



EST. 1970

2019-2020 OFFICIAL YEAR BOOK

Belmont Little Athletics Centre Inc.

50th Anniversary Edition

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OPENING MESSAGE FROM THE EXECUTIVE COMMITTEE

The Executive Committee would like to welcome all the athletes and parents taking part in what is Belmont Little Athletics Centre's 50th season. This is a momentous year for us and we can't wait to celebrate it with you all.

If you are new to athletics, this book contains plenty of useful information about our sport and centre. If you can't find the information you are looking for then please ask your Club Manager.

Little Athletics is about family, fun, fitness, and doing your best. We have boys and girls of all ages and sporting abilities at our Centre, and by accepting these values we can all support the young athletes as they celebrate their success and encourage them to achieve their personal goals. One of the most rewarding sights is the way athletes respond as they are cheered and encouraged down the finishing straight. It is a great reminder of why we are all here and creates a great sense of community and belonging within our centre. At Belmont we encourage our athletes to always strive to improve their personal performance week in and week out during our Saturday competition.

At the same time we have a duty to coach and develop the athletes so that when they go to State events they understand the rules of the sport. These rules are backed up with the codes of conduct for athletes and parents published in this book. Please take the time to read and understand them.

As everyone involved with the centre, from the executive committee, to site officials and coaches are all volunteers, we ask that everyone remembers and respects that they are parents doing their best. Running the sites each week is not an easy role, however we are all here to support each other in providing the athletes with a safe, encouraging and fun environment. The officials deserve our respect, understanding and support. We encourage everyone to consider becoming an official, it is a great way to be close to the action, and without officials there is no Centre.

We would like to encourage everybody at Belmont to be their best, respect the people and property of the Centre and be conscious of promoting the enjoyment of Little Athletics for everyone.

There are many ways to help:

- Arriving early to sign on, if on roster and or help with setup, even if you aren't rostered on, you can always help with setting up or packing away, no volunteers are ever turned away.
- Cleaning up your Club area or anywhere in fact at the end of the day, we don't have cleaners coming by to tidy up after you and your children.
- Learning the rules of the events and even sitting your Level D or C exams and becoming an official yourself.

All the little things add up to make Belmont Little Athletics Centre a pleasant place to be over summer.

Welcome back to Belmont Little Athletics, or welcome for the first time. We wish everyone a successful and enjoyable season.

BLAC Executive Committee



LITTLE ATHLETICS IN AUSTRALIA

Nationally the Little Athletics governing body is Australian Little Athletics (ALA). ALA comprises of a Board of Management elected from nominations submitted by the State Associations. ALA is responsible for establishing national policies and sponsorship of the sport.

Little Athletics Western Australia (LAWA) is the State Association and is managed by a Board of Management elected by the affiliated Little Athletics Centres. LAWA's responsibilities include organising State events and Championships, obtaining sponsorship and government support, providing administrative support for affiliated Centres as well as education and assistance for coaches and officials.

The Centres, such as Belmont Little Athletics Centre (BLAC), organise weekly competitions for athletes in their geographical area. Volunteer Executive Committee members are elected at an AGM by members of the affiliated Clubs to manage the Centre. Centres are grouped into regional Zones and compete annually at an Inter-Centre competition (called Zones) which is organised by a Zone Committee elected by the Centres within each Zone. Through this competition, athletes qualify to compete at the State Track & Field Championships.

Clubs affiliate with their local Centre and organise training sessions for the athletes registered with them, as well as keep the athletes informed of upcoming events. The Clubs meet weekly to compete at the Centre in programmed track and field competition. The Club Committees are volunteer parents who are elected by the members from within their Club.

More information can be obtained by visiting the Belmont Little Athletics Centre website at www.blac.asn.au or the LAWA website at www.walittleathletics.com.au

BELMONT LITTLE ATHLETICS CENTRE AFFILIATED CLUBS

CLUB	CLUB COLOURS	CLUB CONTACT	
Carlisle/Rivervale	Red/Green / Black	Veronica Webb	crlacsecretary@tomandvez.com
Forrestfield	White/Red / Black	Brett Myles	forrestfieldlittleathletics@gmail.com
High Wycombe	Blue/White / Black	Khayla Elliott	khayla.elliott@gmail.com
Kalamunda/Lesmurdie	Lime Green / Black	Sarah Greenway	klac@hotmail.com
Kewdale	Gold/White / Black	Emma Richmond	secretary@klac.asn.au
Victoria Park	Orange/White / Black	Tanya Llorens	vplacreg@gmail.com
Kelmscott	Navy / Teal / White / Black	Joanne Richardson	kelmscottathleticsclub@outlook.com.au

BELMONT LITTLE ATHLETICS CENTRE IS PROUDLY AFFILIATED WITH LITTLE ATHLETICS WESTERN AUSTRALIA



Address: 15 Harrogate Street, Leederville 6007
Telephone: (08) 9388 2339
Facsimile: (08) 9388 2340
Email: admin@walittleathletics.com.au



BLAC INC. EXECUTIVE COMMITTEE

Centre President	Nathan Cunningham	nathanblacpres@gmail.com
Executive Officer	Jacki Walters	blacexecutiveofficer@gmail.com
Treasurer	Jo Richardson	blactreasurer@hotmail.com
Registrar	Natalie Nanut	blacregistrar1@gmail.com
Arena Manager	John Ferguson	kjferguson@optusnet.com.au
Championship and Special Events Coordinator	VACANT	
Officials Coordinator	Bronwyn Ife	bronwyn.ife@inet.net.au
Coaching Coordinator	Allan Kelly	alkdelta7@live.com.au
Records and Ranking Officer	Kira Armstrong	kira.armstrong.85@gmail.com
Chief Field Umpire	Leo Quaresimin	leoq@consolidatedenergy.com.au
Chief Track Umpire	Sam Craven	samcraven61@hotmail.com
Publicity Officer	VACANT	

BLAC INC. NON-EXECUTIVE OFFICE BEARERS

Equipment Officer	Shared	Nathan, John & Leo
Canteen Manager	Jo Richardson	jojo77@outlook.com.au
Winter Officer (2020)	John Ferguson	winter@blac.asn.au
First Aid Coordinator	VACANT	
Announcer	Allan Kelly	
Website Administrator	Jo Richardson	webmaster@blac.asn.au
Centre Delegates to LAWA	Nathan Cunningham Kira Armstrong	Proxy: Jo Richardson

A NOTE OF THANKS:

We would like to thank the **City of Belmont** for their continuing support of Belmont Little Athletics Centre and would ask that all BLAC Members please respect the grounds and facilities at Gerry Archer Athletic Track so that athletes and supporters can enjoy the best environment possible.

PLEASE NOTE:

In the interests of pedestrian safety, cars are not permitted inside the entrance gates. Only vehicles displaying a valid ACROD permit may use the designated disabled parking zone. Please be aware of athletes while entering and leaving the car-park.

We would also like to remind all members that skateboards, scooters, roller-blades and roller-skates are prohibited from use anywhere within the arena or car park for the safety of all members.

**GERRY ARCHER ATHLETICS TRACK IS A SMOKE-FREE VENUE**

Smoking is not permitted anywhere within the arena or 10m of any entry/exit gates during competition days, centre training or any other BLAC function or activity.

All venues and events are also alcohol-free.

BELMONT LITTLE ATHLETICS CENTRE LIFE MEMBERS

1977 Joy Hardman	1985 Frances French	1997 Rob Bowen	2013 Catherine Geneste
1980 Roy Cannon	1987 Lesley Romeo	1997 Jill McIntosh	2014 Cheryl Short
1980 Margaret Harman	1992 John Milburn	1998 John Fouweather	2014 Glenn Bartlett
1980 Noelene MacKenzie	1993 Bev Frost	2001 Trish Gunn	2016 Michael Munro
1980 Verna Mason	1993 John Marsh	2004 Craig Middleton-White	2018 Janet Milne
1980 Wendy Murray	1994 Ron Hardman (dec.)	2007 Georgie Boyle	2018 Jim Farr
1983 Merle Carter (dec.)	1996 Anne Redmond	2007 David Jarvis	
1983 Mavis Lee	1996 Peter Redmond (dec.)	2009 Toni Clarke	
1984 Tony Salmon	1996 Kryns Roberts	2010 Kevin Kentish	
1985 Jean Crockett	1996 Neil Roberts		

BELMONT LITTLE ATHLETICS CENTRE PATRONS

2009 Mr. Fred Rae	2010 Mr. Eric Ripper	2011 Mr. Eric Ripper	2012 Mr. Eric Ripper
2014 Mrs Glenys Godfrey	2015 Mrs Glenys Godfrey	2016 Mrs Glenys Godfrey	2017 Ms Cassie Rowe
2018 Ms Cassie Rowe	2019 Ms Cassie Rowe		



BILL OF RIGHTS FOR YOUNG ATHLETES

Young athletes have the right to:

- Participate in sport regardless of ability level.
- Proper preparation for participation in the sport.
- Have qualified leadership.
- An equal opportunity to strive for success.
- Participate in a safe and healthy environment.
- Be treated with dignity by all involved.
- Participate as a child and not as an adult.
- Have fun through sport.

PARENTS CODE OF CONDUCT

Parents should:

- Not force an unwilling child to participate in sport.
- Remember that children participate for their own enjoyment, not yours.
- Encourage your child to abide by the rules.
- Teach your child that honest effort is as important as victory, so that the result of each event is accepted without undue disappointment.
- Turn defeat into victory by helping your child towards skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing in an event.
- Remember that children learn best by example. Applaud good performances by your own child and by other athletes.
- Not publicly question the official's judgement, and never their honesty.
- Support all efforts to remove verbal and physical abuse from children's sporting activities.
- Recognise the value and importance of volunteer coaches. They give their time and resources to provide recreation activities for your child.

GENERAL RULES OF THE BELMONT LITTLE ATHLETICS CENTRE

1 BEHAVIOUR OF CHILDREN:

- (a) Disciplinary action will be taken against any children who:
 - i. Maliciously damage property or equipment.
 - ii. Give verbal or otherwise abuse to Officials.

2 Clubs and parents are to ensure that children do not:

- (a) Swing on the Double Gates or Turnstiles.
- (b) Climb any fences.
- (c) Go behind the Equipment Shed.
- (d) Wander by themselves in the Car Park.

3 NO ONE is allowed behind any roped off areas without permission.

4 Complaints will not be considered unless the complaint is channelled through a Club Manager to the Arena Manager.

5 Spectators and Athletes must **NOT tamper with the Public Address (PA) System.**

6 Spectators and Athletes must respect each other's Club Area.

7 Adults are to encourage children to look after the toilet facilities, and not to play around with the water fountains.

8 Smoking is prohibited anywhere within the arena.

9 No skate boards, scooters, roller blades, roller skates, etc. are permitted to be used in and around the Centre on competition days. This includes the driveway and car-park areas.

10 Ball games or other activities which may interfere with the running of events or pose a hazard to others are not permitted. Failure to abide by a directive of an Executive Committee Member to cease such activities will result in the equipment being confiscated for the duration of competition.

RULES FOR COMPETITION

1. All athletes must be registered with a Club affiliated with Belmont Little Athletics Centre.
2. All competitors must wear correct Club uniform with their Registration Number securely fastened to the front of their shirt and their Age Tag secured to the front left shoulder. No logos or insignias bigger than 7cm x 5cm are allowed on uniform bottoms. As per LAWA rules, compression pants may be worn under shorts **only** if they are plain black and finish above the knee.
3. Fully enclosed footwear is compulsory for all athletes whilst they are competing on any surface at the Belmont Centre.
4. A competitor may leave a Field event once given permission by the Field Key Official to compete in a track event. On returning to the Field event he or she must resume at the stage the event has reached in their absence.
5. On completion of a Track event athletes must report firstly to the Track Marshalls and then to the Track Recorders to record their results. Once the athlete's result has been recorded they are to return to their Club area.
6. On completion of Field events athletes are to return immediately to their Club area.
7. Protests are to be presented by Club Managers in writing on official protest form to the Arena Manager and must be accompanied by the appropriate fee. The money will be forfeited should the complaint prove frivolous. A Protest Committee will deal with the complaint on the day.
8. Any misbehaviour by a competitor may result in a suspension for a period to be decided by the Executive Committee on the day.
9. Unless competing in an event or acting as an official, **no one** shall be allowed onto the arena or sites whilst events are being conducted. Failure to observe this rule may result in penalties to the Club or the offender. To be decided by the Executive Committee on the day, after completion of the day's program.
10. Athletes & Site Officials must at all times walk around the Track and not across the centre of the Arena.
11. Each affiliated Club will be required to supply officials for each competition day. The number of officials required from each club is calculated on a pro-rata basis, comparing number of athletes within the Club to number of athletes in the Centre as a whole. Officials are to report to the Officials Coordinator where they will sign on.
12. Spikes:
 - Competitors in the U6-U10 age group may not wear spike shoes.
 - Competitors in the U11-U12 age group may wear spike shoes in events run entirely in lanes, long jump and triple jump, high jump and javelin.
 - Competitors in the U13-U17 age group may wear spike shoes in long jump, triple jump, high jump and javelin, and all track events except walks.
 - Spikes must be carried to the start and removed at the end of all events.
13. Programmed events can be amended or cancelled at the discretion of the Arena Manager.
14. Complaints on the day will be referred (via your Club Manager through the Arena Manager) to the following:
 - Track events - CHIEF TRACK UMPIRE
 - Field events - CHIEF FIELD UMPIRE
15. Rules of competition are normally as per I.A.A.F. Rule Book, but modifications may be made for Centre competition.
16. All athletes must at all times have a parent or guardian present. Athletes will be excluded from competition if they do not have a parent or guardian present.

RED CARDS

Red Cards are issued to athletes for breaches of Belmont Little Athletics Centre Rules, particularly *General Rule 1: Behaviour of Children*, and *Rule for Competition 8*, pertaining to misbehaviour and suspension. The site Key Official will give an offending athlete one verbal warning only; a second offence shall result in the issue of a red card. The athlete will be asked to leave the site immediately and report to the Arena Manager. Any points from the site shall be forfeited for the day of the offence.

If an athlete receives a second Red Card on the same day, then the athlete will not be permitted to compete in any further events for that day. Additionally, all points for **all events** earned on the day of the offences shall be forfeited. Any offence may also be investigated and dealt with by the Centre Executive Committee and be subject to further disciplinary action.

RULES FOR B.L.A.C. CENTRE CHAMPIONSHIPS

1. To be eligible for Centre Championships, athletes must have competed in an event at least **three (3) times** at the weekly Inter Club competition.
Exceptions to this rule:
 - a. In the case of illness or injury during the season which prevents the athlete from competing. Club Managers must hand a letter or Doctor's certificate to the Records & Ranking Officer ***at the time of illness or injury***. The Executive Committee will then determine if the athlete is eligible to compete.
 - b. If an athlete commences later in the season.
 - i. Commencement is defined as the date and time at which the athlete is registered with Belmont Little Athletics Centre.
 - ii. The athlete must compete in the nominated event each time it is held in the remaining weekly Inter Club competitions after commencing.
 - iii. The athlete must be registered no later than four weeks prior to the start of Centre Championships.
2. If an athlete transfers from another Little Athletics Centre they must produce evidence that they have competed in the nominated event such that the total number of times they have competed in that event at both centres totals two or more. The evidence must be such that it is able to be verified by the previous Little Athletics Centre and is subject to approval by the Executive Committee. If the athlete is transferring from another Perth metropolitan Centre the athlete must also be registered with Belmont Little Athletics Centre no later than four weeks prior to the start of Centre Championships. Metropolitan Centres are those centres defined by LAWAs as being in Zones 1, 2, 3 and 4.
3. All competitors must report to the marshalling area prior to the commencement of any event. If there is a genuine reason for an athlete being late, this must be reported to the Arena Manager by the Club Manager only.
4. Under 6 to Under 10 Athletes will have only three trials at all field events (except High Jump). Under 11 to Under 17 Athletes will have three trials at all field events (except High Jump) and the leading eight competitors in the event at the completion of the third round will then have a further one trial.
5. The starting height for High Jump shall be 15cm below the state starting height.
6. Placings in all track events will be determined by timed heats.
7. All protests must be reported through the Club Manager and are to be lodged with the Championship and Special Events Coordinator within 20 minutes of the completion of the event with the appropriate fee.
8. The rules for competition at Centre Championships shall be those outlined in LAWAs Rules for Competition of State Run Events. These rules may be amended or updated by LAWAs without notice or consultation.
9. An athlete's participation in the Centre Championships signifies that athlete's acceptance of the rules and conditions as set out by Belmont Little Athletics Centre and the Executive Committee.
10. Any circumstance not covered by the rules and conditions defined herein shall be dealt with by the Executive Committee on a case-by-case basis.

SUNSMART POLICY

Participant's health is a primary concern of Belmont Little Athletic Centre. It is acknowledged that skin cancer is a major, yet preventable public health problem in Australia, with two out of every three people requiring treatment for some form of skin cancer in their lifetime. A preventative strategy including the following will be implemented in the Centre.

- Wherever possible, programs will be scheduled to minimise ultraviolet radiation exposure of participants.
- The Centre will maximise use of natural shade from trees, buildings, and other structures including portable canopies or shade shelters.
- The Centre will promote personal protection including hats & long-sleeve shirts.
- Broad spectrum sunscreen will be made available for any that need it.



Unfavourable Weather Conditions

In the week prior to the scheduled competition, the Arena Manager will monitor the forecast weather conditions, to determine the effect it may have on the proposed program. If extreme weather conditions are forecast, the following strategies will be followed:

All decisions will be made by the Arena Manager, Chief Track Umpire, Chief Field Umpire and President of Belmont Little Athletics Centre, in consultation with the First Aid personnel.

Hot weather:

For morning competition: if the temperature reaches 38°C, the current status of the program what events remain will be examined before deciding if the program should be cancelled or conducted in a modified format.

For twilight competition: if the temperature is in excess of 38°C prior to the start of competition, a decision will be made as to whether to delay the start of competition until the temperature falls to 38°C, or if the program should be cancelled, or conducted in a modified format.

Inclement weather:

Where rain, wind, or lightning may affect the safety of athletes competing, a decision will be made as to whether the program should be cancelled, or conducted in a modified format.

Notification

The President will call a Club Managers meeting when a decision has been reached, and all Clubs will be notified on whether the meeting will be cancelled or a modified program will run.

Recovery Strategy

The following initiatives shall be implemented when severe weather affects competitions:

- Only conduct events that ensure the safety of athletes and officials is protected at all times.
- Where appropriate, reschedule cancelled events to a later date.
- Where a modified program is run and events are cancelled, athletes who have signed on will be awarded participation points so they are not disadvantaged in qualifying for Centre Championships.

HEALTH & INJURY

During a Little Athletics competition, athletes should always be in possession of a hat, wear a shirt to cover their shoulders when not competing, use an effective sun screen, and frequently drink plenty of fluids in small quantities, preferably water. Take special care of children in the hot summer sun.

If an athlete is sick or injured, experiencing pain or swelling, **do not allow them to compete**. If an athlete is unable to compete parents should provide their Club Manager with a medical certificate, which will prevent the child being disadvantaged during qualification for Centre Championships. If your child has been issued a medical certificate that covers the date of any competition, they should not compete as they may not be covered by insurance.

The immediate treatment for a soft tissue injury is **R.I.C.E.**

R	est
I	ce
C	ompression
E	levation

If you have any doubts about the injury whatsoever, a doctor's advice should be sought immediately. If an athlete falls during an event, do not pick them up until the cause of the injury has been determined. In particular, do not move any athlete who is experiencing back pain or numbness in the limbs. All injuries sustained at any Little Athletics venue, either in training or competition, must be reported to your Club Manager immediately.

FIRST AID POLICY

- The First Aid Officer must hold a current Senior First Aid or Apply First Aid Certificate, a copy of which must be must be held at the Centre.
- The First Aid Officer should consult the First Aid Coordinator if an injury is deemed serious. The final decision on treatment and escalation (eg calling an ambulance) is the responsibility of the First Aid Coordinator only.
- Where possible, a parent or guardian must be present when a child requires first aid treatment.
- If a parent overrides the First Aid Officer or First Aid Coordinator, the parent is then responsible for removing the athlete to a doctor straight away.
- Serious injuries (eg: being impaled by a javelin; hit on the head by an implement; leg or back injury) are to be treated on site until the ambulance arrives. Athletes should not be moved.
- Parents are to be advised by the First Aid Officer that all injuries requiring more than a simple dressing are to be seen by their own doctor.
- All injuries must be reported to the Centre First Aid Coordinator so that they can be documented. Failure to report an injury may mean that an athlete, parent or Official is not covered by insurance.
- First Aid is for injuries sustained by athletes and parents during competition only. The First Aid Officer will not tape limbs or joints so that athletes can compete.

If you are injured – PLEASE DO NOT COMPETE.

CENTRE UNIFORM

The new design for the BLAC uniform has been approved by LAWA and will have a phase in period of 2 years. The new uniform will become compulsory from the start of the 2020-2021 season.

The new tops will be available in your choice of a Singlet or a T-shirt.

Matching Jackets will also be available to purchase.

2019-2020 LAWA STATE EVENTS

PCH Kids Helping Kids Activity Day **SATURDAY 23rd NOVEMBER 2019**

This event is organised by Little Athletics WA to raise funds for Perth Children's Hospital Foundation (formerly PMH Foundation). Club Managers will pass on further information at the appropriate time. Clubs will be advised of the format for this event once it has been formalised. It is run in conjunction with the day's normal athletics competition.

LAWA Junior Athletics Carnival **SUNDAY 17th NOVEMBER 2019**

The aim of the Junior Athletics Carnival is to introduce a fun event for the younger age groups where they have the opportunity to socialise with other young athletes, whilst participating in coaching clinics and educational workshops. This season it is open to athletes in the U6 to U8 age groups. The aim of the day is to introduce our younger athletes to a fun, introductory event to be held at Ern Clarke Athletics Centre. More details available from your Club Manager.

STATE TRACK & FIELD RELAY CHAMPIONSHIPS **SATURDAY 14th DECEMBER 2019**

Each centre is eligible to nominate one team (min 4, max 5) for track relay and one team of 2, 3 or 4 athletes for the field relay per age group and gender. Athletes competing in the track relay may not compete in the field relay and vice versa. Athletes are required to wear their Centre uniform.

