)
Overall Jumps Trophy (Long & Triple)	Kyra Pilmer (Kewdale)
Overall Walks Trophy	Gabriel van Heerwaarden (Carlisle/Rivervale)
Junior Athlete of the Year	Safiya Jenzarli (Kewdale) Osman Mansaray (Carlisle/Rivervale)
Intermediate Athlete of the Year	Akira West (Carlisle/Rivervale) Jake Demanser (High Wycombe)
Senior Athlete of the Year	Kyra Pilmer (Kewdale) Patrick Clare (High Wycombe)

CHAMPION CLUBS

French Family Trophy Champion Club – Overall Winner	Kalamunda/Lesmurdie
Joy Hardman Trophy Champion Club – Handicap Winner	Keilmscott
March Past Award Winners	Kewdale
Parent Relay Winners	Forrestfield

CENTRE PERSON OF THE YEAR: Kelly Taylor (Kewdale)

PHOENIX AWARD: Annabelle McNess (Forrestfield)

Belmont U17 – Final Year Gift Recipients

Kayel Ascoli, Liam Carbery, Jayce Heal, Zac Jackson, Braisen Joseph, Charles McNess, Nicholas Stewart, Samuel Stribley, Hayley Dolling, Madeleine Doulis, Remy Fernando, Emily Gray, Rachel Hilditch, Elyssa Lewis, Chloe Mills, Kaylee Myles, Ilah Ody, Mikyla Taylor

CLUB AGE GROUP CHAMPIONS

	Boys	Girls
U6	Kalamunda/Lesmurdie	Forrestfield
U7	Forrestfield	High Wycombe
U8	Kewdale	Kalamunda/Lesmurdie
U9	Kewdale	Kalamunda/Lesmurdie
U10	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie
U11	High Wycombe	Kewdale
U12	Carlisle/Rivervale	Kelmscott
U13	Kalamunda/Lesmurdie	Kewdale
U14	Kelmscott	Kalamunda/Lesmurdie
U15	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie
U16	High Wycombe	Kalamunda/Lesmurdie
U17	Forrestfield	Forrestfield

Champion Boy

Runner Up Boy

U6	Tom Engel (Kalamunda/Lesmurdie)	Reggie Pickering (Kewdale)
U7	Osman Mansaray (Carlisle/Rivervale)	Reginald Patchett (Kelmscott)
U8	Lucas Rawlings (High Wycombe)	Malachi Brown (Kelmscott)
U9	Flynn Crabbe (Kewdale)	Logan Scott (Kalamunda/Lesmurdie)
U10	Harry Patchett (Kelmscott)	Henry Dalton (Kewdale)
U11	Mogga Jansuk (Kelmscott)	Mack Mills (Kewdale)
U12	Tanxsta Harris (Carlisle/Rivervale)	Jackson Gilders (Kalamunda/Lesmurdie)
U13	Mitchell Ferrari-Field (Kalamunda/Lesmurdie)	Thomas Davey (Kalamunda/Lesmurdie)
U14	Callum Shaw (Kelmscott)	Duku Jansuk (Kelmscott)
U15	Connor Muijs (Kalamunda/Lesmurdie)	Harrison Fare (Carlisle/Rivervale)
U16	Patrick Clare (High Wycombe)	William Tilbee (Kewdale)
U17	Liam Carbery (Carlisle/Rivervale)	Kayel Ascoli (Forrestfield)

Champion Girl

Runner Up Girl

U6	Isobella Nitschke (Kewdale)	Allira Jane Carthew (Carlisle/Rivervale)
U7	Erin Smith (High Wycombe)	Emma Ellis (Forrestfield)
U8	Darcy Collins (Carlisle/Rivervale)	Maddison Colyer (Kalamunda/Lesmurdie)
U9	Akira West (Carlisle/Rivervale)	Ivy Sio (Kelmscott)
U10	Mia Engel (Kalamunda/Lesmurdie)	Taylah Gilders (Kalamunda/Lesmurdie)
U11	Ataya Bell (Forrestfield)	Ivy Ricci (Kelmscott)
U12	Charlotte Hayward (Kalamunda/Lesmurdie)	Chloe Reeves (Kalamunda/Lesmurdie)
U13	Madison Mills (Kewdale)	April Young (High Wycombe)
U14	Scarlet Van Beek (Forrestfield)	Amelie Markovic (Kalamunda/Lesmurdie)
U15	Maddison Walters (Kewdale)	Emily Tjerkstra (Kelmscott)
U16	Sigourney Slee (Kelmscott)	Kyra Pilmer (Kewdale)
U17	Chloe Mills (Kewdale)	Rachel Hilditch (High Wycombe)

BELMONT LAC ATHLETE YEAR AWARDS

6 YEAR	9 YEAR	12 YEAR
Alexis Markovic	Bonnie Greenway	Remy Fernando
Amelie Markovic	Kirrali Richmond	Samuel Stribley
Chloe Reeves	Asha Ascoli	Rachel Hilditch
Connor Muijs	Kayel Ascoli	
Ella Evangelista-Comito	Kaylee Myles	
Jessica Muijs	Heidi Thompson	
Lincoln Muijs	Madeline Thompson	
Nathaniel Martin	Charlotte Trueman	
Patrick Martin		
Boston Rodman		
Olivia Weston		
Mack Mills		
Olivia Brady		
Ava Carbery		
Thomas Webb		
Tyreece Burgess		
Kaden Haydari		
Mateo van Heerwaarden		
Gabriel van Heerwaarden		
Taten Burgess		
Mogga Jansuk		
Duku Jansuk		
Tanachai Prasong		



ATHLETICS WEST 8-YEAR SERVICE ATHLETE AWARDS

Lilly Ajduk, Summer Ajduk, Ruby Henshall, Madison Mills, Josephine Gosper, Mikyla Taylor, Heath Orr, Stuart Hilditch, Emma Wilson, Tristian Wilson, Fearnie Van Beek, Scarlet Van Beek, Emily Gray, Yusef Atta, Noah Statham, Liam Carbery, Trinity Doulis, Matilda Grindrod, Louis Trueman, Oscar Sio

ATHLETICS WEST 11-YEAR SERVICE ATHLETE AWARDS

Rylan Scott, Elyssa Lewis, Madeleine Doulis

ATHLETICS WEST 20-YEAR SERVICE PARENT AWARDS

N/A

ATHLETICS WEST 10-YEAR SERVICE PARENT AWARDS

Simone Mills, Geoff Tilbee, Kate Tilbee, Kelly Taylor, Jacki Walters, John Ferguson, Leo Quaresimin

ATHLETICS WEST 5-YEAR SERVICE PARENT AWARDS

Julie-Anne Beasley, Matt Beasley, Tara Edwards, Elvira Bax, Winston Raimundo, Brooke Atkinson, Warren Atkinson, Karlie Agius, Tony Agius, Janine Tjerkstra, Mark Tjerkstra, Catherine Stewart

ATHLETICS WEST ATHLETE OF THE YEAR:

N/A

ATHLETICS WEST DOUG HANCY AWARD NOMINEES:

N/A

ATHLETICS WEST CENTRE AWARDS

Centre Administrator of the Year:

Kira Armstrong (Forrestfield)

Centre Official of the Year:

Fiona van Heerwaarden (Carlisle/Rivervale)

Centre Coach of the Year:

Matt Davey (Kalamunda/Lesmurdie)

CENTRE CHAMPIONSHIPS MEDAL WINNERS

11th & 18th February 2023

	U6 Girls	Result		U6 Boys	Result
	200m			70m	
Gold	Isobella Nitschke	42.31	Gold	Reggie Pickering	14.48
Silver	Allira Jane Carthew	46.17	Silver	Tom Engel	15.35
Bronze	Niamh O'Brien	50.90	Bronze	Brooklyn Ransfield-Kake	15.38
	60m mini Hurdles			Long Jump	
Gold	Isobella Nitschke	11.75	Gold	Reggie Pickering	2.25
Silver	Allira Jane Carthew	13.78	Silver	Tom Engel	1.99
Bronze	Aaliyah Imogen Lee Antoine	13.91	Bronze	Mekhi Hunter	1.84
	70m			Shot put 1kg	
Gold	Isobella Nitschke	14.20	Gold	Tom Engel	4.41
Silver	Allira Jane Carthew	15.40	Silver	Reggie Pickering	3.75
Bronze	Aaliyah Imogen Lee Antoine	15.48	Bronze	Liam Eeles	2.77
	Discus 350g			100m	
Gold	Isobella Nitschke	4.40	Gold	Reggie Pickering	20.42
Silver	Myla Brown	2.52	Silver	Tom Engel	21.32
Bronze	Allira Jane Carthew	2.20	Bronze	Mekhi Hunter	23.47
	Vortex			300m	
Gold	Isobella Nitschke	8.85	Gold	Tom Engel	1:11.38
Silver	Myla Brown	6.47	Silver	Reggie Pickering	1:16.33
Bronze	Allira Jane Carthew	4.69	Bronze	Jake Silvester	1:20.55
	100m			Discus 350g	
Gold	Isobella Nitschke	19.87	Gold	Judah Hannivig-Jones	9.24
Silver	Allira Jane Carthew	21.36	Silver	Kylan West	8.40
Bronze	Aaliyah Antoine	21.38	Bronze	Tom Engel	7.30
	300m			Vortex	
Gold	Isobella Nitschke	1:09.49	Gold	Reggie Pickering	15.17
Silver	Allira Jane Carthew	1:16.25	Silver	Brooklyn Ransfield-Kake	11.67
Bronze	Niamh O'Brien	1:22.27	Bronze	Liam Eeles	10.84
	Long Jump				
Gold	Isobella Nitschke	2.49		U7 Girls	
Silver	Allira Jane Carthew	2.02		200m	
Bronze	Aaliyah Antoine	1.59	Gold	Hannah Dangerfield	42.61
	Shot put 1kg		Silver	Erin Smith	44.29
Gold	Isobella Nitschke	3.30	Bronze	Emma Ellis	45.29
Silver	Myla Brown	2.63		60m mini Hurdles	
Bronze	Allira Jane Carthew	1.84	Gold	Mikayla Clarke	13.23
			Silver	Hannah Dangerfield	13.44
			Bronze	Emma Ellis	13.45
	U6 Boys				
	200m			70m	
Gold	Tom Engel	45.10	Gold	Erin Smith	14.07
Silver	Reggie Pickering	45.67	Silver	Hannah Dangerfield	14.09
Bronze	Jake Silvester	50.69	Bronze	Mikayla Clarke	14.34
	60m mini Hurdles			Discus 350g	
Gold	Tom Engel	12.67	Gold	Erin Smith	9.56
Silver	Reggie Pickering	13.00	Silver	Hannah Dangerfield	8.01
Bronze	Mekhi Hunter	14.58	Bronze	Emma Ellis	5.06

