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OPENING MESSAGE FROM THE EXECUTIVE COMMITTEE

The Executive Committee would like to welcome all the athletes and parents taking part in what is Belmont Little Athletics Centre's 53rd season.

If you are new to athletics, this book contains plenty of useful information about our sport and centre. If you can't find the information you are looking for then please ask your Club Manager.

Little Athletics is about family, fun, fitness, and doing your best. We have boys and girls of all ages and sporting abilities at our Centre, and by accepting these values we can all support the young athletes as they celebrate their success and encourage them to achieve their personal goals. One of the most rewarding sights is the way athletes respond as they are cheered and encouraged down the finishing straight. It is a great reminder of why we are all here and creates a great sense of community and belonging within our centre. At Belmont we encourage our athletes to always strive to improve their personal performance week in and week out during our Saturday competition.

At the same time we have a duty to coach and develop the athletes so that when they go to State events they understand the rules of the sport. These rules are backed up with the codes of conduct for athletes and parents published in this book. Please take the time to read and understand them.

As everyone involved with the centre, from the executive committee, to site officials and coaches are all volunteers, we ask that everyone remembers and respects that they are parents doing their best. Running the sites each week is not an easy role, however we are all here to support each other in providing the athletes with a safe, encouraging and fun environment. The officials deserve our respect, understanding and support. We encourage everyone to consider becoming an official, it is a great way to be close to the action, and without officials there is no Centre.

We would like to encourage everybody at Belmont to be their best, respect the people and property of the Centre and be conscious of promoting the enjoyment of Little Athletics for everyone.

There are many ways to help:

- Arriving early to sign on, if on roster and or help with setup, even if you aren't rostered on, you can always help with setting up or packing away, no volunteers are ever turned away.
- Cleaning up your Club area or anywhere in fact at the end of the day, we don't have cleaners coming by to tidy up after you and your children.
- Learning the rules of the events and becoming an official yourself.

All the little things add up to make Belmont Little Athletics Centre a pleasant place to be over summer.

Welcome back to Belmont Little Athletics, or welcome for the first time. We wish everyone a successful and enjoyable season.

BLAC Executive Committee



LITTLE ATHLETICS IN AUSTRALIA

Nationally the Little Athletics governing body is Australian Little Athletics (ALA). ALA comprises of a Board of Management elected from nominations submitted by the State Associations. ALA is responsible for establishing national policies and sponsorship of the sport.

Athletics West (AW) is the State Association and is managed by a Board of Management elected by the affiliated Little Athletics Centres. AW's responsibilities include organising State events and Championships, obtaining sponsorship and government support, providing administrative support for affiliated Centres as well as education and assistance for coaches and officials.

The Centres, such as Belmont Little Athletics Centre (BLAC), organise weekly competitions for athletes in their geographical area. Volunteer Executive Committee members are elected at an AGM by members of the affiliated Clubs to manage the Centre. Centres are grouped into regional Zones and compete annually at an Inter-Centre qualifier, known as Zones Championships.

Clubs affiliate with their local Centre and organise training sessions for the athletes registered with them, as well as keep the athletes informed of upcoming events. The Clubs meet weekly to compete at the Centre in programmed track and field competition. The Club Committees are volunteer parents who are elected by the members from within their Club.

More information can be obtained by visiting the Belmont Little Athletics Centre website at **www.blac.asn.au** or the Athletics West website at www.athleticswest.com.au

BELMONT LITTLE ATHLETICS CENTRE AFFILIATED CLUBS

CLUB	CLUB COLOURS	CLUB CONTACT	
Carlisle/ Rivervale	Red/Green/Black	Andrea Thompson	crlac.secretary@outlook.com
Forrestfield	White/Red/Black	Tanya Ody/Rebecca Bell	forrestfieldlittleathletics@gmail.com
High Wycombe	Blue/White/Black	Katie Brady	katie@dazkat.com
Kalamunda/ Lesmurdie	Lime Green/Black	Kylie Scott	klac@hotmail.com
Kewdale	Gold/White/Black	Neil Crabbe	president.kewdalelac@gmail.com
Kelmscott	Navy/Teal/White/ Black	Jo Richardson	kelmscottathleticsclub@outlook.com.au

BELMONT LITTLE ATHLETICS CENTRE IS PROUDLY AFFILIATED WITH ATHLETICS WEST



Address: Aisle 8, Level 1, Shirley Strickland
Grandstand Herb Elliot Drive via,
Stephenson Ave,
Mount Claremont WA 6010
Postal: PO BOX 157 Floreat Wa 6014

Telephone: (08) 6272 0480
Email: admin@athleticswest.com.au

ATHLETICS WEST

BLAC EXECUTIVE COMMITTEE

Centre President	Nathan Cunningham	nathanblacpres@gmail.com
Executive Officer	vacant	blac.exec.officer@gmail.com
Treasurer	Jo Richardson	blactreasurer@hotmail.com
Registrar	Natalie Nanut	blacregistrar1@gmail.com
Arena Manager	John Ferguson	kjferguson@optusnet.com.au
Championship and Special Events Coordinator	Jacinta Thompson	jacintathompson77@gmail.com
Officials Coordinator	Liz Hilditch	ehilditch@precisionenterprises.com.au
Coaching Coordinator	Jacki Walters	jacki.walters@hotmail.com
Records and Ranking Officer	Kira Armstrong	kira.armstrong.85@gmail.com
Chief Field Umpire	Leo Quaresimin	leoq@consolidatedenergy.com.au
Chief Track Umpire	Colin Muijs	lathletics70@gmail.com

BLAC NON-EXECUTIVE OFFICE BEARERS

Equipment Officer	Shared	Nathan, John & Leo
Canteen Manager	Shenae Head	
Winter Officer (2023)	vacant	
Announcer	Neasa Jordan	
Website Administrator	Jo Richardson	
Publicity Officer	Jo Richardson	
Centre Delegates to Athletics West	Nathan Cunningham Jacki Walters	Proxy: Kira Armstrong

A NOTE OF THANKS:

We would like to thank the **City of Belmont** for their continuing support of Belmont Little Athletics Centre and would ask that all BLAC Members please respect the grounds and facilities at Gerry Archer Athletic Track so that athletes and supporters can enjoy the best environment possible.

PLEASE NOTE:

In the interests of pedestrian safety, cars are not permitted inside the entrance gates. Only vehicles displaying a valid ACROD permit may use the designated disabled parking zone. Please be aware of athletes while entering and leaving the car-park.

We would also like to remind all members that skateboards, scooters, roller-blades and roller-skates are prohibited from use anywhere within the arena or car park for the safety of all members.

**GERRY ARCHER ATHLETICS TRACK**
IS A SMOKE-FREE VENUE

Smoking & Vaping is not permitted anywhere within the arena or within **40m** of any entry/exit gates during competition days, Centre training or any other BLAC function or activity. Smoking and Vaping can take place in the designated area marked for that purpose.

All venues and events are also alcohol-free.

BELMONT LITTLE ATHLETICS CENTRE LIFE MEMBERS

1977 Joy Hardman	1985 Frances French	1997 Rob Bowen	2014 Cheryl Short (dec.)
1980 Roy Cannon	1987 Lesley Romeo	1997 Jill McIntosh	2014 Glenn Bartlett
1980 Margaret Harman	1992 John Milburn (dec)	1998 John Fouweather	2016 Michael Munro
1980 Noelene MacKenzie	1993 Bev Frost	2001 Trish Gunn	2018 Janet Milne
1980 Verna Mason	1993 John Marsh	2004 Craig Middleton-White	2018 Jim Farr
1980 Wendy Murray	1994 Ron Hardman (dec)	2007 Georgie Boyle	2022 Nathan Cunningham
1983 Merle Carter (dec.)	1996 Anne Redmond	2007 David Jarvis	2022 Natalie Nanut
1983 Mavis Lee	1996 Peter Redmond (dec)	2009 Toni Clarke	2022 Leo Quaresimin
1984 Tony Salmon (dec.)	1996 Krys Roberts	2010 Kevin Kentish	2022 Samantha Craven
1985 Jean Crockett	1996 Neil Roberts	2013 Catherine Geneste	

BELMONT LITTLE ATHLETICS CENTRE PATRONS

2009 Mr. Fred Rae (dec.)	2010 Mr. Eric Ripper	2011 Mr. Eric Ripper	2012 Mr. Eric Ripper
2014 Mrs Glenys Godfrey	2015 Mrs Glenys Godfrey	2016 Mrs Glenys Godfrey	2017 Ms Cassie Rowe
2018 Ms Cassie Rowe	2019 Ms Cassie Rowe	2020 Ms Cassie Rowe	2021 Ms Cassie Rowe
2022 Ms Cassie Rowe			



BILL OF RIGHTS FOR YOUNG ATHLETES

Young athletes have the right to:

- Participate in sport regardless of ability level.
- Proper preparation for participation in the sport.
- Have qualified leadership.
- An equal opportunity to strive for success.
- Participate in a safe and healthy environment.
- Be treated with dignity by all involved.
- Participate as a child and not as an adult.
- Have fun through sport.

PARENTS CODE OF CONDUCT

Parents should:

- Not force an unwilling child to participate in sport.
- Remember that children participate for their own enjoyment, not yours.
- Encourage your child to abide by the rules.
- Teach your child that honest effort is as important as victory, so that the result of each event is accepted without undue disappointment.
- Turn defeat into victory by helping your child towards skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing in an event.
- Remember that children learn best by example. Applaud good performances by your own child and by other athletes.
- Not publicly question the official's judgement, and never their honesty.
- Support all efforts to remove verbal and physical abuse from children's sporting activities.
- Recognise the value and importance of volunteer coaches. They give their time and resources to provide recreation activities for your child.

GENERAL RULES OF THE BELMONT LITTLE ATHLETICS CENTRE

- 1 BEHAVIOUR OF CHILDREN:
 - (a) Disciplinary action will be taken against any children who:
 - i. Maliciously damage property or equipment.
 - ii. Give verbal or otherwise abuse to Officials.
- 2 Clubs and parents are to ensure that children do not:
 - (a) Swing on the Double Gates or Turnstiles.
 - (b) Climb any fences.
 - (c) Go behind the Equipment Shed.
 - (d) Wander by themselves in the Car Park.
- 3 NO ONE is allowed behind any roped off areas without permission.
- 4 Complaints will not be considered unless the complaint is channelled through a Club Manager to the Arena Manager.
- 5 Spectators and Athletes must **NOT** tamper with the Public Address (PA) System.
- 6 Spectators and Athletes must respect each other's Club Area.
- 7 Adults are to encourage children to look after the toilet facilities, and not to play around with the water fountains.
- 8 Smoking & Vaping is prohibited anywhere within the arena or within 40m of any entry/exit gates during competition days, Centre training or any other BLAC function or activity. Smoking and Vaping can take place in the designated area marked for that purpose. All venues and events are also alcohol-free.
- 9 No skate boards, scooters, roller blades, roller skates, etc. are permitted to be used in and around the Centre on competition days. This includes the driveway and car-park areas.
- 10 Ball games or other activities which may interfere with the running of events or pose a hazard to others are not permitted. Failure to abide by a directive of an Executive Committee Member to cease such activities will result in the equipment being confiscated for the duration of competition.

RULES FOR COMPETITION

1. All athletes must be registered with a Club affiliated with Belmont Little Athletics Centre.
2. All competitors must wear correct Club uniform with their Registration Number securely fastened to the front of their shirt and their Age Tag secured to the front left shoulder. No logos or insignias bigger than 7cm x 5cm are allowed on uniform bottoms. As per Athletics West rules, compression pants may be worn under shorts **only** if they are plain black and finish above the knee.
3. Fully enclosed footwear is compulsory for all athletes whilst they are competing on any surface at the Belmont Centre.
4. A competitor may leave a Field event once given permission by the Field Key Official to compete in a track event. On returning to the Field event he or she must resume at the stage the event has reached in their absence.
5. On completion of a Track event athletes must report firstly to the Track Marshalls and then to the Track Recorders to record their results. Once the athlete's result has been recorded they are to return to their Club area.
6. On completion of Field events athletes are to return immediately to their Club area.
7. Protests are to be presented by Club Managers in writing on an official protest form to the Arena Manager and must be accompanied by the appropriate fee (\$50). The money will be forfeited should the complaint prove frivolous. A Protest Committee will deal with the complaint on the day.
8. Any misbehaviour by a competitor may result in a suspension for a period to be decided by the Executive Committee on the day.
9. (a) Unless competing in an event or acting as an official, no one except for BLAC executive, BLAC committee members and the rostered first aider shall be allowed onto the arena or sites whilst events are being conducted. Failure to observe this rule may result in penalties to the Club or the offender. Any penalty is to be decided by the Executive Committee on the day, after completion of the day's program.
(b) When signed on and acting as an official, you shall only be allowed on the designated site you are signed on to officiate at.
10. Athletes & Site Officials must at all times walk around the Track and not across the centre of the Arena.
11. Each affiliated Club will be required to supply officials for each competition day. The number of officials required from each club is calculated on a pro-rata basis, comparing number of athletes within the Club to number of athletes in the Centre as a whole. Officials are to report to the Officials Coordinator where they will sign on and select a site to help at.
12. Spikes:
 - Competitors in the U6-U10 age group may not wear spike shoes.
 - Competitors in the U11-U12 age group may wear spike shoes in events run entirely in lanes, long jump and triple jump, high jump and javelin.
 - Competitors in the U13-U17 age group may wear spike shoes in long jump, triple jump, high jump and javelin, and all track events except walks.
 - Spikes must be carried to the start and removed at the end of all events.
13. Programmed events can be amended or cancelled at the discretion of the Arena Manager.
14. Complaints on the day will be referred (via your Club Manager through the Arena Manager) to the following:
 - Track events - CHIEF TRACK UMPIRE
 - Field events - CHIEF FIELD UMPIRE
15. Rules of competition are normally as per World Athletics rules, but modifications may be made for Centre competition.
16. All athletes must at all times have a parent or guardian present. Athletes will be excluded from competition if they do not have a parent or guardian present.

RED CARDS

Red Cards are issued to athletes for breaches of Belmont Little Athletics Centre Rules, particularly *General Rule 1: Behaviour of Children*, and *Rule for Competition 8*, pertaining to misbehaviour and suspension. The site Key Official will give an offending athlete one verbal warning only; a second offence shall result in the issue of a red card. The athlete will be asked to leave the site immediately and report to the Arena Manager. Any points from the site shall be forfeited for the day of the offence.

If an athlete receives a second Red Card on the same day, then the athlete will not be permitted to compete in any further events for that day. Additionally, all points for **all events** earned on the day of the offences shall be forfeited. Any offence may also be investigated and dealt with by the Centre Executive Committee and be subject to further disciplinary action.

RULES FOR BLAC CENTRE CHAMPIONSHIPS

1. To be eligible for Centre Championships, athletes must have competed in an event at least **three (3) times** at the weekly Inter Club competition.
Exceptions to this rule:
 - a. In the case of illness or injury during the season which prevents the athlete from competing. Club Managers must hand a letter or Doctor's certificate to the Records & Ranking Officer at the time of illness or injury or no later than 2 weeks after the illness or injury occurred. Documents received after this time frame will not be accepted. Documents **MUST** include dates when the injury or illness occurred and a time frame indicating how long the athlete cannot participate for. Such documents **MUST** be from an independent consultant. The Executive Committee will then determine if the athlete is eligible to compete.
 - b. If an athlete commences later in the season.
 - i. Commencement is defined as the date and time at which the athlete is registered with Belmont Little Athletics Centre.
 - ii. The athlete must compete in the nominated event each time it is held in the remaining weekly Inter Club competitions after commencing.
 - iii. The athlete must be registered no later than four weeks prior to the start of Centre Championships.
2. If an athlete transfers from another Little Athletics Centre they must produce evidence that they have competed in the nominated event such that the total number of times they have competed in that event at both centres totals three or more. The evidence must be such that it is able to be verified by the previous Little Athletics Centre and is subject to approval by the Executive Committee. Any athlete transferring from another Centre, whether it be Perth Metro/Country or Interstate must also be registered with Belmont Little Athletics Centre no later than four weeks prior to the start of Centre Championships.
3. All competitors must report to the marshalling area prior to the commencement of any event. If there is a genuine reason for an athlete being late, this must be reported to the Arena Manager by the Club Manager only.
4. Under 6 to Under 10 Athletes will have only three trials at all field events (except High Jump). Under 11 to Under 17 Athletes will have three trials at all field events (except High Jump) and the leading eight competitors in the event at the completion of the third round will then have a further one trial.
5. The starting height shall be 15cm below the state starting height. The normal Belmont LAC High jump rules still apply as athletes may only join the competition at 20cms below their personal best, whichever is applicable first.
6. Placings in all track events will be determined by timed heats.
7. All protests must be reported through the Club Manager and are to be lodged with the Championship and Special Events Coordinator within 20 minutes of the completion of the event with the appropriate fee (\$50).
8. The rules for competition at Centre Championships shall be those outlined in Athletics West's Rules for Competition of State Run Events. These rules may be amended or updated by Athletics West without notice or consultation.
9. An athlete's participation in the Centre Championships signifies that athlete's acceptance of the rules and conditions as set out by Belmont Little Athletics Centre and the Executive Committee.
10. Any circumstance not covered by the rules and conditions defined herein shall be dealt with by the Executive Committee on a case-by-case basis.

SUNSMART POLICY

Participant's health is a primary concern of Belmont Little Athletic Centre. It is acknowledged that skin cancer is a major, yet preventable public health problem in Australia, with two out of every three people requiring treatment for some form of skin cancer in their lifetime.

A preventative strategy including the following will be implemented in the Centre.

- Wherever possible, programs will be scheduled to minimise ultraviolet radiation exposure of participants.
- The Centre will maximise use of natural shade from trees, buildings, and other structures including portable canopies or shade shelters.
- The Centre will promote personal protection including hats & long-sleeve shirts.
- Broad spectrum sunscreen will be made available for any that need it.

Unfavourable Weather Conditions

In the week prior to the scheduled competition, the Arena Manager will monitor the forecast weather conditions, to determine the effect it may have on the proposed program.

If extreme weather conditions are forecast, the following strategies will be followed: All decisions will be made by the Arena Manager, Chief Track Umpire,

Chief Field Umpire and President of Belmont Little Athletics Centre.

Hot weather:

For morning competition: if the temperature reaches 38°C, the current status of the program will be examined before deciding if the program should be cancelled or conducted in a modified format.

For twilight competition: if the temperature is forecast to be in excess of 38°C at the scheduled start time of setup/competition then the Arena Manager, Executive and President of Belmont Little Athletics Centre will make a decision as to whether to delay the start of setup/competition until the temperature is forecast to fall below 38°C, by pushing the start time back by 1 hour or if the program should be cancelled or conducted in a modified format. **Note:** All Clubs will be notified by 10am on competition day if any changes need to be made to the start time.

Incllement weather:

Where rain, wind, or lightning may affect the safety of athletes competing, a decision will be made as to whether the program should be cancelled, or conducted in a modified format.

Notification

The President will call a Club Managers meeting when a decision has been reached, and all Clubs will be notified on whether the meet will be cancelled or a modified program will run.

Recovery Strategy

The following initiatives shall be implemented when severe weather affects competitions:

- Only conduct events that ensure the safety of athletes and officials is protected at all times.
- Where appropriate, reschedule cancelled events to a later date.
- Where a modified program is run and events are cancelled, athletes who have signed on will be awarded participation points so they are not disadvantaged in qualifying for Centre Championships.



Cancelled Events – Circumstances out of our Control ie: Covid 19

In the event that a scheduled competition on the Belmont LAC calendar is cancelled due to circumstances out of our control, the following steps will be taken:

- The competition will be rescheduled to a different day if there is a spare day available on the current season's calendar. If this can occur the BLAC executive committee will advise the new date, giving as much notice as possible.
- If the competition is not able to be rescheduled, all athletes will receive their PB result for each event which will be taken from when they last did the event during the current season. If the athlete has not participated in an event prior to the cancellation they will receive a participation point for each of those events.

HEALTH & INJURY

During a Little Athletics competition, athletes should always be in possession of a hat, wear a shirt to cover their shoulders when not competing, use an effective sun screen, and frequently drink plenty of fluids in small quantities, preferably water. Take special care of children in the hot summer sun.

If an athlete is sick or injured, experiencing pain or swelling, **do not allow them to compete**. If an athlete is unable to compete parents should provide their Club Manager with a medical certificate, which will prevent the child being disadvantaged during qualification for Centre Championships. (See Centre Championships rules for more info) If your child has been issued a medical certificate that covers the date of any competition, they should not compete as they may not be covered by insurance.

The immediate treatment for a soft tissue injury is **R.I.C.E.**

R	est
I	ce
C	ompression
E	levation

If you have any doubts about the injury whatsoever, a doctor's advice should be sought immediately. If an athlete falls during an event, do not pick them up until the cause of the injury has been determined. In particular, do not move any athlete who is experiencing back pain or numbness in the limbs. All injuries sustained at any Little Athletics venue, either in training or competition, must be reported to your Club Manager immediately.

FIRST AID POLICY

- The First Aid Officer must hold a current Senior First Aid or Apply First Aid Certificate, a copy of which must be held at the Centre.
- Where possible, a parent or guardian must be present when a child requires first aid treatment.
- If a parent overrides the First Aid Officer, the parent is then responsible for removing the athlete to a doctor straight away.
- Serious injuries (eg: being impaled by a javelin; hit on the head by an implement; leg or back injury) are to be treated on site until the ambulance arrives. ***Athletes should not be moved.***
- Parents are to be advised by the First Aid Officer that all injuries requiring more than a simple dressing are to be seen by their own doctor.
- All injuries must be reported to the rostered first aid officer so that they can be documented. Failure to report an injury may mean that an athlete, parent or Official is not covered by insurance.
- First Aid is for injuries sustained by athletes and parents during competition only. The First Aid Officer will not tape limbs or joints so that athletes can compete.

If you are injured – PLEASE DO NOT COMPETE.

CENTRE UNIFORM

Available in your choice of a Singlet or a T-shirt.

Matching Jackets are also available to purchase.