Track relay events:	4 x 100m U8-U17	Field relay events:	Discus, Javelin, Long Jump & Shot Put (U10 Boys & Girls)
	4 x 200m U8-U10		Discus, Triple Jump, Long Jump & Shot Put (U11-U12 Boys & Girls, U13 Boys & U16-U17 Boys)
	4 x 400m U11-U17		Javelin, Triple Jump, Long Jump & Shot Put (U13 Girls, U14-U15 Boys & Girls, U16-U17 Girls)

STATE COMBINED EVENT CHAMPIONSHIPS **SATURDAY 8th - SUNDAY 9th FEBRUARY 2020**

This event is held at WA Athletics Stadium for athletes U11 and up. Athletes compete individually in 5-8 compulsory events, depending on age group. Points are awarded and accumulated according to performance, NOT placing, similar to the Heptathlon and Decathlon. Any number of athletes can represent a Centre and there are no selection criteria. Athletes are required to wear Centre uniform.

ZONE QUALIFYING HEATS & QUARTER FINALS **SATURDAY 15th - SUNDAY 16th FEBRUARY 2020**

For athletes in the U9 to U15 age groups, Zones are the heats and quarter finals of the State Track and Field Championships. Dependent upon the number of registered athletes in the Zone, the highest placed 4, 5 or 6 athletes in any event go on to the semi-finals and finals of the State Track & Field Championships. Athletes in the U7 & U8 age groups only will compete for medals at this event and will not progress through to the State Track & Field Championships.

Belmont is in Zone 2 with the Gosnells, Melville and Southern Districts Centres. There are no selection criteria for Zones and BLAC encourages all athletes to compete. Many season personal bests are attained at Zones and it is a fantastic experience to compete against athletes from other centres at the culmination of the season. All clubs will be notified of the closing date for entries to Zones and States when they become available.

STATE TRACK & FIELD CHAMPIONSHIPS **FRIDAY 13th - SUNDAY 15th MARCH 2020**

Semi-finals and finals are held at the WA Athletics Stadium for those U9-U15 athletes filling the first four, five or six places (dependant on registrations in a Zone) in the Zone Quarter-final of each event. Athletes from any or all of the Centres in the Zone may fill these places. The U16 & U17 age groups can directly nominate for events.

U13 LITTLE ATHLETICS NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U13 athletes.

The WA State Track and Field Championships is the qualifying event for the U13 team selection. ALAC Team selectors will attend the event and will determine successful team members based on the LAWA ALAC Team Selection Policy.

Athletes wishing to be considered for selection must nominate by the defined closing date.

Athletes will be contacted as soon as practical following completion of State Championships of team selection status.

Note: Selection numbers are limited to 26 x U13 athletes. More information is available on the LAWA website.

U15 MULTI EVENT NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U15 athletes.

Three U15 Boys and three U15 Girls are selected from the State Multi Event Championships and accompany the U13 team to represent the state in the National Multi Event Championships.

Note: Team numbers are limited to three (3) boy and three (3) girl x U15 athletes. More information is available on the LAWA website.

U14 & U15 INTERNATIONAL CHAMPIONSHIPS

U14 and U15 athletes awarded a medal at State Championships will be invited to join the WA International team that travels to Malaysia (odd years) and Singapore (even years).

Information regarding the International team will be forwarded to all eligible athletes at medal presentations and following the competition.

WINTER COMPETITION

From April to August, Little Athletics WA runs a Winter competition. This consists of Cross Country Running and Road Walking races, held on alternating weekends at different locations throughout the metro area.

Cross Country is open to athletes U7 – U17, while Road Walking is open to athletes U9 – U17. Current registered athletes (participated in the previous summer competition) are required to nominate for Winter Competition online through their ResultsHQ profile.

No additional registration fees are applicable, however athletes are required to purchase, and wear, a timing chip for competition. New athletes may register for the Winter Competition online at ResultsHQ.com.au.

A registration fee shall be charged, and a timing chip is required to be purchased, and worn, for competition.

Competing athletes are required to wear Belmont Little Athletics Centre uniform. Athletes must compete in a minimum number of events (as detailed by LAWA) to be eligible for Winter Championships. Any further information can be obtained from the Winter Competition Officer.

Please note that the U6's do not compete in the State Winter Championships.



EVENT RULES AND SPECIFICATIONS

EVENT RULES

Although not always the case, event rules generally follow the IAAF rules, which are laid down in the IAAF Handbook. These rules may have been modified either for Little Athletics generally, or for local Centre competition. If in doubt you should consult your Club Manager, who can query the Arena Manager. The Arena Manager's decision in any dispute regarding the rules is final. The following notes give the major rules for each event - they may not cover all situations.

GENERAL NOTE

No athlete may commence any trial, in any event, until the official has given permission to do so. Safety rules must be observed at all times.

TIE-BREAKING RULES

In Field Events where the result is determined by distance, the second best performance of the competitors tying shall resolve the tie, then (if necessary) the third best and so on.

FIELD SITES

The **KEY SITE OFFICIAL** is responsible for ensuring that the correct equipment is on that site, and that shade tents, if required, are erected prior to the commencement of the program. The **Centre Record** is to be marked out prior to the commencement of each event. After completion of competition for that site officials are to assist by dismantling shade tents and ensuring that the equipment is ready to be returned to the equipment shed.

HIGH JUMP

Note: This is intended as a guide only

BOYS & GIRLS	U9-U10 Scissor Kick	U11-U17
Bar rises*	6 x 5cm	6 x 5cm
Thereafter	2cm	2cm

Starting Height: 5cm below the lowest recorded personal best of all *competing* athletes

* LAWA recommend the bar be raised by 5cm increments until there are 6 or fewer competitors remaining.

RECORDING:

For recording purposes, an **O** indicates the bar has been cleared, an **X** indicates a failure, and a – (**dash**) indicates the athlete chose to pass (did not attempt that jump).

INSTRUCTIONS TO COMPETITORS:

Starting height is given, plus increments to be used during competition.

May commence jumping at a height closest to 20cm below their registered Personal Best height.

(Note: For Centre Championships, the starting height shall be 15cm below the state starting height.)

May pass on any height or any jump. If a competitor forgoes a trial at a certain height, they may not make any subsequent attempts at that height.

Markers may be used as long as they are safe (i.e. flat) and they do not interfere with another athlete's run-up.

An attempt must be completed within 60 seconds.

Each competitor is allowed three attempts at each height, but is out of the competition after three consecutive failures are recorded regardless of height.

The Scissor technique will be the only allowable technique performed in High Jump for the U9 and U10 age groups at all levels of competition.

It shall be a valid scissor jump if all other relevant high jump rules are adhered to, and:

- a. The head of the athlete does not go over the bar before the leading foot (the foot of the leg closest to the bar at take-off);
 - b. The head of the athlete is not below the buttocks when the buttocks clear the bar, and
 - c. The athlete's lead foot touches the mat before any other part of the body.
- All athletes in the U11 and above age groups will have the option to use any legal jumping technique.

An invalid jump includes:

- a. The athlete takes off with two feet.
- b. After the jump, the bar does not remain on the support because of the action of the athlete whilst jumping.

Note: If the athlete has left the landing area and the bar falls, it is deemed an invalid jump if the athlete was responsible for the dislodgement.

- c. The athlete touches the ground including the landing area beyond the plane of the nearer edge of the crossbar, either between or outside the uprights with any part of the body, without first clearing the bar.
- d. Athlete touches the cross bar or the vertical section of the uprights when running up without jumping.

Note: On windy days the bar may be held in position by officials, but support must be removed when the athlete takes off to allow displacement. It is also helpful to set up the high jump side-on to the oncoming wind.

When one competitor is left, he/she may choose their own increments. He/she may be allowed to continue until he/she has recorded three failures and the last height cleared be recorded as the winning height.

MEASUREMENTS:

- All measurements shall be made in whole centimetres perpendicularly from the ground to the lowest point of the upper side of the bar.
- Precise measurement shall be made when the bar is raised to a new height and before the first competitor attempts such a height. In all cases of records the Chief Field Umpire shall check the measurement when the bar is placed at the record height and they shall re-check the measurement before subsequent record attempt if the bar has been touched since measured.
- When the measurement is rechecked after a successful jump and the bar is not at the record height, the record will not be allowed.

Note: Measure ends of bar first then the middle. Adjust ends so that the lowest part is in middle.

Note: Judges should ensure, before starting the competition, the underside and front of the crossbar are distinguishable, as the bar is always replaced with the same surface upper and the same surface to the front.

SET UP:

- Supports for the crossbar each face the opposite upright so that if a competitor touches the crossbar it will easily fall to the ground, either forwards or backwards
- There shall be a space of at least 1cm between the ends of the crossbar and the uprights.
- The crossbar must be replaced with the same surface up and the same surface to the front.
- The uprights and landing area should be setup so that there is at least 10cm between them when in use to avoid the displacement of the crossbar through the movement of the landing area causing contact with the uprights.

TIE - BREAKING RULES:

- The competitor with the lowest number of jumps at the height where the tie occurs shall be awarded the higher place.
- If the tie still remains, the competitor with the lowest number of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.
- If the tie still remains the result will be an equal placing. No jump off takes place.

LONG JUMP AND TRIPLE JUMP

SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Raker

Take-off Area

- U6-U8: A 1.00m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U9-U10: A 0.5m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U11-U17: A 0.2m x 1.22m strip.
 - For the U6-U8 age groups the 1.22m x 1.00m take-off mat shall be placed with the front edge 200mm from the commencement of the landing area.
 - For the U9-U10 age group the 0.5 m x 1.22m take-off mat shall be placed with the leading edge no more than 1.00m from the landing area.
 - For the U11-U17 age groups:
 - The distance between the take-off board and the far end of the landing area should be at least 10.00m.
 - The take-off board shall be placed between 1m and 3m from the nearer end of the landing area.

RUNWAY:

Where possible, the runway should be at least 40m. The athlete's run-up can be of any length, but should be restricted to avoid wasting time.

MARKERS:

Markers are not permitted on the runway, but can be used at the side.

Failure

In the Long Jump and the Triple Jump, it shall be counted as a failure if:

- Any part of the mark made by the athlete's take-off foot protrudes over the front edge of the take-off area.
- If an athlete takes off before reaching the take-off area it shall not, for that reason, be counted as a failure.
- In the course of landing, the athlete touches the ground outside the landing area nearer to the take-off than the nearest break in the landing area made by the jump.
- When leaving the landing area, an athlete's first contact with the border or ground outside is nearer the take-off line than the nearest break in the sand made on landing.
- After landing, the athlete walks back through the landing area without first correctly exiting the pit.
- An athlete takes off from outside either end of the take-off area, whether beyond or before the extension take-off line.
- Any sort of somersaulting is used.

Distance Measurement

For U6-U10 athletes:

- Where any part of the athlete's foot lands on the take-off area, the jump will be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the imprint made in the take-off area by the take-off foot.
- Where no part of the athlete's foot lands in the take-off area, the jump will be measured from the nearest break in the landing area made by any part of the body or limbs to the edge of the take-off area furthest from the landing area, or its extension. The measurement must be taken perpendicular to the back of the mat or its extension.

For U11-U17 athletes:

- The jump shall be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the front edge of the take-off area.
- The measurement must be taken perpendicular to the take-off area or its extension.

Triple Jump

- The Triple Jump shall consist of a hop, a step and a jump in that order.
- The hop shall be made so that an athlete lands first on the same foot as that from which they have taken off; in the step the athlete shall land on the other foot, from which, subsequently, the jump is performed.
- It shall not be considered a failure if an athlete, while jumping, touches the ground with the 'sleeping' leg.
- The take-off line shall be in whole metre increments from the edge of the pit.

Failure

In the Triple Jump, it shall be counted as a failure if:

- Any of the infringements listed for Long Jump occur
- The competitor fails to follow the actions of the triple jump as defined above.
- The competitor fails to land in the pit. (Landing on the run-up constitutes a foul.)



THROWING EVENTS

In throwing events from a circle:

- An athlete must commence the throw from a stationary position.
- The athlete is allowed to touch the inside of the iron band of the circle or stop board.
- It shall be a failure if the athlete, after entering the circle and commencing to make a throw, touches with any part of the body the top of the circle or the ground outside, or improperly releases the implement in making the attempt.
- It shall be a failure if the athlete leaves the circle or runway before the implement has touched the ground.
- It shall be a failure if, when leaving the circle, the athlete's first contact with the top of the rim or the ground outside the circle is not completely behind the back half of the circle.

Interruption of a Trial

It is not a failure if an athlete drops an implement and it does not touch the ground outside the throwing circle or runway, provided no other rule is breached. The athlete can retrieve the implement and continue the trial within the allocated time.

If the implement touches the ground outside the circle or runway it becomes a failure.

Measurements

- The measurement of each throw will be made from the nearest mark made by the fall of the implement to the inside of the circumference of the circle, along a line from the mark to the centre of the circle.
- For a valid trial, the implement must fall completely within the inner edges of the landing sector.
- In Javelin, the measurement of each throw will be made from where the tip of the javelin first struck the ground, to the inside edge of the arc, with the tape being pulled through the point 8m back on the run-up, that being the centre of the circle of which the arc is a part.

Recording

For recording purposes, an **O** indicates a successful attempt, an **X** indicates a failure, and a – (dash) indicates the athlete chose to pass (did not attempt that throw.)

AFTER EACH THROW, IMPLEMENTS SHALL BE CARRIED BACK TO THE AREA NEXT TO THE CIRCLE OR RUNWAY AND NEVER THROWN BACK.

DISCUS

Girls		Boys	
U6 & U7	350g	U6 & U7	350g
U8 - U11	500g	U8 - U11	500g
U12 - U13	750g	U12 - U13	750g
U14 - U17	1kg	U14 - U16	1kg
		U17	1.5kg

SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Returner



JAVELIN

Girls		Boys	
U6 & U7	Vortex	U6 & U7	Vortex
U8 - U10	Turbo Javelin	U8 - U10	Turbo Javelin
U11 - U14	400g	U11 & U12	400g
U15 - U17	500g	U13 & U14	600g
		U15 - U17	700g

SITE OFFICIALS

- Key Official
 - Recorder
 - Sector Judge (watches for valid landing)
 - Spiker
 - Returner
-
- The javelin shall be held at the grip with one hand only. It shall be thrown over the shoulder or upper part of the throwing arm and shall not be slung or hurled. Nonorthodox styles are not permitted.
 - A throw shall be valid only if the metal head strikes the ground before any other part of the javelin. The javelin is not required to stick in the ground.
 - For a valid throw, the tip of the javelin must fall completely within the inner edges of the landing sector.
 - It shall be a failure if the athlete, after starting their throw, touches with any part of their body or limbs, the lines marking the runway, the ground outside the runway, or crosses the throwing arc marking the end of the runway.
 - It is not a failure if the end of the javelin touches the ground during the run up.
 - If the javelin breaks during a throw or while in the air, it shall not count as a failure, provided the trial was otherwise made in accordance with the rules. Nor shall it count as a failure if an athlete thereby loses their balance and as a result contravenes any part of the rule. In these cases, the athlete shall be awarded a new trial.
 - At no time during the throw, until the javelin has been discharged into the air, may the athlete turn completely around, so that their back is towards the throwing arc.
 - It shall be a failure if the athlete leaves the runway before the implement has touched the ground, or if, when leaving the runway, the athlete's first contact with the parallel lines or the ground outside the runway is not completely behind the white lines of the arc or the lines drawn from the extremities of the arc at right angles to the parallel lines.



SHOT PUT

Girls		Boys	
U6 & U7	1kg	U6 & U7	1kg
U8	1.5kg	U8	1.5kg
U9 - U12	2kg	U9 - U12	2kg
U13 – U17	3kg	U13 - U14	3kg
		U15 - U16	4kg
		U17	5kg

SITE OFFICIALS

- Key Official
- Recorder (also to check for foot faults)
- Spiker
- Returner

The shot shall be put from the shoulder with one hand only. From the time an athlete takes a stance in the circle to commence a put, the shot shall touch or be in close proximity to the neck or the chin and the hand shall not be dropped below this position during the action of putting. The shot shall not be taken behind the line of the shoulders.



TRACK EVENTS

Hurdles

	B&G U6	B&G U7	B&G U8-U9	B&G U10	B&G U11	B&G U12
Total Distance	60m	60m	60m	60m	80m	80m
Hurdle Height	20cm*	30cm*	45cm	60cm	60cm	68cm
Run In	12m	12m	12m	12m	12m	12m
Distance Between Hurdles	7m	7m	7m	7m	7m	7m
Run Out	13m	13m	13m	13m	12m	12m
No. of Flights	6	6	6	6	9	9

	B U13 G U13-14	B U14 G U15-16	B U15-U16 G U17	B U17
Total Distance	80m	90m	100m	110m
Hurdle Height	76cm	76cm	76cm	76cm
Run In	12m	13m	13m	13.72m
Distance Between Hurdles	7m	8m	8.5m	9.14m
Run Out	12m	13m	10.5m	14.02m
No. of Flights	9	9	10	10

	B&G U13	B&G U14	B&G U15-17
Total Distance	200m	200m	300m
Height	68cm	76cm	76cm
Run In	20m	20m	50m
Distance Between Hurdles	35m	35m	35m
Run Out	40m	40m	40m
No. of Flights	5	5	7

* **Note:** For safety reasons the U6 & U7 age groups use plastic training hurdles in their "Mini Hurdles" event, which are to a maximum of 20cm for U6 and 30cm for U7.



RACE WALKING

U9 Boys & Girls	700m
U10, U11 Boys & Girls	1100m
U12 – U17 Boys & Girls	1500m

Race walking is a progression of steps so taken that the walker makes contact with the ground, so that no visible (to the human eye) loss of contact occurs. The advancing leg shall be straightened (i.e. not bent at the knee) from the moment of first contact with the ground until the vertical upright position. The advancing foot of the walker must make contact with the ground before the rear foot leaves the ground.

Judging

All judges shall act in an individual capacity and their judgements shall only be based on observations by the human eye.

The number of appointed walk judges for an event, including the Chief, shall comprise a minimum of 4 and maximum of 6

Caution (Yellow Paddle)

Any judge can give a "Yellow Paddle" to a competitor when a competitor appears to be in danger of failing to comply with the rules (definition of race walking). Cautions are issued verbally and briefly taking care that remarks do not constitute coaching.

All remarks should be loud and clear and always in the form: e.g. "CAUTION No..... contact or knees"

For loss of contact ~ a wavy line in black on a yellow background

For knees a 45° angle < also in black on a yellow background shall be used

A judge can only caution a competitor once for each offence during the event

A caution has no bearing on disqualification. It is possible to be cautioned by every judge in the race yet not receive a single warning. This advice is only to indicate to a competitor that their action is deteriorating to a dangerous state

Red Card

A judge gives a "Red Card" for disqualification if a competitor is actually breaking the rules of race walking

For the U12 and above age groups, no verbal Red Card will be given. For other age groups, the Red Card will be given verbally at the time of detection of the actual infringement

All remarks should be loud and clear and always in the form: e.g. "Red Card No..... contact or knees"

Red Card is recorded on the judging pad and forwarded to the Chief Judge as soon as practicable

A judge may only give a competitor one Red Card during the event irrespective of the infringement

If a judge in an event requiring verbal Red Cards to be given, is not sure a competitor has heard the "Red Card" the Judge should repeat it at the next suitable opportunity

A Red Card should never be given unless there is absolute certainty the rules have been infringed.

Any doubt existing must be given to the competitor and the Red Card not issued

Disqualification

A Red Card by 3 or more walk judges that in their opinion a competitor's mode of progression failed to comply with the definition of race walking brings about a disqualification

Only the Chief Judge may advise a competitor of their disqualification

Where a competitor is disqualified the Chief Judge shall indicate to such competitor verbally that they are disqualified and give the reasons for the disqualification

The result of an event shall not become final until the Chief Walk Judge and Track Referee has given the all clear.

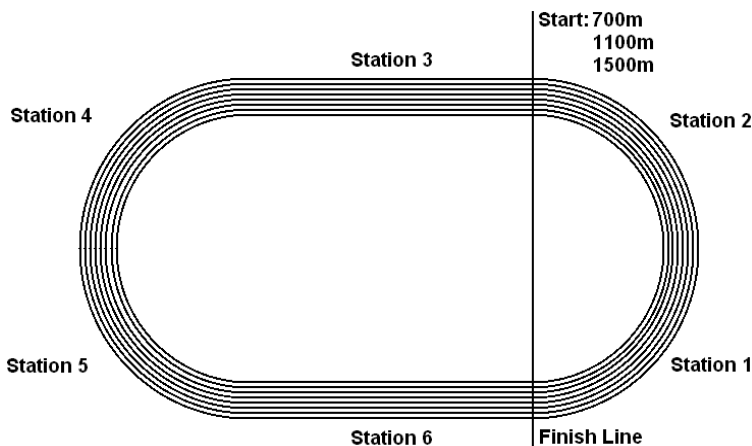
Methods of Judging

Prior to each walking event, the Chief Judge or a judge appointed by the Chief Judge, will acquaint the competitors with the judging procedures for the event.

It is imperative that during an event all judges act in an individual capacity and their judging is not influenced by the judging of another judge, per medium of conversation or messages.

The Chief Judge shall allocate judges their judging position.

Walk judges, recorders or messengers shall not use transceivers during the conduct of the event. The judges must adequately cover the whole of the track/course, this can be done by having approximately equal distance between judges. There should be no blind spots, judges should judge from the outside of the track/course and not encroach on an area allocated to another judge, but judge from their allotted position as walkers are passing or approaching their section.



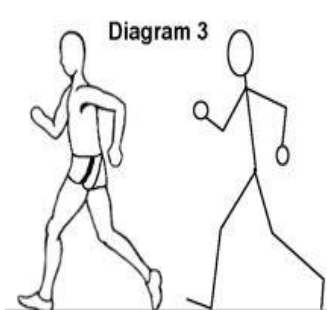
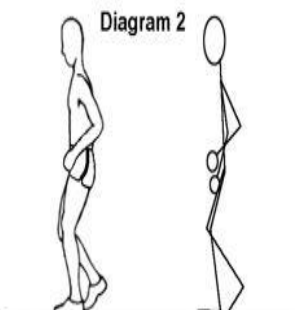
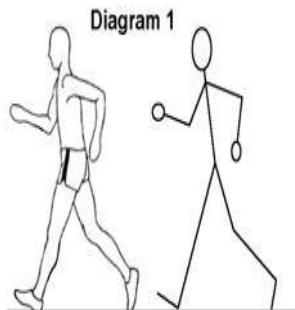
The Station 2 Judge assists the Chief Judge at the start and the Station 1 Judge assists the Chief Judge at the finish. The best position to take up is just on the outside of the track and follow the action of the legs, noting the foot's landing position, its swing and the leg from the time the leg supports the body.

NB: Avoid extreme rear judging as it is misleading. As a general rule Judges (except the Chief Judge) should restrict their judging area to 45° before and 15° after directly in front of them.