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U7 Girls	Result		U7 Boys	Result
	Vortex			Discus 350g	
Gold	Hannah Dangerfield	12.68	Gold	Osman Mansaray	14.73
Silver	Erin Smith	11.66	Silver	Madden Thompson-Bowness	12.91
Bronze	Mikayla Clarke	10.00	Bronze	Flynn Neindorf	11.45
	100m			Vortex	
Gold	Hannah Dangerfield	19.82	Gold	Osman Mansaray	22.74
Silver	Erin Smith	20.54	Silver	Reginald Patchett	18.66
Bronze	Emma Ellis	20.74	Bronze	Kaleb Doole	16.89
	300m				
Gold	Hannah Dangerfield	1:08.11		U8 Girls	
Silver	Erin Smith	1:11.19		200m	
Bronze	Emma Ellis	1:12.26	Gold	Safiya Jenzarli	36.41
	Long Jump		Silver	Darcy Collins	39.30
Gold	Mikayla Clarke	2.41	Bronze	Chloe Tampalini	40.12
Silver	Erin Smith	2.37		60m Hurdles	
Bronze	Emma Ellis	2.34	Gold	Safiya Jenzarli	12.36
	Shot put 1kg		Silver	Darcy Collins	12.61
Gold	Hannah Dangerfield	3.99	Bronze	Chloe Tampalini	13.12
Silver	Mikayla Clarke	3.83		70m	
Bronze	Emma Ellis	3.83	Gold	Safiya Jenzarli	12.03
			Silver	Evelyn Winter	12.48
			Bronze	Darcy Collins	12.68
	U7 Boys				
	200m			Discus 500g	
Gold	Osman Mansaray	38.46	Gold	Chloe Tampalini	11.20
Silver	Madden Thompson-Bowness	39.23	Silver	Safiya Jenzarli	11.05
Bronze	Ethan Williams	40.10	Bronze	Rozze Hayward	8.34
	60m mini Hurdles			Turbo Javelin	
Gold	Ethan Williams	11.36	Gold	Safiya Jenzarli	12.46
Silver	Osman Mansaray	11.60	Silver	Ella Humphreys	10.35
Bronze	Madden Thompson-Bowness	12.08	Bronze	Chrystal Viviers	8.99
	70m			100m	
Gold	Osman Mansaray	12.75	Gold	Safiya Jenzarli	17.22
Silver	Ethan Williams	12.88	Silver	Darcy Collins	17.80
Bronze	Flynn Neindorf	12.95	Bronze	Evelyn Winter	18.06
	Long Jump			500m	
Gold	Osman Mansaray	2.69	Gold	Safiya Jenzarli	1:48.62
Silver	Flynn Neindorf	2.49	Silver	Darcy Collins	1:57.79
Bronze	Ethan Williams	2.49	Bronze	Chrystal Viviers	2:00.99
	Shot put 1kg			Long Jump	
Gold	Madden Thompson-Bowness	4.90	Gold	Safiya Jenzarli	3.30
Silver	Osman Mansaray	4.80	Silver	Darcy Collins	3.07
Bronze	Flynn Neindorf	4.39	Bronze	Chloe Tampalini	2.86
	100m			Shot put 1.5kg	
Gold	Osman Mansaray	18.15	Gold	Chloe Tampalini	4.95
Silver	Ethan Williams	18.48	Silver	Ella Humphreys	4.35
Bronze	Kaleb Doole	19.31	Bronze	Isabella Monkhouse	4.08
	300m				
Gold	Osman Mansaray	59.67			
Silver	Ethan Williams	1:00.30			
Bronze	Madden Thompson-Bowness	1:00.97			

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U8 Boys	Result		U9 Girls	Result
	200m			800m	
Gold	Lachlan McKay	38.98	Gold	Amelia Ouwendyk	3:20.59
Silver	Lucas Rawlings	39.07	Silver	Elliyana Copleman	3:24.37
Bronze	Malachi Brown	40.22	Bronze	Akira West	3:25.53
	60m Hurdles			Discus 500g	
Gold	Ethan Chol	12.47	Gold	Ivy Sio	16.77
Silver	Owen Ross	12.92	Silver	Indy Carmichael	13.79
Bronze	Lucas Rawlings	13.15	Bronze	Charlotte Hadley	12.78
	70m			Turbo Javelin	
Gold	Ethan Chol	12.14	Gold	Charlotte Hadley	13.70
Silver	Lucas Rawlings	12.65	Silver	Ivy Sio	11.43
Bronze	Malachi Brown	12.71	Bronze	Elliyana Copleman	9.36
	Long Jump			100m	
Gold	Malachi Brown	3.05	Gold	Ivy Sio	16.87
Silver	Lucas Rawlings	2.82	Silver	Akira West	17.31
Bronze	Lachlan McKay	2.67	Bronze	Charlotte Hadley	17.89
	Shot put 1.5kg			70m	
Gold	Owen Ross	4.92	Gold	Ivy Sio	11.57
Silver	Lucas Rawlings	4.88	Silver	Akira West	11.74
Bronze	Lachlan McKay	4.65	Bronze	Apryl Ouwendyk	12.35
	100m			400m	
Gold	Lucas Rawlings	18.35	Gold	Akira West	1:27.51
Silver	Lachlan McKay	18.41	Silver	Amelia Ouwendyk	1:29.46
Bronze	Malachi Brown	18.49	Bronze	Elliyana Copleman	1:31.95
	500m				
Gold	Lachlan McKay	1:53.30		Long Jump	
Silver	Malachi Brown	1:59.97	Gold	Ivy Sio	3.52
Bronze	Lucas Rawlings	2:01.77	Silver	Elliyana Copleman	3.03
	Discus 500g		Bronze	Akira West	2.87
Gold	Lucas Rawlings	12.86		Shot put 2kg	
Silver	Malachi Brown	12.49	Gold	Ivy Sio	6.06
Bronze	Travis Walker	10.43	Silver	Apryl Ouwendyk	4.85
	Turbo Javelin		Bronze	Charlotte Hadley	4.60
Gold	Lucas Rawlings	17.00		High Jump - Scissor	
Silver	Malachi Brown	13.21	Gold	Elliyana Copleman	1.02
Bronze	Alex McDonnell	10.46	Silver	Ivy Sio	0.96
			Bronze	Akira West	0.94
	U9 Girls				
	200m			U9 Boys	
Gold	Akira West	36.30		200m	
Silver	Ivy Sio	37.29	Gold	Jake Demanser	32.57
Bronze	Isla Agius	37.52	Silver	Braxton Longman	33.25
	60m Hurdles		Bronze	Flynn Crabbe	35.28
Gold	Akira West	12.46		700m Walk	
Silver	Ivy Sio	12.80	Gold	Jake Demanser	4:31.52
Bronze	Indy Carmichael	13.11	Silver	Charlie Schneider	5:00.96
	700m Walk		Bronze	Archie Pickering	5:18.86
Gold	Elliyana Copleman	5:08.71		60m Hurdles	
Silver	Maddison Rout	5:21.92	Gold	Jake Demanser	11.37
Bronze	Mia Silvester	5:22.37	Silver	Hudson Neindorf	11.95
			Bronze	Archie Pickering	12.06
			Bronze	Logan Scott	12.06

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U9 Boys	Result		U10 Girls	Result
	High Jump - Scissor			800m	
Gold	Jake Demanser	1.09	Gold	Mia Engel	2:58.95
Silver	Hudson Neindorf	1.03	Silver	Taylah Gilders	3:03.56
Bronze	Logan Scott	0.99	Bronze	Imogen Spooner	3:08.03
	Long Jump			Discus 500g	
Gold	Hudson Neindorf	3.24	Gold	Mia Engel	18.83
Silver	Flynn Crabbe	3.20	Silver	Imogen Spooner	16.06
Bronze	Charlie Schneider	3.15	Bronze	Taylah Gilders	15.38
	Shot put 2kg			100m	
Gold	Archie Pickering	6.75	Gold	Imogen Spooner	15.55
Silver	Hudson Neindorf	5.97	Silver	Mia Engel	15.74
Bronze	Jake Demanser	5.81	Bronze	Sofia Nitschke	16.13
	100m				
Gold	Jake Demanser	15.85		Turbo Javelin	
Silver	Braxton Longman	16.19	Gold	Mia Engel	17.64
Bronze	Hudson Neindorf	16.34	Silver	Audrey Morgan	16.78
	400m		Bronze	Taylah Gilders	15.73
Gold	Braxton Longman	1:19.67		400m	
Silver	Jake Demanser	1:21.25	Gold	Imogen Spooner	1:17.91
Bronze	Flynn Crabbe	1:21.35	Silver	Mia Engel	1:18.82
	70m		Bronze	Taylah Gilders	1:22.83
Gold	Jake Demanser	11.13		70m	
Silver	Hudson Neindorf	11.33	Gold	Imogen Spooner	11.02
Bronze	Braxton Longman	11.35	Silver	Sofia Nitschke	11.26
	800m		Bronze	Mia Engel	11.30
Gold	Braxton Longman	2:54.41		High Jump - Scissor	
Silver	Flynn Crabbe	2:56.16	Gold	Imogen Spooner	1.20
Bronze	Charlie Schneider	3:04.66	Silver	Taylah Gilders	1.10
	Discus 500g		Bronze	Mia Engel	1.00
Gold	Jake Demanser	18.20		Long Jump	
Silver	Logan Scott	15.29	Gold	Imogen Spooner	3.68
Bronze	Charlie Schneider	13.63	Silver	Mia Engel	3.60
	Turbo Javelin		Bronze	Sofia Nitschke	3.56
Gold	Jake Demanser	16.90		Shot put 2kg	
Silver	Braxton Longman	15.61	Gold	Taylah Gilders	5.66
Bronze	Archie Pickering	15.50	Silver	Mia Engel	5.47
			Bronze	Sofia Nitschke	4.76
	U10 Girls				
	1100m Walk			U10 Boys	
Gold	Taylah Gilders	7:37.69		1100m Walk	
Silver	Imogen Spooner	7:54.74	Gold	Harry Patchett	7:08.36
Bronze	Pip Key	8:05.35	Silver	Daniel McKay	7:25.83
	200m		Bronze	Phoenix King	8:05.00
Gold	Imogen Spooner	33.74		200m	
Silver	Mia Engel	34.42	Gold	Harrison Langsford	30.97
Bronze	Taylah Gilders	34.45	Silver	Samuel O'Brien	31.02
	60m Hurdles		Bronze	Kaelen Gill	34.98
Gold	Sofia Nitschke	12.89		60m Hurdles	
Silver	Mia Engel	12.93	Gold	Henry Dalton	11.54
Bronze	Audrey Morgan	13.40	Gold	Phoenix King	11.54
			Bronze	Samuel O'Brien	12.05