2022-2023 ATHLETICS WEST STATE EVENTS**WA STATE COMBINED EVENT CHAMPIONSHIPS****SATURDAY 3rd & SUNDAY 4th DECEMBER 2022**

This event is held at WA Athletics Stadium (**Ern Clarke Athletics Centre for 2022/23 season**) for athletes U11 and up. Athletes compete individually in 5-8 compulsory events, depending on age group. Points are awarded and accumulated according to performance, NOT placing, similar to the Heptathlon and Decathlon. Any number of athletes can represent a Centre and there are no selection criteria. Athletes are required to wear Centre uniform.

WA STATE RELAY CHAMPIONSHIPS**SATURDAY 4th FEBRUARY 2023**

Each centre is eligible to nominate one team (min 4, max 5) for track relay and one team of 2, 3 or 4 athletes for the field relay per age group and gender. Athletes competing in the track relay may not compete in the field relay and vice versa. Athletes are required to wear their Centre uniform.

Held at the WA Athletics Stadium

Track relay events:	4 x 100m U9-U17	Field relay events:	Discus, Turbo Javelin, Long Jump & Shot Put (U9-10 Boys & Girls)
	4 x 200m U9-U10		Discus, Triple Jump, Long Jump & Shot Put (U11-U12 Boys & Girls, U13 Boys & U16-U17 Boys)
	4 x 400m U11-U17		Javelin, Triple Jump, Long Jump & Shot Put (U13 Girls, U14-U15 Boys & Girls, U16-U17 Girls)

LITTLE ATHLETICS ZONES CHAMPIONSHIPS**SATURDAY 25th - SUNDAY 26th FEBRUARY 2023 (venue TBA)**

The Championship Qualifier is the heats and quarter finals of the State Championships. The competition is open to any athlete in the under 9 to under 15 age groups. Belmont is in Zone 1 (South) with Gosnells, Southern Districts, Melville, Dale, Cockburn, Baldivis, Kwinana, Peel & Rockingham Centres. (These details are subject to change and more information should be sought from the Athletics West website.) There is no selection criteria and BLAC encourages all athletes to nominate for this event. Many season personal bests are attained and it is a fantastic experience to compete against athletes from other Centres. All Clubs will be notified of closing dates for entries to this event when they become available. Athletes must compete in the Belmont Centre uniform.

WA STATE TRACK & FIELD CHAMPIONSHIPS**FRIDAY 3rd – SUNDAY 5th MARCH 2023*****WA Athletics Stadium***

Age Groups: Athletes born in 2010 or earlier, inclusive of LA U13-U17,
AA U14 – Open, Para U15, U17, U20 and Open.

Age group entry will be based on year of birth. Athletes are required to wear their Centre uniform.
More information should be sought from the Athletics West website.

WA STATE JUNIOR TRACK & FIELD CHAMPIONSHIPS**FRIDAY 17th – SUNDAY 19th MARCH 2023*****WA Athletics Stadium***

Age Groups: Athletes born in 2010 or later, inclusive of LA U9 – U13
Athletes are required to wear their Centre uniform.

More information should be sought from the Athletics West website.

U13 LITTLE ATHLETICS NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U13 athletes.

The WA State Track and Field Championships is the qualifying event for the U13 team selection. ALAC Team selectors will attend the event and will determine successful team members based on the Athletics West ALAC Team Selection Policy.

Athletes wishing to be considered for selection must nominate by the defined closing date.

Athletes will be contacted as soon as practical following completion of State Championships of team selection status.

Note: For more information contact Athletics West.

U15 MULTI EVENT NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U15 athletes.

U15 Boys and U15 Girls are selected from the State Multi Event Championships and accompany the U13 team to represent the state in the National Multi Event Championships.

Note: For more information contact Athletics West.

U14 & U15 INTERNATIONAL CHAMPIONSHIPS

U14 and U15 athletes awarded a medal at State Championships will be invited to join the WA International team that travels to Malaysia (odd years) and Singapore (even years).

Information regarding the International team will be forwarded to all eligible athletes at medal presentations and following the competition.

Note: For more information contact Athletics West.

WINTER COMPETITION

From April to August, Athletics West runs a Winter competition. This consists of Cross Country Running and Road Walking races, held on alternating weekends at different locations throughout the metro area. Cross Country is open to athletes U7 – U17, while Road Walking is open to athletes U9 – U17.

Current registered athletes (participated in the previous summer competition) are required to nominate for Winter Competition online through their ResultsHQ profile. No additional registration fees are applicable, however athletes may be required to purchase a timing chip to wear for competition.

New athletes may register for the Winter Competition online at ResultsHQ.com.au. A registration fee shall be charged, and a timing chip may be required to be purchased for competition.

Competing athletes are required to wear Belmont Little Athletics Centre uniform. Athletes must compete in a minimum number of events (as detailed by Athletics West) to be eligible for Winter Championships. Any further information can be obtained from the Winter Competition Officer. Please note that the U6's do not compete in the State Winter Championships.



EVENT RULES AND SPECIFICATIONS

EVENT RULES

Although not always the case, event rules generally follow the World Athletics rules. These rules may have been modified either for Little Athletics generally, or for local Centre competition. If in doubt you should consult your Club Manager, who can query the Arena Manager. The Arena Manager's decision in any dispute regarding the rules is final. The following notes give the major rules for each event - they may not cover all situations.

GENERAL NOTE

No athlete may commence any trial, in any event, until the official has given permission to do so. Safety rules must be observed at all times.

TIE-BREAKING RULES

In Field Events where the result is determined by distance, the second best performance of the competitors tying shall resolve the tie, then (if necessary) the third best and so on.

FIELD SITES

The **KEY SITE OFFICIAL** is responsible for ensuring that the correct equipment is on that site, and that shade tents, if required, are erected prior to the commencement of the program. The **Centre Record** is to be marked out prior to the commencement of each event. After completion of competition for that site officials are to assist by dismantling shade tents and ensuring that the equipment is ready to be returned to the equipment shed.

HIGH JUMP

Note: This is intended as a guide only

BOYS & GIRLS	U9-U10 Scissor Kick	U11-U17
Bar rises*	6 x 5cm	6 x 5cm
Thereafter	2cm	2cm

Starting Height: 5cm below the lowest recorded personal best of all *competing* athletes

* Athletics West recommend the bar be raised by 5cm increments until there are 6 or fewer competitors remaining.

RECORDING: For recording purposes, an **O** indicates the bar has been cleared, an **X** indicates a failure, and a **– (dash)** indicates the athlete chose to pass (did not attempt that jump).

INSTRUCTIONS TO COMPETITORS:

- Starting height is given, plus increments to be used during competition.
- May commence jumping at a height closest to 20cm below their registered Personal Best height.
Note: For Centre Championships, the starting height shall be 15cm below the state starting height. The normal Belmont LAC High jump rules still apply as athletes may only join the competition at 20cms below their personal best, whichever is applicable first.
- May pass on any height or any jump. If a competitor forgoes a trial at a certain height, they may not make any subsequent attempts at that height.
- Markers may be used as long as they are safe (i.e. flat) and they do not interfere with another athlete's run-up.
- An attempt must be completed within 60 seconds.
- Each competitor is allowed three attempts at each height, but is out of the competition after three consecutive failures are recorded regardless of height.

The Scissor technique will be the only allowable technique performed in High Jump for the U9 and U10 age groups at all levels of competition.

It shall be a valid scissor jump if all other relevant high jump rules are adhered to, and:

- a. The head of the athlete does not go over the bar before the leading foot (the foot of the leg closest to the bar at take-off);
- b. The head of the athlete is not below the buttocks when the buttocks clear the bar, and
- c. The athlete's lead foot touches the mat before any other part of the body.

All athletes in the U11 and above age groups will have the option to use any legal jumping technique.

An invalid jump includes:

- a. The athlete takes off with two feet.
- b. After the jump, the bar does not remain on the support because of the action of the athlete whilst jumping.

Note: If the athlete has left the landing area and the bar falls, it is deemed an invalid jump if the athlete was responsible for the dislodgement.

- c. The athlete touches the ground including the landing area beyond the plane of the nearer edge of the crossbar, either between or outside the uprights with any part of the body, without first clearing the bar.
- d. Athlete touches the cross bar or the vertical section of the uprights when running up without jumping.

Note: On windy days the bar may be held in position by officials, but support must be removed when the athlete takes off to allow displacement. It is also helpful to set up the high jump side-on to the oncoming wind.

When one competitor is left, he/she may choose their own increments. He/she may be allowed to continue until he/she has recorded three failures and the last height cleared be recorded as the winning height.

MEASUREMENTS:

- All measurements shall be made in whole centimetres perpendicularly from the ground to the lowest point of the upper side of the bar.
- Precise measurement shall be made when the bar is raised to a new height and before the first competitor attempts such a height. In all cases of records the Chief Field Umpire shall check the measurement when the bar is placed at the record height and they shall re-check the measurement before subsequent record attempt if the bar has been touched since measured.
- When the measurement is rechecked after a successful jump and the bar is not at the record height, the record will not be allowed.

Note: Measure ends of bar first then the middle. Adjust ends so that the lowest part is in middle.

Note: Judges should ensure, before starting the competition, the underside and front of the crossbar are distinguishable, as the bar is always replaced with the same surface upper and the same surface to the front.

SET UP:

- Supports for the crossbar each face the opposite upright so that if a competitor touches the crossbar it will easily fall to the ground, either forwards or backwards
- There shall be a space of at least 1cm between the ends of the crossbar and the uprights.
- The crossbar must be replaced with the same surface up and the same surface to the front.
- The uprights and landing area should be setup so that there is at least 10cm between them when in use to avoid the displacement of the crossbar through the movement of the landing area causing contact with the uprights.

TIE - BREAKING RULES:

- The competitor with the lowest number of jumps at the height where the tie occurs shall be awarded the higher place.
- If the tie still remains, the competitor with the lowest number of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.
- If the tie still remains the result will be an equal placing. No jump off takes place.

LONG JUMP AND TRIPLE JUMP

SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Raker

Take-off Area

- U6-U8: A 1.00m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U9-U10: A 0.5m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U11-U17: A 0.2m x 1.22m strip.
- For the U6-U8 age groups the 1.22m x 1.00m take-off mat shall be placed with the front edge 200mm from the commencement of the landing area.
- For the U9-U10 age group the 0.5 m x 1.22m take-off mat shall be placed with the leading edge 500mm from the landing area.
- For the U11-U17 age groups:
- The distance between the take-off board and the far end of the landing area should be at least 10.00m.
- The take-off board shall be placed between 1m and 2m from the nearer end of the landing area for U11 – U14's and shall be set at 2m from the leading edge for U15 – U17 age groups.

RUNWAY:

Where possible, the runway should be at least 40m. The athlete's run-up can be of any length, but should be restricted to avoid wasting time.

MARKERS:

Markers are not permitted on the runway, but can be used at the side.

Failure

In the Long Jump and the Triple Jump, it shall be counted as a failure if:

- Any part of the mark made by the athlete's take-off foot protrudes over the front edge of the take-off area.
- If an athlete takes off before reaching the take-off area it shall not, for that reason, be counted as a failure.
- In the course of landing, the athlete touches the ground outside the landing area nearer to the take-off than the nearest break in the landing area made by the jump.
- When leaving the landing area, an athlete's first contact with the border or ground outside is nearer the take-off line than the nearest break in the sand made on landing.
- After landing, the athlete walks back through the landing area without first correctly exiting the pit.
- An athlete takes off from outside either end of the take-off area, whether beyond or before the extension take-off line.
- Any sort of somersaulting is used.

Distance Measurement

For U6-U10 athletes:

- Where any part of the athlete's foot lands on the take-off area, the jump will be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the imprint made in the take-off area by the take-off foot.
- Where no part of the athlete's foot lands in the take-off area, the jump will be measured from the nearest break in the landing area made by any part of the body or limbs to the edge of the take-off area furthest from the landing area, or its extension. The measurement must be taken perpendicular to the back of the mat or its extension.

For U11-U17 athletes:

- The jump shall be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the front edge of the take-off area.
- The measurement must be taken perpendicular to the take-off area or its extension.

Triple Jump

- The Triple Jump shall consist of a hop, a step and a jump in that order.
- The hop shall be made so that an athlete lands first on the same foot as that from which they have taken off; in the step the athlete shall land on the other foot, from which, subsequently, the jump is performed.
- It shall not be considered a failure if an athlete, while jumping, touches the ground with the 'sleeping' leg.
- The take-off line shall be in whole metre increments from the edge of the pit.

Failure

In the Triple Jump, it shall be counted as a failure if:

- Any of the infringements listed for Long Jump occur
- The competitor fails to follow the actions of the triple jump as defined above.
- The competitor fails to land in the pit. (Landing on the run-up constitutes a foul.)



THROWING EVENTS

In throwing events from a circle:

- An athlete must commence the throw from a stationary position.
- The athlete is allowed to touch the inside of the iron band of the circle or stop board.
- It shall be a failure if the athlete, after entering the circle and commencing to make a throw, touches with any part of the body the top of the circle or the ground outside, or improperly releases the implement in making the attempt.
- It shall be a failure if the athlete leaves the circle or runway before the implement has touched the ground.
- It shall be a failure if, when leaving the circle, the athlete's first contact with the top of the rim or the ground outside the circle is not completely behind the back half of the circle.

Interruption of a Trial

It is not a failure if an athlete drops an implement and it does not touch the ground outside the throwing circle or runway, provided no other rule is breached. The athlete can retrieve the implement and continue the trial within the allocated time.

If the implement touches the ground outside the circle or runway it becomes a failure.

Measurements

- The measurement of each throw will be made from the nearest mark made by the fall of the implement to the inside of the circumference of the circle, along a line from the mark to the centre of the circle.
- For a valid trial, the implement must fall completely within the inner edges of the landing sector.
- In Javelin, the measurement of each throw will be made from where the tip of the javelin first struck the ground, to the inside edge of the arc, with the tape being pulled through the point 8m back on the run-up, that being the centre of the circle of which the arc is a part.

Recording

For recording purposes, an **O** indicates a successful attempt, an **X** indicates a failure, and a – (dash) indicates the athlete chose to pass (did not attempt that throw.)

AFTER EACH THROW, IMPLEMENTS SHALL BE CARRIED BACK TO THE AREA NEXT TO THE CIRCLE OR RUNWAY AND NEVER THROWN BACK.

DISCUS

Girls		Boys	
U6 & U7	350g	U6 & U7	350g
U8 - U11	500g	U8 - U11	500g
U12 - U13	750g	U12 - U13	750g
U14 - U17	1kg	U14 - U15	1kg
		U16 - U17	1.5kg



SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Returner

JAVELIN

Girls		Boys	
U6 & U7	Vortex	U6 & U7	Vortex
U8 - U10	Turbo Javelin	U8 - U10	Turbo Javelin
U11 - U13	400g	U11 & U12	400g
U14 - U17	500g	U13	600g
		U14 - U17	700g



SITE OFFICIALS

- Key Official
 - Recorder
 - Sector Judge (watches for valid landing)
 - Spiker
 - Returner
-
- The javelin shall be held at the grip with one hand only. It shall be thrown over the shoulder or upper part of the throwing arm and shall not be slung or hurled. Nonorthodox styles are not permitted.
 - A throw shall be valid only if the metal head strikes the ground before any other part of the javelin. The javelin is not required to stick in the ground.
 - For a valid throw, the tip of the javelin must fall completely within the inner edges of the landing sector.
 - It shall be a failure if the athlete, after starting their throw, touches with any part of their body or limbs, the lines marking the runway, the ground outside the runway, or crosses the throwing arc marking the end of the runway.
 - It is not a failure if the end of the javelin touches the ground during the run up.
 - If the javelin breaks during a throw or while in the air, it shall not count as a failure, provided the trial was otherwise made in accordance with the rules. Nor shall it count as a failure if an athlete thereby loses their balance and as a result contravenes any part of the rule. In these cases, the athlete shall be awarded a new trial.
 - At no time during the throw, until the javelin has been discharged into the air, may the athlete turn completely around, so that their back is towards the throwing arc.
 - It shall be a failure if the athlete leaves the runway before the implement has touched the ground, or if, when leaving the runway, the athlete's first contact with the parallel lines or the ground outside the runway is not completely behind the white lines of the arc or the lines drawn from the extremities of the arc at right angles to the parallel lines.

SHOT PUT

Girls		Boys	
U6 & U7	1kg	U6 & U7	1kg
U8	1.5kg	U8	1.5kg
U9 - U12	2kg	U9 - U12	2kg
U13 - U17	3kg	U13	3kg
		U14 - U15	4kg
		U16 - U17	5kg



SITE OFFICIALS

- Key Official
- Recorder (also to check for foot faults)
- Spiker
- Returner

The shot shall be put from the shoulder with one hand only. From the time an athlete takes a stance in the circle to commence a put, the shot shall touch or be in close proximity to the neck or the chin and the hand shall not be dropped below this position during the action of putting. The shot shall not be taken behind the line of the shoulders.

TRACK EVENTS

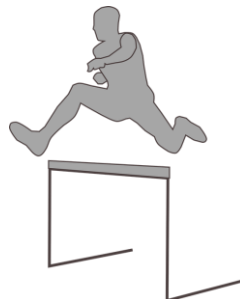
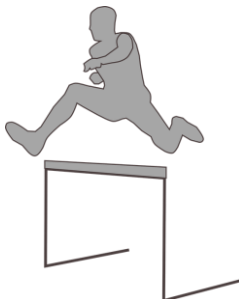
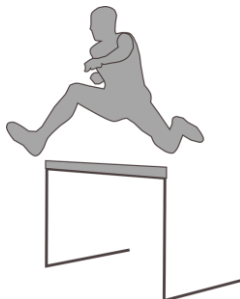
Hurdles

	B&G U6	B&G U7	B&G U8-U9	B&G U10	B&G U11	B&G U12
Total Distance	60m	60m	60m	60m	80m	80m
Hurdle Height	20cm*	30cm*	45cm	60cm	60cm	68cm
Run In	12m	12m	12m	12m	12m	12m
Distance Between Hurdles	7m	7m	7m	7m	7m	7m
Run Out	13m	13m	13m	13m	12m	12m
No. of Flights	6	6	6	6	9	9

	B U13 G U13-14	B U14 G U15	B U15	G U16 B U16	G U17	B U17
Total Distance	80m	90m	100m	100m/110m	100m	110m
Hurdle Height	76cm	76cm	76cm	76cm	76cm	76cm
Run In	12m	13m	13m	13m	13m	13.72m
Distance Between Hurdles	7m	8m	8.5m	8m/8.5m	8.5m	9.14m
Run Out	12m	13m	10.5m	13m/10.5m	10.5m	14.02m
No. of Flights	9	9	10	9/10	10	10

	B&G U13	B&G U14	B&G U15-17
Total Distance	200m	200m	300m
Height	68cm	76cm	76cm
Run In	20m	20m	50m
Distance Between Hurdles	35m	35m	35m
Run Out	40m	40m	40m
No. of Flights	5	5	7

** **Note:** For safety reasons the U6 & U7 age groups use plastic training hurdles in their "Mini Hurdles" event, which are to a maximum of 20cm for U6 and 30cm for U7.*



RACE WALKING

U9 Boys & Girls	700m
U10, U11 Boys & Girls	1100m
U12 – U17 Boys & Girls	1500m

Race walking is a progression of steps so taken that the walker makes contact with the ground, so that no visible (to the human eye) loss of contact occurs. The advancing leg shall be straightened (i.e. not bent at the knee) from the moment of first contact with the ground until the vertical upright position. The advancing foot of the walker must make contact with the ground before the rear foot leaves the ground.

Judging

All judges shall act in an individual capacity and their judgements shall only be based on observations by the human eye.

The number of appointed walk judges for an event, including the Chief, shall comprise a minimum of 4 and maximum of 6.

Caution (Yellow Paddle)

Any judge can give a "Yellow Paddle" to a competitor when a competitor appears to be in danger of failing to comply with the rules (definition of race walking). Cautions are issued verbally and briefly taking care that remarks do not constitute coaching.

All remarks should be loud and clear and always in the form: e.g. "CAUTION No..... contact or knees"

For loss of contact ~ a wavy line in black on a yellow background

For knees a 45° angle < also in black on a yellow background shall be used

A judge can only caution a competitor once for each offence during the event

A caution has no bearing on disqualification. It is possible to be cautioned by every judge in the race yet not receive a single warning. This advice is only to indicate to a competitor that their action is deteriorating to a dangerous state.

Red Card

A judge gives a "Red Card" for disqualification if a competitor is actually breaking the rules of race walking.

For the U12 and above age groups, no verbal Red Card will be given. For other age groups, the Red Card will be given verbally at the time of detection of the actual infringement

All remarks should be loud and clear and always in the form: e.g. "Red Card No..... contact or knees"

Red Card is recorded on the judging pad and forwarded to the Chief Judge as soon as practicable.

A judge may only give a competitor one Red Card during the event irrespective of the infringement.

If a judge, in an event requiring verbal Red Cards to be given, is not sure a competitor has heard the "Red Card" the Judge should repeat it at the next suitable opportunity.

A Red Card should never be given unless there is absolute certainty the rules have been infringed.

Any doubt existing must be given to the competitor and the Red Card not issued.

Disqualification

A Red Card by 3 or more walk judges or notification by the grand stand judge that in their opinion a competitor's mode of progression failed to comply with the definition of race walking brings about a disqualification.

Only the Chief Judge may advise a competitor of their disqualification.

Walks Results

Athletes will no longer be given the results of their walk after the race. Results will be available on timing solutions as per other events, any disqualification information (why an athlete was disqualified) will be provided to the clubs via email during the week, enabling clubs to help address any technique issues.

After finishing their walks event, because athletes no longer need to wait for their results they can move back to the stands, once given the ok to by an official.

Methods of Judging

Prior to each walking event, the Chief Judge or a judge appointed by the Chief Judge, will acquaint the competitors with the judging procedures for the event.

It is imperative that during an event all judges act in an individual capacity and their judging is not influenced by the judging of another judge, per medium of conversation or messages.

The Chief Judge shall allocate judges their judging position.

The judges must adequately cover the whole of the track/course, this can be done by having approximately equal distance between judges. There should be no blind spots, judges should judge from the outside of the track/course and not encroach on an area allocated to another judge, but judge from their allotted position as walkers are passing or approaching their section.