Diagram 1 shows the leg to be extended straight in making contact with the ground. **This satisfies the rule.**

Diagram 2 shows the foot of the supporting leg flat out on the ground. The supporting leg is not vertically upright, being bent at the knee. **This does not satisfy the rule, & therefore it is not permitted.**

Diagram 3 shows both legs bent at the knee & they are never straight in any position, not even when the leg is supporting the whole weight of the body. **This does not satisfy the rule, & therefore it is not permitted.**



INFORMATION FOR PARENTS ASSISTING

STARTING

STARTER'S MARSHALL: The Starter's Marshall is in control of preparation of heats ready for Starter.

DUTIES: The Starter's Marshall's duties are as follows:

- Receive athletes from the marshalling area.
- Check athletes and age groups.
- Count children and decide size of heats e.g. (14 children - 1x6 & 2x4 or 2x5 & 1x4).
- Use ranking sheets to allocate athletes to heats as above.
 - a. Children should not select their own lanes - place at random or use lane draw sheets.
 - b. Competitors waiting should be well back from starting line.
 - c. The Starter controls all aspects of starting. Decisions must be fair and correct at all times.

STARTING PROCEDURES FOR RACES UP TO AND INCLUDING 400M:

- Ensure that you have liaison with the Chief Timekeeper.
- Obtain the "all clear" from the Chief Timekeeper prior to each event. When all is ready use the whistle which will bring the competitors to the assembly line, they are then under the sole control of the Starter.
- In a clear voice, the athletes are given the command "**On your marks**". They will respond by moving up to the line and adopting their starting stance.
- When the Starter is satisfied that each athlete has his/her fingers/toes behind, not on, the starting line and are steady, he will raise the gun to indicate to the Timekeepers that the start is imminent and in a softer tone issue the command "**Set**".
- When the athletes are completely motionless, the gun is fired. Approximately, 2 seconds should elapse between the command "set" and the firing of the gun:-
 - a. to enable athletes to reach peak concentration, and
 - b. to enable the Starter to be sure all motion has ceased.

STARTING PROCEDURES FOR RACES 800M, 1500M:

- As above except the command is "on your mark" then the gun when the athletes are steady.

FALSE STARTS:

- If a competitor leaves his mark with hand or foot after the words "on your marks" in the case of massed starts, or "set" in the case of laned starts as the case may be, and before the gun is fired, it is a false start. If more than one athlete takes off, the first one to leave the mark is the one deemed to have "broken". It is a natural instinct for others to follow. The athlete or athletes responsible must be cautioned.
- If an athlete moves off or leaves his/her mark simultaneously with the firing of the gun they have gained an unfair advantage and thus have "broken". This is the only situation where the recall gun (second shot) is used.
- Any athlete who commits a false start shall be warned, as follows:

a. U6 – U8 age groups

Any individual athlete in each heat, shall be allowed a maximum of TWO (2) false starts without disqualification. Any individual athlete responsible for more than TWO (2) false starts shall be disqualified.

b. U9 - U17 age groups

A maximum of TWO (2) false starts per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

YEARLY AWARDS SELECTION CRITERIA

BLAC INTER-CLUB CERTIFICATES & PENNANTS

At the conclusion of each season, certificates are awarded to each group (boys & girls) who achieve the highest number of overall points for their age and gender. Each age group will also have an individual Champion and Runner Up awarded for each gender. Points awarded are those gained during normal Inter-Club competition. Points will be awarded based on performance and proximity to records. All points and rankings will be determined by computer.

The French Family Trophy will be awarded to the Club gaining the most points overall and the Joy Hardman Trophy will be awarded to the Club gaining the highest point score average per registered athlete.

BLAC 100, 200, 300, 400, 500, 600 & 700 CLUB BADGE AWARDS

The "100" Club badge is awarded to an athlete after competing in 100 events. This is a continuous award and points carry forward from one season to the next. One point is awarded for each event completed at regular BLAC meets. After completing 100, 200, 300, 400, 500, 600 and 700 events respectively a Club Badge is awarded. These Club Badges are awarded once only to each athlete.

It is the responsibility of individual Clubs to keep a tally of their athletes' events. Clubs must nominate athletes on the appropriate signed form and submit it to the Centre Records and Ranking Officer. The Records and Ranking Officer will give the badges and names to the Arena Announcer for presentation during the normal weekly competition. Athletes must be in attendance to receive their badge. Events completed during Centre Championships do not count toward this award.

BLAC SPORTSPERSON OF THE YEAR AWARD

This award is selected by the Mayor of Belmont from nominations submitted by each of the Clubs based on the following criteria:

- The Athletes nominated for this award are to be those who put in a consistent effort and show dedication to all aspects of Little Athletics without being the athletes who win events or excel regularly.
- It is expected that the nominees will be those children who don't win every week, but who still show a keen interest in attending both training and competition. They will exhibit a willingness to participate and be cheerful and dedicated to athletics, although they don't receive recognition in the form of trophies, medals, etc.

The Sportsperson of the Year Award aims to encourage these children to continue to enjoy participating for participation's sake and to recognise their commitments and dedication in continuing even if they don't achieve great results in competition. Only one nomination per Club may be submitted.

BLAC LIFE MEMBERSHIP

Nominations and full resume must be forwarded from the respective Club to the Centre Executive at least one month prior to the Centre AGM and must be endorsed at a meeting of that Club. The nominee must have served a minimum of ten (10) years of service with at least four (4) years at Centre Executive level. Meritorious service will be a mandatory prerequisite.

BLAC ATHLETE SERVICE AWARDS

In recognition of dedication and commitment to Little Athletics, the Belmont Centre presents all athletes with an award at the conclusion of their sixth, ninth and twelfth year. B.L.A.C. receives nominations of eligible athletes from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

LAWA PARENT AWARDS

Little Athletics Western Australian administers Five (5), Ten (10) and Twenty (20) Year Parent Service Awards. These are issued at the end of five, ten or twenty full years of service respectively. B.L.A.C. receives nominations of eligible parents from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

1500m INVITATIONAL

The 1500m Invitational event is held in January each year. The event is open to all registered LAWA athletes who have obtained a personal best for the 1500m event in the current season and have registered that personal best with the BLAC Records & Ranking Officer at least one week prior to the event. Athletes are placed into the following age categories: U11-13 Boys, U11-13 Girls, U14-17 Boys and U14-17 Girls with Belmont Athletes and Visitors racing together. Gold, Silver & Bronze medals will be awarded in each of the 4 categories. All visiting athletes may compete in any other events held on the day.

CHRISTMAS GIFT

The Christmas Gift was inaugurated in the 1997/98 season. This is a handicap sprint race run over 100 metres for scratch markers with all other runners being handicapped forward by the handicapper according to times run during the current season. The fastest athletes from each gender and age group are invited to participate in a series of heats culminating in the finals.

Previous Winners:

SENIORS (U10 – U17)

Year Boys

1997	Ben Castle (Forrestfield)
1998	Bryn Stewart (Kewdale)
1999	Scott Boyle (Belmay)
2000	Craig Luckens (Belmay)
2001	Jake Broughton (Carlisle/Rivervale)
2002	Brett Van Groningen (Kalamunda/Lesmurdie)
2003	Daniel Webb (High Wycombe)
2004	Ryan Suckling (Forrestfield)
2005	?
2006	Patrick Hughes (Carlisle/Rivervale)
2007	James Maxwell (Carlisle/Rivervale)
2008	Peter Murphy (Kewdale)
2009	Tim Iffla (Forrestfield)
2010	Max Bradley (Forrestfield)
2011	Harry Edwards (Kalamunda/Lesmurdie)
2012	Trent McDougall (Carlisle/Rivervale)
2013	Antoine Vargiolu (Forrestfield)
2014	Takudzwa Matikiti (Kalamunda/Lesmurdie)
2015	Takudzwa Matikiti (Kalamunda/Lesmurdie)
2016	William Tilbee (Kewdale)
2017	Seth Norman (Carlisle/Rivervale)
2018	Ben Colebrook (Kewdale)

Girls

Nicole Stone (Kewdale)
Olivia Chester (High Wycombe)
Jenelle Brand (Forrestfield)
Lauren Taylor (Kewdale)
Emma Forward (Belmay)
Casey Savill (Forrestfield)
Stephanie Lam (Kewdale)
Emma Trail (Forrestfield)
Tayla Van Zuilecom (Forrestfield)
Emily Webb (High Wycombe)
Ashley Parkinson (Kewdale)
Stephanie Lam (Kewdale)
Stephanie Lam (Kewdale)
Sasa Vanek (Kalamunda/Lesmurdie)
Jasmin Long (Kalamunda/Lesmurdie)
Naomi Hayes (High Wycombe)
Tayla McAuliffe (Carlisle/Rivervale)
Reesha Quaresimin (Forrestfield)
Drew Tolliday (Forrestfield)
Chloe Ugle (Kewdale)
Tara Stribley (Carlisle/Rivervale)
Ruby Henshall (Forrestfield)

JUNIORS (U6 – U9)

Year Boys

2002	Matthew Hoogenkamp (Kalamunda/Lesmurdie)
2003	Matthew Kang (High Wycombe)
2004	Benjamin Farr (Kewdale)
2005	Liam Johnston (Carlisle/Rivervale)
2006	Riley Partington (High Wycombe)
2007	Jake Moffitt (Kewdale)
2008	Connor Van der Merwe (Kalamunda/Lesmurdie)
2009	Tyler Clatworthy (High Wycombe)
2010	Antoine Vargiolu (Forrestfield)
2011	Antoine Vargiolu (Forrestfield)
2012	James Pritchard (Carlisle/Rivervale)
2013	Kade McKeown (Carlisle/Rivervale)
2014	Roman-Carlo Roia (Carlisle/Rivervale)
2015	Tully McGrath (Kalamunda/Lesmurdie)
2016	Tully McGrath (Kalamunda/Lesmurdie)
2017	Mogga Jansuk (Willandra)
2018	Mack Mills (High Wycombe)

Girls

Siobhan Spargo (Forrestfield)
Tayla Van Zuilecom (Forrestfield)
Tahlia Cornelius (High Wycombe)
Rose-Marie Rechichi (Kewdale)
Sarah Fryer (Carlisle/Rivervale)
Serena Elms (Kewdale)
Zarina Faridzal (Carlisle/Rivervale)
Hana Vanek (Kalamunda/Lesmurdie)
Madison Sauzier (Kalamunda/Lesmurdie)
Mikaela Hindmarsh (Carlisle/Rivervale)
Rosie McGehan (Kalamunda/Lesmurdie)
Rosie McGehan (Kalamunda/Lesmurdie)
Hayley Clarke (Victoria Park)
Scarlet Van Beek (Forrestfield)
Amy Stump (Kalamunda/Lesmurdie)
Cassidy Clarke (Forrestfield)
Maia Goodall (Kalamunda/Lesmurdie)

CHRISTMAS GIFT 100m HANDICAP WINNERS 2018

Juniors

Girls

- 1st** Maia Goodall (Kalamunda/Lesmurdie)
2nd Chloe Reeves (Kalamunda/Lesmurdie)
3rd Amy Stump (Kalamunda/Lesmurdie)

Boys

- Mack Mills (High Wycombe)
Jacob Neal (Kalamunda/Lesmurdie)
Mogga Jansuk (Willandra)

Seniors

- 1st** Ruby Henshall (Forrestfield)
2nd Charlotte Trueman (Willandra)
3rd Anastasia Raimundo (Willandra)

- Ben Colebrook (Kewdale)
Patrick Martin (Kalamunda/Lesmurdie)
Flynn Hardcastle-Sharp (Victoria Park)



1500m INVITATIONAL HANDICAP WINNERS 2019

Belmont U11-13

Girls

1st	Alexis Markovic (Kalamunda/Lesmurdie)
2nd	Hayley Clarke (Forrestfield)
3rd	Rose Considine (Kalamunda/Lesmurdie)

Boys

Gabriel Beasley (Kewdale)
Riley Clayton (Kewdale)
Aiden Scott (Kalamunda/Lesmurdie)

Visiting Athletes U11-13

Girls

1st	Niki Carson (Bayswater)
2nd	Meg McAullay (Kingsway)
3rd	Lily Parker (Eastern Hills)

Boys

Sam Pereira (Kwinana)
Blake Johnson (Kingsway)
Jai Allen (Cockburn)

Belmont U14-17

Girls

1st	Emma Ferguson (Forrestfield)
2nd	Laura Stump (Kalamunda/Lesmurdie)
3rd	Paige Bower (Kewdale)

Boys

Mitchell Bostock (High Wycombe)
Jye O'Leary (High Wycombe)
Tristen Burgess (Carlisle/Rivervale)

Visiting Athletes U14-17

Girls

1st	Jessica Carson (Bayswater)
2nd	Emma Lee Grundy (Baldvis)
3rd	Kayla Bongers (Gosnells)

Boys

William McAullay (Kingsway)
-
-





COMPETITION DAYS

SIGNING ON

The site roster is located under the veranda behind the announcer's table. To reduce starting delays and to increase your chances of signing onto your site of choice, Officials and Assistants are required to sign on at least 15 minutes before the official start time.

ATHLETE SIGN ON SHEETS will also be posted on the tables outside the clubrooms – all athletes to tick off their names as they arrive. This will assist in the smooth running of the program, allowing the Arena Manager and the Announcer to adjust events according to the number of athletes present.

SETUP & PACK AWAY

The club rostered to set up will be required to arrive one hour before the start of the program to put out equipment (including shade tents, timing gates and all site equipment etc). Please report to the Equipment Officer on arrival at the equipment shed.

Pack away club will be required to remain after competition is finished to assist in putting away equipment and generally clean up the grounds.

ALL CLUBS are responsible for cleaning up **THEIR OWN** club area each week. Setup and pack away refers to the following:

- Placing and removing rubbish bins in club areas.
- Sweep out the toilet blocks and empty rubbish bins (Pack Away)
- Sweeping the First Aid room and veranda. (Pack Away)
- Set up and put away tables for the Announcer and Officials Coordinator.
- Set up and put away chairs for the timekeepers and recorders.
- Set up and put away site material & equipment.
- Collect hand wash from the canteen and place in toilets. (Set Up)
- Return hand wash to canteen. (Pack Away)
- Take rubbish from outside canteen and place in bins
- Take empty crates from outside canteen and place outside gates opposite bike racks.

FIRST AID

Clubs will be required to supply a first aid officer on their rostered days. This person will administer **basic** first aid as required under the direction of the First Aid Coordinator. Rostered first aid officers should report to the First Aid Coordinator when signing on. All rostered first aid officers **must** provide a copy of their current first aid qualification prior to commencing the roster.

CANTEEN

Clubs will be required to supply 2 canteen helpers on their rostered days. Canteen helpers will be required to assist the Canteen Manager with serving customers, taking orders, cash handling and calculating change. Canteen helpers must be over 16 years of age for insurance reasons. The canteen is not a thoroughfare. Only rostered canteen helpers are to enter the canteen.

FUNDRAISING

Clubs can conduct fundraising activities during competition meets on their rostered days, in accordance with BLAC's fundraising policy. A copy of the policy can be obtained from the Executive Committee. Clubs **MUST** inform the canteen at least one week prior to their fundraising day if their fundraising will involve selling any food.

IMPORTANT NOTES:

^^ Clubs may only conduct 1 fundraiser that consists of Hot Food per season.

Allocated club is not permitted to include hot food as their fundraiser on this day.

ROSTERS

Date	Fundraising^^	Canteen Helpers (2)	First Aid	Set up	Pack Away	Program
12/10/19	HWLAC	KLLAC	KLAC	KLAC	FLAC	A
19/10/19	KLLAC	CRLAC	KLLAC	FLAC	KAC	B
26/10/19	CRLAC	VPLAC	FLAC	KAC	HWLAC	C
2/11/19	VPLAC	KLAC	KLLAC	HWLAC	KLLAC	A
9/11/19	KLAC	FLAC	KAC	KLLAC	CRLAC	B
16/11/19	FLAC	KAC	HWLAC	CRLAC	VPLAC	C
23/11/19	BLAC (PCH)	HWLAC	CRLAC	VPLAC	KLAC	A
30/11/19	KAC	KLLAC	KLLAC	KLAC	FLAC	B
7/12/19	HWLAC	CRLAC	VPLAC	FLAC	KAC	C
SUNDAY 15/12/19 (Xmas Gift)	KLLAC	VPLAC	KLLAC	KAC	HWLAC	A
11/1/20	CRLAC	KLAC	KLLAC	HWLAC	KLLAC	B
18/1/20	VPLAC	FLAC	KLAC	KLLAC	CRLAC	C
25/1/19 (Invitational)	KLAC#	KAC	FLAC	CRLAC	VPLAC	A
1/2/20	FLAC	HWLAC	KAC	VPLAC	KLAC	B
8/2/20	KAC	KLLAC	KLLAC	KLAC	FLAC	C
22/2/20 (Centre Champs)	BLAC	CRLAC	KLLAC	FLAC	KAC	1
29/2/20 (Centre Champs)	BLAC	VPLAC	HWLAC	KAC	HWLAC	2

CLUB SITE ROSTER

CLUB	EVENT	SITE
Carlisle-Rivervale	Shot put	2
	Javelin	12
Forrestfield	Javelin	11
	Shot put	1
High Wycombe	Discus	8
	Long/Triple	3
Kalamunda-Lesmurdie	High Jump	9
	Long/Triple	4
Kewdale	Discus	7
	Long/Triple	5
Victoria Park	-	
	Javelin (second key)	11
Kelmscott	Long/Triple	6
	High Jump	10

Clubs will be required to supply the Key Official for their site

All other positions on the arena will be filled on the day, on a first come first served basis.

S/T=Straight Track
(Short Track)
C/T=Circular Track
(Long Track).

POSITION	CLUB/OFFICIAL	POSITION	CLUB/OFFICIAL
Chief Starter S/T	Winston Raimundo & Andrew Trueman	Starter C/T	Kalamunda/Lesmurdie
Check Starter	As above	Chief Timekeeper C/T	Kalamunda/Lesmurdie
Timing Gate Operator		Assistant Timekeeper C/T	Kalamunda/Lesmurdie
Chief Timekeeper S/T		Computer Operator C/T	Kalamunda/Lesmurdie
Computer Operator S/T	Forrestfield	Start Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T		Finish Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T			
Finish Marshall S/T		Walks Judges	One Per Club





SEASON CALENDAR 2019-2020

OCTOBER 2019	
Mon 7/10/19	BLAC Executive Meeting 7:30pm ¹
Sat 12/10/19	Interclub Competition: Program A - 8:00am
Sat 19/10/19	Interclub Competition: Program B - 8:00am
Sat 26/10/19	Interclub Competition: Program C - 8:00am Opening Ceremony
NOVEMBER 2019	
Sat 2/11/19	Interclub Competition: Program A - 8:00am
Sat 9/11/19	Interclub Competition: Program B - 8:00am
Mon 11/11/19	BLAC Executive Meeting 7:30pm ¹
Sat 16/11/19	Interclub Competition: Program C - 8:00am
Sun 17/11/19	☞ <i>LAWA Junior Carnival (Ern Clarke Athletics Centre)</i>
Sat 23/11/19	Great BLAC Camp Out
Sat 23/11/19	Interclub Competition: Program A - 8:00am PCH DAY
Sat 30/11/19	Interclub Competition: Program B - 8:00am
DECEMBER 2019	
Wed 4/12/19	BLAC hosted "Relay Night"
Sat 7/12/19	Interclub Competition: Program C - 8:00am
Mon 9/12/19	BLAC Executive Meeting 7:30pm ¹
Sat 14/12/19	☞ <i>State Relay Championships (WA Athletics Stadium)</i>
SUN 15/12/19**	Interclub Competition: Program A - Christmas Gift - 9:00am
Sat 21/12/19	50 th Anniversary Disco & Gala Ball
JANUARY 2020	
Sat 11/1/20	Interclub Competition: Program B - 4:00pm (Twilight)
Mon 13/1/20	BLAC Executive Meeting 7:30pm ¹
Sat 18/1/20	Interclub Competition: Program C - 4:00pm (Twilight)
Wed 22/1/20	Wednesday Night January Competition
Sat 25/1/20	Interclub Competition: Program A - 4:00pm 1500m Invitational*
Wed 29/1/20	Wednesday Night January Competition
FEBRUARY 2020	
Sat 1/2/20	Interclub Competition: Program B - 4:00pm (Twilight)
Sat 8/2/20	Interclub Competition: Program C - 4:00pm (Twilight)
Sat & Sun 8 & 9/2/20	☞ <i>State Combined Event Championships (WA Athletics Stadium)</i>
Mon 10/2/20	BLAC Executive Meeting 7:30pm ¹
Sat & Sun 15 & 16/2/20	☞ <i>Zones Track & Field Champs - Day 1 & 2 (Ern Clarke)</i>
Sat 22/2/20	Centre Championships: Program 1 - 8:00am
Sat 29/2/20	Centre Championships: Program 2 - 8:00am
MARCH 2020	
Sat 7/3/20	Centre Wind Up
Mon 9/3/20	BLAC Executive Meeting 7:30pm ¹
Fri 13/3/20	☞ <i>State Track & Field Champs (WA Athletics Stadium)</i>
Sat & Sun 14 & 15/3/20	☞ <i>State Track & Field Champs (WA Athletics Stadium)</i>
APRIL 2020	
	"Winter Cross Country Training Commences"
Mon 13/4/20	BLAC Executive Meeting 7:30pm ¹
MAY 2020	
	"Winter Cross Country Events Commence"
Mon 11/5/20	BLAC Annual General Meeting - Gerry Archer Athletic Track 7:30pm

CALENDAR NOTES

****Due to the State Relay Championships, our Saturday competition will be moved to Sunday 15th December.**

***The 1500m Invitational Event will have a different format this season and will not be a handicapped event.**

¹Unless otherwise advised, all Executive meetings are open door. Club delegates will be advised, prior to meeting, of the agenda and any specific meeting that they should attend.

EVENT PROGRAMS

Programs are run over three weekends (programs A, B & C).

This allows athletes to compete in each event up to five times over the season.

Athletes must compete in an event at least three (3) times to qualify for that event at Centre Championships. Extenuating circumstances will be looked at on a case by case basis.

Note: Programs are subject to change by the Arena Manager on the day of competition or by the Executive Committee prior to competition. Clubs will be advised through their Club Manager of program changes where possible.

