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2020-2021 OFFICIAL YEAR BOOK



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OPENING MESSAGE FROM THE EXECUTIVE COMMITTEE

The Executive Committee would like to welcome all the athletes and parents taking part in what is Belmont Little Athletics Centre's 51st season.

If you are new to athletics, this book contains plenty of useful information about our sport and centre. If you can't find the information you are looking for then please ask your Club Manager.

Little Athletics is about family, fun, fitness, and doing your best. We have boys and girls of all ages and sporting abilities at our Centre, and by accepting these values we can all support the young athletes as they celebrate their success and encourage them to achieve their personal goals. One of the most rewarding sights is the way athletes respond as they are cheered and encouraged down the finishing straight. It is a great reminder of why we are all here and creates a great sense of community and belonging within our centre. At Belmont we encourage our athletes to always strive to improve their personal performance week in and week out during our Saturday competition.

At the same time we have a duty to coach and develop the athletes so that when they go to State events they understand the rules of the sport. These rules are backed up with the codes of conduct for athletes and parents published in this book. Please take the time to read and understand them.

As everyone involved with the centre, from the executive committee, to site officials and coaches are all volunteers, we ask that everyone remembers and respects that they are parents doing their best. Running the sites each week is not an easy role, however we are all here to support each other in providing the athletes with a safe, encouraging and fun environment. The officials deserve our respect, understanding and support. We encourage everyone to consider becoming an official, it is a great way to be close to the action, and without officials there is no Centre.

We would like to encourage everybody at Belmont to be their best, respect the people and property of the Centre and be conscious of promoting the enjoyment of Little Athletics for everyone.

There are many ways to help:

- Arriving early to sign on, if on roster and or help with setup, even if you aren't rostered on, you can always help with setting up or packing away, no volunteers are ever turned away.
- Cleaning up your Club area or anywhere in fact at the end of the day, we don't have cleaners coming
 by to tidy up after you and your children.
- Learning the rules of the events and becoming an official yourself.

All the little things add up to make Belmont Little Athletics Centre a pleasant place to be over summer.

Welcome back to Belmont Little Athletics, or welcome for the first time. We wish everyone a successful and enjoyable season.

BLAC Executive Committee



LITTLE ATHLETICS IN AUSTRALIA

Nationally the Little Athletics governing body is Australian Little Athletics (ALA). ALA comprises of a Board of Management elected from nominations submitted by the State Associations. ALA is responsible for establishing national policies and sponsorship of the sport.

Athletics West (AW) is the State Association and is managed by a Board of Management elected by the affiliated Little Athletics Centres. AW's responsibilities include organising State events and Championships, obtaining sponsorship and government support, providing administrative support for affiliated Centres as well as education and assistance for coaches and officials.

The Centres, such as Belmont Little Athletics Centre (BLAC), organise weekly competitions for athletes in their geographical area. Volunteer Executive Committee members are elected at an AGM by members of the affiliated Clubs to manage the Centre. Centres are grouped into regional Zones and compete annually at an Inter-Centre qualifier, previously known as Zones Championships. Through this competition, athletes qualify to compete at the State Track & Field Championships.

Clubs affiliate with their local Centre and organise training sessions for the athletes registered with them, as well as keep the athletes informed of upcoming events. The Clubs meet weekly to compete at the Centre in programmed track and field competition. The Club Committees are volunteer parents who are elected by the members from within their Club.

More information can be obtained by visiting the Belmont Little Athletics Centre website at www.blac.asn.au or the Athletics West website at www.athleticswest.com.au

BELMONT LITTLE ATHLETICS CENTRE AFFILIATED CLUBS

CLUB Carlisle/Rivervale

Carlisle/Rivervale
Forrestfield
High Wycombe
Kalamunda/Lesmurdie
Kewdale
Victoria Park
Kelmscott

CLUB COLOURS

Red/Green/Black White/Red/Black Blue/White/Black Lime Green/Black Oral/White/Black Orange/White/Black Navy/Teal/White/Black

CLUB CONTACT

Veronica Webb Tanya Ody Khayla Elliott Sarah Greenway Jacki Walters Tanya Llorens Jo Richardson

crlacsecretary@tomandvez.com forrestfieldlittleathletics@gmail.com

contact@hwlac.com.au kllac@hotmail.com registrar@klac.asn.au vplacreg@gmail.com

kelmscottathleticsclub@outlook.com.au

BELMONT LITTLE ATHLETICS CENTRE IS PROUDLY AFFILIATED WITH ATHLETICS WEST



Address: Aisle 8, Level 1, Shirley Strickland

Grandstand Herb Elliot Drive via,

Stephenson Ave,

Mount Claremont WA 6010
Postal: PO BOX 157 Floreat Wa 6014

Telephone: (08) 6272 0480

Email: admin@athleticswest.com.au

ATHLETICS WEST

BLAC EXECUTIVE COMMITTEE						
Centre President	Nathan Cunningham	nathanblacpres@gmail.com				
Executive Officer	Jacki Walters	blacexecutiveofficer@gmail.com				
Treasurer	Jo Richardson	blactreasurer@hotmail.com				
Registrar	Natalie Nanut	blacregistrar1@gmail.com				
Arena Manager	John Ferguson	kjferguson@optusnet.com.au				
Championship and Special Events Coordinator	Sam Ody	champs@blac.asn.au				
Officials Coordinator	Bronwyn Ife	bronwyn.ife@iinet.net.au				
Coaching Coordinator	Sharon Stribley	stribleyblac@gmail.com				
Records and Ranking Officer	Kira Armstrong	kira.armstrong.85@gmail.com				
Chief Field Umpire	Leo Quaresimin	leoq@consolidatedenergy.com.au				
Chief Track Umpire	Sam Craven	samcraven61@hotmail.com				
Publicity Officer	VACANT					
BLAC NON-	EXECUTIVE OFFICE	BEARERS				
Equipment Officer	Shared	Nathan, John & Leo				
Canteen Manager	Jo Richardson	jojo77@outlook.com.au				
Winter Officer (2020)	John Ferguson	winter@blac.asn.au				
First Aid Coordinator	VACANT					
Announcer	Paul Henshall					
Website Administrator	Jo Richardson	webmaster@blac.asn.au				
Centre Delegates to Athletics West	Nathan Cunningham Kira Armstrong	Proxy: Jo Richardson				

A NOTE OF THANKS:

We would like to thank the **City of Belmont** for their continuing support of Belmont Little Athletics Centre and would ask that all BLAC Members please respect the grounds and facilities at Gerry Archer Athletic Track so that athletes and supporters can enjoy the best environment possible.

PLEASE NOTE:

In the interests of pedestrian safety, cars are not permitted inside the entrance gates. Only vehicles displaying a valid ACROD permit may use the designated disabled parking zone. Please be aware of athletes while entering and leaving the car-park.

We would also like to remind all members that skateboards, scooters, roller-blades and roller-skates are prohibited from use anywhere within the arena or car park for the safety of all members.



GERRY ARCHER ATHLETICS TRACK IS A SMOKE-FREE VENUE

Smoking & Vaping is not permitted anywhere within the arena or within 40m of any entry/exit gates during competition days, Centre training or any other BLAC function or activity. Smoking and Vaping can take place in the designated area marked for that purpose.

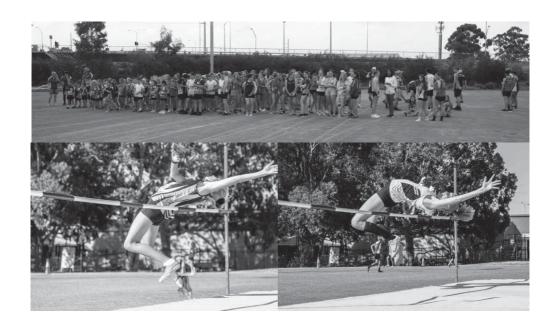
All venues and events are also alcohol-free.

BELMONT LITTLE ATHLETICS CENTRE LIFE MEMBERS

1977 Joy Hardman	1985 Frances French	1997 Rob Bowen	2014 Cheryl Short (dec.)
1980 Roy Cannon	1987 Lesley Romeo	1997 Jill McIntosh	2014 Glenn Bartlett
1980 Margaret Harman	1992 John Milburn (dec.)	1998 John Fouweather	2016 Michael Munro
1980 Noelene MacKenzie	1993 Bev Frost	2001 Trish Gunn	2018 Janet Milne
1980 Verna Mason	1993 John Marsh	2004 Craig Middleton-White	2018 Jim Farr
1980 Wendy Murray	1994 Ron Hardman (dec.)	2007 Georgie Boyle	
1983 Merle Carter (dec.)	1996 Anne Redmond	2007 David Jarvis	
1983 Mavis Lee	1996 Peter Redmond (dec.)	2009 Toni Clarke	
1984 Tony Salmon (dec.)	1996 Krys Roberts	2010 Kevin Kentish	
1985 Jean Crockett	1996 Neil Roberts	2013 Catherine Geneste	

BELMONT LITTLE ATHLETICS CENTRE PATRONS

2009 Mr. Fred Rae (dec.)	2010 Mr. Eric Ripper	2011 Mr. Eric Ripper	2012 Mr. Eric Ripper
2014 Mrs Glenys Godfrey	2015 Mrs Glenys Godfrey	2016 Mrs Glenys Godfrey	2017 Ms Cassie Rowe
2018 Ms Cassie Rowe	2019 Ms Cassie Rowe	2020 Ms Cassie Rowe	



BILL OF RIGHTS FOR YOUNG ATHLETES

Young athletes have the right to:

- Participate in sport regardless of ability level.
- Proper preparation for participation in the sport.
- Have qualified leadership.
- An equal opportunity to strive for success.
- Participate in a safe and healthy environment.
- Be treated with dignity by all involved.
- Participate as a child and not as an adult.
- Have fun through sport.

PARENTS CODE OF CONDUCT

Parents should:

- Not force an unwilling child to participate in sport.
- Remember that children participate for their own enjoyment, not yours.
- Encourage your child to abide by the rules.
- Teach your child that honest effort is as important as victory, so that the result of each event is accepted without undue disappointment.
- Turn defeat into victory by helping your child towards skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing in an event.
- Remember that children learn best by example. Applaud good performances by your own child and by other athletes.
- Not publicly question the official's judgement, and never their honesty.
- Support all efforts to remove verbal and physical abuse from children's sporting activities.
- Recognise the value and importance of volunteer coaches. They give their time and resources to provide recreation activities for your child.

GENERAL RULES OF THE BELMONT LITTLE ATHLETICS CENTRE

- BEHAVIOUR OF CHILDREN: 1
 - (a) Disciplinary action will be taken against any children who:
 - i. Maliciously damage property or equipment.
 - ii. Give verbal or otherwise abuse to Officials.
- Clubs and parents are to ensure that children do not: 2
 - (a) Swing on the Double Gates or Turnstiles.

 - (b) Climb any fences.(c) Go behind the Equipment Shed.
 - (d) Wander by themselves in the Car Park.
- 3 NO ONE is allowed behind any roped off areas without permission.
- 4 Complaints will not be considered unless the complaint is channelled through a Club Manager to the Arena Manager.
- 5 Spectators and Athletes must NOT tamper with the Public Address (PA) System.
- 6 Spectators and Athletes must respect each other's Club Area.
- 7 Adults are to encourage children to look after the toilet facilities, and not to play around with the water fountains
- 8 Smoking & Vaping is prohibited anywhere within the arena or within 40m of any entry/exit gates during competition days. Centre training or any other BLAC function or activity. Smoking and Vaping can take place in the designated area marked for that purpose. All venues and events are also alcohol-free.
- 9 No skate boards, scooters, roller blades, roller skates, etc. are permitted to be used in and around the Centre on competition days. This includes the driveway and car-park areas.
- 10 Ball games or other activities which may interfere with the running of events or pose a hazard to others are not permitted. Failure to abide by a directive of an Executive Committee Member to cease such activities will result in the equipment being confiscated for the duration of competition.

RULES FOR COMPETITION

- 1. All athletes must be registered with a Club affiliated with Belmont Little Athletics Centre.
- 2. All competitors must wear correct Club uniform with their Registration Number securely fastened to the front of their shirt and their Age Tag secured to the front left shoulder. No logos or insignias bigger than 7cm x 5cm are allowed on uniform bottoms. As per Athletics West rules, compression pants may be worn under shorts **only** if they are plain black and finish above the knee.
- 3. Fully enclosed footwear is compulsory for all athletes whilst they are competing on any surface at the Belmont Centre.
- 4. A competitor may leave a Field event once given permission by the Field Key Official to compete in a track event. On returning to the Field event he or she must resume at the stage the event has reached in their absence.
- 5. On completion of a Track event athletes must report firstly to the Track Marshalls and then to the Track Recorders to record their results. Once the athlete's result has been recorded they are to return to their Club area.
- 6. On completion of Field events athletes are to return immediately to their Club area.
- 7. Protests are to be presented by Club Managers in writing on official protest form to the Arena Manager and must be accompanied by the appropriate fee (\$50). The money will be forfeited should the complaint prove frivolous. A Protest Committee will deal with the complaint on the day.
- 8. Any misbehaviour by a competitor may result in a suspension for a period to be decided by the Executive Committee on the day.
- 9. (a) Unless competing in an event or acting as an official, no one except for BLAC executive, BLAC committee members and the rostered first aider shall be allowed onto the arena or sites whilst events are being conducted. Failure to observe this rule may result in penalties to the Club or the offender. Any penalty is to be decided by the Executive Committee on the day, after completion of the day's program.
 - (b) When signed on and acting as an official, you shall only be allowed on the designated site you are signed on to officiate at.
- 10. Athletes & Site Officials must at all times walk around the Track and not across the centre of the Arena.
- 11. Each affiliated Club will be required to supply officials for each competition day. The number of officials required from each club is calculated on a pro-rata basis, comparing number of athletes within the Club to number of athletes in the Centre as a whole. Officials are to report to the Officials Coordinator where they will sign on and select a site to help at.

12. Spikes:

- Competitors in the U6-U10 age group may not wear spike shoes.
- Competitors in the U11-U12 age group may wear spike shoes in events run entirely in lanes, long jump and triple jump, high jump and javelin.
- Competitors in the U13-U17 age group may wear spike shoes in long jump, triple jump, high jump and javelin, and all track events except walks.
- Spikes must be carried to the start and removed at the end of all events.
- 13. Programmed events can be amended or cancelled at the discretion of the Arena Manager.
- 14. Complaints on the day will be referred (via your Club Manager through the Arena Manager) to the following:
 - Track events CHIEF TRACK UMPIRE
 - Field events CHIEF FIELD UMPIRE
- 15. Rules of competition are normally as per I.A.A.F. Rule Book, but modifications may be made for Centre competition.
- 16. All athletes must at all times have a parent or guardian present. Athletes will be excluded from competition if they do not have a parent or guardian present.

RED CARDS

Red Cards are issued to athletes for breaches of Belmont Little Athletics Centre Rules, particularly *General Rule 1: Behaviour of Children*, and *Rule for Competition 8*, pertaining to misbehaviour and suspension. The site Key Official will give an offending athlete one verbal warning only; a second offence shall result in the issue of a red card. The athlete will be asked to leave the site immediately and report to the Arena Manager. Any points from the site shall be forfeited for the day of the offence.

If an athlete receives a second Red Card on the same day, then the athlete will not be permitted to compete in any further events for that day. Additionally, all points for **all events** earned on the day of the offences shall be forfeited. Any offence may also be investigated and dealt with by the Centre Executive Committee and be subject to further disciplinary action.

RULES FOR BLAC CENTRE CHAMPIONSHIPS

1. To be eligible for Centre Championships, athletes must have competed in an event at least **three**(3) times at the weekly Inter Club competition.

Exceptions to this rule:

- a. In the case of illness or injury during the season which prevents the athlete from competing. Club Managers must hand a letter or Doctor's certificate to the Records & Ranking Officer at the time of illness or injury or no later than 2 weeks after the illness or injury occurred. Documents received after this time frame will not be accepted. Documents MUST include dates when the injury or illness occurred and a time frame indicating how long the athlete cannot participate for. Such documents MUST be from an independent consultant. The Executive Committee will then determine if the athlete is eligible to compete.
- o. If an athlete commences later in the season.
 - . Commencement is defined as the date and time at which the athlete is registered with Belmont Little Athletics Centre.
 - ii. The athlete must compete in the nominated event each time it is held in the remaining weekly Inter Club competitions after commencing.
 - iii. The athlete must be registered no later than four weeks prior to the start of Centre Championships.
- 2. If an athlete transfers from another Little Athletics Centre they must produce evidence that they have competed in the nominated event such that the total number of times they have competed in that event at both centres totals three or more. The evidence must be such that it is able to be verified by the previous Little Athletics Centre and is subject to approval by the Executive Committee. Any athlete transferring from another Centre, whether it be Perth Metro/Country or Interstate must also be registered with Belmont Little Athletics Centre no later than four weeks prior to the start of Centre Championships. Metropolitan/Country Centres are those centres defined by Athletics West as being in Zones 1, 2 and 3.
- 3. All competitors must report to the marshalling area prior to the commencement of any event. If there is a genuine reason for an athlete being late, this must be reported to the Arena Manager by the Club Manager only.
- 4. Under 6 to Under 10 Athletes will have only three trials at all field events (except High Jump). Under 11 to Under 17 Athletes will have three trials at all field events (except High Jump) and the leading eight competitors in the event at the completion of the third round will then have a further one trial.
- 5. The starting height for High Jump shall be 15cm below the state starting height.
- 6. Placings in all track events will be determined by timed heats.
- 7. All protests must be reported through the Club Manager and are to be lodged with the Championship and Special Events Coordinator within 20 minutes of the completion of the event with the appropriate fee (\$50).
- 8. The rules for competition at Centre Championships shall be those outlined in Athletics West's Rules for Competition of State Run Events. These rules may be amended or updated by Athletics West without notice or consultation.
- 9. An athlete's participation in the Centre Championships signifies that athlete's acceptance of the rules and conditions as set out by Belmont Little Athletics Centre and the Executive Committee.
- Any circumstance not covered by the rules and conditions defined herein shall be dealt with by the Executive Committee on a case-by-case basis.

SUNSMART POLICY

Participant's health is a primary concern of Belmont Little Athletic Centre. It is acknowledged that skin cancer is a major, yet preventable public health problem in Australia, with two out of every three people

requiring treatment for some form of skin cancer in their lifetime. A preventative strategy including the following will be implemented in the Centre.

- Wherever possible, programs will be scheduled to minimise ultraviolet radiation exposure of participants.
- The Centre will maximise use of natural shade from trees, buildings, and other structures including portable canopies or shade shelters.
- The Centre will promote personal protection including hats & long-sleeve shirts.
- Broad spectrum sunscreen will be made available for any that need it.



Unfavourable Weather Conditions

In the week prior to the scheduled competition, the Arena Manager will monitor the forecast weather conditions, to determine the effect it may have on the proposed program. If extreme weather conditions are forecast, the following strategies will be followed:

All decisions will be made by the Arena Manager, Chief Track Umpire, Chief Field Umpire and President of Belmont Little Athletics Centre.

Hot weather:

For morning competition: if the temperature reaches 38°C, the current status of the program will be examined before deciding if the program should be cancelled or conducted in a modified format. For twilight competition: if the temperature is forecast to be in excess of 38 degrees Celsius at the scheduled start time of setup/competition then the Arena Manager, Executive and President of Belmont Little Athletics Centre will make a decision as to whether to delay the start of setup/competition until the temperature is forecast to fall below 38 degrees Celsius, by pushing the start time back by 1 hour or if the program should be cancelled or conducted in a modified format. Note: All Clubs will be notified by 10am on competition day if any changes need to be made to the start time.

Inclement weather:

Where rain, wind, or lightning may affect the safety of athletes competing, a decision will be made as to whether the program should be cancelled, or conducted in a modified format.

Notification

The President will call a Club Managers meeting when a decision has been reached, and all Clubs will be notified on whether the meet will be cancelled or a modified program will run.

Recovery Strategy

The following initiatives shall be implemented when severe weather affects competitions:

- Only conduct events that ensure the safety of athletes and officials is protected at all times.
- Where appropriate, reschedule cancelled events to a later date.
- Where a modified program is run and events are cancelled, athletes who have signed on will be awarded participation points so they are not disadvantaged in qualifying for Centre Championships.

HEALTH & INJURY

During a Little Athletics competition, athletes should always be in possession of a hat, wear a shirt to cover their shoulders when not competing, use an effective sun screen, and frequently drink plenty of fluids in small quantities, preferably water. Take special care of children in the hot summer sun.

If an athlete is sick or injured, experiencing pain or swelling, **do not allow them to compete.** If an athlete is unable to compete parents should provide their Club Manager with a medical certificate, which will prevent the child being disadvantaged during qualification for Centre Championships. (See Centre Championships rules for more info) If your child has been issued a medical certificate that covers the date of any competition, they should not compete as they may not be covered by insurance. The immediate treatment for a soft tissue injury is **R.I.C.E.**

R est I ce C ompression

E levation

If you have any doubts about the injury whatsoever, a doctor's advice should be sought immediately. If an athlete falls during an event, do not pick them up until the cause of the injury has been determined. In particular, do not move any athlete who is experiencing back pain or numbness in the limbs. All injuries sustained at any Little Athletics venue, either in training or competition, must be reported to your Club Manager immediately.

FIRST AID POLICY

- The First Aid Officer must hold a current Senior First Aid or Apply First Aid Certificate, a copy of which must be must be held at the Centre.
- The First Aid Officer should consult the First Aid Coordinator (if appointed) if an injury is deemed serious. The final decision on treatment and escalation (eg calling an ambulance) is the responsibility of the First Aid Coordinator only. In the case of there being no appointed first aid coordinator the first aider shall make that decision.
- Where possible, a parent or quardian must be present when a child requires first aid treatment.
- If a parent overrides the First Aid Officer or First Aid Coordinator, the parent is then responsible for removing the athlete to a doctor straight away.
- Serious injuries (eg: being impaled by a javelin; hit on the head by an implement; leg or back injury) are to be treated on site until the ambulance arrives. Athletes should not be moved.
- Parents are to be advised by the First Aid Officer that all injuries requiring more than a simple dressing are to be seen by their own doctor.
- All injuries must be reported to the Centre First Aid Coordinator or first aid officer so that they can
 be documented. Failure to report an injury may mean that an athlete, parent or Official is not
 covered by insurance.
- First Aid is for injuries sustained by athletes and parents during competition only. The First Aid Officer will not tape limbs or joints so that athletes can compete.

If you are injured – PLEASE DO NOT COMPETE.

CENTRE UNIFORM

The new design for the BLAC uniform has been approved and will have a phase in period of 2 years. The new uniform will become compulsory from the start of the 2020-2021 season.

The new tops will be available in your choice of a Singlet or a T-shirt.

Matching Jackets will also be available to purchase.