Grand Stand Judge

As per recent club voting, walks will stay as an event in the summer program at Belmont, however the following changes will occur to ensure the event runs as efficiently as possible:

A Walks Judge will be situated in the grand stand overlooking the entire area of the track.

The purpose of this judge is to watch competing athletes between judges on the track.

If any athletes are seen by the Grand Stand Judge to be flouting the rules of the event, by not conducting the walk in the spirit of the event. Examples of possible flouting of the rules are, running, walking backwards, hopping, skipping, deliberately taking a long time. ie. doing anything other than attempting the correct athletic walk technique, the finish line will be notified by two way radio and the athlete(s) will be removed from the track as they cross the line, regardless if it is their last lap.

These athletes will be disqualified, will not receive any points and will be excluded from competing in their next walks event scheduled in the Belmont program.

Any subsequent removals from the track for the same athlete(s) will result in a further ban for the next two scheduled walks events in the Belmont Program.

If this occurs athletes may not qualify for centre championships.

In addition the Arena Manager, Chief Track Umpire or Chief Field Umpire may also notify the finish line if they see athletes doing anything other than attempting the correct athletic walk technique between track judges.

These new rules will be made aware to all athletes before the start of each walk event.

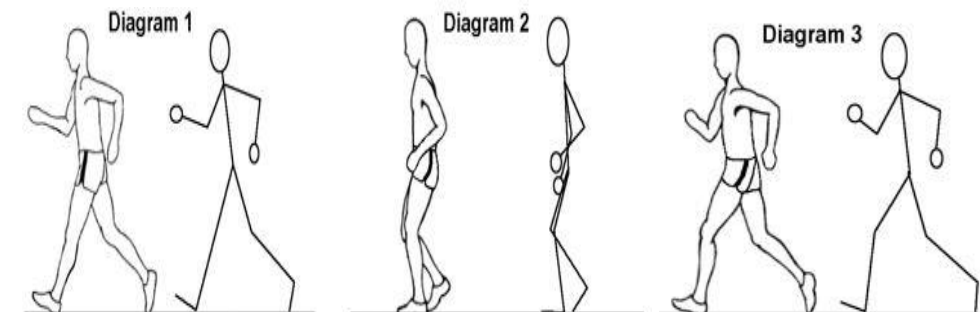
We ask that clubs advise their athletes of the above and make sure they are aware of this.

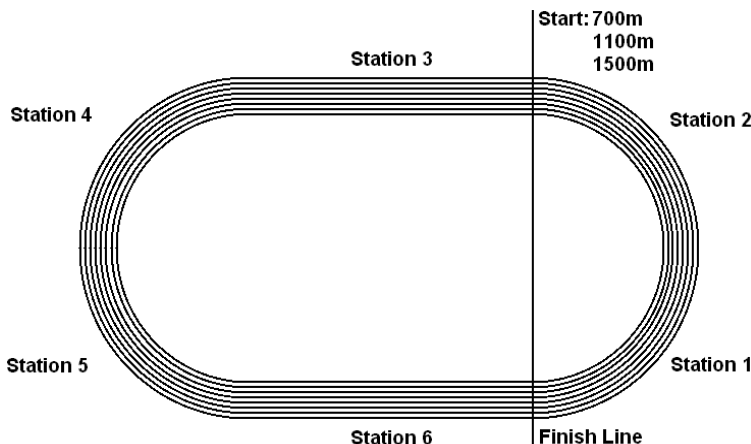
Clubs should also ask athletes not to participate in the walks if they are not going to take the event seriously.

Diagram 1 shows the leg to be extended straight in making contact with the ground. **This satisfies the rule.**

Diagram 2 shows the foot of the supporting leg flat out on the ground. The supporting leg is not vertically upright, being bent at the knee. **This does not satisfy the rule, & therefore it is not permitted.**

Diagram 3 shows both legs bent at the knee & they are never straight in any position, not even when the leg is supporting the whole weight of the body. **This does not satisfy the rule, & therefore it is not permitted.**





The Station 2 Judge assists the Chief Judge at the start and the Station 1 Judge assists the Chief Judge at the finish. The best position to take up is just on the outside of the track and follow the action of the legs, noting the foot's landing position, its swing and the leg from the time the leg supports the body.

NB: Avoid extreme rear judging as it is misleading. As a general rule Judges (except the Chief Judge) should restrict their judging area to 45° before and 15° after directly in front of them.

INFORMATION FOR PARENTS ASSISTING STARTING

STARTER'S MARSHALL: The Starter's Marshall is in control of preparation of heats ready for Starter.

DUTIES: The Starter's Marshall's duties are as follows:

- Receive athletes from the marshalling area.
- Check athletes and age groups.
- Count children and decide size of heats e.g. (14 children - 1x6 & 2x4 or 2x5 & 1x4).
- Use ranking sheets to allocate athletes to heats as above.
 - a. Children should not select their own lanes - place at random or use lane draw sheets.
 - b. Competitors waiting should be well back from starting line.
 - c. The Starter controls all aspects of starting. Decisions must be fair and correct at all times.

STARTING PROCEDURES FOR RACES UP TO AND INCLUDING 400M:

- Ensure that you have liaison with the Chief Timekeeper.
- Obtain the "all clear" from the Chief Timekeeper prior to each event. When all is ready use the whistle which will bring the competitors to the assembly line, they are then under the sole control of the Starter.
- In a clear voice, the athletes are given the command **"On your marks"**. They will respond by moving up to the line and adopting their starting stance.
- When the Starter is satisfied that each athlete has his/her fingers/toes behind, not on, the starting line and are steady, he will raise the gun to indicate to the Timekeepers that the start is imminent and in a softer tone issue the command **"Set"**.
- When the athletes are completely motionless, the gun is fired.

STARTING PROCEDURES FOR RACES 800M, 1500M:

- As above except the command is "on your mark" then the gun when the athletes are steady.

FALSE STARTS:

- If a competitor leaves his mark with hand or foot after the words "on your marks" in the case of massed starts, or "set" in the case of laned starts as the case may be, and before the gun is fired, it is a false start. If more than one athlete takes off, the first one to leave the mark is the one deemed

to have "broken". It is a natural instinct for others to follow. The athlete or athletes responsible must be cautioned.

- If, in the opinion of the starter or assistant starter there has been an unfair start, the race shall be re-called by the firing of a second gun.
- Any athlete who commits a false start shall be warned, as follows:

a. U6 – U8 age groups

Any individual athlete in each heat, shall be allowed a maximum of TWO (2) false starts without disqualification. Any individual athlete responsible for more than TWO (2) false starts shall be disqualified.

b. U9 – U13 age groups

A maximum of **TWO (2)** false starts per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

c. U14 – U17 age groups

A maximum of **ONE** false start per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

Starting blocks may be used by athletes in the U11 and above age groups for all races up to and including the 400 metres (including the first leg of all relays).

YEARLY AWARDS SELECTION CRITERIA

BLAC INTER-CLUB PENNANTS

At the conclusion of each season, each age group will have an individual Champion and Runner Up awarded for each gender. Points awarded are those gained during normal Inter-Club competition. Points will be awarded based on performance and proximity to records. All points and rankings will be determined by computer.

The French Family Trophy will be awarded to the Club gaining the most points overall and the Joy Hardman Trophy will be awarded to the Club gaining the highest point score average per registered athlete.

BLAC 100, 200, 300, 400, 500, 600 & 700 CLUB BADGE AWARDS

The "100" Club badge is awarded to an athlete after competing in 100 events. This is a continuous award and points carry forward from one season to the next. One point is awarded for each event completed at regular BLAC meets. After completing 100, 200, 300, 400, 500, 600 and 700 events respectively a Club Badge is awarded. These Club Badges are awarded once only to each athlete.

It is the responsibility of individual Clubs to keep a tally of their athletes' events. Clubs must nominate athletes on the appropriate signed form and submit it to the Centre Records and Ranking Officer. The Records and Ranking Officer will give the badges and names to the Arena Announcer for presentation during the normal weekly competition. Athletes must be in attendance to receive their badge. Events completed during Centre Championships do not count toward this award.

BLAC SPORTSPERSON OF THE YEAR AWARD

This award is selected by the Mayor of Belmont from nominations submitted by each of the Clubs based on the following criteria:

- The Athletes nominated for this award are to be those who put in a consistent effort and show dedication to all aspects of Little Athletics without being the athletes who win events or excel regularly.
- It is expected that the nominees will be those children who don't win every week, but who still show a keen interest in attending both training and competition. They will exhibit a willingness to participate and be cheerful and dedicated to athletics, although they don't receive recognition in the form of trophies, medals, etc.

The Sportsperson of the Year Award aims to encourage these children to continue to enjoy participating for participation's sake and to recognise their commitments and dedication in continuing even if they don't achieve great results in competition. Only one nomination per Club may be submitted.

BLAC LIFE MEMBERSHIP

Nominations and full resume must be forwarded from the respective Club to the Centre Executive at least one month prior to the Centre AGM and must be endorsed at a meeting of that Club. The nominee must have served a minimum of ten (10) years of service with at least four (4) years at Centre Executive level. Meritorious service will be a mandatory prerequisite.

BLAC ATHLETE SERVICE AWARDS

In recognition of dedication and commitment to Little Athletics, the Belmont Centre presents all athletes with an award at the conclusion of their sixth, ninth and twelfth year. B.L.A.C. receives nominations of eligible athletes from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

ATHLETICS WEST PARENT AWARDS

Athletics West administers Five (5), Ten (10) and Twenty (20) Year Parent Service Awards. These are issued at the end of five, ten or twenty full years of service respectively. B.L.A.C. receives nominations of eligible parents from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

100% PARTICIPATION PIN

The 100% Participation pin has been introduced from the 2020/2021 season. An acknowledgement to those athletes who compete in all available events each season.

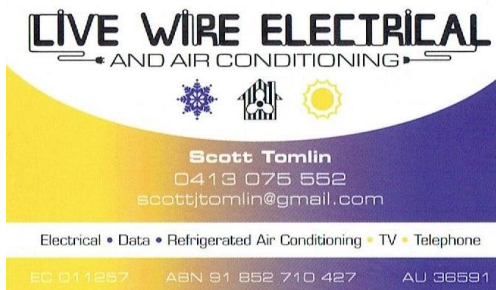
Criteria: Awarded to each athlete who competes in every available event throughout the summer season excluding Centre Championships. 100% pins will be awarded at the Closing Ceremony.

STATE EVENT KEY OFFICIALS 2021-2022

The Belmont Little Athletics Centre would like to thank all parents for their help throughout the season. Special mention goes to the parents who filled Key Official roles at State Events (State Relays, Multis and Zones).

SPONSORS AND SUPPORTERS

We wish to extend our sincere thanks and appreciation to individuals and organisations who have aided us with donations, sponsorship, and other support. Including, but not limited to:



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100m Gift Results

24th January 2022

Belmont hosted 100m Gift race (a 100m handicapped race) Three Divisions- Junior U8-U10's, Intermediate U11-U13's, Seniors U14-U17's. Open to any registered athletes.

JUNIOR ~ U8-U10

- | | |
|-----------------------|---------------------------|
| 1st | Taya Campbell (Bunbury) |
| 2nd | Indianna King (Joondalup) |
| 3rd | Scott McLeod (Dale) |

INTERMEDIATE ~ U11-U13

- | | |
|-----------------------|----------------------------|
| 1st | Emma Wilson (Belmont) |
| 2nd | Evy Lang (Baldivis) |
| 3rd | Matilda Grindrod (Belmont) |

SENIOR ~ U14-U17

- | | |
|-----------------------|-------------------------|
| 1st | Deacon Eva (Dale) |
| 2nd | Mischa Tomlin (Belmont) |
| 3rd | Noah Murray (Baldivis) |



CHRISTMAS GIFT

The Christmas Gift was inaugurated in the 1997/98 season. This is a handicap sprint race run over 100 metres for scratch markers with all other runners being handicapped forward by the handicapper according to times run during the current season. The fastest athletes from each gender and age group are invited to participate in a series of heats culminating into finals.

SENIORS (U10 – U17) ~ Previous Winners

Boys

1997	Ben Castle (Forrestfield)
1998	Bryn Stewart (Kewdale)
1999	Scott Boyle (Belmay)
2000	Craig Luckens (Belmay)
2001	Jake Broughton (Carlisle/Rivervale)
2002	Brett Van Groningen (Kalamunda/Lesmurdie)
2003	Daniel Webb (High Wycombe)
2004	Ryan Suckling (Forrestfield)
2005	?
2006	Patrick Hughes (Carlisle/Rivervale)
2007	James Maxwell (Carlisle/Rivervale)
2008	Peter Murphy (Kewdale)
2009	Tim Iffla (Forrestfield)
2010	Max Bradley (Forrestfield)
2011	Harry Edwards (Kalamunda/Lesmurdie)
2012	Trent McDougall (Carlisle/Rivervale)
2013	Antoine Vargiolu (Forrestfield)
2014	Takudzwa Matikiti (Kalamunda/Lesmurdie)
2015	Takudzwa Matikiti (Kalamunda/Lesmurdie)
2016	William Tilbee (Kewdale)
2017	Seth Norman (Carlisle/Rivervale)
2018	Ben Colebrook (Kewdale)
2019	William Tilbee (Kewdale)
2020	Kayel Ascoli (Forrestfield)
2021	Connor Ouwendyk (Kalamunda/Lesmurdie)

Girls

Nicole Stone (Kewdale)
Olivia Chester (High Wycombe)
Jenelle Brand (Forrestfield)
Lauren Taylor (Kewdale)
Emma Forward (Belmay)
Casey Savill (Forrestfield)
Stephanie Lam (Kewdale)
Emma Trail (Forrestfield)
Tayla Van Zuilecom (Forrestfield)
Emily Webb (High Wycombe)
Ashley Parkinson (Kewdale)
Stephanie Lam (Kewdale)
Stephanie Lam (Kewdale)
Sasa Vanek (Kalamunda/Lesmurdie)
Jasmin Long (Kalamunda/Lesmurdie)
Naomi Hayes (High Wycombe)
Tayla McAuliffe (Carlisle/Rivervale)
Reesha Quaresimin (Forrestfield)
Drew Tolliday (Forrestfield)
Chloe Ugle (Kewdale)
Tara Stribley (Carlisle/Rivervale)
Ruby Henshall (Forrestfield)
Gracie McDonald (Kalamunda/Lesmurdie)
Larissa Macgregor (Forrestfield)
Chloe Reeves (Kalamunda/Lesmurdie)

JUNIORS (U6 – U9) ~ Previous Winners

Boys

2002	Matthew Hoogenkamp (Kalamunda/Lesmurdie)
2003	Matthew Kang (High Wycombe)
2004	Benjamin Farr (Kewdale)
2005	Liam Johnston (Carlisle/Rivervale)
2006	Riley Partington (High Wycombe)
2007	Jake Moffitt (Kewdale)
2008	Connor Van der Merwe (Kalamunda/Lesmurdie)
2009	Tyler Clatworthy (High Wycombe)
2010	Antoine Vargiolu (Forrestfield)
2011	Antoine Vargiolu (Forrestfield)
2012	James Pritchard (Carlisle/Rivervale)
2013	Kade McKeown (Carlisle/Rivervale)
2014	Roman-Carlo Roia (Carlisle/Rivervale)
2015	Tully McGrath (Kalamunda/Lesmurdie)
2016	Tully McGrath (Kalamunda/Lesmurdie)
2017	Mogga Jansuk (Willandra)
2018	Mack Mills (High Wycombe)
2019	Jake Demanser (High Wycombe)
2020	Mack Mills (Kewdale)
2021	Osman Mansaray (Carlisle/Rivervale)

Girls

Siobhan Spargo (Forrestfield)
Tayla Van Zuilecom (Forrestfield)
Tahlia Cornelius (High Wycombe)
Rose-Marie Rechichi (Kewdale)
Sarah Fryer (Carlisle/Rivervale)
Serena Elms (Kewdale)
Zarina Faridzal (Carlisle/Rivervale)
Hana Vanek (Kalamunda/Lesmurdie)
Madison Sauzier (Kalamunda/Lesmurdie)
Mikaela Hindmarsh (Carlisle/Rivervale)
Rosie McGehan (Kalamunda/Lesmurdie)
Rosie McGehan (Kalamunda/Lesmurdie)
Hayley Clarke (Victoria Park)
Scarlet Van Beek (Forrestfield)
Amy Stump (Kalamunda/Lesmurdie)
Cassidy Clarke (Forrestfield)
Maia Goodall (Kalamunda/Lesmurdie)
Mia Pillera (High Wycombe)
Taylah Gilders (Kalamunda/Lesmurdie)
Isla Agius (Kelmescott)

CHRISTMAS GIFT 100m HANDICAP WINNERS 2021

Juniors

Girls

- 1st** Isla Agius (Kelmscott)
2nd Hannah Dangerfield (Kewdale)
3rd Ivy Sio (Kelmscott)

Boys

- Osman Mansaray (Carlisle/Rivervale)
Benedict Joseph (Forrestfield)
Samuel O'Brien (Forrestfield)

Seniors

- 1st** Chloe Reeves (Kalamunda/Lesmurdie)
2nd Louise Benney (Kewdale)
3rd Maia Goodall (Kalamunda/Lesmurdie)

- Connor Ouwendyk (Kalamunda/Lesmurdie)
Nathaniel Martin (Kalamunda/Lesmurdie)
Jayce Heal (Kalamunda/Lesmurdie)



1500m INVITATIONAL

The 1500m Invitational event is held in January each year. The event is open to all registered Athletics West athletes who have obtained a result for the 1500m event in the current season and have registered that time with the BLAC Records & Ranking Officer at least one week prior to the event. Athletes are placed into the following age categories: U11-13 Boys, U11-13 Girls, U14-17 Boys and U14-17 Girls with Belmont Athletes and Visitors racing together. Gold, Silver & Bronze medals will be awarded in each of the 4 categories. All visiting athletes may compete in any other events held on the day.

1500m INVITATIONAL WINNERS 2022

U11-U13

Girls

- 1st** Abeerah Ali (Gosnells)
- 2nd** Milly Holding (Baldivis)
- 3rd** Madison Mills (Kewdale)

Boys

- Duku Jack Jansuk (Kelmescott)
- Thomas Davey (Kalamunda/Lesmurdie)
- Joypreet Singh Jabbal (Kelmescott)

U14-U17

Girls

- 1st** Elyssa Lewis (Kewdale)
- 2nd** Mia Colley (Dale)
- 3rd** Kaylee Myles (Forrestfield)

Boys

- Tony Thomas (Kewdale)
- Seth Clarenc (Kalamunda/Lesmurdie)
- Jake Mills (Kewdale)





ALAC Representatives – April 2022
L-R: Scarlet Van Beek | Tristian Wilson | Callum Shaw



COMPETITION DAYS

SIGNING ON

The site roster is located under the veranda behind the announcer's table. To reduce starting delays and to increase your chances of signing onto your site of choice, Officials and Assistants are required to sign on at least 15 minutes before the official start time.

ATHLETE SIGN ON SHEETS will also be posted on the tables outside the clubrooms – all athletes to tick off their names as they arrive. This will assist in the smooth running of the program, allowing the Arena Manager and the Announcer to adjust events according to the number of athletes present.

SETUP & PACK AWAY

The club rostered to set up will be required to arrive **one hour before** the start of the program to put out equipment (including shade tents, timing gates and all site equipment etc). Please report to the Equipment Officer on arrival at the equipment shed.

Pack away club will be required to remain after competition is finished to assist in putting away equipment and generally clean up the grounds.

ALL CLUBS are responsible for cleaning up **THEIR OWN** club area each week. Setup and pack away refers to the following:

- Placing and removing rubbish bins in club areas.
- Sweep out the toilet blocks and empty rubbish bins (Pack Away)
- Sweeping the First Aid room and veranda. (Pack Away)
- Set up and put away tables for the Announcer and Officials Coordinator.
- Set up and put away chairs for the timekeepers and recorders.
- Set up and put away site material & equipment.
- Collect hand wash from the canteen and place in toilets. (Set Up)
- Return hand wash to canteen. (Pack Away)
- Take rubbish from outside canteen and place in bins
- Take empty crates from outside canteen and place outside gates opposite bike racks.

FIRST AID

Clubs will be required to supply a first aid officer on their rostered days. This person will administer **basic** first aid as required. All rostered first aid officers **must** provide a copy of their current first aid qualification prior to commencing the roster.

CANTEEN

Clubs will be required to supply 2 canteen helpers on their rostered days. Canteen helpers will be required to assist the Canteen Manager with serving customers, taking orders, cash handling and calculating change. Canteen helpers must be over 16 years of age for insurance reasons.

The canteen is not a thoroughfare. Only rostered canteen helpers are to enter the canteen.

FUNDRAISING

Clubs can conduct fundraising activities during competition meets on their rostered days, in accordance with BLAC's fundraising policy. A copy of the policy can be obtained from our website.

Clubs **MUST** inform the canteen at **least one week** prior to their fundraising day if their fundraising will involve selling **ANY** food. The canteen is to be informed of the type of food and quantity that clubs wish to sell on the day so the canteen can cater accordingly to reduce wastage.

