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**2018-2019
OFFICIAL YEAR BOOK**

49th SEASON

TABLE OF CONTENTS

	Page
Opening Message from the Executive Committee	2
Little Athletics in Australia	3
Belmont Little Athletics Centre Affiliated Clubs	3
Belmont Little Athletics Centre Executive & Non-Executive Office Bearers	4
Belmont Little Athletics Centre Life Members	5
Belmont Little Athletics Centre Patrons	5
Belmont Little Athletics Centre State U13/U15 Representatives Honours List	5
Belmont Little Athletics Centre State Team Officials Honours List	6
Belmont Little Athletics Centre - Honours & Awards	7-10
Belmont Little Athletics Centre – Centre Championship Results Day 1	13-19
Belmont Little Athletics Centre – Centre Championship Results Day 2	20-26
Belmont Little Athletics Centre - Representative Honours	27
Belmont Little Athletics Centre - Calendar of Events	35
Belmont Little Athletics Centre - Event Programs	36-39
Competition Days	41
Clubs Roster	42
Clubs Site Roster	42
Bill of Rights for Young Athletes	44
Parents Code of Conduct	44
General Rules of Belmont Little Athletics Centre	44
Belmont Little Athletics Centre Rules for Competition	45
Red Cards	46
Belmont Little Athletics Centre Championship Rules	46
General Information for Athletes & Parents	
Sun Smart Policy	47
Unfavourable Weather Conditions	47
Health & Injury	48
First Aid Policy	48
Little Athletics WA - State Events	
PCH Kids Helping Kids	49
Junior Athletics Carnival	49
State Relay Championships	49
Combined Event Championships	49
Zone Qualifying Heats & Quarter Finals	49
State Track & Field Championships	49
National Track & Field Championships	50
International Championships	50
Winter Competition	50
Belmont Little Athletics Centre Event Rules & Specifications	
High Jump	52
Long Jump	54
Triple Jump	54
Discus	56
Javelin/ Turbo/ Vortex	57
Shot Put	58
Hurdles	59
Race Walking	60
General Information for Parents Assisting	
Starting	62
Belmont Little Athletics Centre Yearly Awards Selection Criteria	63
1500m Invitational	64
Christmas Gift	64
Records	65-71
Hurdle Sponsors	72

OPENING MESSAGE FROM THE EXECUTIVE COMMITTEE

The Executive Committee would like to welcome all the athletes and parents taking part in Belmont Little Athletics Centre's 49th season. If you are new to athletics, this book contains plenty of useful information about Little Athletics. If you can't find the information you are looking for in this book then please ask your Club Manager.

Little Athletics is about family, fun, fitness, and doing your best. We have boys and girls of all ages and sporting abilities at our Centre, and by accepting these values we can all support the young athletes of the Centre as they celebrate their success and encourage them to achieve their personal goals. One of the most rewarding sights is the way athletes respond as they are cheered and encouraged down the finishing straight. It is a great reminder of why we are all here.

At the same time we have a duty to coach and develop the athletes so that when they go to State events they understand the rules of the sport. These rules are backed up with the codes of conduct for athletes and parents published in this book. Please take the time to read and understand them.

The volunteer officials and assistants running the sites each week make our sport possible. They don't always have an easy role, however they are in the best position to make decisions and do so to the best of their ability. They deserve our respect and support. We encourage interested people to consider becoming an official, it is a great way to be close to the action, and without officials there is no Centre.

We would like to encourage everybody at Belmont to be their best, respect the people and property of the Centre and be conscious of promoting the enjoyment of Little Athletics for everyone.

There are many ways to help:

- signing on to the site roster promptly to get the events going early.
- cleaning your Club area at the end of the day.
- helping with your Club fundraising.
- sitting your Level D or C exams and becoming an official yourself.

All the little things add up to make Belmont Little Athletics Centre a pleasant place to be over summer.

Welcome back to Belmont Little Athletics, or welcome for the first time. We wish everyone a successful and enjoyable season.

BLAC Executive Committee.



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

LITTLE ATHLETICS IN AUSTRALIA

Nationally the Little Athletics governing body is Australian Little Athletics (ALA). ALA comprises of a Board of Management elected from nominations submitted by the State Associations. ALA is responsible for establishing national policies and sponsorship of the sport.

Little Athletics Western Australia (LAWA) is the State Association and is managed by a Board of Management elected by the affiliated Little Athletics Centres. LAWA's responsibilities include organising State events and Championships, obtaining sponsorship and government support, providing administrative support for affiliated Centres as well as education and assistance for coaches and officials.

The Centres, such as Belmont Little Athletics Centre (BLAC), organise weekly competitions for athletes in their geographical area. Volunteer Executive Committee members are elected at an AGM by members of the affiliated Clubs to manage the Centre. Centres are grouped into regional Zones and compete annually at an Inter-Centre competition (called Zones) which is organised by a Zone Committee elected by the Centres within each Zone. Through this competition, athletes qualify to compete at the State Track & Field Championships.

Clubs affiliate with their local Centre and organise training sessions for the athletes registered with them, as well as keep the athletes informed of upcoming events. The Clubs meet weekly to compete at the Centre in programmed track and field competition. The Club Committees are volunteer parents who are elected by the members from within their Club.

More information can be obtained by visiting the Belmont Little Athletics Centre website at www.blac.asn.au or the LAWA website at www.walittleathletics.com.au

BELMONT LITTLE ATHLETICS CENTRE AFFILIATED CLUBS

CLUB	CLUB COLOURS	CLUB CONTACT
Carlisle/Rivervale	Red/Green / Black	Veronica Webb
Forrestfield	White/Red / Black	Brett Myles
High Wycombe	Blue/White / Black	Natalie Nanut
Kalamunda/Lesmurdie	Lime Green / Black	Sarah Greenway
Kewdale	Gold/White / Black	Dan Richmond
Victoria Park	Orange/White / Black	Tanya Lloren
Willandra	Sky blue/Navy / Black	Joanne Richardson
		crlacsecretary@tomandvez.com
		forrestfieldlittleathletics@gmail.com
		nnanut76@gmail.com
		klac@hotmail.com
		president@klac.asn.au
		vpplacreg@gmail.com
		wlacinc@hotmail.com

BELMONT LITTLE ATHLETICS CENTRE IS PROUDLY AFFILIATED WITH LITTLE ATHLETICS WESTERN AUSTRALIA



Address: 15 Harrogate Street, Leederville 6007
Telephone: (08) 9388 2339
Facsimile: (08) 9388 2340
Email: admin@walittleathletics.com.au



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

BLAC INC. EXECUTIVE COMMITTEE

Centre President	Nathan Cunningham	nathanblacpres@gmail.com
Executive Officer	Jacki Walters	blacexecutiveofficer@gmail.com
Treasurer	Joanne Richardson	blactreasurer@hotmail.com
Registrar	Natalie Nanut	blacregistrar1@gmail.com
Arena Manager	John Ferguson	kjferguson@optusnet.com.au
Championship and Special Events Coordinator	Allan Kelly	alkdelta7@live.com.au
Officials Coordinator	Jacinta Thompson	belmontlacofficials@gmail.com
Coaching Coordinator	Bronwyn Ife	bronwyn.ife@iinet.net.au
Records and Ranking Officer	Kira Wilson	cektwilson@gmail.com
Chief Field Umpire	Leo Quaresimin	leoq@agiaus.com
Chief Track Umpire	Sam Craven	samcraven61@hotmail.com
Publicity Officer	VACANT	

BLAC INC. NON-EXECUTIVE OFFICE BEARERS

Equipment Officer	VACANT	
Canteen Manager	Joanne Richardson	jojo77@outlook.com.au
Winter Officer (2018)	John Ferguson	winter@blac.asn.au
First Aid Coordinator	Liam Richardson	liambailey2009@hotmail.com
Announcer		
Website Administrator	Joanne Richardson	webmaster@blac.asn.au
Centre Delegates to LAWA	Nathan Cunningham Joanne Richardson	PROXY: Jacinta Thompson

A NOTE OF THANKS:

We would like to thank the **City of Belmont** for their continuing support of Belmont Little Athletics Centre and would ask that all BLAC Members please respect the grounds and facilities at Gerry Archer Athletic Track so that athletes and supporters can enjoy the best environment possible.

PLEASE NOTE:

In the interests of pedestrian safety, cars are not permitted inside the entrance gates. Only vehicles displaying a valid ACROD permit may use the designated disabled parking zone. Please be aware of athletes while entering and leaving the car-park.

We would also like to remind all members that skateboards, scooters, roller-blades and roller-skates are prohibited from use anywhere within the arena or car park for the safety of all members.

**GERRY ARCHER ATHLETICS TRACK IS A SMOKE-FREE VENUE**

Smoking is not permitted anywhere within the arena or 10m of any entry/exit gates during competition days, centre training or any other BLAC function or activity.
All venues and events are also alcohol-free.

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

BELMONT LITTLE ATHLETICS CENTRE LIFE MEMBERS

1977 Joy Hardman	1985 Frances French	1997 Rob Bowen	2013 Catherine Geneste
1980 Roy Cannon	1987 Lesley Romeo	1997 Jill McIntosh	2014 Cheryl Short
1980 Margaret Harman	1992 John Milburn	1998 John Fouweather	2014 Glenn Bartlett
1980 Noelene MacKenzie	1993 Bev Frost	2001 Trish Gunn	2016 Michael Munro
1980 Verna Mason	1993 John Marsh	2004 Craig Middleton-White	2018 Janet Milne
1980 Wendy Murray	1994 Ron Hardman (dec.)	2007 Georgie Boyle	2018 Jim Farr
1983 Merle Carter (dec.)	1996 Anne Redmond	2007 David Jarvis	
1983 Mavis Lee	1996 Peter Redmond (dec.)	2009 Toni Clarke	
1984 Tony Salmon	1996 Krys Roberts	2010 Kevin Kentish	
1985 Jean Crockett	1996 Neil Roberts	2012 B Edwards	

BELMONT LITTLE ATHLETICS CENTRE PATRONS

2009 Mr. Fred Rae	2010 Mr. Eric Ripper	2011 Mr. Eric Ripper	2012 Mr. Eric Ripper
2014 Mrs Glenys Godfrey	2015 Mrs Glenys Godfrey	2016 Mrs Glenys Godfrey	2017 Ms Cassie Rowe
2018 Ms Cassie Rowe			

**BELMONT LITTLE ATHLETICS CENTRE
STATE U13 REPRESENTATIVES HONOURS LIST**

Year	Boys	Girls
1971	I. Wilson	
1972	S. Dennon, G. Keeley, D. Millar, R. Smith	
1973	I. Murray	O. Allen, D. Coplen, M. Prestige
1974	N. Harman, A. Martin	N. Hitchens, M. Strachan
1975		T. Armstrong, M. Brignoli, C. Perry, C. Tunstall
1976		S. Timmings, S. Wijesundera
1977		K. Tunstall, S. Wijesundera
1978	R. Joyce, B. Renton, A. Watson	
1980	R. Crockett, D. Ogg	T. Heys, R. Lee
1981		N. Gallagher
1982		V. French
1985	A. Frew, B. Netherway	
1986	M. Lewenhoff	T. Walsh
1989		J. Davies
1990	S. Anderson	
1991		A. Frew, J. Taputoro
1993	P. Campo	
1997	S. Luckens, A. Sampey	M. Magdic, C. Boyanich
1999	T. Abreu, S. Boyle	
2000	M. Webber	
2001	B. Jarvis	
2004		J. Ward
2009	B. McInerney	
2016	P. Stervaggi, A. Vargiolu	
2017	M. Bostock	
2018		L. Stump, A. Lewis

**BELMONT LITTLE ATHLETICS CENTRE
STATE U15 MULTI EVENT REPRESENTATIVES HONOURS LIST**

Year	Boys	Girls
2017	J. Jones	
2018		E. Dodds

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

STATE TEAM OFFICIALS HONOURS LIST

1973	T. Millar (Manageress)	1983	F. French (Manageress)
1973	R. Hardman (Manager)	1986	F. French (Singapore Team Manageress)
1975	J. Hardman (Manageress)	2012	T. Petts (Coach)
1975	R. Smith (Manager)	2013	T. Petts (Coach)
1976	J. Hardman (Manageress)	2014	T. Petts (Coach)
1980	N. MacKenzie (Manageress)	2015	T. Petts (Coach)
1981	N. MacKenzie (Manageress)	2016	T. Petts (Coach)
1982	F. French (Manageress)	2017	T. Petts (Coach)
1982	M. Lee (Coach)		



2018 ALAC – Gold Coast
Laura Stump, Ella Dodds, Annaleigh Lewis

2017 – 2018 HONOURS & AWARDS

BELMONT LITTLE ATHLETICS CENTRE CAPTAINS

Each season, Clubs nominate athletes for selection as Centre Captains by the Executive Committee.
The 2017 - 2018 captains were:

Flynn Hardcastle-Sharp (Victoria Park)	Reesha Quaresimin (Forrestfield)
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BELMONT SPORTSPERSON OF THE YEAR: Brodie Gray (Kewdale)

PERPETUAL TROPHY WINNERS

For outstanding performances in the following event categories:

South Australian LA Team Trophy (Middle Distance)	Emma Ferguson (Forrestfield)
Vanessa French Trophy (Throws)	Thomas Hilditch (High Wycombe)
Pat Lewis Trophy (Sprints & Hurdles)	Amberlee Statham (Carlisle/Rivervale)
Kim Beazley Trophy (Jumps)	Bailey Allen (Willandra)
Merle Carter Trophy (Walks)	Brodie Gray (Kewdale)
Junior Athlete of the Year	Arianna Pillera (High Wycombe) Tanxsta Harris (Victoria Park)
Intermediate Athlete of the Year	Ruby Henshall (Forrestfield) Noah Statham (Carlisle/Rivervale)
Senior Athlete of the Year	Ella Dodds (Willandra) Seth Norman (Carlisle/Rivervale)

CHAMPION CLUBS

French Family Trophy Champion Club – Overall Winner	Carlisle/Rivervale
Joy Hardman Trophy Champion Club – Handicap Winner	Carlisle/Rivervale
March Past Award Winners	Forrestfield
Parent Relay Winners	Kalamunda/Lesmurdie

CENTRE PERSON OF THE YEAR: Pam Brown (Kewdale)



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

CLUB AGE GROUP CHAMPIONS

	Girls	Boys
U6	High Wycombe	Carlisle/Rivervale
U7	Kalamunda/Lesmurdie	Carlisle/Rivervale
U8	High Wycombe	Kalamunda/Lesmurdie
U9	Forrestfield	Kalamunda/Lesmurdie
U10	Forrestfield	Kewdale
U11	Kalamunda/Lesmurdie	High Wycombe
U12	Forrestfield	Willandra
U13	Kalamunda/Lesmurdie	Forrestfield
U14	Forrestfield	Kalamunda/Lesmurdie
U15	High Wycombe	Victoria Park
U16	High Wycombe	Forrestfield
U17	Forrestfield	Kewdale

	Champion Boy	Runner Up Boy
U6	Lincoln Muijs (Kalamunda/Lesmurdie)	Boston Rodman (Kewdale)
U7	Tanxsta Harris (Victoria Park)	Noah Lewis (Carlisle/Rivervale)
U8	Ashley Clayton (Kewdale)	Thomas Webb (Carlisle/Rivervale)
U9	Tully McGrath (Kalamunda/Lesmurdie)	Alastair Kelly (Victoria Park)
U10	Oscar McManus (Kewdale)	Jake Mills (High Wycombe)
U11	William Tilbee (Kewdale)	Noah Statham (Carlisle/Rivervale)
U12	Declan Cowin (High Wycombe)	Kayel Ascoli (Forrestfield)
U13	Nicholas Marcar (High Wycombe)	Aiden Warner (Willandra)
U14	Callum Fare (Carlisle/Rivervale)	Darcy Jones (Kalamunda/Lesmurdie)
U15	Bailey Allen (Willandra)	Blair Keighley (Willandra)
U16	Thomas Hilditch (High Wycombe)	Kye Scott (Kewdale)
U17	Brodie Gray (Kewdale)	Andrew Hilditch (High Wycombe)