2020-2021 ATHLETICS WEST STATE EVENTS

PCH Kids Helping Kids Activity Day SATURDAY 31st OCTOBER 2020

This event is organised to raise funds for Perth Children's Hospital Foundation (formerly PMH Foundation). Club Managers will pass on further information at the appropriate time. Clubs will be advised of the format for this event once it has been formalised. It is run in conjunction with the day's normal athletics competition.

STATE COMBINED EVENT CHAMPIONSHIPS SATURDAY 21st - SUNDAY 22nd NOVEMBER 2020

This event is held at WA Athletics Stadium for athletes U11 and up. Athletes compete individually in 5-8 compulsory events, depending on age group. Points are awarded and accumulated according to performance, NOT placing, similar to the Heptathlon and Decathlon. Any number of athletes can represent a Centre and there are no selection criteria. Athletes are required to wear Centre uniform.

ATHLETICS WEST STATE RELAY CHAMPIONSHIPS SATURDAY 12th DECEMBER 2020

Each centre is eligible to nominate one team (min 4, max 5) for track relay and one team of 2, 3 or 4 athletes for the field relay per age group and gender. Athletes competing in the track relay may not compete in the field relay and vice versa. Athletes are required to wear their Centre uniform.

Track relay	4 x 100m U9-U17	Field relay	Discus, Turbo Javelin, Long Jump & Shot Put (U9-10
events:		events:	Boys & Girls)
	4 x 200m U9-U10		Discus, Triple Jump, Long Jump & Shot Put (U11-U12
			Boys & Girls, U13 Boys & U16-U17 Boys)
	4 x 400m U11-U17		Javelin, Triple Jump, Long Jump & Shot Put (U13 Girls,
			U14-U15 Boys & Girls, U16-U17 Girls)

WA LITTLE ATHLETICS STATE CHAMPIONSHIP QUALIFIERS

~formally Zones Championships~ SATURDAY 27th - SUNDAY 28th FEBRUARY 2021

The Championship Qualifier is the heats and quarter finals of the State Championships. The competition is open to any athlete in the under 9 to under 15 age groups. These age groups will compete for entry into the State Championships. Athletes automatically qualify for State Championships by finishing in the top 4 in their respective events. Belmont is in Zone 1 (South) with Gosnells, Southern Districts, Melville, Dale, Cockburn, Baldivis, Kwinana, Peel & Rockingham Centres.

There are no selection criteria and BLAC encourages all athletes to nominate for this event. Many season personal bests are attained and it is a fantastic experience to compete against athletes from other Centres at the culmination of the season. All Clubs will be notified of closing dates for entries to this event when they become available. Athletes must compete in the Centre uniform.

WA LITTLE ATHLETICS STATE CHAMPIONSHIPS FRIDAY 19th – SUNDAY 21st MARCH 2021

Semi-finals and finals are held at the WA Athletics Stadium for those U9-U15 athletes filling the first four in the Qualifier of each event. Athletes from any or all of the Centres in our Zone may fill these places. The U16 & U17 age groups can directly nominate for events. Athletes are required to wear their Centre uniform.

U13 LITTLE ATHLETICS NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U13 athletes.

The WA State Track and Field Championships is the qualifying event for the U13 team selection. ALAC Team selectors will attend the event and will determine successful team members based on the Athletics West ALAC Team Selection Policy.

Athletes wishing to be considered for selection must nominate by the defined closing date.

Athletes will be contacted as soon as practical following completion of State Championships of team selection status.

Note: Selection numbers are limited to $26 \times U13$ athletes. More information is available on the Athletics West website.

U15 MULTI EVENT NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U15 athletes.

Three U15 Boys and three U15 Girls are selected from the State Multi Event Championships and accompany the U13 team to represent the state in the National Multi Event Championships.

Note: Team numbers are limited to three (3) boy and three (3) girl x U15 athletes. More information is available on the Athletics West website.

U14 & U15 INTERNATIONAL CHAMPIONSHIPS

U14 and U15 athletes awarded a medal at State Championships will be invited to join the WA International team that travels to Malaysia (odd years) and Singapore (even years).

Information regarding the International team will be forwarded to all eligible athletes at medal presentations and following the competition.

WINTER COMPETITION

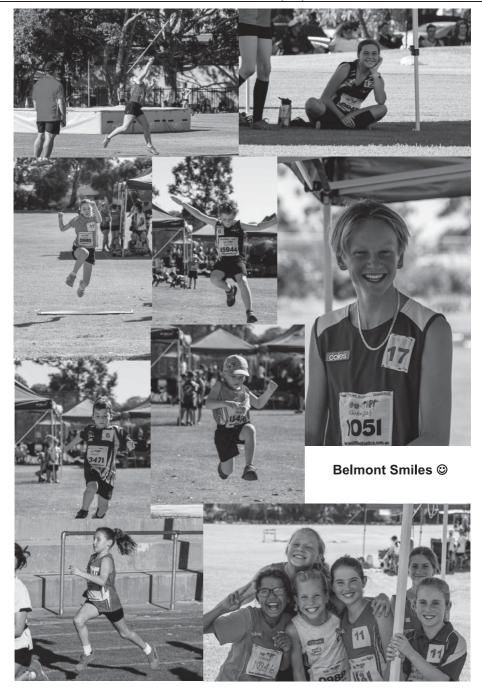
From April to August, Athletics West runs a Winter competition. This consists of Cross Country Running and Road Walking races, held on alternating weekends at different locations throughout the metro area. Cross Country is open to athletes U7 – U17, while Road Walking is open to athletes U9 – U17.

Current registered athletes (participated in the previous summer competition) are required to nominate for Winter Competition online through their ResultsHQ profile. No additional registration fees are applicable, however athletes are required to purchase, and wear, a timing chip for competition.

New athletes may register for the Winter Competition online at ResultsHQ.com.au. A registration fee shall be charged, and a timing chip is required to be purchased, and worn, for competition.

Competing athletes are required to wear Belmont Little Athletics Centre uniform. Athletes must compete in a minimum number of events (as detailed by Athletics West) to be eligible for Winter Championships. Any further information can be obtained from the Winter Competition Officer.

Please note that the U6's do not compete in the State Winter Championships.



EVENT RULES AND SPECIFICATIONS

EVENT RULES

Although not always the case, event rules generally follow the IAAF rules, which are laid down in the IAAF Handbook. These rules may have been modified either for Little Athletics generally, or for local Centre competition. If in doubt you should consult your Club Manager, who can query the Arena Manager. The Arena Manager's decision in any dispute regarding the rules is final. The following notes give the major rules for each event - they may not cover all situations.

GENERAL NOTE

No athlete may commence any trial, in any event, until the official has given permission to do so. Safety rules must be observed at all times.

TIE-BREAKING RULES

In Field Events where the result is determined by distance, the second best performance of the competitors tying shall resolve the tie, then (if necessary) the third best and so on.

FIELD SITES

The **KEY SITE OFFICIAL** is responsible for ensuring that the correct equipment is on that site, and that shade tents, if required, are erected prior to the commencement of the program. The **Centre Record** is to be marked out prior to the commencement of each event. After completion of competition for that site officials are to assist by dismantling shade tents and ensuring that the equipment is ready to be returned to the equipment shed.

HIGH JUMP

Note: This is intended as a guide only

BOYS & GIRLS	U9-U10 Scissor Kick	U11-U17
Bar rises*	6 x 5cm	6 x 5cm
Thereafter	2cm	2cm

Starting Height: 5cm below the lowest recorded personal best of all competing athletes

RECORDING:

For recording purposes, an **O** indicates the bar has been cleared, an **X** indicates a failure, and a **–** (dash) indicates the athlete chose to pass (did not attempt that jump).

INSTRUCTIONS TO COMPETITORS:

Starting height is given, plus increments to be used during competition.

May commence jumping at a height closest to 20cm below their registered Personal Best height. (Note: For Centre Championships, the starting height shall be 15cm below the state starting height.) May pass on any height or any jump. If a competitor forgoes a trial at a certain height, they may not make any subsequent attempts at that height.

Markers may be used as long as they are safe (i.e. flat) and they do not interfere with another athlete's run-up.

An attempt must be completed within 60 seconds.

Each competitor is allowed three attempts at each height, but is out of the competition after three consecutive failures are recorded regardless of height.

The Scissor technique will be the only allowable technique performed in High Jump for the U9 and U10 age groups at all levels of competition.

It shall be a valid scissor jump if all other relevant high jump rules are adhered to, and:

^{*} Athletics West recommend the bar be raised by 5cm increments until there are 6 or fewer competitors remaining.

- a. The head of the athlete does not go over the bar before the leading foot (the foot of the leg closest to the bar at take-off);
- b. The head of the athlete is not below the buttocks when the buttocks clear the bar, and
- c. The athlete's lead foot touches the mat before any other part of the body.
- All athletes in the U11 and above age groups will have the option to use any legal jumping technique.

An invalid jump includes:

- a. The athlete takes off with two feet.
- b. After the jump, the bar does not remain on the support because of the action of the athlete whilst jumping.

Note: If the athlete has left the landing area and the bar falls, it is deemed an invalid jump if the athlete was responsible for the dislodgement.

c. The athlete touches the ground including the landing area beyond the plane of the nearer edge of the crossbar, either between or outside the uprights with any part of the body, without first clearing the bar. d. Athlete touches the cross bar or the vertical section of the uprights when running up without jumping. **Note:** On windy days the bar may be held in position by officials, but support must be removed when the athlete takes off to allow displacement. It is also helpful to set up the high jump side-on to the oncoming wind.

When one competitor is left, he/she may choose their own increments. He/she may be allowed to continue until he/she has recorded three failures and the last height cleared be recorded as the winning height.

MEASUREMENTS:

- All measurements shall be made in whole centimetres perpendicularly from the ground to the lowest point of the upper side of the bar.
- Precise measurement shall be made when the bar is raised to a new height and before the
 first competitor attempts such a height. In all cases of records the Chief Field Umpire shall
 check the measurement when the bar is placed at the record height and they shall re-check
 the measurement before subsequent record attempt if the bar has been touched since
 measured.
- When the measurement is rechecked after a successful jump and the bar is not at the record height, the record will not be allowed.

Note: Measure ends of bar first then the middle, Adjust ends so that the lowest part is in middle,

Note: Judges should ensure, before starting the competition, the underside and front of the crossbar are distinguishable, as the bar is always replaced with the same surface upper and the same surface to the front.

SET UP:

- Supports for the crossbar each face the opposite upright so that if a competitor touches the crossbar it will easily fall to the ground, either forwards or backwards
- There shall be a space of at least 1cm between the ends of the crossbar and the uprights.
- The crossbar must be replaced with the same surface up and the same surface to the front.
- The uprights and landing area should be setup so that there is at least 10cm between them when in use to avoid the displacement of the crossbar through the movement of the landing area causing contact with the uprights.

TIE - BREAKING RULES:

- The competitor with the lowest number of jumps at the height where the tie occurs shall be awarded
 the higher place.
- If the tie still remains, the competitor with the lowest number of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.
- If the tie still remains the result will be an equal placing. No jump off takes place.

LONG JUMP AND TRIPLE JUMP

SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Raker

Take-off Area

- U6-U8: A 1.00m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U9-U10: A 0.5m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U11-U17: A 0.2m x 1.22m strip.
 - For the U6-U8 age groups the 1.22m x 1.00m take-off mat shall be placed with the front edge 200mm from the commencement of the landing area.
 - For the U9-U10 age group the 0.5 m x 1.22m take-off mat shall be placed with the leading edge 500mm from the landing area.
 - For the U11-U17 age groups:
 - The distance between the take-off board and the far end of the landing area should be at least 10.00m.
 - The take-off board shall be placed between 1m and 2m from the nearer end of the landing area for U11 U14's and shall be set at 2m from the leading edge for U15 U17 age groups.

RUNWAY:

Where possible, the runway should be at least 40m. The athlete's run-up can be of any length, but should be restricted to avoid wasting time.

MARKERS:

Markers are not permitted on the runway, but can be used at the side.

Failure

In the Long Jump and the Triple Jump, it shall be counted as a failure if:

- Any part of the mark made by the athlete's take-off foot protrudes over the front edge of the take-off area.
- If an athlete takes off before reaching the take-off area it shall not, for that reason, be counted as
 a failure.
- In the course of landing, the athlete touches the ground outside the landing area nearer to the takeoff than the nearest break in the landing area made by the jump.
- When leaving the landing area, an athlete's first contact with the border or ground outside is nearer
 the take-off line than the nearest break in the sand made on landing.
- After landing, the athlete walks back through the landing area without first correctly exiting the pit.
- An athlete takes off from outside either end of the take-off area, whether beyond or before the
 extension take-off line.
- Any sort of somersaulting is used.

Distance Measurement

For U6-U10 athletes:

- Where any part of the athlete's foot lands on the take-off area, the jump will be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the imprint made in the take-off area by the take-off foot.
- Where no part of the athlete's foot lands in the take-off area, the jump will be measured from the
 nearest break in the landing area made by any part of the body or limbs to the edge of the take-off
 area furthest from the landing area, or its extension. The measurement must be taken
 perpendicular to the back of the mat or its extension.

For U11-U17 athletes:

- The jump shall be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the front edge of the take-off area.
- The measurement must be taken perpendicular to the take-off area or its extension.

Triple Jump

- The Triple Jump shall consist of a hop, a step and a jump in that order.
- The hop shall be made so that an athlete lands first on the same foot as that from which they have taken off; in the step the athlete shall land on the other foot, from which, subsequently, the jump is performed.
- It shall not be considered a failure if an athlete, while jumping, touches the ground with the 'sleeping' leg.
- The take-off line shall be in whole metre increments from the edge of the pit.

Failure

In the Triple Jump, it shall be counted as a failure if:

- Any of the infringements listed for Long Jump occur
- The competitor fails to follow the actions of the triple jump as defined above.
- The competitor fails to land in the pit. (Landing on the run-up constitutes a foul.)



THROWING EVENTS

In throwing events from a circle:

- An athlete must commence the throw from a stationary position.
- The athlete is allowed to touch the inside of the iron band of the circle or stop board.
- It shall be a failure if the athlete, after entering the circle and commencing to make a throw, touches
 with any part of the body the top of the circle or the ground outside, or improperly releases the
 implement in making the attempt.
- It shall be a failure if the athlete leaves the circle or runway before the implement has touched the ground.
- It shall be a failure if, when leaving the circle, the athlete's first contact with the top of the rim or the ground outside the circle is not completely behind the back half of the circle.

Interruption of a Trial

It is not a failure if an athlete drops an implement and it does not touch the ground outside the throwing circle or runway, provided no other rule is breached. The athlete can retrieve the implement and continue the trial within the allocated time.

If the implement touches the ground outside the circle or runway it becomes a failure.

Measurements

- The measurement of each throw will be made from the nearest mark made by the fall of the implement to the inside of the circumference of the circle, along a line from the mark to the centre of the circle.
- For a valid trial, the implement must fall completely within the inner edges of the landing sector.
- In Javelin, the measurement of each throw will be made from where the tip of the javelin first struck the ground, to the inside edge of the arc, with the tape being pulled through the point 8m back on the run-up, that being the centre of the circle of which the arc is a part.

Recording

For recording purposes, an $\bf O$ indicates a successful attempt, an $\bf X$ indicates a failure, and a – (dash) indicates the athlete chose to pass (did not attempt that throw.)

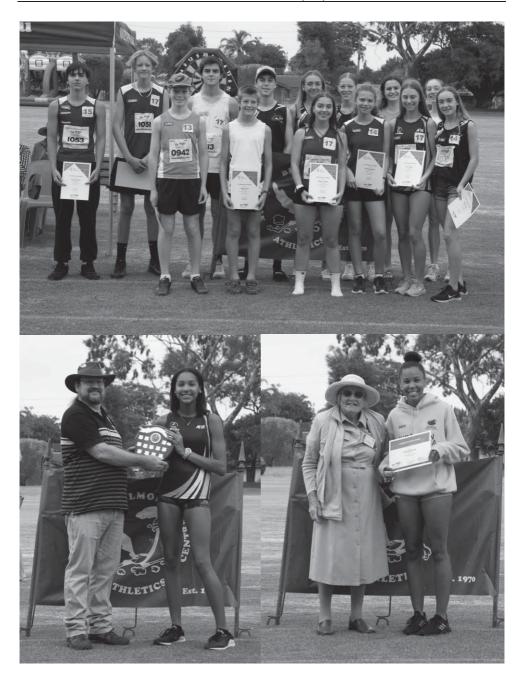
AFTER EACH THROW, IMPLEMENTS SHALL BE CARRIED BACK TO THE AREA NEXT TO THE CIRCLE OR RUNWAY AND NEVER THROWN BACK.

DISCUS

Girls		Boys	
U6 & U7	350g	U6 & U7	350g
U8 - U11	500g	U8 - U11	500g
U12 - U13	750g	U12 – U13	750g
U14 - U17	1kg	U14 - U16	1kg
		U17	1.5kg

SITE OFFICIALS

- Kev Official
- Recorder
- Spiker
- Returner



JAVELIN

Girls		Boys	
U6 & U7	Vortex	U6 & U7	Vortex
U8 - U10	Turbo Javelin	U8 - U10	Turbo Javelin
U11 - U14	400g	U11 & U12	400g
U15 - U17	500g	U13 & U14	600g
		U15 - U17	700g

SITE OFFICIALS

- Key Official
- Recorder
- Sector Judge (watches for valid landing)
- Spiker
- Returner
- The javelin shall be held at the grip with one hand only. It shall be thrown over the shoulder or upper part of the throwing arm and shall not be slung or hurled. Nonorthodox styles are not permitted.
- A throw shall be valid only if the metal head strikes the ground before any other part of the
 javelin. The javelin is not required to stick in the ground.
- For a valid throw, the tip of the javelin must fall completely within the inner edges of the landing sector.
- It shall be a failure if the athlete, after starting their throw, touches with any part of their body or limbs, the lines marking the runway, the ground outside the runway, or crosses the throwing arc marking the end of the runway.
- It is not a failure if the end of the javelin touches the ground during the run up.
- If the javelin breaks during a throw or while in the air, it shall not count as a failure, provided the
 trial was otherwise made in accordance with the rules. Nor shall it count as a failure if an athlete
 thereby loses their balance and as a result contravenes any part of the rule. In these cases, the
 athlete shall be awarded a new trial.
- At no time during the throw, until the javelin has been discharged into the air, may the athlete turn completely around, so that their back is towards the throwing arc.
- It shall be a failure if the athlete leaves the runway before the implement has touched the ground,
 or if, when leaving the runway, the athlete's first contact with the parallel lines or the ground
 outside the runway is not completely behind the white lines of the arc or the lines drawn from the
 extremities of the arc at right angles to the parallel lines.



SHOT PUT

Girls		Boys	
U6 & U7	1kg	U6 & U7	1kg
U8	1.5kg	U8	1.5kg
U9 - U12	2kg	U9 - U12	2kg
U13 – U17	3kg	U13 - U14	3kg
		U15 - U16	4kg
		U17	5kg

SITE OFFICIALS

- Key Official
- Recorder (also to check for foot faults)
- Spiker
- Returner

The shot shall be put from the shoulder with one hand only. From the time an athlete takes a stance in the circle to commence a put, the shot shall touch or be in close proximity to the neck or the chin and the hand shall not be dropped below this position during the action of putting. The shot shall not be taken behind the line of the shoulders.





<u>TRACK EVENTS</u> Hurdles						
	B&G U6	B&G U7	B&G U8-U9	B&G U10	B&G U11	B&G U12
Total Distance	60m	60m	60m	60m	80m	80m
Hurdle Height	20cm*	30cm*	45cm	60cm	60cm	68cm
Run In	12m	12m	12m	12m	12m	12m
Distance Between Hurdles	7m	7m	7m	7m	7m	7m
Run Out	13m	13m	13m	13m	12m	12m
No. of Flights	6	6	6	6	9	9

В

B U17

	50.0	50	U15-U16	50
	G U13-14	G U15-16	G U17	
Total Distance	80m	90m	100m	110m
Hurdle Height	76cm	76cm	76cm	76cm
Run In	12m	13m	13m	13.72m
Distance Between Hurdles	7m	8m	8.5m	9.14m
Run Out	12m	13m	10 . 5m	14.02m
No. of Flights	9	9	10	10
	B&G U13	B&G U14	B&G U15-17	
Total Distance	200m	200m	300m	
Height	68cm	76cm	76cm	
Run In	20m	20m	50m	
Distance	•			

35m

40m

5

B U14

B U13

35m

40m

5

Between Hurdles Run Out

No. of Flights

35m

40m

^{* &}lt;u>Note</u>: For safety reasons the U6 & U7 age groups use plastic training hurdles in their "Mini Hurdles" event, which are to a maximum of 20cm for U6 and 30cm for U7.

RACE WALKING

U9 Boys & Girls 700m U10, U11 Boys & Girls 1100m U12 – U17 Boys & Girls 1500m

Race walking is a progression of steps so taken that the walker makes contact with the ground, so that no visible (to the human eye) loss of contact occurs. The advancing leg shall be straightened (i.e. not bent at the knee) from the moment of first contact with the ground until the vertical upright position. The advancing foot of the walker must make contact with the ground before the rear foot leaves the ground.

Judging

All judges shall act in an individual capacity and their judgements shall only be based on observations by the human eye.

The number of appointed walk judges for an event, including the Chief, shall comprise a minimum of 4 and maximum of 6.

Caution (Yellow Paddle)

Any judge can give a "Yellow Paddle" to a competitor when a competitor appears to be in danger of failing to comply with the rules (definition of race walking). Cautions are issued verbally and briefly taking care that remarks do not constitute coaching.

All remarks should be loud and clear and always in the form: e.g. "CAUTION No..... contact or knees" For loss of contact ~ a wavy line in black on a yellow background

For knees a 45° angle < also in black on a yellow background shall be used

A judge can only caution a competitor once for each offence during the event

A caution has no bearing on disqualification. It is possible to be cautioned by every judge in the race yet not receive a single warning. This advice is only to indicate to a competitor that their action is deteriorating to a dangerous state.

Red Card

A judge gives a "Red Card" for disqualification if a competitor is actually breaking the rules of race walking.

For the U12 and above age groups, no verbal Red Card will be given. For other age groups, the Red Card will be given verbally at the time of detection of the actual infringement

All remarks should be loud and clear and always in the form: e.g. "Red Card No..... contact or knees" Red Card is recorded on the judging pad and forwarded to the Chief Judge as soon as practicable. A judge may only give a competitor one Red Card during the event irrespective of the infringement.

If a judge, in an event requiring verbal Red Cards to be given, is not sure a competitor has heard the "Red Card" the Judge should repeat it at the next suitable opportunity.

A Red Card should never be given unless there is absolute certainty the rules have been infringed. Any doubt existing must be given to the competitor and the Red Card not issued.

Disqualification

A Red Card by 3 or more walk judges or notification by the grand stand judge that in their opinion a competitor's mode of progression failed to comply with the definition of race walking brings about a disqualification.

Only the Chief Judge may advise a competitor of their disqualification.