ROSTERS

Date	Fundraising	Canteen (2)	First Aid	Set up	Pack Away	S/T Start Marshal (2)	Program
8 th Oct	KEW	HWLAC	FLAC	KALA	HWLAC	KELM	A
15 th Oct	HWLAC	KELM	CRLAC	HWLAC	KEW	KALA	B
22 nd Oct	CRLAC	KALA	KELM	KEW	CRLAC	FLAC	C
29 th Oct	BLAC	FLAC	HWLAC	CRLAC	KELM	CRLAC	A
5 th Nov	FLAC	KEW	KALA	KELM	FLAC	HWLAC	B
12 th Nov	KELM	CRLAC	FLAC	FLAC	KALA	KEW	C
19 th Nov	KALA	HWLAC	KEW	KALA	HWLAC	KELM	A
26 th Nov	HWLAC	KELM	CRLAC	HWLAC	KEW	KALA	B
3 rd Dec	CRLAC	KEW	KELM	KEW	CRLAC	FLAC	C
10 th Dec	KEW	FLAC	KALA	CRLAC	KELM	CRLAC	A
17 th Dec	BLAC	CRLAC	FLAC	KELM	FLAC	HWLAC	B & Xmas Gift
14 th Jan	FLAC	KALA	HWLAC	FLAC	KALA	KEW	C
21 st Jan (Invitational)	BLAC	KEW	CRLAC	KALA	HWLAC	KELM	A
28 th Jan	KELM	HWLAC	KEW	HWLAC	KEW	KALA	B
Sunday 5 th Feb	KALA	CRLAC	HWLAC	KEW	CRLAC	FLAC	C
11 th Feb (Centre Champs)	BLAC	KALA	KELM	FLAC	KALA	CRLAC	1
18 th Feb (Centre Champs)	BLAC	KELM	KALA	KELM	FLAC	KEW	2

CLUB SITE ROSTER

CLUB	EVENT/SITE
Kewdale	Jump Pit 1
	Javelin 1
High Wycombe	High Jump 1
	Jump Pit 4
Kelmscott	Javelin 2
	Shot put 2
Site shared by Largest 2 clubs	High Jump (scissor)
	*See notes below
Kalamunda/Lesmurdie	Discus 2
	Shot put 1
Carlisle/Rivervale	Jump Pit 3
	High Jump 2
Forrestfield	Jump Pit 2
	Discus 1

Clubs will be required to supply the Key Official for their site

All other positions on the arena will be filled on the day, on a first come first served basis.

S/T=Straight Track (Short Track)
C/T=Circular Track (Long Track)

*** High Jump Scissor Kick site will be run by the 2 largest clubs on alternate weeks, based on registrations (largest club first week, 2nd largest club second week and so on)**

POSITION	CLUB/OFFICIAL	POSITION	CLUB/OFFICIAL
Chief Starter S/T	Kelmscott	Starter C/T	Kalamunda/Lesmurdie
Check Starter		Chief Timekeeper C/T	Kalamunda/Lesmurdie
Timing Gate Operator-Chief	High Wycombe	Assistant Timekeeper C/T	Kalamunda/Lesmurdie
Timekeeper S/T	High Wycombe	Computer Operator C/T	Kalamunda/Lesmurdie
Computer Operator S/T	Forrestfield	Start Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T	Rotating roster	Finish Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T	Rotating roster		
Finish Marshall S/T		Walks Judges	One Per Club

SEASON CALENDAR 2022-2023

OCTOBER 2022

Sat 8/10/22	Interclub Competition: Program A - 8:00am
Mon 10/10/22	BLAC Executive Meeting 7:30pm ¹
Sat 15/10/22	Interclub Competition: Program B - 8:00am
Sat 22/10/22	Interclub Competition: Program C - 8:00am Opening Ceremony
Sat 29/10/22	Interclub Competition: Program A - 8:00am PCH DAY

NOVEMBER 2022

Sat 5/11/22	Interclub Competition: Program B - 8:00am
Sat 12/11/22	Interclub Competition: Program C - 8:00am
Mon 14/11/22	BLAC Executive Meeting 7:30pm ¹
Sat 19/11/22	Interclub Competition: Program A - 8:00am
Sat 26/11/22	Interclub Competition: Program B - 8:00am

DECEMBER 2022

Sat & Sun 3rd & 4th	<i>State Combined Event Championships (Ern Clarke Athletics Centre)</i>
Sat 3/12/22	Interclub Competition: Program C - 4:00pm (Twilight)
Sat 10/12/22	Interclub Competition: Program A - 8:00am
Mon 12/12/22	BLAC Executive Meeting 7:30pm ¹
Sat 17/12/22	Interclub Competition: Program B - 8:00am - Christmas Gift

JANUARY 2023

Mon 9/1/23	BLAC Executive Meeting 7:30pm ¹
Wed 11/1/23**	Wednesday Night January Competition
Sat 14/1/23	Interclub Competition: Program C - 4:00pm (Twilight)
Mon 16/1/23#	Belmont 100m Gift Race (handicapped event)
Wed 18/1/23**	Wednesday Night January Competition
Sat 21/1/23	Interclub Competition: Program A - 4:00pm - 1500m Invitational
Mon 23/1/23	BLAC hosted "Relay Night"
Sat 28/1/23	Interclub Competition: Program B - 4:00pm (Twilight)

FEBRUARY 2023

Sat 4/2/23	<i>WA State Relay Championships (WA Athletics Stadium)</i>
Sunday 5/2/23	Interclub Competition: Program C - 8:00am
Sat 11/2/23	Centre Championships: Program 1 - 8:00am
Mon 13/2/23	BLAC Executive Meeting 7:30pm ¹
Sat 18/2/23	Centre Championships: Program 2 - 8:00am
Sat & Sun 25th & 26th	<i>Little Athletics Zones Championships - Day 1 & 2</i>

MARCH 2023

Fri/Sat/Sun 3/4/5th	<i>WA State Track & Field Championships (WA Athletics Stadium)</i>
Sat 11/3/23	Centre Wind Up
Mon 13/3/23	BLAC Executive Meeting 7:30pm ¹
Fri/Sat/Sun 17/18/19th	<i>WA State JUNIOR Track & Field Championships (WA Athletics Stadium)</i>

APRIL 2023

	"Winter Cross Country Training Commences"
Mon 17/4/23	BLAC Executive Meeting 7:30pm ¹

MAY 2023

	"Winter Cross Country Events Commence"
Mon 8/5/23	BLAC Annual General Meeting - Gerry Archer Athletic Track 7:30pm

CALENDAR NOTES

¹Unless otherwise advised, all Executive meetings are open door. Club delegates will be advised, prior to meeting, of the agenda and any specific meeting that they should attend.

** Belmont hosted Wednesday Night January Competitions. Open to any U11-U17 registered athletes.

Belmont hosted 100m Gift race (a 100m handicapped race) Three Divisions- Junior U8-U10's, Intermediate U11-U13's, Seniors U14-U17's. Open to any Athletics West registered athletes.

EVENT PROGRAMS

Programs are run over three weekends (programs A, B & C).

This allows athletes to compete in each event up to five times over the season.

Athletes must compete in an event at least three (3) times to qualify for that event at Centre Championships. Extenuating circumstances will be looked at on a case by case basis.

Note: Programs are subject to change by the Arena Manager on the day of competition or by the Executive Committee prior to competition. Clubs will be advised through their Club Manager of program changes where possible.

PROGRAM A BOYS					
AGE	EVENTS				
U6	100m	70m	Vortex		
U7	100m	70m	Vortex		
U8	100m	70m	Shot		
U9	100m	400m	Shot	High	
U10	100m	400m	Turbo	Long	
U11	100m		Discus	Long	1500m
U12	100m		Shot	High	1500m
U13	100m	200mH	Javelin	High	1500m
U14	100m	200mH	Shot	High	1500m
U15	100m	300mH	Shot	Long	1500m
U16-17	100m	300mH	Shot	Long	1500m

PROGRAM A GIRLS					
AGE	EVENTS				
U6	100m	70m	Discus		
U7	100m	70m	Discus		
U8	100m	70m	Shot		
U9	100m	400m	Shot	High	
U10	100m	400m	Discus	Long	
U11	100m		Discus	Long	1500m
U12	100m		Discus	Triple	1500m
U13	100m	200mH	Discus	High	1500m
U14	100m	200mH	Javelin	Triple	1500m
U15	100m	300mH	Javelin	Triple	1500m
U16-17	100m	300mH	Javelin	Triple	1500m

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON**PROGRAM B BOYS**

AGE	EVENTS				
U6-7	200m	300m	Shot		
U8	200m	500m	Turbo		
U9	200m	800m	Discus	Long	
U10	200m	800m	Discus	High	
U11	200m	800m	Shot	Triple	
U12	200m	800m	Javelin	Long	
U13	200m	800m	Discus	Long	
U14	200m	800m	Javelin	Long	
U15	200m	800m	Javelin	Triple	
U16-17	200m	800m	Javelin	Triple	60m

PROGRAM B GIRLS

U6-7	200m	300m	Vortex	Long	
U8	200m	500m	Discus	Long	
U9	200m	800m	Turbo	Long	
U10	200m	800m	Shot	High	
U11	200m	800m	Shot	High	
U12	200m	800m	Shot	Long	
U13	200m	800m	Shot	Triple	
U14	200m	800m	Discus	High	
U15	200m	800m	Discus	High	
U16-17	200m	800m	Discus	High	60m

PROGRAM C BOYS

AGE	EVENTS				
U6-7	60m miniH	70m		Discus	Long
U8	60mH	70m		Discus	Long
U9	60mH	70m	700mW	Turbo	
U10	60mH	70m	1100mW	Shot	
U11	80mH	400m	1100mW	Javelin	High
U12	80mH	400m	1500mW	Discus	Triple
U13	80mH	400m	1500mW	Shot	Triple
U14	90mH	400m	1500mW	Discus	Triple
U15	100mH	400m	1500mW	Discus	High
U16-17	110mH	400m	1500mW	Discus	High

PROGRAM C GIRLS

U6-7	60m miniH	70m		Shot	
U8	60mH	70m		Turbo	
U9	60mH	70m	700mW	Discus	
U10	60mH	70m	1100mW	Turbo	
U11	80mH	400m	1100mW	Javelin	Triple
U12	80mH	400m	1500mW	Javelin	High
U13	80mH	400m	1500mW	Javelin	Long
U14	80mH	400m	1500mW	Shot	Long
U15	90mH	400m	1500mW	Shot	Long
U16-17	100mH	400m	1500mW	Shot	Long

**CENTRE CHAMPIONSHIPS
PROGRAM 1 BOYS**

AGE	EVENTS							
U6	Shot	Long		60mH mini	200m		70m	
U7	Shot	Long		60mH mini	200m		70m	
U8	Shot	Long		60mH	200m		70m	
U9	Shot	Long	High	60mH	200m			700mW
U10	Shot	Long	High	60mH	200m			1100mW
U11	Shot	Long	High	80mH	200m		800m	1100mW
U12	Discus	Long	High	80mH	200m		800m	1500mW
U13	Discus	Long	High	80mH	200m		800m	1500mW
U14	Discus	Long	High	90mH	200m		800m	1500mW
U15	Discus	Long	High	100mH	200m		800m	1500mW
U16-17	Discus	Long	High	110mH	200m	60m	800m	1500mW

**CENTRE CHAMPIONSHIPS
PROGRAM 1 GIRLS**

AGE	EVENTS							
U6	Vortex	Discus		60mH mini	200m		70m	
U7	Vortex	Discus		60mH mini	200m		70m	
U8	Turbo	Discus		60mH	200m		70m	
U9	Turbo	Discus		60mH	200m		800m	700mW
U10	Turbo	Discus		60mH	200m		800m	1100mW
U11	Javelin	Discus	Triple	80mH	200m		800m	1100mW
U12	Javelin	Shot	Triple	80mH	200m		800m	1500mW
U13	Javelin	Shot	Triple	80mH	200m		800m	1500mW
U14	Javelin	Shot	Triple	80mH	200m		800m	1500mW
U15	Javelin	Shot	Triple	90mH	200m		800m	1500mW
U16-17	Javelin	Shot	Triple	100mH	200m	60m	800m	1500mW



**CENTRE CHAMPIONSHIPS
PROGRAM 2 BOYS**

AGE	EVENTS						
U6	Vortex	Discus		100m		300m	
U7	Vortex	Discus		100m		300m	
U8	Turbo	Discus		100m		500m	
U9	Turbo	Discus		100m	800m	400m	70m
U10	Turbo	Discus		100m	800m	400m	70m
U11	Javelin	Discus	Triple	100m	1500m	400m	
U12	Javelin	Shot	Triple	100m	1500m	400m	
U13	Javelin	Shot	Triple	100m	1500m	400m	200mH
U14	Javelin	Shot	Triple	100m	1500m	400m	200mH
U15	Javelin	Shot	Triple	100m	1500m	400m	300mH
U16-17	Javelin	Shot	Triple	100m	1500m	400m	300mH

**CENTRE CHAMPIONSHIPS
PROGRAM 2 GIRLS**

AGE	EVENTS						
U6	Shot	Long		100m		300m	
U7	Shot	Long		100m		300m	
U8	Shot	Long		100m		500m	
U9	Shot	Long	High	100m		400m	70m
U10	Shot	Long	High	100m		400m	70m
U11	Shot	Long	High	100m	1500m	400m	
U12	Discus	Long	High	100m	1500m	400m	
U13	Discus	Long	High	100m	1500m	400m	200mH
U14	Discus	Long	High	100m	1500m	400m	200mH
U15	Discus	Long	High	100m	1500m	400m	300mH
U16-17	Discus	Long	High	100m	1500m	400m	300mH



**BELMONT LITTLE ATHLETICS CENTRE
STATE U13 REPRESENTATIVES HONOURS LIST**

Year	Boys	Girls
1971	I. Wilson	
1972	S. Dennon, G. Keeley, D. Millar, R. Smith	
1973	I. Murray	O. Allen, D. Coplen, M. Prestige
1974	N. Harman, A. Martin	N. Hitchens, M. Strachan
1975		T. Armstrong, M. Brignoli, C. Perry, C. Tunstall
1976		S. Timmings, S. Wijesundera
1977		K. Tunstall, S. Wijesundera
1978	R. Joyce, B. Renton, A. Watson	
1980	R. Crockett, D. Ogg	T. Heys, R. Lee
1981		N. Gallagher
1982		V. French
1985	A. Frew, B. Netherway	
1986	M. Lewenhoff	T. Walsh
1989		J. Davies
1990	S. Anderson	
1991		A. Frew, J. Taputoro
1993	P. Campo	
1997	S. Luckens, A. Sampey	M. Magdic, C. Boyanich
1999	T. Abreu, S. Boyle	
2000	M. Webber	
2001	B. Jarvis	
2004		J. Ward
2009	B. McInerney	
2016	P. Stervaggi, A. Vargiolu	
2017	M. Bostock	
2018		L. Stump, A. Lewis
2019	K. Ascoli, D. Cowin	O. Dodds
2022	T. Wilson, C. Shaw	S. Van Beek

STATE U15 MULTI EVENT REPRESENTATIVES HONOURS LIST

Year	Boys	Girls
2017	J. Jones	
2018		E. Dodds
2019	B. Colebrook	E. Ferguson

STATE TEAM OFFICIALS HONOURS LIST

1973	T. Millar (Manageress)	1983	F. French (Manageress)
1973	R. Hardman (Manager)	1986	F. French (Singapore Team Manageress)
1975	J. Hardman (Manageress)	2012	T. Petts (Coach)
1975	R. Smith (Manager)	2013	T. Petts (Coach)
1976	J. Hardman (Manageress)	2014	T. Petts (Coach)
1980	N. MacKenzie (Manageress)	2015	T. Petts (Coach)
1981	N. MacKenzie (Manageress)	2016	T. Petts (Coach)
1982	F. French (Manageress)	2017	T. Petts (Coach)
1982	M. Lee (Coach)		

2021 – 2022 REPRESENTATIVE HONOURS

STATE RELAY CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, 11th December 2021

U15-17 Medley – GOLD – Coach: Jacki Walters

Laura Clarke, Ilah Ody, Zachary Warner, Aiden Warner, Rachel Statham (Reserve)

U17 B 4x100m – GOLD – Coach: Kheirra Elliott

Declan Cowin, Zachary Warner, Aiden Warner, Khyran Elliott

U14 G 4x100m – SILVER – Coach: Scott Tomlin

Mischa Tomlin, Addyson Sutton, Larissa MacGregor, Chevelle Atkinson, Grace Whisson (Reserve)

U10 B Field – SILVER

Felix Sio, Mack Mills

U11 B Field – BRONZE

Kayden Haydari, Tanxsta Harris

U12 B Field – GOLD

Oscar Sio, Nathan Scott

U13 B Field – GOLD

Tristian Wilson, Nicholas Bonfilgio

STATE COMBINED EVENT CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, 22nd and 23rd January 2022

U11 G Charlotte Hayward - **BRONZE**

U13 B Thomas Webb - **SILVER**

U14 B Wyatt Hill - **GOLD**

U17 G Rachel Statham - **BRONZE**

U17 B Tristen Burgess - **GOLD**

2022 STATE CROSS COUNTRY CHAMPIONSHIPS MEDAL WINNERS

31st July 2022, Jorgensen Park / Belmont LAC

U11G Charlotte Hayward **BRONZE** – 7:58.60 (2000m)

U13B Duku Jansuk **BRONZE** – 12:07.00 (3000m)

U16B Tony Thomas **BRONZE** – 13:42.43 (4000m)

U17G Amalina Gosper **SILVER** – 13:19.90 (3000m)

2022 STATE ROADWALKING CHAMPIONSHIPS MEDAL WINNERS

6th August 2022, Perry Lakes Reserve

U9G Willow Wheeler **BRONZE** – 6:09.52 (1000m)

U10B Gabriel van Heerwaarden **GOLD** – 8:32.04 (1500m)

U11G Tory D'Alessio **GOLD** – 7:31.67 (1500m)

U12G Trinity Doulis **BRONZE** – 12:26.97 (2000m)

U13B Trent D'Alessio **SILVER** – 12:46.03 (2000m)

'100' Attendance Pin Recipients (introduced 2020/21 season)

Awarded to each athlete who competes in every available event throughout the summer season excluding centre championships.

Dante van Heerwaarden	Taylah Gilders	Tory D'Alessio
Lavinia Swan	Ethan Muijs	Imogen Crabbe
Chloe Tampalini	Harry Patchett	Amber Ricci
Charlotte Hadley	Linkin Rodman	Madison Mills
Charlie Schneider	Gabriel van Heerwaarden	Emma Anderson
Brodie Finucane	Emma Hadley	Jessica Muijs
Flynn Crabbe	Ivy Ricci	Maddison Walters
Ashton Haydari	Tanxsta Harris	Rylan Scott
Lachlan MacKenzie	Jackson Gilders	Mack Mills
Theo Niblock	Chloe Reeves	Anton Zmak
Bonnie Greenway		



2021 – 2022 HONOURS & AWARDS**BELMONT LITTLE ATHLETICS CENTRE CAPTAINS**

Each season, Clubs nominate athletes for selection as Centre Captains by the Executive Committee.
The 2021 - 2022 captains were:

Paige Bower (Kewdale)	Tristen Burgess (Carlisle/Rivervale)
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BELMONT SPORTSPERSON OF THE YEAR: Kaden Haydari (Carlisle/Rivervale)

(Decided by the City of Belmont Mayor)

PERPETUAL TROPHY WINNERS

For outstanding performances in the following event categories:

Overall Middle Distance Trophy	Rachael Deering (Carlisle/Rivervale)
Overall Throws Trophy (Decided by Vanessa French)	Tristian Wilson (Forrestfield)
Overall Sprints Trophy	Ilah Ody (Forrestfield)
Overall Hurdles Trophy	Tanxsta Harris (Carlisle/Rivervale)
Overall High Jump Trophy	Rafa Holland Zumel (Forrestfield)
Overall Jumps Trophy (Long & Triple)	Jayce Heal (Kalamunda/Lesmurdie)
Overall Walks Trophy	Gabriel van Heerwaarden (Carlisle/Rivervale)
Junior Athlete of the Year	Akira West (Carlisle/Rivervale) Jake Demanser (High Wycombe)
Intermediate Athlete of the Year	Ivy Ricci (Kelmescott) Tanxsta Harris (Carlisle/Rivervale)
Senior Athlete of the Year	Amelie Markovic (Kalamunda/Lesmurdie) Wyatt Hill (Kelmescott)

CHAMPION CLUBS

French Family Trophy Champion Club – Overall Winner	Kalamunda/Lesmurdie
Joy Hardman Trophy Champion Club – Handicap Winner	High Wycombe
March Past Award Winners	Forrestfield
Parent Relay Winners	Kalamunda/Lesmurdie

CENTRE PERSON OF THE YEAR: Jacinta Thompson (Carlisle/Rivervale)**PHOENIX AWARD: Zeehartha Anderson (Carlisle/Rivervale)****BLAC U17 – Final Year Gift Recipients**

Paige Bower, Amalina Gosper, Jemma Lewandowski, Tiahna McIntyre, Isabelle Rosalia, Rachel Statham, Laura Stump, Olivia Trueman, Tristen Burgess, Deklan Byng, Seth Clarenc, Khyran Elliott, Aiden Warner, Zachary Warner, Declan Cowin

CLUB AGE GROUP CHAMPIONS

	Boys	Girls
U6	Forrestfield	Kewdale
U7	Kewdale	Carlisle/Rivervale
U8	Kewdale	Kalamunda/Lesmurdie
U9	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie
U10	High Wycombe	Kewdale
U11	Carlisle/Rivervale	Kalamunda/Lesmurdie
U12	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie
U13	Kelmscott	Kalamunda/Lesmurdie
U14	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie
U15	High Wycombe	Kalamunda/Lesmurdie
U16	Forrestfield	Forrestfield
U17	Kelmscott	Kewdale

Champion Boy

Runner Up Boy

U6	Osman Mansaray (Carlisle/Rivervale)	Madden Thompson-Bowness (Forrestfield)
U7	Benedict Joseph (Forrestfield)	Malachi Brown (Kelmscott)
U8	Jake Demanser (High Wycombe)	Charlie Schneider (High Wycombe)
U9	Harry Patchett (Kelmscott)	Linkin Rodman (Kewdale)
U10	Mack Mills (Kewdale)	Gabriel van Heerwaarden (Carlisle/Rivervale)
U11	Tanxsta Harris (Carlisle/Rivervale)	Jackson Gilders (Kalamunda/Lesmurdie)
U12	Thomas Davey (Kalamunda/Lesmurdie)	Mitchell Ferrari-Field (Kalamunda/Lesmurdie)
U13	Joypreet Singh Jabbal (Kelmscott)	Callum Shaw (Kelmscott)
U14	Wyatt Hill (Kelmscott)	Jake Mills (Kewdale)
U15	Rylan Scott (Kalamunda/Lesmurdie)	Patrick Clare (High Wycombe)
U16	Liam Carbery (Carlisle/Rivervale)	Braisen Joseph (Forrestfield)
U17	Aiden Warner (Kelmscott)	Declan Cowin (High Wycombe)