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U10 Boys	Result		U11 Girls	Result
	High Jump - Scissor			800m	
Gold	Tadhg Clare	1.14	Gold	Eva Tomasini	2:59.70
Silver	Harry Patchett	1.07	Silver	Anna Davey	3:04.70
Bronze	Samuel O'Brien	1.07	Bronze	Ataya Bell	3:05.60
	Long Jump			Discus 500g	
Gold	Phoenix King	3.72	Gold	Ataya Bell	25.91
Silver	Samuel O'Brien	3.59	Silver	Eva Tomasini	20.10
Bronze	Henry Dalton	3.51	Bronze	Ivy Ricci	19.01
	Shot put 2kg			Javelin 400g	
Gold	Charlie Ward	7.91	Gold	Ataya Bell	24.82
Silver	Neilson Shibu	7.21	Silver	Sapphire Bax	16.19
Bronze	Linkin Rodman	6.74	Bronze	Lexi Walters	14.06
	100m			Triple Jump	
Gold	Samuel O'Brien	14.73	Gold	Ivy Ricci	8.04
Silver	Harrison Langsford	15.22	Silver	Emily Agius	7.91
Bronze	Kaelen Gill	15.63	Bronze	Ataya Bell	7.87
	400m			100m	
Gold	Samuel O'Brien	1:10.39	Gold	Emily Agius	15.12
Silver	Henry Dagleish	1:12.79	Silver	Ivy Ricci	15.46
Bronze	Harrison Langsford	1:15.04	Bronze	Eva Tomasini	15.78
	70m			1500m	
Gold	Samuel O'Brien	10.79	Gold	Eva Tomasini	6:03.07
Silver	Harrison Langsford	11.10	Silver	Amber Viviers	6:16.77
Bronze	Kaelen Gill	11.31	Bronze	Anna Davey	6:17.32
	800m			400m	
Gold	Samuel O'Brien	2:45.45	Gold	Eva Tomasini	1:15.19
Silver	Henry Dagleish	2:49.57	Silver	Ataya Bell	1:17.31
Bronze	Harrison Langsford	2:54.80	Bronze	Madeline Sustek	1:20.22
	Discus 500g			High Jump - Fosbury	
Gold	Neilson Shibu	27.43	Gold	Sapphire Bax	1.13
Silver	Charlie Ward	21.84	Silver	Ivy Ricci	1.13
Bronze	Phoenix King	20.87	Bronze	Eva Tomasini	1.13
	Turbo Javelin			Long Jump	
Gold	Neilson Shibu	25.82	Gold	Emily Agius	3.95
Silver	Lucas Brady	21.11	Silver	Ataya Bell	3.78
Bronze	Charlie Ward	20.07	Bronze	Ivy Ricci	3.71
				Shot put 2kg	
	U11 Girls		Gold	Ataya Bell	7.65
	1100m Walk		Silver	Lexi Walters	6.91
Gold	Eva Tomasini	6:48.87	Bronze	Ivy Ricci	6.68
Silver	Amber Viviers	6:57.55			
Bronze	Anna Davey	7:19.80			
	200m			U11 Boys	
				1100m Walk	
Gold	Ivy Ricci	33.05	Gold	Gabriel van Heerwaarden	5:52.60
Silver	Ataya Bell	33.18	Silver	Mogga Jaysen Jansuk	7:10.77
Bronze	Eva Tomasini	33.26	Bronze	Djimon Hunter	7:54.25
	80m Hurdles			200m	
Gold	Ivy Ricci	14.41	Gold	Mack Mills	30.78
Silver	Arianna Pillera	16.79	Silver	Mogga Jaysen Jansuk	32.01
Bronze	Eva Tomasini	16.83	Bronze	Gabriel van Heerwaarden	33.72

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U11 Boys	Result		U12 Girls	Result
	800m			1500m Walk	
Gold	Mogga Jaysen Jansuk	2:46.87	Gold	Chloe Reeves	8:26.65
Silver	Gabriel van Heerwaarden	2:54.62	Silver	Olivia Weston	9:49.98
Bronze	Mack Mills	3:05.27	Bronze	Ava Finucane	10:20.24
	Discus 500g			200m	
Gold	Felix Sio	31.25	Gold	Charlotte Hayward	30.07
Silver	Gabriel van Heerwaarden	19.35	Silver	Shae-Anne Vernon	30.34
Bronze	Mogga Jaysen Jansuk	19.25	Bronze	Chloe Reeves	32.36
	Javelin 400g			800m	
Gold	Felix Sio	27.07	Gold	Charlotte Hayward	2:37.82
Silver	Tanaka Hesnan	23.06	Silver	Hannah Maslen	2:49.51
Bronze	Gabriel van Heerwaarden	22.31	Bronze	Imogen Crabbe	3:07.09
	Triple Jump			Discus 750g	
Gold	Mack Mills	8.64	Gold	Chloe Reeves	17.65
Silver	Tanaka Hesnan	8.21	Silver	Bella Higgins	14.24
Bronze	Gabriel van Heerwaarden	7.80	Bronze	Imogen Crabbe	14.08
	100m			Javelin 400g	
Gold	Mack Mills	13.99	Gold	Imogen Crabbe	15.88
Silver	Mogga Jaysen Jansuk	15.29	Silver	Chloe Reeves	14.70
Bronze	Tanaka Hesnan	15.52	Bronze	Stella Slee	13.89
	1500m			Triple Jump	
Gold	Mogga Jaysen Jansuk	5:30.72	Gold	Chloe Reeves	7.91
Silver	Gabriel van Heerwaarden	5:34.31	Silver	Stella Slee	7.78
Bronze	Mack Mills	6:00.06	Bronze	Ava Finucane	7.73
	400m			100m	
Gold	Mogga Jaysen Jansuk	1:14.70	Gold	Shae-Anne Vernon	14.12
Silver	Mack Mills	1:18.62	Silver	Chloe Reeves	14.33
Bronze	Gabriel van Heerwaarden	1:19.98	Bronze	Charlotte Hayward	14.75
	High Jump - Fosbury			1500m	
Gold	Gabriel van Heerwaarden	1.26	Gold	Charlotte Hayward	5:26.90
Silver	Mogga Jaysen Jansuk	1.20	Silver	Hannah Maslen	5:45.26
Bronze	Mack Mills	1.15	Bronze	Imogen Crabbe	6:04.90
	Long Jump			400m	
Gold	Mack Mills	4.09	Gold	Charlotte Hayward	1:09.43
Silver	Gabriel van Heerwaarden	3.83	Silver	Shae-Anne Vernon	1:14.43
Bronze	Mogga Jaysen Jansuk	3.80	Bronze	Hannah Maslen	1:15.36
	Shot put 2kg			High Jump - Fosbury	
Gold	Felix Sio	10.04	Gold	Stella Slee	1.29
Silver	Chace Twynham	6.95	Silver	Ava Finucane	1.10
Bronze	Boston Rodman	6.68	Silver	Imogen Crabbe	1.10
	80m Hurdles			Long Jump	
Gold	Mack Mills	14.64	Gold	Chloe Reeves	4.00
Silver	Gabriel van Heerwaarden	15.63	Silver	Charlotte Hayward	3.79
Bronze	Mogga Jaysen Jansuk	15.74	Bronze	Stella Slee	3.64
				Shot put 2kg	
	U12 Girls		Gold	Ava Finucane	6.49
	80m Hurdles		Silver	Charlotte Hayward	6.44
Gold	Charlotte Hayward	14.46	Bronze	Shae-Anne Vernon	6.19
Silver	Bailey Gill	16.46			
Bronze	Stella Slee	16.67			

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U12 Boys	Result		U12 Boys	Result
	1500m Walk			80m Hurdles	
Gold	Mateo van Heerwaarden	10:19.67	Gold	Tanxsta Harris	14.09
Silver	James McDonnell	10:47.14	Silver	Leo Pileggi	14.90
Bronze	Lincoln Muijs	11:09.07	Bronze	Kaden Haydari	15.65
	200m				
Gold	Tanxsta Harris	30.01		U13 Girls	
Silver	Noah Lewis	30.35		1500m Walk	
Bronze	Jackson Gilders	30.88	Gold	Trinity Doulis	9:21.32
	800m		Silver	April Young	9:41.66
Gold	Jackson Gilders	2:47.94	Bronze	Matilda Grindrod	11:03.97
Silver	Noah Lewis	2:50.91		200m	
Bronze	Ben de Klerk	2:55.48	Gold	Maia Goodall	29.95
	Discus 750g		Silver	Madison Mills	30.42
Gold	Tanxsta Harris	24.99	Silver	Lani Heal	30.42
Silver	Kaden Haydari	23.88		800m	
Bronze	Lincoln Muijs	21.45	Gold	Madison Mills	2:39.30
	Javelin 400g		Silver	April Young	2:49.82
Gold	Lincoln Muijs	27.56	Bronze	Trinity Doulis	2:52.90
Silver	Tanxsta Harris	23.26		Discus 750g	
Bronze	Jackson Gilders	23.19	Gold	Madison Mills	21.66
	Triple Jump		Silver	Amber Ricci	20.10
Gold	Tanxsta Harris	9.04	Bronze	Maia Goodall	18.94
Silver	Kaden Haydari	9.03		Javelin 400g	
Bronze	Ben de Klerk	8.33	Gold	Emma Wilson	25.65
	100m		Silver	Madison Mills	25.38
Gold	Tanxsta Harris	13.92	Bronze	Amber Ricci	22.50
Silver	Ben de Klerk	14.36		Triple Jump	
Bronze	Noah Lewis	14.56	Gold	Amber Ricci	9.80
	1500m		Silver	Maia Goodall	9.17
Gold	Flynn O'Brien	5:35.59	Bronze	Madison Mills	9.15
Silver	Noah Lewis	5:42.43		100m	
Bronze	Ben de Klerk	5:43.15	Gold	Maia Goodall	13.91
	400m		Silver	Lani Heal	14.10
Gold	Ben de Klerk	1:10.09	Bronze	Amber Ricci	14.40
Silver	Jackson Gilders	1:10.73		1500m	
Bronze	Noah Lewis	1:11.29	Gold	Madison Mills	5:35.97
	Shot put 2kg		Silver	Maia Goodall	6:01.56
Gold	Tanxsta Harris	9.35	Bronze	April Young	6:18.97
Silver	Kaden Haydari	9.30		400m	
Bronze	Noah Lewis	8.53	Gold	Madison Mills	1:08.44
	Long Jump		Silver	Maia Goodall	1:14.46
Gold	Kaden Haydari	4.15	Bronze	April Young	1:17.07
Silver	Ben de Klerk	4.09		High Jump - Fosbury	
Bronze	Tanxsta Harris	4.04	Gold	Madison Mills	1.45
	High Jump - Fosbury		Silver	Amber Ricci	1.40
Gold	Tanxsta Harris	1.33	Bronze	Maia Goodall	1.40
Silver	Kaden Haydari	1.30		80m Hurdles	
Bronze	Leo Pileggi	1.30	Gold	Amber Ricci	14.20
			Silver	Madison Mills	14.38
			Bronze	Maia Goodall	15.15

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U13 Girls	Result		U13 Boys	Result
	Shot put 3kg			High Jump - Fosbury	
Gold	Madison Mills	7.58	Gold	Thomas Davey	1.42
Silver	Maia Goodall	7.21	Silver	Connor Ouwendyk	1.40
Bronze	Amber Ricci	7.16	Bronze	Brayden Smith	1.40
	200m Hurdles			80m Hurdles	
Gold	Madison Mills	30.78	Gold	Thomas Davey	13.50
Silver	Maia Goodall	32.86	Silver	Mitchell Ferrari-Field	14.14
Bronze	Amber Ricci	33.93	Bronze	Oscar Sio	14.50
	Long Jump			Shot put 3kg	
Gold	Amber Ricci	4.37	Gold	Oscar Sio	12.64
Silver	Maia Goodall	4.30	Silver	Hunter Bax	8.03
Bronze	Madison Mills	4.21	Bronze	Connor Ouwendyk	7.94
				200m Hurdles	
	U13 Boys		Gold	Thomas Davey	30.56
	1500m Walk		Silver	Mitchell Ferrari-Field	30.77
Gold	Mitchell Ferrari-Field	9:01.08	Bronze	Oscar Sio	32.11
Silver	Ciaran Carbery	9:18.68		Long Jump	
Bronze	Thomas Davey	9:36.14	Gold	Thomas Davey	4.54
	200m		Silver	Mitchell Ferrari-Field	4.48
Gold	Connor Ouwendyk	28.87	Bronze	Connor Ouwendyk	4.35
Silver	Mitchell Ferrari-Field	29.03			
Bronze	Thomas Davey	29.13		U14 Girls	
	800m			1500m Walk	
Gold	Thomas Davey	2:41.34	Gold	Zarah Scott	8:52.75
Silver	Mitchell Ferrari-Field	2:43.03	Silver	Josephine Gosper	9:08.18
Bronze	Ciaran Carbery	3:00.49	Bronze	Ella Evangelista-Comito	9:16.17
	Discus 750g			200m	
Gold	Oscar Sio	41.40	Gold	Blair Bell	27.64
Silver	Hunter Bax	22.41	Silver	Demi Bell	28.37
Bronze	Heath Orr	20.19	Bronze	Amelie Markovic	29.57
	Javelin 600g			800m	
Gold	Oscar Sio	33.96	Gold	Blair Bell	2:35.55
Silver	Hunter Bax	26.60	Silver	Demi Bell	2:39.51
Bronze	Heath Orr	24.51	Bronze	Emma Anderson	2:57.72
	Triple Jump			Discus 1kg	
Gold	Mitchell Ferrari-Field	9.77	Gold	Isla-Rose Gray	30.08
Silver	Oscar Sio	9.48	Silver	Scarlet Van Beek	23.20
Bronze	Connor Ouwendyk	9.21	Bronze	Alison Shibu	21.99
	100m			Javelin 500g	
Gold	Mitchell Ferrari-Field	13.50	Gold	Isla-Rose Gray	34.68
Silver	Connor Ouwendyk	13.86	Silver	Scarlet Van Beek	27.60
Bronze	Oscar Sio	14.10	Bronze	Amelie Markovic	25.56
	1500m			Triple Jump	
Gold	Thomas Davey	5:07.37	Gold	Blair Bell	9.96
Silver	Mitchell Ferrari-Field	5:55.45	Silver	Isla-Rose Gray	9.74
Bronze	Brayden Smith	6:07.40	Bronze	Amelie Markovic	9.55
	400m			100m	
Gold	Thomas Davey	1:02.889	Gold	Blair Bell	12.93
Silver	Connor Ouwendyk	1:04.78	Silver	Demi Bell	13.27
Bronze	Mitchell Ferrari-Field	1:10.50	Bronze	Isla-Rose Gray	13.95