Walks Results

Athletes will no longer be given the results of their walk after the race. Results will be available on timing solutions as per other events, any disqualification information (why an athlete was disqualified) will be provided to the clubs via email during the week, enabling clubs to help address any technique issues.

After finishing their walks event, because athletes no longer need to wait for their results they can move back to the stands, once given the ok to by an official.

Methods of Judging

Prior to each walking event, the Chief Judge or a judge appointed by the Chief Judge, will acquaint the competitors with the judging procedures for the event.

It is imperative that during an event all judges act in an individual capacity and their judging is not influenced by the judging of another judge, per medium of conversation or messages.

The Chief Judge shall allocate judges their judging position.

The judges must adequately cover the whole of the track/course, this can be done by having approximately equal distance between judges. There should be no blind spots, judges should judge from the outside of the track/course and not encroach on an area allocated to another judge, but judge from their allotted position as walkers are passing or approaching their section.

Grand Stand Judge

As per recent club voting, walks will stay as an event in the summer program at Belmont, however the following changes will occur to ensure the event runs as efficiently as possible:

A Walks Judge will be situated in the grand stand overlooking the entire area of the track.

The purpose of this judge is to watch competing athletes between judges on the track. If any athletes are seen by the Grand Stand Judge to be flouting the rules of the event, by not conducting the walk in the spirit of the event. Examples of possible flouting of the rules are, running, walking backwards, hopping, skipping, deliberately taking a long time. ie. doing anything other than attempting the correct athletic walk technique, the finish line will be notified by two way radio and the athlete(s) will be removed from the track as they cross the line, regardless if it is their last lap.

These athletes will be disqualified will not receive any points and will be excluded from competing in

These athletes will be disqualified, will not receive any points and will be excluded from competing in their next walks event scheduled in the Belmont program.

Any subsequent removals from the track for the same athlete(s) will result in a further ban for the next two scheduled walks events in the Belmont Program.

If this occurs athletes may not qualify for centre championships.

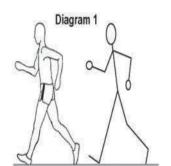
In addition the Arena Manager, Chief Track Umpire or Chief Field Umpire may also notify the finish line if they see athletes doing anything other than attempting the correct athletic walk technique between track judges.

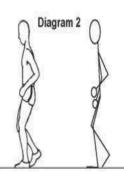
These new rules will be made aware to all athletes before the start of each walk event.

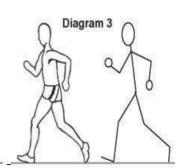
We ask that clubs advise their athletes of the above and make sure they are aware of this.

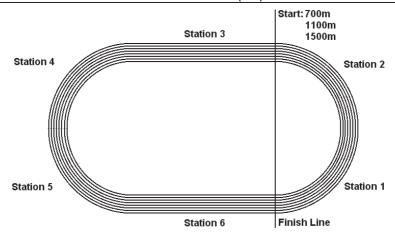
Clubs should also ask athletes not to participate in the walks if they are not going to take the event seriously.

Diagram 1 shows the leg to be extended straight in making contact with the ground. This satisfies the rule. Diagram 2 shows the foot of the supporting leg flat out on the ground. The supporting leg is not vertically upright, being bent at the knee. This does not satisfy the rule, & therefore it is not permitted. Diagram 3 shows both legs bent at the knee & they are never straight in any position, not even when the leg is supporting the whole weight of the body. This does not satisfy the rule, & therefore it is not permitted.









The Station 2 Judge assists the Chief Judge at the start and the Station 1 Judge assists the Chief Judge at the finish. The best position to take up is just on the outside of the track and follow the action of the legs, noting the foot's landing position, its swing and the leg from the time the leg supports the body. **NB:** Avoid extreme rear judging as it is misleading. As a general rule Judges (except the Chief Judge) should restrict their judging area to 45° before and 15° after directly in front of them.

INFORMATION FOR PARENTS ASSISTING STARTING

STARTER'S MARSHALL: The Starter's Marshall is in control of preparation of heats ready for Starter. **DUTIES:** The Starter's Marshall's duties are as follows:

- · Receive athletes from the marshalling area.
- · Check athletes and age groups.
- Count children and decide size of heats e.g. (14 children 1x6 & 2x4 or 2x5 & 1x4).
- Use ranking sheets to allocate athletes to heats as above.
 - a. Children should not select their own lanes place at random or use lane draw sheets.
 - b. Competitors waiting should be well back from starting line.
 - c. The Starter controls all aspects of starting. Decisions must be fair and correct at all times.

STARTING PROCEDURES FOR RACES UP TO AND INCLUDING 400M:

- Ensure that you have liaison with the Chief Timekeeper.
- Obtain the "all clear" from the Chief Timekeeper prior to each event. When all is ready use the whistle which will bring the competitors to the assembly line, they are then under the sole control of the Starter.
- In a clear voice, the athletes are given the command "On your marks". They will respond by moving
 up to the line and adopting their starting stance.
- When the Starter is satisfied that each athlete has his/her fingers/toes behind, not on, the starting
 line and are steady, he will raise the gun to indicate to the Timekeepers that the start is imminent
 and in a softer tone issue the command "Set".
- When the athletes are completely motionless, the gun is fired.

STARTING PROCEDURES FOR RACES 800M, 1500M:

• As above except the command is "on your mark" then the gun when the athletes are steady.

FALSE STARTS:

• If a competitor leaves his mark with hand or foot after the words "on your marks" in the case of massed starts, or "set" in the case of laned starts as the case may be, and before the gun is fired, it is a false start. If more than one athlete takes off, the first one to leave the mark is the one deemed

to have "broken". It is a natural instinct for others to follow. The athlete or athletes responsible must be cautioned.

- If, in the opinion of the starter or assistant starter there has been an unfair start, the race shall be
 re-called by the firing of a second gun.
- Any athlete who commits a false start shall be warned, as follows:

a. U6 - U8 age groups

Any individual athlete in each heat, shall be allowed a maximum of TWO (2) false starts without disqualification. Any individual athlete responsible for more than TWO (2) false starts shall be disqualified.

b. U9 - U17 age groups

A maximum of TWO (2) false starts per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

Starting blocks may be used by athletes in the U11 and above age groups for all races up to and including the 400 metres (including the first leg of all relays).

YEARLY AWARDS SELECTION CRITERIA

BLAC INTER-CLUB CERTIFICATES & PENNANTS

At the conclusion of each season, certificates are awarded to each group (boys & girls) who achieve the highest number of overall points for their age and gender. Each age group will also have an individual Champion and Runner Up awarded for each gender. Points awarded are those gained during normal Inter-Club competition. Points will be awarded based on performance and proximity to records. All points and rankings will be determined by computer.

The French Family Trophy will be awarded to the Club gaining the most points overall and the Joy Hardman Trophy will be awarded to the Club gaining the highest point score average per registered athlete.

BLAC 100, 200, 300, 400, 500, 600 & 700 CLUB BADGE AWARDS

The "100" Club badge is awarded to an athlete after competing in 100 events. This is a continuous award and points carry forward from one season to the next. One point is awarded for each event completed at regular BLAC meets. After completing 100, 200, 300, 400, 500, 600 and 700 events respectively a Club Badge is awarded. These Club Badges are awarded once only to each athlete. It is the responsibility of individual Clubs to keep a tally of their athletes' events. Clubs must nominate athletes on the appropriate signed form and submit it to the Centre Records and Ranking Officer. The Records and Ranking Officer will give the badges and names to the Arena Announcer for presentation

during the normal weekly competition. Athletes must be in attendance to receive their badge. Events

BLAC SPORTSPERSON OF THE YEAR AWARD

completed during Centre Championships do not count toward this award.

This award is selected by the Mayor of Belmont from nominations submitted by each of the Clubs based on the following criteria:

- The Athletes nominated for this award are to be those who put in a consistent effort and show
 dedication to all aspects of Little Athletics without being the athletes who win events or excel
 regularly.
- It is expected that the nominees will be those children who don't win every week, but who still
 show a keen interest in attending both training and competition. They will exhibit a willingness to
 participate and be cheerful and dedicated to athletics, although they don't receive recognition in
 the form of trophies, medals, etc.

The Sportsperson of the Year Award aims to encourage these children to continue to enjoy participating for participation's sake and to recognise their commitments and dedication in continuing even if they don't achieve great results in competition. Only one nomination per Club may be submitted.

BLAC LIFE MEMBERSHIP

Nominations and full resume must be forwarded from the respective Club to the Centre Executive at least one month prior to the Centre AGM and must be endorsed at a meeting of that Club. The nominee must have served a minimum of ten (10) years of service with at least four (4) years at Centre Executive level. Meritorious service will be a mandatory prerequisite.

BLAC ATHLETE SERVICE AWARDS

In recognition of dedication and commitment to Little Athletics, the Belmont Centre presents all athletes with an award at the conclusion of their sixth, ninth and twelfth year. B.L.A.C. receives nominations of eligible athletes from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

ATHLETICS WEST PARENT AWARDS

Athletics West administers Five (5), Ten (10) and Twenty (20) Year Parent Service Awards. These are issued at the end of five, ten or twenty full years of service respectively. B.L.A.C. receives nominations of eligible parents from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

100% PARTICIPATION PIN

The 100% Participation pin has been introduced from the 2020/2021 season. Our President, Nathan Cunningham would like to acknowledge those athletes who compete in all available events each season.

Criteria: Awarded to each athlete who competes in every available event throughout the summer season excluding centre championships. 100% pins will be awarded at the Closing Ceremony.

STATE EVENT KEY OFFICIALS 2019-2020

The Belmont Little Athletics Centre would like to thank all parents for their help throughout the season. Special mention goes to the parents who filled **Key Official** roles at State Events (State Relays, Multis and Zones).

SPONSORS AND SUPPORTERS

We wish to extend our sincere thanks and appreciation to individuals and organisations who have aided us with donations, sponsorship, and other support. Including, but not limited to:





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Email: burswood@git.com.au



1500m INVITATIONAL

The 1500m Invitational event is held in January each year. The event is open to all registered Athletics West athletes who have obtained a result for the 1500m event in the current season and have registered that time with the BLAC Records & Ranking Officer at least one week prior to the event. Athletes are placed into the following age categories: U11-13 Boys, U11-13 Girls, U14-17 Boys and U14-17 Girls with Belmont Athletes and Visitors racing together. Gold, Silver & Bronze medals will be awarded in each of the 4 categories. All visiting athletes may compete in any other events held on the day.







CHRISTMAS GIFT

The Christmas Gift was inaugurated in the 1997/98 season. This is a handicap sprint race run over 100 metres for scratch markers with all other runners being handicapped forward by the handicapper according to times run during the current season. The fastest athletes from each gender and age group are invited to participate in a series of heats culminating into finals.

~Previous Winners~

SENIORS (U10 - U17)

Year 1997 1998 1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016	Boys Ben Castle (Forrestfield) Bryn Stewart (Kewdale) Scott Boyle (Belmay) Craig Luckens (Belmay) Jake Broughton (Carlisle/Rivervale) Brett Van Groningen (Kalamunda/Lesmurdie) Daniel Webb (High Wycombe) Ryan Suckling (Forrestfield) ? Patrick Hughes (Carlisle/Rivervale) James Maxwell (Carlisle/Rivervale) Peter Murphy (Kewdale) Tim Iffla (Forrestfield) Max Bradley (Forrestfield) Harry Edwards (Kalamunda/Lesmurdie) Trent McDougall (Carlisle/Rivervale) Antoine Vargiolu (Forrestfield) Takudzwa Matikiti (Kalamunda/Lesmurdie) Takudzwa Matikiti (Kalamunda/Lesmurdie) William Tilbee (Kewdale)	Girls Nicole Stone (Kewdale) Olivia Chester (High Wycombe) Jenelle Brand (Forrestfield) Lauren Taylor (Kewdale) Emma Forward (Belmay) Casey Savill (Forrestfield) Stephanie Lam (Kewdale) Emma Trail (Forrestfield) Tayla Van Zuilecom (Forrestfield) Emily Webb (High Wycombe) Ashley Parkinson (Kewdale) Stephanie Lam (Kewdale) Stephanie Lam (Kewdale) Stephanie Lam (Kewdale) Sasa Vanek (Kalamunda/Lesmurdie) Jasmin Long (Kalamunda/Lesmurdie) Naomi Hayes (High Wycombe) Tayla McAuliffe (Carlisle/Rivervale) Reesha Quaresimin (Forrestfield) Drew Tolliday (Forrestfield) Chloe Ugle (Kewdale)
	,	
2019	William Tilbee (Kewdale)	Gracie McDonald (Kalamunda/Lesmurdie)

JUNIORS (U6 - U9)

Year 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012	Boys Matthew Hoogenkamp (Kalamunda/Lesmurdie) Matthew Kang (High Wycombe) Benjamin Farr (Kewdale) Liam Johnston (Carlisle/Rivervale) Riley Partington (High Wycombe) Jake Moffitt (Kewdale) Connor Van der Merwe (Kalamunda/Lesmurdie) Tyler Clatworthy (High Wycombe) Antoine Vargiolu (Forrestfield) Antoine Vargiolu (Forrestfield) James Pritchard (Carlisle/Rivervale)	Girls Siobhan Spargo (Forrestfield) Tayla Van Zuilecom (Forrestfield) Tahlia Cornelius (High Wycombe) Rose-Marie Rechichi (Kewdale) Sarah Fryer (Carlisle/Rivervale) Serena Elms (Kewdale) Zarina Faridzal (Carlisle/Rivervale) Hana Vanek (Kalamunda/Lesmurdie) Madison Sauzier (Kalamunda/Lesmurdie) Mikaela Hindmarsh (Carlisle/Rivervale) Rosie McGehan (Kalamunda/Lesmurdie)
		,
		,
2010		Madison Sauzier (Kalamunda/Lesmurdie)
2011	Antoine Vargiolu (Forrestfield)	Mikaela Hindmarsh (Carlisle/Rivervale)
2012	James Pritchard (Carlisle/Rivervale)	Rosie McGehan (Kalamunda/Lesmurdie)
2013	Kade McKeown (Carlisle/Rivervale)	Rosie McGehan (Kalamunda/Lesmurdie)
2014	Roman-Carlo Roia (Carlisle/Rivervale)	Hayley Clarke (Victoria Park)
2015	Tully McGrath (Kalamunda/Lesmurdie)	Scarlet Van Beek (Forrestfield)
2016	Tully McGrath (Kalamunda/Lesmurdie)	Amy Stump (Kalamunda/Lesmurdie)
2017	Mogga Jansuk (Willandra)	Cassidy Clarke (Forrestfield)
2018	Mack Mills (High Wycombe)	Maia Goodall (Kalamunda/Lesmurdie)
2019	Jake Demanser (High Wycombe)	Mia Pillera (High Wycombe)

CHRISTMAS GIFT 100m HANDICAP WINNERS 2019 Juniors

	Girls	Boys
1 st	Mia Pillera (High Wycombe)	Jake Demanser (High Wycombe)
2 nd	Chloe Reeves (Kalamunda/Lesmurdie)	Jackson Gilders (Kalamunda/Lesmurdie)
3 rd	Akira West (Carlisle/Rivervale)	Mack Mills (Kewdale)
	Seniors	5
1 st	Gracie McDonald (Kalamunda/Lesmurdie)	Willliam Tilbee (Kewdale)
2 nd	Maia Goodall (Kalamunda/Lesmurdie)	Callum Quaresimin (Forrestfield)
3 rd	Scarlet Van Beek (Forrestfield)	Ben Colebrook (Kewdale)









1500m INVITATIONAL WINNERS 2020

<u>U11-U13</u>

	GITIS	Boys
1 st	Emma Lancaster (Forrestfield)	Jayden Moore (Ridgewood)
2 nd	Alicia Coles (Baldivis)	Lachlan Mammana (Southern Districts)
3 rd	Sharni Chapple (Rockingham)	Oliver Perkis (Southern Districts)

<u>U14-U17</u>

	Girls	Boys
1 st	Nina Yeats (Gosnells)	Dylan Bailey (Melville)
2 nd	Laura Stump (Kalamunda/Lesmurdie)	Paul Stervaggi (Kalamunda/Lesmurdie)
3 rd	Emma Ferguson (Forrestfield)	Riley Digney (Eastern Hills)









COMPETITION DAYS

SIGNING ON

The site roster is located under the veranda behind the announcer's table. To reduce starting delays and to increase your chances of signing onto your site of choice, Officials and Assistants are required to sign on at least 15 minutes before the official start time.

ATHLETE SIGN ON SHEETS will also be posted on the tables outside the clubrooms – all athletes to tick off their names as they arrive. This will assist in the smooth running of the program, allowing the Arena Manager and the Announcer to adjust events according to the number of athletes present.

SETUP & PACK AWAY

The club rostered to set up will be required to arrive one hour before the start of the program to put out equipment (including shade tents, timing gates and all site equipment etc). Please report to the Equipment Officer on arrival at the equipment shed.

Pack away club will be required to remain after competition is finished to assist in putting away equipment and generally clean up the grounds.

<u>ALL CLUBS</u> are responsible for cleaning up **THEIR OWN** club area each week. Setup and pack away refers to the following:

- Placing and removing rubbish bins in club areas.
- Sweep out the toilet blocks and empty rubbish bins (Pack Away)
- Sweeping the First Aid room and veranda. (Pack Away)
- Set up and put away tables for the Announcer and Officials Coordinator.
- Set up and put away chairs for the timekeepers and recorders.
- Set up and put away site material & equipment.
- Collect hand wash from the canteen and place in toilets. (Set Up)
- Return hand wash to canteen. (Pack Away)
- Take rubbish from outside canteen and place in bins
- Take empty crates from outside canteen and place outside gates opposite bike racks.

FIRST AID

Clubs will be required to supply a first aid officer on their rostered days. This person will administer <u>basic</u> first aid as required under the direction of the First Aid Coordinator (if appointed). All rostered first aid officers <u>must</u> provide a copy of their current first aid qualification prior to commencing the roster.

CANTEEN

Clubs will be required to supply 2 canteen helpers on their rostered days. Canteen helpers will be required to assist the Canteen Manager with serving customers, taking orders, cash handling and calculating change. Canteen helpers must be over 16 years of age for insurance reasons.

The canteen is not a thoroughfare. Only rostered canteen helpers are to enter the canteen.

FUNDRAISING

Clubs can conduct fundraising activities during competition meets on their rostered days, in accordance with BLAC's fundraising policy. A copy of the policy can be obtained from our website. Clubs **MUST** inform the canteen at least one week prior to their fundraising day if their fundraising will involve selling <u>ANY</u> food. The canteen is to be informed of the Type of Food and quantity that clubs wish to sell on the day so the canteen can cater accordingly to reduce wastage.

ROSTERS

		Canteen			Pack	Scissor	
Date	Fundraising	(2)	First Aid	Set up	Away	Kick	Program
10 th Oct	KLLAC	FLAC	KAC	HWLAC	KLLAC	CRLAC	Α
17 th Oct	CRLAC	KAC	KLLAC	KLLAC	CRLAC	HWLAC	В
24 th Oct	KLAC	KLLAC	CRLAC	CRLAC	KLAC	-	С
31st Oct	BLAC PCH	KLAC	FLAC	KLAC	FLAC	VPLAC	Α
7 th Nov	VPLAC	HWLAC	KLAC	FLAC	VPLAC	KAC	В
14 th Nov	KAC	VPLAC	KLLAC	VPLAC	KAC	-	С
21st Nov	HWLAC	CRLAC	VPLAC	KAC	HWLAC	FLAC	Α
28 th Nov	FLAC	FLAC	KLLAC	HWLAC	KLLAC	KLAC	В
5 th Dec	KLLAC	KAC	HWLAC	KLLAC	CRLAC	-	С
SUNDAY 13/12	CRLAC	KLLAC	KAC	CRLAC	KLAC	-	Xmas
(Xmas Gift)							Program
9 th Jan	KLAC	KLAC	KLLAC	KLAC	FLAC	KLLAC	Α
16 th Jan	VPLAC	HWLAC	CRLAC	FLAC	VPLAC	CRLAC	В
23 rd Jan	KAC	VPLAC	KLLAC	VPLAC	KAC	-	С
30 th Jan			FLAC	KAC	HWLAC	HWLAC	
(Invitational)	BLAC	CRLAC					Α
6 th Feb	HWLAC	FLAC	KLLAC	HWLAC	KLLAC	VPLAC	В
13 th Feb	FLAC	KAC	VPLAC	KLLAC	CRLAC	-	С
6 th March	BLAC	KLLAC	KLAC	CRLAC	KLAC	KAC	
(Centre							1
Champs)							
SUN 7 th March	BLAC	KLAC	HWLAC	VPLAC	FLAC	FLAC	
(Centre							2
Champs)							

CLUB SITE ROSTER

CLUB	EVENT	SITE
High Wycombe	Long/Triple	4
High wycombe	Javelin	12
Carlisle/Rivervale	Javelin (second key)	11
Carlisie/Rivervale	Long/Triple	3
Kewdale	Discus	8
Rewdale	Shot put	1
Forrestfield	High Jump	9
Torrestileid	Shot put	2
Kelmscott	Discus	7
Reilliscott	Long/Triple	6
Victoria Park	-	
VICIONA FAIK	Javelin	11
Kalamunda/Lesmurdie	Long/Triple	5
rvaiamunua/Lesmurule	High Jump	10

Clubs will be required to supply the Key Official for their site

All other positions on the arena will be filled on the day, on a first come first served basis.

S/T=Straight Track (Short Track) C/T=Circular Track (Long Track).