	Champion Girl	Runner Up Girl
U6	Arianna Pillera (High Wycombe)	Tory D'Alessio (Carlisle/Rivervale)
U7	Chloe Reeves (Kalamunda/Lesmurdie)	Amy Stump (Kalamunda/Lesmurdie)
U8	Cassidy Clarke (Forrestfield)	Amelie Markovic (Kalamunda/Lesmurdie)
U9	Scarlett Van Beek (Forrestfield)	Summer Ajduk (Kalamunda/Lesmurdie)
U10	Ruby Henshall (Forrestfield)	Heidi Thompson (Carlisle/Rivervale)
U11	Lilly Ajduk (Kalamunda/Lesmurdie)	Bonnie Greenway (Kalamunda/Lesmurdie)
U12	Abbey Henshall (Forrestfield)	Olivia Dodds (Willandra)
U13	Annaleigh Lewis (Carlisle/Rivervale)	Rachel Statham (Carlisle/Rivervale)
U14	Emma Ferguson (Forrestfield)	Anastasia Raimundo (Willandra)
U15	Emma Nanut (High Wycombe)	Ella Dodds (Willandra)
U16	Shannon Statham (Carlisle/Rivervale)	Amberlee Statham (Carlisle/Rivervale)
U17	Reesha Quaresimin (Forrestfield)	Madeleine Fletcher (Forrestfield)

CHRISTMAS GIFT 100m HANDICAP WINNERS 2017

Juniors

Girls

- 1st** Cassidy Clarke (Forrestfield)
2nd Skye Lehman (Forrestfield)
3rd Isabella Logan (High Wycombe)

Boys

- Mogga Jansuk (Willandra)
Noah Lewis (Carlisle/Rivervale)
Tanxsta Harris (Victoria Park)

Seniors

- 1st** Tara Stribley (Carlisle/Rivervale)
2nd Olivia Dodds (Willandra)
3rd Kheirra Elliott (High Wycombe)

- Seth Norman (Carlisle/Rivervale)
Callum Fare (Carlisle/Rivervale)
Kane Irvine (Carlisle/Rivervale)



1500m INVITATIONAL HANDICAP WINNERS 2018

Belmont U11-13

	Girls	Boys
1st	Mikaela Wilksch (Forrestfield)	Ethan Vidich (Forrestfield)
2nd	Elyssa Lewis (Carlisle/Rivervale)	Samuel Stribley (Carlisle/Rivervale)
3rd	Alexis Markovic (Kalamunda/Lesmurdie)	Siddharth Narayanan (High Wycombe)
4th	Rose Considine (Kalamunda/Lesmurdie)	-

Visiting Athletes U11-13

	Girls	Boys
1st	Annabelle Stokes (Cockburn)	Noah Carter (Collie)
2nd	Jessica Carson (Bayswater)	Brock Willmott (Rockingham)
3rd	Skye Bowron (Baldivis)	Ezekiel Borsic (Gosnells)
4th	Lataya Lawrence (Baldivis)	-

Belmont U14-17

	Girls	Boys
1st	Emma Nanut (High Wycombe)	Myles Byng (Carlisle/Rivervale)
2nd	Tara Stribley (Carlisle/Rivervale)	Thomas Hilditch (High Wycombe)
3rd	Emma Ferguson (Forrestfield)	Andrew Hilditch (High Wycombe)

Visiting Athletes U14-17

	Girls	Boys
1st	Abbey Cilia (Southern Districts)	Patrick Murphy (Gosnells)
2nd	-	William McAulay (Kingsway)
3rd	-	Kirt O'Leary (Eastern Hills)



BLAC 9-YEAR SERVICE ATHLETE AWARDS

Naomi Hayes (HW), Holly Burgess (HW), Callum Fare (CR), Kimberley Farr (CR)

BLAC 6-YEAR SERVICE ATHLETE AWARDS

Emma Nanut (HW), Khyran Elliott (HW), Kheirra Elliott (HW), Andrew Hilditch (HW), Thomas Hilditch (HW), Rachel Hilditch (HW), Mitchell Bostock (HW), Sophie Bostock (HW), Grace Cunningham (HW), Lilly Cunningham (HW), Chelsea Willock (KL), Tiana Willock (KL), Ashley Ford (KL), Ellaby Hansen (KL), Rebekah Ford (KL), Remy Fernando (KL), Paul Stervaggi (KL), Luca Masella (KL), Alessio Masella (KL), Ashley Hutchins (KL), Cameron Hutchins (KL), Niamh Hardcastle-Sharp (VP), Flynn Hardcastle-Sharp (VP), Hamish Monk (VP), Elyssa Lewis (CR), Annaleigh Lewis (CR), Madeleine Doulis (CR), Kieron Bower (Kew), Paige Bower (Kew), Ben Colebrook (Kew), Isabelle Rosalia (Kew), Courtney Appelbee (FF), Madeleine Fletcher (FF), Reesha Quaresimin (FF), Sam Stribley (CR), Seth Norman (CR)

LAWA 11-YEAR SERVICE ATHLETE AWARDS

Sinead Wallace-Gibb (HW), Andrew Hilditch (HW), Thomas Hilditch (HW), Justin Russell (CR), Alyssa Rowe (FF)

LAWA 8-YEAR SERVICE ATHLETE AWARDS

Brodie Gray (Kew), Siobhan Painter (HW), Holly Burgess (HW), Naomi Hayes (HW), Ashley Muir (CR), Tara Stribley (CR), Callum Fare (CR), Nathan Morris (FF), Eden McBroom (KL)

LAWA 20-YEAR SERVICE PARENT AWARDS

Diane Wallace-Gibb (HW)

LAWA 10-YEAR SERVICE PARENT AWARDS

Elizabeth Hilditch (HW), Valerie Goodreid (HW), Janet Milne (FF), Sara Lindquist (CR), Jim Farr (CR), Trish Farr (CR), Don Wallace-Gibb (HW), Diane Wallace-Gibb (HW)

LAWA 6-YEAR SERVICE PARENT AWARDS

Sam Craven (Kew), Nicole Colebrook (Kew), Andrew Colebrook (Kew), Natalie Hepple (Kew), Nicole Rosalia (Kew), Jade Lewis (CR), Tristan Lewis (CR), Marnie Doulis (CR), Adrian Doulis (CR), Helen Quaresimin (FF), Mary Appelbee (FF), Neal Fletcher (FF), Mike Fernando (KL), Sharon Ford (KL), Jason Ford (KL), Paul Hansen (KL), Michelle Hansen (KL), Natalie Hutchins (KL), Louise Lockyer (KL), Emma McGehan (KL), Gisella Masella (KL), Terelle Stervaggi (KL), Sharlene Willock (KL), Natalie Nanut (HW), Kim Elliott (HW), Amanda Riley (HW), Nathan Cunningham (HW), Bronwyn Ife (VP), Sam Hardcastle (VP), Cal Burges (Wil), Barbie Miller (Wil), Jacki Stinten (Wil)

LAWA 3-YEAR SERVICE PARENT AWARDS

Randall Clayton (Kew), Yukie Clayton (Kew), Candy Piani (Kew), Dan Richmond (Kew), Emma Richmond (Kew), Kristy Sanders (Kew), Mark Whitaker (Kew), Milda Whitaker (Kew), David Statham (CR), Shona Statham (CR), Ruth Eszenyi (CR), Andrea Thompson (CR), Phil Cooley (CR), Natalie Carter (CR), Haylee Roia (CR), Dion Roia (CR), Deanne Irvine (CR), Ray Irvine (CR), Dan Carbery (CR), Angela Carbery (CR), Nikki Carvalho (CR), Leo Quaresimin (FF), Brett Myles (FF), Deanne Myles (FF), Kerry Henshall (FF), Paul Henshall (FF), Michelle Dillon (FF), Kyle Ajduk (KL), Danielle Ajduk (KL), Mik Coupland (KL), Penni Coupland (KL), Vanessa Giangiulio (KL), Sarah Greenway (KL), Murray Greenway (KL), Bill Hayes (KL), Lauren Hayes (KL), Shari Ingleton (KL), Kym Jones (KL), Lynda McGrath (KL), Peter O'Connor (KL), Janelle Sewell (KL), Hayley Trueman (Wil), Andrew Trueman (Wil), Stephanie Argyle (HW), Priya Narayanan (HW), Raju Narayanan (HW), Antony Crum (HW), Vicki Crum (HW), Denise Cowin (HW), Amanda Rudd (HW), James Monk (VP), Michelle Cork (VP), Carl Gosper (VP), Tanya Llorens (VP), Frances Murray (VP), Julia Gantschew (VP), Vinayak Palande (VP), Prithi Palande (VP), Walid Salama (VP), Basma Mohammed (VP), Mark Murray (VP), Brian Cork (VP)

LAWA ATHLETE OF THE YEAR NOMINEES: James Cork (VP)

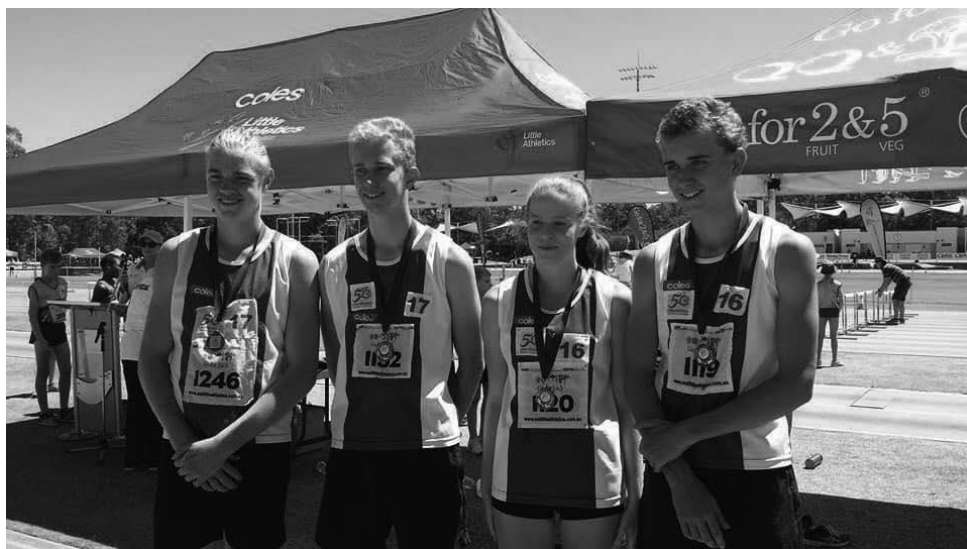
LAWA DOUG HANCY AWARD NOMINEES: Jaymee Taylor (HW) & Winston Raimundo (Wil)

LAWA CENTRE AWARDS

Centre Administrator of the Year: Joanne Richardson (Wil) & Natalie Nanut (HW)

Centre Official of the Year: Kim Elliott (HW)

Centre Coach of the Year: Nathan Cunningham (HW)



LAWA 11-YEAR Service Athlete Award Recipients
Justin Russell, Andrew Hilditch, Alyssa Rowe, Thomas Hilditch
(Sinead Wallace-Gibb not in attendance)

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

CENTRE CHAMPIONSHIPS MEDAL WINNERS

DAY 1 - 10th February 2018

	U6 Girls	Result		U7 Girls	Result
	200m			60m mini Hurdles	
Gold	Arianna Pillera	42.17	Gold	Chloe Reeves	12.97
Silver	Tory D'Alessio	42.32	Silver	Amy Stump	13.01
Bronze	Willow Daly	44.18	Bronze	Stella Slee	13.59
	60m mini Hurdles			70m	
Gold	Olivia Weston	12.49	Gold	Chloe Reeves	13.02
Silver	Arianna Pillera	12.51	Silver	Amy Stump	13.26
Bronze	Tory D'Alessio	12.89	Bronze	Isabella Logan	14.08
	70m			Discus 350g	
Gold	Arianna Pillera	13.70	Gold	Chloe Reeves	8.38m
Silver	Olivia Weston	13.76	Silver	Amy Stump	6.69m
Bronze	Tory D'Alessio	14.20	Bronze	Stella Slee	5.34m
	Discus 350g			Vortex	
Gold	Maddison van der Togt	8.81m	Gold	Chloe Reeves	10.49m
Silver	Leilani Bartley	8.44m	Silver	Stella Slee	9.73m
Bronze	Arianna Pillera	8.01m	Bronze	Amy Stump	7.93m
	Vortex				
Gold	Maddison van der Togt	10.61m		U7 Boys	
Silver	Freya Hemara	9.14m		200m	
Bronze	Leilani Bartley	8.30m	Gold	Noah Lewis	38.22
			Silver	Tanxsta Harris	40.18
	U6 Boys		Bronze	Viktor Eszenyi	42.59
	200m			60m mini Hurdles	
Gold	Lincoln Muijs	41.32	Gold	Tanxsta Harris	11.52
Silver	Mogga Jansuk	41.61	Silver	Noah Lewis	11.89
Bronze	Mack Mills	44.05	Bronze	Viktor Eszenyi	12.07
	60m mini Hurdles			70m	
Gold	Lincoln Muijs	12.04	Gold	Tanxsta Harris	12.30
Silver	Mack Mills	12.14	Silver	Noah Lewis	12.52
Bronze	Mogga Jansuk	12.53	Bronze	Viktor Eszenyi	12.97
	70m			Long Jump	
Gold	Lincoln Muijs	13.57	Gold	Tanxsta Harris	2.79m
Silver	Mogga Jansuk	13.74	Silver	Noah Lewis	2.60m
Silver	Mack Mills	13.74	Bronze	Jensen Bowness	2.48m
	Long Jump			Shot put 1kg	
Gold	Mogga Jansuk	2.43m	Gold	Samuel Eaton	6.01m
Silver	Mack Mills	2.42m	Silver	Tanxsta Harris	5.56m
Bronze	Lincoln Muijs	2.41m	Bronze	Noah Lewis	4.81m
	Shot put 1kg				
Gold	Mason Baker	4.44m		U8 Girls	
Silver	Michael Crum	4.37m		200m	
Bronze	Lincoln Muijs	4.21m	Gold	Amelie Markovic	35.31
			Silver	Cassidy Clarke	39.83
	U7 Girls		Bronze	Laura Considine	39.95
	200m			60m Hurdles	
Gold	Amy Stump	39.95	Gold	Amelie Markovic	11.80
Silver	Chloe Reeves	41.52	Silver	Cassidy Clarke	13.17
Bronze	Isabella Logan	44.38	Bronze	Laura Considine	13.55