Champion Girl

Runner Up Girl

U6	Mikayla Clarke (High Wycombe)	Hannah Dangerfield (Kewdale)
U7	Chloe Tampalini (Carlisle/Rivervale)	Darcy Collins (Carlisle/Rivervale)
U8	Akira West (Carlisle/Rivervale)	Ivy Sio (Kelmscott)
U9	Taylah Gilders (Kalamunda/Lesmurdie)	Ebony Jefferson (Kalamunda/Lesmurdie)
U10	Ataya Bell (Forrestfield)	Ivy Ricci (Kelmscott)
U11	Chloe Reeves (Kalamunda/Lesmurdie)	Tory D'Alessio (Kewdale)
U12	Madison Mills (Kewdale)	Amber Ricci (Kelmscott)
U13	Amelie Markovic (Kalamunda/Lesmurdie)	Demi Bell (Forrestfield)
U14	Maddison Walters (Kewdale)	Sienna Jordan (Kalamunda/Lesmurdie)
U15	Lilly Ajduk (Kalamunda/Lesmurdie)	Asha Ascoli (Forrestfield)
U16	Chloe Mills (Kewdale)	Madeleine Doulis (Carlisle/Rivervale)
U17	Rachel Statham (Carlisle/Rivervale)	Laura Stump (Kalamunda/Lesmurdie)

BELMONT LAC ATHLETE YEAR AWARDS

6 YEAR	9 YEAR	12 YEAR
Tanxsta Harris	Harrison Fare	N/A
Paige Hotchkin	Blake Orr	
James McDonnell	Jake Mills	
Ciaran Carbery	Chloe Mills	
Hayley Dolling	Maddison Walters	
Ilah Ody	Isabelle Rosalia	
Patrick Clare	William Tilbee	
Noah Clare	Klara Tilbee	
Sigourney Slee	Laura Stump	
Stella Slee		
Lucas Warner		
Aiden Warner		
Jemma Lewandowski		
Noah Lewis		
Indiah Coupland		
Avalon Lockyer		
Amy Stump		



ATHLETICS WEST 8-YEAR SERVICE ATHLETE AWARDS

Madeline Thompson, Heidi Thompson, Paige Myles, Kaylee Myles, Asha Ascoli, Kayel Ascoli, Tiahna McIntyre, Charlotte Trueman, Olivia Trueman, Kirrali Richmond, Bonnie Greenway

ATHLETICS WEST 11-YEAR SERVICE ATHLETE AWARDS

Rachel Hilditch, Samuel Stribley, Remy Fernando

ATHLETICS WEST 20-YEAR SERVICE PARENT AWARDS

N/A

ATHLETICS WEST 10-YEAR SERVICE PARENT AWARDS

Marnie Doulis, Adrian Doulis, Kelly Hird, Natalie Nanut, Kim Elliot, Jade Lewis, Sam Craven, Ruth Stump, Tom Stump, Shane Scott, Kylie Scott

ATHLETICS WEST 5-YEAR SERVICE PARENT AWARDS

John van Heerwaarden, Fiona van Heerwaarden, Tom Webb, Veronica Webb, Vanessa Burgess, Naomi Haydari, Joel Moylan, Sally Moylan, Katie Brady, Darren Brady, Hellen Jansuk, Taban Jansuk, Pintira (Tip) Jantarak, Scott Tomlin, Jane Tomlin, Dave Rodman, Tenille Rodman, Jody Weston, Paul D'Alessio, Tammy D'Alessio, Rachel Alexander, Joseph Comito, Ben Goodall, Courtney Goodall, Brad Markovic, Jo Markovic, Jeff Martin, Colin Muijs, Susan Muijs, Kate Ouwendyk, Peter Ouwendyk, Mike Reeves

ATHLETICS WEST ATHLETE OF THE YEAR:

N/A

ATHLETICS WEST DOUG HANCY AWARD NOMINEES: Ilah Ody (Forrestfield)

ATHLETICS WEST CENTRE AWARDS

Centre Administrator of the Year:

Jacki Walters (Kewdale)

Centre Official of the Year:

Geoff Tilbee (Kewdale)

Centre Coach of the Year:

Leo Quaresimin

Junior Volunteer of the Year:

Charlie Raimundo (Kelmescott)



CENTRE CHAMPIONSHIPS MEDAL WINNERS

12th & 19th March 2022

(R) = Centre Championships Record

	U6 Girls	Result		U6 Boys	Result
	200m			70m	
Gold	Joella Ruben	44.00	Gold	Osman Mansaray	12.91
Silver	Hannah Dangerfield	48.79	Silver	Ethan Williams	13.58
Bronze	Mikayla Clarke	50.52	Bronze	Madden Thompson-Bowness	14.58
	60m mini Hurdles			Long Jump	
Gold	Joella Ruben (R)	11.87	Gold	Osman Mansaray	2.57
Silver	Hannah Dangerfield	14.02	Silver	Ethan Williams	2.25
Bronze	Mikayla Clarke	14.38	Bronze	Madden Thompson-Bowness	2.23
	70m			Shot put 1kg	
Gold	Joella Ruben	13.95	Gold	Osman Mansaray	3.50
Silver	Hannah Dangerfield	15.53	Silver	Madden Thompson-Bowness	3.28
Bronze	Emma Ellis	15.75	Bronze	Reginald Patchett	3.08
Bronze	Mikayla Clarke	15.75			
	Discus 350g			100m	
Gold	Hannah Dangerfield	9.34	Gold	Osman Mansaray	19.03
Silver	Mikayla Clarke	7.76	Silver	Ethan Williams	19.20
Bronze	Lavinia Swan	3.52	Bronze	Madden Thompson-Bowness	20.38
	Vortex			300m	
Gold	Hannah Dangerfield	9.20	Gold	Madden Thompson-Bowness (R)	1:04.56
Silver	Emma Ellis	9.07	Silver	Ethan Williams	1:05.07
Bronze	Mikayla Clarke	8.06	Bronze	Osman Mansaray	1:07.99
	100m			Discus 350g	
Gold	Hannah Dangerfield	22.34	Gold	Osman Mansaray	11.79
Silver	Erin Smith	22.69	Silver	Madden Thompson-Bowness	9.05
Bronze	Mikayla Clarke	22.94	Bronze	Reginald Patchett	7.33
	300m			Vortex	
Gold	Hannah Dangerfield	1:15.12	Gold	Osman Mansaray	15.41
Silver	Emma Ellis	1:20.21	Silver	Reginald Patchett	14.39
Bronze	Erin Smith	1:24.25	Bronze	Madden Thompson-Bowness	12.27
	Long Jump				
Gold	Hannah Dangerfield	2.18		U7 Girls	
Silver	Erin Smith	2.02		200m	
Bronze	Emma Ellis	2.00	Gold	Safiya Jenzarli	40.84
	Shot put 1kg		Silver	Darcy Collins	41.18
Gold	Hannah Dangerfield	3.71	Bronze	Evelyn Moylan	43.39
Silver	Emma Ellis	3.08		60m mini Hurdles	
Bronze	Mikayla Clarke	2.94	Gold	Safiya Jenzarli (R)	11.95
			Silver	Darcy Collins	12.53
	U6 Boys		Bronze	Chloe Tampalini	12.75
	200m			70m	
Gold	Osman Mansaray	41.13	Gold	Safiya Jenzarli	13.39
Silver	Ethan Williams	41.85	Silver	Darcy Collins	13.44
Bronze	Madden Thompson-Bowness	43.64	Bronze	Evelyn Moylan	13.96
	60m mini Hurdles			Discus 350g	
Gold	Ethan Williams	11.66	Gold	Ayla Falconbridge	10.78
Silver	Osman Mansaray	11.69	Silver	Makaylee Dangerfield	8.11
Bronze	Madden Thompson-Bowness	12.83	Bronze	Evelyn Moylan	7.75

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U7 Girls	Result		U7 Boys	Result
	<i>Vortex</i>			<i>Discus 350g</i>	
Gold	Makaylee Dangerfield	11.28	Gold	Benedict Joseph	12.93
Silver	Ayla Falconbridge	10.52	Silver	Malachi Brown	10.82
Bronze	Ariana Carbery	8.25	Bronze	Lachlan McKay	9.66
	<i>100m</i>			<i>Vortex</i>	
Gold	Barbara de la Mata	17.72	Gold	Malachi Brown	14.21
Silver	Safiya Jenzarli	17.78	Silver	Ethan Swan	12.71
Bronze	Darcy Collins	18.54	Bronze	Alex McDonnell	11.38
	<i>300m</i>				
Gold	Darcy Collins	1:06.22		<i>U8 Girls</i>	
Silver	Chloe Tampalini	1:09.53		<i>200m</i>	
Bronze	Makaylee Dangerfield	1:11.68	Gold	Akira West	38.85
	<i>Long Jump</i>		Silver	Isla Agius	40.68
Gold	Evelyn Moylan	2.75	Bronze	Charlotte Hadley	42.86
Silver	Barbara de la Mata	2.62		<i>60m Hurdles</i>	
Bronze	Darcy Collins	2.54	Gold	Akira West	12.68
	<i>Shot put 1kg</i>		Silver	Ivy Sio	12.91
Gold	Ayla Falconbridge	4.00	Bronze	Charlotte Hadley	14.38
Silver	Darcy Collins	3.84		<i>70m</i>	
Bronze	Evelyn Moylan	3.71	Gold	Isla Agius	12.55
			Silver	Ivy Sio	12.58
			Bronze	Akira West	12.72
	<i>U7 Boys</i>				
	<i>200m</i>			<i>Discus 500g</i>	
Gold	Ethan Swan	41.96	Gold	Ivy Sio	13.71
Silver	Benedict Joseph	42.05	Silver	Charlotte Hadley	9.21
Bronze	Malachi Brown	43.07	Bronze	Akira West	8.50
	<i>60m mini Hurdles</i>			<i>Turbo Javelin</i>	
Gold	Ethan Swan	12.48	Gold	Charlotte Hadley	9.90
Silver	Benedict Joseph	12.51	Silver	Akira West	9.25
Bronze	Malachi Brown	12.96	Bronze	Amelia Ouwendyk	5.50
	<i>70m</i>			<i>100m</i>	
Gold	Benedict Joseph	13.43	Gold	Akira West	17.49
Silver	Ethan Swan	13.79	Silver	Isla Agius	18.38
Bronze	Malachi Brown	13.83	Bronze	Charlotte Hadley	19.53
	<i>Long Jump</i>			<i>500m</i>	
Gold	Malachi Brown	2.45	Gold	Akira West	1:56.63
Silver	Benedict Joseph	2.39	Silver	Amelia Ouwendyk	2:03.24
Bronze	Lachlan McKay	2.32	Bronze	Charlotte Hadley	2:15.44
	<i>Shot put 1kg</i>			<i>Long Jump</i>	
Gold	Benedict Joseph	5.15	Gold	Ivy Sio	3.00
Silver	Malachi Brown	4.65	Silver	Akira West	2.96
Bronze	Travis Walker	3.70	Bronze	Isla Agius	2.62
	<i>100m</i>			<i>Shot put 1.5kg</i>	
Gold	Benedict Joseph	16.96	Gold	Ivy Sio (R)	6.77
Silver	Ethan Swan	17.15	Silver	Akira West	4.21
Bronze	Malachi Brown	17.29	Bronze	Aprryl Ouwendyk	3.60
	<i>300m</i>				
Gold	Malachi Brown	1:04.40			
Silver	Ethan Swan	1:04.69			
Bronze	Benedict Joseph	1:08.56			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U8 Boys	Result		U9 Girls	Result
	200m			800m	
Gold	Jake Demanser	35.97	Gold	Rachael Deering	3:02.71
Silver	Braxton Longman	36.34	Silver	Ebony Jefferson	3:05.66
Bronze	Logan Scott	37.32	Bronze	Taylah Gilders	3:10.64
	60m Hurdles			Discus 500g	
Gold	Jake Demanser	11.86	Gold	Rachael Deering	14.80
Silver	Archie Pickering	12.46	Silver	Taylah Gilders	14.68
Bronze	Charlie Schneider	12.95	Bronze	Skylah Douglas	11.94
	70m			Turbo Javelin	
Gold	Jake Demanser	11.86	Gold	Taylah Gilders	13.13
Silver	Braxton Longman	11.88	Silver	Sofia Nitschke	12.62
Bronze	Logan Scott	12.34	Bronze	Hannah Moylan	11.72
	Long Jump			100m	
Gold	Jake Demanser	3.48	Gold	Hannah Moylan	15.85
Silver	Braxton Longman	3.20	Silver	Skylah Douglas	16.40
Bronze	Charlie Schneider	3.04	Bronze	Rachael Deering	16.55
	Shot put 1.5kg			70m	
Gold	Archie Pickering	6.86	Gold	Hannah Moylan	11.24
Silver	Jake Demanser	6.09	Silver	Skylah Douglas	11.70
Bronze	Abel Holland Zumel	5.32	Bronze	Sofia Nitschke	11.77
	100m			400m	
Gold	Jake Demanser	16.35	Gold	Rachael Deering	1:21.23
Silver	Braxton Longman	16.56	Silver	Taylah Gilders	1:23.46
Bronze	Flynn Crabbe	17.51	Bronze	Imogen Spooner	1:24.25
	500m				
Gold	Jake Demanser	1:44.81		Long Jump	
Silver	Braxton Longman	1:45.99	Gold	Hannah Moylan	3.83
Bronze	Flynn Crabbe	1:48.01	Silver	Sofia Nitschke	3.45
	Discus 500g		Bronze	Taylah Gilders	3.30
Gold	Abel Holland Zumel	14.04		Shot put 2kg	
Silver	Jake Demanser	13.72	Gold	Taylah Gilders	5.31
Bronze	Charlie Schneider	13.50	Silver	Hannah Moylan	4.98
	Turbo Javelin		Bronze	Skylah Douglas	4.77
Gold	Jake Demanser	13.18		High Jump - Scissor	
Silver	Abel Holland Zumel	12.05	Gold	Taylah Gilders	1.08
Bronze	Flynn Crabbe	10.10	Silver	Hannah Moylan	1.06
			Bronze	Imogen Spooner	1.04
	U9 Girls				
	200m			U9 Boys	
Gold	Hannah Moylan	35.30		200m	
Silver	Rachael Deering	35.37	Gold	Samuel O'Brien	33.88
Bronze	Imogen Spooner	36.00	Silver	Henry Dalgleish	34.22
	60m Hurdles		Bronze	Henry Dalton	36.91
Gold	Hannah Moylan	11.57		700m Walk	
Silver	Skylah Douglas	11.76	Gold	Samuel O'Brien	4:10.13
Bronze	Sofia Nitschke	12.28	Silver	Harry Patchett	4:14.45
	700m Walk		Bronze	Phoenix King	4:31.17
Gold	Ebony Jefferson	3:58.98		60m Hurdles	
Silver	Willow Wheeler	4:13.54	Gold	Neilson Shibu	11.30
Bronze	Taylah Gilders	4:27.93	Silver	Henry Dalton	11.35
			Bronze	Phoenix King	11.55

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U9 Boys	Result		U10 Girls	Result
	<i>High Jump - Scissor</i>			<i>800m</i>	
Gold	Rafa Holland Zumel	1.09	Gold	Eva Tomasini	2:56.25
Silver	Tadhg Clare	1.07	Silver	Ataya Bell	3:10.46
Bronze	Harry Patchett	1.05	Bronze	Amber Viviers	3:11.35
	<i>Long Jump</i>			<i>Discus 500g</i>	
Gold	Samuel O'Brien	3.47	Gold	Ataya Bell	19.71
Silver	Rafa Holland Zumel	3.44	Silver	Eva Tomasini	16.53
Bronze	Henry Dalton	3.43	Bronze	Ivy Ricci	16.32
	<i>Shot put 2kg</i>			<i>100m</i>	
Gold	Phoenix King	6.15	Gold	Ivy Ricci	15.43
Silver	Neilson Shibu	6.09	Silver	Emily Agius	15.76
Bronze	Henry Dalton	5.26	Bronze	Beneth Ubaldo	16.10
	<i>100m</i>				
Gold	Samuel O'Brien	15.27		<i>Turbo Javelin</i>	
Silver	Harrison Langsford	15.89	Gold	Ataya Bell (R)	24.35
Bronze	Kaelen Gill	16.08	Silver	Ivy Ricci	18.05
	<i>400m</i>		Bronze	Eva Tomasini	14.33
Gold	Samuel O'Brien	1:15.14		<i>400m</i>	
Silver	Henry Dalgleish	1:16.65	Gold	Eva Tomasini	1:15.68
Bronze	Rafa Holland Zumel	1:17.63	Silver	Beneth Ubaldo	1:18.67
	<i>70m</i>		Bronze	Ataya Bell	1:19.81
Gold	Samuel O'Brien	10.86		<i>70m</i>	
Silver	Harrison Langsford	11.24	Gold	Ivy Ricci	11.05
Bronze	Henry Dalgleish	11.38	Silver	Emily Agius	11.13
	<i>800m</i>		Bronze	Beneth Ubaldo	11.29
Gold	Samuel O'Brien	2:51.42		<i>High Jump - Scissor</i>	
Silver	Rafa Holland Zumel	2:53.03	Gold	Ataya Bell	1.11
Bronze	Henry Dalgleish	2:59.01	Silver	Emma Hadley	1.09
	<i>Discus 500g</i>		Bronze	Ivy Ricci	1.05
Gold	Lucas Brady	18.50		<i>Long Jump</i>	
Silver	Henry Dalton	17.74	Gold	Emily Agius	3.62
Bronze	Phoenix King	17.15	Silver	Ivy Ricci	3.48
	<i>Turbo Javelin</i>		Bronze	Ataya Bell	3.33
Gold	Neilson Shibu	19.49		<i>Shot put 2kg</i>	
Silver	Lucas Brady	19.09	Gold	Ataya Bell	7.07
Bronze	Phoenix King	17.81	Silver	Eva Tomasini	6.19
			Bronze	Lexi Walters	5.76
	<i>U10 Girls</i>				
	<i>1100m Walk</i>			<i>U10 Boys</i>	
Gold	Ivy Ricci	6:24.26		<i>1100m Walk</i>	
Silver	Eva Tomasini	7:11.91	Gold	Gabriel van Heerwaarden	6:23.97
Bronze	Anna Davey	7:46.57	Silver	Mogga Jaysen Jansuk	7:42.47
	<i>200m</i>		Bronze	Taye Tibbott	8:14.88
Gold	Ivy Ricci	33.38		<i>200m</i>	
Silver	Emily Agius	33.46	Gold	Mack Mills	32.76
Bronze	Beneth Ubaldo	34.22	Silver	Mogga Jaysen Jansuk	33.74
	<i>60m Hurdles</i>		Bronze	Joel Ruben	36.34
Gold	Ivy Ricci (R)	10.94		<i>60m Hurdles</i>	
Silver	Beneth Ubaldo	12.27	Gold	Joel Ruben	11.64
Bronze	Emily Souren	12.86	Silver	Mack Mills	11.75
			Bronze	Mogga Jaysen Jansuk	12.31

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U10 Boys	Result		U11 Girls	Result
	High Jump - Scissor			800m	
Gold	Mogga Jaysen Jansuk	1.11	Gold	Tory D'Alessio	2:51.84
Silver	Gabriel van Heerwaarden	1.09	Silver	Hannah Maslen	2:56.32
Silver	Hunter Young	1.09	Bronze	Chloe Reeves	3:03.58
	Long Jump			Discus 500g	
Gold	Mack Mills	4.14	Gold	Tory D'Alessio	21.20
Silver	Mogga Jaysen Jansuk	3.72	Silver	Chloe Reeves	16.11
Bronze	Joel Ruben	3.53	Bronze	Ava Finucane	14.32
	Shot put 2kg			Javelin 400g	
Gold	Felix Sio	8.52	Gold	Tory D'Alessio	18.59
Silver	Mack Mills	6.37	Silver	Sophia Feltham	16.24
Bronze	Mogga Jaysen Jansuk	6.08	Bronze	Maisie Lloyd	15.12
	100m			Triple Jump	
Gold	Mack Mills	15.17	Gold	Chloe Reeves	8.46
Silver	Mogga Jaysen Jansuk	15.71	Silver	Stella Slee	7.37
Bronze	James Ferrari-Field	16.08	Bronze	Bethany Moylan	7.07
	400m			100m	
Gold	Mack Mills	1:16.51	Gold	Chloe Reeves	14.46
Silver	Mogga Jaysen Jansuk	1:19.66	Silver	Bethany Moylan	15.77
Bronze	Gabriel van Heerwaarden	1:21.38	Bronze	Imogen Crabbe	15.84
	70m			1500m	
Gold	Mack Mills	10.29	Gold	Tory D'Alessio	5:51.71
Silver	Mogga Jaysen Jansuk	10.87	Silver	Chloe Reeves	6:11.96
Bronze	James Ferrari-Field	11.08	Bronze	Hannah Maslen	6:12.63
	800m			400m	
Gold	Mack Mills	2:44.53	Gold	Tory D'Alessio	1:16.67
Silver	Mogga Jaysen Jansuk	2:44.88	Silver	Olivia Weston	1:19.13
Bronze	Gabriel van Heerwaarden	3:03.30	Bronze	Chloe Reeves	1:19.58
	Discus 500g			High Jump - Fosbury	
Gold	Felix Sio	25.94	Gold	Stella Slee	1.28
Silver	Isaac Falconbridge	19.95	Silver	Violet Heather	1.15
Bronze	Gabriel van Heerwaarden	16.64	Bronze	Imogen Crabbe	1.10
	Turbo Javelin			Long Jump	
Gold	Isaac Falconbridge	23.97	Gold	Chloe Reeves	4.00
Silver	Mack Mills	23.36	Silver	Amy Stump	3.73
Bronze	Felix Sio	20.59	Bronze	Bethany Moylan	3.46
				Shot put 2kg	
	U11 Girls		Gold	Tory D'Alessio	6.26
	1100m Walk		Silver	Sophia Feltham	5.74
Gold	Tory D'Alessio (R)	5:41.66	Bronze	Stella Slee	5.62
Silver	Chloe Reeves	6:11.56			
Bronze	Olivia Weston	7:13.27			
	200m			U11 Boys	
				1100m Walk	
Gold	Chloe Reeves	32.23	Gold	Mateo van Heerwaarden	6:44.07
Silver	Stella Slee	34.51	Silver	Anton Zmak	7:14.97
Bronze	Bethany Moylan	34.75	Bronze	James McDonnell	7:52.58
	80m Hurdles			200m	
Gold	Stella Slee	15.92	Gold	Tanxsta Harris	31.26
Silver	Chloe Reeves	16.76	Silver	Jackson Gilders	31.79
Bronze	Bethany Moylan	17.03	Bronze	Flynn O'Brien	33.39