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U14 Girls	Result		U14 Boys	Result
	1500m			Triple Jump	
Gold	Blair Bell	5:46.77	Gold	Callum Shaw	11.03
Silver	Demi Bell	5:55.66	Silver	Tristian Wilson	10.52
Bronze	Ella Evangelista-Comito	6:04.25	Bronze	Joypreet Singh Jabbal	10.18
	400m			100m	
Gold	Blair Bell	1:05.76	Gold	Callum Shaw	12.31
Silver	Demi Bell	1:08.89	Silver	Tristian Wilson	12.70
Bronze	Hannah Tjerkstra	1:10.49	Bronze	Louis Trueman	12.97
	High Jump - Fosbury			1500m	
Gold	Scarlet Van Beek	1.49	Gold	Joypreet Singh Jabbal	5:51.04
Silver	Amelie Markovic	1.47	Silver	Alex Dopson	6:25.23
Bronze	Isla-Rose Gray	1.40	Bronze	Benjamin Hogg	6:39.77
	80m Hurdles			400m	
Gold	Angelina Kosta	13.84	Gold	Joypreet Singh Jabbal	1:02.74
Silver	Isla-Rose Gray	14.03	Silver	Louis Trueman	1:04.84
Bronze	Scarlet Van Beek	14.20	Bronze	Callum Shaw	1:06.95
	Shot put 3kg			High Jump - Fosbury	
Gold	Isla-Rose Gray	10.83	Gold	Louis Trueman	1.55
Silver	Scarlet Van Beek	9.41	Silver	Callum Shaw	1.50
Bronze	Amelie Markovic	8.10	Bronze	Joypreet Singh Jabbal	1.35
	200m Hurdles			90m Hurdles	
Gold	Angelina Kosta	32.57	Gold	Callum Shaw	13.92
Silver	Isla-Rose Gray	33.00	Silver	Tristian Wilson	14.18
Bronze	Demi Bell	33.15	Bronze	Joypreet Singh Jabbal	15.43
	Long Jump			Shot put 4kg	
Gold	Blair Bell	4.96	Gold	Tristian Wilson	12.39
Silver	Amelie Markovic	4.73	Silver	Louis Trueman	10.62
Bronze	Demi Bell	4.62	Bronze	Callum Shaw	10.02
				200m Hurdles	
	U14 Boys		Gold	Tristian Wilson	28.98
	1500m Walk		Silver	Callum Shaw	31.30
Gold	Alex Dopson	10:19.32	Bronze	Louis Trueman	31.34
				Long Jump	
			Gold	Nicholas Bonfilgio	5.94
	200m		Silver	Callum Shaw	5.05
Gold	Callum Shaw	26.16	Bronze	Louis Trueman	4.93
Silver	Tristian Wilson	27.51			
Bronze	Joypreet Singh Jabbal	27.63		U15 Girls	
	800m			1500m Walk	
Gold	Joypreet Singh Jabbal	2:46.28	Gold	Sienna Jordan	9:35.97
Silver	Callum Shaw	2:49.21	Silver	Ava Carbery	10:04.25
Bronze	Alex Dopson	3:03.84	Bronze	Summer Ajduk	10:21.56
	Discus 1kg			200m	
Gold	Tristian Wilson	37.72	Gold	Mischa Tomlin	27.18
Silver	Louis Trueman	25.75	Silver	Addyson Sutton	29.23
Bronze	Callum Shaw	22.50	Bronze	Shaelyn Harvey	29.95
	Javelin 700g			800m	
Gold	Tristian Wilson	45.10	Gold	Emily Tjerkstra	2:36.88
Silver	Callum Shaw	30.40	Silver	Addyson Sutton	2:44.35
Bronze	Louis Trueman	26.36	Bronze	Kirralli Richmond	2:47.05

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U15 Girls	Result		U15 Boys	Result
	Discus 1kg			Discus 1kg	
Gold	Klara Tilbee	21.25	Gold	Jesse Smith	30.23
Silver	Summer Ajduk	20.67	Silver	Harrison Fare	28.06
Bronze	Maddison Walters	20.57	Bronze	Connor Muijs	24.62
	Javelin 500g			Javelin 700g	
Gold	Summer Ajduk	28.69	Gold	Jesse Smith	34.56
Silver	Klara Tilbee	26.64	Silver	Harrison Fare	31.65
Bronze	Gemma Smith	23.67	Bronze	Jake Mills	28.50
	Triple Jump			Triple Jump	
Gold	Emily Tjerckstra	9.79	Gold	Jacob Ouwendyk	11.11
Silver	Charlotte Trueman	9.33	Silver	Ryley Heal	10.71
Bronze	Shaelyn Harvey	9.32	Bronze	Jesse Smith	10.13
	100m			100m	
Gold	Mischa Tomlin	12.92	Gold	Jacob Ouwendyk	12.59
Silver	Chevelle Atkinson	14.14	Silver	Ryley Heal	12.81
Bronze	Emily Tjerckstra	14.20	Bronze	Harrison Fare	12.87
	Long Jump			Long Jump	
Gold	Emily Tjerckstra	4.71	Gold	Jacob Ouwendyk	5.54
Silver	Mischa Tomlin	4.61	Silver	Ryley Heal	5.39
Bronze	Addyson Sutton	4.52	Bronze	Tanachai Prasong	5.31
	400m			400m	
Gold	Addyson Sutton	1:06.36	Gold	Jake Mills	1:01.64
Silver	Emily Tjerckstra	1:07.11	Silver	Connor Muijs	1:03.60
Bronze	Mischa Tomlin	1:09.48	Bronze	Tanachai Prasong	1:03.63
	High Jump - Fosbury			High Jump - Fosbury	
Gold	Charlotte Trueman	1.45	Gold	Ryley Heal	1.60
Silver	Mischa Tomlin	1.38	Silver	Harrison Fare	1.55
Bronze	Summer Ajduk	1.35	Bronze	Jake Mills	1.45
	90m Hurdles			100m Hurdles	
Gold	Shaelyn Harvey	16.50	Gold	Harrison Fare	16.66
Silver	Emily Tjerckstra	16.75	Silver	Jake Mills	17.29
Bronze	Charlotte Trueman	17.06	Silver	Connor Muijs	17.29
	Shot put 3kg			Shot put 4kg	
Gold	Klara Tilbee	9.82	Gold	Jesse Smith	10.42
Silver	Maddison Walters	9.62	Silver	Jacob Ouwendyk	9.74
Bronze	Summer Ajduk	8.64	Bronze	Connor Muijs	9.40
	300m Hurdles			300m Hurdles	
Gold	Charlotte Trueman	52.96	Gold	Jake Mills	48.24
Silver	Mischa Tomlin	53.57	Silver	Harrison Fare	48.48
Bronze	Emily Tjerckstra	54.31	Bronze	Connor Muijs	48.56
	1500m			1500m	
Gold	Emily Tjerckstra	5:39.35	Gold	Jake Mills	5:14.52
Silver	Maddison Walters	5:59.26	Silver	Connor Muijs	5:26.13
Bronze	Kirrali Richmond	6:03.14	Bronze	Samuel Davey	5:39.21
				800m	
	U15 Boys		Gold	Jake Mills	2:27.48
	1500m Walk		Silver	Connor Muijs	2:35.79
Gold	Connor Muijs	10:48.22	Bronze	Harrison Fare	2:48.37

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U15 Boys	Result		U16 Girls	Result
	200m			Long Jump	
Gold	Jacob Ouwendyk	25.54	Gold	Kyra Pilmer	5.25
Silver	Tanachai Prasong	26.59	Silver	Lilly Ajduk	4.60
Bronze	Ryley Heal	26.61	Bronze	Sigourney Slee	4.55
				High Jump - Fosbury	
	U16 Girls		Gold	Sigourney Slee	1.50
	1500m Walk		Silver	Lilly Ajduk	1.45
Gold	Tegan Biggin	9:43.14	Bronze	Asha Ascoli	1.43
Silver	Ella-blu Schmook	10:08.03		1500m	
Bronze	Asha Ascoli	11:01.63	Gold	Kyra Pilmer	5:07.41
	200m		Silver	Asha Ascoli	6:30.90
Gold	Kyra Pilmer	26.66	Bronze	Tegan Biggin	6:41.82
Silver	Tegan Biggin	29.36		60m	
Bronze	Sigourney Slee	30.58	Gold	Kyra Pilmer	8.35
	800m		Silver	Tegan Biggin	8.89
Gold	Kyra Pilmer	2:27.17	Bronze	Philippa Mansaray	9.16
Silver	Asha Ascoli	2:56.50			
Bronze	Sigourney Slee	3:00.13		U16 Boys	
	Javelin 500g			200m	
Gold	Chloe Mills	28.11	Gold	Archie Scari	24.26
Silver	Hayley Dolling	24.40	Silver	Noah Statham	24.83
Bronze	Rachel Hilditch	23.07	Bronze	Patrick Clare	25.14
	Triple Jump			800m	
Gold	Kyra Pilmer	10.11	Gold	Patrick Clare	2:16.77
Silver	Sigourney Slee	9.78	Silver	William Tilbee	2:20.06
Bronze	Lilly Ajduk	9.43	Bronze	Noah Statham	2:20.65
	Shot put 3kg			Discus 1.5kg	
Gold	Fearne Van Beek	11.73	Gold	Blake Orr	32.23
Silver	Philippa Mansaray	9.36	Silver	Rylan Scott	30.50
Bronze	Asha Ascoli	9.33	Bronze	William Tilbee	25.26
	100m			High Jump - Fosbury	
Gold	Kyra Pilmer	12.82	Gold	Noah Clare	1.70
Silver	Tegan Biggin	13.93	Silver	Rylan Scott	1.70
Bronze	Sigourney Slee	14.54	Bronze	Noah Statham	1.65
	300m Hurdles			Long Jump	
Gold	Kyra Pilmer	47.84	Gold	Rylan Scott	5.64
Silver	Sigourney Slee	54.90	Silver	Archie Scari	5.60
Bronze	Tegan Biggin	56.16	Bronze	Noah Clare	5.56
	400m			100m	
Gold	Kyra Pilmer	1:00.15	Gold	Archie Scari	11.73
Silver	Asha Ascoli	1:09.47	Silver	Noah Clare	12.08
Bronze	Tegan Biggin	1:12.58	Bronze	Patrick Clare	12.29
	Discus 1kg			1500m	
Gold	Fearne Van Beek	28.37	Gold	Patrick Clare	4:47.18
Silver	Asha Ascoli	24.21	Silver	William Tilbee	4:51.94
Bronze	Sigourney Slee	21.74	Bronze	Zachary Hogg	4:53.42
	100m Hurdles			1500m Walk	
Gold	Asha Ascoli	17.20	Gold	Rylan Scott	8:24.88
Silver	Kyra Pilmer	17.32	Silver	William Tilbee	9:31.43
Bronze	Lilly Ajduk	18.11	Bronze	Blake Orr	9:37.34