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U8 Girls	Result		U9 Girls	Result
	70m			Turbo Javelin	
Gold	Amelie Markovic	11.65	Gold	Summer Ajduk	19.67m
Silver	Cassidy Clarke	12.68	Silver	Scarlet Van Beek	16.74m
Bronze	Madison Mills	12.99	Bronze	Leeshar-Rose Tuialii	16.34m
	Turbo Javelin			Discus 500g	
Gold	Laura Considine	11.63m	Gold	Scarlet Van Beek	16.46m
Silver	Emma Wilson	10.63m	Silver	Leeshar-Rose Tuialii	16.24m
Bronze	Cassidy Clarke	10.05m	Bronze	Summer Ajduk	16.00m
	Discus 500g			700m Walk	
Gold	Laura Considine	11.26m	Gold	Summer Ajduk	4.30.30
Silver	Madison Mills	11.17m	Silver	Isobel Harvey	4.33.84
Bronze	Tyreece Burgess	10.09m	Bronze	Scarlet Van Beek	4.35.50
	U8 Boys				
	200m			U9 Boys	
Gold	Nathaniel Martin	35.11		200m	
Silver	Cruz Ingleton	35.92	Gold	Tully McGrath	32.98
Bronze	Thomas Webb	36.90	Silver	Trent D'Alessio	33.17
	60m Hurdles		Bronze	Tristian Wilson	35.02
Gold	Thomas Webb	11.45		60m Hurdles	
Silver	Nathaniel Martin	11.47	Gold	Tully McGrath	11.13
Bronze	Cruz Ingleton	11.58	Silver	Louis Trueman	11.25
	70m		Bronze	Duku Jansuk	11.49
Gold	Thomas Webb	11.10		High Jump - Scissor	
Silver	Nathaniel Martin	11.16	Gold	Alastair Kelly	1.10m
Bronze	Cruz Ingleton	11.42	Silver	Tait Dalton	1.08m
	Long Jump		Bronze	Tully McGrath	1.05m
Gold	Nathaniel Martin	3.19m		Long Jump	
Silver	Thomas Webb	3.12m	Gold	Alastair Kelly	3.46m
Bronze	Cruz Ingleton	3.10m	Silver	Tully McGrath	3.46m
	Shot put 1.5kg		Bronze	Tristian Wilson	3.38m
Gold	Cruz Ingleton	7.07m		Shot put 2kg	
Silver	Thomas Webb	5.53m	Gold	Tait Dalton	6.43m
Bronze	Ashley Clayton	5.26m	Silver	Alastair Kelly	5.61m
			Bronze	Alek Osman	5.26m
	U9 Girls			700m Walk	
	200m		Gold	Alastair Kelly	5.11.24
Gold	Scarlet Van Beek	34.45	Silver	Tristian Wilson	5.11.44
Silver	Summer Ajduk	36.23	Bronze	Trent D'Alessio	5.20.04
Bronze	Isobel Harvey	36.45			
	60m Hurdles			U10 Girls	
Gold	Scarlet Van Beek	11.63		200m	
Silver	Summer Ajduk	11.88	Gold	Ruby Henshall	34.68
Bronze	Skye Lehman	12.10	Silver	Maddison Walters	35.07
	800m		Bronze	Lila Sabetta	35.41
Gold	Summer Ajduk	3.05.00		60m Hurdles	
Silver	Josephine Gosper	3.13.05	Gold	Ruby Henshall	12.24
Bronze	Josephine Zuber	3.16.38	Silver	Asha Ascoli	12.66
			Bronze	Indiah Coupland	13.04

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U10 Girls	Result		U11 Girls	Result
	800m			200m	
Gold	Maddison Walters	3.08.62	Gold	Chloe Stump	32.88
Silver	Heidi Thompson	3.12.54	Silver	Sienna Jones	33.97
Bronze	Asha Ascoli	3.20.99	Bronze	Lilly Ajduk	34.25
	Turbo Javelin			60m Hurdles	
Gold	Ruby Henshall	21.40m	Gold	Sienna Jones	11.37
Silver	Asha Ascoli	16.90m	Silver	Lilly Ajduk	12.62
Bronze	Heidi Thompson	14.31m	Bronze	Hayley Clarke	13.08
	Discus 500g			800m	
Gold	Ruby Henshall	19.10m	Gold	Sienna Jones	2.58.29
Silver	Asha Ascoli	17.76m	Silver	Lilly Ajduk	3.02.31
Bronze	Maddison Walters	15.36m	Bronze	Kaylee Chin	3.15.13
	1100m Walk			Triple Jump	
Gold	Heidi Thompson	6.44.92	Gold	Lilly Ajduk	7.66m
Silver	Ruby Henshall	6.47.28	Silver	Sienna Jones	7.56m
Bronze	Asha Ascoli	7.00.10	Bronze	Bonnie Greenway	6.81m
				Discus 750g	
	U10 Boys		Gold	Lilly Ajduk	17.02m
	200m		Silver	Sienna Jones	16.57m
Gold	Jake Mills	31.39	Bronze	Grace Cunningham	14.87m
Silver	Samuel Campo	31.41		1100m Walk	
Bronze	Connor Muijs	33.05	Gold	Sienna Jones	7.16.73
	60m Hurdles		Silver	Lilly Ajduk	7.21.52
Gold	Oscar McManus	11.50	Bronze	Hayley Clarke	7.37.42
Silver	Jake Mills	11.68			
Bronze	Samuel Campo	12.28		U11 Boys	
	High Jump - Scissor			200m	
Gold	Shawn Tshidibu	1.22m	Gold	Noah Statham	30.24
Silver	Oscar McManus	1.15m	Silver	William Tilbee	31.68
Bronze	Lucas Warner	1.15m	Bronze	Cooper Rullo	31.91
	Long Jump			60m Hurdles	
Gold	Shawn Tshidibu	3.90m	Gold	Noah Statham	10.55
Silver	Oscar McManus	3.71m	Silver	William Tilbee	10.57
Bronze	Jake Mills	3.64m	Bronze	Thomas Whitaker	11.71
	Shot put 2kg			High Jump - Fosbury	
Gold	Harley Muir	6.45m	Gold	William Tilbee	1.25m
Silver	Shawn Tshidibu	6.41m	Silver	Noah Statham	1.25m
Bronze	Oscar McManus	6.38m	Bronze	Trisson Teh	1.20m
	1100m Walk			Long Jump	
Gold	Lucas Warner	7.24.03	Gold	Noah Statham	7.08m
Silver	Riley Clayton	7.43.96	Silver	Cooper Rullo	3.77m
Bronze	Oscar McManus	7.47.69	Bronze	Lochlan Argyle	3.67m
				Shot put 2kg	
	U11 Girls		Gold	Zach Laidley	7.04m
	Javelin 400g		Silver	William Tilbee	7.03m
Gold	Bonnie Greenway	16.89m	Bronze	Noah Statham	6.62m
Silver	Lilly Ajduk	15.60m		1100m Walk	
Bronze	Sienna Jones	14.13m	Gold	Oliver Watkins	7.57.98
			Silver	Arya Palande	8.24.21
			Bronze	Cooper Rullo	8.38.69

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U11 Boys	Result		U12 Boys	Result
	800m			200m	
Gold	Noah Statham	2:52.54	Gold	Kane Irvine	28.48
Silver	William Tilbee	2:55.16	Silver	Declan Cowin	29.75
Bronze	Zavier Vacca	3:00.70	Bronze	Kayel Ascoli	30.37
				60m Hurdles	
	U12 Girls		Gold	Kane Irvine	10.35
	Javelin 400g		Silver	Kayel Ascoli	10.46
Gold	Abbey Henshall	25.54m	Bronze	Liam Cooley	11.25
Silver	Olivia Trueman	22.19m		High Jump - Fosbury	
Bronze	Ilah Ody	19.80m	Gold	Kane Irvine	1.34m
	200m		Silver	Kayel Ascoli	1.30m
Gold	Olivia Dodds	28.31	Bronze	Isaiah Dimer	1.25m
Silver	Olivia Trueman	29.03	Bronze	Khyran Elliott	1.25m
Bronze	Ilah Ody	29.96		Long Jump	
	60m Hurdles		Gold	Kane Irvine	4.65m
Gold	Olivia Dodds	10.26	Silver	Kayel Ascoli	4.41m
Silver	Olivia Trueman	10.27	Bronze	Declan Cowin	4.14m
Bronze	Ilah Ody	11.09			
	800m			U13 Girls	
Gold	Elyssa Lewis	2:40.06		Javelin 400g	
Silver	Kaylee Myles	2:48.71	Gold	Annaleigh Lewis	30.80m
Bronze	Abbey Henshall	2:56.09	Silver	Sophie Bostock	24.58m
	Triple Jump		Bronze	Paige Bower	22.88m
Gold	Abbey Henshall	9.26m		200m	
Silver	Olivia Trueman	9.07m	Gold	Rachel Statham	29.58
Bronze	Ilah Ody	8.83m	Silver	Kate Cohen	30.54
	Shot put 2kg		Bronze	Ashley Muir	31.54
Gold	Abbey Henshall	8.73m		80m Hurdles	
Silver	Emily Hayes	8.40m	Gold	Rachel Statham	14.55
Bronze	Olivia Trueman	8.37m	Silver	Kate Cohen	15.38
	1500m Walk		Bronze	Paige Bower	15.89
Gold	Abbey Henshall	9:13.77		800m	
Silver	Tiahna McIntyre	9:15.46	Gold	Laura Stump	2:26.55
Bronze	Isabelle Rosalia	9:56.68	Silver	Mackenzie Coupland	2:42.48
			Bronze	Amalina Gosper	2:47.31
	U12 Boys			Triple Jump	
	800m		Gold	Rachel Statham	8.95m
Gold	Kayel Ascoli	2:46.18	Silver	Mackenzie Coupland	8.78m
Silver	Declan Cowin	2:49.21	Bronze	Kate Cohen	8.74m
Bronze	Sabian Vacca	2:50.98		Shot put 3kg	
	Discus 750g		Gold	Annaleigh Lewis	8.13m
Gold	Declan Cowin	26.26m	Silver	Rachel Statham	7.18m
Silver	Liam Cooley	23.18m	Bronze	Ashley Muir	6.91m
Bronze	Kane Irvine	21.46m		1500m Walk	
	1500m Walk		Gold	Ashley Muir	8:29.16
Gold	Liam Cooley	9:27.24	Silver	Chloe Rudd	9:29.77
Silver	Liam Carbery	9:58.87	Bronze	Sophie Bostock	11:33.21
Bronze	Siddharth Narayanan	11:52.01			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U13 Boys	Result		U14 Girls	Result
	800m			Triple Jump	
Gold	Aidan Dobbeltmann	2:32.13	Gold	Tara Stribley	9.20m
Silver	Aiden Warner	2:35.35	Silver	Emma Ferguson	9.12m
Bronze	Nicolas Marcar	2:35.64	Bronze	Anastasia Raimundo	9.07m
	Discus 1kg			Shot put 3kg	
Gold	Tristen Burgess	28.97m	Gold	Holly Burgess	8.05m
Silver	Amro Atta	23.94m	Silver	Anastasia Raimundo	7.99m
Bronze	Nicholas Potter	21.80m	Bronze	Emma Ferguson	7.64m
	Long Jump				
Gold	Aidan Dobbeltmann	4.51m		U14 Boys	
Silver	Amro Atta	4.38m		800m	
Bronze	Tristen Burgess	4.34m	Gold	Callum Fare	2:26.01
	200m		Silver	Darcy Jones	2:28.64
Gold	Nicholas Potter	26.88	Bronze	Jett Dix	2:58.47
Silver	Aidan Dobbeltmann	27.07		Discus 1kg	
Bronze	Tristen Burgess	27.70	Gold	Callum Fare	30.50m
	80m Hurdles		Silver	Jordan Cooley	29.53m
Gold	Nicolas Marcar	13.97	Bronze	Mitchell Bostock	25.33m
Silver	Tristen Burgess	14.33		1500m Walk	
Bronze	Amro Atta	14.72	Gold	Mitchell Bostock	9:30.06
	High Jump - Fosbury		Silver	Kieron Bower	11:22.04
Gold	Luca Masella	1.55m		200m	
Silver	Tristen Burgess	1.53m	Gold	Ben Colebrook	25.59
Bronze	Nicholas Potter	1.39m	Silver	Callum Fare	26.02
			Bronze	Darcy Jones	28.07
	U14 Girls			90m Hurdles	
	Javelin 400g		Gold	Ben Colebrook	14.52
Gold	Tara Stribley	32.30m	Silver	Callum Fare	14.77
Silver	Holly Burgess	28.26m	Bronze	Darcy Jones	15.96
Bronze	Emma Ferguson	25.79m		High Jump - Fosbury	
	200m		Gold	Jett Dix	1.48m
Gold	Tara Stribley	28.56	Silver	Darcy Jones	1.44m
Silver	Kheirra Elliott	28.82	Bronze	Callum Fare	1.42m
Bronze	Emma Ferguson	28.88		Long Jump	
	80m Hurdles		Gold	Darcy Jones	4.49m
Gold	Emma Ferguson	14.01	Silver	Callum Fare	4.41m
Silver	Kheirra Elliott	14.96	Bronze	Jett Dix	3.87m
Bronze	Tylah Burges	15.59			
	800m			U15 Girls	
Gold	Emma Ferguson	2:25.53		Javelin 500g	
Silver	Elizabeth Zuber	2:50.49	Gold	Emma Nanut	30.55m
Bronze	Tara Stribley	2:55.88	Silver	Eden McBroom	22.53m
	1500m Walk		Bronze	Stephanie Ginsburg	19.43m
Gold	Emma Ferguson	9:44.29		1500m Walk	
Silver	Courtney Appelbee	10:03.94	Gold	Emma Nanut	9:14.47
Bronze	Holly Burgess	10:57.74	Silver	Eden McBroom	9:48.80

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U15 Girls	Result		U15 Boys	Result
	200m			Long Jump	
Gold	Ella Dodds	27.76	Gold	Bailey Allen	5.12m
Silver	Eden McBroom	30.34	Silver	Callum Quaresimin	4.62m
Bronze	Stephanie Ginsburg	30.78	Bronze	Lachlan Rosalia	4.38m
	90m Hurdles				
Gold	Ella Dodds	14.53		U16 Girls	
Silver	Emma Nanut	16.56		200m	
Bronze	Eden McBroom	17.02	Gold	Amberlee Statham	26.61
	800m		Silver	Shannon Statham	27.12
Gold	Ella Dodds	2:38.85	Bronze	Rebekah Ford	28.03
Silver	Stephanie Ginsburg	2:59.45		90m Hurdles	
Bronze	Faith Brown	3:29.42	Gold	Shannon Statham	13.94
	Triple Jump		Silver	Amberlee Statham	15.44
Gold	Ella Dodds	9.73m	Bronze	Alyssa Rowe	17.20
Silver	Jaymee Taylor	8.91m		800m	
Bronze	Emma Nanut	8.77m	Gold	Ellaby Hansen	2:25.06
	Shot put 3kg		Silver	Amberlee Statham	2:30.21
Gold	Emma Nanut	9.13m	Bronze	Shannon Statham	2:32.27
Silver	Eden McBroom	7.76m		Triple Jump	
Bronze	Ella Dodds	7.23m	Gold	Emilia Raimundo	10.05m
			Silver	Shannon Statham	9.79m
	U15 Boys		Bronze	Amberlee Statham	9.51m
	800m			Shot put 3kg	
Gold	James Cork	2:14.65	Gold	Siobhan Painter	8.77m
Silver	Spencer Smith	2:33.73	Silver	Emilia Raimundo	8.00m
Bronze	Killian Smith	2:36.72	Bronze	Naomi Hayes	7.58m
	Discus 1kg			1500m Walk	
Gold	Myles Byng	28.14m	Gold	Naomi Hayes	11:38.11
Silver	Callum Quaresimin	27.58m	Silver	Alyssa Rowe	11:42.15
Bronze	Paul Stervaggi	23.78m		Javelin 500g	
	1500m Walk		Gold	Olivia Nanut	23.10m
Gold	Blair Keighley	10:55.41	Silver	Siobhan Painter	21.01m
Silver	Lachlan Rosalia	11:01.12	Bronze	Amberlee Statham	17.46m
Bronze	Spencer Smith	12:17.48			
	200m			U16 Boys	
Gold	James Cork	25.77		800m	
Silver	Bailey Allen	26.48	Gold	Nathan Morris	2:09.74
Bronze	Callum Quaresimin	28.39	Silver	Kye Scott	2:55.50
	100m Hurdles		Bronze	Thomas Hilditch	2:55.81
Gold	Bailey Allen	15.92		Discus 1kg	
Silver	Callum Quaresimin	17.13	Gold	Thomas Hilditch	42.08m
Bronze	Blair Keighley	19.32	Silver	Seth Norman	33.11m
	High Jump - Fosbury		Bronze	Flynn Hardcastle-Sharp	31.44m
Gold	Bailey Allen	1.65m		1500m Walk	
Silver	Killian Smith	1.50m	Gold	Kye Scott	8:38.03
Bronze	Cameron Hutchins	1.40m	Silver	Thomas Hilditch	9:25.25