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U11 Boys	Result		U12 Girls	
	800m			1500m Walk	
Gold	Jackson Gilders	2:47.96	Gold	Trinity Doulis	8:51.91
Silver	Flynn O'Brien	2:48.90	Silver	Amber Ricci	10:04.43
Bronze	Noah Lewis	2:57.19	Bronze	April Young	10:11.75
	Discus 500g			200m	
Gold	Tanxsta Harris	28.36	Gold	Maia Goodall	31.18
Silver	Kaden Haydari	26.47	Silver	Madison Mills	31.97
Bronze	James Deering	21.20	Bronze	Lani Heal	32.58
	Javelin 400g			800m	
Gold	Tanxsta Harris	29.72	Gold	Madison Mills	2:41.85
Silver	Lincoln Muijs	21.47	Silver	Maia Goodall	2:52.24
Bronze	Noah Lewis	19.90	Bronze	Amber Ricci	3:03.75
	Triple Jump			Discus 750g	
Gold	Tanxsta Harris	8.70	Gold	Amber Ricci	19.45
Silver	Leo Pileggi	8.39	Silver	Madison Mills	18.39
Bronze	Kaden Haydari	8.36	Bronze	Emma Wilson	17.91
	100m			Javelin 400g	
Gold	Tanxsta Harris	14.07	Gold	Madison Mills	23.10
Silver	Flynn O'Brien	14.74	Silver	Amber Ricci	22.41
Bronze	Lincoln Muijs	15.49	Bronze	Emma Wilson	22.01
	1500m			Triple Jump	
Gold	Flynn O'Brien	5:28.73	Gold	Amber Ricci	8.76
Silver	Jackson Gilders	5:34.83	Silver	Maia Goodall	8.75
Bronze	Noah Lewis	6:01.09	Bronze	Madison Mills	8.60
	400m			100m	
Gold	Jackson Gilders	1:10.80	Gold	Maia Goodall	14.53
Silver	Flynn O'Brien	1:12.62	Silver	Lani Heal	14.84
Bronze	Tanxsta Harris	1:17.82	Bronze	Amber Ricci	15.08
	High Jump - Fosbury			1500m	
Gold	Leo Pileggi	1.26	Gold	Madison Mills	5:31.74
Silver	Jackson Gilders	1.23	Silver	Amber Ricci	6:24.17
Silver	Kaden Haydari	1.23	Bronze	Caitlin Beck	6:25.00
	Long Jump			400m	
Gold	Tanxsta Harris	3.91	Gold	Maia Goodall	1:11.28
Silver	Leo Pileggi	3.78	Silver	Madison Mills	1:13.30
Bronze	Kaden Haydari	3.68	Bronze	Amber Ricci	1:20.24
	Shot put 2kg			High Jump - Fosbury	
Gold	Tanxsta Harris	9.11	Gold	Madison Mills	1.30
Silver	Kaden Haydari	8.39	Silver	Lani Heal	1.25
Bronze	James Deering	7.70	Bronze	Emma Wilson	1.20
	80m Hurdles			Long Jump	
Gold	Tanxsta Harris (R)	13.75	Gold	Maia Goodall	4.22
Silver	Leo Pileggi	14.88	Silver	Amber Ricci	4.07
Bronze	Noah Lewis	15.57	Bronze	Madison Mills	3.77
				Shot put 2kg	
	U12 Girls		Gold	Cassidy Clarke	8.55
	80m Hurdles		Silver	Madison Mills	7.81
Gold	Amber Ricci	14.61	Bronze	Amber Ricci	7.55
Silver	Maia Goodall	15.09			
Bronze	Madison Mills	15.14			

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	U12 Boys	Result		U12 Boys	Result
	1500m Walk			80m Hurdles	
Gold	Mitchell Ferrari-Field	9:47.78	Gold	Thomas Davey (R)	13.89
Silver	Ciaran Carbery	9:51.02	Silver	Connor Ouwendyk	14.54
Bronze	Brayden Smith	10:58.65	Bronze	Nathaniel Martin	14.61
	200m				
Gold	Connor Ouwendyk	29.54		U13 Girls	
Silver	Thomas Davey	30.12		1500m Walk	
Bronze	Nathaniel Martin	30.28	Gold	Zarah Scott	8:54.56
	800m		Silver	Josephine Gosper	9:04.88
Gold	Thomas Davey	2:40.16	Bronze	Jessica Muijs	9:06.90
Silver	Connor Ouwendyk	2:43.43		200m	
Bronze	Mitchell Ferrari-Field	2:51.56	Gold	Blair Bell	28.82
	Discus 750g		Silver	Kimberley McLeary	30.04
Gold	Oscar Sio	34.46	Bronze	Demi Bell	30.26
Silver	Orson Bennett	20.53		800m	
Bronze	Nathaniel Martin	19.41	Gold	Blair Bell	2:38.81
	Javelin 400g		Silver	Demi Bell	2:45.56
Gold	Oscar Sio	33.43	Bronze	Amelie Markovic	2:53.45
Silver	Hunter Bax	27.43		Discus 750g	
Bronze	Orson Bennett	26.80	Gold	Isla-Rose Gray	32.29
	Triple Jump		Silver	Scarlet Van Beek	29.96
Gold	Connor Ouwendyk	9.17	Bronze	Olivia Brady	22.45
Silver	Oscar Sio	8.79		Javelin 400g	
Bronze	Thomas Davey	8.65	Gold	Isla-Rose Gray (R)	34.90
	100m		Silver	Scarlet Van Beek	29.93
Gold	Connor Ouwendyk	13.49	Bronze	Amelie Markovic	24.64
Silver	Nathaniel Martin	13.75		Triple Jump	
Bronze	Mitchell Ferrari-Field	13.94	Gold	Demi Bell	9.72
	1500m		Silver	Blair Bell	9.61
Gold	Thomas Davey	5:19.33	Bronze	Kimberley McLeary	9.44
Silver	Connor Ouwendyk	5:26.21		100m	
Bronze	Orson Bennett	5:35.88	Gold	Blair Bell	13.34
	400m		Silver	Demi Bell	14.22
Gold	Thomas Davey	1:07.76	Silver	Scarlet Van Beek	14.22
Silver	Connor Ouwendyk	1:09.19		1500m	
Bronze	Nathaniel Martin	1:14.00	Gold	Blair Bell	5:44.35
	Shot put 2kg		Silver	Demi Bell	5:53.14
Gold	Oscar Sio (R)	13.18	Bronze	Josephine Gosper	6:00.78
Silver	Orson Bennett	9.30		400m	
Bronze	Charles Grayson	9.09	Gold	Blair Bell	1:06.04
	Long Jump		Silver	Demi Bell	1:11.00
Gold	Nathaniel Martin	4.49	Bronze	Caitlyn Warren	1:13.71
Silver	Orson Bennett	4.32		High Jump - Fosbury	
Bronze	Thomas Davey	4.23	Gold	Scarlet Van Beek	1.50
	High Jump - Fosbury		Silver	Amelie Markovic	1.42
Gold	Thomas Davey	1.41	Bronze	Isla-Rose Gray	1.40
Gold	Connor Ouwendyk	1.41		80m Hurdles	
Bronze	Brayden Smith	1.38	Gold	Scarlet Van Beek	14.44
			Silver	Blair Bell	14.69
			Silver	Amelie Markovic	14.69

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U13 Girls	Result		U13 Boys	Result
	Shot put 3kg			High Jump - Fosbury	
Gold	Scarlet Van Beek	9.27	Gold	Callum Shaw	1.40
Silver	Isla-Rose Gray	8.34	Silver	Tristian Wilson	1.35
Bronze	Amelie Markovic	7.66	Bronze	Alex Dopson	1.35
	200m Hurdles			80m Hurdles	
Gold	Amelie Markovic	32.21	Gold	Thomas Webb	14.10
Silver	Blair Bell	33.04	Silver	Callum Shaw	14.30
Bronze	Isla-Rose Gray	34.06	Bronze	Joypreet Singh Jabbal	14.75
	Long Jump			Shot put 3kg	
Gold	Blair Bell	4.85	Gold	Tristian Wilson	12.11
Silver	Isla-Rose Gray	4.71	Silver	Callum Shaw	9.91
Bronze	Demi Bell	4.43	Bronze	Alex Dopson	7.81
				200m Hurdles	
	U13 Boys		Gold	Tristian Wilson	30.52
	1500m Walk		Silver	Thomas Webb	30.86
Gold	Alex Dopson	9:43.21	Bronze	Callum Shaw	31.23
Silver	Chayana Dassanayake	11:56.70		Long Jump	
			Gold	Callum Shaw	4.60
	200m		Silver	Tristian Wilson	4.59
Gold	Thomas Webb	27.58	Bronze	Michael Agius	4.54
Silver	Callum Shaw	28.13			
Bronze	Joypreet Singh Jabbal	28.54		U14 Girls	
	800m			1500m Walk	
Gold	Joypreet Singh Jabbal	2:38.13	Gold	Heidi Thompson	9:15.36
Silver	Duku Jack Jansuk	2:46.08	Silver	Sienna Jordan	9:16.52
Bronze	Thomas Webb	2:56.75	Bronze	Ava Carbery	9:57.89
	Discus 750g			200m	
Gold	Tristian Wilson	40.21	Gold	Mischa Tomlin	28.58
Silver	Thomas Webb	25.06	Silver	Addyson Sutton	28.72
Bronze	Callum Shaw	21.89	Bronze	Chevelle Atkinson	30.03
	Javelin 600g			800m	
Gold	Tristian Wilson	43.87	Gold	Addyson Sutton	2:44.32
Silver	Callum Shaw	26.96	Silver	Maddison Walters	2:46.09
Bronze	Joypreet Singh Jabbal	22.27	Bronze	Kirrali Richmond	2:49.69
	Triple Jump			Discus 1kg	
Gold	Callum Shaw	9.93	Gold	Klara Tilbee	22.38
Silver	Joypreet Singh Jabbal	9.75	Silver	Heidi Thompson	19.99
Bronze	Duku Jack Jansuk	9.71	Bronze	Maddison Walters	19.85
	100m			Javelin 400g	
Gold	Callum Shaw	12.98	Gold	Summer Ajduk	31.75
Silver	Thomas Webb	13.26	Silver	Emily Tjerksra	30.15
Bronze	Tristian Wilson	13.40	Bronze	Heidi Thompson	26.99
	1500m			Triple Jump	
Gold	Duku Jack Jansuk	5:19.14	Gold	Addyson Sutton	9.36
Silver	Joypreet Singh Jabbal	5:45.89	Silver	Mischa Tomlin	9.36
Bronze	Thomas Webb	5:54.65	Bronze	Maddison Walters	9.34
	400m			100m	
Gold	Joypreet Singh Jabbal	1:02.83	Gold	Mischa Tomlin	13.12
Silver	Callum Shaw	1:11.64	Silver	Addyson Sutton	13.52
Bronze	Thomas Webb	1:13.95	Bronze	Chevelle Atkinson	13.59

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U14 Girls	Result		U14 Boys	Result
	1500m			Triple Jump	
Gold	Maddison Walters	6:04.38	Gold	Jacob Ouwendyk	10.95
Silver	Kirrali Richmond	6:07.48	Silver	Wyatt Hill	10.14
Bronze	Sienna Jordan	6:11.69	Bronze	Jake Mills	9.36
	400m			100m	
Gold	Addyson Sutton	1:06.02	Gold	Wyatt Hill (R)	11.76
Silver	Kirrali Richmond	1:09.96	Silver	Jacob Ouwendyk	11.81
Bronze	Maddison Walters	1:12.44	Bronze	Jake Mills	12.85
	High Jump - Fosbury			1500m	
Gold	Heidi Thompson	1.30	Gold	Jake Mills	5:04.78
Silver	Klara Tilbee	1.28	Silver	Luke South	5:19.60
Silver	Kirrali Richmond	1.25	Bronze	Samuel Davey	5:36.14
	80m Hurdles			400m	
Gold	Heidi Thompson	15.21	Gold	Wyatt Hill	1:03.89
Silver	Maddison Walters	15.68	Silver	Jake Mills	1:06.98
Bronze	Annabel Thom	16.35	Bronze	Harrison Fare	1:09.86
	Shot put 3kg			High Jump - Fosbury	
Gold	Klara Tilbee	9.01	Gold	Wyatt Hill	1.60
Silver	Maddison Walters	8.65	Silver	Jacob Ouwendyk	1.40
Bronze	Heidi Thompson	8.14	Silver	Jake Mills	1.40
	200m Hurdles			90m Hurdles	
Gold	Mischa Tomlin	32.61	Gold	Wyatt Hill	13.89
Silver	Addyson Sutton	32.72	Silver	Jacob Ouwendyk	14.76
Bronze	Sienna Jordan	33.97	Bronze	Samuel Davey	16.46
	Long Jump			Shot put 3kg	
Gold	Shaelyn Harvey	4.39	Gold	Wyatt Hill	10.82
Silver	Mischa Tomlin	4.38	Silver	Lucas Warner	10.25
Bronze	Maddison Walters	4.09	Bronze	Jacob Ouwendyk	10.08
				200m Hurdles	
	U14 Boys		Gold	Wyatt Hill	28.28
	1500m Walk		Silver	Jacob Ouwendyk	29.96
Gold	Connor Muijs	11:47.63	Bronze	Jake Mills	30.66
Silver	Samuel Davey	12:34.05		Long Jump	
			Gold	Jacob Ouwendyk	5.23
	200m		Silver	Wyatt Hill	4.96
Gold	Jacob Ouwendyk	25.60	Bronze	Samuel Davey	4.46
Silver	Wyatt Hill	25.90			
Bronze	Jake Mills	28.05		U15 Girls	
	800m			1500m Walk	
Gold	Jake Mills	2:24.30	Gold	Heeya Vyas	9:14.97
Silver	Wyatt Hill	2:30.13	Silver	Asha Ascoli	12:23.64
Bronze	Connor Muijs	2:33.15	Bronze	Fearne Van Beek	12:49.36
	Discus 1kg			200m	
Gold	Wyatt Hill	29.72	Gold	Lilly Ajduk	30.43
Silver	Harrison Fare	24.98	Silver	Imogen Noa	31.01
Bronze	Connor Muijs	23.17	Bronze	Chelsea Fitzgerald	31.84
	Javelin 600g			800m	
Gold	Wyatt Hill	43.86	Gold	Asha Ascoli	3:07.87
Silver	Harrison Fare	27.24	Silver	Sigourney Slee	3:08.17
Bronze	Luke South	26.52	Bronze	Lilly Ajduk	3:11.75

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U15 Girls	Result		U15 Boys	Result
	<i>Discus 1kg</i>			<i>Discus 1kg</i>	
Gold	Fearne Van Beek	27.09	Gold	Rylan Scott	35.79
Silver	Sigourney Slee	21.04	Silver	Patrick Clare	32.91
Bronze	Alexis Markovic	20.23	Bronze	William Tilbee	30.46
	<i>Javelin 500g</i>			<i>Javelin 700g</i>	
Gold	Fearne Van Beek	30.35	Gold	Noah Clare	37.29
Silver	Lilly Ajduk	25.86	Silver	William Tilbee	32.87
Bronze	Alexis Markovic	25.67	Bronze	Blake Orr	30.27
	<i>Triple Jump</i>			<i>Triple Jump</i>	
Gold	Claire Haynes	9.52	Gold	Patrick Clare	10.77
Silver	Lilly Ajduk	9.45	Silver	Joshua Mann	10.58
Bronze	Sigourney Slee	8.98	Bronze	Tony Thomas	10.55
	<i>100m</i>			<i>100m</i>	
Gold	Claire Haynes	14.11	Gold	Joshua Mann	12.44
Silver	Chelsea Fitzgerald	14.52	Silver	Noah Clare	12.70
Bronze	Imogen Noa	14.57	Bronze	Patrick Clare	12.82
	<i>Long Jump</i>			<i>Long Jump</i>	
Gold	Claire Haynes	4.37	Gold	Rylan Scott	5.68
Silver	Ella-blu Schmook	4.13	Silver	Noah Clare	5.50
Bronze	Sigourney Slee	4.07	Bronze	Zachary Hogg	5.23
	<i>400m</i>			<i>400m</i>	
Gold	Imogen Noa	1:13.20	Gold	Tony Thomas	58.85
Silver	Asha Ascoli	1:26.43	Silver	Patrick Clare	1:02.01
Bronze	Bonnie Greenway	1:33.73	Bronze	Joshua Mann	1:02.49
	<i>High Jump - Fosbury</i>			<i>High Jump - Fosbury</i>	
Gold	Sigourney Slee	1.35	Gold	Noah Clare	1.66
Silver	Asha Ascoli	1.30	Silver	Rylan Scott	1.60
Bronze	Philippa Mansaray	1.30	Bronze	Patrick Clare	1.55
	<i>90m Hurdles</i>			<i>100m Hurdles</i>	
Gold	Asha Ascoli	16.68	Gold	Noah Clare	15.61
Silver	Claire Haynes	16.91	Silver	Blake Orr	16.09
Bronze	Lilly Ajduk	16.98	Bronze	Patrick Clare	16.47
	<i>Shot put 3kg</i>			<i>Shot put 4kg</i>	
Gold	Fearne Van Beek	11.26	Gold	Blake Orr	11.43
Silver	Alexis Markovic	8.56	Silver	William Tilbee	10.28
Bronze	Philippa Mansaray	8.23	Bronze	Joshua Mann	9.99
	<i>300m Hurdles</i>			<i>300m Hurdles</i>	
Gold	Asha Ascoli	55.98	Gold	Tony Thomas	45.47
Silver	Sigourney Slee	59.57	Silver	Noah Statham	45.55
Bronze	Bonnie Greenway	1:08.71	Bronze	Patrick Clare	45.65
	<i>1500m</i>			<i>1500m</i>	
Gold	Asha Ascoli	8:22.18	Gold	Tony Thomas	4:30.25
Silver	Bonnie Greenway	9:00.93	Silver	Patrick Clare	5:05.92
			Bronze	William Tilbee	5:07.11
				<i>800m</i>	
	<i>U15 Boys</i>		Gold	Tony Thomas	2:15.11
	<i>1500m Walk</i>		Silver	Patrick Clare	2:20.87
Gold	Rylan Scott	8:33.01	Bronze	Zachary Hogg	2:25.02
Silver	Tony Thomas	9:14.08			
Bronze	William Tilbee	9:39.72			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U15 Boys	Result		U16 Girls	Result
	200m			Long Jump	
Gold	Patrick Clare	26.44	Gold	Remy Fernando	4.41
Silver	Noah Clare	27.08	Silver	Chloe Mills	4.28
Bronze	Tony Thomas	27.58	Bronze	Elyssa Lewis	3.89
				High Jump - Fosbury	
	U16 Girls		Gold	Remy Fernando	1.40
	1500m Walk		Silver	Chloe Mills	1.35
Gold	Madeleine Doulis	13:41.59	Bronze	Emily Gray	1.35
				1500m	
			Gold	Elyssa Lewis (R)	5:14.91
	200m		Silver	Kaylee Myles	5:50.61
Gold	Ilah Ody	27.79	Bronze	Chloe Mills	5:58.45
Silver	Remy Fernando	29.08			
Bronze	Kaylee Myles	29.20			
	800m			U16 Boys	
Gold	Elyssa Lewis	2:33.23	Gold	100m Hurdles	
Silver	Kaylee Myles	2:39.79	Silver	Kayel Ascoli	14.08
Bronze	Chloe Mills	2:50.72	Bronze	Samuel Stribley	16.26
	Javelin 500g			Liam Carbery	16.90
Gold	Chloe Mills	28.11	Gold	200m	
Silver	Hayley Dolling	24.40	Silver	Kayel Ascoli	26.24
Bronze	Rachel Hilditch	23.07	Bronze	Samuel Stribley	28.51
	Triple Jump			Braisen Joseph	29.41
Gold	Remy Fernando	9.75	Gold	800m	
Silver	Ilah Ody	9.27	Silver	Kayel Ascoli	2:21.21
Bronze	Chloe Mills	9.24	Bronze	Braisen Joseph	2:37.50
	Shot put 3kg			Samuel Stribley	2:43.36
Gold	Ilah Ody	8.51	Gold	Discus 1kg	
Silver	Emily Gray	7.72	Silver	Liam Carbery	29.08
Bronze	Chloe Mills	7.62	Bronze	Kayel Ascoli	26.95
	100m			Braisen Joseph	26.71
Gold	Remy Fernando	13.61	Gold	High Jump - Fosbury	
Silver	Chloe Mills	13.89	Silver	Kayel Ascoli	1.65
Bronze	Kaylee Myles	13.96		Liam Carbery	1.40
	300m Hurdles				
Gold	Chloe Mills	51.32	Gold	Long Jump	
Silver	Elyssa Lewis	52.77	Silver	Kayel Ascoli	5.63
Bronze	Emily Gray	57.05	Bronze	Samuel Stribley	5.36
	400m			Liam Carbery	4.67
Gold	Kaylee Myles	1:05.33	Gold	100m	
Silver	Elyssa Lewis	1:07.60	Silver	Kayel Ascoli	12.23
Bronze	Chloe Mills	1:10.48	Bronze	Samuel Stribley	12.54
	Discus 1kg			Zachary Jackson	12.56
Gold	Chloe Mills	18.97	Gold	1500m	
Silver	Emily Gray	17.74	Silver	Kayel Ascoli	5:13.71
Bronze	Kaylee Myles	17.41	Bronze	Braisen Joseph	5:37.06
	90m Hurdles			Samuel Stribley	5:59.34
Gold	Chloe Mills	17.15	Gold	1500m Walk	
Silver	Elyssa Lewis	17.82		Liam Carbery	9:27.12
Bronze	Madeleine Doulis	18.10			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