PROGRAM A BOYS				
AGE	EVENTS			
U6	200m		Vortex	70m
U7	200m		Vortex	70m
U8	200m		Shot	70m
U9	200m	400m	Shot	High
U10	200m	800m	Turbo	Long
U11	200m	1500m	Discus	Long
U12	200m	1500m	Shot	High
U13	200m	1500m	Javelin	High
U14	200m	1500m	Shot	High
U15-17	200m	1500m	Discus	Long

PROGRAM A GIRLS				
AGE	EVENTS			
U6	200m		Discus	70m
U7	200m		Discus	70m
U8	200m		Shot	70m
U9	200m	400m	Shot	High
U10	200m	800m	Discus	Long
U11	200m	1500m	Discus	Long
U12	200m	1500m	Discus	Triple
U13	200m	1500m	Discus	High
U14	200m	1500m	Javelin	Triple
U15-17	200m	1500m	Javelin	Triple

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON**PROGRAM B BOYS**

AGE	EVENTS				
U6-7	100m	70m	Shot		
U8	100m	70m	Turbo		
U9	100m	70m	Discus		700mW
U10	100m		Discus	High	1100mW
U11	100m	400m	Shot	Triple	1100mW
U12	100m	800m	Javelin	Long	
U13	100m	800m	Discus	Long	200mH
U14	100m	800m	Javelin	Long	200mH
U15-17	100m	800m	Javelin	Triple	300mH

PROGRAM B GIRLS

AGE	EVENTS				
U6-7	100m	70m	Vortex	Long	
U8	100m	70m	Discus	Long	
U9	100m	70m	Turbo		700mW
U10	100m		Shot	High	1100mW
U11	100m	400m	Shot	High	1100mW
U12	100m	800m	Javelin	Long	
U13	100m	800m	Shot	Triple	200mH
U14	100m	800m	Discus	High	200mH
U15-17	100m	800m	Discus	High	300mH

PROGRAM C BOYS

AGE	EVENTS				
U6-7		300m	60mH mini	Long	Discus
U8		500m	60mH	Long	Discus
U9		800m	60mH	Long	Turbo
U10	70m	400m	60mH		Shot
U11		800m	80mH	High	Javelin
U12	1500mW	400m	80mH	Triple	Discus
U13	1500mW	400m	80mH	Triple	Shot
U14	1500mW	400m	90mH	Triple	Discus
U15-17	1500mW	400m	100-110mH	High	Shot

PROGRAM C GIRLS

AGE	EVENTS				
U6-7		300m	60mH mini		Shot
U8		500m	60mH		Turbo
U9		800m	60mH	Long	Discus
U10	70m	400m	60mH		Turbo
U11		800m	80mH	Triple	Javelin
U12	1500mW	400m	80mH	High	Shot
U13	1500mW	400m	80mH	Long	Javelin
U14	1500mW	400m	80mH	Long	Shot
U15-17	1500mW	400m	90-100mH	Long	Shot

**CENTRE CHAMPIONSHIPS
PROGRAM 1 BOYS**

AGE	EVENTS						
U6	Shot	Long		60mH mini	200m	70m	
U7	Shot	Long		60mH mini	200m	70m	
U8	Shot	Long		60mH	200m	70m	
U9	Shot	Long	High	60mH	200m		700mW
U10	Shot	Long	High	60mH	200m		1100mW
U11	Shot	Long	High	80mH	200m	800m	1100mW
U12	Discus	Long	High	80mH	200m	800m	1500mW
U13	Discus	Long	High	80mH	200m	800m	1500mW
U14	Discus	Long	High	90mH	200m	800m	1500mW
U15-17	Discus	Long	High	100-110mH	200m	800m	1500mW

**CENTRE CHAMPIONSHIPS
PROGRAM 1 GIRLS**

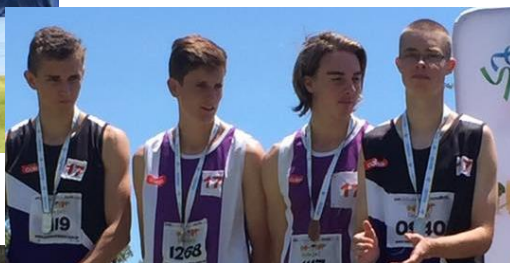
AGE	EVENTS						
U6	Vortex	Discus		60mH mini	200m	70m	
U7	Vortex	Discus		60mH mini	200m	70m	
U8	Turbo	Discus		60mH	200m	70m	
U9	Turbo	Discus		60mH	200m	800m	700mW
U10	Turbo	Discus		60mH	200m	800m	1100mW
U11	Javelin	Discus	Triple	80mH	200m	800m	1100mW
U12	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U13	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U14	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U15-17	Javelin	Shot	Triple	90-100mH	200m	800m	1500mW



U8G 4x200m Relay Team (above)

U13G 4x400m Relay Team (below)

U17B 4x400m Relay Team (below)



**CENTRE CHAMPIONSHIPS
PROGRAM 2 BOYS**

AGE	EVENTS						
U6	Vortex	Discus		100m		300m	
U7	Vortex	Discus		100m		300m	
U8	Turbo	Discus		100m		500m	
U9	Turbo	Discus		100m	800m	400m	70m
U10	Turbo	Discus		100m	800m	400m	70m
U11	Javelin	Discus	Triple	100m	1500m	400m	
U12	Javelin	Shot	Triple	100m	1500m	400m	
U13	Javelin	Shot	Triple	100m	1500m	400m	200mH
U14	Javelin	Shot	Triple	100m	1500m	400m	200mH
U15-17	Javelin	Shot	Triple	100m	1500m	400m	300mH

**CENTRE CHAMPIONSHIPS
PROGRAM 2 GIRLS**

AGE	EVENTS						
U6	Shot	Long		100m		300m	
U7	Shot	Long		100m		300m	
U8	Shot	Long		100m		500m	
U9	Shot	Long	High	100m		400m	70m
U10	Shot	Long	High	100m		400m	70m
U11	Shot	Long	High	100m	1500m	400m	
U12	Discus	Long	High	100m	1500m	400m	
U13	Discus	Long	High	100m	1500m	400m	200mH
U14	Discus	Long	High	100m	1500m	400m	200mH
U15-17	Discus	Long	High	100m	1500m	400m	300mH



U14G 4x100m Relay Team (above)



U15B Field Relay Team (above)

U17B 4x100m Relay Team (below)



U16/17G 4x400m Relay Team (below)



**BELMONT LITTLE ATHLETICS CENTRE
STATE U13 REPRESENTATIVES HONOURS LIST**

Year	Boys	Girls
1971	I. Wilson	
1972	S. Dennon, G. Keeley, D. Millar, R. Smith	
1973	I. Murray	O. Allen, D. Coplen, M. Prestige
1974	N. Harman, A. Martin	N. Hitchens, M. Strachan
1975		T. Armstrong, M. Brignoli, C. Perry, C. Tunstall
1976		S. Timmings, S. Wijesundera
1977		K. Tunstall, S. Wijesundera
1978	R. Joyce, B. Renton, A. Watson	
1980	R. Crockett, D. Ogg	T. Heys, R. Lee
1981		N. Gallagher
1982		V. French
1985	A. Frew, B. Netherway	
1986	M. Lewenhoff	T. Walsh
1989		J. Davies
1990	S. Anderson	
1991		A. Frew, J. Taputoro
1993	P. Campo	
1997	S. Luckens, A. Sampey	M. Magdic, C. Boyanich
1999	T. Abreu, S. Boyle	
2000	M. Webber	
2001	B. Jarvis	
2004		J. Ward
2009	B. McInerney	
2016	P. Stervaggi, A. Vargiolu	
2017	M. Bostock	
2018		L. Stump, A. Lewis
2019	K. Ascoli, D. Cowin	O. Dodds

**BELMONT LITTLE ATHLETICS CENTRE
STATE U15 MULTI EVENT REPRESENTATIVES HONOURS LIST**

Year	Boys	Girls
2017	J. Jones	
2018		E. Dodds
2019	B. Colebrook	E. Ferguson

STATE TEAM OFFICIALS HONOURS LIST

1973	T. Millar (Manageress)	1983	F. French (Manageress)
1973	R. Hardman (Manager)	1986	F. French (Singapore Team Manageress)
1975	J. Hardman (Manageress)	2012	T. Petts (Coach)
1975	R. Smith (Manager)	2013	T. Petts (Coach)
1976	J. Hardman (Manageress)	2014	T. Petts (Coach)
1980	N. MacKenzie (Manageress)	2015	T. Petts (Coach)
1981	N. MacKenzie (Manageress)	2016	T. Petts (Coach)
1982	F. French (Manageress)	2017	T. Petts (Coach)
1982	M. Lee (Coach)		

2018 – 2019 REPRESENTATIVE HONOURS

U14/15 International Team - International Little Athletics Championships Malaysia, 10th & 11th July 2019

Paige Bower – **SILVER** Javelin, 7th Shotput, 5th Discus
Laura Stump – **SILVER** 800m, **SILVER** 4x400m relay
Anastasia Raimundo – 4th 4x100m relay, 6th Triple Jump
Annaleigh Lewis – **SILVER** High Jump, **BRONZE** 4x400m relay, 5th 1500m
Callum Fare – 5th Discus, 5th Javelin, 5th Shotput, 4th 200m H

2019 COLES Australian Little Athletics Championships - Hobart - 27th & 28th April 2019

Olivia Dodds- 4th 200mH 28.83, 200m 28.47, 2nd 80mH 12.59, 100m 13.71
Kayel Ascoli- 14th Long Jump 4.92m, 200mH 29.54
Declan Cowin- 7th Javelin 35.14m, 400m 1:03.65
Emma Ferguson- 21st Heptathlon
Ben Colebrook- 18th Heptathlon

STATE RELAY CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, 1st December 2018

U8 G 4 x 200m (Stella Slee, Chloe Reeves, Alison Dusenber, Amy Stump, Tory D'Alessio) –
BRONZE

U13 G 4 x 400m (Olivia Dodds, Elyssa Lewis, Abbey Henshall, Kaylee Myles, Ilah Ody) – **BRONZE**

U14 G 4 x 100m (Hope Arrowsmith, Paige Bower, Isabelle Rosalia, Olivia Trueman) – **BRONZE**

U16/17 G 4 x400m (Shannon Statham, Emma Ferguson, Rebekah Ford, Amberlee Statham, Naomi Hayes) – **BRONZE**

U16/17 G 4 x100m (Shannon Statham, Kheirra Elliott, Rebekah Ford, Amberlee Statham, Naomi Hayes) – **BRONZE**

U16/17 B 4 x 400m (Thomas Hilditch, Kye Scott, Nathan Morris, Seth Norman) – **SILVER**

U17 B 4 x100m (Ethan Hopley, Flynn Hardcastle-Sharp, Seth Norman, Thomas Hilditch) – **SILVER**

U15 B Field Relay (Ben Colebrook & Callum Fare) – **SILVER**

STATE COMBINED EVENT CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, 2nd and 3rd February 2019

U13 G Olivia Dodds – **GOLD**

U14 B Tristen Burgess – **GOLD** (State Record)

U14 G Olivia Trueman – **SILVER**

U17 G Amberlee Statham – **SILVER**

U17 G Shannon Statham – **BRONZE**

U17 B Seth Norman – **SILVER**

This season the Champion Centre award was won by Belmont with a massive 71,135 points achieved overall. Well done to all our athletes who competed on the weekend.

2018 – 2019 HONOURS & AWARDS

BELMONT LITTLE ATHLETICS CENTRE CAPTAINS

Each season, Clubs nominate athletes for selection as Centre Captains by the Executive Committee.
The 2018 - 2019 captains were:

Alyssa Rowe (Forrestfield)	Thomas Hilditch (High Wycombe)
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BELMONT SPORTSPERSON OF THE YEAR: Jordan Cooley (Carlisle/Rivervale)

PERPETUAL TROPHY WINNERS

For outstanding performances in the following event categories:

South Australian LA Team Trophy (Middle Distance)	Maia Goodall (Kalamunda/Lesmurdie)
Vanessa French Trophy (Throws)	Thomas Hilditch (High Wycombe)
Pat Lewis Trophy (Sprints & Hurdles)	Seth Norman (Forrestfield)
Kim Beazley Trophy (Jumps)	Ruby Henshall (Forrestfield)
Merle Carter Trophy (Walks)	Harley Muir (Carlisle/Rivervale)
Junior Athlete of the Year	Ataya Bell (Forrestfield) Tanxsta Harris (Carlisle/Rivervale)
Intermediate Athlete of the Year	Ruby Henshall (Forrestfield) William Tilbee (Kewdale)
Senior Athlete of the Year	Olivia Trueman (Willandra) Seth Norman (Forrestfield)

CHAMPION CLUBS

French Family Trophy Champion Club – Overall Winner	Forrestfield
Joy Hardman Trophy Champion Club – Handicap Winner	Kewdale
March Past Award Winners	High Wycombe
Parent Relay Winners	Willandra

CENTRE PERSON OF THE YEAR: Carl Gosper (Victoria Park)



CLUB AGE GROUP CHAMPIONS

	Boys	Girls
U6	Kalamunda/Lesmurdie	Carlisle/Rivervale
U7	Carlisle/Rivervale	Forrestfield
U8	Carlisle/Rivervale	Kalamunda/Lesmurdie
U9	Kalamunda/Lesmurdie	Kalamunda/Lesmurdie
U10	Forrestfield	Forrestfield
U11	Kewdale	Kewdale
U12	Kewdale	Kalamunda/Lesmurdie
U13	Carlisle/Rivervale	Forrestfield
U14	Forrestfield	Kewdale
U15	Carlisle/Rivervale	Kewdale
U16	Willandra	High Wycombe
U17	High Wycombe	Carlisle/Rivervale

Champion Boy

Runner Up Boy

U6	Jacob Neal (Kalamunda/Lesmurdie)	Lincoln Rodman (Kewdale)
U7	Mack Mills (High Wycombe)	Mogga Jansuk (Willandra)
U8	Tanxsta Harris (Carlisle/Rivervale)	Jackson Gilders (Kalamunda/Lesmurdie)
U9	Ashley Clayton (Kewdale)	Nathaniel Martin (Kalamunda/Lesmurdie)
U10	Trent D'Alessio (Carlisle/Rivervale)	Duku Jansuk (Willandra)
U11	Riley Clayton (Kewdale)	Oscar McManus (Kewdale)
U12	William Tilbee (Kewdale)	Noah Statham (Carlisle/Rivervale)
U13	Kayel Ascoli (Forrestfield)	Samuel Stribley (Kewdale)
U14	Aiden Warner (Willandra)	Tristen Burgess (Carlisle/Rivervale)
U15	Callum Fare (Carlisle/Rivervale)	Nicholas Marcar (High Wycombe)
U16	Bailey Allen (Willandra)	Mitchell Bostock (High Wycombe)
U17	Thomas Hilditch (High Wycombe)	Jye O'Leary (High Wycombe)

Champion Girl

Runner Up Girl

U6	Taylah Gilders (Kalamunda/Lesmurdie)	Shian Hune (High Wycombe)
U7	Ataya Bell (Forrestfield)	Maddison Van Der Togt Forrestfield)
U8	Olivia Weston (Kewdale)	Amy Stump (Kalamunda/Lesmurdie)
U9	Madison Mills (High Wycombe)	Cassidy Clarke (Forrestfield)
U10	Scarlet Van Beek (Forrestfield)	Amelie Markovic (Kalamunda/Lesmurdie)
U11	Ruby Henshall (Forrestfield)	Heidi Thompson (Carlisle/Rivervale)
U12	Asha Ascoli (Forrestfield)	Bonnie Greenway (Kalamunda/Lesmurdie)
U13	Abbey Henshall (Forrestfield)	Kaylee Myles (Forrestfield)
U14	Isabelle Rosalia (Kewdale)	Laura Stump (Kalamunda/Lesmurdie)
U15	Annaleigh Lewis (Kewdale)	Anastasia Raimundo (Willandra)
U16	Kheirra Elliott (High Wycombe)	Ella Dodds (Willandra)
U17	Amberlee Statham (Carlisle/Rivervale)	Shannon Statham (Carlisle/Rivervale)

BLAC 12-YEAR SERVICE ATHLETE AWARDS

Alyssa Rowe (FF)

BLAC 9-YEAR SERVICE ATHLETE AWARDS

Nathan Morris (FF), Tara Stribley (Kew), Ashley Muir (CR), Siobhan Painter (HW)

BLAC 6-YEAR SERVICE ATHLETE AWARDS

Nicole Miller (Wil), Olivia Nanut (HW), Georgina Punshon (HW), Choe Mills (HW), Jaymee Taylor (HW), Jake Mills (HW), Blake Orr (HW), Myles Byng (CR), Harley Muir (CR), Harrison Fare (CR), Laura Stump (KL), Brianna Goss (VP), William Tilbee (Kew), Klara Tilbee (Kew), Oscar McManus (Kew), Maddison Walters (Kew), Anthony Crawford (Kew)

LAWA 8-YEAR SERVICE ATHLETE AWARDS

Courtney Appelbee (FF), Emma Ferguson (FF), Lilly Cunningham (HW), Kye Scott (Kew), Samuel Stribley (Kew), Nicole Miller (Wil), Remy Fernando (KL)

LAWA 10-YEAR SERVICE PARENT AWARDS

Vicki Hayes (HW), Jennifer Burgess (HW)

LAWA 5-YEAR SERVICE PARENT AWARDS

Hayley Trueman (Wil), Andrew Trueman (Wil), Andrea Thompson (CR), Phil Cooley (CR), Renae Byng (CR), Darren Byng (CR), Jacinta Thompson (CR), Kerry Henshall (FF), Paul Henshall (FF), Deanne Myles (FF), Brett Myles (FF), Michelle Dillon (FF), Amanda Rudd (HW), Kelly Orr (HW), Priya Sankar (HW), Raju Narayanan (HW), Lowinina Punshon (HW), Simone Mills (HW), Kelly Taylor (HW), Amanda McManus (Kew), Colin McManus (Kew), Emma Richmond (Kew), Dan Richmond (Kew), Kristy Douglas (Kew), Kate Tilbee (Kew), Geoff Tilbee (Kew), Jacki Walters (Kew), Maria Crawford (Kew), John Crawford (Kew), Sarah Greenway (KL), Lynda McGrath (KL), Emma McGehan (KL), Brett McGehan (KL), Ruth Stump (KL), Tom Stump (KL), Claire Goss (VP), Nathan Goss (VP), Priti Palande (VP), Vinnie Palande (VP)



“2019 International Tour- Malaysia”

From Left: Anastasia Raimundo, Annaleigh Lewis, Paige Bower, Callum Fare, Laura Stump.

LAWA ATHLETE OF THE YEAR NOMINEES: NIL

LAWA DOUG HANCY AWARD NOMINEES: Callum Fare (CR)

LAWA CENTRE AWARDS

Centre Administrator of the Year: Jacinta Thompson (CR)

Centre Official of the Year: Nicki Carvalho (FF)

Centre Coach of the Year: Dennis Fare (CR)

BLAC Under 17 – Final Year Gift Recipients

Jaymee Taylor
Naomi Hayes
Georgia Punshon
Rebekah Ford
Alyssa Rowe
Emilia Raimundo
Stephanie Ginsburg
Thomas Hilditch
Jye O'Leary
Nathan Morris
Seth Norman
Kye Scott
Ethan Hopley
Olivia Nanut
Siobhan Painter
Amberlee Statham
Shannon Statham
Flynn Hardcastle-Sharp



CENTRE CHAMPIONSHIPS MEDAL WINNERS

9th & 16th February 2019

	U6 Girls	Result		U6 Boys	Result
	200m			70m	
Gold	Hannah Moylan	43.67	Gold	Jacob Neal	15.63
Silver	Taylah Gilders	46.03	Silver	Linkin Rodman	16.47
Bronze	Layla Edwards	51.07	Bronze	Ethan Muijs	16.62
	60m mini Hurdles			Long Jump	
Gold	Hannah Moylan	13.28	Gold	Jacob Neal	1.91m
Silver	Taylah Gilders	13.34	Silver	Lucas Brady	1.89m
Bronze	Layla Edwards	14.96	Bronze	Linkin Rodman	1.88m
	70m			Shot put 1kg	
Gold	Hannah Moylan	14.29	Gold	Linkin Rodman	3.97m
Silver	Taylah Gilders	15.01	Silver	Lucas Brady	2.83m
Bronze	Shiann Hune	15.09	Bronze	Jacob Neal	2.56m
	Discus 350g			100m	
Gold	Taylah Gilders	8.33m	Gold	Jacob Neal	22.75
Silver	Layla Edwards	3.85m	Silver	Linkin Rodman	23.54
Bronze	Mya Veron	3.83m	Bronze	Lucas Brady	24.02
	Vortex			300m	
Gold	Taylah Gilders	8.35m	Gold	Linkin Rodman	1:19.94
Silver	Hannah Moylan	4.99m	Silver	Jacob Neal	1:24.24
Bronze	Shiann Hune	4.35m	Bronze	Ethan Muijs	1:32.36
	100m			Discus 350g	
Gold	Hannah Moylan	20.46	Gold	Linkin Rodman	7.82m
Silver	Layla Edwards	21.80	Silver	Jacob Neal	7.40m
Bronze	Taylah Gilders	21.98	Bronze	Lucas Brady	3.79m
	300m			Vortex	
Gold	Hannah Moylan	1:10.43	Gold	Eston Lema	9.80m
Silver	Taylah Gilders	1:15.12	Silver	Linkin Rodman	9.56m
Bronze	Layla Edwards	1:18.78	Bronze	Jacob Neal	7.37m
	Long Jump				
Gold	Taylah Gilders	2.28m		U7 Girls	
Silver	Hannah Moylan	2.16m		200m	
Bronze	Layla Edwards	2.07m	Gold	Ataya Bell	41.76
	Shot put 1kg		Silver	Arianna Pillera	42.81
Gold	Hannah Moylan	2.67m	Bronze	Samahra Dangerfield	45.18
Silver	Taylah Gilders	2.61m		60m mini Hurdles	
Bronze	Peyton Orr	2.38m	Gold	Ataya Bell	12.45
			Silver	Arianna Pillera	12.54
	U6 Boys		Bronze	Samahra Dangerfield	13.60
	200m			70m	
Gold	Jacob Neal	50.01	Gold	Arianna Pillera	12.68
Silver	Ethan Muijs	51.49	Silver	Ataya Bell	13.04
Bronze	Lucas Brady	53.34	Bronze	Maddison van der Togt	14.34
	60m mini Hurdles			Discus 500g	
Gold	Jacob Neal	14.54	Gold	Ataya Bell	13.30m
Silver	Linkin Rodman	14.65	Silver	Samahra Dangerfield	9.43m
Bronze	Ethan Muijs	15.52	Bronze	Arianna Pillera	8.33m