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U16 Boys	Result		U17 Boys	Result
	200m			110m Hurdles	
Gold	Seth Norman	23.55	Gold	Andrew Hilditch	15.60
Silver	Flynn Hardcastle-Sharp	24.64	Silver	Justin Russell	17.04
Bronze	Thomas Hilditch	25.34	Bronze	Winston Raimundo	18.15
	100m Hurdles			1500m Walk	
Gold	Seth Norman	13.53	Gold	Brodie Gray	6:54.87
Silver	Thomas Hilditch	14.88	Silver	Andrew Hilditch	9:35.32
	High Jump - Fosbury		Bronze	Justin Russell	11:49.01
Gold	Seth Norman	1.75m		800m	
Silver	Flynn Hardcastle-Sharp	1.75m	Gold	Brodie Gray	2:15.28
Bronze	Thomas Hilditch	1.60m	Silver	Andrew Hilditch	2:26.52
	Long Jump		Bronze	Winston Raimundo	2:42.89
Gold	Seth Norman	6.29m		Discus 1.5kg	
Silver	Flynn Hardcastle-Sharp	5.92m	Gold	Andrew Hilditch	31.81m
Bronze	Thomas Hilditch	5.35m	Silver	Justin Russell	28.22m
			Bronze	Brodie Gray	22.96m
	U17 Girls			High Jump - Fosbury	
	200m		Gold	Winston Raimundo	1.75m
Gold	Natasha Parker	27.75	Silver	Andrew Hilditch	1.60m
Silver	Reesha Quaresimin	28.65	Bronze	Brodie Gray	1.55m
Bronze	Madeleine Fletcher	30.98		Long Jump	
	100m Hurdles		Gold	Justin Russell	5.41m
Gold	Reesha Quaresimin	17.34	Silver	Brodie Gray	5.37m
Silver	Madeleine Fletcher	18.70	Bronze	Winston Raimundo	5.30m
	800m				
Gold	Reesha Quaresimin	3:00.80			
Silver	Codi Thompson-Bowness	3:12.97			
Bronze	Madeleine Fletcher	3:50.64			
	Triple Jump				
Gold	Reesha Quaresimin	10.13m			
Silver	Natasha Parker	9.08m			
Bronze	Madeleine Fletcher	8.80m			
	Shot put 3kg				
Gold	Madeleine Fletcher	9.06m			
Silver	Reesha Quaresimin	8.66m			
Bronze	Natasha Parker	7.40m			
	1500m Walk				
Gold	Codi Thompson-Bowness	9:53.52			
Silver	Madeleine Fletcher	11:08.05			
	Javelin 500g				
Gold	Reesha Quaresimin	27.95m			
Silver	Madeleine Fletcher	26.06m			
Bronze	Codi Thompson-Bowness	23.14m			
	U17 Boys				
	200m				
Gold	Winston Raimundo	25.47			
Silver	Brodie Gray	25.91			
Bronze	Justin Russell	26.27			



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

CENTRE CHAMPIONSHIPS MEDAL WINNERS

DAY 2 - 24th February 2018

	U6 Girls	Result		U7 Girls	Result
	100m			Shot put 1kg	
Gold	Olivia Weston	19.07	Gold	Stella Slee	4.15m
Silver	Arianna Pillera	19.50	Silver	Amy Stump	4.11m
Bronze	Tory D'Alessio	19.97	Bronze	Isabella Logan	3.59m
	300m				
Gold	Tory D'Alessio	1:09.26		U7 Boys	
Silver	Arianna Pillera	1:10.44		100m	
Bronze	Olivia Weston	1:11.40	Gold	Tanxsta Harris	16.87
	Long Jump		Silver	Noah Lewis	17.23
Gold	Arianna Pillera	2.35m	Bronze	Viktor Eszenyi	18.16
Silver	Leilani Bartley	2.09m		300m	
Bronze	Maddison van der Togt	1.97m	Gold	Noah Lewis	1:00.87
	Shot put 1kg		Silver	Tanxsta Harris	1:01.90
Gold	Samahra Dangerfield	3.89m	Bronze	Viktor Eszenyi	1:06.71
Silver	Freya Hemara	3.52m		Discus 350g	
Bronze	Arianna Pillera	3.39m	Gold	Tanxsta Harris	15.44m
			Silver	Samuel Eaton	12.60m
	U6 Boys		Bronze	Kallan Hepple	12.35m
	100m			Vortex	
Gold	Lincoln Muijs	19.67	Gold	Tanxsta Harris	20.87m
Silver	Mack Mills	19.71	Silver	Noah Lewis	16.70m
Bronze	Mogga Jansuk	19.75	Bronze	Samuel Eaton	14.97m
	300m				
Gold	Mogga Jansuk	1:08.17		U8 Girls	
Silver	Lincoln Muijs	1:11.74		100m	
Bronze	Gabriel van Heerwaarden	1:12.45	Gold	Amelie Markovic	15.98
	Discus 350g		Silver	Madison Mills	17.76
Gold	Mason Baker	11.49m	Bronze	Cassidy Clarke	17.98
Silver	Michael Crum	10.68m		500m	
Bronze	Boston Rodman	9.29m	Gold	Amelie Markovic	1:47.79
	Vortex		Silver	Madison Mills	1:58.43
Gold	Boston Rodman	18.57m	Bronze	Cassidy Clarke	2:02.68
Silver	Lincoln Muijs	16.55m		Long Jump	
Bronze	Michael Crum	13.41m	Gold	Amelie Markovic	3.27m
			Silver	Madison Mills	2.85m
	U7 Girls		Bronze	Cassidy Clarke	2.77m
	100m			Shot put 1.5kg	
Gold	Amy Stump	18.34	Gold	Amelie Markovic	5.77m
Silver	Chloe Reeves	18.86	Silver	Cassidy Clarke	5.07m
Bronze	Stella Slee	20.27	Bronze	Laura Considine	4.77m
	300m				
Gold	Amy Stump	1:06.33		U8 Boys	
Silver	Chloe Reeves	1:07.53		100m	
Bronze	Isabella Logan	1:19.28	Gold	Nathaniel Martin	15.58
	Long Jump		Silver	Thomas Webb	15.82
Gold	Chloe Reeves	2.55m	Bronze	Aidan Smith	16.49
Silver	Amy Stump	2.53m			
Bronze	Isabella Logan	2.17m			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U8 Boys	Result		U9 Boys	Result
	500m			70m	
Gold	Nathaniel Martin	1:46.79	Gold	Tully McGrath	11.09
Silver	Cruz Ingleton	1:48.06	Silver	Trent D'Alessio	11.37
Bronze	Aidan Smith	1:52.85	Bronze	Tristian Wilson	11.38
	Turbo Javelin			800m	
Gold	Nathaniel Martin	13.73m	Gold	Tully McGrath	3:01.01
Silver	Ashley Clayton	13.52m	Silver	Trent D'Alessio	3:04.61
Bronze	Cruz Ingleton	12.31m	Bronze	Tristian Wilson	3:10.31
	Discus 500g			Discus 500g	
Gold	Cruz Ingleton	16.64m	Gold	Tait Dalton	18.07m
Silver	Joshua Furfaro	16.29m	Silver	Patrick Martin	16.40m
Bronze	Stuart Hilditch	13.97m	Bronze	Alek Osman	13.90m
				Turbo Javelin	
	U9 Girls		Gold	Tristian Wilson	20.53m
	100m		Silver	Tait Dalton	15.76m
Gold	Scarlet Van Beek	15.39	Bronze	Tanachai Prasong	14.34m
Silver	Skye Lehman	16.55			
Bronze	Summer Ajduk	16.77		U10 Girl	
	400m			100m	
Gold	Summer Ajduk	1:25.46	Gold	Ruby Henshall	16.03
Silver	Josephine Zuber	1:27.23	Silver	Charlotte Trueman	16.19
Bronze	Scarlet Van Beek	1:28.29	Bronze	Heidi Thompson	16.50
	70m			400m	
Gold	Scarlet Van Beek	11.11	Gold	Lila Sabetta	1:26.25
Silver	Skye Lehman	11.87	Silver	Charlotte Trueman	1:26.83
Bronze	Summer Ajduk	11.91	Bronze	Asha Ascoli	1:27.65
	High Jump - Scissor			70m	
Gold	Summer Ajduk	1.06m	Gold	Ruby Henshall	10.75
Silver	Leeshar-Rose Tuialii	1.01m	Gold	Charlotte Trueman	10.75
Bronze	Josephine Zuber	1.01m	Bronze	Heidi Thompson	11.13
			Bronze	Maddison Walters	11.13
	Long Jump			High Jump - Scissor	
Gold	Scarlet Van Beek	3.30m	Gold	Ruby Henshall	1.24m
Silver	Summer Ajduk	3.07m	Silver	Charlotte Trueman	1.05m
Bronze	Paige Myles	2.96m	Bronze	Asha Ascoli	1.00m
	Shot put 2kg			Long Jump	
Gold	Leeshar-Rose Tuialii	6.87m	Gold	Ruby Henshall	3.62m
Silver	Scarlet Van Beek	6.44m	Silver	Charlotte Trueman	3.25m
Bronze	Summer Ajduk	5.59m	Bronze	Maddison Walters	3.13m
				Shot put 2kg	
	U9 Boys		Gold	Ruby Henshall	7.01m
	100m		Silver	Asha Ascoli	5.81m
Gold	Tully McGrath	15.13	Bronze	Theory Snooks-Holding	5.73m
Silver	Trent D'Alessio	15.52			
Bronze	Louis Trueman	15.91		U10 Boys	
	400m			100m	
Gold	Tully McGrath	1:20.17	Gold	Shawn Tshidibu	14.93
Silver	Trent D'Alessio	1:23.45	Silver	Jake Mills	15.27
Bronze	Liam Sanders	1:23.73	Bronze	Samuel Campo	15.46

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U10 Boys	Result		U11 Boys	Result
	400m			100m	
Gold	Jake Mills	1:17.52	Gold	Noah Statham	14.51
Silver	Lucas Warner	1:20.61	Silver	William Tilbee	14.56
Bronze	Oscar McManus	1:21.16	Bronze	Cooper Rullo	15.11
	70m			1500m	
Gold	Shawn Tshidibu	10.53	Gold	Noah Statham	5:55.55
Silver	Jake Mills	10.61	Silver	William Tilbee	6:00.53
Bronze	Oscar McManus	10.83	Bronze	Zavier Vacca	6:07.76
	800m			400m	
Gold	Jake Mills	2:48.11	Gold	Noah Statham	1:11.84
Silver	Oscar McManus	3:00.16	Silver	William Tilbee	1:17.11
Bronze	Harley Muir	3:04.99	Bronze	Thomas Whitaker	1:17.61
	Discus 500g			Discus 750g	
Gold	Riley Clayton	20.15m	Gold	Zach Laidley	18.59m
Silver	Connor Muijs	18.30m	Silver	William Tilbee	18.55m
Bronze	Richard Lewandowski	18.25m	Bronze	Noah Statham	17.51m
	Turbo Javelin			Javelin 400g	
Gold	Oscar McManus	20.82m	Gold	William Tilbee	36.35m
Silver	Lucas Warner	20.68m	Silver	Noah Statham	22.44m
Bronze	Harley Muir	18.49m	Bronze	Noah Clare	21.16m
				Triple Jump	
	U11 Girls		Gold	Noah Statham	8.59m
	100m		Silver	William Tilbee	7.65m
Gold	Sienna Jones	15.65	Bronze	Cooper Rullo	7.49m
Silver	Lilly Ajduk	15.74			
Bronze	Hayley Clarke	15.96		U12 Girls	
	1500m			100m	
Gold	Sienna Jones	6:13.30	Gold	Olivia Dodds	13.46
Silver	Lilly Ajduk	6:26.30	Silver	Ilah Ody	13.86
Bronze	Mishka Fowler	6:46.95	Bronze	Abbey Henshall	14.15
	400m			1500m	
Gold	Sienna Jones	1:18.49	Gold	Elyssa Lewis	5:43.16
Silver	Lilly Ajduk	1:19.66	Silver	Kaylee Myles	5:52.65
Bronze	Bonnie Greenway	1:22.59	Bronze	Abbey Henshall	6:15.88
	Long Jump			400m	
Gold	Sienna Jones	3.61m	Gold	Olivia Dodds	1:10.38
Silver	Lilly Ajduk	3.37m	Silver	Ilah Ody	1:11.47
Bronze	Bonnie Greenway	3.13m	Bronze	Tiahna McIntyre	1:14.12
	Shot put 2kg			Discus 750g	
Gold	Fearne Van Beek	7.10m	Gold	Abbey Henshall	21.93m
Silver	Grace Cunningham	6.22m	Silver	Isabelle Rosalia	18.67m
Bronze	Lilly Ajduk	6.13m	Bronze	Rosie McGehan	18.50m
	High Jump - Fosbury			Long Jump	
Gold	Sienna Jones	1.10m	Gold	Olivia Dodds	4.00m
Silver	Rose Considine	1.10m	Silver	Abbey Henshall	3.86m
Bronze	Mishka Fowler	1.00m	Bronze	Isabelle Rosalia	3.82m
Bronze	Hayley Clarke	1.00m			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U12 Girls	Result		U13 Girls	Result
	High Jump - Fosbury			Discus 750g	
Gold	Abbey Henshall	1.46m	Gold	Ashley Muir	24.28m
Silver	Rosie McGehan	1.32m	Silver	Annaleigh Lewis	24.08m
Bronze	Emily Gray	1.26m	Bronze	Lilly Cunningham	23.87m
				High Jump - Fosbury	
	U12 Boys		Gold	Annaleigh Lewis	1.40m
	100m		Silver	Rachel Statham	1.36m
Gold	Kane Irvine	13.46	Bronze	Kate Cohen	1.32m
Silver	Declan Cowin	13.62		Long Jump	
Bronze	Kayel Ascoli	14.06	Gold	Rachel Statham	4.06m
	1500m		Silver	Kate Cohen	3.99m
Gold	Kayel Ascoli	5:36.54	Bronze	Laura Stump	3.80m
Silver	Mazen Salama	6:11.75			
Bronze	Kane Irvine	6:18.30		U13 Boys	
	400m			100m	
Gold	Kayel Ascoli	1:09.01	Gold	Nicholas Potter	12.88
Silver	Declan Cowin	1:10.25	Silver	Tristen Burgess	13.01
Bronze	Sabian Vacca	1:11.17	Bronze	Aidan Dobbeldmann	13.20
	Javelin 400g			1500m	
Gold	Liam Cooley	30.11m	Gold	Aiden Warner	5:30.29
Silver	Khyran Elliott	28.36m	Silver	Nicolas Marcar	5:38.16
Bronze	Declan Cowin	27.71m	Bronze	Zachary Warner	5:40.38
	Triple Jump			200m Hurdles	
Gold	Kane Irvine	9.05m	Gold	Tristen Burgess	29.57
Silver	Kayel Ascoli	8.99m	Silver	Nicolas Marcar	29.81
Bronze	Declan Cowin	8.26m	Bronze	Amro Atta	31.34
	Shot put 3kg			400m	
Gold	Liam Cooley	8.67m	Gold	Aidan Dobbeldmann	1:03.71
Silver	Declan Cowin	7.99m	Silver	Aiden Warner	1:08.12
Bronze	Khyran Elliott	7.66m	Bronze	Tristen Burgess	1:09.07
				Javelin 600g	
	U13 Girls		Gold	Tristen Burgess	27.63m
	100m		Silver	Aiden Warner	22.81m
Gold	Laura Stump	13.88	Bronze	Luca Masella	21.16m
Silver	Kate Cohen	14.37		Triple Jump	
Bronze	Rachel Statham	14.51	Gold	Aidan Dobbeldmann	9.30m
	1500m		Silver	Tristen Burgess	9.21m
Gold	Annaleigh Lewis	5:41.83	Bronze	Nicolas Marcar	8.91m
Silver	Mackenzie Coupland	5:42.71		Shot put 3kg	
Bronze	Amalina Gosper	5:57.46	Gold	Tristen Burgess	10.77m
	200m Hurdles		Silver	Nicholas Potter	8.47m
Gold	Annaleigh Lewis	32.34	Bronze	Zachary Warner	7.61m
Silver	Rachel Statham	32.35			
Bronze	Laura Stump	33.12		U14 Girls	
	400m			100m	
Gold	Annaleigh Lewis	1:10.06	Gold	Kheirra Elliott	13.71
Silver	Rachel Statham	1:12.72	Silver	Tara Stribley	13.75
Bronze	Neve Adhams	1:15.04	Bronze	Emma Ferguson	14.07