POSITION	CLUB/OFFICIAL	POSITION	CLUB/OFFICIAL
Chief Starter S/T	Winston Raimundo	Starter C/T	Kalamunda/Lesmurdie
Check Starter	Rotated	Chief Timekeeper C/T	Kalamunda/Lesmurdie
Timing Gate Operator-		Assistant Timekeeper C/T	Kalamunda/Lesmurdie
Chief	Liz Hilditch	'	
Timekeeper S/T	Allan Kelly	Computer Operator C/T	Kalamunda/Lesmurdie
Computer Operator S/T	Forrestfield	Start Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T	Kelmscott	Finish Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T	Kelmscott		
Finish Marshall S/T	Rotated	Walks Judges	One Per Club

SEASON CALENDAR 2020-2021

SEASON CALENDAR 2020-2021				
	OCTOBER 2020			
Sat 10/10/20	Interclub Competition: Program A - 8:00am			
Mon 12/10/20	BLAC Executive Meeting 7:30pm ¹			
Sat 17/10/20	Interclub Competition: Program B - 8:00am			
Sat 24/10/20	Interclub Competition: Program C - 8:00am Opening Ceremony			
Sat 31/10/20	Interclub Competition: Program A - 8:00am PCH DAY			
	NOVEMBER 2020			
Sat 7/11/20	Interclub Competition: Program B - 8:00am			
Mon 9/11/20	BLAC Executive Meeting 7:30pm ¹			
Sat 14/11/20	Interclub Competition: Program C - 8:00am			
Sat 21/11/20	Interclub Competition: Program A - 4:00pm (Twilight)			
Sat & Sun 21st & 22nd	State Combined Event Championships (WA Athletics Stadium)			
Sat 28/11/20	Interclub Competition: Program B - 8:00am			
	DECEMBER 2020			
Wed 2/12/20	BLAC hosted "Relay Night"			
Sat 5/12/20	Interclub Competition: Program C - 8:00am			
Sat 12/12/20	Athletics West State Relay Championships (WA Athletics Stadium)			
SUN 13/12/20**	Christmas Gift Program (no points awarded, program TBA) - 4:00pm			
Mon 14/12/20	BLAC Executive Meeting 7:30pm ¹			
	JANUARY 2021			
Sat 9/1/21	Interclub Competition: Program A - 4:00pm (Twilight)			
Mon 11/1/21	BLAC Executive Meeting 7:30pm ¹			
Sat 16/1/21	Interclub Competition: Program B - 4:00pm (Twilight)			
Wed 20/1/21	Wednesday Night January Competition			
Sat 23/1/21	Interclub Competition: Program C - 4:00pm (Twilight)			
Wed 27/1/21	Wednesday Night January Competition			
Sat 30/1/21	Interclub Competition: Program A - 4:00pm 1500m Invitational			
	FEBRUARY 2021			
Sat 6/2/21	Interclub Competition: Program B - 8:00am			
Mon 8/2/21	BLAC Executive Meeting 7:30pm ¹			
Sat 13/2/21	Interclub Competition: Program C - 8:00am			
Sat & Sun 27 th & 28 th	State Qualifiers Championships (formally Zones) - Day 1 & 2			
	MARCH 2021			
Sat 6/3/21	Centre Championships: Program 1 - 8:00am			
SUN 7/3/21	Centre Championships: Program 2 - 8:00am			
Mon 8/3/21	BLAC Executive Meeting 7:30pm ¹			
Sat 13/3/21	Centre Wind Up			
Fri 19/3/21	WA Little Athletics State Champs (WA Athletics Stadium)			
Sat & Sun 20 th & 21 st	WA Little Athletics State Champs (WA Athletics Stadium)			
	APRIL 2021			
	"Winter Cross Country Training Commences"			
Mon 12/4/21	BLAC Executive Meeting 7:30pm ¹			
	MAY 2021			
	"Winter Cross Country Events Commence"			
Mon 10/5/21	BLAC Annual General Meeting - Gerry Archer Athletic Track 7:30pm			
III TO/O/ZT	DEAG Annual General Meeting - Gerry Archer Athletic Track 7.30pm			

CALENDAR NOTES

**Due to the State Relay Championships, our Saturday program will be moved to Sunday 13th December.

¹Unless otherwise advised, all Executive meetings are open door. Club delegates will be advised, prior to meeting, of the agenda and any specific meeting that they should attend.

EVENT PROGRAMS

Programs are run over three weekends (programs A, B & C).

This allows athletes to compete in each event up to five times over the season.

Athletes must compete in an event at least three (3) times to qualify for that event at Centre Championships. Extenuating circumstances will be looked at on a case by case basis.

Note: Programs are subject to change by the Arena Manager on the day of competition or by the Executive Committee prior to competition. Clubs will be advised through their Club Manager of program changes where possible.

	PROGRAM A BOYS				
AGE		E	EVENTS		
U6	200m	70m	Vortex		
U7	200m	70m	Vortex		
U8	200m	70m	Shot		
U9	200m	70m	Shot	High	
U10	200m	70m	Turbo	Long	
U11	200m	1500m	Discus	Long	
U12	200m	1500m	Shot	High	
U13	200m	1500m	Javelin	High	
U14	200m	1500m	Shot	High	
U15	200m	1500m	Shot	Long	
U16-17	200m	1500m	Shot	Long	

	PROGRAM A GIRLS			
AGE		EVENTS		
U6	200m	70m	Discus	
U7	200m	70m	Discus	
U8	200m	70m	Shot	
U9	200m	70m	Shot	High
U10	200m	70m	Discus	Long
U11	200m	1500m	Discus	Long
U12	200m	1500m	Discus	Triple
U13	200m	1500m	Discus	High
U14	200m	1500m	Javelin	Triple
U15	200m	1500m	Javelin	Triple
U16-17	200m	1500m	Javelin	Triple

		PROGRAM I	BOYS		
AGE			EVENTS		
U6-7	100m	300m	Shot		
U8	100m	500m	Turbo		
U9	100m	800m	Discus	Long	
U10	100m	800m	Discus	High	
U11	100m	800m	Shot	Triple	
U12	100m	800m	Javelin	Long	
U13	100m	800m	Discus	Long	200mH
U14	100m	800m	Javelin	Long	200mH
U15-17	100m	800m	Javelin	Triple	300mH

		PROGRAM E	GIRLS		
AGE			EVENTS		
U6-7	100m	300m	Vortex	Long	
U8	100m	500m	Discus	Long	
U9	100m	800m	Turbo	Long	
U10	100m	800m	Shot	High	
U11	100m	800m	Shot	High	
U12	100m	800m	Shot	Long	
U13	100m	800m	Shot	Triple	200mH
U14	100m	800m	Discus	High	200mH
U15-17	100m	800m	Discus	High	300mH

	PROGRAM C BOYS				
AGE			EVENTS		
U6-7	60m miniH	70m		Discus	Long
U8	60mH	70m		Discus	Long
U9	60mH	400m	700mW	Turbo	
U10	60mH	400m	1100mW	Shot	
U11	80mH	400m	1100mW	Javelin	High
U12	80mH	400m	1500mW	Discus	Triple
U13	80mH	400m	1500mW	Shot	Triple
U14	90mH	400m	1500mW	Discus	Triple
U15-17	100/110mH	400m	1500mW	Discus	High

	PROGRAM C GIRLS				
AGE			EVENTS		
U6-7	60m miniH	70m		Shot	
U8	60mH	70m		Turbo	
U9	60mH	400m	700mW	Discus	
U10	60mH	400m	1100mW	Turbo	
U11	80mH	400m	1100mW	Javelin	Triple
U12	80mH	400m	1500mW	Javelin	High
U13	80mH	400m	1500mW	Javelin	Long
U14	80mH	400m	1500mW	Shot	Long
U15-17	90/100mH	400m	1500mW	Shot	Long

		,		CHAMPIONSHIP GRAM 1 BOYS	S		
AGE				EVENTS			
U6	Shot	Long		60mH mini	200m	70m	
U7	Shot	Long		60mH mini	200m	70m	
U8	Shot	Long		60mH	200m	70m	
U9	Shot	Long	High	60mH	200m		700mW
U10	Shot	Long	High	60mH	200m		1100mW
U11	Shot	Long	High	80mH	200m	800m	1100mW
U12	Discus	Long	High	80mH	200m	800m	1500mW
U13	Discus	Long	High	80mH	200m	800m	1500mW
U14	Discus	Long	High	90mH	200m	800m	1500mW
U15-17	Discus	Long	High	100-110mH	200m	800m	1500mW
	CENTRE CHAMPIONSHIPS PROGRAM 1 GIRLS						
AGE				EVENTS			
U6	Vortex	Discus		60mH mini	200m	70m	
U7	Vortex	Discus		60mH mini	200m	70m	
U8	Turbo	Discus		60mH	200m	70m	
U9	Turbo	Discus		60mH	200m	800m	700mW
U10	Turbo	Discus		60mH	200m	800m	1100mW
U11	Javelin	Discus	Triple	80mH	200m	800m	1100mW
U12	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U13	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U14	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U15-17	Javelin	Shot	Triple	90-100mH	200m	800m	1500mW



				CHAMPIONSHIPS GRAM 2 BOYS	5		
AGE				EVENTS			
U6	Vortex	Discus		100m		300m	
U7	Vortex	Discus		100m		300m	
U8	Turbo	Discus		100m		500m	
U9	Turbo	Discus		100m	800m	400m	70m
U10	Turbo	Discus		100m	800m	400m	70m
U11	Javelin	Discus	Triple	100m	1500m	400m	
U12	Javelin	Shot	Triple	100m	1500m	400m	
U13	Javelin	Shot	Triple	100m	1500m	400m	200mH
U14	Javelin	Shot	Triple	100m	1500m	400m	200mH
U15-17	Javelin	Shot	Triple	100m	1500m	400m	300mH
	CENTRE CHAMPIONSHIPS PROGRAM 2 GIRLS						
AGE				EVENTS			
U6	Shot	Long		100m		300m	
U7	Shot	Long		100m		300m	
U8	Shot	Long		100m		500m	
U9	Shot	Long	High	100m		400m	70m
U10	Shot	Long	High	100m		400m	70m
U11	Shot	Long	High	100m	1500m	400m	
U12	Discus	Long	High	100m	1500m	400m	
U13	Discus	Long	High	100m	1500m	400m	200mH
U14	Discus	Long	High	100m	1500m	400m	200mH
U15-17	Discus	Long	High	100m	1500m	400m	300mH













BELMONT LITTLE ATHLETICS CENTRE STATE U13 REPRESENTATIVES HONOURS LIST

Year	Boys	Girls
1971	I. Wilson	
1972	S. Dennon, G. Keeley, D. Millar, R. Smith	
1973	I. Murray	O. Allen, D. Coplen, M. Prestige
1974	N. Harman, A. Martin	N. Hitchens, M. Strachan
1975		T. Armstrong, M. Brignoli, C. Perry, C. Tunstall
1976		S. Timmings, S. Wijesundera
1977		K. Tunstall, S. Wijesundera
1978	R. Joyce, B. Renton, A. Watson	
1980	R. Crockett, D. Ogg	T. Heys, R. Lee
1981		N. Gallagher
1982		V. French
1985	A. Frew, B. Netherway	
1986	M. Lewenhoff	T. Walsh
1989		J. Davies
1990	S. Anderson	
1991		A. Frew, J. Taputoro
1993	P. Campo	
1997	S. Luckens, A. Sampey	M. Magdic, C. Boyanich
1999	T. Abreu, S. Boyle	
2000	M. Webber	
2001	B. Jarvis	
2004		J. Ward
2009	B. McInerney	
2016	P. Stervaggi, A. Vargiolu	
2017	M. Bostock	
2018		L. Stump, A. Lewis
2019	K. Ascoli, D. Cowin	O. Dodds

STATE U15 MULTI EVENT REPRESENTATIVES HONOURS LIST

Year	Boys	Girls
2017	J. Jones	
2018		E. Dodds
2019	B, Colebrook	E. Ferguson

STATE TEAM OFFICIALS HONOURS LIST

1973	T. Millar (Manageress)	1983	F. French (Manageress)
1973	R. Hardman (Manager)	1986	F. French (Singapore Team Manageress)
1975	J. Hardman (Manageress)	2012	T. Petts (Coach)
1975	R. Smith (Manager)	2013	T. Petts (Coach)
1976	J. Hardman (Manageress)	2014	T. Petts (Coach)
1980	N. MacKenzie (Manageress)	2015	T. Petts (Coach)
1981	N. MacKenzie (Manageress)	2016	T. Petts (Coach)
1982	F. French (Manageress)	2017	T. Petts (Coach)
1982	M. Lee (Coach)		

2019 - 2020 REPRESENTATIVE HONOURS

STATE RELAY CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, 14th December 2019

U8 G 4 x 100m (Emily Agius, Ataya Bell, Arianna Pillera, Sapphire Bax, Jasmine Mashford) – **BRONZE** (Coach: Leo Quaresimin)

U8 G 4 x 200m (Emily Agius, Ataya Bell, Arianna Pillera, Sapphire Bax, Jasmine Mashford) – **BRONZE** (Coach: Leo Quaresimin)

U14 G 4 x 400m (Olivia Dodds, Elyssa Lewis, Kaylee Myles, Ilah Ody, Emily Gray) – **GOLD** (Coach: Brett Myles)

U15 G 4 x 400m (Hope Arrowsmith, Paige Bower, Isabelle Rosalia, Olivia Trueman, Tiahna McIntyre) **BRONZE** (Coach: Sam Craven)

U10 B 4 x 200m (Nathaniel Martin, Nathan Scott, Lex Starcevich, Thomas Davey, Orson Bennett) – **BRONZE** (Coach: Jeff Martin & Eloise Scott)

U16/17 B 4 x400m (Nicolas Marcar, Riley McFarlane, Alister Freeman, Bailey Allen, Callum Fare) – **BRONZE**

U11 B Field Relay (Tristian Wilson & Callum Steen) - GOLD

STATE COMBINED EVENT CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, 8th and 9th February 2020

U12 G Ruby Henshall - BRONZE

U13 B Travis Puertollano - BRONZE

U14 B Liam Cooley - BRONZE

U14 G Ilah Ody - BRONZE

U15 G Olivia Trueman - GOLD

U15 B Tristen Burgess - SILVER

U16 G Annaleigh Lewis - BRONZE

U16 B Callum Fare - GOLD

This season the Champion Centre award was won again by Belmont with 57,967 points achieved overall. Well done to all our athletes who competed on the weekend.

2020 STATE ROADWALKING CHAMPIONSHIPS MEDAL WINNERS 15th August 2020, Eliza Cave Reserve / Cockburn LAC

U9B Mateo van Heerwaarden GOLD – 6:12 (1000m)

U9G Chloe Reeves SILVER – 5:52 (1000m)

U13B Rylan Scott BRONZE - 12:38 (2000m)

U17B Mitchell Bostock GOLD - 11:16 (2000m)

2020 STATE CROSS COUNTRY CHAMPIONSHIPS MEDAL WINNERS 29th August 2019, Perry Lakes Reserve / UWA LAC

U9B James Bourn GOLD - 6:02.28 (1500m)

U10G Madison Mills SILVER - 6:14.63 (1500m)

U16B Riley McFarlane BRONZE - 10:58.96 (3000m)

2019 - 2020 HONOURS & AWARDS

BELMONT LITTLE ATHLETICS CENTRE CAPTAINS

Each season, Clubs nominate athletes for selection as Centre Captains by the Executive Committee. The 2019 - 2020 captains were:

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Emma Ferguson (Forrestfield)	Paul Stervaggi (Kalamunda/Lesmurdie)
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BELMONT SPORTSPERSON OF THE YEAR: Aiden Warner (Kelmscott)

PERPETUAL TROPHY WINNERS

For outstanding performances in the following event categories:

South Australian LA Team Trophy (Middle Distance)	Laura Stump (Kalamunda/Lesmurdie)
Vanessa French Trophy (Throws)	Scarlet Van Beek (Forrestfield)
Pat Lewis Trophy (Sprints & Hurdles)	Olivia Dodds (Kelmscott)
Kim Beazley Trophy (Jumps)	Ruby Henshall (Kalamunda/Lesmurdie)
Merle Carter Trophy (Walks)	Courtney Appelbee (Forrestfield)
Junior Athlete of the Year	Ataya Bell (Forrestfield) Tanxsta Harris (Carlisle/Rivervale)
Intermediate Athlete of the Year	Ruby Henshall (Kalamunda/Lesmurdie) Shawn Tshidibu (Forrestfield)
Senior Athlete of the Year	Olivia Dodds (Kelmscott) Liam Cooley (Carlisle/Rivervale)

CHAMPION CLUBS

French Family Trophy Champion Club – Overall Winner	Kalamunda/Lesmurdie
Joy Hardman Trophy Champion Club – Handicap Winner	Kalamunda/Lesmurdie
March Past Award Winners	Kelmscott
Parent Relay Winners	Kalamunda/Lesmurdie

CENTRE PERSON OF THE YEAR: Rachel Burgess (Kelmscott)

BLAC U17 – Final Year Gift Recipients

Bailey Allen, Kheirra Elliott, Paul Stervaggi, Emma Ferguson, Ella Dodds, Callum Quaresimin, Mitchell Bostock, Myles Byng

'100' Attendance Pin Recipients (introduced 2020/21 season)

Awarded to each athlete who competes in every available event throughout the summer season excluding centre championships

	CLUB AGE GROUP CHAMPIONS				
	Boys	Girls			
U6	High Wycombe	Carlisle/Rivervale			
U7	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie			
U8	Carlisle/Rivervale	Forrestfield			
U9	Carlisle/Rivervale	Kalamunda/Lesmurdie			
U10	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie			
U11	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie			
U12	Kewdale	Kalamunda/Lesmurdie			
U13	Kewdale	Kalamunda/Lesmurdie			
U14	Carlisle/Rivervale	Forrestfield			
U15	Forrestfield	Kewdale			
U16	Carlisle/Rivervale	Kelmscott			
U17	Kelmscott	Forrestfield			

	Champion Boy	Runner Up Boy
U6	Jake Demanser (High Wycombe)	Braxton Longman (Kelmscott)
U7	Lucas Brady (High Wycombe)	Theo Niblock (High Wycombe)
U8	Mack Mills (Kewdale)	Mogga Jansuk (Kelmscott)
U9	Tanxsta Harris (Carlisle/Rivervale)	Jackson Gilders (Kalamunda/Lesmurdie)
U10	Brayden Smith (High Wycombe)	Ashley Clayton (Kewdale)
U11	Trent D'Alessio (Carlisle/Rivervale)	Tully McGrath (Kalamunda/Lesmurdie)
U12	Shawn Tshidibu (Forrestfield)	Riley Clayton (Kewdale)
U13	William Tilbee (Kewdale)	Rylan Scott (Kalamunda/Lesmurdie)
U14	Liam Cooley (Carlisle/Rivervale)	Nicholas Stewart (Kelmscott)
U15	Tristen Burgess (Carlisle/Rivervale)	Aiden Warner (Kelmscott)
U16	Callum Fare (Carlisle/Rivervale)	Nicolas Marcar (High Wycombe)
U17	Bailey Allen (Kelmscott)	Myles Byng (Carlisle/Rivervale)
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	Champion Girl	Runner Up Girl
U6	Akira West (Carlisle/Rivervale)	Mia Pillera (High Wycombe)
U7	Taylah Gilders (Kalamunda/Lesmurdie)	Ebony Jefferson (Kalamunda/Lesmurdie)
U8	Ataya Bell (Forrestfield)	Arianna Pillera (High Wycombe)
U9	Chloe Reeves (Kalamunda/Lesmurdie)	Stella Slee (Kelmscott)
U10	Madison Mills (Kewdale)	Maia Goodall (Kalamunda/Lesmurdie)
U11	Scarlet Van Beek (Forrestfield)	Amelie Markovic (Kalamunda/Lesmurdie)
U12	Heidi Thompson (Carlisle/Rivervale)	Sienna Jordan (Kalamunda/Lesmurdie)
U13	Lilly Ajduk (Kalamunda/Lesmurdie)	Bonnie Greenway (Kalamunda/Lesmurdie)
U14	Kaylee Myles (Forrestfield)	Chloe Mills (Kewdale)
U15	Paige Bower (Kewdale)	Olivia Trueman (Kelmscott)
U16	Annaleigh Lewis (Kewdale)	Tara Stribley (Kewdale)
U17	Emma Ferguson (Forrestfield)	Ella Dodds (Kelmscott)

BLAC 12-YEAR SERVICE ATHLETE AWARDS - NII

BLAC 9-YEAR SERVICE ATHLETE AWARDS

Paul Stervaggi, Remy Fernando, Courtney Appelbee, Rachel Hilditch, Samuel Stribley

BLAC 6-YEAR SERVICE ATHLETE AWARDS

Madeline Thompson, Heidi Thompson, Ishaan Tiwari, Bonnie Greenway, Abbey Henshall, Ruby Henshall, Emma Ferguson, Scarlet Van Beek, Fearne Van Beek, Shawn Tshidibu, Makayla Jeffrey, Asha Ascoli, Kayel Ascoli, Amro Atta, Tiahna McIntyre, Charlotte Trueman, Olivia Trueman, Sebastian McManus, Kirrali Richmond, Chloe Rudd, Liam Sanders

LAWA 8-YEAR SERVICE ATHLETE AWARDS

Ben Colebrook, Paige Bower, Annaleigh Lewis, Elyssa Lewis, Ella Dodds, Tylah Burges, Niamh Hardcastle-Sharp, Hamish Monk, Paul Stervaggi, Laura Stump, Rylan Scott, Mitchell Bostock, Kheirra Elliott, Khyran Elliott, Rachel Hilditch, Madeleine Doulis

LAWA 11-YEAR SERVICE ATHLETE AWARDS

Holly Burgess, Callum Fare

LAWA 20-YEAR SERVICE PARENT AWARDS

Dennis Fare. Melanie Fare

LAWA 10-YEAR SERVICE PARENT AWARDS

Sharon Stribley, Rod Stribley, Louise Lockyer

LAWA 5-YEAR SERVICE PARENT AWARDS

Randall Clayton, Kelly Taylor, Walid Salama, Basma Mohammed, Carl Gosper, Tanya Llorens, Kyle Ajduk, Danielle Ajduk, Kym Jones, Michael Coupland, Penny Coupland, Kira Armstrong, Shelley Jeffrey, Aaron Gray, Shannon Gray, Jenni Dolling, Phil Symons, Tim Dolling, Denise Cowin

LAWA ATHLETE OF THE YEAR:

Olivia Trueman (Kelmscott) & Tristan Burgess (Carlisle/Rivervale)

LAWA DOUG HANCY AWARD NOMINEES: Tylah Burges (Kelmscott)

LAWA CENTRE AWARDS

Centre Administrator of the Year: Jo Richardson (Kelmscott)

Centre Official of the Year: Pam Brown (Kewdale)

Centre Coach of the Year: Winston Raimundo (Kelmscott)

Junior Volunteer of the Year: Emilia Raimundo (Kelmscott)

ZONE CHAMPIONSHIPS FINALISTS & MEDAL WINNERS (U7 & U8)