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U7 Girls	Result		U7 Boys	Result
	<i>Vortex</i>			<i>Discus 350g</i>	
Gold	Ataya Bell	21.16m	Gold	Boston Rodman	10.54m
Silver	Maddison van der Togt	14.55m	Silver	Mack Mills	9.97m
Bronze	Lexi Walters	9.51m	Bronze	Mogga Jaysen Jansuk	9.97m
	<i>100m</i>			<i>Vortex</i>	
Gold	Ataya Bell	18.60	Gold	Boston Rodman	22.25m
Silver	Arianna Pillera	19.39	Silver	Gabriel van Heerwaarden	12.41m
Bronze	Samahra Dangerfield	21.37	Bronze	Mogga Jaysen Jansuk	11.82m
	<i>300m</i>				
Gold	Arianna Pillera	1:02.91		<i>U8 Girls</i>	
Silver	Ataya Bell	1:03.34		<i>200m</i>	
Bronze	Maddison van der Togt	1:12.13	Gold	Amy Stump	38.04
	<i>Long Jump</i>		Silver	Chloe Reeves	39.61
Gold	Arianna Pillera	2.85m	Bronze	Olivia Weston	40.50
Silver	Ataya Bell	2.84m		<i>60m Hurdles</i>	
Bronze	Samahra Dangerfield	2.67m	Gold	Amy Stump	13.27
	<i>Shot put 1kg</i>		Silver	Stella Slee	13.41
Gold	Ataya Bell	4.94m	Bronze	Chloe Reeves	13.89
Silver	Samahra Dangerfield	4.15m		<i>70m</i>	
Bronze	Arianna Pillera	3.54m	Gold	Amy Stump	12.25
			Silver	Chloe Reeves	12.26
			Bronze	Olivia Weston	13.01
	<i>U7 Boys</i>				
	<i>200m</i>			<i>Discus 500g</i>	
Gold	Mogga Jaysen Jansuk	38.39	Gold	Chloe Reeves	11.18m
Silver	Jase Goodall	41.42	Silver	Stella Slee	9.39m
Bronze	Mack Mills	41.50	Bronze	Isabella Logan	9.21m
	<i>60m mini Hurdles</i>			<i>Turbo Javelin</i>	
Gold	Mogga Jaysen Jansuk	12.28	Gold	Stella Slee	8.57m
Silver	Jase Goodall	12.47	Silver	Isabella Logan	8.12m
Bronze	Gabriel van Heerwaarden	12.51	Bronze	Tory D'Alessio	7.92m
	<i>70m</i>			<i>100m</i>	
Gold	Mogga Jaysen Jansuk	12.29	Gold	Amy Stump	17.50
Silver	Mack Mills	12.51	Silver	Chloe Reeves	17.89
Bronze	Gabriel van Heerwaarden	13.14	Bronze	Olivia Weston	18.36
	<i>Long Jump</i>			<i>500m</i>	
Gold	Mogga Jaysen Jansuk	3.04m	Gold	Tory D'Alessio	1:53.14
Silver	Mack Mills	2.84m	Silver	Olivia Weston	1:53.86
Bronze	Gabriel van Heerwaarden	2.48m	Bronze	Chloe Reeves	2:01.61
	<i>Shot put 1kg</i>			<i>Long Jump</i>	
Gold	Mack Mills	5.38m	Gold	Chloe Reeves	2.97m
Silver	Jase Goodall	4.67m	Silver	Bethany Moylan	2.86m
Bronze	Boston Rodman	4.65m	Bronze	Amy Stump	2.85m
	<i>100m</i>			<i>Shot put 1.5kg</i>	
Gold	Mogga Jaysen Jansuk	18.22	Gold	Alison Dusenberg	3.87m
Silver	Jase Goodall	19.33	Silver	Isabella Logan	3.87m
Bronze	Gabriel van Heerwaarden	19.62	Bronze	Chloe Reeves	3.70m
	<i>300m</i>				
Gold	Mogga Jaysen Jansuk	59.29			
Silver	Mack Mills	1:01.66			
Bronze	Gabriel van Heerwaarden	1:03.76			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U8 Boys	Result		U9 Girls	Result
	200m			800m	
Gold	Tanxsta Harris	35.15	Gold	Madison Mills	3:10.46
Silver	Noah Lewis	35.62	Silver	Phoebe Monk	3:21.92
Bronze	Jackson Gilders	37.23	Bronze	Laura Considine	3:25.86
	60m Hurdles			Discus 500g	
Gold	Tanxsta Harris	12.31	Gold	Cassidy Clarke	16.68m
Silver	Jackson Gilders	12.79	Silver	Laura Considine	16.30m
Bronze	Noah Lewis	12.84	Bronze	Maia Goodall	14.54m
	70m			Turbo Javelin	
Gold	Tanxsta Harris	11.59	Gold	Madison Mills	15.28m
Silver	Jackson Gilders	11.74	Silver	Cassidy Clarke	15.26m
Bronze	Noah Lewis	12.15	Bronze	Laura Considine	13.30m
	Long Jump			100m	
Gold	Tanxsta Harris	3.37m	Gold	Maia Goodall	16.76
Silver	Jackson Gilders	3.17m	Silver	Cassidy Clarke	17.50
Bronze	Nate Tingwell	2.99m	Bronze	Madison Mills	17.79
	Shot put 1.5kg			70m	
Gold	Tanxsta Harris	6.18m	Gold	Maia Goodall	11.52
Silver	Jackson Gilders	5.72m	Silver	Cassidy Clarke	11.89
Bronze	Mason Baker	5.31m	Bronze	Emma Wilson	12.25
	100m			400m	
Gold	Tanxsta Harris	16.25	Gold	Maia Goodall	1:21.10
Silver	Jackson Gilders	17.09	Silver	Madison Mills	1:24.23
Bronze	Noah Lewis	17.27	Bronze	Laura Considine	1:27.97
	500m		Bronze	Cassidy Clarke	1:27.97
Gold	Noah Lewis	1:45.13		Long Jump	
Silver	Tanxsta Harris	1:46.89	Gold	Madison Mills	3.19m
Bronze	Jackson Gilders	1:49.30	Silver	Maia Goodall	3.16m
	Discus 500g		Bronze	Laura Considine	3.08m
Gold	Tanxsta Harris	15.77m		Shot put 2kg	
Silver	Lincoln Muijs	12.15m	Gold	Madison Mills	4.71m
Bronze	Kaden Haydari	11.77m	Silver	Laura Considine	4.68m
	Turbo Javelin		Bronze	Cassidy Clarke	4.51m
Gold	Tanxsta Harris	18.02m		High Jump - Scissor	
Silver	Noah Lewis	14.17m	Gold	Laura Considine	1.01m
Bronze	James McDonnell	13.91m	Silver	Emily Scott	0.99m
			Bronze	Michaela Logan	0.99m
	U9 Girls				
	200m			U9 Boys	
Gold	Maia Goodall	35.37		200m	
Silver	Cassidy Clarke	37.86	Gold	Nathaniel Martin	33.24
Bronze	Emily Scott	38.07	Silver	Thomas Davey	34.26
	60m Hurdles		Bronze	Nathan Scott	35.06
Gold	Maia Goodall	12.16		60m Hurdles	
Silver	Madison Mills	12.32	Gold	Ashley Clayton	11.60
Bronze	Cassidy Clarke	12.43	Silver	Nathaniel Martin	11.64
	700m Walk		Bronze	Thomas Davey	12.00
Gold	Cassidy Clarke	4:47.43		700m Walk	
Silver	Trinity Doulis	4:47.75	Gold	Orson Bennett	4:37.15
Bronze	Madison Mills	4:53.72	Silver	Ashley Clayton	4:37.54
			Bronze	Nathaniel Martin	4:55.51

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U9 Boys	Result		U10 Girls	Result
	High Jump - Scissor			800m	
Gold	Thomas Davey	1.09m	Gold	Amelie Markovic	3:06.22
Silver	Nathaniel Martin	1.06m	Silver	Paige Myles	3:12.21
Bronze	Xavier Allison	1.03m	Bronze	Josephine Gosper	3:17.69
	Long Jump			Discus 500g	
Gold	Nathaniel Martin	3.66m	Gold	Scarlet Van Beek	24.47m
Silver	Thomas Davey	3.58m	Silver	Amelie Markovic	18.31m
Bronze	Nathan Scott	3.51m	Bronze	Ella Evangelista-Comito	15.81m
	Shot put 2kg			100m	
Gold	Nathan Scott	6.08m	Gold	Amelie Markovic	15.56
Silver	Xavier Allison	5.66m	Silver	Scarlet Van Beek	15.62
Bronze	Ashley Clayton	5.27m	Bronze	Paige Myles	16.79
	100m		Bronze	Skye Lehman	16.79
Gold	Nathaniel Martin	16.03		Turbo Javelin	
Silver	Thomas Davey	16.50	Gold	Scarlet Van Beek	16.23m
Bronze	Nathan Scott	16.90	Silver	Ella Evangelista-Comito	15.31m
	400m		Bronze	Amelie Markovic	12.09m
Gold	Nathaniel Martin	1:18.16		400m	
Silver	Thomas Davey	1:19.37	Gold	Amelie Markovic	1:18.93
Bronze	Nathan Scott	1:25.40	Silver	Paige Myles	1:20.98
	70m		Bronze	Scarlet Van Beek	1:24.08
Gold	Nathaniel Martin	10.86		70m	
Silver	Thomas Davey	11.27	Gold	Amelie Markovic	11.05
Bronze	Ashley Clayton	11.49	Silver	Scarlet Van Beek	11.14
	800m		Bronze	Skye Lehman	11.86
Gold	Nathaniel Martin	2:58.17		High Jump - Scissor	
Silver	Thomas Davey	2:59.72	Gold	Amelie Markovic	1.14m
Bronze	Nathan Scott	3:07.73	Silver	Scarlet Van Beek	1.08m
	Discus 500g		Bronze	Paige Myles	1.06m
Gold	Nathaniel Martin	15.46m		Long Jump	
Silver	Ashley Clayton	14.45m	Gold	Scarlet Van Beek	3.82m
Bronze	Heath Orr	13.33m	Silver	Amelie Markovic	3.80m
	Turbo Javelin		Bronze	Paige Myles	3.50m
Gold	Ashley Clayton	22.30m		Shot put 2kg	
Silver	Nathan Scott	19.91m	Gold	Scarlet Van Beek	6.83m
Bronze	Nathaniel Martin	16.14m	Silver	Amelie Markovic	5.70m
			Bronze	Jessica Muijs	4.79m
	U10 Girls				
	1100m Walk			U10 Boys	
Gold	Amelie Markovic	7:12.33		1100m Walk	
Silver	Sarah Turnour	7:18.20	Gold	Thomas Webb	7:20.63
Bronze	Scarlet Van Beek	7:38.48	Silver	Trent D'Alessio	7:20.79
	200m		Bronze	Daniel Holt	7:40.07
Gold	Amelie Markovic	33.04		200m	
Silver	Scarlet Van Beek	33.39	Gold	Tully McGrath	32.02
Bronze	Skye Lehman	35.50	Silver	Patrick Martin	33.66
	60m Hurdles		Bronze	Trent D'Alessio	33.77
Gold	Scarlet Van Beek	11.25		60m Hurdles	
Silver	Amelie Markovic	11.49	Gold	Thomas Webb	11.59
Bronze	Paige Myles	13.19	Silver	Tully McGrath	12.25
			Bronze	Louis Trueman	12.32

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U10 Boys	Result		U11 Girls	Result
	High Jump - Scissor			800m	
Gold	Liam Sanders	1.13m	Gold	Maddison Walters	2:56.40
Silver	Mitchell Grabski	1.11m	Silver	Summer Ajduk	2:59.10
Bronze	Cooper McDonald	1.11m	Bronze	Heidi Thompson	3:08.46
	Long Jump			Discus 500g	
Gold	Tully McGrath	3.88m	Gold	Theory Snooks - Holding	23.14m
Silver	Patrick Martin	3.78m	Silver	Ruby Henshall	21.93m
Bronze	Thomas Webb	3.62m	Bronze	Heidi Thompson	19.63m
	Shot put 2kg			Javelin 400g	
Gold	Tully McGrath	6.49m	Gold	Ruby Henshall	26.42m
Silver	Mitchell Grabski	6.39m	Silver	Theory Snooks - Holding	18.20m
Bronze	Tristian Wilson	6.35m	Bronze	Summer Ajduk	18.01m
	100m			Triple Jump	
Gold	Tully McGrath	15.31	Gold	Maddison Walters	8.00m
Silver	Louis Trueman	15.83	Silver	Ruby Henshall	7.92m
Bronze	Patrick Martin	15.88	Bronze	Heidi Thompson	7.67m
	400m			100m	
Gold	Tully McGrath	1:15.25	Gold	Ruby Henshall	15.39
Silver	Trent D'Alessio	1:18.53	Silver	Charlotte Trueman	15.83
Bronze	Thomas Webb	1:19.89	Bronze	Maddison Walters	16.16
	70m			1500m	
Gold	Tully McGrath	10.71	Gold	Maddison Walters	5:53.40
Silver	Louis Trueman	10.87	Silver	Josephine Zuber	6:17.33
Bronze	Thomas Webb	10.89	Bronze	Heidi Thompson	6:22.53
	800m			400m	
Gold	Tully McGrath	2:52.03	Gold	Ruby Henshall	1:14.82
Silver	Trent D'Alessio	2:57.90	Silver	Maddison Walters	1:15.43
Bronze	Duku Jack Jansuk	3:01.64	Bronze	Charlotte Trueman	1:16.33
	Discus 500g			High Jump - Fosbury	
Gold	Tristian Wilson	19.99m	Gold	Ruby Henshall	1.40m
Silver	Ryan Arnold	19.56m	Silver	Charlotte Trueman	1.25m
Bronze	Mitchell Grabski	17.56m	Bronze	Heidi Thompson	1.20m
	Turbo Javelin			Long Jump	
Gold	Tristian Wilson	22.15m	Gold	Ruby Henshall	3.96m
Silver	Trent D'Alessio	20.75m	Silver	Charlotte Trueman	3.73m
Bronze	Ryan Arnold	19.77m	Bronze	Heidi Thompson	3.49m
				Shot put 2kg	
	U11 Girls		Gold	Ruby Henshall	7.42m
	1100m Walk		Silver	Theory Snooks - Holding	7.34m
Gold	Heidi Thompson	6:25.20	Bronze	Heidi Thompson	6.70m
Silver	Ruby Henshall	7:12.76			
Bronze	Klara Tilbee	7:36.40		U11 Boys	
	200m			1100m Walk	
Gold	Ruby Henshall	32.60	Gold	Lucas Warner	7:35.62
Silver	Charlotte Trueman	33.16	Silver	Oscar McManus	7:38.38
Bronze	Maddison Walters	34.30	Bronze	Richard Lewandowski	7:41.01
	60m Hurdles			200m	
Gold	Ruby Henshall	11.44	Gold	Shawn Tshidibu	31.36
Silver	Charlotte Trueman	12.35	Silver	Jake Mills	31.88
Bronze	Heidi Thompson	12.42	Bronze	Riley Clayton	32.52

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U11 Boys	Result		U12 Girls	
	800m			1500m Walk	
Gold	Jake Mills	2:46.33	Gold	Lilly Ajduk	10:03.87
Silver	Oscar McManus	2:55.58	Silver	Asha Ascoli	10:17.14
Bronze	Harley Muir	2:57.18	Bronze	Hayley Clarke	10:48.48
	Discus 500g			200m	
Gold	Shawn Tshidibu	23.71m	Gold	Emma Lancaster	31.99
Silver	Riley Clayton	23.53m	Silver	Sharon Onyemgba	32.96
Bronze	Oscar McManus	21.15m	Bronze	Hayley Clarke	33.65
	Javelin 400g			800m	
Gold	Riley Clayton	27.15m	Gold	Emma Lancaster	2:53.39
Silver	Jake Mills	21.82m	Silver	Sienna Jones	3:01.75
Bronze	Oscar McManus	20.45m	Bronze	Sharon Onyemgba	3:04.33
	Triple Jump			Discus 750g	
Gold	Shawn Tshidibu	8.98m	Gold	Lilly Ajduk	19.31m
Silver	Oscar McManus	8.57m	Silver	Grace Cunningham	18.87m
Bronze	Connor Muijs	7.71m	Bronze	Asha Ascoli	17.19m
	100m			Javelin 400g	
Gold	Shawn Tshidibu	15.20	Gold	Fearne Van Beek	20.78m
Silver	Jake Mills	15.46	Silver	Sienna Jones	20.05m
Bronze	Oscar McManus	15.48	Bronze	Bonnie Greenway	18.07m
	1500m			Triple Jump	
Gold	Jake Mills	5:24.34	Gold	Sienna Jones	8.08m
Silver	Oscar McManus	5:44.71	Silver	Lilly Ajduk	7.85m
Bronze	Harley Muir	5:51.77	Bronze	Emma Lancaster	7.42m
	400m			100m	
Gold	Jake Mills	1:12.90	Gold	Emma Lancaster	15.12
Silver	Oscar McManus	1:15.88	Silver	Sharon Onyemgba	15.86
Bronze	Shawn Tshidibu	1:18.08	Bronze	Hayley Clarke	15.88
	High Jump - Fosbury			1500m	
Gold	Shawn Tshidibu	1.45m	Gold	Emma Lancaster	5:47.03
Silver	Connor Muijs	1.20m	Silver	Sienna Jones	5:54.75
Bronze	Oscar McManus	1.15m	Bronze	Lilly Ajduk	6:15.36
	Long Jump			400m	
Gold	Shawn Tshidibu	3.88m	Gold	Emma Lancaster	1:11.60
Silver	Oscar McManus	3.87m	Silver	Sharon Onyemgba	1:18.05
Bronze	Connor Muijs	3.62m	Bronze	Chloe Stump	1:19.59
	Shot put 2kg			High Jump - Fosbury	
Gold	Shawn Tshidibu	8.07m	Gold	Emma Lancaster	1.29m
Silver	Lucas Warner	7.71m	Silver	Rose Considine	1.21m
Bronze	Jake Mills	7.48m	Bronze	Lilly Ajduk	1.19m
	60m Hurdles			Long Jump	
Gold	Shawn Tshidibu	10.60	Gold	Lilly Ajduk	3.67m
Silver	Oscar McManus	10.75	Silver	Bonnie Greenway	3.67m
Bronze	Riley Clayton	11.56	Bronze	Sienna Jones	3.54m
				Shot put 2kg	
	U12 Girls		Gold	Fearne Van Beek	8.70m
	60m Hurdles		Silver	Grace Cunningham	7.22m
Gold	Sienna Jones	11.07	Bronze	Lilly Ajduk	6.92m
Silver	Emma Lancaster	11.61			
Bronze	Asha Ascoli	11.87			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U12 Boys	Result		U12 Boys	Result
	1500m Walk			60m Hurdles	
Gold	Hamish Monk	11:00.24	Gold	Noah Statham	10.79
Silver	Blake Orr	11:21.05	Silver	William Tilbee	10.80
Bronze	Arya Palande	11:50.39	Bronze	Noah Clare	12.53
	200m				
Gold	Noah Statham	29.21		U13 Girls	
Silver	William Tilbee	30.23		1500m Walk	
Bronze	Noah Clare	33.51	Gold	Abbey Henshall	9:33.33
	800m		Silver	Laura Clarke	9:51.05
Gold	William Tilbee	2:46.98	Bronze	Hayley Dolling	10:02.98
Silver	Noah Statham	2:47.20		200m	
Bronze	Patrick Clare	2:49.08	Gold	Olivia Dodds	27.66
	Discus 750g		Silver	Ilah Ody	30.01
Gold	William Tilbee	20.17m	Bronze	Abbey Henshall	31.05
Silver	Noah Statham	18.32m		800m	
Bronze	Blake Orr	17.68m	Gold	Kaylee Myles	2:36.73
	Javelin 400g		Silver	Elyssa Lewis	2:40.73
Gold	William Tilbee	29.87m	Bronze	Ilah Ody	2:54.27
Silver	Noah Clare	28.75m		Discus 750g	
Bronze	Zavier Vacca	25.25m	Gold	Abbey Henshall	22.04m
	Triple Jump		Silver	Kaylee Myles	19.38m
Gold	Noah Statham	9.38m	Bronze	Ilah Ody	18.93m
Silver	William Tilbee	8.98m		Javelin 400g	
Bronze	Patrick Clare	7.90m	Gold	Abbey Henshall	25.15m
	100m		Silver	Chloe Mills	21.59m
Gold	Noah Statham	14.60	Bronze	Ilah Ody	20.46m
Silver	William Tilbee	14.63		Triple Jump	
Bronze	Noah Clare	15.66	Gold	Abbey Henshall	8.79m
	1500m		Silver	Olivia Dodds	8.66m
Gold	Noah Statham	5:30.08	Bronze	Ilah Ody	8.29m
Silver	Patrick Clare	5:39.06		100m	
Bronze	William Tilbee	6:07.53	Gold	Olivia Dodds	13.61
	400m		Silver	Ilah Ody	14.10
Gold	Noah Statham	1:07.24	Bronze	Abbey Henshall	14.84
Silver	William Tilbee	1:13.32		1500m	
Bronze	Patrick Clare	1:16.98	Gold	Kaylee Myles	5:28.54
	High Jump - Fosbury		Silver	Elyssa Lewis	5:39.91
Gold	William Tilbee	1.33m	Bronze	Chloe Mills	5:59.04
Silver	Gabriel Beasley	1.20m		400m	
Bronze	Noah Clare	1.20m	Gold	Elyssa Lewis	1:07.95
	Long Jump		Silver	Ilah Ody	1:08.16
Gold	William Tilbee	4.06m	Bronze	Kaylee Myles	1:08.87
Silver	Noah Statham	3.94m		High Jump - Fosbury	
Bronze	Zach Laidley	3.63m	Gold	Abbey Henshall	1.47m
	Shot put 2kg		Silver	Mikaela Wilksch	1.28m
Gold	William Tilbee	9.31m	Bronze	Nicole Miller	1.25m
Silver	Patrick Clare	7.44m		80m Hurdles	
Bronze	Noah Statham	7.42m	Gold	Olivia Dodds	13.35
			Silver	Ilah Ody	14.88
			Bronze	Abbey Henshall	15.09