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U14 Girls	Result		U14 Boys	Result
	1500m			Triple Jump	
Gold	Emma Ferguson	5:33.55	Gold	Ben Colebrook	9.67m
Silver	Elizabeth Zuber	6:17.70	Silver	Callum Fare	9.52m
Bronze	Courtney Appelbee	6:47.67	Bronze	Darcy Jones	9.50m
	200m Hurdles			Shot put 3kg	
Gold	Emma Ferguson	32.65	Gold	Callum Fare	12.88m
Silver	Kheirra Elliott	33.53	Silver	Jordan Cooley	11.55m
Bronze	Anastasia Raimundo	35.41	Bronze	Mitchell Bostock	8.39m
	400m				
Gold	Emma Ferguson	1:06.91		U15 Girls	
Silver	Madison Sauzier	1:12.78		100m	
Bronze	Elizabeth Zuber	1:16.10	Gold	Ella Dodds	13.22
	Discus 1kg		Silver	Eden McBroom	14.22
Gold	Tara Stribley	19.06m	Bronze	Stephanie Ginsburg	14.53
Silver	Holly Burgess	18.26m		1500m	
Bronze	Courtney Appelbee	18.21m	Gold	Stephanie Ginsburg	6:22.24
	High Jump - Fosbury		Silver	Eden McBroom	6:57.91
Gold	Emma Ferguson	1.40m			
Silver	Anastasia Raimundo	1.30m		300m Hurdles	
Bronze	Holly Burgess	1.30m	Gold	Ella Dodds	49.04
	Long Jump		Silver	Eden McBroom	56.92
Gold	Tara Stribley	4.28m	Bronze	Stephanie Ginsburg	57.92
Silver	Kheirra Elliott	4.22m		400m	
Bronze	Emma Ferguson	4.17m	Gold	Ella Dodds	1:07.65
			Silver	Stephanie Ginsburg	1:15.95
	U14 Boys		Bronze	Faith Brown	1:28.37
	100m			Discus 1kg	
Gold	Ben Colebrook	12.63	Gold	Emma Nanut	22.78m
Silver	Callum Fare	12.74	Silver	Eden McBroom	20.03m
Bronze	Darcy Jones	13.40	Bronze	Ella Dodds	16.78m
	1500m			High Jump - Fosbury	
Gold	Darcy Jones	6:33.19	Gold	Eden McBroom	1.25m
Silver	Joshua Giangulio	6:41.97	Silver	Emma Nanut	1.20m
Bronze	Mitchell Bostock	6:43.18	Bronze	Faith Brown	1.15m
	200m Hurdles			Long Jump	
Gold	Ben Colebrook	28.18	Gold	Emma Nanut	4.17m
Silver	Callum Fare	28.64	Silver	Ella Dodds	4.12m
Bronze	Darcy Jones	29.17	Bronze	Eden McBroom	3.95m
	400m				
Gold	Callum Fare	1:01.89		U15 Boys	
Silver	Ben Colebrook	1:04.54		100m	
Bronze	Darcy Jones	1:05.38	Gold	James Cork	12.63
	Javelin 600g		Silver	Bailey Allen	13.05
Gold	Callum Fare	35.84m	Bronze	Callum Quaresimin	13.39
Silver	Jordan Cooley	30.24m		1500m	
Bronze	Darcy Jones	26.48m	Gold	James Cork	5:06.12
			Silver	Spencer Smith	5:16.60
			Bronze	Killian Smith	5:23.25

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

	U15 Boys	Result		U16 Girls	Result
	300m Hurdles			Long Jump	
Gold	Bailey Allen	46.83	Gold	Shannon Statham	4.63m
Silver	Callum Quaresimin	52.39	Silver	Amberlee Statham	4.54m
			Bronze	Emilia Raimundo	4.52m
	400m				
Gold	James Cork	1:04.67		U16 Boys	
Silver	Bailey Allen	1:08.35		100m	
Bronze	Cameron Hutchins	1:10.59	Gold	Seth Norman	11.47
	Javelin 700g		Silver	Flynn Hardcastle-Sharp	11.63
Gold	Callum Quaresimin	26.35m	Bronze	Ethan Hopley	12.10
Silver	Myles Byng	23.81m		1500m	
Bronze	Cameron Hutchins	18.25m	Gold	Kye Scott	5:08.74
	Shot put 4kg		Silver	Thomas Hilditch	5:31.37
Gold	Cameron Hutchins	9.48m		300m Hurdles	
Silver	Lachlan Rosalia	8.87m	Gold	Seth Norman	41.85
Bronze	Callum Quaresimin	8.58m	Silver	Thomas Hilditch	43.53
	Triple Jump			400m	
Gold	Bailey Allen	11.22m	Gold	Seth Norman	56.46
Silver	Callum Quaresimin	9.90m	Silver	Thomas Hilditch	57.08
Bronze	Killian Smith	9.78m	Bronze	Ethan Hopley	59.64
				Javelin 700g	
	U16 Girls		Gold	Thomas Hilditch	49.70m
	100m		Silver	Seth Norman	38.00m
Gold	Amberlee Statham	12.84	Bronze	Kye Scott	33.28m
Silver	Shannon Statham	13.11		Shot put 4kg	
Bronze	Rebekah Ford	13.49	Gold	Thomas Hilditch	13.33m
	1500m		Silver	Flynn Hardcastle-Sharp	11.77m
Gold	Ellaby Hansen	5:28.12	Bronze	Seth Norman	10.18m
Silver	Rebekah Ford	6:32.24		Triple Jump	
Bronze	Siobhan Painter	7:05.42	Gold	Flynn Hardcastle-Sharp	11.37m
	300m Hurdles		Silver	Thomas Hilditch	10.96m
Gold	Amberlee Statham	47.05	Bronze	Ethan Hopley	10.81m
Silver	Shannon Statham	47.96			
Bronze	Siobhan Painter	58.47		U17 Girls	
	400m			100m	
Gold	Amberlee Statham	1:05.21	Gold	Reesha Quaresimin	13.18
Silver	Shannon Statham	1:05.59	Silver	Madeleine Fletcher	14.17
Bronze	Rebekah Ford	1:08.08	Bronze	Codi Thompson-Bowness	14.45
	Discus 1kg			1500m	
Gold	Emilia Raimundo	25.80m	Gold	Codi Thompson-Bowness	6:54.89
Silver	Shannon Statham	21.58m	Silver	Kim Farr	7:59.778
Bronze	Georgia Punshon	21.06m		300m Hurdles	
	High Jump – Fosbury		Gold	Reesha Quaresimin	52.50
Gold	Emilia Raimundo	1.50m	Silver	Madeleine Fletcher	1:01.74
Silver	Alyssa Rowe	1.45m		400m	
Bronze	Amberlee Statham	1.40m	Gold	Reesha Quaresimin	1:09.65
			Silver	Madeleine Fletcher	1:18.17
			Bronze	Codi Thompson-Bowness	1:23.13

U17 Girls		
<i>Discus 1kg</i>		
Gold	Reesha Quaresimin	20.45m
Silver	Madeleine Fletcher	19.87m
Bronze	Codi Thompson-Bowness	18.95m
<i>High Jump – Fosbury</i>		
Gold	Reesha Quaresimin	1.54m
Silver	Madeleine Fletcher	1.30m
<i>Long Jump</i>		
Gold	Reesha Quaresimin	4.50m
Silver	Madeleine Fletcher	3.98m
Bronze	Kim Farr	3.67m
U17 Boys		
<i>100m</i>		
Gold	Winston Raimundo	12.24
Silver	Justin Russell	12.71
Bronze	Andrew Hilditch	12.78
<i>1500m</i>		
Gold	Brodie Gray	4:57.38
Silver	Winston Raimundo	5:36.45
Bronze	Andrew Hilditch	5:40.93
<i>300m Hurdles</i>		
Gold	Andrew Hilditch	44.99
Silver	Winston Raimundo	45.30
Bronze	Brodie Gray	47.68
<i>400m</i>		
Gold	Winston Raimundo	57.61
Silver	Brodie Gray	57.75
Bronze	Andrew Hilditch	1:00.46
<i>Javelin 700g</i>		
Gold	Brodie Gray	34.74m
Silver	Andrew Hilditch	33.71m
Bronze	Winston Raimundo	31.69m
<i>Shot put 5kg</i>		
Gold	Winston Raimundo	10.89m
Silver	Justin Russell	10.75m
Bronze	Brodie Gray	9.81m
<i>Triple Jump</i>		
Gold	Winston Raimundo	11.66m
Silver	Brodie Gray	10.77m
Bronze	Justin Russell	10.65m



2017 – 2018 REPRESENTATIVE HONOURS

**U14/15 International Team - International Little Athletics Championships
Singapore, 11th & 12th July 2018**

James Cork – **GOLD** 800m, **BRONZE** 4x100m relay, **SILVER** 4x400m
Ella Dodds – **GOLD** 4x100m relay, **SILVER** 4x400m relay, **BRONZE** 200m Hurdles
Bailey Allen – **SILVER** High Jump, 5th Long Jump
Emma Ferguson – **GOLD** 1500m, **BRONZE** 800m, **GOLD** 4x400m relay
Callum Fare – **BRONZE** 4x100m relay, 8th Discus, 7th Shot put, 5th Javelin

2018 COLES Australian Little Athletics Championships - Gold Coast - 28th & 29th April 2018

Ella Dodds (U15) **GOLD** 4x100m Relay, 12th Multi Event, Laura Stump (U13) **SILVER** 400m,
4th 800m, 5th 4x100m relay, Annaleigh Lewis (U13) 8th High Jump

STATE RELAY CHAMPIONSHIPS MEDAL WINNERS

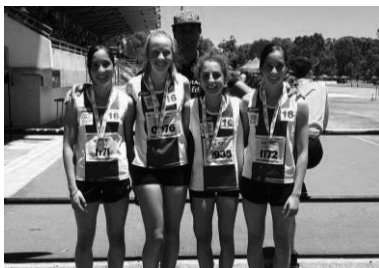
WA Athletics Stadium, 2nd December 2017

U15 G Field Relay (Emma Nanut & Jaymee Taylor) – **BRONZE**
U17 B Field Relay (Thomas Hilditch, Andrew Hilditch & Seth Norman) – **BRONZE**
U12 G 4 x400m (Iliah Ody, Elyssa Lewis, Kaylee Myles, Isabelle Rosalia.
Reserve - Olivia Dodds) – **SILVER**
U17 Girls 4 x400 (Ellaby Hansen, Amberlee Statham, Shannon Statham, Rebekah Ford.
Reserve - Naomi Hayes) – **GOLD**

STATE COMBINED EVENT CHAMPIONSHIPS MEDAL WINNERS

WA Athletics Stadium, 3rd and 4th February 2018

U12 G Olivia Trueman – **GOLD**
U16 G Amberlee Statham – **BRONZE**
U16 B Seth Norman – **BRONZE**
U17 G Reesha Quaresimin – **SILVER**



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

ZONE CHAMPIONSHIPS FINALISTS & MEDAL WINNERS (U7 & U8)

Gerry Archer Athletics Track, February 17 & 18, 2018

Boys				Girls			
U7				U7			
100m	Noah Lewis	18.24	2	100m	Chloe Reeves	19.24	3
	Tanxsta Harris	18.38	3		Amy Stump	19.42	4
200m	Noah Lewis	36.93	2	300m	Chloe Reeves	1:07.03	2
300m	Noah Lewis	59.53	2	70m	Chloe Reeves	13.23	3
70m	Tanxsta Harris	11.58	2		Amy Stump	13.32	4
Long Jump	Noah Lewis	2.62m	3	Long Jump	Amy Stump	2.72m	2
Shot put	Tanxsta Harris	5.35m	1		Chloe Reeves	2.50m	5
Vortex	Tanxsta Harris	17.62m	4	Shot put	Amy Stump	5.51m	1
U8				U8			
60m Hurdles	Thomas Webb	11.81	4	100m	Amelie Markovic	16.72	2
	Lachlan Symons	12.36	6		Emma Wilson	19.25	7
	Nathan Dix	12.56	7		Olivia Brady	19.86	8
	Stuart Hilditch	15.89	8		Bianca Baker	20.50	10
				500m	Amelie Markovic	1:43.51	1
Discus	Joshua Furfaro	13.17m	3	200m	Bianca Baker	44.73	6
				Long Jump	Amelie Markovic	3.45m	2
70m	Thomas Webb	11.01	2		Olivia Brady	2.73m	9
Long Jump	Nathaniel Martin	3.20m	3		Matilda Grindrod	2.62m	10
	Cruz Ingleton	3.10m	5		Emma Wilson	2.32m	13
	Lachlan Symons	2.92m	8	70m	Cassidy Clarke	12.31	3
					Bianca Baker	13.63	6
Shot put	Cruz Ingleton	7.05m	1		Matilda Grindrod	14.44	7
	Nathan Dix	5.33m	4		Lillie Miller	16.14	8
	Joshua Furfaro	4.76m	6	60m Hurdles	Amelie Markovic	12.08	2
	Stuart Hilditch	3.76m	7		Matilda Grindrod	14.20	7
100m	Nathaniel Martin	16.47	2	Shot put	Cassidy Clarke	5.16m	1
	Thomas Webb	16.91	4	Discus	Cassidy Clarke	8.08m	6
200m	Nathaniel Martin	34.94	4		Matilda Grindrod	7.61m	8
	Thomas Webb	35.99	5		Olivia Brady	6.83m	10
500m	Nathaniel Martin	1:45.71	3	Turbo Javelin	Emma Wilson	13.03m	2
	Nathan Dix	1:54.96	6		Lillie Miller	6.08m	6
	Cruz Ingleton	2:00.41	10				
Turbo Javelin	Ashley Clayton	15.62m	3				
	Joshua Furfaro	10.73m	8				
	Stuart Hilditch	9.70m	10				



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

STATE TRACK & FIELD CHAMPIONSHIPS MEDAL WINNERS (U9 to U17)

WA Athletics Stadium, March 2nd, 3rd and 4th, 2018

Congratulations to all athletes who competed this weekend. From memory, we have exceeded previous season's totals of individual medals for this event by far. The total number of individual medals awarded over this weekend was a massive 48. Well Done!!!