Langford Oval, February 15 & 16, 2020

Event	Name	Age		Result	Place
100m	Hannah Moylan	7	F	19.62	1
200m	Hannah Moylan	7	F	39.12	1
70m	Taylah Gilders	7	F	13.50	1
Discus	Taylah Gilders	7	F	12.51	1
Long Jump	Hannah Moylan	7	F	2.69	1
Shot Put	Taylah Gilders	7	F	4.43	1
Vortex	Taylah Gilders	7	F	12.36	1
300m	Linkin Rodman	7	M	1:20.58	6
Discus	Linkin Rodman	7	M	9.85	6
Discus	Sean Jordan	7	M	7.15	7
Shot Put	Linkin Rodman	7	М	4.07	5
Shot Put	Sean Jordan	7	М	2.91	6
Vortex	Linkin Rodman	7	М	11.30	7
Vortex	Sean Jordan	7	М	9.60	8
100m	Emily Agius	8	F	18.00	2
100m	Sapphire Bax	8	F	18.42	5
200m	Emily Agius	8	F	38.47	2
200m	Sapphire Bax	8	F	38.58	3
500m	Ataya Bell	8	F	1:52.94	1
70m	Emily Agius	8	F	12.27	2
70m	Sapphire Bax	8	F	12.56	4
70m	Harper Tomlin	8	F	12.74	5
Discus	Ataya Bell	8	F	14.88	1
Discus	Sapphire Bax	8	F	10.38	3
Discus	Harper Tomlin	8	F	7.62	7
Long Jump	Emily Agius	8	F	3.16	1
Long Jump	Harper Tomlin	8	F	2.34	8
Shot Put	Ataya Bell	8	F	6.55	1
Shot Put	Harper Tomlin	8	F	3.50	5
Turbo Javelin	Ataya Bell	8	F	19.64	1
200m	Mogga Jansuk	8	М	35.79	2
200m	Tanaka Hesnan	8	М	40.96	5
500m	Mogga Jansuk	8	М	1:45.23	2
500m	Gabriel vanHeerwaarden	8	М	1:47.97	4
500m	Tanaka Hesnan	8	М	2:00.53	5
Discus	Boston Rodman	8	М	11.21	6
Discus	Gabriel vanHeerwaarden	8	М	8.86	7
Long Jump	Mack Mills	8	М	3.43	1
Long Jump	Mogga Jansuk	8	М	3.09	3
Long Jump	Gabriel vanHeerwaarden	8	М	2.82	6
Long Jump	Tanaka Hesnan	8	М	2.58	7
Long Jump	Boston Rodman	8	М	2.41	8
Shot Put	Mack Mills	8	М	5.21	3
Shot Put	Boston Rodman	8	М	4.71	6
Turbo Javelin	Mack Mills	8	М	17.97	1
Turbo Javelin	Boston Rodman	8	М	16.10	2

CENTRE CHAMPIONSHIPS MEDAL WINNERS

22nd & 29th February 2020

(R) = Centre Championships Record

	U6 Girls	Result		U6 Boys	Result
	200m			70m	
Gold	Akira West	48.31	Gold	Jake Demanser	13.02
Silver	Apryl Ouwendyk	50.23	Silver	Braxton Longman	13.76
Bronze	Mia Pillera	50.92	Bronze	Archie Pickering	14.42
	60m mini Hurdles			Long Jump	
Gold	Mia Pillera	13.92	Gold	Jake Demanser	2.51
Silver	Akira West	14.92	Silver	Michael Veron	2.40
Bronze	Apryl Ouwendyk	15.01	Bronze	Braxton Longman	2.28
	70m			Shot put 1kg	
Gold	Akira West	15.05	Gold	Jake Demanser	3.52
Silver	Mia Pillera	15.34	Silver	Riley Nilendra	3.43
Bronze	Apryl Ouwendyk	16.32	Bronze	Archie Pickering	3.31
	Discus 350g			100m	
Gold	Mia Pillera	6.89	Gold	Jake Demanser (R)	18.29
Silver	Apryl Ouwendyk	3.92	Silver	Braxton Longman	20.29
Bronze	Akira West	3.74	Bronze	Michael Veron	21.13
	Vortex			300m	
Gold	Apryl Ouwendyk	10.02	Gold	Jake Demanser (R)	1:06.26
Silver	Mia Pillera	8.95	Silver	Braxton Longman	1:08.81
Bronze	Akira West	6.61	Bronze	Michael Veron	1:10.32
	100m			Discus 350g	
Gold	Akira West	22.01	Gold	Jake Demanser	9.68
Silver	Mia Pillera	22.61	Silver	Michael Veron	7.41
Bronze	Apryl Ouwendyk	23.68	Bronze	Logan Scott	5.44
	300m			Vortex	
Gold	Akira West	1:17.88	Gold	Jake Demanser	17.38
Silver	Apryl Ouwendyk	1:20.46	Silver	Braxton Longman	11.75
Bronze	Mia Pillera	1:23.64	Bronze	Michael Veron	10.39
	Long Jump				
Gold	Akira West	2.34		U7 Girls	
Silver	Mia Pillera	2.04		200m	
Bronze	Amanda Walker	1.56	Gold	Hannah Moylan	39.34
	Shot put 1kg		Silver	Taylah Gilders	42.34
Gold	Akira West	3.23	Silver	Ebony Jefferson	42.34
Silver	Mia Pillera	3.09		60m mini Hurdles	
Bronze	Amanda Walker	2.81	Gold	Ebony Jefferson	12.56
			Silver	Hannah Moylan	12.61
	U6 Boys		Bronze	Taylah Gilders	12.89
	200m			70m	
Gold	Jake Demanser (R)	39.11	Gold	Hannah Moylan	12.53
Silver	Braxton Longman	41.51	Silver	Taylah Gilders	13.42
Bronze	Michael Veron	45.83	Bronze	Ebony Jefferson	13.54
	60m mini Hurdles			Discus 500g	
Gold	Jake Demanser	12.22	Gold	Taylah Gilders	11.14
Silver	Braxton Longman	12.88	Silver	Hannah Moylan	8.64
Bronze	Archie Pickering	13.12	Bronze	Ebony Jefferson	6.46

Vortex		U7 Girls	Result		U7 Boys	Result
Silver		Vortex			Discus 350g	
Bronze	Gold	Taylah Gilders	12.90	Gold	Theo Niblock	10.38
100m	Silver	Layla Edwards		Silver	Linkin Rodman	
Gold	Bronze	Hannah Moylan	8.56	Bronze	Jacob Willock	9.53
Silver					Vortex	
Bronze		Hannah Moylan	17.79		Linkin Rodman	16.29
Gold					Jacob willock	
Gold	Bronze		19.54	Bronze	Eston Lema	14.17
Silver Taylah Gilders 1:05.37 Gold Ataya Bell 37.01 Bronze Mya Veron 1:16.57 Gold Ataya Bell 37.01 Gold Long Jump Silver Emily Agius 38.85 Gold Hannah Moylan 2.84 Bronze Sapphire Bax 39.34 Silver Taylah Gilders 2.59 Gold Ataya Bell 12.69 Shot put 1kg Silver Emily Agius 12.99 Gold Taylah Gilders 4.17 Bronze Sapphire Bax 13.31 Silver Shiann Hune 4.07 70m 70m Bronze Talitha Walker 3.78 Gold Emily Agius 12.25 Bronze Talitha Walker 3.78 Gold Emily Agius 12.25 Gold Jacob Willock 40.73 Gold Ataya Bell 12.49 Silver Flynn Mckeon 42.56 Silver Arianna Pillera 10.09 Bronze Theo Niblock 12.60 G						
Bronze						
Long Jump						
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Silver					Emily Agius	
Bronze				Bronze		39.34
Shot put 1kg						
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U7 Boys Bronze Sapphire Bax 12.88 200m Discus 500g	Bronze	Talitha Walker	3.78	Gold	Emily Agius	
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Shot put 1kg Long Jump Gold Linkin Rodman 4.99 Gold Emily Agius 3.24 Silver Jacob willock 4.92 Silver Ataya Bell 3.16 Bronze Jacob Neal 4.63 Bronze Arianna Pillera 3.02 Shot put 1.5kg Gold Theo Niblock 19.46 Gold Ataya Bell (R) 6.30 Silver Flynn Mckeon 20.05 Silver Ruby Nilendra 4.47 Bronze Jacob Willock 20.19 Bronze Lexi Walters 3.96 Gold Flynn Mckeon 1:06.30 1:06.30 1:06.30 1:06.30						
Gold Linkin Rodman 4.99 Gold Emily Agius 3.24 Silver Jacob willock 4.92 Silver Ataya Bell 3.16 Bronze Jacob Neal 4.63 Bronze Arianna Pillera 3.02 100m Shot put 1.5kg Gold Theo Niblock 19.46 Gold Ataya Bell (R) 6.30 Silver Flynn Mckeon 20.05 Silver Ruby Nilendra 4.47 Bronze Jacob Willock 20.19 Bronze Lexi Walters 3.96 Gold Flynn Mckeon 1:06.30 1:06.30 1:06.30 1:06.30	Bronze		2.00	Bronze		2.00.00
Silver Jacob willock 4.92 Silver Ataya Bell 3.16 Bronze Jacob Neal 4.63 Bronze Arianna Pillera 3.02 100m Shot put 1.5kg Gold Theo Niblock 19.46 Gold Ataya Bell (R) 6.30 Silver Flynn Mckeon 20.05 Silver Ruby Nilendra 4.47 Bronze Jacob Willock 20.19 Bronze Lexi Walters 3.96 Gold Flynn Mckeon 1:06.30 1:06.30 1:06.30 1:06.30	Gold	<u> </u>	4 99	Gold		3 24
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Bronze Jacob Willock 20.19 Bronze Lexi Walters 3.96 300m Gold Flynn Mckeon 1:06.30					Ruby Nilendra	
300m Gold Flynn Mckeon 1:06.30		<u> </u>				
Gold Flynn Mckeon 1:06.30						
	Gold		1:06,30			
Silver Jacob Willock T:U8,T9	Silver	Jacob Willock	1:08.19			
Bronze Linkin Rodman 1:10.92						

	U8 Boys	Result		U9 Girls	Result
	200m			800m	
Gold	Mogga Jaysen Jansuk	35.56	Gold	Charlotte Hayward (R)	2:54.41
Silver	Mack Mills	37.02	Silver	Tory D'Alessio	3:09.22
Bronze	Gabriel van Heerwaarden	38.23	Bronze	Olivia Weston	3:13.51
	60m Hurdles			Discus 500g	
Gold	Mogga Jaysen Jansuk	12.42	Gold	Alison Dusenberg	14.73
Silver	Gabriel van Heerwaarden	12.60	Silver	Tory D'Alessio	13.64
Bronze	Mack Mills	12.80	Bronze	Laylah Moir	13.11
	70m			Turbo Javelin	
Gold	Mack Mills	11.74	Gold	Chloe Reeves	11.85
Silver	Mogga Jaysen Jansuk	11.85	Silver	Tory D'Alessio	11.18
Bronze	Austin Eszenyi	12.65	Bronze	Charlotte Hayward	10.43
	Long Jump			100m	
Gold	Mack Mills	3.29	Gold	Charlotte Hayward	17.02
Silver	Mogga Jaysen Jansuk	3.23	Silver	Chloe Reeves	17.86
Bronze	Jase Goodall	2.83	Bronze	Bethany Moylan	18.38
	Shot put 1.5kg			70m	
Gold	Mack Mills	5.21	Gold	Charlotte Hayward	11.93
Silver	Boston Rodman	5.07	Silver	Chloe Reeves	12.23
Bronze	Austin Eszenyi	4.98	Bronze	Bethany Moylan	12.56
	100m			400m	
Gold	Mogga Jaysen Jansuk	16.96	Gold	Charlotte Hayward (R)	1:17.92
Silver	Mack Mills	17.02	Silver	Tory D'Alessio	1:25.77
Bronze	Austin Eszenyi	18.03	Bronze	Olivia Weston	1:27.24
	500m				
Gold	Mogga Jaysen Jansuk (R)	1:44.09		Long Jump	
Silver	Gabriel van Heerwaarden	1:45.84	Gold	Chloe Reeves	3.16
Bronze	Mack Mills	1:46.18	Silver	Bethany Moylan	3.08
	Discus 500g		Bronze	Stella Slee	3.02
Gold	Boston Rodman	16.22		Shot put 2kg	
Silver	Mogga Jaysen Jansuk	11.15	Gold	Chloe Reeves	4.94
Bronze	Jase Goodall	10.99	Silver	Laylah Moir	4.66
	Turbo Javelin		Bronze	Alison Dusenberg	4.13
Gold	Mack Mills	15.96		High Jump - Scissor	
Silver	Boston Rodman	15.29	Gold	Stella Slee	1.03
Bronze	Gabriel van Heerwaarden	12.15	Silver	Chloe Reeves	0.98
			Bronze	Bethany Moylan	0.95
	U9 Girls			110 B	
Gold	200m	25.54		U9 Boys	
	Chlor Reguerd	35.51	Cold	200m	22.62
Silver Bronze	Chloe Reeves	37.79 37.91	Gold Silver	Jackson Gilders	32.63
Bronze	Tory D'Alessio 60m Hurdles	37.97	Bronze	Noah Lewis Tanxsta Harris	33.10
Gold	Stella Slee	11.97	DIONZE	700m Walk	33.45
Silver		12.11	Gold	Noah Lewis	4:20.87
Bronze	Charlotte Hayward Violet Heather	12.11	Silver	Mateo van Heerwaarden	4:20.87
Bronze	700m Walk	14.31	Bronze	Augustine Anderson	4:50.79
Gold	Chloe Reeves	4:14.40	DIVIIZE	60m Hurdles	4.50.78
Silver	Tory D'Alessio	4:35.04	Gold	Tanxsta Harris	11.09
Bronze	Stella Slee	4:59.63	Silver	Augustine Anderson	11.28
DIVILLE	Otolia Olee	7.00.00	Bronze	Noah Lewis	11.30
			Bronze	Jackson Gilders	11.30
			DIVIIZE	Jackson Gilders	11.30

	U9 Boys	Result		U10 Girls	Result
	High Jump - Scissor			800m	
Gold	Tanxsta Harris (R)	1.13	Gold	Maia Goodall	2:54.41
Silver	Kaden Haydari	1.09	Silver	Madison Mills	2:56.15
Bronze	Lincoln Muijs	1.00	Bronze	Emma Wilson	3:17.14
	Long Jump			Discus 500g	
Gold	Tanxsta Harris	3.51	Gold	Laura Considine	18.76
Silver	Jackson Gilders	3.40	Silver	Cassidy Clarke	18.31
Bronze	Noah Lewis	3.15	Bronze	Madison Mills	16.09
	Shot put 2kg			100m	
Gold	Tanxsta Harris	6.37	Gold	Gracie McDonald	15.24
Silver	Kaden Haydari	5.60	Silver	Maia Goodall	15.31
Bronze	Jackson Gilders	5.59	Bronze	Sienna Riberi	16.45
	100m				
Gold	Tanxsta Harris	16.43		Turbo Javelin	
Silver	Jackson Gilders	16.54	Gold	Madison Mills	17.25
Bronze	Noah Lewis	16.72	Silver	Caitlin Beck	17.24
	400m		Bronze	Cassidy Clarke	16.79
Gold	Jackson Gilders	1:18.12		400m	
Silver	Noah Lewis	1:21.28	Gold	Maia Goodall	1:16.04
Bronze	Tanxsta Harris	1:23.80	Silver	Madison Mills	1:18.09
	70m		Bronze	Sienna Riberi	1:20.20
Gold	Tanxsta Harris	11.37		70m	
Silver	Jackson Gilders	11.39	Gold	Gracie McDonald	10.80
Bronze	Noah Lewis	11.66	Silver	Maia Goodall	10.99
	800m		Bronze	Sienna Riberi	11.52
Gold	Jackson Gilders	2:52.98		High Jump - Scissor	
Silver	Noah Lewis	2:59.61	Gold	Gracie McDonald	1.11
Bronze	Tanxsta Harris	3:06.77	Silver	Laura Considine	1.11
	Discus 500g		Bronze	Madison Mills	1.07
Gold	Tanxsta Harris	17.94		Long Jump	
Silver	Jackson Gilders	17.57	Gold	Gracie McDonald	3.70
Bronze	Kaden Haydari	17.19	Silver	Maia Goodall	3.64
	Turbo Javelin		Bronze	Emily Scott	3.50
Gold	Tanxsta Harris	19.84		Shot put 2kg	
Silver	James McDonnell	19.39	Gold	Cassidy Clarke	6.23
Bronze	Jackson Gilders	18.99	Silver	Madison Mills	6.12
			Bronze	Laura Considine	5.88
	U10 Girls				
	1100m Walk			U10 Boys	
Gold	Trinity Doulis	7:13.93		1100m Walk	
Silver	Gracie McDonald	7:26.51	Gold	Ciaran Carbery	7:26.75
Bronze	Cassidy Clarke	7:42.74	Silver	Brayden Smith	7:28.57
	200m		Bronze	Hunter Bax	7:58.92
Gold	Maia Goodall	32.90		200m	
Silver	Gracie McDonald	34.24	Gold	Nathaniel Martin	31.36
Bronze	Madison Mills	35.29	Silver	Ashley Clayton	33.16
	60m Hurdles		Bronze	Thomas Davey	33.35
Gold	Maia Goodall	11.69		60m Hurdles	
Silver	Madison Mills	12.03	Gold	Brayden Smith	11.91
Bronze	Gracie McDonald	12.57	Gold	Ashley Clayton	11.91
			Bronze	Nathaniel Martin	11.94

	U10 Boys	Result		U11 Girls	Result
	High Jump - Scissor			800m	
Gold	Brayden Smith	1.16	Gold	Amelie Markovic	2:54.27
Silver	Nathan Scott	1.12	Silver	Gemma Pilot	3:02.68
Bronze	Connor Ouwendyk	1.10	Bronze	Angelina Kosta	3:04.21
	Long Jump			Discus 500g	
Gold	Thomas Davey	3.83	Gold	Scarlet Van Beek (R)	33.06
Silver	Nathaniel Martin	3.74	Silver	Ella Evangelista-Comito	20.48
Bronze	Nathan Scott	3.69	Bronze	Paige Myles	17.16
	Shot put 2kg			Javelin 400g	
Gold	Orson Bennett	7.21	Gold	Scarlet Van Beek	21.21
Silver	Ashley Clayton	6.49	Silver	Zeearha Anderson	16.29
Bronze	Heath Orr	6.35	Bronze	Ella Evangelista-Comito	13.29
	100m			Triple Jump	
Gold	Nathaniel Martin	15.36	Gold	Amelie Markovic	8.03
Silver	Lex Starcevich	16.07	Silver	Blair Bell	7.59
Bronze	Ashley Clayton	16.23	Bronze	Gemma Pilot	7.42
	400m			100m	
Gold	Thomas Davey	1:14.41	Gold	Blair Bell	14.97
Silver	Nathan Scott	1:17.40	Silver	Amelie Markovic	15.19
Bronze	Brayden Smith	1:19.55	Bronze	Demi Bell	15.86
	70m			1500m	
Gold	Nathaniel Martin	10.71	Gold	Angelina Kosta	6:02.88
Silver	Ashley Clayton	11.13	Silver	Amelie Markovic	6:06.79
Bronze	Lex Starcevich	11.16	Bronze	Zeearha Anderson	6:20.25
	800m			400m	
Gold	Thomas Davey	2:46.20	Gold	Blair Bell	1:17.01
Silver	Nathaniel Martin	2:50.36	Silver	Amelie Markovic	1:18.63
Bronze	Nathan Scott	2:54.78	Bronze	Gemma Pilot	1:19.55
	Discus 500g			High Jump - Fosbury	
Gold	Orson Bennett	21.37	Gold	Amelie Markovic	1.30
Silver	Ashley Clayton	19.45	Silver	Demi Bell	1.18
Bronze	Stuart Hilditch	17.76	Bronze	Scarlet Van Beek	1.18
	Turbo Javelin	00.00		Long Jump	1.10
Gold	Ashley Clayton (R)	28.30	Gold	Blair Bell	4.10
Silver	Nathan Scott	24.53	Silver	Scarlet Van Beek	4.01
Bronze	Orson Bennett	23.81	Bronze	Amelie Markovic	3.91
	1144 01-1-		Gold	Shot put 2kg	0.00
	U11 Girls			Scarlet Van Beek	8.66
0-1-1	1100m Walk	0.00.50	Silver	Amelie Markovic	6.82
Gold	Jessica Muijs	6:28.50	Bronze	Madeline Thompson	6.54
Silver Bronze	Amelie Markovic Zarah Scott	6:56.71 7:16.16		U11 Boys	
Bronze		7:10.10			
Gold	200m Blair Bell	32.45	Gold	1100m Walk Thomas Webb	6:59.23
Silver	Amelie Markovic	32.45	Silver	Trent D'Alessio	7:10.76
Bronze	Amelie Markovic Angelina Kosta	32.98	Bronze	William Moffitt	7:10.76
Dronze	80m Hurdles	33.30	Bronze	200m	1:11.77
Gold	Scarlet Van Beek (R)	14.34	Gold	Patrick Martin	30.46
Silver	Amelie Markovic	14.34	Silver	Callum Steen	30.46
Bronze		14.74	Bronze	Thomas Webb	
bronze	Angelina Kosta	14./9	bronze	I HOMAS WEDD	31.03

	U11 Boys	Result		U12 Girls	
	800m			1500m Walk	
Gold	Tully McGrath	2:49.16	Gold	Heidi Thompson	9:20.33
Silver	Callum Steen	2:49.63	Silver	Sienna Jordan	9:39.92
Bronze	Trent D'Alessio	2:54.69	Bronze	Ava Carbery	9:45.30
	Discus 500g			200m	
Gold	Tristian Wilson (R)	33.54	Gold	Chevelle Atkinson	30.94
Silver	Trent D'Alessio	27.62	Silver	Ruby Henshall	31.46
Bronze	Michael Agius	21.90	Bronze	Charlotte Trueman	31.76
	Javelin 400g			800m	
Gold	Tristian Wilson	31.53	Gold	Maddison Walters	2:55.02
Silver	Trent D'Alessio	26.77	Silver	Sienna Jordan	2:59.65
Bronze	Ryan Arnold	24.07	Bronze	Summer Ajduk	3:01.06
	Triple Jump			Discus 750g	
Gold	Callum Steen	8.57	Gold	Ruby Henshall	19.72
Silver	Patrick Martin	8.41	Silver	Summer Ajduk	18.85
Bronze	Duku Jack Jansuk	8.34	Bronze	Heidi Thompson	18.26
	100m			Javelin 400g	
Gold	Thomas Webb	14.82	Gold	Ruby Henshall	27.40
Silver	Patrick Martin	14.86	Silver	Summer Ajduk	22.03
Bronze	Callum Steen	14.94	Bronze	Maddison Walters	20.33
	1500m			Triple Jump	
Gold	Callum Steen	5:48.91	Gold	Ruby Henshall	9.11
Silver	Trent D'Alessio	5:54.84	Silver	Charlotte Trueman	8.04
Bronze	Thomas Webb	5:58.77	Bronze	Heidi Thompson	7.99
	400m			100m	
Gold	Callum Steen	1:11.70	Gold	Chevelle Atkinson	14.68
Silver	Thomas Webb	1:12.55	Silver	Ruby Henshall	14.78
Bronze	Trent D'Alessio	1:12.73	Bronze	Charlotte Trueman	15.39
	High Jump - Fosbury	1.00	0.11	1500m	5 54 50
Gold	Louis Trueman	1.20	Gold	Maddison Walters	5:51.53
Silver Silver	Odin Amundsen	1.10	Silver	Sienna Jordan	6:06.68
Silver	William Moffitt	1.10	Bronze	Charlotte Trueman	6:11.01
Gold	Long Jump	4.07	Gold	400m Maddison Walters	1:11.81
Silver	Callum Steen	3.76	Silver	Chevelle Atkinson	1:11.81
Bronze	Patrick Martin Duku Jack Jansuk	3.76	Bronze	Charlotte Trueman	1:12.33
bronze		3.70	Bronze	High Jump - Fosbury	1:15.62
Gold	Shot put 2kg Trent D'Alessio	8.03	Gold	Ruby Henshall (R)	1.56
Silver	Louis Trueman	7.99	Silver	Charlotte Trueman	1.35
Bronze	Tristian Wilson	7.81	Bronze	Heidi Thompson	1.29
Bronze	80m Hurdles	7.01	Biolize	Long Jump	1.29
Gold	Thomas Webb (R)	13.92	Gold	Charlotte Trueman (R)	4.11
Silver	Louis Trueman	15.92	Silver	Ruby Jefferson	4.11
Bronze	Tristian Wilson	15.15	Bronze	Chevelle Atkinson	4.06
DIOIIZE	THOUGH WIIDUH	10.10	DIOIIZE	Shot put 2kg	4.07
	U12 Girls		Gold	Ruby Henshall	8,66
	80m Hurdles		Silver	Ashlyn Rossi	8.02
Gold	Ruby Henshall	14.83	Bronze	Klara Tilbee	7.56
Silver	Heidi Thompson	15.18	DIVIIZE	Maia Hibee	7.50
Bronze	Charlotte Trueman	16.06			
DIOIIZE	Chanotte Hueman	10.00			