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

	U16 Boys	Result		U17 Girls	Result
	400m			100m	
Gold	Noah Statham	55.96	Gold	Remy Fernando	13.62
Silver	Patrick Clare	57.90	Silver	Chloe Mills	13.76
Bronze	Rylan Scott	59.06	Bronze	Madeleine Doulis	14.60
	Javelin 700g			Long Jump	
Gold	Blake Orr	43.31	Gold	Remy Fernando	4.59
Silver	Noah Clare	40.69	Silver	Chloe Mills	4.46
Bronze	William Tilbee	40.43	Bronze	Mikyla Taylor	4.14
	Triple Jump			300m Hurdles	
Gold	Rylan Scott	11.93	Gold	Chloe Mills	52.31
Silver	Archie Scari	11.44	Silver	Remy Fernando	53.95
Bronze	Patrick Clare	11.30	Bronze	Elyssa Lewis	54.38
	Shot put 5kg			400m	
Gold	Blake Orr	11.32	Gold	Chloe Mills	1:07.59
Silver	William Tilbee	10.47	Silver	Elyssa Lewis	1:09.10
Bronze	Rylan Scott	9.96	Bronze	Remy Fernando	1:10.53
	300m Hurdles			Discus 1kg	
Gold	Patrick Clare	43.09	Gold	Chloe Mills	19.64
Silver	Rylan Scott	43.49	Silver	Rachel Hilditch	18.26
Bronze	Noah Statham	43.80	Bronze	Elyssa Lewis	17.59
	60m			High Jump – Fosbury	
Gold	Archie Scari	7.68	Gold	Chloe Mills	1.40
Silver	Noah Clare	7.72	Silver	Remy Fernando	1.35
Bronze	Patrick Clare	7.90	Bronze	Elyssa Lewis	1.35
	110m Hurdles			1500m Walk	
Gold	Archie Scari	15.50	Gold	Rachel Hilditch	11:01.97
Silver	Rylan Scott	15.63			
Bronze	Noah Statham	16.23			
	U17 Girls			60m	
	200m		Gold	Remy Fernando	8.63
Gold	Remy Fernando	28.04	Silver	Chloe Mills	8.81
Silver	Chloe Mills	28.43	Bronze	Madeleine Doulis	9.21
Bronze	Elyssa Lewis	30.42		100m Hurdles	
	800m		Gold	Chloe Mills	17.28
Gold	Elyssa Lewis	2:38.97	Silver	Remy Fernando	17.51
Silver	Chloe Mills	2:45.98	Bronze	Madeleine Doulis	19.35
Bronze	Remy Fernando	2:56.59		1500m	
	Javelin 500g		Gold	Elyssa Lewis	5:23.54
Gold	Chloe Mills	29.38	Silver	Chloe Mills	6:06.12
Silver	Hayley Dolling	24.47	Bronze	Kaylee Myles	6:16.97
Bronze	Remy Fernando	23.05			
	Shot put 3kg			U17 Boys	
Gold	Chloe Mills	8.35		Discus 1.5kg	
Silver	Emily Gray	8.09	Gold	Kayel Ascoli	25.94
Bronze	Madeleine Doulis	7.89	Silver	Liam Carbery	25.73
	Triple Jump		Bronze	Nicholas Stewart	25.42
Gold	Remy Fernando	9.65		Triple Jump	
Silver	Chloe Mills	9.56	Gold	Jayce Heal	13.53
Bronze	Emily Gray	8.51	Silver	Kayel Ascoli	11.55
			Bronze	Samuel Stribley	10.77

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

U17 Boys		
High Jump - Fosbury		
Gold	Jayce Heal	1.81
Silver	Kayel Ascoli	1.65
Bronze	Zac Jackson	1.60
Long Jump		
Gold	Jayce Heal	6.76
Silver	Kayel Ascoli	5.89
Bronze	Samuel Stribley	5.43
100m		
Gold	Jayce Heal	11.49
Silver	Kayel Ascoli	11.58
Bronze	Samuel Stribley	11.91
1500m		
Gold	Kayel Ascoli	5:35.98
Silver	Samuel Stribley	6:02.62
300m Hurdles		
Gold	Kayel Ascoli	39.99
Silver	Samuel Stribley	44.63
Bronze	Nicholas Stewart	45.94
400m		
Gold	Liam Carbery	1:14.95
Silver	Nicholas Stewart	1:15.61
Bronze	Kayel Ascoli	1:16.29
Javelin 700g		
Gold	Kayel Ascoli	35.71
Silver	Nicholas Stewart	35.59
Bronze	Jayce Heal	31.86
Shot put 5kg		
Gold	Kayel Ascoli	10.33
Silver	Nicholas Stewart	10.32
Bronze	Zac Jackson	9.54
1500m Walk		
Gold	Liam Carbery	9:12.53
110m Hurdles		
Gold	Kayel Ascoli	14.55
Silver	Samuel Stribley	17.24
Bronze	Nicholas Stewart	17.99
60m		
Gold	Jayce Heal	7.44
Silver	Kayel Ascoli	7.57
Bronze	Samuel Stribley	7.84
200m		
Gold	Kayel Ascoli	23.52
Silver	Jayce Heal	24.28
Bronze	Samuel Stribley	25.31
800m		
Gold	Kayel Ascoli	2:14.63
Silver	Braisen Joseph	2:45.08
Bronze	Samuel Stribley	2:55.95

**WA STATE TRACK & FIELD
CHAMPIONSHIPS MEDAL WINNERS**
*WA Athletics Stadium, March 3rd, 4th and
5th, 2023*

GOLD Medals

Kyra Pilmer 17W 400m
Angelina Kosta U14G LA 200m Hurdles
Tristian Wilson 15M Shot put
Jayce Heal 18M Triple Jump
Rylan Scott 17M Triple Jump
Tristian Wilson 15M Javelin
Nicholas Bonfilgio 15M Long Jump
Angelina Kosta U14G LA 80m Hurdles

SILVER Medals

Jayce Heal 18M High Jump
Tristian Wilson 15M Discus
Chloe Mills U17G LA 300m Hurdles
Noah Statham U16B LA 300m Hurdles
Kyra Pilmer 17W Long Jump

BRONZE Medals

Isla Rose Gray 15W Discus
Nicholas Bonfilgio 15M Triple Jump
Jayce Heal 18M Long Jump
Isla Rose Gray 15W Long Jump
Kyra Pilmer 17W 200m
Rylan Scott U16B LA 110m Hurdles
Tristian Wilson U14B LA 90m Hurdles

WA STATE JUNIOR TRACK & FIELD CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, March 17th, 18th and 19th, 2023

GOLD Medals

Thomas Davey 13B 1500m
Thomas Davey U13B 800m
Tanxsta Harris U12B 80m Hurdles
Imogen Spooner U10G High Jump

SILVER Medals

Thomas Davey 13B 400m
Ataya Bell 11G Discus
Ivy Sio U9G Shot Put
Oscar Sio U13B Javelin

BRONZE Medals

Neilson Shibu 10B Discus
Ataya Bell 11G Javelin
Thomas Davey 13B 200m Hurdles
Elliyana Coppelman 9G High Jump
Flynn O'Brien U12B 800m
Madison Mills U13G High Jump



CENTRE RECORDS

These records can only be broken or set by registered Belmont Athletics Centre athletes. The records may be broken or set at any time throughout the season including Centre Championships and invitational days.

CENTRE CHAMPIONSHIP RECORDS

These records can only be set by Belmont athletes competing at Belmont Centre Championship competition. If an athlete's result also better the Belmont Centre record, then the athlete sets both records.

VISITOR RECORDS

These records can ONLY be broken by visiting athletes at any competition day during the regular season. Belmont athletes cannot break these records. Inaugural records may only be set if the result better the current Centre Record for that event. Open records up to 2020/21. Visitor records from 2021/22.

PLEASE NOTE: Records are current at time of printing. Official records are kept by the Records and Rankings Officer. Any records broken are subject to official confirmation by the Chief Track and Field Umpires and/or Chief Timekeeper in consultation with the Records and Rankings Officer.

RECORDS (BOYS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE RECORD	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	VISITOR RECORD HOLDER	VISITOR RECORD	VISITOR RECORD YEAR
70M									
U06	T. HARRIS	12.74	2016	T. HARRIS	12.74	2016			
U07	M. VLAHOV	11.20	1988	M. VLAHOV	11.20	1988			
U08	C. O'HELLO	10.80	1979	D. DEVAURNO	10.90	1976	M. HOWAT (KSY)	10.40	1985
U09	J. CLAITÉ	10.10	1976	J. CLAITÉ	10.10	1976	P. HICKEY (BEL)	10.10	1985
U10	J. CLAITÉ P. HODGSON	10.00	1977 1980	J. CLAITÉ	10.00	1977			
100M									
U06	J. DEMANSER	18.29	2019	J. DEMANSER	18.29	2019	C. HODGKINSON (BEL)	19.31	2015
U07	M. VLAHOV	15.87	1988	M. VLAHOV	15.87	1988			
U08	J. CLAITÉ	14.80	1975	J. CLAITÉ	14.80	1975	J. CLAITÉ (BEL)	14.60	1975
U09	C. VLAHOV	14.28	1988	R. DOYLE	14.32	2005	D. DEWITT (HAM)	14.40	1978
U10	C. HAWKSWORTH	13.59	2001	M. ROWE	13.86	2005	J. CLAITÉ (BEL)	13.80	1977
U11	M. ROWE	13.47	2006	M. ROWE	13.47	2006	D. LINES (MEL)	13.70	1973
U12	A. VARGIOLU	12.81	2014	A. VARGIOLU	12.92	2014	A. WATSON (BEL)	12.80	1977
U13	M. WEBBER	11.84	1999	M. WEBBER	12.14	1999	A. WONG (MEL)	11.85	1988
U14	W. HILL	11.76	2021	W. HILL	11.76	2021	H. NGUYEN (KSY)	11.55	1988
U15	T. HUNTER	11.32	1996	S. TURCO	11.44	1993	S. MICHAEL (MEL)	11.50	1988
U16	T. BURGESS	11.22	2020	C. LUCKENS	11.43	2000			
U17	A. SAMPEY	10.91	2000	A. SAMPEY	10.91	2000			
200M									
U06	J. DEMANSER	39.11	2019	J. DEMANSER	39.11	2019	M. JANSUK (BEL)	43.12	2017
U07	M. VLAHOV	34.41	1988	T. MCGRATH	35.17	2015			
U08	J. CLAITÉ	31.00	1975	J. CLAITÉ	31.00	1975	J. CLAITÉ (BEL)	31.10	1975
U09	G. DOWDING J. CLAITÉ	30.30	1972 1976	J. CLAITÉ	30.30	1976	B. O'SULLIVAN (HAM)	31.94	2017
U10	J. CLAITÉ	29.10	1977	T. MCMILLAN	29.82	1985	S. LENNON (S.D)	27.90	1983
U11	E. SMITH	28.00	1976	E. SMITH	28.00	1976			
U12	T. MARTIN	26.20	1973	A. VARGIOLU	27.28	2014			
U13	A. VARGIOLU	25.07	2015	A. VARGIOLU	25.07	2015			
U14	A. SAMPEY	24.72	1997	A. SAMPEY	24.72	1997			
U15	T. HUNTER	22.79	1996	T. HUNTER	22.79	1996	J. TEAGUE (GOS)	23.74	2017
U16	S. NORMAN	23.45	2017	S. NORMAN	23.55	2017			
U17	S. NORMAN	22.61	2018	A. SAMPEY	22.70	2000			