U9G	Summer Ajduk	800m	Gold	2:51.00
	Scarlet Van Beek	Discus	Gold	19.45m
U9B	Tristian Wilson	Turbo Javelin	Bronze	21.94m
U10G	Ruby Henshall	Turbo Javelin	Gold	24.60m (Record)
		High Jump	Gold	1.24m
U12B	Kane Irvine	60m Hurdles	Silver	9.60
	Kayel Ascoli	60m Hurdles	Bronze	9.80
U12G	Olivia Dodds	200m	Gold	26.72
		60m Hurdles	Gold	9.75
		100m	Gold	13.47
		400m	Gold	1:02.38
	Olivia Trueman	200m	Bronze	26.96
		Long Jump	Bronze	4.62m
	Abbey Henshall	60m Hurdles	Bronze	9.99
		High Jump	Gold	1.45m
U13G	Laura Stump	800m	Gold	2:23.60
		400m	Silver	1:00.35
	Annaleigh Lewis	High Jump	Silver	1.46m
U13B	Tristen Burgess	Discus	Bronze	29.46m
		Shot put	Bronze	11.53m
U14B	Callum Fare	Shot put	Bronze	13.91m
U14G	Emma Ferguson	800m	Bronze	2:23.60
		1500m	Bronze	4:59.27
U15G	Ella Dodds	300m Hurdles	Silver	45.33
U15B	Bailey Allen	High Jump	Gold	1.79m
	James Cork	800m	Bronze	2:04.20
U16G	Ellaby Hansen	800m	Bronze	2:23.90
		1500m	Gold	5:06.66
	Alyssa Rowe	High Jump	Silver	1.49m
	Shannon Statham	300m Hurdles	Silver	47.44
	Amberlee Statham	200m	Silver	25.99
		300m Hurdles	Gold	46.54
		100m	Bronze	13.19
U16B	Seth Norman	100m Hurdles	Silver	13.11
		300m Hurdles	Gold	39.20 (Record)
		100m	Bronze	11.70
	Nathan Morris	800m	Silver	1:59.60
		400m	Bronze	51.95
	Thomas Hilditch	Shot put	Silver	12.78m
		Discus	Gold	44.56m
		Javelin	Silver	49.16m
U17G	Codi Thompson-Bowness	1500m Walk	Bronze	9:14.60
	Reesha Quaresimin	High Jump	Bronze	1.50m
		Triple Jump	Silver	10.47m
		100m Hurdles	Bronze	16.56
		300m Hurdles	Bronze	48.88
U17B	Andrew Hilditch	Discus	Bronze	31.58m
	Brodie Gray	800m	Bronze	2:07.60

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

STATE TRACK AND FIELD CHAMPIONSHIPS FINALISTS (U9 to U17)

WA Athletics Stadium, March 2nd, 3rd and 4th, 2018

U9G	Scarlet Van Beek	Turbo Javelin	14.90m	6th
	Tia Keighley	Shot put	3.23m	18th
	Ella Evangelista-Comito	Discus	11.11m	15th
U9B	Tully McGrath	Long Jump	3.40m	11th
	Tristian Wilson	Discus	18.07m	11th
U10G	Ruby Henshall	Shot put	7.39m	7th
		Long Jump	3.55m	18th
	Heidi Thompson	1100m Walk	6:23.30	4th
U10B	Shawn Tshidibu	Long Jump	4.15m	8th
		High Jump	1.25m	4th
	Oscar McManus	High Jump	1.20m	7th
U11G	Chloe Stump	Long Jump	3.47m	16th
U11B	Noah Statham	400m	1:07.82	6th
		1500m	5:41.28	11th
		Triple Jump	9.34m	4th
U12B	Kane Irvine	100m	13.54	4th
		High Jump	1.40m	7th
	Kayel Ascoli	Long Jump	4.27m	11th
		Triple Jump	10.03m	4th
		High Jump	1.40m	5th
	Isaiah Dimer	Long Jump	3.81m	16th
		Discus	17.54m	13th
	Khyran Elliott	Javelin	29.57m	9th
	Declan Cowin	Javelin	32.58m	5th
	Liam Cooley	Shot put	9.72m	5th
		Discus	25.55m	8th
U12G	Olivia Trueman	100m	13.79	4th
		Triple Jump	9.64m	5th
	Emily Gray	High Jump	1.30m	7th
	Elyssa Lewis	800m	2:40.70	5th
		1500m	5:23.32	5th
	Abbey Henshall	60m Hurdles	1.40	8th
		Long Jump	4.25m	8th
		Javelin	21.92m	10th
	Hayley Dolling	1500m Walk	10:48.30	10th
	Kaylee Myles	Discus	17.36m	11th
		800m	2:44.60	11th
		1500m	5:39.37	10th
U13G	Annaleigh Lewis	80m Hurdles	14.13	7th
		Javelin	28.46m	6th
	Lilly Cunningham	Discus	21.14m	10th
	Ashley Ford	High Jump	1.35m	11th
	Kate Cohen	Long Jump	4.19m	9th
		Triple Jump	8.92m	16th
	Rachel Statham	Long Jump	4.13m	11th
		Triple Jump	9.58m	8th
		High Jump	1.35m	10th
U13B	Aidan Dobbeltmann	400m	58.73	7th
	Aiden Warner	800m	2:25.80	11th
U13B	Tristan Burgess	Triple Jump	9.91m	10th
		Javelin	26.50m	9 th

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

U14B	Jordan Cooley	Javelin	26.93m	12th
		Shot put	11.88m	7th
		Discus	30.73m	7th
	Callum Fare	Javelin	37.39m	5th
	Mitchell Bostock	Discus	23.39m	14th
	Ben Colebrook	200m Hurdles	29.57	5th
	Jett Dix	High Jump	1.55m	7th
U14G	Emma Ferguson	High Jump	1.40m	6th
	Tara Stribley	Javelin	34.93m	5th
U15G	Ella Dodds	200m	26.71	6th
		100m	13.29	5th
		90m Hurdles	15.13	8th
		Long Jump	4.38m	12th
U15B	Bailey Allen	Triple Jump	11.29m	13th
	Tom Stinten	High Jump	1.70m	4th
	Myles Byng	Discus	27.76m	13th
	James Cork	400m	53.89	4th
U16G	Alyssa Rowe	Discus	20.23m	7th
		Long Jump	4.56m	9th
		Triple Jump	9.09m	12th
	Rebekah Ford	100m	13.78	8th
		200m	27.09	4th
		400m	1:03.54	4th
	Shannon Statham	Triple Jump	10.20m	7th
		100m	13.71	7th
		200m	27.58	6th
	Amberlee Statham	90m Hurdles	14.55	4th
		Long Jump	4.96m	5th
		90m Hurdles	14.66	5th
		Triple Jump	10.18m	8th
U16B	Seth Norman	Long Jump	5.86m	6th
		200m	23.45	5th
	Kye Scott	1500m	4:44.25	5th
		1500m Walk	8:07.80	4th
	Flynn Hardcastle-Sharp	100m	11.95	6th
		Long Jump	5.65m	12th
U17G	Reesha Quaresimin	Long Jump	4.71m	4th
	Codi Thompson-Bowness	Javelin	22.50m	4th
		Discus	15.23m	7th
U17B	Andrew Hilditch	Javelin	39.43m	6th
		110m Hurdles	17.00	4th
	Brodie Gray	Javelin	26.25m	10th
		1500m	4:37.95	4th
	Justin Russell	100m	12.90	7th
		110m Hurdles	17.37	5th
		Long Jump	5.10m	8th
		Triple Jump	10.87m	7th
		Shot put	10.69m	5th
		Discus	29.74m	4th



2018 STATE ROADWALKING CHAMPIONSHIPS MEDAL WINNERS

4th August 2018, Behind the Mike Barnett Basketball Stadium, Rockingham

U10G Heidi Thompson **SILVER** - 8:25.80 (1500m)
U12B Liam Carbery **SILVER** - 13:34.10 (2000m)
U14B Mitchell Bostock **BRONZE** - 12:01.90 (2000m)

2018 STATE CROSS COUNTRY CHAMPIONSHIPS MEDAL WINNERS

11th August 2018, Whitfords Nodes Park, Hillarys

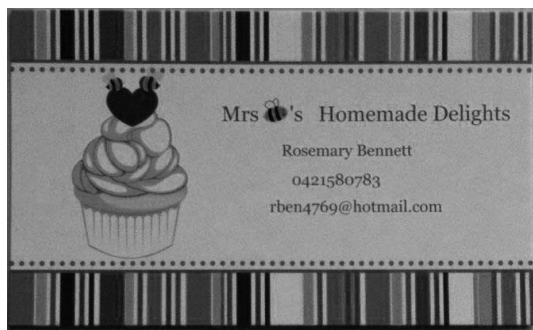
U10B Jake Mills **GOLD** - 6:06.80 (1500m)
U11G Kyra Pilmer **GOLD** - 8:13.10 (2000m)
U16G Ellaby Hansen **SILVER** - 14:26.30 (3000m)

STATE EVENT KEY OFFICIALS 2017-2018

The Belmont Little Athletics Centre would like to thank all parents for their help throughout the season. Special mention goes to the parents who filled **Key Official** roles at State Events (State Relays, Multis, Zones and State Championships).

SPONSORS AND SUPPORTERS

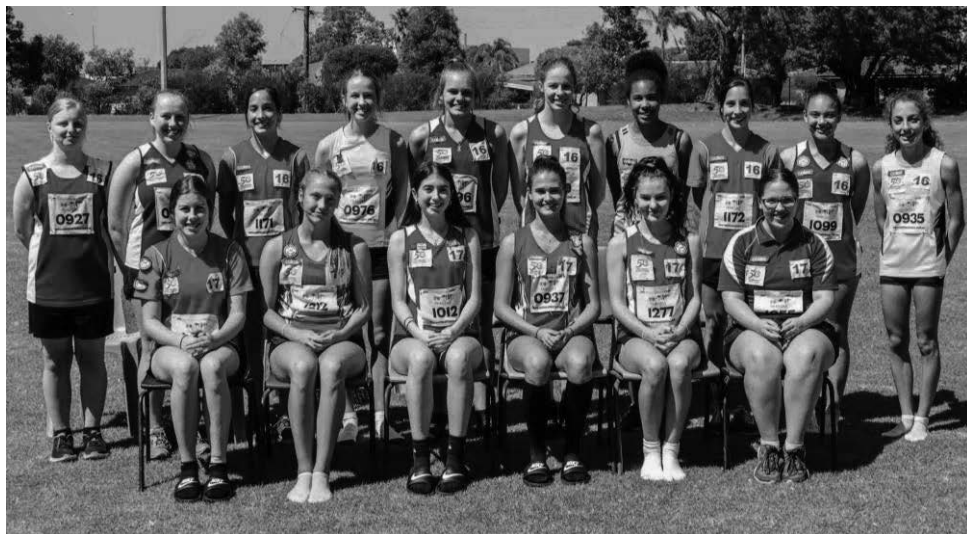
We wish to extend our sincere thanks and appreciation to individuals and organisations who have aided us with donations, sponsorship, and other support. Including, but not limited to:



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BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

SEASON CALENDAR 2018-2019

OCTOBER 2018	
Sat 6/10/18	Interclub Competition: Program A - 8:00am
Mon 8/10/18	BLAC Executive Meeting 7:30pm ¹
Sat 13/10/18	Interclub Competition: Program B - 8:00am
Sat 20/10/18	Interclub Competition: Program C - 8:00am Opening Ceremony
Sat 27/10/18	Interclub Competition: Program A - 8:00am
NOVEMBER 2018	
Sat 3/11/18	Interclub Competition: Program B - 8:00am
Sat 10/11/18	Interclub Competition: Program C - 8:00am Great BLAC Camp Out
Mon 12/11/18	BLAC Executive Meeting 7:30pm ¹
Sat 17/11/18	Interclub Competition: Program A - 8:00am PCH Day
Sun 18/11/18	☞ <i>LAWA Junior Carnival (replaces Bravehearts) (WA Athletics Stadium)</i>
Wed 21/11/18	BLAC hosted "Relay Night"
Sat 24/11/18	Interclub Competition: Program B - 8:00am
DECEMBER 2018	
Sat 1/12/18	☞ <i>State Relay Championships (WA Athletics Stadium)</i>
Sun 2/12/18**	Interclub Competition: Program C - 8:00am
Sat 8/12/18	Interclub Competition: Program A - 8:00am
Mon 10/12/18	BLAC Executive Meeting 7:30pm ¹
Sat 15/12/18	Interclub Competition: Program B - Christmas Gift - 8:00am
JANUARY 2019	
Sat 12/1/19	Interclub Competition: Program C - 4:00pm (Twilight)
Mon 14/1/19	BLAC Executive Meeting 7:30pm ¹
Sat 19/1/19	Interclub Competition: Program A - 4:00pm (Twilight) 1500m Invitational
Sat 26/1/19 #	Interclub Competition: Program B - 8:00am (Australia Day)
FEBRUARY 2019	
Sat 2/2/19	Interclub Competition: Program C - 4:00pm (Twilight)
Sat & Sun 2 & 3/2/19	☞ <i>State Combined Event Championships (WA Athletics Stadium)</i>
Mon 4/2/19	BLAC Executive Meeting 7:30pm ¹
Sat 9/2/19	Centre Championships: Program 1 - 8:00am
Sat 16/2/19	Centre Championships: Program 2 - 8:00am
Sun 17/2/19	Centre Wind Up
Sat 23/2/19	☞ <i>Zones Track & Field Champs - Day 1 (venue TBA)</i>
Sun 24/2/19	☞ <i>Zones Track & Field Champs - Day 2 (venue TBA)</i>
MARCH 2019	
Fri 8/3/19	☞ <i>State Track & Field Champs (WA Athletics Stadium)</i>
Sat 9/3/19	☞ <i>State Track & Field Champs (WA Athletics Stadium)</i>
Sun 10/3/19	☞ <i>State Track & Field Champs (WA Athletics Stadium)</i>
Mon 11/3/19	BLAC Executive Meeting 7:30pm ¹
APRIL 2019	
Sun 7/4/19	Centre Stocktake Day 10am
Mon 8/4/19	BLAC Executive Meeting 7:30pm ¹
MAY 2019	
	"Winter Cross Country Events Commence"
Mon 13/5/19	BLAC Annual General Meeting - Gerry Archer Athletic Track 7:30pm

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

CALENDAR NOTES

Some changes to the normal calendar have been made this season by LAWA to reflect changes in Athletics Australia's season.

**Due to the State Relay Championships, our Saturday competition will be moved to Sunday 2nd December.

#Due to our Saturday competition falling on Australia Day, it will be held in the morning instead of the usual twilight meet.

¹Unless otherwise advised, all Executive meetings are open door. Club delegates will be advised, prior to meeting, of the agenda and any specific meeting that they should attend.

EVENT PROGRAMS

Programs are run over three weekends (programs A, B & C).

This allows athletes to compete in each event up to five times over the season.

Athletes must compete in an event at least three (3) times to qualify for that event at Centre Championships. Extenuating circumstances will be looked at on a case by case basis.

Note: Programs are subject to change by the Arena Manager on the day of competition or by the Executive Committee prior to competition. Clubs will be advised through their Club Manager of program changes where possible.