	U12 Boys	Result		U12 Boys	Result
	1500m Walk			80m Hurdles	
Gold	Riley Clayton	10:13.70	Gold	Shawn Tshidibu	14.76
Silver	Luke South	10:16.95	Silver	Riley Clayton	15.06
Bronze	Richard Lewandowski	10:49.76	Bronze	Jacob Ouwendyk	15.42
	200m			-	
Gold	Jacob Ouwendyk	29.73		U13 Girls	
Silver	Jake Mills	30.13		1500m Walk	
Bronze	Shawn Tshidibu	30.24	Gold	Lilly Ajduk	9:21.58
	800m		Silver	Paige Hotchkin	9:31.87
Gold	Jake Mills	2:37.07	Bronze	Asha Ascoli	9:32.54
Silver	Riley Clayton	2:47.60		200m	
Bronze	Aiden Scott	2:50.80	Gold	Chelsea Fitzgerald	29.98
	Discus 750g		Silver	Hayley Clarke	31.02
Gold	Riley Clayton	29.52	Bronze	Emma Lancaster	31.08
Silver	Shawn Tshidibu	23.66		800m	
Bronze	Aiden Scott	21.33	Gold	Emma Lancaster	2:35.36
	Javelin 400g		Silver	Sienna Jones	2:54.13
Gold	Riley Clayton	29.58	Bronze	Sigourney Slee	2:56.36
Silver	Shawn Tshidibu	25.08		Discus 750g	
Bronze	Jake Mills	22.91	Gold	Asha Ascoli	20.43
	Triple Jump		Silver	Lilly Ajduk	20.04
Gold	Shawn Tshidibu (R)	9.60	Bronze	Sigourney Slee	19.16
Silver	Jake Mills	8.59		Javelin 400g	
Bronze	Riley Clayton	8.42	Gold	Sienna Jones	25.63
	100m		Silver	Bonnie Greenway	25.04
Gold	Shawn Tshidibu	14.58	Bronze	Fearne Van Beek	21.69
Silver	Jacob Ouwendyk	14.78		Triple Jump	
Bronze	Jake Mills	15.14	Gold	Sigourney Slee	8.76
	1500m		Silver	Sienna Jones	8.14
Gold	Jake Mills	5:18.11	Bronze	Lilly Ajduk	7.94
Silver	Riley Clayton	5:43.72		100m	11.00
Bronze	Aiden Scott	5:57.38	Gold	Chelsea Fitzgerald	14.83
	400m		Silver	Hayley Clarke	15.32
Gold	Shawn Tshidibu	1:08.29	Bronze	Sharon Onyemgba	15.33
Silver	Jake Mills	1:10.04		1500m	
Bronze	Aiden Scott	1:14.91	Gold	Emma Lancaster	5:34.20
	High Jump - Fosbury		Silver	Sienna Jones	6:02.48
Gold	Shawn Tshidibu	1.48	Bronze	Lilly Ajduk	6:28.06
Silver	Samuel Davey	1.41	<u> </u>	400m	
Bronze	Oscar McManus	1.35	Gold	Emma Lancaster	1:08.47
	Long Jump		Silver	Chelsea Fitzgerald	1:12.30
Gold	Shawn Tshidibu	4.45	Bronze	Kaylee Pankhurst	1:12.80
Silver	Jake Mills	4.07		High Jump - Fosbury	1.00
Bronze	Connor Muijs	3.93	Gold	Sigourney Slee	1.39
	Shot put 2kg	10.00	Silver	Rose Considine	1.37
Gold	Shawn Tshidibu (R)	10.03	Bronze	Lilly Ajduk	1.27
Silver	Lucas Warner	9.63	0	80m Hurdles	44.00
Bronze	Riley Clayton	8.83	Gold	Sienna Jones	14.96
			Silver	Hayley Clarke	15.27
			Bronze	Emma Lancaster	15.51

	U13 Girls			U13 Boys	Result
	Shot put 3kg			High Jump - Fosbury	
Gold	Fearne Van Beek	8.12	Gold	William Tilbee	1.40
Silver	Milla Tasovac	7.41	Silver	Blake Orr	1.38
Bronze	Anais Adnams	7.34	Bronze	Noah Statham	1.35
	200m Hurdles			80m Hurdles	
Gold	Sienna Jones	33.34	Gold	William Tilbee	14.24
Silver	Hayley Clarke	33.65	Silver	Noah Statham	14.78
Bronze	Hannah Dobell	33.71	Bronze	Blake Orr	14.81
	Long Jump			Shot put 3kg	
Gold	Sigourney Slee	3.97	Gold	Rylan Scott	8.55
Silver	Lilly Ajduk	3.95	Silver	Blake Orr	8.41
Bronze	Sienna Jones	3.85	Bronze	William Tilbee	8.30
				200m Hurdles	
	U13 Boys		Gold	Noah Statham	30.96
	1500m Walk		Silver	William Tilbee	31.14
Gold	Rylan Scott	9:08.95	Bronze	Rylan Scott	32.86
Silver	Hamish Monk	10:39.91		Long Jump	
Bronze	William Tilbee	10:50.53	Gold	William Tilbee	4.46
	200m		Silver	Noah Statham	4.21
Gold	William Tilbee	28.60	Bronze	Rylan Scott	4.18
Silver	Noah Statham	29.13			
Bronze	Rylan Scott	30.89		U14 Girls	
	800m			1500m Walk	
Gold	Noah Statham	2:40.42	Gold	Abbey Henshall	9:43.20
Silver	William Tilbee	2:40.79	Silver	Chloe Mills	10:03.73
Bronze	Rylan Scott	2:48.87	Bronze	Laura Clarke	10:14.05
	Discus 750g			200m	
Gold	William Tilbee	27.28	Gold	llah Ody	28.95
Silver	Blake Orr	23.18	Silver	Elyssa Lewis	30.19
Bronze	Noah Statham	21.96	Bronze	Laura Clarke	30.42
0-1-1	Javelin 600g	20.50	0-1-1	800m	0.07.40
Gold	William Tilbee	32.58	Gold	Elyssa Lewis	2:37.13
Silver	Rylan Scott	25.68	Silver	Kaylee Myles	2:43.30
Bronze	Blake Orr	24.90	Bronze	Ilah Ody	2:49.14
Gold	Triple Jump	9.71	Gold	Discus 1kg Abbey Henshall	21.29
Silver	Noah Statham	9.71	Silver	Ilah Ody	19.12
Bronze	Rylan Scott William Tilbee	9.42	Bronze	Kaylee Myles	18.86
BIOIIZE	100m	9.30	BIUIIZE	Javelin 400g	10.00
Gold	William Tilbee	14.33	Gold	Ilah Ody	26.92
Silver	Noah Statham	14.40	Silver	Chloe Mills	23.64
Bronze	Rylan Scott	14.40	Bronze	Abbey Henshall	23.02
DIVIIZE	1500m	17.33	DIOIIZE	Triple Jump	20.02
Gold	William Tilbee	5:27.28	Gold	Ilah Ody	9.17
Silver	Patrick Clare	5:39.79	Silver	Elyssa Lewis	8.87
Bronze	Noah Statham	5:45.15	Bronze	Abbey Henshall	8.82
DIGITE	400m	0.40,10	DISTILLE	100m	0.02
Gold	Noah Statham	1:06.16	Gold	Olivia Dodds	13.06
Silver	William Tilbee	1:09.64	Silver	Ilah Ody	13.61
Bronze	Rylan Scott	1:11.07	Bronze	Laura Clarke	14.54
DIVIIZE	Ttylan Otoli	1.11.07	DIGITE	Laura Clarke	17.04

	U14 Girls	Result		U14 Boys	Result
	1500m			Triple Jump	
Gold	Elyssa Lewis	5:26.96	Gold	Liam Cooley	11.62
Silver	Kaylee Myles	5:31.78	Silver	Kayel Ascoli	10.34
Bronze	Remy Fernando	5:59.95	Bronze	Charlie Raimundo	10.29
	400m			100m	
Gold	Olivia Dodds	1:05.67	Gold	Samuel Stribley	12.95
Silver	Elyssa Lewis	1:06.98	Silver	Liam Cooley	13.07
Bronze	llah Ody	1:07.37	Bronze	Kayel Ascoli	13.72
	High Jump - Fosbury			1500m	
Gold	Abbey Henshall	1.35	Gold	Kayel Ascoli	5:17.15
Silver	Emily Gray	1.30	Silver	Mazen Salama	5:36.28
Bronze	Elyssa Lewis	1.25	Bronze	Conan Smith	5:40.74
Bronze	Chloe Mills	1.25			
	80m Hurdles			400m	
Gold	llah Ody	13.93	Gold	Kayel Ascoli	1:02.07
Silver	Emily Gray	14.67	Silver	Samuel Stribley	1:04.74
Bronze	Laura Clarke	15.15	Bronze	Nicholas Stewart	1:13.21
	Shot put 3kg			High Jump - Fosbury	
Gold	Emily Gray	8.43	Gold	Liam Cooley	1.60
Silver	Abbey Henshall	7,43	Silver	Kayel Ascoli	1,35
Bronze	Kaylee Myles	7,23	Bronze	Mazen Salama	1,30
	200m Hurdles			90m Hurdles	
Gold	Olivia Dodds	32.26	Gold	Kayel Ascoli	13.39
Silver	Laura Clarke	33.88	Silver	Liam Cooley	13.49
Bronze	Elyssa Lewis	34.25	Bronze Samuel Stribley		14.78
	Long Jump			Shot put 3kg	
Gold	Olivia Dodds	4.52	Gold	Liam Cooley	13.15
Silver	Ilah Ody	4.38	Silver	Mazen Salama	9.69
Bronze	Abbey Henshall	4.21	Bronze	Ishaan Tiwari	9.38
	·			200m Hurdles	
	U14 Boys		Gold	Liam Cooley	28.24
	1500m Walk		Silver	Kayel Ascoli	28.85
Gold	Liam Carbery	9:45.51	Bronze	Samuel Stribley	29.68
Silver	Isaiah Dimer	10:47.74		Long Jump	
			Gold	Samuel Stribley	4.89
	200m		Silver	Kayel Ascoli	4.84
Gold	Samuel Stribley	26.62	Bronze	Isaiah Dimer	4.83
Silver	Kayel Ascoli	26.83			
Bronze	Nicholas Stewart	28.87		U15 Girls	
	800m			1500m Walk	
Gold	Kayel Ascoli	2:32.82	Gold	Jemma Lewandowski	8:12.32
Silver	Mazen Salama	2:38.97	Silver	Isabelle Rosalia	10:21.78
Bronze	Conan Smith	2:42.12	Bronze	Ella Corbett	10:31.01
	Discus 1kg			200m	
Gold	Liam Cooley	34.88	Gold	Hope Arrowsmith	29.04
Silver	Kayel Ascoli	27.00	Silver	Rachel Statham	29.70
Bronze	Mazen Salama	25.58	Bronze	Isabelle Rosalia	29.75
	Javelin 600g			800m	
Gold	Liam Cooley	34.31	Gold	Laura Stump	2:26.80
Silver	Kayel Ascoli	28.85	Silver	Amalina Gosper	2:50.00
Bronze	Nicholas Stewart	26.28	Bronze	Jemma Lewandowski	2:51.25

	U15 Girls	Result		U15 Boys	Result
	Discus 1kg			Discus 1kg	
Gold	Paige Bower (R)	28.48	Gold	Tristen Burgess	38.29
Silver	Rachel Statham	24.27	Silver	Declan Cowin	35.14
Bronze	Niamh Hardcastle-Sharp	22.62	Bronze	Aiden Warner	27.44
	Javelin 500g			Javelin 700g	
Gold	Paige Bower (R)	33.61	Gold	Declan Cowin (R)	44.51
Silver	Hope Arrowsmith	27.60	Silver	Khyran Elliott	38.57
Bronze	Isabelle Rosalia	24.90	Bronze	Tristen Burgess	37.01
	Triple Jump			Triple Jump	
Gold	Rachel Statham	9.35	Gold	Aidan Dobbelmann	11.16
Silver	Isabelle Rosalia	9.24	Silver	Tristen Burgess	11.07
Bronze	Paige Bower	9.23	Bronze	Declan Cowin	10.64
	100m			100m	
Gold	Olivia Trueman	13.45	Gold	Tristen Burgess	12.09
Silver	Isabelle Rosalia	13.72	Silver	Nicholas Potter	12.11
Bronze	Hope Arrowsmith	14.16	Bronze	Aidan Dobbelmann	12.26
	Long Jump			Long Jump	
Gold	Paige Bower	4.81	Gold	Aidan Dobbelmann	5.68
Silver	Olivia Trueman	4.63	Silver	Amro Atta	5.17
Bronze	Isabelle Rosalia	4.51	Bronze	Nicholas Potter	5.14
	400m			400m	56.49
Gold	Hope Arrowsmith	1:05.94		Gold Aiden Warner	
Silver	Rachel Statham		1:07.39 Silver Aidan Dobbelmann		56.66
Bronze	Tiahna McIntyre	1:08.84	Bronze	Tristen Burgess	58.68
	High Jump - Fosbury			High Jump - Fosbury	
Gold	Paige Bower	1.52	Gold	Tristen Burgess (R)	1.80
Silver	Rachel Statham	1.45	Silver	Nicholas Potter	1.50
Bronze	Mackenzie Coupland	1.40	Bronze	Aiden Warner	1.45
	90m Hurdles			100m Hurdles	
Gold	Paige Bower	15.64	Gold	Tristen Burgess	14.62
Silver	Isabelle Rosalia	15.83	Silver	Aiden Warner	15.28
Bronze	Rachel Statham	15.93	Bronze	Amro Atta	16.48
	Shot put 3kg	0.10		Shot put 4kg	40.00
Gold	Rachel Statham	9.19	Gold	Tristen Burgess	13.80
Silver	Paige Bower	8.90	Silver	Declan Cowin	11.77
Bronze	Hope Arrowsmith 300m Hurdles	8.26	Bronze	Zachary Warner	9.49
Gold	Olivia Trueman (R)	47.68	Gold	300m Hurdles Aiden Warner	43.65
Silver	()	51.76	Silver		45.34
Bronze	Hope Arrowsmith Isabelle Rosalia	51.76	Bronze	Tristen Burgess Zachary Warner	45.34
Bronze	1500m	31.01	Bronze	2achary warner 1500m	40.27
Gold	Laura Stump (R)	5:14.92	Gold	Aiden Warner	4:45.41
Silver	Mackenzie Coupland	5:23.89	Silver	Zachary Warner	5:03.19
Bronze	Amalina Gosper	5:36.12	Bronze	Tristen Burgess	5:20.38
DIVITE	ліпашіа Ооэреі	J.JU. 12	DIOIIZE	800m	0.20.00
	U15 Boys		Gold	Aiden Warner	2:16.23
	1500m Walk		Silver	Zachary Warner	2:22.18
Gold	Declan Cowin	7:35.03	Bronze	Bryce Rerden	2:37.30
Silver	Aiden Warner	9:52.53	DIOIIZE	Diyoc Neidell	2.07.00
Bronze	Luke Schaudin	10:09.86			
DIVITZE	Luke Schaudill	10.03.00			1

	U15 Boys	Result		U16 Girls	Result
	200m			Long Jump	
Gold	Nicholas Potter	24.97	Gold	Tara Stribley	4.61
Silver	Aidan Dobbelmann	25.01	Silver	Anastasia Raimundo	4.50
Bronze	Aiden Warner	25.90	Bronze	Annaleigh Lewis	4.15
				High Jump - Fosbury	
	U16 Girls		Gold	Annaleigh Lewis (R)	1.59
	1500m Walk		Silver	Anastasia Raimundo	1.40
Gold	Courtney Appelbee (R)	8:49.55	Bronze	Charlotte Johnson	1.35
Silver	Chloe Rudd	9:50.27		1500m	
Bronze	Chelsea Willock	9:52.81	Gold	Annaleigh Lewis	5:39.32
	200m		Silver	Chelsea Willock	6:07.56
Gold	Tara Stribley		28.35 Bronze Charlotte Johnson		6:14.81
Silver	Maddison Gough	28.56			
Bronze	Anastasia Raimundo	29.77		U16 Boys	
	800m			100m Hurdles	
Gold	Tara Stribley	2:50.38	Gold	Nicolas Marcar	15.81
Silver	Charlotte Johnson	2:54.64	Silver	Callum Fare	16.02
Bronze	Chelsea Willock	3:03.60	Bronze	Jordan Cooley	17.18
	Javelin 500g			200m	
Gold	Tara Stribley	28.93	Gold	Seb Hardie	25.62
Silver	Holly Burgess	21.12	Silver	Callum Fare	25.83
Bronze	Chelsea Willock	19.15	Bronze	Nicolas Marcar	26.20
	Triple Jump			800m	
Gold	Anastasia Raimundo	9.52	Gold	Riley McFarlane	2:25.50
Silver	Tara Stribley	9.22	Silver	Callum Fare	2:26.05
Bronze	Charlotte Johnson	8.64	Bronze	Nicolas Marcar	2:27.61
Gold	Shot put 3kg	9.09	Gold	Discus 1kg	40.54
Silver	Anastasia Raimundo Tara Stribley	9.09	Silver	Jordan Cooley Callum Fare	39.23
		9.07			
Bronze	Holly Burgess	9.04	Bronze	Nicolas Marcar High Jump - Fosbury	27.34
Gold	100m Tara Stribley	13.78	Gold	Alister Freeman	1.55
Silver	Maddison Gough	14.05	Silver	Callum Fare	1.50
Bronze	Brianna Goss	15.04	Bronze	Jordan Cooley	1.50
Diolize	300m Hurdles	15.04	DIONZE	Long Jump	1.50
Gold	Annaleigh Lewis	53.42	Gold	Callum Fare	5.00
Silver	Charlotte Johnson	56.25	Silver	Nicolas Marcar	4.88
Bronze	Anastasia Raimundo	56.77	Bronze	Jordan Cooley	4.66
Dionze	400m	30.77	Dionze	100m	4.00
Gold	Tara Stribley	1:07.58	Gold	Ben Colebrook	12.15
Silver	Annaleigh Lewis	1:10.18	Silver	Callum Fare	13.02
Bronze	<u> </u>	1:10.10	Bronze	Nicolas Marcar	13.32
Bronzo		1.10.20	Diones		10.02
Gold		23.44	Gold		5:03.27
			Bronze		
	90m Hurdles			2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	2
Gold		16.94			
Silver	Charlotte Johnson				
Bronze					
Gold Silver Bronze Gold Silver	Anastasia Raimundo	23.44 22.90 21.81 16.94 17.43 17.68	Gold Silver	Nicolas Marcar 1500m Riley McFarlane Seb Hardie Joshua Giangiulio	13.32 5:03.27 5:14.43 5:17.70