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

300M

U06	M. THOMPSON-BOWNESS	1:04.56	2021	M. THOMPSON-BOWNESS	1:04.56	2021	C. HODGKINSON (BEL)	1:06.56	2015
U07	T. MCGRATH	57.99	2015	T. MCGRATH	57.99	2015	J. ARTEMIS (BAL)	59.13	2015

400M

U09	S. O'BRIEN	1:15.14	2021	S. O'BRIEN	1:15.14	2021	B. O'SULLIVAN (HAM)	1:14.40	2017
U10	J. CLAITÉ	1:06.20	1977	J. CLAITÉ	1:08.00	1977			
U11	N. HARMAN E. SMITH	1:04.40	1972 1976	E. SMITH	1:04.40	1976			
U12	T. MARTIN	1:00.70	1973	B. RENTON	1:01.10	1977			
U13	B. RENTON	57.30	1978	B. RENTON	57.30	1978	B. RENTON (BEL)	57.50	1978
U14	A. SAMPEY	55.39	1997	A. SAMPEY	55.39	1997	J. YORK (BEL)	57.44	1991
U15	S. BOYLE	53.93	2000	A. SAMPEY	54.39	1998	R. JOHNSON (S.D)	53.42	1988
U16	S. BOYLE	53.53	2001	A. SAMPEY	53.66	1999			
U17	A. SAMPEY	51.80	2000	A. SAMPEY	51.80	2000			

500M

U08	M. JANSUK	1:44.09	2019	M. JANSUK	1:44.09	2019			
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800M

U09	B. JARVIS	2:48.75	1996	B. JARVIS	2:48.75	1996			
U10	A. HALL	2:33.66	1991	A. HALL	2:33.66	1991			
U11	S. BUIST	2:30.60	1971	B. RENTON J. BRNICH	2:31.40	1976 1978			
U12	B. RENTON	2:19.20	1977	B. RENTON	2:19.20	1977	C. MASTEN (S.D)	2:12.29	2001
U13	B. RENTON	2:14.30	1978	B. RENTON	2:14.30	1978			
U14	P. STERVAGGI	2:10.00	2016	M. MCDOWALL	2:13.70	1995	B. SKINNER (BEL)	2:13.66	1991
U15	T. BLAKE	2:04.95	1985	T. BLAKE	2:04.95	1985			
U16	N. MORRIS	2:09.13	2017	N. MORRIS	2:09.74	2017	D. STEER (BEL)	2:17.80	2000
U17	C. DALE	2:03.94	2008	N. MORRIS	2:07.80	2018			

1500M

U11	J. BRNICH	5:05.20	1978	N. HARMAN J. BRNICH	5:10.10	1972 1978	N. HARMAN (BEL)	5:11.10	1972
U12	B. RENTON	4:49.00	1977	A. HOUSTON	4:58.11	1987			
U13	B. RENTON	4:40.70	1978	B. RENTON	4:44.90	1978	B. RENTON (BEL)	4:41.10	1978
U14	B. SKINNER	4:31.81	1991	A. HOUSTON	4:38.28	1989	D. SPIERS (HAM)	4:23.80	1984
U15	J. WIEBRECHT	4:24.20	1985	J. WIEBRECHT	4:24.20	1985			
U16	L. TYSON	4:40.75	2015	L. TYSON	4:40.75	2015	D. BAILEY (MEL)	4:24.09	2019
U17	C. DALE	4:17.61	2008	P. STERVAGGI	4:32.39	2019			

700M WALKS

U09	S. FRASER L. FERGUSON	4:02.00	1977 1983	L. FERGUSON	4:02.00	1983	S. BRENNAN (ING)	3:47.60	1980
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1100M WALKS

U10	G. VAN HEERWAARDEN	6:04.85	2021	J. WESTWOOD	6:21.39	1996	M. LEASK (BAY)	6:18.41	1999
U11	G. VAN HEERWAARDEN	5:52.73	2022	G. VAN HEERWAARDEN	5:52.73	2022	A. KOROL (BEL)	7:00.03	1998

1500M WALKS

U12	L. FERGUSON	7:26.93	1986	B. HORE	7:43.39	1987	J. LEEFLANG (HAM)	7:33.70	1979
U13	R. CROCKETT	7:20.00	1980	L. FERGUSON	7:20.89	1987	R. CROCKETT (BEL)	7:16.30	1980
U14	B. HORE	7:03.73	1989	B. HORE	7:03.73	1989	B. HORE (BEL)	7:13.57	1989
U15	B. HORE	6:24.65	1990	B. HORE	6:24.65	1990	B. HORE (BEL)	6:50.59	1990
U16	Z. PARTINGTON	6:33.44	2011	Z. PARTINGTON	7:31.13	2011			
U17	B. GRAY	6:54.87	2017	B. GRAY	6:54.87	2017			

60M HURDLES

U06 (MINI)	T. HARRIS	11.47	2016	T. HARRIS	11.47	2016			
U07 (MINI)	C. HODGKINSON T. HARRIS	11.09	2016 2017	C. HODGKINSON	11.09	2016			
U08	R. DOYLE	10.94	2004	R. DOYLE	10.94	2004			
U09	R. DOYLE	10.35	2005	L. MURTAGH	10.74	2007			
U10	T. HARRIS	10.29	2020	T. HARRIS	10.29	2020	M. LEASK (BAY)	10.62	1999

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

80M HURDLES									
U11	T. HARRIS	13.55	2021	T. HARRIS	13.75	2021			
U12	T. HARRIS	13.32	2022	T. DAVEY	13.89	2021			
U13	A. VARGIOLU	12.26	2015	A. VARGIOLU	12.26	2015			
90M HURDLES									
U14	C. LUCKENS	12.94	1998	C. LUCKENS	12.94	1998			
100M HURDLES									
U15	A. SAMPEY	13.46	1998	A. SAMPEY	13.46	1998	D. PARANAWITANE (BAY)	13.75	1992
U16*	S. FARE	13.26	2013	S. NORMAN	13.53	2017			
110M HURDLES									
U16	A. SCARI	15.50	2022	A. SCARI	15.50	2022			
U17	B. ALLEN	14.43	2019	K. ASCOLI	14.55	2022	D. O'BRIEN (GOS)	15.25	2013
200M HURDLES									
U13	A. VARGIOLU	26.38	2015	A. VARGIOLU	26.38	2015	M. WEBBER (BEL)	28.38	1999
U14	S. NORMAN	27.35	2015	S. NORMAN	27.35	2015			
300M HURDLES									
U15	K. ASCOLI	41.32	2020	K. ASCOLI	41.32	2020			
U16	S. NORMAN	40.86	2017	K. ASCOLI	41.20	2021	C. CULLEN (GOS)	41.60	2016
U17	S. NORMAN	39.25	2018	S. NORMAN	39.25	2018			
HIGH JUMP (SCISSOR)									
U09	R. HOLLAND ZUMEL	1.17	2021	T. HARRIS	1.13	2019			
U10	C. HALL O. MCMANUS	1.23	2003 2017	S. TSHIDIBU	1.22	2017			
HIGH JUMP (FOSBURY)									
U11	S. TSHIDIBU	1.48	2018	S. TSHIDIBU	1.45	2018			
U12	S. ANDERSON	1.58	1989	S. ANDERSON	1.56	1989			
U13	S. TSHIDIBU	1.68	2020	S. TSHIDIBU	1.68	2020			
U14	S. ANDERSON	1.77	1991	S. ANDERSON	1.77	1991	D. GABY (E.G)	1.70	1987
U15	B. ALLEN	1.82	2017	T. BURGESS	1.80	2019			
U16	B. ALLEN	1.92	2018	B. ALLEN	1.86	2018			
U17	B. ALLEN	1.95	2019	J. HEAL	1.81	2022	D. O'BRIEN (GOS)	1.90	2013
LONG JUMP (1m² MAT)									
U06	Y. KASSEM	2.91	2002	Y. KASSEM	2.91	2002	B. WEDGE (BEL)	2.15	2000
U07	E. GENTRY	3.29	2012	V. ELLIOTT	3.23	1986			
U08	A. HAROLD	3.73	1998	A. HAROLD	3.73	1998			
LONG JUMP (½ m MAT)									
U09	P. LEWKOWSKI	4.40	1985	H. EDWARDS	3.99	2009	G. HOOD (BEL)	4.08	1972
U10	M. MCDOWALL	4.47	1991	M. MCDOWALL	4.47	1991	I. ETIM (DL)	4.59	2019
LONG JUMP (BOARD)									
U11	N. MARTIN	4.52	2020	N. MARTIN	4.52	2020	J. EDDINGTON (GOS)	4.45	2017
U12	S. TSHIDIBU	4.66	2019	K. IRVINE	4.65	2017			
U13	A. VARGIOLU	5.69	2015	A. VARGIOLU	5.69	2015	A. WONG (MEL)	5.79	1978
U14	S. BOYLE	6.09	1999	S. BOYLE	6.09	1999	A. VARGIOLU (S.D)	5.87	2016
U15	A. SAMPEY	6.48	1998	A. SAMPEY	6.23	1998	J. TEAGUE (GOS)	6.24	2017
U16	S. NORMAN	6.34	2017	S. NORMAN	6.29	2017			
U17	J. HEAL	6.76	2022	J. HEAL	6.76	2022	S. NORMAN (BEL)	6.75	2018
TRIPLE JUMP (BOARD)									
U11	C. STEEN	9.05	2019	S. TSHIDIBU	8.98	2018			
U12	S. TSHIDIBU	9.89	2019	S. TSHIDIBU	9.60	2019	J. HALE (GOS)	9.41	2016
U13	S. DENNON	11.17	1972	B. MCINERNEY	11.14	2008			
U14	P. BEATTIE	11.93	1997	P. BEATTIE	11.93	1997	J. TEAGUE (GOS)	11.87	2016
U15	A. SAMPEY	12.65	1998	A. SAMPEY	12.57	1998			
U16	B. CASTLE	13.18	1997	B. CASTLE	12.64	1997			
U17	J. HEAL	13.53	2022	J. HEAL	13.53	2022	D. O'BRIEN (GOS)	12.83	2013