PROGRAM A BOYS				
AGE	EVENTS			
U6	200m		Vortex	70m
U7	200m		Vortex	70m
U8	200m		Shot	70m
U9	200m	400m	Shot	Long
U10	200m	800m	Turbo	Long
U11	200m	1500m	Discus	Long
U12	200m	1500m	Shot	High
U13	200m	1500m	Javelin	High
U14	200m	1500m	Shot	High
U15-17	200m	1500m	Shot	Long

PROGRAM A GIRLS				
AGE	EVENTS			
U6	200m		Discus	70m
U7	200m		Discus	70m
U8	200m		Shot	70m
U9	200m	400m	Shot	High
U10	200m	800m	Discus	Long
U11	200m	1500m	Discus	Long
U12	200m	1500m	Discus	Triple
U13	200m	1500m	Discus	High
U14	200m	1500m	Javelin	Triple
U15-17	200m	1500m	Javelin	Triple

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

PROGRAM B BOYS					
AGE	EVENTS				
U6-U7	100m	60m mini H	Shot		
U8	100m	60mH	Turbo		
U9	100m	60mH	Discus		700mW
U10	100m		Discus	High	1100mW
U11	100m	400m	Shot	Triple	1100mW
U12	100m	800m	Javelin	Long	
U13	100m	800m	Discus	Long	200mH
U14	100m	800m	Javelin	Long	200mH
U15-U17	100m	800m	Javelin	Triple	300mH

PROGRAM B GIRLS					
AGE	EVENTS				
U6-U7	100m	60m mini H	Vortex	Long	
U8	100m	60mH	Discus	Long	
U9	100m	60mH	Turbo		700mW
U10	100m		Shot	High	1100mW
U11	100m	400m	Shot	High	1100mW
U12	100m	800m	Shot	Long	
U13	100m	800m	Shot	Triple	200mH
U14	100m	800m	Discus	High	200mH
U15-U17	100m	800m	Discus	High	300mH

PROGRAM C BOYS					
AGE	EVENTS				
U6-U7	70m	300m		Long	Discus
U8	70m	500m		Long	Discus
U9	70m	800m		High	Turbo
U10	70m	400m	60mH		Shot
U11		800m	60mH	High	Javelin
U12	1500mW	400m	60mH	Triple	Discus
U13	1500mW	400m	80mH	Triple	Shot
U14	1500mW	400m	90mH	Triple	Discus
U15-U17	1500mW	400m	100mH	High	Discus

PROGRAM C GIRLS					
AGE	EVENTS				
U6-U7	70m	300m			Shot
U8	70m	500m			Turbo
U9	70m	800m		Long	Discus
U10	70m	400m	60mH		Turbo
U11		800m	60mH	Triple	Javelin
U12	1500mW	400m	60mH	High	Javelin
U13	1500mW	400m	80mH	Long	Javelin
U14	1500mW	400m	80mH	Long	Shot
U15-U17	1500mW	400m	90mH	Long	Shot

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

**CENTRE CHAMPIONSHIPS
PROGRAM 1 BOYS**

AGE	EVENTS						
U6	Shot	Long		60mH mini	200m	70m	
U7	Shot	Long		60mH mini	200m	70m	
U8	Shot	Long		60mH	200m	70m	
U9	Shot	Long	High	60mH	200m		700mW
U10	Shot	Long	High	60mH	200m		1100mW
U11	Shot	Long	High	60mH	200m	800m	1100mW
U12	Discus	Long	High	60mH	200m	800m	1500mW
U13	Discus	Long	High	80mH	200m	800m	1500mW
U14	Discus	Long	High	90mH	200m	800m	1500mW
U15-17	Discus	Long	High	100-110mH	200m	800m	1500mW

**CENTRE CHAMPIONSHIPS
PROGRAM 1 GIRLS**

AGE	EVENTS						
U6	Vortex	Discus		60mH mini	200m	70m	
U7	Vortex	Discus		60mH mini	200m	70m	
U8	Turbo	Discus		60mH	200m	70m	
U9	Turbo	Discus		60mH	200m	800m	700mW
U10	Turbo	Discus		60mH	200m	800m	1100mW
U11	Javelin	Discus	Triple	60mH	200m	800m	1100mW
U12	Javelin	Shot	Triple	60mH	200m	800m	1500mW
U13	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U14	Javelin	Shot	Triple	80mH	200m	800m	1500mW
U15-17	Javelin	Shot	Triple	90-100mH	200m	800m	1500mW



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

**CENTRE CHAMPIONSHIPS
PROGRAM 2 BOYS**

AGE	EVENTS						
U6	Vortex	Discus		100m		300m	
U7	Vortex	Discus		100m		300m	
U8	Turbo	Discus		100m		500m	
U9	Turbo	Discus		100m	800m	400m	70m
U10	Turbo	Discus		100m	800m	400m	70m
U11	Javelin	Discus	Triple	100m	1500m	400m	
U12	Javelin	Shot	Triple	100m	1500m	400m	
U13	Javelin	Shot	Triple	100m	1500m	400m	200mH
U14	Javelin	Shot	Triple	100m	1500m	400m	200mH
U15-17	Javelin	Shot	Triple	100m	1500m	400m	300mH

**CENTRE CHAMPIONSHIPS
PROGRAM 2 GIRLS**

AGE	EVENTS						
U6	Shot	Long		100m		300m	
U7	Shot	Long		100m		300m	
U8	Shot	Long		100m		500m	
U9	Shot	Long	High	100m		400m	70m
U10	Shot	Long	High	100m		400m	70m
U11	Shot	Long	High	100m	1500m	400m	
U12	Discus	Long	High	100m	1500m	400m	
U13	Discus	Long	High	100m	1500m	400m	200mH
U14	Discus	Long	High	100m	1500m	400m	200mH
U15-17	Discus	Long	High	100m	1500m	400m	300mH



International Athletes – Singapore 2018

Ella Dodds, James Cork, Emma Ferguson, Callum Fare, Bailey Allen



COMPETITION DAYS

SIGNING ON

The site roster is located under the veranda behind the announcer's table. To reduce starting delays and to increase your chances of signing onto your site of choice, Officials and Assistants are required to sign on at least 15 minutes before the official start time.

ATHLETE SIGN ON SHEETS will also be posted on the tables outside the clubrooms – all athletes to tick off their names as they arrive. This will assist in the smooth running of the program, allowing the Arena Manager and the Announcer to adjust events according to the number of athletes present.

SETUP & PACK AWAY

The club rostered to set up will be required to arrive one hour before the start of the program to put out equipment (including shade tents, timing gates and all site equipment etc). Please report to the Equipment Officer on arrival at the equipment shed.

Pack away club will be required to remain after competition is finished to assist in putting away equipment and generally clean up the grounds.

ALL CLUBS are responsible for cleaning up **THEIR OWN** club area each week. Setup and pack away refers to the following:

- Placing and removing rubbish bins in club areas.
- Sweep out the toilet blocks and empty rubbish bins (Pack Away)
- Sweeping the First Aid room and veranda. (Pack Away)
- Set up and put away tables for the Announcer and Officials Coordinator.
- Set up and put away chairs for the timekeepers and recorders.
- Set up and put away site material & equipment.
- Collect hand wash from the canteen and place in toilets. (Set Up)
- Return hand wash to canteen. (Pack Away)
- Take rubbish from outside canteen and place in bins
- Take empty crates from outside canteen and place outside gates opposite bike racks.

FIRST AID

Clubs will be required to supply a first aid officer on their rostered days. This person will administer **basic** first aid as required under the direction of the First Aid Coordinator. Rostered first aid officers should report to the First Aid Coordinator when signing on. All rostered first aid officers **must** provide a copy of their current first aid qualification prior to commencing the roster.

CANTEEN

Clubs will be required to supply 2 canteen helpers on their rostered days. Canteen helpers will be required to assist the Canteen Manager with serving customers, taking orders, cash handling and calculating change. Canteen helpers must be over 16 years of age for insurance reasons. The canteen is not a thoroughfare. Only rostered canteen helpers are to enter the canteen.

FUNDRAISING

Clubs can conduct fundraising activities during competition meets on their rostered days, in accordance with BLAC's fundraising policy. A copy of the policy can be obtained from the Executive Committee. Clubs **MUST** inform the canteen at least one week prior to their fundraising day if their fundraising will involve selling any food.

^^Fundraising club not permitted to include hot food as their fundraiser on this day

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

ROSTERS

Date	Fundraising	Canteen Helpers (2)	First Aid	Set up	Pack Away	Program
6/10/18	CRLAC	FLAC	HWLAC	HWLAC	KLLAC	A
13/10/18	WLAC	KLAC	FLAC	KLLAC	CRLAC	B
20/10/18	VPLAC	KLLAC	KLAC	CRLAC	VPLAC	C
27/10/18	FLAC	VPLAC	KLLAC	VPLAC	KLAC	A
3/11/18	KLAC	WLAC	VPLAC	KLAC	FLAC	B
10/11/18	KLLAC	CRLAC	WLAC	FLAC	WLAC	C
17/11/18	BLAC (PCH)	HWLAC	CRLAC	WLAC	HWLAC	A
24/11/18	HWLAC	FLAC	HWLAC	HWLAC	KLLAC	B
2/12/2018 Sunday	CRLAC	KLAC	FLAC	KLLAC	CRLAC	C
8/12/18	VPLAC	KLLAC	KLAC	CRLAC	VPLAC	A
Saturday 15th Dec (Xmas Gift)	KLLAC	VPLAC	KLLAC	VPLAC	KLAC	B
12/1/2019	KLAC	HWLAC	VPLAC	KLAC	FLAC	C
19/1/19 (Invitational)	WLAC^^	CRLAC	WLAC	FLAC	WLAC	A
26/1/2019	HWLAC	WLAC	CRLAC	WLAC	HWLAC	B
2/2/2019	FLAC	FLAC	HWLAC	HWLAC	KLLAC	C
9/2/2019 (Centre Champs)	BLAC	KLAC	KLLAC	CRLAC	VPLAC	1
16/2/2019 (Centre Champs)	BLAC	WLAC	VPLAC	KLAC	FLAC	2

CLUB SITE ROSTER

CLUB	EVENT	SITE
Carlisle-Rivervale	Shot put	1
	Discus	8
Forrestfield	Javelin (Second Key)	11
	Long/Triple	6
High Wycombe	Discus	7
	Shot Put	2
Kalamunda-Lesmurdie	Javelin	11
	Long/Triple	3
Kewdale	High Jump - Fosbury	10
	Long/Triple	5
Victoria Park	High Jump	9
	Javelin	12
Willandra	Long/Triple	4

Clubs will be required to supply the Key Official for their site

All other positions on the arena will be filled on the day, on a first come first served basis.

S/T=Straight Track (Short Track)
C/T=Circular Track (Long Track).

POSITION	CLUB/OFFICIAL	POSITION	CLUB/OFFICIAL
Chief Starter S/T	Willandra	Starter C/T	Kalamunda/Lesmurdie
Check Starter		Chief Timekeeper C/T	Kalamunda/Lesmurdie
Timing Gate Operator		Assistant Timekeeper C/T	Kalamunda/Lesmurdie
Chief Timekeeper S/T	Craig Middleton-White	Computer Operator C/T	Kalamunda/Lesmurdie
Computer Operator S/T	Forrestfield	Start Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T	Lynise Miller	Finish Marshall C/T	Kalamunda/Lesmurdie
Start Marshall S/T		Chief Walks Judge	
Finish Marshall S/T		Walks Judges	One Per Club

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON



BILL OF RIGHTS FOR YOUNG ATHLETES

Young athletes have the right to:

- Participate in sport regardless of ability level.
- Proper preparation for participation in the sport.
- Have qualified leadership.
- An equal opportunity to strive for success.
- Participate in a safe and healthy environment.
- Be treated with dignity by all involved.
- Participate as a child and not as an adult.
- Have fun through sport.

PARENTS CODE OF CONDUCT

Parents should:

- Not force an unwilling child to participate in sport.
- Remember that children participate for their own enjoyment, not yours.
- Encourage your child to abide by the rules.
- Teach your child that honest effort is as important as victory, so that the result of each event is accepted without undue disappointment.
- Turn defeat into victory by helping your child towards skill improvement and good sportsmanship. Never ridicule or yell at your child for making a mistake or losing an event.
- Remember that children learn best by example. Applaud good performances by your own child and by other athletes.
- Not publicly question the official's judgement, and never their honesty.
- Support all efforts to remove verbal and physical abuse from children's sporting activities.
- Recognise the value and importance of volunteer coaches. They give their time and resources to provide recreation activities for your child.

GENERAL RULES OF THE BELMONT LITTLE ATHLETICS CENTRE

- 1 BEHAVIOUR OF CHILDREN:
 - (a) Disciplinary action will be taken against any children who:
 - i. Maliciously damage property or equipment.
 - ii. Give verbal or otherwise abuse to Officials.
- 2 Clubs and parents are to ensure that children do not:
 - (a) Swing on the Double Gates or Turnstiles.
 - (b) Climb any fences.
 - (c) Go behind the Equipment Shed.
 - (d) Wander by themselves in the Car Park.
- 3 NO ONE is allowed behind any roped off areas without permission.
- 4 Complaints will not be considered unless the complaint is channelled through a Club Manager to the Arena Manager.
- 5 Spectators and Athletes must **NOT** tamper with the Public Address (PA) System.
- 6 Spectators and Athletes must respect each other's Club Area.
- 7 Adults are to encourage children to look after the toilet facilities, and not to play around with the water fountains.
- 8 Smoking is prohibited anywhere within the arena.
- 9 No skate boards, scooters, roller blades, roller skates, etc. are permitted to be used in and around the Centre on competition days. This includes the driveway and car-park areas.
- 10 Ball games or other activities which may interfere with the running of events or pose a hazard to others are not permitted. Failure to abide by a directive of an Executive Committee Member to cease such activities will result in the equipment being confiscated for the duration of competition.

RULES FOR COMPETITION

1. All athletes must be registered with a Club affiliated with Belmont Little Athletics Centre.
2. All competitors must wear correct Club uniform with their Registration Number securely fastened to the front of their shirt and their Age Tag secured to the front left shoulder. No logos or insignias bigger than 7cm x 5cm are allowed on uniform bottoms. As per LAWA rules, compression pants may be worn under shorts **only** if they are plain black and finish above the knee.
3. Fully enclosed footwear is compulsory for all athletes whilst they are competing on any surface at the Belmont Centre.
4. A competitor may leave a Field event once given permission by the Field Key Official to compete in a track event. On returning to the Field event he or she must resume at the stage the event has reached in their absence.
5. On completion of a Track event athletes must report firstly to the Track Marshalls and then to the Track Recorders to record their results. Once the athlete's result has been recorded they are to return to their Club area.
6. On completion of Field events athletes are to return immediately to their Club area.
7. Protests are to be presented by Club Managers in writing on official protest form to the Arena Manager and must be accompanied by the appropriate fee. The money will be forfeited should the complaint prove frivolous. A Protest Committee will deal with the complaint on the day.
8. Any misbehaviour by a competitor may result in a suspension for a period to be decided by the Executive Committee on the day.
9. Unless competing in an event or acting as an official, **no one** shall be allowed onto the arena or sites whilst events are being conducted. Failure to observe this rule may result in penalties to the Club or the offender. To be decided by the Executive Committee on the day, after completion of the day's program.
10. Athletes & Site Officials must at all times walk around the Track and not across the centre of the Arena. Signs marked with an "X" indicate the only places athletes and officials may cross the Track in order to get to sites.
11. Each affiliated Club will be required to supply officials for each competition day. The number of officials required from each club is calculated on a pro-rata basis, comparing number of athletes within the Club to number of athletes in the Centre as a whole. Officials are to report to the Officials Coordinator where they will sign on.
12. Spikes:
 - Competitors in the U6-U10 age group may not wear spike shoes.
 - Competitors in the U11-U12 age group may wear spike shoes in events run entirely in lanes, long jump and triple jump, high jump and javelin.
 - Competitors in the U13-U17 age group may wear spike shoes in long jump, triple jump, high jump and javelin, and all track events except walks.
 - Spikes must be carried to the start and removed at the end of all events.
13. Programmed events can be amended or cancelled at the discretion of the Arena Manager.
14. Complaints on the day will be referred (via your Club Manager through the Arena Manager) to the following:
 - Track events - CHIEF TRACK UMPIRE
 - Field events - CHIEF FIELD UMPIRE
15. Rules of competition are normally as per I.A.A.F. Rule Book, but modifications may be made for Centre competition.
16. All athletes must at all times have a parent or guardian present. Athletes will be excluded from competition if they do not have a parent or guardian present.