	U16 Boys	Result		U17 Girls	
	400m			100m	
Gold	Ben Colebrook	55.08	Gold	Ella Dodds	13.64
Silver	Callum Fare	58.36	Silver	Kheirra Elliott	14.49
Bronze	Nicolas Marcar	1:01.32	Bronze	Emma Ferguson	15.03
	Javelin 700g			Long Jump	
Gold	Callum Fare	36.91	Gold	Ella Dodds	4.75
Silver	Ben Colebrook	26.51	Silver	Emma Ferguson	4.33
Bronze	Alister Freeman	20.35	Bronze	Kheirra Elliott	4.10
	Triple Jump			300m Hurdles	
Gold	Ben Colebrook	11.27	Gold	Ella Dodds	48.44
Silver	Nicolas Marcar	10.85	Silver	Emma Ferguson	55.39
Bronze	Callum Fare	10.65		•	
	Shot put 4kg			400m	
Gold	Callum Fare	13.73	Gold	Emma Ferguson	1:07.37
Silver	Jordan Cooley	13.02	Silver	Ella Dodds	1:11.24
Bronze	Ben Colebrook	9.95			
	300m Hurdles			Discus 1kg	
Gold	Ben Colebrook	44.27	Gold	Kheirra Elliott	17.03
Silver	Nicolas Marcar	44.59	Silver	Emma Ferguson	16.90
Bronze	Jordan Cooley	52.49	Bronze	Ella Dodds	14.50
	-			High Jump – Fosbury	
	U17 Girls		Gold	Ella Dodds	1.45
	100m Hurdles		Silver	Emma Ferguson	1.30
Gold	Emma Ferguson	18.84	Bronze	Kheirra Elliott	1.30
				U17 Boys	
	1500m			U17 Boys 110m Hurdles	
Gold	1500m Emma Ferguson (R)	5:32.27	Gold		15.49
Gold	Emma Ferguson (R)	5:32.27	Silver	110m Hurdles Bailey Allen Callum Quaresimin	17.22
	Emma Ferguson (R) 200m			110m Hurdles Bailey Allen Callum Quaresimin Myles Byng	
Gold	Emma Ferguson (R) 200m Emma Ferguson	30.32	Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk	17.22 20.61
	Emma Ferguson (R) 200m		Silver	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng	17.22
Gold	Emma Ferguson (R) 200m Emma Ferguson Kheirra Elliott	30.32	Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk	17.22 20.61
Gold Silver	200m Emma Ferguson Emma Ferguson Kheirra Elliott 800m	30.32 31.42	Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock	17.22 20.61
Gold	Emma Ferguson (R) 200m Emma Ferguson Kheirra Elliott	30.32	Silver Bronze Gold	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock	17.22 20.61 7:32.56
Gold Silver	200m Emma Ferguson Emma Ferguson Kheirra Elliott 800m	30.32 31.42	Silver Bronze Gold	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen	17.22 20.61 7:32.56 26.85
Gold Silver	200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson	30.32 31.42	Silver Bronze Gold Gold Silver	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin	17.22 20.61 7:32.56 26.85 27.35
Gold Silver Gold	200m Emma Ferguson Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g	30.32 31.42 3:42.09	Silver Bronze Gold	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock	17.22 20.61 7:32.56 26.85
Gold Silver Gold	200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Mana Ferguson Sama Ferguson Javelin 500g Emma Ferguson	30.32 31.42 3:42.09	Gold Gold Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m	17.22 20.61 7:32.56 26.85 27.35 30.16
Gold Silver Gold	200m Emma Ferguson Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g	30.32 31.42 3:42.09	Gold Gold Silver Bronze Gold Gold Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi	17.22 20.61 7:32.56 26.85 27.35 30.16
Gold Silver Gold	200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott	30.32 31.42 3:42.09	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen	17.22 20.61 7:32.56 26.85 27.35 30.16 2:11.86 2:52.80
Gold Silver Gold Gold Silver	200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg	30.32 31.42 3:42.09 22.50 17.89	Gold Gold Silver Bronze Gold Gold Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock	17.22 20.61 7:32.56 26.85 27.35 30.16
Gold Silver Gold Gold Silver	Emma Ferguson (R) 200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg Emma Ferguson	30.32 31.42 3:42.09 22.50 17.89	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock Discus 1.5kg	17.22 20.61 7:32.56 26.85 27.35 30.16 2:11.86 2:52.80 2:54.78
Gold Silver Gold Gold Silver	200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg	30.32 31.42 3:42.09 22.50 17.89	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze Gold Gold	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock Discus 1.5kg Myles Byng	17.22 20.61 7:32.56 26.85 27.35 30.16 2:11.86 2:52.80 2:54.78
Gold Silver Gold Gold Silver	Emma Ferguson (R) 200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg Emma Ferguson Kheirra Elliott	30.32 31.42 3:42.09 22.50 17.89	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze Gold Silver	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock 100m Paul Stervaggi Bailey Allen Mitchell Bostock Discus 1.5kg Myles Byng Callum Quaresimin	17.22 20.61 7:32.56 26.85 27.35 30.16 2:11.86 2:52.80 2:54.78
Gold Silver Gold Silver	Emma Ferguson (R) 200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg Emma Ferguson Kheirra Elliott Triple Jump	30.32 31.42 3:42.09 22.50 17.89 7.55 6.39	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze Gold Gold	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock 10 Discus 1.5kg Myles Byng Callum Quaresimin Mitchell Bostock	17.22 20.61 7:32.56 26.85 27.35 30.16 2:11.86 2:52.80 2:54.78
Gold Silver Gold Silver Gold Silver	200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg Emma Ferguson Kheirra Elliott Triple Jump Emma Ferguson	30,32 31.42 3:42.09 22.50 17.89 7.55 6.39	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock Discus 1.5kg Myles Byng Callum Quaresimin Mitchell Bostock	17.22 20.61 7:32.56 26.85 27.35 30.16 2:52.80 2:54.78 35.83 24.14 23.65
Gold Silver Gold Silver	Emma Ferguson (R) 200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg Emma Ferguson Kheirra Elliott Triple Jump	30.32 31.42 3:42.09 22.50 17.89 7.55 6.39	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze Gold Silver Gold Silver Gold Silver Gold Silver	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock 0 Discus 1.5kg Myles Byng Callum Quaresimin Mitchell Bostock Triple Jump Bailey Allen	17.22 20.61 7:32.56 26.85 27.35 30.16 2:52.80 2:54.78 35.83 24.14 23.65
Gold Silver Gold Silver Gold Silver	200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg Emma Ferguson Kheirra Elliott Triple Jump Emma Ferguson	30,32 31.42 3:42.09 22.50 17.89 7.55 6.39	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock Discus 1.5kg Myles Byng Callum Quaresimin Mitchell Bostock	17.22 20.61 7:32.56 26.85 27.35 30.16 2:11.86 2:52.80 2:54.78 35.83 24.14 23.65
Gold Silver Gold Silver Gold Silver	200m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Kheirra Elliott 800m Emma Ferguson Javelin 500g Emma Ferguson Kheirra Elliott Shot put 3kg Emma Ferguson Kheirra Elliott Triple Jump Emma Ferguson	30,32 31.42 3:42.09 22.50 17.89 7.55 6.39	Gold Gold Silver Bronze Gold Silver Bronze Gold Silver Bronze Gold Silver Gold Silver Gold Silver Gold Silver	110m Hurdles Bailey Allen Callum Quaresimin Myles Byng 1500m Walk Mitchell Bostock 200m Bailey Allen Callum Quaresimin Mitchell Bostock 800m Paul Stervaggi Bailey Allen Mitchell Bostock 0 Discus 1.5kg Myles Byng Callum Quaresimin Mitchell Bostock Triple Jump Bailey Allen	17.22 20.61 7:32.56 26.85 27.35 30.16 2:52.80 2:54.78 35.83 24.14 23.65

	U17 Boys	
	High Jump - Fosbury	
Gold	Bailey Allen	1.70
Silver	Mitchell Bostock	1.50
	Long Jump	
Gold	Bailey Allen	5.94
Silver	Mitchell Bostock	4.38
Bronze	Callum Quaresimin	3.60
	100m	
Gold	Bailey Allen	12.16
Silver	Callum Quaresimin	13.61
Bronze	Myles Byng	14.48
	1500m	
Gold	Paul Stervaggi (R)	4:32.39
Silver	Bailey Allen	6:29.46
Bronze	Mitchell Bostock	6:29.96
	300m Hurdles	
Gold	Bailey Allen	49.36
Silver	Callum Quaresimin	50.15
Bronze	Mitchell Bostock	52.31
	400m	
Gold	Bailey Allen	58.43
Silver	Paul Stervaggi	1:01.54
Bronze	Callum Quaresimin	1:06.02
	Javelin 700g	
Gold	Paul Stervaggi	42.09
Silver	Myles Byng	40.00
Bronze	Callum Quaresimin	34.34
	Shot put 5kg	
Gold	Myles Byng	11.21
Silver	Paul Stervaggi	9.66
Bronze	Bailey Allen	8.65







STATE TRACK & FIELD CHAMPIONSHIPS (U9 to U17)

WA Athletics Stadium, March 13th, 14th and 15th, 2020

Although this event was cancelled due to unforeseen circumstances out of our control, we would like to recognise all of our athletes who either qualified or nominated to compete at this event.

Tory D'Alessio Charlotte Hayward Chloe Reeves Stella Slee Amy Stump Augustine Anderson Jackson Gilders Tanxsta Harris Kaden Haydari Noah Lewis David Nyamu Mateo van Heerwaarden Cassidy Clarke **Trinity Doulis** Maia Goodall Madison Mills Sienna Riberi **Emily Scott** Emma Wilson Abdul Abdelrahim Thomas Davey Luke Lancaster Nathaniel Martin Nathan Scott Lachlan Symons Blair Bell Demi Bell Zarah Scott Scarlet Van Beek Trent D'Alessio Duku Jansuk Patrick Martin Tully McGrath Callum Steen Louis Trueman Thomas Webb

Tristian Wilson Chevelle Atkinson Ruby Henshall Sienna Jordan Ashlyn Rossi Heidi Thompson Charlotte Trueman Maddison Walters Samuel Davey Jake Mills Jacob Ouwendyk Aiden Scott Shawn Tshidibu Lucas Warner Asha Ascoli Havley Clarke Chelsea Fitzgerald Emma Lancaster Sigourney Slee Fearne Van Beek Travis Puertollano Rvlan Scott Noah Statham William Tilbee Neesa Atkinson Olivia Dodds Emily Gray Abbev Henshall Rachel Hilditch Elvssa Lewis Chloe Mills Kaylee Myles llah Odv Kavel Ascoli Liam Cooley Nicholas Stewart

Samuel Stribley Hope Arrowsmith Paige Bower Jian Chilton Tiahna McIntvre Isabelle Rosalia Rachel Statham Laura Stump Olivia Trueman Tristen Burgess Declan Cowin Aidan Dobbelmann Khvran Ellliott Aiden Warner Zachary Warner Holly Burgess Brianna Goss Annaleigh Lewis Anastasia Raimundo Tara Striblev Ben Colebrook Callum Fare Joshua Giangiulio Seb Hardie Nicolas Marcar Riley McFarlane Ella Dodds Kheirra Ellliott Emma Ferguson Bailey Allen Mitchell Bostock Myles Byng Callum Quaresimin Paul Stervaggi







CENTRE RECORDS

These records can only be broken or set by registered Belmont Little Athletics Centre athletes. The records may be broken or set at any time throughout the season including Centre Championships and invitational days.

CENTRE CHAMPIONSHIP RECORDS

These records can only be set by Belmont athletes competing at Belmont Centre Championship competition. If an athlete's result also betters the Belmont Centre record, then the athlete sets both records.

OPEN RECORDS

These records can be broken by visiting athletes at any competition day during the regular season. Belmont athletes can break these records on invitational days only. Inaugural records may only be set if the result betters the current Centre Record for that event,

PLEASE NOTE: Records are current at time of printing. Official records are kept by the Records and Rankings Officer. Any records broken are subject to official confirmation by the Chief Track and Field Umpires and/or Chief Timekeeper in consultation with the Records and Rankings Officer.

RECORDS (BOYS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	OPEN RECORD HOLDER	OPEN RECORD	OPEN RECORD YEAR			
U06	T. HARRIS	12.74	2016	T. HARRIS	12.74	2016	I					
U07	M. VLAHOV	11.20		M. VLAHOV	11.20	1988						
U08	C. O'HELLO	10.80		D. DEVAURNO	10.90	1976	M. HOWAT (KSY)	10.40	1985			
U09	J. CLAITE	10.10		J. CLAITE	10.10	1976	P. HICKEY (BEL)	10.10	1985			
U10	J. CLAITE P. HODGSON	10.00	1977 1980	J. CLAITE	10.00	1977	T. THORET (BEE)	10.10	1300			
	100M											
U06	J. DEMANSER	18.29	2019	J. DEMANSER	18.29	2019	C. HODGKINSON (BEL)	19.31	2015			
U07	M. VLAHOV	15.87	1988	M. VLAHOV	15.87	1988						
U08	J. CLAITE	14.80	1975	J. CLAITE	14.80	1975	J. CLAITE (BEL)	14.60	1975			
U09	C. VLAHOV	14.28	1988	R. DOYLE	14.32	2005	D. DEWITT (HAM)	14.40	1978			
U10	C. HAWKSWORTH	13.59		M. ROWE	13.86	2005	J. CLAITE (BEL)	13.80	1977			
U11	M. ROWE	13.47		M. ROWE	13.47	2006	D. LINES (MEL)	13.70	1973			
U12	A. VARGIOLU	12.81		A. VARGIOLU	12.92	2014	A. WATSON (BEL)	12.80	1977			
U13	M. WEBBER	11.84		M. WEBBER	12.14	1999	A. WONG (MEL)	11.85	1988			
U14	T. MITCHELL	11.86		S. BOYLE	12.08	1999	H. NGUYEN (KSY)	11.55	1988			
U15	T. HUNTER	11.32		S. TURCO	11.44	1993	S. MICHAEL (MEL)	11.50	1988			
U16	M. CARCIONE	11.25		C. LUCKENS	11.43	2000						
U17	A. SAMPEY	10.91	2000	A. SAMPEY	10.91	2000			\perp			
				200N	-							
U06	J. DEMANSER	39.11		J. DEMANSER	39.11	2019	M. JANSUK (BEL)	43.12	2017			
U07	M. VLAHOV	34.41		T. MCGRATH	35.17	2015						
U08	J. CLAITE	31.00		J. CLAITE	31.00	1975	J. CLAITE (BEL)	31.10	1975			
U09	G. DOWDING J. CLAITE	30.30	1972 1976	J. CLAITE	30.30	1976	B. O'SULLIVAN (HAM)	31.94	2017			
U10	J. CLAITE	29.10		T. MCMILLAN	29.82	1985	S. LENNON (S.D)	27.90	1983			
U11	E. SMITH	28.00		E. SMITH	28.00	1976						
U12	T. MARTIN	26.20		A. VARGIOLU	27.28	2014						
U13	A. VARGIOLU	25.07		A. VARGIOLU	25.07	2015			$oxed{oxed}$			
U14	A. SAMPEY	24.72		A. SAMPEY	24.72	1997						
U15	T. HUNTER	22.79		T. HUNTER	22.79	1996	J. TEAGUE (GOS)	23.74	2017			
U16	S. NORMAN	23.45		S. NORMAN	23.55	2017						
U17	S. NORMAN	22.61	2018	A. SAMPEY	22.70	2000						

				300N	/				
U06	J. DEMANSER	1:06.26	2019	J. DEMANSER	1:06.26	2019	C. HODGKINSON (BEL)	1:06.56	2015
U07	T. MCGRATH	57.99	2015	T. MCGRATH	57.99	2015	J. ARTEMIS (BAL)	59.13	2015
				400N	1				
U09	N. MARTIN	1:15.87	2018	C. EMSLIE	1:17.99	2012	B. O'SULLIVAN (HAM)	1:14.40	2017
U10	J. CLAITE	1:06.20	1977	J. CLAITE	1:08.00	1977			
U11	N. HARMAN E. SMITH	1:04.40	1972 1976	E. SMITH	1:04.40	1976			
U12	T. MARTIN	1:00.70	1973	B. RENTON	1:01.10	1977			
U13	B. RENTON	57.30	1978	B. RENTON	57.30	1978	B. RENTON (BEL)	57.50	1978
U14	A. SAMPEY	55.39	1997	A. SAMPEY	55.39	1997	J. YORK (BEL)	57.44	1991
U15	S. BOYLE	53.93	2000	A. SAMPEY	54.39	1998	R. JOHNSON (S.D)	53.42	1988
U16	S. BOYLE	53.53	2001	A. SAMPEY	53.66	1999			
U17	A. SAMPEY	51.80	2000	A. SAMPEY	51.80	2000			
				500N	/				
U08	M. JANSUK	1:44.09	2019	M. JANSUK	1:44.09	2019			
				800N					
U09	B. JARVIS	2:48.75			2:48.75	1996			
U10	A. HALL	2:33.66	1991	A. HALL	2:33.66	1991			
U11	S. BUIST	2:30.60	1971	B. RENTON J. BRNICH	2:31.40	1976 1978			
U12	B. RENTON	2:19.20	1977	B. RENTON	2:19.20	1977	C. MASTEN (S.D)	2:12.29	2001
U13	B. RENTON	2:14.30	1978	B. RENTON	2:14.30	1978			
U14	P. STERVAGGI	2:10.00	2016	M. MCDOWALL	2:13.70	1995	B. SKINNER (BEL)	2:13.66	1991
U15	T. BLAKE	2:04.95	1985	T. BLAKE	2:04.95	1985			
U16	N. MORRIS	2:09.13	2017	N. MORRIS	2:09.74	2017	D. STEER (BEL)	2:17.80	2000
U17	C. DALE	2:03.94	2008	N. MORRIS	2:07.80	2018			
				1500	M				
U11	J. BRNICH	5:05.20	1978	N. HARMAN J. BRNICH	5:10.10	1972 1978	N. HARMAN (BEL)	5:11.10	1972
U12	B. RENTON	4:49.00	1977	A. HOUSTON	4:58.11	1987			
U13	B. RENTON	4:40.70	1978	B. RENTON	4:44.90	1978	B. RENTON (BEL)	4:41.10	1978
U14	B. SKINNER	4:31.81	1991	A. HOUSTON	4:38.28	1989	D. SPIERS (HAM)	4:23.80	1984
U15	J. WIEBRECHT	4:24.20	1985	J. WIEBRECHT	4:24.20	1985			
U16	L. TYSON	4:40.75	2015	L. TYSON	4:40.75	2015	D. BAILEY (MEL)	4:24.09	2019
U17	C. DALE	4:17.61	2008	P. STERVAGGI	4:32.39	2019			
				700M W <i>A</i>	ALKS				
U09	S. FRASER L. FERGUSON	4:02.00	1977 1983	L. FERGUSON	4:02.00	1983	S. BRENNAN (ING)	3:47.60	1980
				1100M W	ALKS				
U10	J. WESTWOOD	6:21.39	1996	J. WESTWOOD	6:21.39	1996	M. LEASK (BAY)	6:18.41	1999
U11	J. HALL	6:04.41	2013	J. HALL	6:04.41	2013	A. KOROL (BEL)	7:00.03	1998
				1500M W	ALKS				
U12	L. FERGUSON	7:26.93	1986	B. HORE	7:43.39	1987	J. LEEFLANG (HAM)	7:33.70	1979
U13	R. CROCKETT	7:20.00		L. FERGUSON	7:20.89	1987	R. CROCKETT (BEL)	7:16.30	1980
U14	B. HORE	7:03.73	1989	B. HORE	7:03.73	1989	B. HORE (BEL)	7:13.57	1989
U15	B. HORE	6:24.65	1990	B. HORE	6:24.65	1990	B. HORE (BEL)	6:50.59	1990
U16	Z. PARTINGTON	6:33.44	2011	Z. PARTINGTON	7:31.13	2011			
U17	B. GRAY	6:54.87	2017	B. GRAY	6:54.87	2017			
				60M HUR	DLES				
U06 (MINI)	T. HARRIS	11.47	2016	T. HARRIS	11.47	2016			
U07 (MINI)	C. HODGKINSON T. HARRIS	11.09	2016 2017	C. HODGKINSON	11.09	2016			
U08	R. DOYLE	10.94	2004	R. DOYLE	10.94	2004			
U09	R. DOYLE	10.35	2005	L. MURTAGH	10.74	2007			
U10	R. DOYLE	10.54	2006	R. DOYLE	10.54	2006	M. LEASK (BAY)	10.62	1999
U11*	D. PETTS	9.91	2006	D. PETTS	10.01	2006			
	A. VARGIOLU	9.34		A. VARGIOLU	9.55	2014			

				80M HUR	DLES				
U11	T. WEBB	13.92	2019	T. WEBB	13.92	2019			
U12	S. TSHIDIBU	13.81	2019	S. TSHIDIBU	14.76	2019			
U13	A. VARGIOLU	12.26	2015	A. VARGIOLU	12.26	2015			
				90M HUR	DLES				
U14	C. LUCKENS	12.94	1998	C. LUCKENS	12.94	1998			
				100M HUR	DLES				
U15	A. SAMPEY	13.46	1998	A. SAMPEY	13.46	1998	D. PARANAWITANE (BAY)	13.75	1992
U16	S. FARE	13.26	2013	S. NORMAN	13.53	2017			
				110M HUR	DLES				
U17	B. ALLEN	14.43	2019	S. NORMAN	14.71	2018	D. O'BRIEN (GOS)	15.25	2013
				200M HUR	DLES				
U13	A. VARGIOLU	26.38	2015	A. VARGIOLU	26.38	2015	M. WEBBER (BEL)	28.38	1999
U14	S. NORMAN	27.35	2015	S. NORMAN	27.35	2015			
				300M HUR	DLES				
U15	S. NORMAN	41.66	2016	B. COLEBROOK	42.91	2018			
U16	S. NORMAN	40.86	2017	S. NORMAN	41.85	2017	C. CULLEN (GOS)	41.60	2016
U17	S. NORMAN	39.25	2018	S. NORMAN	39.25	2018			
				HIGH JUMP (S		·			
U9	T. HARRIS	1.13		T. HARRIS	1.13	2019			
U10	C. HALL O. MCMANUS	1.23	2003 2017	S. TSHIDIBU	1.22	2017			
				HIGH JUMP (F	OSBURY	()			
U11	S. TSHIDIBU	1.48	2018	S. TSHIDIBU	1.45	2018			\Box
U12	S. ANDERSON	1.58	1989	S. ANDERSON	1.56	1989			
U13	S. ANDERSON	1.67	1990	M. ALLEN	1.57	1979			
013	S. ANDERSON	1.07	1990	B. NETHERWAY	1.57	1985			
U14	S. ANDERSON	1.77	1991	S. ANDERSON	1.77	1991	D. GABY (E.G)	1.70	1987
U15	B. ALLEN	1.82	2017	T. BURGESS	1.80	2019			
U16	B. ALLEN	1.92	2018	B. ALLEN	1.86	2018			
				T HILDITCH F HARDCASTLE-					
U17	B. ALLEN	1.95	2019	SHARP	1.78	2018	D. O'BRIEN (GOS)	1.90	2013
				LONG JUMP (
U06	Y. KASSEM	2.91		Y. KASSEM	2.91	2002	B. WEDGE (BEL)	2.15	2000
U07	E. GENTRY	3.29		V. ELLIOTT	3.23	1986			
U08	A. HAROLD	3.73	1998	A. HAROLD	3.73	1998			
				LONG JUMP (
U09	P. LEWKOWSKI	4.40		H. EDWARDS	3.99	2009	G. HOOD (BEL)	4.08	1972
U10	M. MCDOWALL	4.47	1991	M. MCDOWALL	4.47	1991	I. ETIM (DL)	4.59	2019
	Ta			LONG JUMP			I		1
U11	C. STEEN	4.31		K. MCKEOWN	4.15	2015	J. EDDINGTON (GOS)	4.45	2017
U12	S. TSHIDIBU	4.66		K. IRVINE	4.65	2017			1070
U13	A. VARGIOLU	5.69		A. VARGIOLU	5.69	2015	A. WONG (MEL)	5.79	1978
U14	S. BOYLE	6.09		S. BOYLE	6.09	1999	A. VARGIOLU (S.D)	5.87	2016
U15	A. SAMPEY	6.48		A. SAMPEY	6.23	1998	J. TEAGUE (GOS)	6.24	2017
U16	S. NORMAN	6.34		S. NORMAN	6.29	2017	C NORMAN (BEL)	0.75	2010
U17	S. NORMAN	6.75	2018	A. SAMPEY	6.73	2000	S. NORMAN (BEL)	6.75	2018
1144	C STEEN	0.05	2040	TRIPLE JUMP					-
U11	C. STEEN	9.05		S. TSHIDIBU	8.98	2018	L HALF (000)	0.44	2046
U12	S. TSHIDIBU S. DENNON	9.89		S. TSHIDIBU B. MCINERNEY	9.60	2019 2008	J. HALE (GOS)	9.41	2016
U13 U14	P. BEATTIE	11.17		P. BEATTIE	11.14 11.93	1997	J. TEAGUE (GOS)	11.87	2016
U15	A. SAMPEY	12.65		A. SAMPEY	12.57	1997	J. TEAGUE (GUS)	11.07	2010
U16	B. CASTLE	13.18		B. CASTLE	12.57	1998			\vdash
U17	S. NORMAN	13.10		S. NORMAN	13.39	2018	D. O'BRIEN (GOS)	12.83	2013
017	3. NURIVIAIN	13.02	2010	J. NURIVIAIN	13.38	2010	D. OBRIEN (GOS)	12.03	12013