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U13 Girls			U13 Boys	Result
	Shot put 3kg			High Jump - Fosbury	
Gold	Abbey Henshall	7.87m	Gold	Kayel Ascoli	1.35m
Silver	Iliah Ody	7.06m	Silver	Liam Cooley	1.33m
Bronze	Samara Riley	7.01m	Bronze	Isaiah Dimer	1.30m
	200m Hurdles			80m Hurdles	
Gold	Olivia Dodds	30.88	Gold	Kayel Ascoli	13.69
Silver	Iliah Ody	33.67	Silver	Liam Cooley	13.82
Bronze	Elyssa Lewis	34.15	Bronze	Samuel Stribley	15.34
	Long Jump			Shot put 3kg	
Gold	Abbey Henshall	4.30m	Gold	Liam Cooley	11.54m
Silver	Iliah Ody	3.97m	Silver	Kayel Ascoli	7.72m
Bronze	Mikaela Wilksch	3.81m	Bronze	Isaiah Dimer	7.57m
				200m Hurdles	
	U13 Boys		Gold	Kayel Ascoli	30.88
	1500m Walk		Silver	Liam Cooley	31.53
Gold	Liam Cooley	10:15.21	Bronze	Samuel Stribley	32.59
Silver	Liam Carbery	10:50.87		Long Jump	
Bronze	Kayel Ascoli	11:48.46	Gold	Kayel Ascoli	4.20m
	200m		Silver	Liam Cooley	4.14m
Gold	Kayel Ascoli	27.99	Bronze	Samuel Stribley	3.90m
Silver	Samuel Stribley	28.54			
Bronze	Liam Cooley	31.10		U14 Girls	
	800m			1500m Walk	
Gold	Kayel Ascoli	2:41.92	Gold	Isabelle Rosalia	11:01.48
Silver	Samuel Stribley	2:50.08	Silver	Ella Corbett	11:42.76
Bronze	Liam Cooley	2:52.79	Bronze	Jemma Lewandowski	11:54.31
	Discus 750g			200m	
Gold	Liam Cooley	30.86m	Gold	Olivia Trueman	28.85
Silver	Kayel Ascoli	24.78m	Silver	Hope Arrowsmith	29.60
Bronze	Jamie Freeman	24.21m	Bronze	Isabelle Rosalia	30.33
	Javelin 600g			800m	
Gold	Liam Cooley	31.73m	Gold	Amalina Gosper	2:46.82
Silver	Isaiah Dimer	24.43m	Silver	Olivia Trueman	2:56.52
Bronze	Kayel Ascoli	23.33m	Bronze	Isabelle Rosalia	3:00.06
	Triple Jump			Discus 1kg	
Gold	Kayel Ascoli	9.70m	Gold	Paige Bower	21.37m
Silver	Liam Cooley	9.57m	Silver	Jian Chilton	21.07m
Bronze	Travis Lee	8.73m	Bronze	Hope Arrowsmith	18.21m
	100m			Javelin 400g	
Gold	Samuel Stribley	13.96	Gold	Paige Bower	31.04m
Silver	Kayel Ascoli	14.21	Silver	Olivia Trueman	26.31m
Bronze	Liam Cooley	14.66	Bronze	Hope Arrowsmith	23.12m
	1500m			Triple Jump	
Gold	Kayel Ascoli	5:24.43	Gold	Olivia Trueman	9.49m
Silver	Samuel Stribley	5:58.69	Silver	Paige Bower	9.13m
Bronze	Liam Cooley	6:02.13	Bronze	Isabelle Rosalia	9.11m
	400m			100m	
Gold	Kayel Ascoli	1:07.40	Gold	Olivia Trueman	13.39
Silver	Samuel Stribley	1:11.70	Silver	Isabelle Rosalia	13.89
Bronze	Zak Dobson	1:16.46	Bronze	Hope Arrowsmith	13.96

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U14 Girls	Result		U14 Boys	Result
	1500m			Triple Jump	
Gold	Laura Stump	5:03.66	Gold	Aidan Dobbelmann	10.97m
Silver	Amalina Gosper	5:43.24	Silver	Tristen Burgess	10.85m
Bronze	Isabelle Rosalia	6:06.35	Bronze	Declan Cowin	10.28m
	400m			100m	
Gold	Hope Arrowsmith	1:09.80	Gold	Nicholas Potter	12.49
Silver	Rachel Statham	1:11.70	Silver	Tristen Burgess	12.55
Bronze	Isabelle Rosalia	1:14.41	Bronze	Aidan Dobbelmann	12.78
	High Jump - Fosbury			1500m	
Gold	Rachel Statham	1.40m	Gold	Aiden Warner	5:08.49
Gold	Hope Arrowsmith	1.40m	Silver	Zachary Warner	5:24.81
Bronze	Paige Bower	1.40m	Bronze	Declan Cowin	5:37.36
	80m Hurdles			400m	
Gold	Olivia Trueman	13.77	Gold	Aidan Dobbelmann	1:00.47
Silver	Isabelle Rosalia	14.39	Silver	Tristen Burgess	1:01.89
Bronze	Paige Bower	14.58	Bronze	Aiden Warner	1:02.49
	Shot put 3kg			High Jump - Fosbury	
Gold	Olivia Trueman	8.45m	Gold	Tristen Burgess	1.63m
Silver	Paige Bower	8.41m	Silver	Nicholas Potter	1.40m
Bronze	Jian Chilton	7.78m	Silver	Seth Clarenc	1.40m
	200m Hurdles			90m Hurdles	
Gold	Olivia Trueman	31.81	Gold	Tristen Burgess	14.05
Silver	Hope Arrowsmith	32.09	Silver	Aiden Warner	16.06
Bronze	Isabelle Rosalia	32.60	Bronze	Amro Atta	16.15
	Long Jump			Shot put 3kg	
Gold	Olivia Trueman	4.57m	Gold	Tristen Burgess	14.48m
Silver	Rachel Statham	4.36m	Silver	Declan Cowin	10.16m
Bronze	Hope Arrowsmith	4.35m	Bronze	Seth Clarenc	10.09m
				200m Hurdles	
	U14 Boys		Gold	Tristen Burgess	29.70
	1500m Walk		Silver	Aiden Warner	31.21
Gold	Blake Jeffery	11:34.85	Bronze	Sabian Vacca	31.63
Silver	Khyran Elliott	11:39.99		Long Jump	
Bronze	Lachlan Grumball	12:21.38	Gold	Aidan Dobbelmann	5.10m
	200m		Silver	Tristen Burgess	5.00m
Gold	Tristen Burgess	25.48	Bronze	Nicholas Potter	4.87m
Silver	Nicholas Potter	25.78			
Bronze	Aidan Dobbelmann	26.05		U15 Girls	
	800m			1500m Walk	
Gold	Aiden Warner	2:31.44	Gold	Courtney Appelbee	9:19.39
Silver	Zachary Warner	2:35.96	Silver	Chloe Rudd	9:35.61
Bronze	Tristen Burgess	2:40.48	Bronze	Annaleigh Lewis	10:49.68
	Discus 1kg			200m	
Gold	Tristen Burgess	35.68m	Gold	Tara Stribley	29.78
Silver	Seth Clarenc	26.29m	Silver	Anastasia Raimundo	30.56
Bronze	Aidan Dobbelmann	25.24m	Bronze	Neve Adnams	30.65
	Javelin 600g			800m	
Gold	Tristen Burgess	35.68	Gold	Annaleigh Lewis	2:43.14
Silver	Declan Cowin	34.30	Silver	Elizabeth Zuber	2:59.21
Bronze	Khyran Elliott	28.74	Bronze	Tara Stribley	3:05.18

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U15 Girls	Result		U15 Boys	Result
	<i>Discus 1kg</i>			<i>Discus 1kg</i>	
Gold	Annaleigh Lewis	21.95m	Gold	Callum Fare	34.12m
Silver	Tara Stribley	21.79m	Silver	Jordan Cooley	31.88m
Bronze	Lilly Cunningham	21.43m	Bronze	Nicolas Marcar	25.40m
	<i>Javelin 500g</i>			<i>Javelin 700g</i>	
Gold	Tara Stribley	30.42m	Gold	Jordan Cooley	32.94m
Silver	Holly Burgess	26.54m	Silver	Callum Fare	32.82m
Bronze	Annaleigh Lewis	25.12m	Bronze	Ben Colebrook	29.79m
	<i>Triple Jump</i>			<i>Triple Jump</i>	
Gold	Anastasia Raimundo	9.18m	Gold	Ben Colebrook	11.15m
Silver	Tara Stribley	8.75m	Silver	Nicolas Marcar	11.12m
Bronze	Annaleigh Lewis	8.68m	Bronze	Callum Fare	10.47m
	<i>100m</i>			<i>100m</i>	
Gold	Tara Stribley	13.95	Gold	Ben Colebrook	12.18
Silver	Anastasia Raimundo	14.56	Silver	Callum Fare	12.83
Bronze	Neve Adnams	14.74	Bronze	Nicolas Marcar	13.45
	<i>Long Jump</i>			<i>Long Jump</i>	
Gold	Anastasia Raimundo	4.86m	Gold	Ben Colebrook	5.50
Silver	Tara Stribley	4.63m	Silver	Callum Fare	4.97
Bronze	Neve Adnams	4.34m	Bronze	Nicolas Marcar	4.94
	<i>400m</i>			<i>400m</i>	
Gold	Anastasia Raimundo	1:10.32	Gold	Ben Colebrook	56.59
Silver	Neve Adnams	1:10.81	Silver	Callum Fare	59.29
Bronze	Annaleigh Lewis	1:12.77	Bronze	Nicolas Marcar	1:04.73
	<i>High Jump - Fosbury</i>			<i>High Jump - Fosbury</i>	
Gold	Annaleigh Lewis	1.47m	Gold	Ben Colebrook	1.60
Silver	Anastasia Raimundo	1.40m	Silver	Luca Masella	1.55
Silver	Ashley Ford	1.40m	Bronze	Callum Fare	1.45
	<i>90m Hurdles</i>			<i>100m Hurdles</i>	
Gold	Annaleigh Lewis	16.32	Gold	Ben Colebrook	15.06
Silver	Anastasia Raimundo	17.71	Silver	Callum Fare	16.55
Bronze	Tylah Burges	18.27	Bronze	Nicolas Marcar	17.01
	<i>Shot put 3kg</i>			<i>Shot put 4kg</i>	
Gold	Annaleigh Lewis	8.78m	Gold	Callum Fare	12.23m
Silver	Holly Burgess	8.69m	Silver	Jordan Cooley	11.68m
Bronze	Neve Adnams	8.41m	Bronze	Ben Colebrook	9.11m
	<i>300m Hurdles</i>			<i>300m Hurdles</i>	
Gold	Annaleigh Lewis	55.16	Gold	Ben Colebrook	42.91
Silver	Anastasia Raimundo	58.51	Silver	Callum Fare	47.10
Bronze	Tylah Burges	1:04.30	Bronze	Nicolas Marcar	47.22
	<i>1500m</i>			<i>1500m</i>	
Gold	Annaleigh Lewis	5:20.45	Gold	Riley McFarlane	4:58.30
Silver	Tara Stribley	7:04.17	Silver	Nicolas Marcar	5:47.57
				<i>800m</i>	
	<i>U15 Boys</i>		Gold	Ben Colebrook	2:22.81
	<i>1500m Walk</i>		Silver	Riley McFarlane	2:24.78
Gold	Jordan Cooley	12:20.92	Bronze	Callum Fare	2:35.06

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U15 Boys	Result		U16 Girls	Result
	200m			Long Jump	
Gold	Ben Colebrook	24.56	Gold	Ella Dodds	5.01m
Silver	Callum Fare	26.05	Silver	Kheirra Elliott	4.44m
Bronze	Nicolas Marcar	27.50	Bronze	Emma Ferguson	4.14m
				High Jump - Fosbury	
	U16 Girls		Gold	Ella Dodds	1.45m
	1500m Walk		Silver	Emma Ferguson	1.30m
Gold	Emma Ferguson	13:24.08			
Silver	Kheirra Elliott	15:08.54			
	200m			U16 Boys	
				100m Hurdles	
Gold	Ella Dodds	27.92	Gold	Bailey Allen	15.47
Silver	Kheirra Elliott	29.93	Silver	Callum Quaresimin	15.84
Bronze	Emma Ferguson	30.33	Bronze	Mitchell Bostock	21.69
	800m			1500m Walk	
Gold	Emma Ferguson	2:31.70	Gold	Mitchell Bostock	8:11.40
	90m Hurdles		Silver	Lachlan Rosalia	12:05.46
Gold	Ella Dodds	15.36		200m	
Silver	Kheirra Elliott	16.48	Gold	Bailey Allen	26.31
Bronze	Emma Ferguson	16.92	Silver	Callum Quaresimin	27.05
	Javelin 500g		Bronze	Lachlan Rosalia	27.33
Gold	Emma Ferguson	24.72m		800m	
Silver	Kheirra Elliott	18.66m	Gold	Bailey Allen	2:29.16
Bronze	Ella Dodds	17.81m	Silver	Lachlan Rosalia	2:53.13
	Triple Jump		Bronze	Mitchell Bostock	2:59.43
Gold	Ella Dodds	9.10m		Discus 1kg	
Silver	Kheirra Elliott	8.78m	Gold	Myles Byng	36.28m
Bronze	Emma Ferguson	8.38m	Silver	Mitchell Bostock	29.57m
	Shot put 3kg		Bronze	Callum Quaresimin	27.62m
Gold	Emma Ferguson	8.01m		High Jump - Fosbury	
Silver	Ella Dodds	7.87m	Gold	Bailey Allen	1.86m
Bronze	Kheirra Elliott	7.21m	Silver	Callum Quaresimin	1.45m
	100m		Bronze	Myles Byng	1.30m
Gold	Ella Dodds	13.44		Long Jump	
Silver	Kheirra Elliott	13.95	Gold	Bailey Allen	5.40m
Bronze	Emma Ferguson	15.14	Silver	Lachlan Rosalia	5.21m
	1500m		Bronze	Callum Quaresimin	5.19m
Gold	Emma Ferguson	5:16.72		100m	
	300m Hurdles		Gold	Bailey Allen	12.28
Gold	Ella Dodds	50.01	Silver	Lachlan Rosalia	13.16
Silver	Kheirra Elliott	53.96	Bronze	Callum Quaresimin	13.25
Bronze	Emma Ferguson	55.59		1500m	
	400m		Gold	Mitchell Bostock	5:43.72
Gold	Ella Dodds	1:02.74	Silver	Lachlan Rosalia	6:06.57
Silver	Emma Ferguson	1:09.11		300m Hurdles	
Bronze	Kheirra Elliott	1:20.15	Gold	Bailey Allen	46.12
	Discus 1kg		Silver	Callum Quaresimin	47.41
Gold	Emma Ferguson	18.34m	Bronze	Mitchell Bostock	58.16
Silver	Kheirra Elliott	16.31m			
Bronze	Ella Dodds	16.05m			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

	U16 Boys	Result		U17 Girls	
	400m			100m	
Gold	Bailey Allen	1:00.74	Gold	Amberlee Statham	13.17
Silver	Callum Quaresimin	1:07.32	Silver	Shannon Statham	13.26
Bronze	Mitchell Bostock	1:07.51	Bronze	Naomi Hayes	14.25
	Javelin 700g			Long Jump	
Gold	Callum Quaresimin	32.01m	Gold	Amberlee Statham	5.03m
Silver	Myles Byng	30.50m	Silver	Shannon Statham	4.94m
Bronze	Mitchell Bostock	25.09m	Bronze	Emilia Raimundo	4.78m
	Triple Jump			300m Hurdles	
Gold	Bailey Allen	11.47m	Gold	Shannon Statham	45.66
Silver	Callum Quaresimin	10.86m	Silver	Amberlee Statham	46.67
Bronze	Lachlan Rosalia	9.84m	Bronze	Emilia Raimundo	53.43
	Shot put 4kg			400m	
Gold	Myles Byng	9.86m	Gold	Amberlee Statham	1:01.02
Silver	Bailey Allen	9.78m	Silver	Shannon Statham	1:01.08
Bronze	Lachlan Rosalia	9.65m	Bronze	Emilia Raimundo	1:20.85
				Discus 1kg	
	U17 Girls		Gold	Emilia Raimundo	25.49m
	100m Hurdles		Silver	Alyssa Rowe	21.62m
Gold	Shannon Statham	16.61	Bronze	Naomi Hayes	21.31m
Silver	Amberlee Statham	17.39		High Jump – Fosbury	
Bronze	Emilia Raimundo	18.66	Gold	Alyssa Rowe	1.45m
	1500m Walk		Silver	Emilia Raimundo	1.45m
Gold	Naomi Hayes	11:51.25	Bronze	Amberlee Statham	1.40m
Silver	Alyssa Rowe	11:51.53			
	200m			U17 Boys	
Gold	Amberlee Statham	27.22		110m Hurdles	
Silver	Shannon Statham	27.47	Gold	Seth Norman	14.71
Bronze	Rebekah Ford	28.80	Silver	Thomas Hilditch	15.30
	800m		Bronze	Jye O'Leary	20.22
Gold	Amberlee Statham	2:33.80		1500m Walk	
Silver	Shannon Statham	2:36.53	Gold	Kye Scott	8:00.74
Bronze	Rebekah Ford	2:53.17	Silver	Thomas Hilditch	10:54.71
	Javelin 500g		Bronze	Jye O'Leary	12:08.43
Gold	Olivia Nanut	29.00m		200m	
Silver	Siobhan Painter	22.37m	Gold	Seth Norman	22.85
Bronze	Jaymee Taylor	20.47m	Silver	Flynn Hardcastle-Sharp	24.45
	Shot put 3kg		Bronze	Thomas Hilditch	24.58
Gold	Siobhan Painter	8.89m		800m	
Silver	Emilia Raimundo	8.80m	Gold	Nathan Morris	2:07.80
Bronze	Olivia Nanut	8.06m	Silver	Kye Scott	2:12.96
	Triple Jump		Bronze	Thomas Hilditch	2:35.61
Gold	Shannon Statham	10.57m		Discus 1.5kg	
Silver	Emilia Raimundo	10.36m	Gold	Thomas Hilditch	33.96m
Bronze	Amberlee Statham	10.10m	Silver	Flynn Hardcastle-Sharp	27.40m
			Bronze	Kye Scott	24.50m

	U17 Boys	
	<i>High Jump - Fosbury</i>	
Gold	Thomas Hilditch	1.78m
Gold	Flynn Hardcastle-Sharp	1.78m
Bronze	Kye Scott	1.55m
	<i>Long Jump</i>	
Gold	Seth Norman	6.16m
Silver	Kye Scott	5.92m
Bronze	Thomas Hilditch	5.77m
	<i>100m</i>	
Gold	Seth Norman	11.58
Silver	Flynn Hardcastle-Sharp	11.88
Bronze	Thomas Hilditch	12.39
Bronze	Jye O'Leary	12.39
	<i>1500m</i>	
Gold	Kye Scott	4:35.65
Silver	Thomas Hilditch	4:57.25
Bronze	Jye O'Leary	6:03.93
	<i>300m Hurdles</i>	
Gold	Seth Norman	39.25
Silver	Thomas Hilditch	47.12
Bronze	Jye O'Leary	47.67
	<i>400m</i>	
Gold	Thomas Hilditch	58.05
Silver	Jye O'Leary	1:03.62
Bronze	Kye Scott	1:09.28
	<i>Javelin 700g</i>	
Gold	Thomas Hilditch	60.54m
Silver	Kye Scott	39.61m
Bronze	Seth Norman	38.44m
	<i>Shot put 5kg</i>	
Gold	Thomas Hilditch	11.22m
Silver	Seth Norman	10.12m
Bronze	Flynn Hardcastle-Sharp	9.96m
	<i>Triple Jump</i>	
Gold	Seth Norman	13.39m
Silver	Thomas Hilditch	12.38m
Bronze	Kye Scott	11.36m



ZONE CHAMPIONSHIPS FINALISTS & MEDAL WINNERS (U7 & U8)

Ern Clark Athletics Track, February 23 & 24, 2019

Boys				Girls			
U7				U7			
300m	Mack Mills	1:03.74	5	100m	Arianna Pillera	20.19	1
70m	Mack Mills	13.11	2		Jasmine Mashford	25.45	7
Discus	Mack Mills	11.91m	4	200m	Ataya Bell	39.02	2
	Boston Rodman	10.33m	5	300m	Arianna Pillera	59.43	1
Long Jump	Mack Mills	2.77m	3	70m	Arianna Pillera	12.86	1
Shotput	Boston Rodman	4.23m	2		Jasmine Mashford	15.36	5
Vortex	Boston Rodman	19.14m	2	Discus	Jasmine Mashford	7.61m	1
				Long Jump	Ataya Bell	3.10m	1
U8					Arianna Pillera	2.71m	4
100m	Tanxsta Harris	16.79	3	Shotput	Ataya Bell	5.77m	1
	Noah Lewis	17.64	6	Vortex	Ataya Bell	20.20m	1
500m	Noah Lewis	1:42.91	3		Jasmine Mashford	5.39m	5
60m Hurdles	Tanxsta Harris	11.63	1	U8			
	Jackson Gilders	12.27	3	100m	Chloe Reeves	17.61	1
	Mason Baker	17.25	7		Amy Stump	18.19	3
70m	Tanxsta Harris	11.60	2	200m	Tory D'Alessio	38.75	3
	Jackson Gilders	11.95	4	500m	Tory D'Alessio	1:50.05	1
Discus	Tanxsta Harris	16.87m	1	70m	Amy Stump	12.62	1
	Mason Baker	10.35m	5	Discus	Chloe Reeves	9.08m	3
Long Jump	Jackson Gilders	3.17m	4		Tory D'Alessio	7.38m	4
	Noah Lewis	3.05m	5	Long Jump	Chloe Reeves	2.76m	4
Shotput	Mason Baker	5.58m	1		Amy Stump	2.61m	8
Turbo Javelin	Mason Baker	7.23m	3	Shotput	Chloe Reeves	3.74m	5
				Turbo Javelin	Tory D'Alessio	7.46m	2



STATE TRACK & FIELD CHAMPIONSHIPS MEDAL WINNERS (U9 to U17)