	U16 Boys	Result		U17 Girls	
	400m			100m	
Gold	Kayel Ascoli	58.42	Gold	Isabelle Rosalia	13.77
Silver	Braisen Joseph	1:04.18	Silver	Rachel Statham	13.90
Bronze	Liam Carbery	1:07.37	Bronze	Tiahna McIntyre	14.45
	Javelin 700g			Long Jump	
Gold	Kayel Ascoli	30.21	Gold	Rachel Statham	4.33
Silver	Liam Carbery	28.84	Silver	Isabelle Rosalia	3.92
Bronze	Samuel Stribley	21.31	Bronze	Laura Stump	3.89
	Triple Jump			300m Hurdles	
Gold	Kayel Ascoli	11.05	Gold	Rachel Statham	53.65
Silver	Samuel Stribley	10.51	Silver	Laura Stump	1:00.87
Bronze	Liam Carbery	10.12			
	Shot put 4kg			400m	
Gold	Kayel Ascoli	10.84	Gold	Rachel Statham	1:10.06
Silver	Zachary Jackson	9.49	Silver	Tiahna McIntyre	1:14.85
Bronze	Braisen Joseph	8.91	Bronze	Amalina Gosper	1:18.08
	300m Hurdles			Discus 1kg	
Gold	Kayel Ascoli (R)	41.20	Gold	Rachel Statham	24.68
Silver	Zachary Jackson	46.04	Silver	Tiahna McIntyre	17.15
Bronze	Samuel Stribley	46.88	Bronze	Isabelle Rosalia	16.78
				High Jump – Fosbury	
	U17 Girls		Gold	Rachel Statham	1.46
	100m Hurdles				
Gold	Rachel Statham	18.46			
				1500m Walk	
				No participants	
	1500m				
Gold	Laura Stump (R)	5:30.54			
Silver	Amalina Gosper	5:40.81			
	200m			U17 Boys	
Gold	Rachel Statham	29.18		110m Hurdles	
Silver	Laura Stump	29.76	Gold	Tristen Burgess	15.90
Bronze	Tiahna McIntyre	31.78	Silver	Khyran Elliott	18.48
	800m		Bronze	Declan Cowin	20.43
Gold	Laura Stump (R)	2:32.10		200m	
Silver	Amalina Gosper	2:47.93	Gold	Tristen Burgess	24.95
Bronze	Rachel Statham	3:06.63	Silver	Declan Cowin	25.78
	Javelin 500g		Bronze	Khyran Elliott	28.73
Gold	Rachel Statham	27.61		800m	
Silver	Laura Stump	20.02	Gold	Tristen Burgess	2:31.15
Bronze	Amalina Gosper	15.44	Silver	Declan Cowin	2:39.31
	Shot put 3kg		Bronze	Khyran Elliott	3:10.31
Gold	Rachel Statham	10.35		Discus 1.5kg	
Silver	Tiahna McIntyre	7.37	Gold	Tristen Burgess	37.89
Bronze	Laura Stump	6.61	Silver	Declan Cowin	36.63
	Triple Jump		Bronze	Khyran Elliott	30.05
Gold	Rachel Statham	9.58		Triple Jump	
Silver	Laura Stump	7.42	Gold	Declan Cowin	11.65
Bronze	Amalina Gosper	6.77	Silver	Khyran Elliott	10.99
			Bronze	Aiden Warner	10.77

	U17 Boys	
	<i>High Jump - Fosbury</i>	
Gold	Tristen Burgess	1.80
Silver	Declan Cowin	1.70
Bronze	Khyran Elliott	1.65
	<i>Long Jump</i>	
Gold	Tristen Burgess	5.81
Silver	Khyran Elliott	5.73
Bronze	Declan Cowin	5.33
	<i>100m</i>	
Gold	Declan Cowin	11.46
Silver	Tristen Burgess	11.56
Bronze	Khyran Elliott	11.91
	<i>1500m</i>	
Gold	Aiden Warner	5:12.25
Silver	Khyran Elliott	6:09.86
	<i>300m Hurdles</i>	
Gold	Aiden Warner	43.26
Silver	Zachary Warner	44.23
Bronze	Khyran Elliott	46.09
	<i>400m</i>	
Gold	Aiden Warner	56.75
Silver	Zachary Warner	1:00.07
Bronze	Declan Cowin	1:02.74
	<i>Javelin 700g</i>	
Gold	Khyran Elliott	47.82
Silver	Declan Cowin	46.62
Bronze	Deklan Byng	35.31
	<i>Shot put 5kg</i>	
Gold	Tristen Burgess	12.94
Silver	Declan Cowin	12.38
Bronze	Zachary Warner	10.09
	<i>1500m Walk</i>	
Gold	Khyran Elliott	10:49.88



STATE TRACK & FIELD CHAMPIONSHIPS MEDAL WINNERS (U9 to U17)

WA Athletics Stadium, March 4th, 5th and 6th, 2022

Belmont achieved 57 Medals consisting of:
13 Gold Medals, 19 Silver Medals, 25 Bronze Medals

GOLD Medals

Ataya Bell U10 Javelin 27.05m

New State Record

Hannah Moylan U9 Long Jump

Gabriel van Heerwaarden U10 1100m Walk

Charlotte Hayward U11 400m

Tory D'Alessio U11 1100m Walk

Trinity Doulis U12 1500m Walk

Tristian Wilson U13 Discus

Tristian Wilson U13 Javelin

Tristian Wilson U13 Shot Put

Fearne Van Beek U15 Shot Put

Kayel Ascoli U16 100m Hurdles

Kayel Ascoli U16 300m Hurdles

Aiden Warner U17 1500m



SILVER Medals

Ivy Ricci U10 60m Hurdles

Tanxsta Harris U11 80m Hurdles

Charlotte Hayward U11 800m

Oscar Sio U12 Shot Put

Oscar Sio U12 Javelin

Scarlet Van Beek U13 High Jump

Wyatt Hill U14 Javelin

Jacob Ouwendyk U14 200m

Tony Thomas U15 800m

Tony Thomas U15 1500m

Elyssa Lewis U16 1500m

Kayel Ascoli U16 400m

Ilah Ody U16 400m

Tristen Burgess U17 Discus

Tristen Burgess U17 200m

Tristen Burgess U17 Shot Put

Aiden Warner U17 800m

Aiden Warner U17 300m Hurdles

Laura Stump U17 400m



BRONZE Medals

Rafa Holland Zumel U9 High Jump
Imogen Spooner U9 High Jump
Ataya Bell U10 Shot Put
Felix Sio U10 Shot Put
Chloe Reeves U11 1100m Walk
Madison Mills U12 1500m
Thomas Davey U12 400m
Scarlet Van Beek U13 Discus
Scarlet Van Beek U13 Shot Put
Thomas Webb U13 200m Hurdles
Wyatt Hill U14 200m Hurdles
Wyatt Hill U14 Discus
Jacob Ouwendyk U14 Triple Jump
Emma Lancaster U15 800m
Rylan Scott U15 1500m Walk
Rylan Scott U15 300m Hurdles
Emma Lancaster U15 1500m
Liam Carbery U16 1500m Walk
Chloe Mills U16 300m Hurdles
Ilah Ody U16 100m
Declan Cowin U17 Shot Put
Declan Cowin U17 Javelin
Rachel Statham U17 Long Jump
Tristen Burgees U17 100m
Tristen Burgees U17 110m Hurdles



CENTRE RECORDS

These records can only be broken or set by registered Belmont Little Athletics Centre athletes. The records may be broken or set at any time throughout the season including Centre Championships and invitational days.

CENTRE CHAMPIONSHIP RECORDS

These records can only be set by Belmont athletes competing at Belmont Centre Championship competition. If an athlete's result also better the Belmont Centre record, then the athlete sets both records.

VISITOR RECORDS

These records can ONLY be broken by visiting athletes at any competition day during the regular season. Belmont athletes cannot break these records. Inaugural records may only be set if the result better the current Centre Record for that event. Open records up to 2020/21. Visitor records from 2021/22.

PLEASE NOTE: Records are current at time of printing. Official records are kept by the Records and Rankings Officer. Any records broken are subject to official confirmation by the Chief Track and Field Umpires and/or Chief Timekeeper in consultation with the Records and Rankings Officer.

RECORDS (BOYS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE RECORD	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	VISITOR RECORD HOLDER	VISITOR RECORD	VISITOR RECORD YEAR
70M									
U06	T. HARRIS	12.74	2016	T. HARRIS	12.74	2016			
U07	M. VLAHOV	11.20	1988	M. VLAHOV	11.20	1988			
U08	C. O'HELLO	10.80	1979	D. DEVAURNO	10.90	1976	M. HOWAT (KSY)	10.40	1985
U09	J. CLAITÉ	10.10	1976	J. CLAITÉ	10.10	1976	P. HICKEY (BEL)	10.10	1985
U10	J. CLAITÉ P. HODGSON	10.00	1977 1980	J. CLAITÉ	10.00	1977			
100M									
U06	J. DEMANSER	18.29	2019	J. DEMANSER	18.29	2019	C. HODGKINSON (BEL)	19.31	2015
U07	M. VLAHOV	15.87	1988	M. VLAHOV	15.87	1988			
U08	J. CLAITÉ	14.80	1975	J. CLAITÉ	14.80	1975	J. CLAITÉ (BEL)	14.60	1975
U09	C. VLAHOV	14.28	1988	R. DOYLE	14.32	2005	D. DEWITT (HAM)	14.40	1978
U10	C. HAWKSWORTH	13.59	2001	M. ROWE	13.86	2005	J. CLAITÉ (BEL)	13.80	1977
U11	M. ROWE	13.47	2006	M. ROWE	13.47	2006	D. LINES (MEL)	13.70	1973
U12	A. VARGIOLU	12.81	2014	A. VARGIOLU	12.92	2014	A. WATSON (BEL)	12.80	1977
U13	M. WEBBER	11.84	1999	M. WEBBER	12.14	1999	A. WONG (MEL)	11.85	1988
U14	W. HILL	11.76	2021	W. HILL	11.76	2021	H. NGUYEN (KSY)	11.55	1988
U15	T. HUNTER	11.32	1996	S. TURCO	11.44	1993	S. MICHAEL (MEL)	11.50	1988
U16	T. BURGESS	11.22	2020	C. LUCKENS	11.43	2000			
U17	A. SAMPEY	10.91	2000	A. SAMPEY	10.91	2000			
200M									
U06	J. DEMANSER	39.11	2019	J. DEMANSER	39.11	2019	M. JANSUK (BEL)	43.12	2017
U07	M. VLAHOV	34.41	1988	T. MCGRATH	35.17	2015			
U08	J. CLAITÉ	31.00	1975	J. CLAITÉ	31.00	1975	J. CLAITÉ (BEL)	31.10	1975
U09	G. DOWDING J. CLAITÉ	30.30	1972 1976	J. CLAITÉ	30.30	1976	B. O'SULLIVAN (HAM)	31.94	2017
U10	J. CLAITÉ	29.10	1977	T. MCMILLAN	29.82	1985	S. LENNON (S.D)	27.90	1983
U11	E. SMITH	28.00	1977	E. SMITH	28.00	1976			
U12	T. MARTIN	26.20	1973	A. VARGIOLU	27.28	2014			
U13	A. VARGIOLU	25.07	2015	A. VARGIOLU	25.07	2015			
U14	A. SAMPEY	24.72	1997	A. SAMPEY	24.72	1997			
U15	T. HUNTER	22.79	1996	T. HUNTER	22.79	1996	J. TEAGUE (GOS)	23.74	2017
U16	S. NORMAN	23.45	2017	S. NORMAN	23.55	2017			
U17	S. NORMAN	22.61	2018	A. SAMPEY	22.70	2000			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

300M								
U06	M. THOMPSON-BOWNESS	1:04.56	2021	M. THOMPSON-BOWNESS	1:04.56	2021	C. HODGKINSON (BEL)	1:06.56 2015
U07	T. MCGRATH	57.99	2015	T. MCGRATH	57.99	2015	J. ARTEMIS (BAL)	59.13 2015
400M								
U09	S. O'BRIEN	1:15.14	2021	S. O'BRIEN	1:15.14	2021	B. O'SULLIVAN (HAM)	1:14.40 2017
U10	J. CLAITE	1:06.20	1977	J. CLAITE	1:08.00	1977		
U11	N. HARMAN E. SMITH	1:04.40	1972 1976	E. SMITH	1:04.40	1976		
U12	T. MARTIN	1:00.70	1973	B. RENTON	1:01.10	1977		
U13	B. RENTON	57.30	1978	B. RENTON	57.30	1978	B. RENTON (BEL)	57.50 1978
U14	A. SAMPEY	55.39	1997	A. SAMPEY	55.39	1997	J. YORK (BEL)	57.44 1991
U15	S. BOYLE	53.93	2000	A. SAMPEY	54.39	1998	R. JOHNSON (S.D)	53.42 1988
U16	S. BOYLE	53.53	2001	A. SAMPEY	53.66	1999		
U17	A. SAMPEY	51.80	2000	A. SAMPEY	51.80	2000		
500M								
U08	M. JANSUK	1:44.09	2019	M. JANSUK	1:44.09	2019		
800M								
U09	B. JARVIS	2:48.75	1996	B. JARVIS	2:48.75	1996		
U10	A. HALL	2:33.66	1991	A. HALL	2:33.66	1991		
U11	S. BUIST	2:30.60	1971	B. RENTON J. BRNICH	2:31.40	1976 1978		
U12	B. RENTON	2:19.20	1977	B. RENTON	2:19.20	1977	C. MASTEN (S.D)	2:12.29 2001
U13	B. RENTON	2:14.30	1978	B. RENTON	2:14.30	1978		
U14	P. STERVAGGI	2:10.00	2016	M. MCDOWALL	2:13.70	1995	B. SKINNER (BEL)	2:13.66 1991
U15	T. BLAKE	2:04.95	1985	T. BLAKE	2:04.95	1985		
U16	N. MORRIS	2:09.13	2017	N. MORRIS	2:09.74	2017	D. STEER (BEL)	2:17.80 2000
U17	C. DALE	2:03.94	2008	N. MORRIS	2:07.80	2018		
1500M								
U11	J. BRNICH	5:05.20	1978	N. HARMAN J. BRNICH	5:10.10	1972 1978	N. HARMAN (BEL)	5:11.10 1972
U12	B. RENTON	4:49.00	1977	A. HOUSTON	4:58.11	1987		
U13	B. RENTON	4:40.70	1978	B. RENTON	4:44.90	1978	B. RENTON (BEL)	4:41.10 1978
U14	B. SKINNER	4:31.81	1991	A. HOUSTON	4:38.28	1989	D. SPIERS (HAM)	4:23.80 1984
U15	J. WIEBRECHT	4:24.20	1985	J. WIEBRECHT	4:24.20	1985		
U16	L. TYSON	4:40.75	2015	L. TYSON	4:40.75	2015	D. BAILEY (MEL)	4:24.09 2019
U17	C. DALE	4:17.61	2008	P. STERVAGGI	4:32.39	2019		
700M WALKS								
U09	S. FRASER L. FERGUSON	4:02.00	1977 1983	L. FERGUSON	4:02.00	1983	S. BRENNAN (ING)	3:47.60 1980
1100M WALKS								
U10	G. VAN HEERWAARDEN	6:04.85	2021	J. WESTWOOD	6:21.39	1996	M. LEASK (BAY)	6:18.41 1999
U11	J. HALL	6:04.41	2013	J. HALL	6:04.41	2013	A. KOROL (BEL)	7:00.03 1998
1500M WALKS								
U12	L. FERGUSON	7:26.93	1986	B. HORE	7:43.39	1987	J. LEEFLANG (HAM)	7:33.70 1979
U13	R. CROCKETT	7:20.00	1980	L. FERGUSON	7:20.89	1987	R. CROCKETT (BEL)	7:16.30 1980
U14	B. HORE	7:03.73	1989	B. HORE	7:03.73	1989	B. HORE (BEL)	7:13.57 1989
U15	B. HORE	6:24.65	1990	B. HORE	6:24.65	1990	B. HORE (BEL)	6:50.59 1990
U16	Z. PARTINGTON	6:33.44	2011	Z. PARTINGTON	7:31.13	2011		
U17	B. GRAY	6:54.87	2017	B. GRAY	6:54.87	2017		
60M HURDLES								
U06 (MINI)	T. HARRIS	11.47	2016	T. HARRIS	11.47	2016		
U07 (MINI)	C. HODGKINSON T. HARRIS	11.09	2016 2017	C. HODGKINSON	11.09	2016		
U08	R. DOYLE	10.94	2004	R. DOYLE	10.94	2004		
U09	R. DOYLE	10.35	2005	L. MURTAGH	10.74	2007		
U10	T. HARRIS	10.29	2020	T. HARRIS	10.29	2020	M. LEASK (BAY)	10.62 1999

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

80M HURDLES									
U11	T. HARRIS	13.55	2021	T. HARRIS	13.75	2021			
U12	T. WEBB	13.77	2020	T. DAVEY	13.89	2021			
U13	A. VARGIOLU	12.26	2015	A. VARGIOLU	12.26	2015			
90M HURDLES									
U14	C. LUCKENS	12.94	1998	C. LUCKENS	12.94	1998			
100M HURDLES									
U15	A. SAMPEY	13.46	1998	A. SAMPEY	13.46	1998	D. PARANAWITANE (BAY)	13.75	1992
U16	S. FARE	13.26	2013	S. NORMAN	13.53	2017			
110M HURDLES									
U17	B. ALLEN	14.43	2019	S. NORMAN	14.71	2018	D. O'BRIEN (GOS)	15.25	2013
200M HURDLES									
U13	A. VARGIOLU	26.38	2015	A. VARGIOLU	26.38	2015	M. WEBBER (BEL)	28.38	1999
U14	S. NORMAN	27.35	2015	S. NORMAN	27.35	2015			
300M HURDLES									
U15	K. ASCOLI	41.32	2020	K. ASCOLI	41.32	2020			
U16	S. NORMAN	40.86	2017	K. ASCOLI	41.20	2021	C. CULLEN (GOS)	41.60	2016
U17	S. NORMAN	39.25	2018	S. NORMAN	39.25	2018			
HIGH JUMP (SCISSOR)									
U09	R. HOLLAND ZUMEL	1.17	2021	T. HARRIS	1.13	2019			
U10	C. HALL O. MCMANUS	1.23	2003 2017	S. TSHIDIBU	1.22	2017			
HIGH JUMP (FOSBURY)									
U11	S. TSHIDIBU	1.48	2018	S. TSHIDIBU	1.45	2018			
U12	S. ANDERSON	1.58	1989	S. ANDERSON	1.56	1989			
U13	S. TSHIDIBU	1.68	2020	S. TSHIDIBU	1.68	2020			
U14	S. ANDERSON	1.77	1991	S. ANDERSON	1.77	1991	D. GABY (E.G)	1.70	1987
U15	B. ALLEN	1.82	2017	T. BURGESS	1.80	2019			
U16	B. ALLEN	1.92	2018	B. ALLEN	1.86	2018			
U17	B. ALLEN	1.95	2019	T. BURGESS	1.80	2021	D. O'BRIEN (GOS)	1.90	2013
LONG JUMP (1m² MAT)									
U06	Y. KASSEM	2.91	2002	Y. KASSEM	2.91	2002	B. WEDGE (BEL)	2.15	2000
U07	E. GENTRY	3.29	2012	V. ELLIOTT	3.23	1986			
U08	A. HAROLD	3.73	1998	A. HAROLD	3.73	1998			
LONG JUMP (½ m MAT)									
U09	P. LEWKOWSKI	4.40	1985	H. EDWARDS	3.99	2009	G. HOOD (BEL)	4.08	1972
U10	M. MCDOWALL	4.47	1991	M. MCDOWALL	4.47	1991	I. ETIM (DL)	4.59	2019
LONG JUMP (BOARD)									
U11	N. MARTIN	4.52	2020	N. MARTIN	4.52	2020	J. EDDINGTON (GOS)	4.45	2017
U12	S. TSHIDIBU	4.66	2019	K. IRVINE	4.65	2017			
U13	A. VARGIOLU	5.69	2015	A. VARGIOLU	5.69	2015	A. WONG (MEL)	5.79	1978
U14	S. BOYLE	6.09	1999	S. BOYLE	6.09	1999	A. VARGIOLU (S.D)	5.87	2016
U15	A. SAMPEY	6.48	1998	A. SAMPEY	6.23	1998	J. TEAGUE (GOS)	6.24	2017
U16	S. NORMAN	6.34	2017	S. NORMAN	6.29	2017			
U17	S. NORMAN	6.75	2018	A. SAMPEY	6.73	2000	S. NORMAN (BEL)	6.75	2018
TRIPLE JUMP (BOARD)									
U11	C. STEEN	9.05	2019	S. TSHIDIBU	8.98	2018			
U12	S. TSHIDIBU	9.89	2019	S. TSHIDIBU	9.60	2019	J. HALE (GOS)	9.41	2016
U13	S. DENNON	11.17	1972	B. MCINERNEY	11.14	2008			
U14	P. BEATTIE	11.93	1997	P. BEATTIE	11.93	1997	J. TEAGUE (GOS)	11.87	2016
U15	A. SAMPEY	12.65	1998	A. SAMPEY	12.57	1998			
U16	B. CASTLE	13.18	1997	B. CASTLE	12.64	1997			
U17	S. NORMAN	13.02	2018	S. NORMAN	13.39	2018	D. O'BRIEN (GOS)	12.83	2013