				DISCU	JS				
U06 (350g)	C. HODGKINSON	12.42	2015	C. HODGKINSON	12.42	2015			
U07 (350g)	A. ARCHER	19.08	2013	M. BOYLE	17.73	1999			
U08 (500g)	M. O'HELLO	23.14	1977	M. O'HELLO	23.14	1977	S. CANNON (BEL)	22.42	1973
U09 (500g)	E. CARROLL	28.30	1973	D. TAYLOR	27.92	1983	B. FRANCIS (BEL)	26.18	1979
U10 (500g)	D. OGG	33.67	1977	D. OGG	33.67	1977			
U11 (500g)	T. WILSON	33.54	2019	T. WILSON	33.54	2019			
U11 (750g)*	D. MILLAR	31.46	1970	J. MAGDIC	30.18	1996			
U12 (750g)	D. OGG	36.92	1979	D. OGG	36.92	1979	D. OAKES (MID)	36.22	1989
U13 (750g)	D. OGG	46.36	1980	D. OGG	46.36	1980	D. OGG (BEL)	43.64	1980
U14 (1kg)	T. ABREU	49.69	1999	A. FREW	45.00	1986	G. BIRD (BEL)	44.96	1985
U15 (1kg)	P. SARICH	51.90	1993	A. FREW	49.74	1987			
U16 (1kg)	T. HILDITCH	45.34	2017	A. HILDITCH	43.61	2016			
U17 (1.5kg)	S. LUCKENS	39.56	2000	C. LUCKENS	38.34	2001			
				JAVELIN (V	ORTEX)				
U06	C. INGLETON	21.90	2015	C. INGLETON	21.90	2015			
U07	T. MCGRATH	26.33	2015	T. MCGRATH	26.33	2015			
				JAVELIN (1	TURBO)				
U8 (300g)	J. ROADS	23.95	2012	J. ROADS	23.95	2012			
U9 (300g)	C. VINCI	28.05	2008	C. VINCI	22.68	2008	D. WILLIAMSON (E.H)	26.29	2000
U10 (300g)	A. CLAYTON	28.30	2019	A. CLAYTON	28.30	2019	S. OKOLIE (ROC)	27.21	2017
				JAVEL	.IN				
U11 (400g)	J. MAGDIC	37.32	1996	N. ROACH	37.10	1988			
U12 (400g)	T. ABREU	42.94	1997	S. LUCKENS	40.17	1995	S. CUMMINGS (BEL)	38.41	1985
U13 (600g)	D. OGG	44.86	1980	D. OGG	44.86	1980	A. FREW (BEL)	42.60	1985
U14 (600g)	S. LUCKENS	52.20	1997	A. FREW	51.56	1986	D. MILBURN (BEL)	44.62	1989
U15 (700g)	T. HILDITCH	46.02	2016	D. COWIN	44.51	2019	S. AMATO (GOS)	37.41	2016
U16 (700g)	T. HILDITCH	49.70	2017	T. HILDITCH	49.70	2017			
U17 (700g)	T. HILDITCH	60.54	2018	T. HILDITCH	60.54	2018	D. O'BRIEN (GOS)	43.31	2013
				SHOT F	PUT				
U06 (1kg)	K. RAFFERTY	5.30	2012	K. RAFFERTY	5.30	2012	J. SANJURJO (GOS)	5.46	2015
U07 (1kg)	C. INGLETON	6.63	2016	H. TOLLIDAY	6.44	2014			
U08 (1.5kg)	M. VLAHOV	7.55	1989	J. ROADS	7.47	2012			
U09 (2kg)	D. TAYLOR J. MAGDIC	9.14		D. TAYLOR J. MAGDIC	9.14	1983 1994	O. SIO (DALE)	8.52	2018
U10 (2kg)	J. MAGDIC	10.50	1995	J. MAGDIC	10.50	1995			
U11 (2kg)	J. MAGDIC	10.98		J. MAGDIC	10.74	1996			
U12 (2kg)	S. TSHIDIBU	10.86	2019	S. TSHIDIBU	10.03	2019	S. TSHIDIBU (BEL)	10.86	2019
U12 (3kg)*	T. ABREU	10.67	1997	T. ABREU	10.67	1997	P. SARICH (MID)	11.21	1990
U13 (3kg)	S. LUCKENS	13.96	1996	S. LUCKENS	13.96	1996	T. KEELEY (KSY)	12.39	1989
U14 (3kg)	T. BURGESS	14.55	2018	T. BURGESS	14.48	2018	T. BURGESS (BÉL)	14.22	2018
U15 (4kg)	S. LUCKENS	15.33		S. LUCKENS	14.89	1998	C. MARSHALL (S.D)	15.26	1988
U16 (4kg)	S. LUCKENS	14.24		K. WHITEHALL	13.98	2005			
U17 (5kg)	S. LUCKENS	13.67		S. LUCKENS	13.30	2000	Ì		
(5.1.9)									

RECORDS (GIRLS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	OPEN RECORD HOLDER	OPEN RECORD	OPEN RECORD YEAR
				70M					
U06	A. PILLERA	13.55		T. UNGER	13.67		B. HODGE (BEL)	13.64	2000
U07	A. O'FLANAGAN	11.63		A. O'FLANAGAN	11.63	1987			
U08	A. FULTON	10.90		A. FULTON	10.90	1977			
U09	A. O'FLANAGAN	10.62	1989	A. O'FLANAGAN	10.62	1989			
U10	A. O'FLANAGAN	10.18	1990	T. HEYS T. SCAMUFFO J. THOMPSON N. ELLISON	10.30	1977 1978 1980 1994			
				100M					
U06	O. WESTON	19.07		O. WESTON	19.07	2017			
U07	A. O'FLANAGAN	17.15		A. O'FLANAGAN	17.21	1987			10
U08	T. HEYS	15.40		T. HEYS	15.40		R. STARCEVICH (HAM)	15.50	1978
U09	K. BRYAN	14.70		T. HEYS	15.10	1976	14 MULEEL ED (40) 0	44.00	1000
U10	S. WIJESUNDERA	14.30		S. WIJESUNDERA	14.40	1974	K. WHEELER (KSY)	14.20	1989
U11	D. COPLEN	13.60	1991	M. HOOGENKAMP	13.70	2004			_
U12 U13	S. WIJESUNDERA N. WINNING	13.30 12.40		O. DODDS N. WINNING	13.46 12.40	2017 1980			_
U14	O. DODDS	11.94		L. NIX	13.00	1984	Y. ZAW (S.D)	12.52	2001
U15	L. THORNTON	12.66		M. KOROL	13.11	1999	M. TOBIN (KSY)	12.36	1990
U16	E. DODDS	12.67		A. STATHAM	12.84	2017	S. MILFORD (S.D)	12.66	2001
U17	S. COOTE	12.71		A. STATHAM	13.17	2018	T. MCKEOWN (BEL)	13.79	2015
				200M	10.11		1 (===)		
U06	A. PILLERA	42.17	2017	A. PILLERA	42.17	2017	F. JOSE (BEL)	45.30	1999
U07	A. O'FLANAGAN	35.81	1987	A. O'FLANAGAN	35.81	1987			
U08	M. BRIGNOLI	33.00	1970	A. FULTON	33.40	1977	R. STARCEVICH (HAM)	32.10	1978
U09	K. BRYAN	31.10	1973	T. WALSH	32.50	1982			
U10	S. WIJESUNDERA	29.50		S. WIJESUNDERA	30.20	1974	S. WIJESUNDERA (BEL)	30.00	1974
U11	S. WIJESUNDERA	29.00		S. WIJESUNDERA	29.00	1975			
U12	T. WALSH	27.60	1985	T. HEYS	28.10	1979			
U13	N. WINNING	26.90	1980	N. WINNING	26.90	1980			
	T. HEYS			T. HEYS			O DODDE (BEL)	25.00	2019
U14	O. DODDS	25.89		E. BECKFORD	27.41	1996	O. DODDS (BEL)	25.89	2019
U15 U16	L. THORNTON A. STATHAM	26.85 26.61		K. SMETHERHAM A. STATHAM	27.10 26.61	1986 2017			
U17	A. STATHAM	26.53		A. STATHAM	27.22	2017	l		
017	A. OTATTIAW	20.00	2010	300M	21.22	2010	<u>I</u>		
U06	T. D'ALESSIO	1:09.26	2017	T. D'ALESSIO	1:09.26	2017	C. CLARKE (BEL)	1:13.75	2015
U07	S. AJDUK			S. AJDUK	1:02.32		S. AJDUK (BEL)	1:04.31	2015
				400M					
1100	O. TRUEMAN		2014						
U09	C. HAYWARD	1:17.92	2019	C. HAYWARD	1:17.92	2019	<u> </u>		
U10	M. BRIGNOLI	1:08.70		M. BRIGNOLI	1:09.70	1972			
U11	S. WIJESUNDERA	1:06.50		J. GAGLIA	1:07.20		M. FOWLER (MEL)	1:07.20	1973
U12	O. ALLEN	1:04.10		M. BRIGNOLI	1:04.60	1974			
U13	M. BRIGNOLI	1:02.40		N. WINNING	1:02.60	1980	M. BRIGNOLI (BEL)	1:02.00	1975
U14	R. QUARESIMIN	58.86		R. QUARESIMIN	58.86	2014	R. BECKHAM (KSY)	1:01.80	1993
U15	T. WALSH	1:00.95		T. WALSH	1:01.17	1988	T. WALSH (BEL)	59.95	1988
U16	S. COOTE	1:01.23		E. DODDS	1:02.74	2018	O TIDIL (OCC)	1.05.00	0011
U17	A. STATHAM	1:00.80	2018	A. STATHAM 500M	1:01.02	2018	S. TIPU (GOS)	1:05.26	2014
U08	S. AJDUK	1:45.48	2016	A. MARKOVIC	1:47.79	2017			

800M											
U09	C. HAYWARD	2:54.41	2019	C. HAYWARD	2:54.41	2019					
U10	J. SINCLAIR	2:38.71	1989	J. SINCLAIR	2:38.71	1989					
U11	M. BRIGNOLI	2:36.20	1973	M. BRIGNOLI	2:37.70	1973					
U12	M. BRIGNOLI	2:28.00	1974	M. BRIGNOLI	2:32.00	1974					
U13	O. ALLEN	2:25.90	1973	L. STUMP	2:26.55	2017					
U14	E. FERGUSON	2:25.53	2017	E. FERGUSON	2:25.53	2017	A. MILNE (S.D)	2:25.50	1983		
U15	L. STUMP	2:23.08	2019	J. MCSHERRY	2:25.88	1991					
U16	E. HANSEN	2:25.06	2017	E. HANSEN	2:25.06	2017					
U17	A. STATHAM	2:33.25	2018	A. STATHAM	2:33.76	2018					
	1500M										
U11	C.TUNSTALL			M. BRIGNOLI	5:25.90	1973					
U12	C.TUNSTALL	-		M. BRIGNOLI	5:16.50	1974	M. PRESTIDGE (BEL)	5:31.40	1972		
U13	O. ALLEN			M. REDDISH	5:07.40	1975					
U14	L. STUMP			L. STUMP	5:03.66	2018					
U15	L. STUMP	5:10.46		L. STUMP	5:14.92	2019	L. STUMP (BEL)	5:10.46	2019		
U16	E. FERGUSON			E. FERGUSON	5:16.72	2018					
U17	E. FERGUSON	5:25.50	2019	E. FERGUSON	5:32.27	2019	N. YEATS (GOS)	4:55.64	2019		
	_			700M WALK							
U09	R. HENSHALL	3:56.10	2016	R. HENSHALL	3:56.10	2016	N. EDWARDS (HAM)	3:55.90	1980		
				1100M WALK							
U10	H. VANEK			H. VANEK	6:43.97	2013	C. MORTIMORE (GOS)	6:42.39	2016		
U11	A. HENSHALL	6:21.36	2016	H. THOMPSON	6:25.20	2018	A. RODDY (KSY)	6:07.49	2001		
				1500M WALK							
U12	M. MAHER			M. MAHER	8:12.10	1975	P. KENNEDY (KSY)	7:22.20	1980		
U13	C. TUNSTALL	7:14.00		L. ROMEO	8:03.57	1986					
U14	S. ROMEO	7:15.00		L. ROMEO	7:20.23	1987					
U15	L. ROMEO	7:16.88		L. ROMEO	7:17.25	1988					
U16	C. APPELBEE	-		C. APPELBEE	8:49.55	2019	A. PRINGLE (GOS)	8:11.43	2017		
U17	T. MCAULIFFE	9:29.76	2015	T. MCAULIFFE	9:29.76	2015					
				60M HURDLE							
U06 (Mini)	A. PILLERA	12.31		A. MENEHIRA	12.47	2016					
U07 (Mini)	G. BADE	11.97		G. BADE	11.97	2016					
U08	I. ROSALIA	11.67		I. ROSALIA	11.67	2013					
U09	V. GREGORY	11.18		O. TRUEMAN	11.34	2014					
U10	S. VAN BEEK	11.25		S. VAN BEEK	11.25	2018	P. KEELEY (GOS)	11.54	1999		
U11*	O. TRUEMAN	10.52		H. ARCHER	10.74	2013					
U12*	O. TRUEMAN	9.89	2017	J. WARD	10.03	2003	J. WARD (BEL)	10.15	2003		
	I	1		80M HURDLE			1				
U11	S. VAN BEEK	14.34		S. VAN BEEK	14.34	2019					
U12	R. HENSHALL	14.49		R. HENSHALL	14.83	2019					
U13	J. WARD	13.24		J. WARD	13.24	2004					
U14	O. DODDS	12.73	2019	A. GRAYSON	13.39	2007	C. MYBURGH (GOS)	13.32	2016		
1145	In nonno	1 44 40		90M HURDLE		1000	1				
U15	E. DODDS	14.19		K. SMETHERHAM	14.45	1986					
U16	S. STATHAM	13.94	2017	S. STATHAM	13.94	2017					
=	I	1		100M HURDLI			I				
U17	S. STATHAM	15.92	2018	S. STATHAM	16.61	2018	S. TIPU (GOS)	17.56	2014		
200M HURDLES											
U13	O. DODDS	29.96		O. DODDS	30.88	-	S. MIGRO (BAY)	32.57	2000		
U14	O. TRUEMAN	30.24	2018	E. DODDS	31.05	2016	R. MORALES (GOS)	33.71	2016		
300M HURDLES U15 O. TRUEMAN 47.68 2019 O. TRUEMAN 47.68 2019											
U15	O. TRUEMAN	47.68			47.68	2019					
U16	A. STATHAM	47.05		A. STATHAM	47.05	2017					
U17	S. STATHAM	45.66	2018	S. STATHAM	45.66	2018					
HIGH JUMP (SCISSOR)											
U09	R. HENSHALL	1.19		R. HENSHALL	1.16	2016		-			
U10	R. HENSHALL	1.24	2017	R. HENSHALL	1.24	2017	<u> </u>				

				HIGH JUMP (FOS	BURY)					
U11	R. HENSHALL	1.50	2018	C. BOYANICH	1.49	1994				
U12	R. HENSHALL	1.56		R. HENSHALL	1.56	2019				
U13	C. BOYANICH	1.65		C. BOYANICH	1.65		K. BILLING (PEEL)	1.50	2016	
U14	C. BOYANICH	1.72		C. BOYANICH	1.72	1997	, a 5,22,110 (1 222)	1100	20.0	
U15	C. BOYANICH	1.70		C. BOYANICH	1.60	1998				
U16	A, LEWIS	1,59		A, LEWIS	1,59	2019	J. HOGEN-ESCH (BEL)	1.40	1998	
							R. COLLYER (BEL)		2010	
U17	R. QUARESIMIN	1.54	2017	R. QUARESIMIN	1.54	2017	A. SHARP (BAY)	1.40	2013	
LONG JUMP 1m ² MAT										
U06	R. BOYANICH	2.65		A. PILLERA	2.35	2017				
U07	A. O'FLANAGAN	2.99		C. SIMPKINS	2.92	-	K. BHANGU (KSY)	3.31	2019	
U08 A. MARKOVIC 3.60 2017 S. WIJESUNDERA 3.42 1972										
LONG JUMP ½ m MAT										
U09	A. FULTON	3.85		A. APENIS	3.84		P. ROPER (E.H)	4.02	1972	
U10	S. WIJESUNDERA	4.21	1974	M. BRIGNOLI	4.17	1972				
				LONG JUMP BC						
				O. DODDS	4.10	2016				
U11	O. TRUEMAN	4.27	2016	O. TRUEMAN B. BELL	4.10	2019	O. TRUEMAN (BEL)	4.27	2016	
U12	O. TRUEMAN	4.60	2017	C. TRUEMAN	4,11	2019				
U13	J. TAPUTORO	4.94		T. HEYS	4.89		M. PEDROTTI (BAY)	4.97	1991	
U14	J. CASEY	5.18		J. CASEY	5.18	1992	J. RICHARDSON (BAY)	4.79	1993	
U15	C. PALMER	5.04		C. PALMER	5.04		L. POOTER (KSY)	5.06	1990	
U16	S. COOTE	5.12		E. DODDS	5.01		J. HOGEN-ESCH (BEL)	4.79	1998	
U17	S. COOTE	5.28		A. STATHAM	5.03		F. DUNCAN (BEL)	4.40	1998	
017	3. COOTE	5.20	2010	TRIPLE JUMP (B)		2010	F. DUNCAN (BEL)	4.40	1990	
1144	D LIENOUALI	0.70	0040			2016				
U11	R. HENSHALL	8.79		O. TRUEMAN	8.52		O TRUENAN (REL)	0.70	0047	
U12	O. TRUEMAN	9.76		A. HENSHALL	9.26	2017	O. TRUEMAN (BEL)	9.76	2017	
U13	J. TAPUTORO	10.49		S. GILFILLAN	10.20	1973	L OAGEN (BEL)	40.50	1000	
U14	S. COOTE	10.90		N. PARKER	10.78		J. CASEY (BEL)	10.53	1992	
U15	S. COOTE	10.84		C. PALMER	10.57		C. PALMER (BEL)	10.31	1985	
U16	S. COOTE	10.80		S. COOTE	10.64		A. SHARP (BAY)	10.51	2012	
U17	S. COOTE	11.56	2016	S. STATHAM	10.57	2018	S. COOTE (BEL)	11.56	2016	
1100 (050)	D DOVANIOU	40.00	1000	DISCUS	0.54	0004				
U06 (350g)	R. BOYANICH	10.90		S. MAHER	9.54	2001	17 BHANGH (170)()	45.70	0040	
U07 (350g)	A. BELL	13.77		L. CASTLE	13.74	1992	K. BHANGU (KSY)	15.76	2019	
U08 (500g)	V. FRENCH	21.95		A. ROBINSON	20.86	1977	V. FRENCH (BEL)	18.70	1977	
U09 (500g)	V. FRENCH	28.91		V. FRENCH	25.77	1978			-	
U10 (500g)	V. FRENCH	30.12		V. FRENCH	30.12	1979	O MAN DEEK (DEL)	07.00	0040	
U11 (500g)	S. VAN BEEK	33.06		S. VAN BEEK	33.06		S. VAN BEEK (BEL)	27.30	2019	
U11 (750g)*	V. FRENCH	31.18		V. FRENCH	31.18	1980	\	00 =0	1001	
U12 (750g)	V. FRENCH	38.78		V. FRENCH	37.96	1981	V. FRENCH (BEL)	36.72	1981	
U13 (750g)	V. FRENCH	41.30		V. FRENCH	41.30	-	R. HUME (S.D)	40.21	1988	
U14 (1kg)	T. MCAULIFFE	24.87		T. MCAULIFFE	24.87	2012	J. SIVIOUR (S.D)	30.25	2012	
U15 (1kg)	P. BOWER	28.48		P. BOWER	28.48	2019			\vdash	
U16 (1kg)	T. MCAULIFFE	32.66		T. MCAULIFFE	32.66	2014				
U17 (1kg)	T. MCAULIFFE	33.23	2015	T. MCAULIFFE	30.81	2015	J. NASH (GOS)	29.35	2013	
		40	00:-	JAVELIN (VOR		l oc :-	1			
U06	M.VAN DER TOGT	10.61		M. VAN DER TOGT	10.61	2017	IZ BUANOU (COS)	04.55	0015	
U07	A. BELL	21.16	2018	A. BELL	21.16	2018	K. BHANGU (KSY)	24.67	2019	
JAVELIN (TURBO)										
U08 (300g)	A. BELL	17,38	2010	A, BELL	17,38	2019	R. WIHONE-MACKEY (GOS)	16.04	2014	
U09 (300g)	S. AJDUK	19.67		S. AJDUK	19.67	2013	M. SANJURJO (GOS)	17.75	2014	
U10 (300g)	R. HENSHALL	22.50		R. HENSHALL	21.40	2017	IVI. OAINOUNOU (GOO)	17.73	2014	
0 10 (300g)	IN. HENOHALL	22.00	2017	IN. HENOTALL	21.40	2017				

JAVELIN									
U11 (400g)	V. FRENCH	31.50	1980	V. FRENCH	31.50	1980	V. FRENCH (BEL)	30.72	1980
U12 (400g)	V. FRENCH	39.52	1981	V. FRENCH	39.52	1981	V. FRENCH (BEL)	36.70	1981
U13 (400g)	J. DAVIES	32.01	2008	J. DAVIES	32.01	2008			
U14 (400g)	T. STRIBLEY	33.80	2017	T. STRIBLEY	32.30	2017	T. STRIBLEY (BEL)	33.80	2017
U15 (500g)	P. BOWER	34.34	2019	P. BOWER	33.61	2019			
U16 (500g)	T. MCAULIFFE	40.25	2014	T. MCAULIFFE	40.25	2014			
U17 (500g)	T. MCAULIFFE	40.47	2015	T. MCAULIFFE	39.12	2015	T. ORRELL (GOS)	27.95	2014
SHOT PUT									
U06 (1kg)	S. DANGERFIELD	3.89	2017	S. DANGERFIELD	3.89	2017			
U07 (1kg)	A. BELL	5.42	2018	A. BELL	4.94	2018			
U08 (1.5kg)	R. BOYANICH	6.83	2001	A. BELL	6.30	2019	D. WORRAD (HAM)	6.92	2017
U09 (2kg)	V. FRENCH	8.76	1978	V. FRENCH	8.76	1978	V. FRENCH (BEL)	8.07	1978
U10 (2kg)	V. FRENCH	9.36	1979	V. FRENCH	9.04	1979	M. WARD (CBN)	9.54	2007
U11 (2kg)	V. FRENCH	11.46	1980	V. FRENCH	11.14	1980			
U12 (2kg)	V. FRENCH	13.57	1981	V. FRENCH	13.27	1981	N. KEELEY (KSY)	10.19	1985
U13 (3kg)	V. FRENCH	12.41	1982	V. FRENCH	12.41	1982	R. HUME (S.D)	11.33	1988
U14 (3kg)	V. FRENCH	13.71	1983	V. FRENCH	13.71	1983	A. SUTTON (KSY)	10.31	1988
U15 (3kg)	C. PALMER	13.92	1985	C. PALMER	13.56	1985			
U16 (3kg)	T. MCAULIFFE	11.75	2014	T. MCAULIFFE	11.15	2014			
U17 (3kg)	T. MCAULIFFE	12.50	2015	T. MCAULIFFE	12.50	2015	J. NASH (GOS)	12.50	2013



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