WA Athletics Stadium, March 8th, 9th and 10th, 2019

U9G	Madison Mills	Turbo Javelin	Gold	16.87m
U9B	Thomas Davey	400m	Bronze	1:13.70
U10B	Tully McGrath	100m	Silver	14.26
		200m	Bronze	29.64
U10G	Scarlet Van Beek	60m Hurdles	Gold	11.23
		Discus	Silver	25.07m
		Long Jump	Silver	3.96m
	Paige Myles	High Jump	Silver	1.14m
U11G	Heidi Thompson	1100m Walk	Bronze	6:16.40
	Ruby Henshall	High Jump	Gold	1.46m
		Javelin	Bronze	24.65m
U11B	Jake Mills	1500m	Bronze	5:04.90
	Shawn Tshidibu	60m Hurdles	Bronze	10.37
		High Jump	Gold	1.36m
		Long Jump	Silver	4.65m
U13G	Olivia Dodds	100m	Gold	12.58
		200m	Gold	25.82
		200m Hurdles	Silver	28.89
		80m Hurdles	Gold	12.72
U13B	Kayel Ascoli	200m Hurdles	Bronze	28.47
		80m Hurdles	Silver	12.89
		Long Jump	Bronze	4.94m
	Liam Cooley	Shotput	Silver	11.97m
U14G	Olivia Trueman	100m	Silver	13.14
		200m	Bronze	26.94
		200m Hurdles	Silver	29.56
		80m Hurdles	Silver	12.79
	Paige Bower	Javelin	Bronze	30.09m
	Laura Stump	400m	Gold	59.38
		800m	Gold	2:16.80
	Hope Arrowsmith	High Jump	Bronze	1.54m
U14B	Tristen Burgess	Discus	Silver	33.39m
		High Jump	Gold	1.72m
		Shotput	Silver	14.04m
		400m	Bronze	57.16
	Aidan Dobbeltmann	1500m	Bronze	5:09.70
U15G	Annaleigh Lewis	High Jump	Gold	1.56m
		Triple Jump	Bronze	10.56m
	Anastasia Raimundo	300m Hurdles	Silver	40.67
U15B	Ben Colebrook	100m Hurdles	Bronze	14.25
		Shotput	Bronze	13.01m
	Callum Fare	300m Hurdles	Silver	39.76
U16B	Bailey Allen	High Jump	Gold	1.77m
U16G	Ella Dodds	100m	Bronze	12.74
		Long Jump	Silver	5.11m
U17G	Shannon Statham	100m	Silver	12.84
		100m Hurdles	Bronze	15.58
		300m Hurdles	Gold	44.76
		Triple Jump	Bronze	11.18m
		200m	Bronze	26.39
	Amberlee Statham	300m Hurdles	Bronze	45.82
		Long Jump	Silver	5.13m
		400m	Bronze	1:00.90
	Rebekah Ford	Triple Jump	Gold	11.46m
	Emilia Raimundo	Triple Jump	Gold	11.46m

U17B	Seth Norman	100m	Bronze	11.10
		200m	Silver	22.48
		110m Hurdles	Gold	14.05
		300m Hurdles	Gold	38.79
	Kye Scott	800m	Gold	2:06.30
		1500m	Bronze	4:25.70
	Nathan Morris	400m	Bronze	52.13
		800m	Bronze	2:07.00

STATE TRACK AND FIELD CHAMPIONSHIPS FINALISTS (U9 to U17)

WA Athletics Stadium, March 8th, 9th and 10th, 2019

U9 G	Matilda Grindrod	Discus	11.14m	17th
	Lillie Miller	Shotput	2.40m	16th
	Madison Mills	800m	2:58.90	5th
		Discus	13.83m	11th
	Trinity Doulis	700m Walk	4:53.60	8th
	Emma Wilson	700m Walk	4:56.30	9th
		Turbo Javelin	12.82m	8th
U9B	Thomas Davey	800m	2:55.30	8th
	Lachlan Symons	700m Walk	5:44.10	8th
	Nathan Scott	Long Jump	3.38m	15th
U10G	Paige Myles	800m	3:04.00	13th
	Sarah Turnour	1100m Walk	6:51.00	8th
	Scarlet Van Beek	Shotput	6.50m	6th
		70m	10.94	6th
U10B	Thomas Webb	60m Hurdles	11.53	5th
	Tristian Wilson	Discus	18.27m	14th
		Turbo Javelin	24.26m	6th
	Tully McGrath	Long Jump	3.57m	15th
U11G	Charlotte Trueman	High Jump	1.20m	5th
		Triple Jump	7.68m	18th
	Heidi Thompson	High Jump	1.15m	10th
		Discus	17.70m	10th
	Maddison Walters	1500m	5:44.90	11th
		Long Jump	3.45m	17th
	Ruby Henshall	60m Hurdles	10.58	4th
		Long Jump	4.10m	4th
		Triple Jump	8.74m	6th
U11B	Jake Mills	800m	2:34.90	7th
		Javelin	22.33m	9th
	Harley Muir	Shotput	6.78m	13th
		Javelin	22.33m	9th
U12B	Travis Puertollano	200m	28.66	6th
		Triple Jump	9.04m	14th
	Noah Statham	400m	1:05.50	6th
		Triple Jump	9.59m	8th
	William Tilbee	Javelin	28.98m	5th
U12G	Emma Lancaster	800m	2:35.00	5th
	Asha Ascoli	High Jump	1.20m	13th
		Discus	14.40m	16th
	Ashley Reeves	High Jump	1.15m	15th
	Fearne Van Beek	1500m Walk	11:23.50	7th
		Shotput	8.49m	10th

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

U13G	Kaylee Myles	800m	2:31.50	4th
		1500m	5:17.50	4th
	Abbey Henshall	High Jump	1.46m	4th
		Discus	24.03m	8th
		Long Jump	4.16m	16th
	Elyssa Lewis	800m	2:35.90	7th
		1500m	5:35.80	8th
	Emily Gray	High Jump	1.30m	9th
Madeleine Doulis	Shotput	5.81m	20th	
U13B	Kayel Ascoli	200m	27.30	5th
		Triple Jump	9.89m	13th
	Samuel Stribley	200m	28.25	8th
	Liam Cooley	Discus	31.69m	10th
		Javelin	34.40m	4th
	Jamie Freeman	Discus	26.84m	12th
U14B	Tristen Burgess	100m	12.06	7th
		90m Hurdles	13.80	5th
		Javelin	37.94m	4th
	Aidan Dobbeltmann	Long Jump	5.56m	5th
		Triple Jump	11.10m	6th
	Declan Cowin	Discus	26.19m	8th
		Javelin	37.21m	5th
	Khyran Elliott	Shotput	10.22m	12th
U14G	Laura Stump	100m	13.50	6th
	Amalina Gosper	1500m	5:33.00	9th
	Hope Arrowsmith	200m Hurdles	31.23	8th
		Javelin	21.90m	14th
U14G	Isabelle Rosalia	80m Hurdles	13.93	7th
		Triple Jump	9.58m	15th
		Long Jump	4.41m	11th
	Jian Chilton	Discus	20.77m	8th
		Shotput	7.90m	11th
	Paige Bower	Discus	20.41m	10th
		High Jump	1.35m	10th
		Long Jump	4.22m	14th
		Shotput	9.02m	6th
	Sophie Bostock	Discus	16.43m	14th
	Olivia Trueman	Long Jump	4.81m	4th
Rachel Statham	Triple Jump	9.83m	11th	
U15G	Tara Stribley	100m	13.58	6th
		200m	28.54	8th
	Ashley Ford	High Jump	1.45m	7th
	Annaleigh Lewis	800m	2:38.00	7th
	Chloe Rudd	1500m Walk	9:01.00	4th
	Kate Cohen	Triple Jump	9.17m	11th
		Long Jump	4.29m	12th
	Anastasia Raimundo	Long Jump	4.97m	4th
U15B	Riley McFarlane	1500m	4:51.20	10th
	Nicolas Marcar	1500m	5:18.20	13th
		Triple Jump	10.99m	17th
	Callum Fare	Discus	33.78m	8th
	Jordan Cooley	Discus	32.91m	9th
		Shotput	12.37m	4th
	Javelin	33.93m	8th	

U16G	Ella Dodds	200m	26.62	4th
		300m Hurdles	46.85	5th
	Emma Ferguson	800m	2:30.80	6th
		300m Hurdles	51.29	7th
		Javelin	23.80m	8th
U16B	Kheirra Elliott	Long Jump	3.88m	14th
	Myles Byng	Discus	32.29m	6th
		Discus	23.63m	9th
	Mitchell Bostock	Shotput	8.92m	11th
		Javelin	27.70m	8th
	Bailey Allen	Triple Jump	13.04m	4th
U17G	Callum Quaresimin	Triple Jump	10.71m	14th
		100m	12.96	4th
	Shannon Statham	100m Hurdles	16.29	4th
		200m	26.61	4th
		Long Jump	4.73m	6th
	Rebekah Ford	200m	27.23	7th
		300m Hurdles	53.49	7th
		Javelin	20.84m	6th
	Jaymee Taylor	Long Jump	4.47m	12th
		Discus	22.96m	7th
U17B	Emilia Raimundo	100m	11.73	7th
		Discus	29.65m	8th
		Long Jump	6.17m	4th
	Kye Scott	1500m Walk	7:23.70	4th



2019 STATE ROADWALKING CHAMPIONSHIPS MEDAL WINNERS

24th August 2019, Adventure World Carpark, Bibra Lake

U11B Connor Muijs BRONZE – 8:59.80 (1500m)

U12B Rylan Scott BRONZE – 13:20.60 (2000m)

U14G Jemma Lewandowski BRONZE – 13:06.60 (2000m)

U16B Mitchell Bostock GOLD – 12:01.30 (2000m)

2019 STATE CROSS COUNTRY CHAMPIONSHIPS MEDAL WINNERS

17th August 2019, Garvey Park, Ascot

U8B Noah Lewis BRONZE – 4:23.30 (1000m)

U11B Jake Mills SILVER – 7:41.00 (2000m)

U12G Kyra Pilmer SILVER – 8:06.60 (2000m)

U13G Elyssa Lewis BRONZE – 13:11.10 (3000m)

U15G Annaleigh Lewis SILVER – 13:29.40 (3000m)

U17B Kye Scott SILVER – 11:03.80 (3000m)

STATE EVENT KEY OFFICIALS 2018-2019

The Belmont Little Athletics Centre would like to thank all parents for their help throughout the season. Special mention goes to the parents who filled **Key Official** roles at State Events (State Relays, Multis, Zones and State Championships).

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CENTRE RECORDS

PLEASE NOTE: Records are current at time of printing. Official records are kept by the Records and Rankings Officer. Any records broken are subject to official confirmation by the Chief Track and Field Umpires and/or Chief Timekeeper in consultation with the Records and Rankings Officer.

CENTRE CHAMPIONSHIP RECORDS

These records can only be set by Belmont athletes competing at Belmont Centre Championship competition. If an athlete's result also betters the Belmont Centre record, then the athlete sets both records.

OPEN RECORDS

Visitors or Belmont athletes at Inter-Centre Meetings may set these records. An inaugural open record is created when an existing Belmont Centre record is broken.

RECORDS (BOYS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE RECORD	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	OPEN RECORD HOLDER	OPEN RECORD	OPEN RECORD YEAR
70M									
U06	T. HARRIS	12.74	2016	T. HARRIS	12.74	2016			
U07	M. VLAHOV	11.20	1988	M. VLAHOV	11.20	1988			
U08	C. O'HELLO	10.80	1979	D. DEVAURNO	10.90	1976	M. HOWAT (KSY)	10.40	1985
U09	J. CLAITE	10.10	1976	J. CLAITE	10.10	1976	P. HICKEY (BEL)	10.10	1985
U10	J. CLAITE P. HODGSON	10.00	1977 1980	J. CLAITE	10.00	1977			
100M									
U06	N. LEWIS	19.13	2016	N. LEWIS	19.13	2016	C. HODGKINSON (BEL)	19.31	2015
U07	M. VLAHOV	15.87	1988	M. VLAHOV	15.87	1988			
U08	J. CLAITE	14.80	1975	J. CLAITE	14.80	1975	J. CLAITE (BEL)	14.60	1975
U09	C. VLAHOV	14.28	1988	R. DOYLE	14.32	2005	D. DEWITT (HAM)	14.40	1978
U10	C. HAWKSWORTH	13.59	2001	M. ROWE	13.86	2005	J. CLAITE (BEL)	13.80	1977
U11	M. ROWE	13.47	2006	M. ROWE	13.47	2006	D. LINES (MEL)	13.70	1973
U12	A. VARGIOLU	12.81	2014	A. VARGIOLU	12.92	2014	A. WATSON (BEL)	12.80	1977
U13	M. WEBBER	11.84	1999	M. WEBBER	12.14	1999	A. WONG (MEL)	11.85	1988
U14	T. MITCHELL	11.86	1987	S. BOYLE	12.08	1999	H. NGUYEN (KSY)	11.55	1988
U15	T. HUNTER	11.32	1996	S. TURCO	11.44	1993	S. MICHAEL (MEL)	11.50	1988
U16	M. CARCIONE	11.25	2011	C. LUCKENS	11.43	2000			
U17	A. SAMPEY	10.91	2000	A. SAMPEY	10.91	2000			
200M									
U06	N. LEWIS	40.18	2016	N. LEWIS	40.18	2016	M. JANSUK (BEL)	43.12	2017
U07	M. VLAHOV	34.41	1988	T. MCGRATH	35.17	2015			
U08	J. CLAITE	31.00	1975	J. CLAITE	31.00	1975	J. CLAITE (BEL)	31.10	1975
U09	G. DOWDING J. CLAITE	30.30	1972 1976	J. CLAITE	30.30	1976	B. O'SULLIVAN (HAM)	31.94	2017
U10	J. CLAITE	29.10	1977	T. MCMILLAN	29.82	1985	S. LENNON (S.D)	27.90	1983
U11	E. SMITH	28.00	1976	E. SMITH	28.00	1976			
U12	T. MARTIN	26.20	1973	A. VARGIOLU	27.28	2014			
U13	A. VARGIOLU	25.07	2015	A. VARGIOLU	25.07	2015			
U14	A. SAMPEY	24.72	1997	A. SAMPEY	24.72	1997			
U15	T. HUNTER	22.79	1996	T. HUNTER	22.79	1996	J. TEAGUE (GOS)	23.74	2017
U16	S. NORMAN	23.45	2017	S. NORMAN	23.55	2017			
U17	S. NORMAN	22.61	2018	A. SAMPEY	22.70	2000			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

300M

U06	C. HODGKINSON	1:06.56	2015	C. INGLETON	1:07.84	2015	C. HODGKINSON (BEL)	1:06.56	2015
U07	T. MCGRATH	57.99	2015	T. MCGRATH	57.99	2015	J. ARTEMIS (BAL)	59.13	2015

400M

U09	N. MARTIN	1:15.87	2018	C. EMSLIE	1:17.99	2012	B. O'SULLIVAN (HAM)	1:14.40	2017
U10	J. CLAITE	1:06.20	1977	J. CLAITE	1:08.00	1977			
U11	N. HARMAN E. SMITH	1:04.40	1972 1976	E. SMITH	1:04.40	1976			
U12	T. MARTIN	1:00.70	1973	B. RENTON	1:01.10	1977			
U13	B. RENTON	57.30	1978	B. RENTON	57.30	1978	B. RENTON (BEL)	57.50	1978
U14	A. SAMPEY	55.39	1997	A. SAMPEY	55.39	1997	J. YORK (BEL)	57.44	1991
U15	S. BOYLE	53.93	2000	A. SAMPEY	54.39	1998	R. JOHNSON (S.D)	53.42	1988
U16	S. BOYLE	53.53	2001	A. SAMPEY	53.66	1999			
U17	A. SAMPEY	51.80	2000	A. SAMPEY	51.80	2000			

500M

U08	N. LEWIS	1:44.60	2018	N. LEWIS	1:45.13	2018			
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800M

U09	B. JARVIS	2:48.75	1996	B. JARVIS	2:48.75	1996			
U10	A. HALL	2:33.66	1991	A. HALL	2:33.66	1991			
U11	S. BUIST	2:30.60	1971	B. RENTON J. BRNICH	2:31.40	1976 1978			
U12	B. RENTON	2:19.20	1977	B. RENTON	2:19.20	1977	C. MASTEN (S.D)	2:12.29	2001
U13	B. RENTON	2:14.30	1978	B. RENTON	2:14.30	1978			
U14	P. STERVAGGI	2:10.00	2016	M. MCDOWALL	2:13.70	1995	B. SKINNER (BEL)	2:13.66	1991
U15	T. BLAKE	2:04.95	1985	T. BLAKE	2:04.95	1985			
U16	N. MORRIS	2:09.13	2017	N. MORRIS	2:09.74	2017	D. STEER (BEL)	2:17.80	2000
U17	C. DALE	2:03.94	2008	N. MORRIS	2:07.80	2018			

1500M

U11	J. BRNICH	5:05.20	1978	N. HARMAN J. BRNICH	5:10.10	1972 1978	N. HARMAN (BEL)	5:11.10	1972
U12	B. RENTON	4:49.00	1977	A. HOUSTON	4:58.11	1987			
U13	B. RENTON	4:40.70	1978	B. RENTON	4:44.90	1978	B. RENTON (BEL)	4:41.10	1978
U14	B. SKINNER	4:31.81	1991	A. HOUSTON	4:38.28	1989	D. SPIERS (HAM)	4:23.80	1984
U15	J. WIEBRECHT	4:24.20	1985	J. WIEBRECHT	4:24.20	1985			
U16	L. TYSON	4:40.75	2015	L. TYSON	4:40.75	2015	B. CHRYSTIE (GOS)	4:48.41	2001
U17	C. DALE	4:17.61	2008	K. SCOTT	4:35.65	2018			

700M WALKS

U09	S. FRASER L. FERGUSON	4:02.00	1977 1983	L. FERGUSON	4:02.00	1983	S. BRENNAN (ING)	3:47.60	1980
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1100M WALKS

U10	J. WESTWOOD	6:21.39	1996	J. WESTWOOD	6:21.39	1996	M. LEASK (BAY)	6:18.41	1999
U11	J. HALL	6:04.41	2013	J. HALL	6:04.41	2013	A. KOROL (BEL)	7:00.03	1998

1500M WALKS

U12	L. FERGUSON	7:26.93	1986	B. HORE	7:43.39	1987	J. LEEFLANG (HAM)	7:33.70	1979
U13	R. CROCKETT	7:20.00	1980	L. FERGUSON	7:20.89	1987	R. CROCKETT (BEL)	7:16.30	1980
U14	B. HORE	7:03.73	1989	B. HORE	7:03.73	1989	B. HORE (BEL)	7:13.57	1989
U15	B. HORE	6:24.65	1990	B. HORE	6:24.65	1990	B. HORE (BEL)	6:50.59	1990
U16	Z. PARTINGTON	6:33.44	2011	Z. PARTINGTON	7:31.13	2011			
U17	B. GRAY	6:54.87	2017	B. GRAY	6:54.87	2017			

60M HURDLES

U06 (MINI)	T. HARRIS	11.47	2016	T. HARRIS	11.47	2016			
U07 (MINI)	C. HODGKINSON T. HARRIS	11.09	2016 2017	C. HODGKINSON	11.09	2016			
U08	R. DOYLE	10.94	2004	R. DOYLE	10.94	2004			
U09	R. DOYLE	10.35	2005	L. MURTAGH	10.74	2007			
U10	R. DOYLE	10.54	2006	R. DOYLE	10.54	2006	M. LEASK (BAY)	10.62	1999
U11	D. PETTS	9.91	2006	D. PETTS	10.01	2006			
U12	A. VARGIOLU	9.34	2014	A. VARGIOLU	9.55	2014			

80M HURDLES

U13	A. VARGIOLU	12.26	2015	A. VARGIOLU	12.26	2015			
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BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

90M HURDLES									
U14	C. LUCKENS	12.94	1998	C. LUCKENS	12.94	1998			
100M HURDLES									
U15	A. SAMPEY	13.46	1998	A. SAMPEY	13.46	1998	D. PARANAWITANE (BAY)	13.75	1992
U16	S. FARE	13.26	2013	S. NORMAN	13.53	2017			
110M HURDLES									
U17	S. NORMAN	14.71	2018	S. NORMAN	14.71	2018	D. O'BRIEN (GOS)	15.25	2013
200M HURDLES									
U13	A. VARGIOLU	26.38	2015	A. VARGIOLU	26.38	2015	M. WEBBER (BEL)	28.38	1999
U14	S. NORMAN	27.35	2015	S. NORMAN	27.35	2015			
300M HURDLES									
U15	S. NORMAN	41.66	2016	B. COLEBROOK	42.91	2018			
U16	S. NORMAN	40.86	2017	S. NORMAN	41.85	2017	C. CULLEN (GOS)	41.60	2016
U17	S. NORMAN	39.25	2018	S. NORMAN	39.25	2018			
HIGH JUMP (SCISSOR)									
U9	T. ZUIDEVELD	1.12	2016	T. ZUIDEVELD	1.12	2016			
U10	C. HALL O. MCMANUS	1.23	2003 2017	S. TSHIDIBU	1.22	2017			
HIGH JUMP (FOSBURY)									
U11	S. TSHIDIBU	1.48	2018	S. TSHIDIBU	1.45	2018			
U12	S. ANDERSON	1.58	1989	S. ANDERSON	1.56	1989			
U13	S. ANDERSON	1.67	1990	M. ALLEN B. NETHERWAY	1.57	1979 1985			
U14	S. ANDERSON	1.77	1991	S. ANDERSON	1.77	1991	D. GABY (E.G)	1.70	1987
U15	B. ALLEN	1.82	2017	R. CAMPO	1.72	1994			
U16	B. ALLEN	1.92	2018	B. ALLEN	1.86	2018			
U17	J. KIRKUP	1.87	2009	T. HILDITCH F. HARDCASTLE- SHARP	1.78	2018	D. O'BRIEN (GOS)	1.90	2013
LONG JUMP (1m ² MAT)									
U06	Y. KASSEM	2.91	2002	Y. KASSEM	2.91	2002	B. WEDGE (BEL)	2.15	2000
U07	E. GENTRY	3.29	2012	V. ELLIOTT	3.23	1986			
U08	A. HAROLD	3.73	1998	A. HAROLD	3.73	1998			
LONG JUMP (½ m MAT)									
U09	P. LEWKOWSKI	4.40	1985	H. EDWARDS	3.99	2009	G. HOOD (BEL)	4.08	1972
U10	M. MCDOWALL	4.47	1991	M. MCDOWALL	4.47	1991			
LONG JUMP (BOARD)									
U11	K. IRVINE	4.29	2016	K. MCKEOWN	4.15	2015	J. EDDINGTON (GOS)	4.45	2017
U12	K. IRVINE	4.65	2017	K. IRVINE	4.65	2017			
U13	A. VARGIOLU	5.69	2015	A. VARGIOLU	5.69	2015	A. WONG (MEL)	5.79	1978
U14	S. BOYLE	6.09	1999	S. BOYLE	6.09	1999	A. VARGIOLU (S.D)	5.87	2016
U15	A. SAMPEY	6.48	1998	A. SAMPEY	6.23	1998	J. TEAGUE (GOS)	6.24	2017
U16	S. NORMAN	6.34	2017	S. NORMAN	6.29	2017			
U17	S. NORMAN	6.75	2018	A. SAMPEY	6.73	2000	S. NORMAN (BEL)	6.75	2018
TRIPLE JUMP (BOARD)									
U11	N. STATHAM	9.01	2017	S. TSHIDIBU	8.98	2018			
U12	N. STATHAM	9.43	2018	N. STATHAM	9.38	2018	J. HALE (GOS)	9.41	2016
U13	S. DENNON	11.17	1972	B. MCINERNEY	11.14	2008			
U14	P. BEATTIE	11.93	1997	P. BEATTIE	11.93	1997	J. TEAGUE (GOS)	11.87	2016
U15	A. SAMPEY	12.65	1998	A. SAMPEY	12.57	1998			
U16	B. CASTLE	13.18	1997	B. CASTLE	12.64	1997			
U17	S. NORMAN	13.02	2018	S. NORMAN	13.39	2018	D. O'BRIEN (GOS)	12.83	2013