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

DISCUS

U06 (350g)	C. HODGKINSON	12.42	2015	C. HODGKINSON	12.42	2015			
U07 (350g)	A. ARCHER	19.08	2013	M. BOYLE	17.73	1999			
U08 (500g)	M. O'HELLO	23.14	1977	M. O'HELLO	23.14	1977	S. CANNON (BEL)	22.42	1973
U09 (500g)	E. CARROLL	28.30	1973	D. TAYLOR	27.92	1983	B. FRANCIS (BEL)	26.18	1979
U10 (500g)	D. OGG	33.67	1977	D. OGG	33.67	1977			
U11 (500g)	T. WILSON	33.54	2019	T. WILSON	33.54	2019			
U12 (750g)	D. OGG	36.92	1979	D. OGG	36.92	1979	D. OAKES (MID)	36.22	1989
U13 (750g)	D. OGG	46.36	1980	D. OGG	46.36	1980	D. OGG (BEL)	43.64	1980
U14 (1kg)	T. ABREU	49.69	1999	A. FREW	45.00	1986	G. BIRD (BEL)	44.96	1985
U15 (1kg)	P. SARICH	51.90	1993	A. FREW	49.74	1987			
U16 (1kg)*	T. BURGESS	45.96	2020	A. HILDITCH	43.61	2016			
U16 (1.5kg)	C. LUCKENS	44.51	2000	A. ROBERTS	39.36	1998			
U17 (1.5kg)	T. BURGESS	40.58	2021	C. LUCKENS	38.34	2001	E. BORSIC (GOS)	44.23	2022

JAVELIN (VORTEX)

U06	C. INGLETON	21.90	2015	C. INGLETON	21.90	2015			
U07	T. MCGRATH	26.33	2015	T. MCGRATH	26.33	2015			

JAVELIN (TURBO)

U08 (300g)	J. ROADS	23.95	2012	J. ROADS	23.95	2012			
U09 (300g)	C. VINCI	28.05	2008	C. VINCI	22.68	2008	D. WILLIAMSON (E.H)	26.29	2000
U10 (300g)	N. SHIBU	28.65	2022	A. CLAYTON	28.30	2019	S. OKOLIE (ROC)	27.21	2017

JAVELIN

U11 (400g)	J. MAGDIC	37.32	1996	N. ROACH	37.10	1988			
U12 (400g)	T. ABREU	42.94	1997	S. LUCKENS	40.17	1995	S. CUMMINGS (BEL)	38.41	1985
U13 (600g)	D. OGG	44.86	1980	D. OGG	44.86	1980	A. FREW (BEL)	42.60	1985
U14 (600g)*	S. LUCKENS	52.20	1997	A. FREW	51.56	1986	D. MILBURN (BEL)	44.62	1989
U14 (700g)	T. WILSON	45.10	2022	T. WILSON	45.10	2022			
U15 (700g)	T. HILDITCH	46.02	2016	D. COWIN	44.51	2019	S. AMATO (GOS)	37.41	2016
U16 (700g)	T. HILDITCH	49.70	2017	T. HILDITCH	49.70	2017	J. STEWART (KSY)	54.85	2022
U17 (700g)	T. HILDITCH	60.54	2018	T. HILDITCH	60.54	2018	E. BORSIC (GOS)	43.90	2022

SHOT PUT

U06 (1kg)	K. RAFFERTY	5.30	2012	K. RAFFERTY	5.30	2012	J. SANJURJO (GOS)	5.46	2015
U07 (1kg)	A. PICKERING	6.69	2020	A. PICKERING	6.69	2020			
U08 (1.5kg)	M. VLAHOV	7.55	1989	J. ROADS	7.47	2012			
U09 (2kg)	D. TAYLOR J. MAGDIC	9.14	1983 1994	D. TAYLOR J. MAGDIC	9.14	1983 1994	O. SIO (DALE)	8.52	2018
U10 (2kg)	J. MAGDIC	10.50	1995	J. MAGDIC	10.50	1995			
U11 (2kg)	J. MAGDIC	10.98	1996	J. MAGDIC	10.74	1996			
U12 (2kg)	O. SIO	13.18	2021	O. SIO	13.18	2021	S. TSHIDIBU (BEL)	10.86	2019
U13 (3kg)	S. LUCKENS	13.96	1996	S. LUCKENS	13.96	1996	T. KEELEY (KSY)	12.39	1989
U14 (3kg)*	T. BURGESS	14.55	2018	T. BURGESS	14.48	2018	T. BURGESS (BEL)	14.22	2018
U14 (4kg)	S. LUCKENS	14.74	1998	S. LUCKENS	13.90	1998	D. OAKES (BEL)	12.64	1991
U15 (4kg)	S. LUCKENS	15.33	1998	S. LUCKENS	14.89	1998	C. MARSHALL (S.D)	15.26	1988
U16 (4kg)*	T. BURGESS	14.60	2020	K. WHITEHALL	13.98	2005			
U16 (5kg)	C. LUCKENS	14.45	2000	B. ORR	11.32	2022			
U17 (5kg)	S. LUCKENS	13.67	2000	S. LUCKENS	13.30	2000			

60M

U16	J. HEAL	7.35	2021	A. SCARI	7.68	2022			
U17	T. BURGESS	7.25	2021	J. HEAL	7.43	2022			

BELMONT ATHLETICS CENTRE (INC) 2023-2024 SEASON

RECORDS (GIRLS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE RECORD	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	VISITOR RECORD HOLDER	VISITOR RECORD	VISITOR RECORD YEAR
70M									
U06	J. RUBEN	13.52	2021	T. UNGER	13.67	2010	B. HODGE (BEL)	13.64	2000
U07	A. O'FLANAGAN	11.63	1987	A. O'FLANAGAN	11.63	1987			
U08	A. FULTON	10.90	1977	A. FULTON	10.90	1977			
U09	A. O'FLANAGAN	10.62	1989	A. O'FLANAGAN	10.62	1989			
U10	A. O'FLANAGAN	10.18	1990	T. HEYS T. SCAMUFFO J. THOMPSON N. ELLISON	10.30	1977 1978 1980 1994			
100M									
U06	O. WESTON	19.07	2017	O. WESTON	19.07	2017			
U07	A. O'FLANAGAN	17.15	1987	A. O'FLANAGAN	17.21	1987			
U08	T. HEYS	15.40	1975	T. HEYS	15.40	1975	R. STARCEVICH (HAM)	15.50	1978
U09	K. BRYAN	14.70	1973	T. HEYS	15.10	1976			
U10	S. WIJESUNDERA	14.30	1974	S. WIJESUNDERA	14.40	1974	K. WHEELER (KSY)	14.20	1989
U11	D. COPLIN	13.60	1991	M. HOOGENKAMP	13.70	2004			
U12	S. WIJESUNDERA	13.30	1976	O. DODDS	13.46	2017			
U13	N. WINNING	12.40	1980	N. WINNING	12.40	1980			
U14	O. DODDS	11.94	2019	B. BELL	12.93	2022	Y. ZAW (S.D)	12.52	2001
U15	L. THORNTON	12.66	1987	M. TOMLIN	12.92	2022	M. TOBIN (KSY)	12.36	1990
U16	E. DODDS	12.67	2018	K. PILMER	12.81	2022	S. MILFORD (S.D)	12.66	2001
U17	S. COOTE	12.71	2016	A. STATHAM	13.17	2018	T. MCKEOWN (BEL)	13.79	2015
200M									
U06	J. RUBEN	42.00	2021	A. PILLERA	42.17	2017	F. JOSE (BEL)	45.30	1999
U07	A. O'FLANAGAN	35.81	1987	A. O'FLANAGAN	35.81	1987			
U08	M. BRIGNOLI	33.00	1970	A. FULTON	33.40	1977	R. STARCEVICH (HAM)	32.10	1978
U09	K. BRYAN	31.10	1973	T. WALSH	32.50	1982			
U10	S. WIJESUNDERA	29.50	1974	S. WIJESUNDERA	30.20	1974	S. WIJESUNDERA (BEL)	30.00	1974
U11	S. WIJESUNDERA	29.00	1975	S. WIJESUNDERA	29.00	1975			
U12	T. WALSH	27.60	1985	T. HEYS	28.10	1979			
U13	N. WINNING T. HEYS	26.90	1980	N. WINNING T. HEYS	26.90	1980			
U14	O. DODDS	25.89	2019	E. BECKFORD	27.41	1996	O. DODDS (BEL)	25.89	2019
U15	L. THORNTON	26.85	1987	K. SMETHERHAM	27.10	1986			
U16	A. STATHAM	26.61	2017	A. STATHAM	26.61	2017			
U17	A. STATHAM	26.53	2018	A. STATHAM	27.22	2018			
300M									
U06	T. D'ALESSIO	1:09.26	2017	T. D'ALESSIO	1:09.26	2017	C. CLARKE (BEL)	1:13.75	2015
U07	J. RUBEN	1:01.37	2022	S. AJDUK	1:02.32	2015	S. AJDUK (BEL)	1:04.31	2015
400M									
U09	O. TRUEMAN C. HAYWARD	1:17.92	2019	C. HAYWARD	1:17.92	2019			
U10	M. BRIGNOLI	1:08.70	1972	M. BRIGNOLI	1:09.70	1972			
U11	S. WIJESUNDERA	1:06.50	1975	J. GAGLIA	1:07.20	1978	M. FOWLER (MEL)	1:07.20	1973
U12	O. ALLEN	1:04.10	1973	M. BRIGNOLI	1:04.60	1974			
U13	M. BRIGNOLI	1:02.40	1975	N. WINNING	1:02.60	1980	M. BRIGNOLI (BEL)	1:02.00	1975
U14	R. QUARESIMIN	58.86	2014	R. QUARESIMIN	58.86	2014	R. BECKHAM (KSY)	1:01.80	1993
U15	T. WALSH	1:00.95	1988	T. WALSH	1:01.17	1988	T. WALSH (BEL)	59.95	1988
U16	K. PILMER	1:00.15	2022	K. PILMER	1:00.15	2022			
U17	A. STATHAM	1:00.80	2018	A. STATHAM	1:01.02	2018	S. TIPU (GOS)	1:05.26	2014
500M									
U08	R. DEERING	1:44.53	2020	R. DEERING	1:44.53	2020			

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800M

U09	C. HAYWARD	2:54.41	2019	C. HAYWARD	2:54.41	2019			
U10	J. SINCLAIR	2:38.71	1989	J. SINCLAIR	2:38.71	1989			
U11	M. BRIGNOLI	2:36.20	1973	M. BRIGNOLI	2:37.70	1973			
U12	M. BRIGNOLI	2:28.00	1974	M. BRIGNOLI	2:32.00	1974			
U13	O. ALLEN	2:25.90	1973	L. STUMP	2:26.55	2017			
U14	E. FERGUSON	2:25.53	2017	E. FERGUSON	2:25.53	2017	A. MILNE (S.D)	2:25.50	1983
U15	L. STUMP	2:23.08	2019	J. MCSHERRY	2:25.88	1991			
U16	E. HANSEN	2:25.06	2017	E. HANSEN	2:25.06	2017			
U17	L. STUMP	2:32.10	2021	L. STUMP	2:32.10	2021			

1500M

U11	C.TUNSTALL	5:16.20	1973	M. BRIGNOLI	5:25.90	1973			
U12	C.TUNSTALL	5:15.20	1974	M. BRIGNOLI	5:16.50	1974	M. PRESTIDGE (BEL)	5:31.40	1972
U13	O. ALLEN	5:05.80	1973	M. REDDISH	5:07.40	1975			
U14	L. STUMP	5:03.66	2018	L. STUMP	5:03.66	2018			
U15	L. STUMP	5:10.46	2019	L. STUMP	5:14.92	2019	L. STUMP (BEL)	5:10.46	2019
U16	K. PILMER	5:07.41	2022	K. PILMER	5:07.41	2022			
U17	E. LEWIS	5:23.54	2022	E. LEWIS	5:23.54	2022	N. YEATS (GOS)	4:55.64	2019