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

DISCUS

U06 (350g)	C. HODGKINSON	12.42	2015	C. HODGKINSON	12.42	2015			
U07 (350g)	A. ARCHER	19.08	2013	M. BOYLE	17.73	1999			
U08 (500g)	M. O'HELLO	23.14	1977	M. O'HELLO	23.14	1977	S. CANNON (BEL)	22.42	1973
U09 (500g)	E. CARROLL	28.30	1973	D. TAYLOR	27.92	1983	B. FRANCIS (BEL)	26.18	1979
U10 (500g)	D. OGG	33.67	1977	D. OGG	33.67	1977			
U11 (500g)	T. WILSON	33.54	2019	T. WILSON	33.54	2019			
U12 (750g)	D. OGG	36.92	1979	D. OGG	36.92	1979	D. OAKES (MID)	36.22	1989
U13 (750g)	D. OGG	46.36	1980	D. OGG	46.36	1980	D. OGG (BEL)	43.64	1980
U14 (1kg)	T. ABREU	49.69	1999	A. FREW	45.00	1986	G. BIRD (BEL)	44.96	1985
U15 (1kg)	P. SARICH	51.90	1993	A. FREW	49.74	1987			
U16 (1kg)	T. BURGESS	45.96	2020	A. HILDITCH	43.61	2016			
U17 (1.5kg)	T. BURGESS	40.58	2021	C. LUCKENS	38.34	2001			

JAVELIN (VORTEX)

U06	C. INGLETON	21.90	2015	C. INGLETON	21.90	2015			
U07	T. MCGRATH	26.33	2015	T. MCGRATH	26.33	2015			

JAVELIN (TURBO)

U08 (300g)	J. ROADS	23.95	2012	J. ROADS	23.95	2012			
U09 (300g)	C. VINCI	28.05	2008	C. VINCI	22.68	2008	D. WILLIAMSON (E.H)	26.29	2000
U10 (300g)	A. CLAYTON	28.30	2019	A. CLAYTON	28.30	2019	S. OKOLIE (ROC)	27.21	2017

JAVELIN

U11 (400g)	J. MAGDIC	37.32	1996	N. ROACH	37.10	1988			
U12 (400g)	T. ABREU	42.94	1997	S. LUCKENS	40.17	1995	S. CUMMINGS (BEL)	38.41	1985
U13 (600g)	D. OGG	44.86	1980	D. OGG	44.86	1980	A. FREW (BEL)	42.60	1985
U14 (600g)	S. LUCKENS	52.20	1997	A. FREW	51.56	1986	D. MILBURN (BEL)	44.62	1989
U15 (700g)	T. HILDITCH	46.02	2016	D. COWIN	44.51	2019	S. AMATO (GOS)	37.41	2016
U16 (700g)	T. HILDITCH	49.70	2017	T. HILDITCH	49.70	2017			
U17 (700g)	T. HILDITCH	60.54	2018	T. HILDITCH	60.54	2018	D. O'BRIEN (GOS)	43.31	2013

SHOT PUT

U06 (1kg)	K. RAFFERTY	5.30	2012	K. RAFFERTY	5.30	2012	J. SANJURJO (GOS)	5.46	2015
U07 (1kg)	A. PICKERING	6.69	2020	A. PICKERING	6.69	2020			
U08 (1.5kg)	M. VLAHOV	7.55	1989	J. ROADS	7.47	2012			
U09 (2kg)	D. TAYLOR J. MAGDIC	9.14	1983 1994	D. TAYLOR J. MAGDIC	9.14	1983 1994	O. SIO (DALE)	8.52	2018
U10 (2kg)	J. MAGDIC	10.50	1995	J. MAGDIC	10.50	1995			
U11 (2kg)	J. MAGDIC	10.98	1996	J. MAGDIC	10.74	1996			
U12 (2kg)	O. SIO	13.18	2021	O. SIO	13.18	2021	S. TSHIDIBU (BEL)	10.86	2019
U13 (3kg)	S. LUCKENS	13.96	1996	S. LUCKENS	13.96	1996	T. KEELEY (KSY)	12.39	1989
U14 (3kg)	T. BURGESS	14.55	2018	T. BURGESS	14.48	2018	T. BURGESS (BEL)	14.22	2018
U15 (4kg)	S. LUCKENS	15.33	1998	S. LUCKENS	14.89	1998	C. MARSHALL (S.D)	15.26	1988
U16 (4kg)	T. BURGESS	14.60	2020	K. WHITEHALL	13.98	2005			
U17 (5kg)	S. LUCKENS	13.67	2000	S. LUCKENS	13.30	2000			

60M

U16	J. HEAL	7.35	2021	K. ASCOLI	7.88	2021			
U17	T. BURGESS	7.25	2021	D. COWIN	7.57	2021			

RECORDS (GIRLS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE RECORD	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	VISITOR RECORD HOLDER	VISITOR RECORD	VISITOR RECORD YEAR
70M									
U06	J. RUBEN	13.52	2021	T. UNGER	13.67	2010	B. HODGE (BEL)	13.64	2000
U07	A. O'FLANAGAN	11.63	1987	A. O'FLANAGAN	11.63	1987			
U08	A. FULTON	10.90	1977	A. FULTON	10.90	1977			
U09	A. O'FLANAGAN	10.62	1989	A. O'FLANAGAN	10.62	1989			
U10	A. O'FLANAGAN	10.18	1990	T. HEYS T. SCAMUFFO J. THOMPSON N. ELLISON	10.30	1977 1978 1980 1994			
100M									
U06	O. WESTON	19.07	2017	O. WESTON	19.07	2017			
U07	A. O'FLANAGAN	17.15	1987	A. O'FLANAGAN	17.21	1987			
U08	T. HEYS	15.40	1975	T. HEYS	15.40	1975	R. STARCEVICH (HAM)	15.50	1978
U09	K. BRYAN	14.70	1973	T. HEYS	15.10	1976			
U10	S. WIJESUNDERA	14.30	1974	S. WIJESUNDERA	14.40	1974	K. WHEELER (KSY)	14.20	1989
U11	D. COPLEN	13.60	1991	M. HOOGENKAMP	13.70	2004			
U12	S. WIJESUNDERA	13.30	1976	O. DODDS	13.46	2017			
U13	N. WINNING	12.40	1980	N. WINNING	12.40	1980			
U14	O. DODDS	11.94	2019	L. NIX	13.00	1984	Y. ZAW (S.D)	12.52	2001
U15	L. THORNTON	12.66	1987	M. KOROL	13.11	1999	M. TOBIN (KSY)	12.36	1990
U16	E. DODDS	12.67	2018	A. STATHAM	12.84	2017	S. MILFORD (S.D)	12.66	2001
U17	S. COOTE	12.71	2016	A. STATHAM	13.17	2018	T. MCKEOWN (BEL)	13.79	2015
200M									
U06	J. RUBEN	42.00	2021	A. PILLERA	42.17	2017	F. JOSE (BEL)	45.30	1999
U07	A. O'FLANAGAN	35.81	1987	A. O'FLANAGAN	35.81	1987			
U08	M. BRIGNOLI	33.00	1970	A. FULTON	33.40	1977	R. STARCEVICH (HAM)	32.10	1978
U09	K. BRYAN	31.10	1973	T. WALSH	32.50	1982			
U10	S. WIJESUNDERA	29.50	1974	S. WIJESUNDERA	30.20	1974	S. WIJESUNDERA (BEL)	30.00	1974
U11	S. WIJESUNDERA	29.00	1975	S. WIJESUNDERA	29.00	1975			
U12	T. WALSH	27.60	1985	T. HEYS	28.10	1979			
U13	N. WINNING T. HEYS	26.90	1980	N. WINNING T. HEYS	26.90	1980			
U14	O. DODDS	25.89	2019	E. BECKFORD	27.41	1996	O. DODDS (BEL)	25.89	2019
U15	L. THORNTON	26.85	1987	K. SMETHERHAM	27.10	1986			
U16	A. STATHAM	26.61	2017	A. STATHAM	26.61	2017			
U17	A. STATHAM	26.53	2018	A. STATHAM	27.22	2018			
300M									
U06	T. D'ALESSIO	1:09.26	2017	T. D'ALESSIO	1:09.26	2017	C. CLARKE (BEL)	1:13.75	2015
U07	S. AJDUK	1:02.32	2015	S. AJDUK	1:02.32	2015	S. AJDUK (BEL)	1:04.31	2015
400M									
U09	O. TRUEMAN C. HAYWARD	1:17.92	2019	C. HAYWARD	1:17.92	2019			
U10	M. BRIGNOLI	1:08.70	1972	M. BRIGNOLI	1:09.70	1972			
U11	S. WIJESUNDERA	1:06.50	1975	J. GAGLIA	1:07.20	1978	M. FOWLER (MEL)	1:07.20	1973
U12	O. ALLEN	1:04.10	1973	M. BRIGNOLI	1:04.60	1974			
U13	M. BRIGNOLI	1:02.40	1975	N. WINNING	1:02.60	1980	M. BRIGNOLI (BEL)	1:02.00	1975
U14	R. QUARESIMIN	58.86	2014	R. QUARESIMIN	58.86	2014	R. BECKHAM (KSY)	1:01.80	1993
U15	T. WALSH	1:00.95	1988	T. WALSH	1:01.17	1988	T. WALSH (BEL)	59.95	1988
U16	S. COOTE	1:01.23	2015	L. STUMP	1:02.48	2020			
U17	A. STATHAM	1:00.80	2018	A. STATHAM	1:01.02	2018	S. TIPU (GOS)	1:05.26	2014
500M									
U08	R. DEERING	1:44.53	2020	R. DEERING	1:44.53	2020			

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800M

U09	C. HAYWARD	2:54.41	2019	C. HAYWARD	2:54.41	2019			
U10	J. SINCLAIR	2:38.71	1989	J. SINCLAIR	2:38.71	1989			
U11	M. BRIGNOLI	2:36.20	1973	M. BRIGNOLI	2:37.70	1973			
U12	M. BRIGNOLI	2:28.00	1974	M. BRIGNOLI	2:32.00	1974			
U13	O. ALLEN	2:25.90	1973	L. STUMP	2:26.55	2017			
U14	E. FERGUSON	2:25.53	2017	E. FERGUSON	2:25.53	2017	A. MILNE (S.D)	2:25.50	1983
U15	L. STUMP	2:23.08	2019	J. MCSHERRY	2:25.88	1991			
U16	E. HANSEN	2:25.06	2017	E. HANSEN	2:25.06	2017			
U17	L. STUMP	2:32.10	2021	L. STUMP	2:32.10	2021			

1500M

U11	C.TUNSTALL	5:16.20	1973	M. BRIGNOLI	5:25.90	1973			
U12	C.TUNSTALL	5:15.20	1974	M. BRIGNOLI	5:16.50	1974	M. PRESTIDGE (BEL)	5:31.40	1972
U13	O. ALLEN	5:05.80	1973	M. REDDISH	5:07.40	1975			
U14	L. STUMP	5:03.66	2018	L. STUMP	5:03.66	2018			
U15	L. STUMP	5:10.46	2019	L. STUMP	5:14.92	2019	L. STUMP (BEL)	5:10.46	2019
U16	E. LEWIS	5:14.91	2021	E. LEWIS	5:14.91	2021			
U17	E. FERGUSON	5:25.50	2019	L. STUMP	5:30.54	2021	N. YEATS (GOS)	4:55.64	2019

700M WALKS

U09	R. HENSHALL	3:56.10	2016	R. HENSHALL	3:56.10	2016	N. EDWARDS (HAM)	3:55.90	1980
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1100M WALKS

U10	I. RICCI	6:05.14	2021	C. REEVES	6:15.97	2020	C. MORTIMORE (GOS)	6:42.39	2016
U11	T. D'ALESSIO	5:41.66	2021	T. D'ALESSIO	5:41.66	2021	A. RODDY (KSY)	6:07.49	2001

1500M WALKS

U12	M. MAHER	7:52.60	1975	M. MAHER	8:12.10	1975	P. KENNEDY (KSY)	7:22.20	1980
U13	C. TUNSTALL	7:14.00	1975	L. ROMEO	8:03.57	1986			
U14	S. ROMEO	7:15.00	1983	L. ROMEO	7:20.23	1987			
U15	L. ROMEO	7:16.88	1988	L. ROMEO	7:17.25	1988			
U16	J. LEWANDOWSKI	7:55.77	2020	J. LEWANDOWSKI	7:55.77	2020	B. MORTIMORE (GOS)	8:01.52	2020
U17	J. LEWANDOWSKI	8:10.01	2021	T. MCAULIFFE	9:29.76	2015			

60M HURDLES

U06 (Mini)	J. RUBEN	11.87	2021	J. RUBEN	11.87	2021			
U07 (Mini)	S. JENZARLI	11.95	2021	S. JENZARLI	11.95	2021			
U08	I. ROSALIA	11.67	2013	I. ROSALIA	11.67	2013			
U09	V. GREGORY	11.18	1997	O. TRUEMAN	11.34	2014			
U10	I. RICCI	10.94	2021	I. RICCI	10.94	2021	P. KEELEY (GOS)	11.54	1999

80M HURDLES

U11	M. GOODALL	14.09	2020	M. GOODALL	14.25	2020			
U12	A. RICCI	13.64	2021	S. VAN BEEK	14.27	2020			
U13	J. WARD	13.24	2004	J. WARD	13.24	2004			
U14	O. DODDS	12.73	2019	A. GRAYSON	13.39	2007	C. MYBURGH (GOS)	13.32	2016

90M HURDLES

U15	E. DODDS	14.19	2017	K. SMETHERHAM	14.45	1986			
U16	S. STATHAM	13.94	2017	S. STATHAM	13.94	2017			

100M HURDLES

U17	S. STATHAM	15.92	2018	S. STATHAM	16.61	2018	S. TIPU (GOS)	17.56	2014
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200M HURDLES

U13	O. DODDS	29.96	2018	O. DODDS	30.88	2018	S. MIGRO (BAY)	32.57	2000
U14	O. TRUEMAN	30.24	2018	E. DODDS	31.05	2016	R. MORALES (GOS)	33.71	2016

300M HURDLES

U15	O. TRUEMAN	47.68	2019	O. TRUEMAN	47.68	2019			
U16	A. STATHAM	47.05	2017	A. STATHAM	47.05	2017			
U17	S. STATHAM	45.66	2018	S. STATHAM	45.66	2018			

HIGH JUMP (SCISSOR)

U09	R. HENSHALL	1.19	2016	R. HENSHALL	1.16	2016			
U10	R. HENSHALL	1.24	2017	R. HENSHALL	1.24	2017			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2022-2023 SEASON

HIGH JUMP (FOSBURY)

U11	R. HENSHALL	1.50	2018	C. BOYANICH	1.49	1994			
U12	R. HENSHALL	1.56	2019	R. HENSHALL	1.56	2019			
U13	C. BOYANICH	1.65	1996	C. BOYANICH	1.65	1996	K. BILLING (PEEL)	1.50	2016
U14	C. BOYANICH	1.72	1997	C. BOYANICH	1.72	1997			
U15	C. BOYANICH	1.70	1998	C. BOYANICH	1.60	1998			
U16	A. LEWIS	1.59	2019	A. LEWIS	1.59	2019	J. HOGEN-ESCH (BEL) R. COLLYER (BEL)	1.40	1998 2010
U17	R. QUARESIMIN	1.54	2017	R. QUARESIMIN	1.54	2017	A. SHARP (BAY)	1.40	2013

LONG JUMP 1m² MAT

U06	R. BOYANICH	2.65	1999	E. MOYLAN	2.47	2020			
U07	A. O'FLANAGAN	2.99	1987	C. SIMPKINS	2.92	1994	K. BHANGU (KSY)	3.31	2019
U08	A. MARKOVIC	3.60	2017	S. WIJESUNDERA	3.42	1972			

LONG JUMP ½ m MAT

U09	A. FULTON	3.85	1978	A. APENIS	3.84	1973	P. ROPER (E.H)	4.02	1972
U10	S. WIJESUNDERA	4.21	1974	M. BRIGNOLI	4.17	1972			

LONG JUMP BOARD

U11	O. TRUEMAN	4.27	2016	O. DODDS O. TRUEMAN B. BELL	4.10 4.10	2016 2019	O. TRUEMAN (BEL)	4.27	2016
U12	O. TRUEMAN	4.60	2017	B. BELL	4.55	2020			
U13	J. TAPUTORO	4.94	1991	T. HEYS	4.89	1980	M. PEDROTTI (BAY)	4.97	1991
U14	J. CASEY	5.18	1992	J. CASEY	5.18	1992	J. RICHARDSON (BAY)	4.79	1993
U15	C. PALMER	5.04	1985	C. PALMER	5.04	1985	L. POOTER (KSY)	5.06	1990
U16	S. COOTE	5.12	2015	E. DODDS	5.01	2018	J. HOGEN-ESCH (BEL)	4.79	1998
U17	S. COOTE	5.28	2016	A. STATHAM	5.03	2018	F. DUNCAN (BEL)	4.40	1998

TRIPLE JUMP (BOARD)

U11	R. HENSHALL	8.79	2018	O. TRUEMAN	8.52	2016			
U12	O. TRUEMAN	9.76	2017	A. HENSHALL	9.26	2017	O. TRUEMAN (BEL)	9.76	2017
U13	J. TAPUTORO	10.49	1991	S. GILFILLAN	10.20	1973			
U14	S. COOTE	10.90	2013	N. PARKER	10.78	2014	J. CASEY (BEL)	10.53	1992
U15	S. COOTE	10.84	2014	C. PALMER	10.57	1985	C. PALMER (BEL)	10.31	1985
U16	S. COOTE	10.80	2015	S. COOTE	10.64	2015	A. SHARP (BAY)	10.51	2012
U17	S. COOTE	11.56	2016	S. STATHAM	10.57	2018	S. COOTE (BEL)	11.56	2016

DISCUS

U06 (350g)	R. BOYANICH	10.90	1999	S. MAHER	9.54	2001			
U07 (350g)	A. BELL	13.77	2018	L. CASTLE	13.74	1992	K. BHANGU (KSY)	15.76	2019
U08 (500g)	V. FRENCH	21.95	1977	A. ROBINSON	20.86	1977	V. FRENCH (BEL)	18.70	1977
U09 (500g)	V. FRENCH	28.91	1978	V. FRENCH	25.77	1978			
U10 (500g)	V. FRENCH	30.12	1979	V. FRENCH	30.12	1979			
U11 (500g)	S. VAN BEEK	33.06	2019	S. VAN BEEK	33.06	2019	S. VAN BEEK (BEL)	27.30	2019
U12 (750g)	V. FRENCH	38.78	1981	V. FRENCH	37.96	1981	V. FRENCH (BEL)	36.72	1981
U13 (750g)	V. FRENCH	41.30	1982	V. FRENCH	41.30	1982	R. HUME (S.D)	40.21	1988
U14 (1kg)	F. VAN BEEK	25.68	2020	F. VAN BEEK	25.68	2020	J. SIVIOUR (S.D)	30.25	2012
U15 (1kg)	F. VAN BEEK	30.37	2021	P. BOWER	28.48	2019			
U16 (1kg)	T. MCAULIFFE	32.66	2014	T. MCAULIFFE	32.66	2014			
U17 (1kg)	T. MCAULIFFE	33.23	2015	T. MCAULIFFE	30.81	2015	J. NASH (GOS)	29.35	2013

JAVELIN (VORTEX)

U06	M. VAN DER TOGT	10.61	2017	M. VAN DER TOGT	10.61	2017			
U07	A. BELL	21.16	2018	A. BELL	21.16	2018	K. BHANGU (KSY)	24.67	2019

JAVELIN (TURBO)

U08 (300g)	A. BELL	17.38	2019	A. BELL	17.38	2019	R. WIHONE-MACKEY (GOS)	16.04	2014
U09 (300g)	A. BELL	21.75	2020	A. BELL	21.49	2020	M. SANJURJO (GOS)	17.75	2014
U10 (300g)	A. BELL	25.37	2021	A. BELL	24.35	2021			

JAVELIN

U11 (400g)	V. FRENCH	31.50	1980	V. FRENCH	31.50	1980	V. FRENCH (BEL)	30.72	1980
U12 (400g)	V. FRENCH	39.52	1981	V. FRENCH	39.52	1981	V. FRENCH (BEL)	36.70	1981
U13 (400g)	I. GRAY	34.90	2021	I. GRAY	34.90	2021			
U14 (400g)	T. STRIBLEY	33.80	2017	T. STRIBLEY	32.30	2017	T. STRIBLEY (BEL)	33.80	2017
U15 (500g)	P. BOWER	34.34	2019	P. BOWER	33.61	2019			
U16 (500g)	T. MCAULIFFE	40.25	2014	T. MCAULIFFE	40.25	2014			
U17 (500g)	T. MCAULIFFE	40.47	2015	T. MCAULIFFE	39.12	2015	T. ORRELL (GOS)	27.95	2014

SHOT PUT

U06 (1kg)	M. DANGERFIELD	4.04	2020	M. DANGERFIELD	4.04	2020			
U07 (1kg)	A. BELL	5.42	2018	A. BELL	4.94	2018			
U08 (1.5kg)	R. BOYANICH	6.83	2001	I. SIO	6.77	2021	D. WORRAD (HAM)	6.92	2017
U09 (2kg)	V. FRENCH	8.76	1978	V. FRENCH	8.76	1978	V. FRENCH (BEL)	8.07	1978
U10 (2kg)	V. FRENCH	9.36	1979	V. FRENCH	9.04	1979	M. WARD (CBN)	9.54	2007
U11 (2kg)	V. FRENCH	11.46	1980	V. FRENCH	11.14	1980			
U12 (2kg)	V. FRENCH	13.57	1981	V. FRENCH	13.27	1981	N. KEELEY (KSY)	10.19	1985
U13 (3kg)	V. FRENCH	12.41	1982	V. FRENCH	12.41	1982	R. HUME (S.D)	11.33	1988
U14 (3kg)	V. FRENCH	13.71	1983	V. FRENCH	13.71	1983	A. SUTTON (KSY)	10.31	1988
U15 (3kg)	C. PALMER	13.92	1985	C. PALMER	13.56	1985			
U16 (3kg)	T. MCAULIFFE	11.75	2014	T. MCAULIFFE	11.15	2014			
U17 (3kg)	T. MCAULIFFE	12.50	2015	T. MCAULIFFE	12.50	2015	A. LAWLESS (GOS)	13.66	2020

60M

U16	I. ODY	8.16	2021	I. ODY	8.34	2021			
U17	O. TRUEMAN	7.83	2021	L. STUMP	8.70	2021			

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