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

DISCUS

U06 (350g)	C. HODGKINSON	12.42	2015	C. HODGKINSON	12.42	2015			
U07 (350g)	A. ARCHER	19.08	2013	M. BOYLE	17.73	1999			
U08 (500g)	M. O'HELLO	23.14	1977	M. O'HELLO	23.14	1977	S. CANNON (BEL)	22.42	1973
U09 (500g)	E. CARROLL	28.30	1973	D. TAYLOR	27.92	1983	B. FRANCIS (BEL)	26.18	1979
U10 (500g)	D. OGG	33.67	1977	D. OGG	33.67	1977			
U11 (500g)	O. MCMANUS	23.97	2018	S. TSHIDIBU	23.71	2018			
U11 (750g)*	D. MILLAR	31.46	1970	J. MAGDIC	30.18	1996			
U12 (750g)	D. OGG	36.92	1979	D. OGG	36.92	1979	D. OAKES (MID)	36.22	1989
U13 (750g)	D. OGG	46.36	1980	D. OGG	46.36	1980	D. OGG (BEL)	43.64	1980
U14 (1kg)	T. ABREU	49.69	1999	A. FREW	45.00	1986	G. BIRD (BEL)	44.96	1985
U15 (1kg)	P. SARICH	51.90	1993	A. FREW	49.74	1987			
U16 (1kg)	T. HILDITCH	45.34	2017	A. HILDITCH	43.61	2016			
U17 (1.5kg)	S. LUCKENS	39.56	2000	C. LUCKENS	38.34	2001			

JAVELIN (VORTEX)

U06	C. INGLETON	21.90	2015	C. INGLETON	21.90	2015			
U07	T. MCGRATH	26.33	2015	T. MCGRATH	26.33	2015			

JAVELIN (TURBO)

U8 (300g)	J. ROADS	23.95	2012	J. ROADS	23.95	2012			
U9 (300g)	C. VINCI	28.05	2008	C. VINCI	22.68	2008	D. WILLIAMSON (E.H)	26.29	2000
U10 (300g)	T. WILSON	23.96	2018	T. WILSON	22.15	2018	S. OKOLIE (ROC)	27.21	2017

JAVELIN

U11 (400g)	J. MAGDIC	37.32	1996	N. ROACH	37.10	1988			
U12 (400g)	T. ABREU	42.94	1997	S. LUCKENS	40.17	1995	S. CUMMINGS (BEL)	38.41	1978
U13 (600g)	D. OGG	44.86	1980	D. OGG	44.86	1980	A. FREW (BEL)	42.60	1985
U14 (600g)	S. LUCKENS	52.20	1997	A. FREW	51.56	1986	D. MILBURN (BEL)	44.62	1989
U15 (700g)	T. HILDITCH	46.02	2016	T. HILDITCH	42.88	2016	S. AMATO (GOS)	37.41	2016
U16 (700g)	T. HILDITCH	49.70	2017	T. HILDITCH	49.70	2017			
U17 (700g)	T. HILDITCH	60.54	2018	T. HILDITCH	60.54	2018	D. O'BRIEN (GOS)	43.31	2013

SHOT PUT

U06 (1kg)	K. RAFFERTY	5.30	2012	K. RAFFERTY	5.30	2012	J. SANJURJO (GOS)	5.46	2015
U07 (1kg)	C. INGLETON	6.63	2016	H. TOLLIDAY	6.44	2014			
U08 (1.5kg)	M. VLAHOV	7.55	1989	J. ROADS	7.47	2012			
U09 (2kg)	D. TAYLOR	9.14	1983	D. TAYLOR	9.14	1983	O. SIO (DALE)	8.52	2018
	J. MAGDIC		1994	J. MAGDIC		1994			
U10 (2kg)	J. MAGDIC	10.50	1995	J. MAGDIC	10.50	1995			
U11 (2kg)	J. MAGDIC	10.98	1996	J. MAGDIC	10.74	1996			
U12 (2kg)	W. TILBEE	9.49	2018	W. TILBEE	9.31	2018	W. TILBEE (BEL)	9.49	2018
U12 (3kg)*	T. ABREU	10.67	1997	T. ABREU	10.67	1997	P. SARICH (MID)	11.21	1990
U13 (3kg)	S. LUCKENS	13.96	1996	S. LUCKENS	13.96	1996	T. KEELEY (KSY)	12.39	1989
U14 (3kg)	T. BURGESS	14.55	2018	T. BURGESS	14.48	2018	T. BURGESS (BEL)	14.22	2018
U15 (4kg)	S. LUCKENS	15.33	1998	S. LUCKENS	14.89	1998	C. MARSHALL (S.D)	15.26	1988
U16 (4kg)	S. LUCKENS	14.24	1999	K. WHITEHALL	13.98	2005			
U17 (5kg)	S. LUCKENS	13.67	2000	S. LUCKENS	13.30	2000			



RECORDS (GIRLS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE RECORD	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	OPEN RECORD HOLDER	OPEN RECORD	OPEN RECORD YEAR
70M									
U06	A. PILLERA	13.55	2017	T. UNGER	13.67	2010	B. HODGE (BEL)	13.64	2000
U07	A. O'FLANAGAN	11.63	1987	A. O'FLANAGAN	11.63	1987			
U08	A. FULTON	10.90	1977	A. FULTON	10.90	1977			
U09	A. O'FLANAGAN	10.62	1989	A. O'FLANAGAN	10.62	1989			
U10	A. O'FLANAGAN	10.18	1990	T. HEYS T. SCAMUFFO J. THOMPSON N. ELLISON	10.30	1977 1978 1980 1994			
100M									
U06	O. WESTON	19.07	2017	O. WESTON	19.07	2017			
U07	A. O'FLANAGAN	17.15	1987	A. O'FLANAGAN	17.21	1987			
U08	T. HEYS	15.40	1975	T. HEYS	15.40	1975	R. STARCEVICH (HAM)	15.50	1978
U09	K. BRYAN	14.70	1973	T. HEYS	15.10	1976			
U10	S. WIJESUNDERA	14.30	1974	S. WIJESUNDERA	14.40	1974	K. WHEELER (KSY)	14.20	1989
U11	D. COPLEN	13.60	1991	M. HOOGENKAMP	13.70	2004			
U12	S. WIJESUNDERA	13.30	1976	O. DODDS	13.46	2017			
U13	N. WINNING	12.40	1980	N. WINNING	12.40	1980			
U14	O. TRUEMAN	12.94	2018	L. NIX	13.00	1984	Y. ZAW (S.D)	12.52	2001
U15	L. THORNTON	12.66	1987	M. KOROL	13.11	1999	M. TOBIN (KSY)	12.36	1990
U16	E. DODDS	12.67	2018	A. STATHAM	12.84	2017	S. MILFORD (S.D)	12.66	2001
U17	S. COOTE	12.71	2016	A. STATHAM	13.17	2018	T. MCKEOWN (BEL)	13.79	2015
200M									
U06	A. PILLERA	42.17	2017	A. PILLERA	42.17	2017	F. JOSE (BEL)	45.30	1999
U07	A. O'FLANAGAN	35.81	1987	A. O'FLANAGAN	35.81	1987			
U08	M. BRIGNOLI	33.00	1970	A. FULTON	33.40	1977	R. STARCEVICH (HAM)	32.10	1978
U09	K. BRYAN	31.10	1973	T. WALSH	32.50	1982			
U10	S. WIJESUNDERA	29.50	1974	S. WIJESUNDERA	30.20	1974	S. WIJESUNDERA (BEL)	30.00	1974
U11	S. WIJESUNDERA	29.00	1975	S. WIJESUNDERA	29.00	1975			
U12	T. WALSH	27.60	1985	T. HEYS	28.10	1979			
U13	N. WINNING T. HEYS	26.90	1980	N. WINNING T. HEYS	26.90	1980			
U14	L. STUMP	26.83	2018	E. BECKFORD	27.41	1996			
U15	L. THORNTON	26.85	1987	K. SMETHERHAM	27.10	1986			
U16	A. STATHAM	26.61	2017	A. STATHAM	26.61	2017			
U17	A. STATHAM	26.53	2018	A. STATHAM	27.22	2018			
300M									
U06	T. D'ALESSIO	1:09.26	2017	T. D'ALESSIO	1:09.26	2017	C. CLARKE (BEL)	1:13.75	2015
U07	S. AJDUK	1:02.32	2015	S. AJDUK	1:02.32	2015	S. AJDUK (BEL)	1:04.31	2015
400M									
U09	O. TRUEMAN	1:17.92	2014	A. BROWN	1:18.26	2015			
U10	M. BRIGNOLI	1:08.70	1972	M. BRIGNOLI	1:09.70	1972			
U11	S. WIJESUNDERA	1:06.50	1975	J. GAGLIA	1:07.20	1978	M. FOWLER (MEL)	1:07.20	1973
U12	O. ALLEN	1:04.10	1973	M. BRIGNOLI	1:04.60	1974			
U13	M. BRIGNOLI	1:02.40	1975	N. WINNING	1:02.60	1980	M. BRIGNOLI (BEL)	1:02.00	1975
U14	R. QUARESIMIN	58.86	2014	R. QUARESIMIN	58.86	2014	R. BECKHAM (KSY)	1:01.80	1993
U15	T. WALSH	1:00.95	1988	T. WALSH	1:01.17	1988	T. WALSH (BEL)	59.95	1988
U16	S. COOTE	1:01.23	2015	E. DODDS	1:02.74	2018			
U17	A. STATHAM	1:00.80	2018	A. STATHAM	1:01.02	2018	S. TIPU (GOS)	1:05.26	2014
500M									
U08	S. AJDUK	1:45.48	2016	A. MARKOVIC	1:47.79	2017			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2019-2020 SEASON

800M

U09	M. GOODALL	3:01.45	2018	A. BROWN	3:04.64	2015			
U10	J. SINCLAIR	2:38.71	1989	J. SINCLAIR	2:38.71	1989			
U11	M. BRIGNOLI	2:36.20	1973	M. BRIGNOLI	2:37.70	1973			
U12	M. BRIGNOLI	2:28.00	1974	M. BRIGNOLI	2:32.00	1974			
U13	O. ALLEN	2:25.90	1973	L. STUMP	2:26.55	2017			
U14	E. FERGUSON	2:25.53	2017	E. FERGUSON	2:25.53	2017	A. MILNE (S.D)	2:25.50	1983
U15	J. MCSHERRY	2:25.88	1991	J. MCSHERRY	2:25.88	1991			
U16	E. HANSEN	2:25.06	2017	E. HANSEN	2:25.06	2017			
U17	A. STATHAM	2:33.25	2018	A. STATHAM	2:33.76	2018			

1500M

U11	C.TUNSTALL	5:16.20	1973	M. BRIGNOLI	5:25.90	1973			
U12	C.TUNSTALL	5:15.20	1974	M. BRIGNOLI	5:16.50	1974	M. PRESTIDGE (BEL)	5:31.40	1972
U13	O. ALLEN	5:05.80	1973	M. REDDISH	5:07.40	1975			
U14	L. STUMP	5:03.66	2018	L. STUMP	5:03.66	2018			
U15	T. WALSH	5:15.71	1988	J. MCSHERRY	5:16.87	1991			
U16	E. FERGUSON	5:16.72	2018	E. FERGUSON	5:16.72	2018			
U17	R. FORD	5:55.61	2018	K. SHORT	6:13.00	2009			

700M WALKS

U09	R. HENSHALL	3:56.10	2016	R. HENSHALL	3:56.10	2016	N. EDWARDS (HAM)	3:55.90	1980
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1100M WALKS

U10	H. VANEK	6:43.97	2013	H. VANEK	6:43.97	2013	C. MORTIMORE (GOS)	6:42.39	2016
U11	A. HENSHALL	6:21.36	2016	H. THOMPSON	6:25.20	2018	A. RODDY (KSY)	6:07.49	2001

1500M WALKS

U12	M. MAHER	7:52.60	1975	M. MAHER	8:12.10	1975	P. KENNEDY (KSY)	7:22.20	1980
U13	C. TUNSTALL	7:14.00	1975	L. ROMEO	8:03.57	1986			
U14	S. ROMEO	7:15.00	1983	L. ROMEO	7:20.23	1987			
U15	L. ROMEO	7:16.88	1988	L. ROMEO	7:17.25	1988			
U16	A. WALLACE-GIBB	9:18.69	2014	A. WALLACE-GIBB	9:29.40	2014	A. PRINGLE (GOS)	8:11.43	2017
U17	T. MCAULIFFE	9:29.76	2015	T. MCAULIFFE	9:29.76	2015			

60M HURDLES

U06 (Mini)	A. PILLERA	12.31	2017	A. MENEHIRA	12.47	2016			
U07 (Mini)	G. BADE	11.97	2016	G. BADE	11.97	2016			
U08	I. ROSALIA	11.67	2013	I. ROSALIA	11.67	2013			
U09	V. GREGORY	11.18	1997	O. TRUEMAN	11.34	2014			
U10	S. VAN BEEK	11.25	2018	S. VAN BEEK	11.25	2018	P. KEELEY (GOS)	11.54	1999
U11	O. TRUEMAN	10.52	2016	H. ARCHER	10.74	2013			
U12	O. TRUEMAN	9.89	2017	J. WARD	10.03	2003	J. WARD (BEL)	10.15	2003

80M HURDLES

U13	J. WARD	13.24	2004	J. WARD	13.24	2004			
U14	A. GRAYSON	13.39	2007	A. GRAYSON	13.39	2007	C. MYBURGH (GOS)	13.32	2016

90M HURDLES

U15	E. DODDS	14.19	2017	K. SMETHERHAM	14.45	1986			
U16	S. STATHAM	13.94	2017	S. STATHAM	13.94	2017			

100M HURDLES

U17	S. STATHAM	15.92	2018	S. STATHAM	16.61	2018	S. TIPU (GOS)	17.56	2014
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200M HURDLES

U13	O. DODDS	29.96	2018	O. DODDS	30.88	2018	S. MIGRO (BAY)	32.57	2000
U14	O. TRUEMAN	30.24	2018	E. DODDS	31.05	2016	R. MORALES (GOS)	33.71	2016

300M HURDLES

U15	A. STATHAM	48.28	2016	A. STATHAM	48.28	2016			
U16	A. STATHAM	47.05	2017	A. STATHAM	47.05	2017			
U17	S. STATHAM	45.66	2018	S. STATHAM	45.66	2018			

HIGH JUMP (SCISSOR)

U09	R. HENSHALL	1.19	2016	R. HENSHALL	1.16	2016			
U10	R. HENSHALL	1.24	2017	R. HENSHALL	1.24	2017			

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HIGH JUMP (FOSBURY)

U11	R. HENSHALL	1.50	2018	C. BOYANICH	1.49	1994			
U12	C. BOYANICH	1.54	1995	C. BOYANICH	1.46	1995			
U13	C. BOYANICH	1.65	1996	A. HENSHALL		2017			
U14	C. BOYANICH	1.72	1997	C. BOYANICH	1.65	1996	K. BILLING (PEEL)	1.50	2016
U15	C. BOYANICH	1.70	1998	C. BOYANICH	1.72	1997			
				C. BOYANICH	1.60	1998			
U16	R. QUARESIMIN	1.54	2016	R. QUARESIMIN	1.50	2016	J. HOGEN-ESCH (BEL)	1.40	1998
				E. RAIMUNDO		2017	R. COLLYER (BEL)		2010
U17	R. QUARESIMIN	1.54	2017	R. QUARESIMIN	1.54	2017	A. SHARP (BAY)	1.40	2013

LONG JUMP 1m² MAT

U06	R. BOYANICH	2.65	1999	A. PILLERA	2.35	2017			
U07	A. O'FLANAGAN	2.99	1987	C. SIMPKINS	2.92	1994			
U08	A. MARKOVIC	3.60	2017	S. WIJESUNDERA	3.42	1972			

LONG JUMP ½ m MAT

U09	A. FULTON	3.85	1978	A. APENIS	3.84	1973	P. ROPER (E.H)	4.02	1972
U10	S. WIJESUNDERA	4.21	1974	M. BRIGNOLI	4.17	1972			

LONG JUMP BOARD

U11	O. TRUEMAN	4.27	2016	O. DODDS	4.10	2016	O. TRUEMAN (BEL)	4.27	2016
				O. TRUEMAN					
U12	O. TRUEMAN	4.60	2017	O. DODDS	4.00	2017			
U13	J. TAPUTORO	4.94	1991	T. HEYS	4.89	1980	M. PEDROTTI (BAY)	4.97	1991
U14	J. CASEY	5.18	1992	J. CASEY	5.18	1992	J. RICHARDSON (BAY)	4.79	1993
U15	C. PALMER	5.04	1985	C. PALMER	5.04	1985	L. POOTER (KSY)	5.06	1990
U16	S. COOTE	5.12	2015	E. DODDS	5.01	2018	J. HOGEN-ESCH (BEL)	4.79	1998
U17	S. COOTE	5.28	2016	A. STATHAM	5.03	2018	F. DUNCAN (BEL)	4.40	1998

TRIPLE JUMP (BOARD)

U11	R. HENSHALL	8.79	2018	O. TRUEMAN	8.52	2016			
U12	O. TRUEMAN	9.76	2017	A. HENSHALL	9.26	2017	O. TRUEMAN (BEL)	9.76	2017
U13	J. TAPUTORO	10.49	1991	S. GILFILLAN	10.20	1973			
U14	S. COOTE	10.90	2013	N. PARKER	10.78	2014	J. CASEY (BEL)	10.53	1992
U15	S. COOTE	10.84	2014	C. PALMER	10.57	1985	C. PALMER (BEL)	10.31	1985
U16	S. COOTE	10.80	2015	S. COOTE	10.64	2015	A. SHARP (BAY)	10.51	2012
U17	S. COOTE	11.56	2016	A. STATHAM	10.57	2018	S. COOTE (BEL)	11.56	2016

DISCUS

U06 (350g)	R. BOYANICH	10.90	1999	S. MAHER	9.54	2001			
U07 (350g)	A. BELL	13.77	2018	L. CASTLE	13.74	1992	A. HAHN (KSY)	14.07	2000
U08 (500g)	V. FRENCH	21.95	1977	A. ROBINSON	20.86	1977	V. FRENCH (BEL)	18.70	1977
U09 (500g)	V. FRENCH	28.91	1978	V. FRENCH	25.77	1978			
U10 (500g)	V. FRENCH	30.12	1979	V. FRENCH	30.12	1979			
U11 (500g)	T. SNOOKS-HOLDING	23.14	2018	T. SNOOKS-HOLDING	23.14	2018			
U11 (750g)*	V. FRENCH	31.18	1980	V. FRENCH	31.18	1980			
U12 (750g)	V. FRENCH	38.78	1981	V. FRENCH	37.96	1981	V. FRENCH (BEL)	36.72	1981
U13 (750g)	V. FRENCH	41.30	1982	V. FRENCH	41.30	1982	R. HUME (S.D)	40.21	1988
U14 (1kg)	T. MCAULIFFE	24.87	2012	T. MCAULIFFE	24.87	2012	J. SIVIOUR (S.D)	30.25	2012
U15 (1kg)	T. MCAULIFFE	26.36	2013	T. MCAULIFFE	26.36	2013			
U16 (1kg)	T. MCAULIFFE	32.66	2014	T. MCAULIFFE	32.66	2014			
U17 (1kg)	T. MCAULIFFE	33.23	2015	T. MCAULIFFE	30.81	2015	J. NASH (GOS)	29.35	2013

JAVELIN (VORTEX)

U06	M.VAN DER TOGT	10.61	2017	M. VAN DER TOGT	10.61	2017			
U07	A. BELL	21.16	2018	A. BELL	21.16	2018			

JAVELIN (TURBO)

U08 (300g)	R. BOYANICH	15.59	2001	R. HENSHALL	15.37	2015	R. WIHONE-MACKEY (GOS)	16.04	2014
U09 (300g)	S. AJDUK	19.67	2017	S. AJDUK	19.67	2017	M. SANJURJO (GOS)	17.75	2014
U10 (300g)	R. HENSHALL	22.50	2017	R. HENSHALL	21.40	2017			

JAVELIN

U11 (400g)	V. FRENCH	31.50	1980	V. FRENCH	31.50	1980	V. FRENCH (BEL)	30.72	1980
U12 (400g)	V. FRENCH	39.52	1981	V. FRENCH	39.52	1981	V. FRENCH (BEL)	36.70	1981
U13 (400g)	J. DAVIES	32.01	2008	J. DAVIES	32.01	2008			
U14 (400g)	T. STRIBLEY	33.80	2017	T. STRIBLEY	32.30	2017	T. STRIBLEY (BEL)	33.80	2017
U15 (500g)	T. MCAULIFFE	32.20	2013	T. MCAULIFFE	31.61	2013			
U16 (500g)	T. MCAULIFFE	40.25	2014	T. MCAULIFFE	40.25	2014			
U17 (500g)	T. MCAULIFFE	40.47	2015	T. MCAULIFFE	39.12	2015	T. ORRELL (GOS)	27.95	2014

SHOT PUT

U06 (1kg)	S. DANGERFIELD	3.89	2017	S. DANGERFIELD	3.89	2017			
U07 (1kg)	A. BELL	5.42	2018	A. BELL	4.94	2018			
U08 (1.5kg)	R. BOYANICH	6.83	2001	T. WOLFS	5.90	1981	D. WORRAD (HAM)	6.92	2017
U09 (2kg)	V. FRENCH	8.76	1978	V. FRENCH	8.76	1978	V. FRENCH (BEL)	8.07	1978
U10 (2kg)	V. FRENCH	9.36	1979	V. FRENCH	9.04	1979	M. WARD (CBN)	9.54	2007
U11 (2kg)	V. FRENCH	11.46	1980	V. FRENCH	11.14	1980			
U12 (2kg)	V. FRENCH	13.57	1981	V. FRENCH	13.27	1981	N. KEELEY (KSY)	10.19	1985
U13 (3kg)	V. FRENCH	12.41	1982	V. FRENCH	12.41	1982	R. HUME (S.D)	11.33	1988
U14 (3kg)	V. FRENCH	13.71	1983	V. FRENCH	13.71	1983	A. SUTTON (KSY)	10.31	1988
U15 (3kg)	C. PALMER	13.92	1985	C. PALMER	13.56	1985			
U16 (3kg)	T. MCAULIFFE	11.75	2014	T. MCAULIFFE	11.15	2014			
U17 (3kg)	T. MCAULIFFE	12.50	2015	T. MCAULIFFE	12.50	2015	J. NASH (GOS)	12.50	2013



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