700M WALKS

U09	R. HENSHALL	3:56.10	2016	R. HENSHALL	3:56.10	2016	N. EDWARDS (HAM)	3:55.90	1980
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1100M WALKS

U10	I. RICCI	6:05.14	2021	C. REEVES	6:15.97	2020	C. MORTIMORE (GOS)	6:42.39	2016
U11	T. D'ALESSIO	5:41.66	2021	T. D'ALESSIO	5:41.66	2021	A. RODDY (KSY)	6:07.49	2001

1500M WALKS

U12	M. MAHER	7:52.60	1975	M. MAHER	8:12.10	1975	P. KENNEDY (KSY)	7:22.20	1980
U13	C. TUNSTALL	7:14.00	1975	L. ROMEO	8:03.57	1986			
U14	S. ROMEO	7:15.00	1983	L. ROMEO	7:20.23	1987			
U15	L. ROMEO	7:16.88	1988	L. ROMEO	7:17.25	1988			
U16	J. LEWANDOWSKI	7:55.77	2020	J. LEWANDOWSKI	7:55.77	2020	B. MORTIMORE (GOS)	8:01.52	2020
U17	J. LEWANDOWSKI	8:10.01	2021	T. MCAULIFFE	9:29.76	2015			

60M HURDLES

U06 (Mini)	I. NITSCHKE	11.75	2022	I. NITSCHKE	11.75	2022			
U07 (Mini)	S. JENZARLI	11.95	2021	S. JENZARLI	11.95	2021			
U08	I. ROSALIA	11.67	2013	I. ROSALIA	11.67	2013			
U09	V. GREGORY	11.18	1997	O. TRUEMAN	11.34	2014			
U10	I. RICCI	10.94	2021	I. RICCI	10.94	2021	P. KEELEY (GOS)	11.54	1999

80M HURDLES

U11	M. GOODALL	14.09	2020	M. GOODALL	14.25	2020			
U12	A. RICCI	13.64	2021	S. VAN BEEK	14.27	2020			
U13	J. WARD	13.24	2004	J. WARD	13.24	2004			
U14	O. DODDS	12.73	2019	A. GRAYSON	13.39	2007	C. MYBURGH (GOS)	13.32	2016

90M HURDLES

U15	E. DODDS	14.19	2017	K. SMETHERHAM	14.45	1986			
U16*	S. STATHAM	13.94	2017	S. STATHAM	13.94	2017			

100M HURDLES

U16	A. ASCOLI	17.20	2022	A. ASCOLI	17.20	2022			
U17	S. STATHAM	15.92	2018	S. STATHAM	16.61	2018	S. TIPU (GOS)	17.56	2014

200M HURDLES

U13	O. DODDS	29.96	2018	M. MILLS	30.78	2022	S. MIGRO (BAY)	32.57	2000
U14	O. TRUEMAN	30.24	2018	E. DODDS	31.05	2016	R. MORALES (GOS)	33.71	2016

300M HURDLES

U15	O. TRUEMAN	47.68	2019	O. TRUEMAN	47.68	2019			
U16	A. STATHAM	47.05	2017	A. STATHAM	47.05	2017			
U17	S. STATHAM	45.66	2018	S. STATHAM	45.66	2018			

HIGH JUMP (SCISSOR)

U09	R. HENSHALL	1.19	2016	R. HENSHALL	1.16	2016			
U10	R. HENSHALL	1.24	2017	R. HENSHALL	1.24	2017			

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HIGH JUMP (FOSBURY)

U11	R. HENSHALL	1.50	2018	C. BOYANICH	1.49	1994			
U12	R. HENSHALL	1.56	2019	R. HENSHALL	1.56	2019			
U13	C. BOYANICH	1.65	1996	C. BOYANICH	1.65	1996	K. BILLING (PEEL)	1.50	2016
U14	C. BOYANICH	1.72	1997	C. BOYANICH	1.72	1997			
U15	C. BOYANICH	1.70	1998	C. BOYANICH	1.60	1998			
U16	A. LEWIS	1.59	2019	A. LEWIS	1.59	2019	J. HOGEN-ESCH (BEL) R. COLLYER (BEL)	1.40	1998 2010
U17	R. QUARESIMIN	1.54	2017	R. QUARESIMIN	1.54	2017	A. SHARP (BAY)	1.40	2013

LONG JUMP 1m² MAT

U06	I. NITSCHKE	2.81	2022	I. NITSCHKE	2.49	2022			
U07	A. O'FLANAGAN	2.99	1987	C. SIMPKINS	2.92	1994	K. BHANGU (KSY)	3.31	2019
U08	A. MARKOVIC	3.60	2017	S. WIJESUNDERA	3.42	1972			

LONG JUMP ½ m MAT

U09	A. FULTON	3.85	1978	A. APENIS	3.84	1973	P. ROPER (E.H)	4.02	1972
U10	S. WIJESUNDERA	4.21	1974	M. BRIGNOLI	4.17	1972			

LONG JUMP BOARD

U11	O. TRUEMAN	4.27	2016	O. DODDS O. TRUEMAN B. BELL	4.10 4.10	2016 2019	O. TRUEMAN (BEL)	4.27	2016
U12	O. TRUEMAN	4.60	2017	B. BELL	4.55	2020			
U13	J. TAPUTORO	4.94	1991	T. HEYS	4.89	1980	M. PEDROTTI (BAY)	4.97	1991
U14	J. CASEY	5.18	1992	J. CASEY	5.18	1992	J. RICHARDSON (BAY)	4.79	1993
U15	C. PALMER	5.04	1985	C. PALMER	5.04	1985	L. POOTER (KSY)	5.06	1990
U16	K. PILMER	5.31	2022	E. DODDS	5.01	2018	J. HOGEN-ESCH (BEL)	4.79	1998
U17	S. COOTE	5.28	2016	A. STATHAM	5.03	2018	F. DUNCAN (BEL)	4.40	1998

TRIPLE JUMP (BOARD)

U11	R. HENSHALL	8.79	2018	O. TRUEMAN	8.52	2016			
U12	O. TRUEMAN	9.76	2017	A. HENSHALL	9.26	2017	O. TRUEMAN (BEL)	9.76	2017
U13	J. TAPUTORO	10.49	1991	S. GILFILLAN	10.20	1973			
U14	S. COOTE	10.90	2013	N. PARKER	10.78	2014	J. CASEY (BEL)	10.53	1992
U15	S. COOTE	10.84	2014	C. PALMER	10.57	1985	C. PALMER (BEL)	10.31	1985
U16	S. COOTE	10.80	2015	S. COOTE	10.64	2015	A. SHARP (BAY)	10.51	2012
U17	S. COOTE	11.56	2016	S. STATHAM	10.57	2018	S. COOTE (BEL)	11.56	2016

DISCUS

U06 (350g)	R. BOYANICH	10.90	1999	S. MAHER	9.54	2001			
U07 (350g)	A. BELL	13.77	2018	L. CASTLE	13.74	1992	K. BHANGU (KSY)	15.76	2019
U08 (500g)	V. FRENCH	21.95	1977	A. ROBINSON	20.86	1977	V. FRENCH (BEL)	18.70	1977
U09 (500g)	V. FRENCH	28.91	1978	V. FRENCH	25.77	1978			
U10 (500g)	V. FRENCH	30.12	1979	V. FRENCH	30.12	1979			
U11 (500g)	S. VAN BEEK	33.06	2019	S. VAN BEEK	33.06	2019	S. VAN BEEK (BEL)	27.30	2019
U12 (750g)	V. FRENCH	38.78	1981	V. FRENCH	37.96	1981	V. FRENCH (BEL)	36.72	1981
U13 (750g)	V. FRENCH	41.30	1982	V. FRENCH	41.30	1982	R. HUME (S.D)	40.21	1988
U14 (1kg)	I. GRAY	30.09	2022	I. GRAY	30.09	2022	J. SIVIOUR (S.D)	30.25	2012
U15 (1kg)	F. VAN BEEK	30.37	2021	P. BOWER	28.48	2019			
U16 (1kg)	T. MCAULIFFE	32.66	2014	T. MCAULIFFE	32.66	2014			
U17 (1kg)	T. MCAULIFFE	33.23	2015	T. MCAULIFFE	30.81	2015	J. NASH (GOS)	29.35	2013

JAVELIN (VORTEX)

U06	M.VAN DER TOGT	10.61	2017	M. VAN DER TOGT	10.61	2017			
U07	A. BELL	21.16	2018	A. BELL	21.16	2018	K. BHANGU (KSY)	24.67	2019

JAVELIN (TURBO)

U08 (300g)	A. BELL	17.38	2019	A. BELL	17.38	2019	R. WIHONE-MACKEY (GOS)	16.04	2014
U09 (300g)	A. BELL	21.75	2020	A. BELL	21.49	2020	M. SANJURJO (GOS)	17.75	2014
U10 (300g)	A. BELL	25.37	2021	A. BELL	24.35	2021			

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JAVELIN

U11 (400g)	V. FRENCH	31.50	1980	V. FRENCH	31.50	1980	V. FRENCH (BEL)	30.72	1980
U12 (400g)	V. FRENCH	39.52	1981	V. FRENCH	39.52	1981	V. FRENCH (BEL)	36.70	1981
U13 (400g)	I. GRAY	34.90	2021	I. GRAY	34.90	2021			
U14 (400g)*	T. STRIBLEY	33.80	2017	T. STRIBLEY	32.30	2017	T. STRIBLEY (BEL)	33.80	2017
U14 (500g)	I. GRAY	34.70	2022	I. GRAY	34.70	2022			
U15 (500g)	P. BOWER	34.34	2019	P. BOWER	33.61	2019			
U16 (500g)	T. MCAULIFFE	40.25	2014	T. MCAULIFFE	40.25	2014			
U17 (500g)	T. MCAULIFFE	40.47	2015	T. MCAULIFFE	39.12	2015	T. ORRELL (GOS)	27.95	2014

SHOT PUT

U06 (1kg)	M. DANGERFIELD	4.04	2020	M. DANGERFIELD	4.04	2020			
U07 (1kg)	A. BELL	5.42	2018	A. BELL	4.94	2018			
U08 (1.5kg)	R. BOYANICH	6.83	2001	I. SIO	6.77	2021	D. WORRAD (HAM)	6.92	2017
U09 (2kg)	V. FRENCH	8.76	1978	V. FRENCH	8.76	1978	V. FRENCH (BEL)	8.07	1978
U10 (2kg)	V. FRENCH	9.36	1979	V. FRENCH	9.04	1979	M. WARD (CBN)	9.54	2007
U11 (2kg)	V. FRENCH	11.46	1980	V. FRENCH	11.14	1980			
U12 (2kg)	V. FRENCH	13.57	1981	V. FRENCH	13.27	1981	N. KEELEY (KSY)	10.19	1985
U13 (3kg)	V. FRENCH	12.41	1982	V. FRENCH	12.41	1982	R. HUME (S.D)	11.33	1988
U14 (3kg)	V. FRENCH	13.71	1983	V. FRENCH	13.71	1983	A. SUTTON (KSY)	10.31	1988
U15 (3kg)	C. PALMER	13.92	1985	C. PALMER	13.56	1985			
U16 (3kg)	F. VAN BEEK	12.04	2022	F. VAN BEEK	11.73	2022			
U17 (3kg)	T. MCAULIFFE	12.50	2015	T. MCAULIFFE	12.50	2015	A. LAWLESS (GOS)	13.66	2020

60M

U16	K. PILMER	8.10	2022	I. ODY	8.34	2021			
U17	O. TRUEMAN	7.83	2021	R. FERNANDO	8.63	2022			



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