RED CARDS

Red Cards are issued to athletes for breaches of Belmont Little Athletics Centre Rules, particularly *General Rule 1: Behaviour of Children*, and *Rule for Competition 8*, pertaining to misbehaviour and suspension. The site Key Official will give an offending athlete one verbal warning only; a second offence shall result in the issue of a red card. The athlete will be asked to leave the site immediately and report to the Arena Manager. Any points from the site shall be forfeited for the day of the offence.

If an athlete receives a second Red Card on the same day, then the athlete will not be permitted to compete in any further events for that day. Additionally, all points for **all events** earned on the day of the offences shall be forfeited. Any offence may also be investigated and dealt with by the Centre Executive Committee and be subject to further disciplinary action.

RULES FOR B.L.A.C. CENTRE CHAMPIONSHIPS

1. To be eligible for Centre Championships, athletes must have competed in an event at least **three (3) times** at the weekly Inter Club competition.

Exceptions to this rule:

- a. In the case of illness or injury during the season which prevents the athlete from competing. Club Managers must hand a letter or Doctor's certificate to the Championships Officer **at the time of illness or injury**. The Executive Committee will then determine if the athlete is eligible to compete.
 - b. If an athlete commences later in the season.
 - i. Commencement is defined as the date and time at which the athlete is registered with Belmont Little Athletics Centre.
 - ii. The athlete must compete in the nominated event each time it is held in the remaining weekly Inter Club competitions after commencing.
 - iii. The athlete must be registered no later than four weeks prior to the start of Centre Championships.
2. If an athlete transfers from another Little Athletics Centre they must produce evidence that they have competed in the nominated event such that the total number of times they have competed in that event at both centres totals two or more. The evidence must be such that it is able to be verified by the previous Little Athletics Centre and is subject to approval by the Executive Committee. If the athlete is transferring from another Perth metropolitan Centre the athlete must also be registered with Belmont Little Athletics Centre no later than four weeks prior to the start of Centre Championships. Metropolitan Centres are those centres defined by LAWA as being in Zones 1, 2, 3 and 4.
 3. All competitors must report to the marshalling area prior to the commencement of any event. If there is a genuine reason for an athlete being late, this must be reported to the Arena Manager by the Club Manager only.
 4. Under 6 to Under 10 Athletes will have only three trials at all field events (except High Jump). Under 11 to Under 17 Athletes will have three trials at all field events (except High Jump) and the leading eight competitors in the event at the completion of the third round will then have a further one trial.
 5. Placings in all track events will be determined by timed heats.
 6. All protests must be reported through the Club Manager and are to be lodged with the Championship and Special Events Coordinator within 20 minutes of the completion of the event with the appropriate fee.
 7. The rules for competition at Centre Championships shall be those outlined in LAWA's Rules for Competition of State Run Events. These rules may be amended or updated by LAWA without notice or consultation.
 8. An athlete's participation in the Centre Championships signifies that athlete's acceptance of the rules and conditions as set out by Belmont Little Athletics Centre and the Executive Committee.
 9. Any circumstance not covered by the rules and conditions defined herein shall be dealt with by the Executive Committee on a case-by-case basis.

SUNSMART POLICY

Participant's health is a primary concern of Belmont Little Athletic Centre. It is acknowledged that skin cancer is a major, yet preventable public health problem in Australia, with two out of every three people requiring treatment for some form of skin cancer in their lifetime. A preventative strategy including the following will be implemented in the Centre.

- Wherever possible, programs will be scheduled to minimise ultraviolet radiation exposure of participants.
- The Centre will maximise use of natural shade from trees, buildings, and other structures including portable canopies or shade shelters.
- The Centre will promote personal protection including hats & long-sleeve shirts.
- Broad spectrum sunscreen will be made available for any that need it.



Unfavourable Weather Conditions

In the week prior to the scheduled competition, the Arena Manager will monitor the forecast weather conditions, to determine the effect it may have on the proposed program. If extreme weather conditions are forecast, the following strategies will be followed:

All decisions will be made by the Arena Manager, Chief Track Umpire, Chief Field Umpire and President of Belmont Little Athletics Centre, in consultation with the First Aid personnel.

Hot weather:

For morning competition: if the temperature reaches 38°C, the current status of the program what events remain will be examined before deciding if the program should be cancelled or conducted in a modified format.

For twilight competition: if the temperature is in excess of 38°C prior to the start of competition, a decision will be made as to whether to delay the start of competition until the temperature falls to 38°C, or if the program should be cancelled, or conducted in a modified format.

Inclement weather:

Where rain, wind, or lightning may affect the safety of athletes competing, a decision will be made as to whether the program should be cancelled, or conducted in a modified format.

Notification

The President will call a Club Managers meeting when a decision has been reached, and all Clubs will be notified on whether the meeting will be cancelled or a modified program will run.

Recovery Strategy

The following initiatives shall be implemented when severe weather affects competitions:

- Only conduct events that ensure the safety of athletes and officials is protected at all times.
- Where appropriate, reschedule cancelled events to a later date.
- Where a modified program is run and events are cancelled, athletes who have signed on will be awarded participation points so they are not disadvantaged in qualifying for Centre Championships.

HEALTH & INJURY

During a Little Athletics competition, athletes should always be in possession of a hat, wear a shirt to cover their shoulders when not competing, use an effective sun screen, and frequently drink plenty of fluids in small quantities, preferably water. Take special care of children in the hot summer sun.

If an athlete is sick or injured, experiencing pain or swelling, **do not allow them to compete**. If an athlete is unable to compete parents should provide their Club Manager with a medical certificate, which will prevent the child being disadvantaged during qualification for Centre Championships. If your child has been issued a medical certificate that covers the date of any competition, they should not compete as they may not be covered by insurance.

The immediate treatment for a soft tissue injury is **R.I.C.E.**

R	est
I	ce
C	ompression
E	levation

If you have any doubts about the injury whatsoever, a doctor's advice should be sought immediately. If an athlete falls during an event, do not pick them up until the cause of the injury has been determined. In particular, do not move any athlete who is experiencing back pain or numbness in the limbs. All injuries sustained at any Little Athletics venue, either in training or competition, must be reported to your Club Manager immediately.

FIRST AID POLICY

- The First Aid Officer must hold a current Senior First Aid or Apply First Aid Certificate, a copy of which must be must be held at the Centre.
- The First Aid Officer should consult the First Aid Coordinator if an injury is deemed serious. The final decision on treatment and escalation (eg calling an ambulance) is the responsibility of the First Aid Coordinator only.
- Where possible, a parent or guardian must be present when a child requires first aid treatment.
- If a parent overrides the First Aid Officer or First Aid Coordinator, the parent is then responsible for removing the athlete to a doctor straight away.
- Serious injuries (eg: being impaled by a javelin; hit on the head by an implement; leg or back injury) are to be treated on site until the ambulance arrives. Athletes should not be moved.
- Parents are to be advised by the First Aid Officer that all injuries requiring more than a simple dressing are to be seen by their own doctor.
- All injuries must be reported to the Centre First Aid Coordinator so that they can be documented. Failure to report an injury may mean that an athlete, parent or Official is not covered by insurance.
- First Aid is for injuries sustained by athletes and parents during competition only. The First Aid Officer will not tape limbs or joints so that athletes can compete.

If you are injured – PLEASE DO NOT COMPETE.

CENTRE UNIFORM

The new design for the BLAC uniform has been approved by LAWA and will have a phase in period of 2 years. The new uniform will become compulsory from the start of the 2020-2021 season.

The new tops will be available in your choice of a Singlet or a T-shirt.

Matching Jackets will also be available to purchase.

2018-2019 LAWA STATE EVENTS**PCH Kids Helping Kids Activity Day****SATURDAY 17th NOVEMBER 2018**

This event is organised by Little Athletics WA to raise funds for Perth Children's Hospital Foundation (formerly PMH Foundation). Club Managers will pass on further information at the appropriate time. Clubs will be advised of the format for this event once it has been formalised. It is run in conjunction with the day's normal athletics competition.

LAWA Junior Athletics Carnival (formally Bravehearts Challenge)**SUNDAY 18th NOVEMBER 2018**

The aim of the Junior Athletics Carnival is to introduce a fun event for the younger age groups where they have the opportunity to socialise with other young athletes, whilst participating in coaching clinics and educational workshops. This season it is open to athletes in the U6 to U8 age groups as well as tiny tots (3 & 4 year olds). The aim of the day is to introduce our younger athletes to a fun, introductory event at the WA Athletics Stadium. More details available from your Club Manager.

STATE TRACK & FIELD RELAY CHAMPIONSHIPS**SATURDAY 1st DECEMBER 2018**

Each centre is eligible to nominate one team (min 4, max 5) for track relay and one team of 2, 3 or 4 athletes for the field relay per age group and gender. Athletes competing in the track relay may not compete in the field relay and vice versa. Athletes are required to wear their Centre uniform.

Track relay events:	4 x 100m U8-U17	Field relay events:	Discus, Javelin, Long Jump & Shot Put (U10 Boys & Girls)
	4 x 200m U8-U10		Discus, Triple Jump, Long Jump & Shot Put (U11-U12 Boys & Girls, U13 Boys & U16-U17 Boys)
	4 x 400m U11-U17		Javelin, Triple Jump, Long Jump & Shot Put (U13 Girls, U14-U15 Boys & Girls, U16-U17 Girls)

STATE COMBINED EVENT CHAMPIONSHIPS**SATURDAY 2nd - SUNDAY 3rd FEBRUARY 2019**

This event is held at WA Athletics Stadium for athletes U11 and up. Athletes compete individually in 5-8 compulsory events, depending on age group. Points are awarded and accumulated according to performance, NOT placing, similar to the Heptathlon and Decathlon. Any number of athletes can represent a Centre and there are no selection criteria. Athletes are required to wear Centre uniform.

ZONE QUALIFYING HEATS & QUARTER FINALS**SATURDAY 23rd - SUNDAY 24th FEBRUARY 2019**

For athletes in the U9 to U15 age groups, Zones are the heats and quarter finals of the State Track and Field Championships. Dependent upon the number of registered athletes in the Zone, the highest placed 4, 5 or 6 athletes in any event go on to the semi-finals and finals of the State Track & Field Championships. Athletes in the U7 & U8 age groups only will compete for medals at this event and will not progress through to the State Track & Field Championships.

Belmont is in Zone 2 with the Gosnells, Melville and Southern Districts Centres. There are no selection criteria for Zones and BLAC encourages all athletes to compete. Many season personal bests are attained at Zones and it is a fantastic experience to compete against athletes from other centres at the culmination of the season. All clubs will be notified of the closing date for entries to Zones and States when they become available.

STATE TRACK & FIELD CHAMPIONSHIPS**FRIDAY 8th - SUNDAY 10th MARCH 2019**

Semi-finals and finals are held at the WA Athletics Stadium for those U9-U15 athletes filling the first four, five or six places (dependant on registrations in a Zone) in the Zone Quarter-final of each event. Athletes from any or all of the Centres in the Zone may fill these places. The U16 & U17 age groups can directly nominate for events.

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

U13 LITTLE ATHLETICS NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U13 athletes.

The WA State Track and Field Championships is the qualifying event for the U13 team selection. ALAC Team selectors will attend the event and will determine successful team members based on the LAWA ALAC Team Selection Policy.

Athletes wishing to be considered for selection must nominate by the defined closing date.

Athletes will be contacted as soon as practical following completion of State Championships of team selection status.

Note: For the 2018-2019 season only, selection numbers will increase to 32 x U13 athletes to take into account the age group alignment. Team size will revert to 26 in 2020. More information is available on the LAWA website.

U15 MULTI EVENT NATIONAL CHAMPIONSHIPS

Championships are held in a different state each year and are only open to U15 athletes.

Three U15 Boys and three U15 Girls are selected from the State Multi Event Championships and accompany the U13 team to represent the state in the National Multi Event Championships.

NOTE: For the 2018-2019 season only, selection numbers will increase to 4 boys and 4 girls x U15 athletes to take into account the age group alignment. More information is available on the LAWA website. Team size will revert to three (3) boys and three (3) girls in 2020.

U14 & U15 INTERNATIONAL CHAMPIONSHIPS

U14 and U15 athletes awarded a medal at State Championships will be invited to join the WA International team that travels to Malaysia (odd years) and Singapore (even years).

Information regarding the International team will be forwarded to all eligible athletes at medal presentations and following the competition.

WINTER COMPETITION

From April to August, Little Athletics WA runs a Winter competition. This consists of Cross Country Running and Road Walking races, held on alternating weekends at different locations throughout the metro area.

Cross Country is open to athletes U7 – U17, while Road Walking is open to athletes U9 – U17. Current registered athletes (participated in the previous summer competition) are required to nominate for Winter Competition online through their ResultsHQ profile.

No additional registration fees are applicable, however athletes are required to purchase, and wear, a timing chip for competition. New athletes may register for the Winter Competition online at ResultsHQ.com.au.

A registration fee shall be charged, and a timing chip is required to be purchased, and worn, for competition.

Competing athletes are required to wear Belmont Little Athletics Centre uniform. Athletes must compete in a minimum number of events (as detailed by LAWA) to be eligible for Winter Championships. Any further information can be obtained from the Winter Competition Officer.

Please note that the U6's do not compete in the State Winter Championships.



EVENT RULES AND SPECIFICATIONS

EVENT RULES

Although not always the case, event rules generally follow the IAAF rules, which are laid down in the IAAF Handbook. These rules may have been modified either for Little Athletics generally, or for local Centre competition. If in doubt you should consult your Club Manager, who can query the Arena Manager. The Arena Manager's decision in any dispute regarding the rules is final. The following notes give the major rules for each event - they may not cover all situations.

GENERAL NOTE

No athlete may commence any trial, in any event, until the official has given permission to do so. Safety rules must be observed at all times.

TIE-BREAKING RULES

In Field Events where the result is determined by distance, the second best performance of the competitors tying shall resolve the tie, then (if necessary) the third best and so on.

FIELD SITES

The **KEY SITE OFFICIAL** is responsible for ensuring that the correct equipment is on that site, and that shade tents, if required, are erected prior to the commencement of the program. The **Centre Record** is to be marked out prior to the commencement of each event. After completion of competition for that site officials are to assist by dismantling shade tents and ensuring that the equipment is ready to be returned to the equipment shed.

HIGH JUMP

Note: This is intended as a guide only

BOYS & GIRLS	U9-U10 Scissor Kick	U11-U17
Bar rises*	6 x 5cm	6 x 5cm
Thereafter	2cm	2cm

Starting Height: 5cm below the lowest recorded personal best of all *competing* athletes

* LAWA recommend the bar be raised by 5cm increments until there are 6 or fewer competitors remaining.

RECORDING:

For recording purposes, an **O** indicates the bar has been cleared, an **X** indicates a failure, and a **– (dash)** indicates the athlete chose to pass (did not attempt that jump).

INSTRUCTIONS TO COMPETITORS:

Starting height is given, plus increments to be used during competition.

May commence jumping at a height closest to 20cm below their registered Personal Best height.

May pass on any height or any jump. If a competitor forgoes a trial at a certain height, they may not make any subsequent attempts at that height.

Markers may be used as long as they are safe (i.e. flat) and they do not interfere with another athlete's run-up.

An attempt must be completed within 60 seconds.

Each competitor is allowed three attempts at each height, but is out of the competition after three consecutive failures are recorded regardless of height.

The Scissor technique will be the only allowable technique performed in High Jump for the U9 and U10 age groups at all levels of competition.

It shall be a valid scissor jump if all other relevant high jump rules are adhered to, and:

a. The head of the athlete does not go over the bar before the leading foot (the foot of the leg closest to the bar at take-off);

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

- b. The head of the athlete is not below the buttocks when the buttocks clear the bar, and
 - c. The athlete's lead foot touches the mat before any other part of the body.
- All athletes in the U11 and above age groups will have the option to use any legal jumping technique.

An invalid jump includes:

- a. The athlete takes off with two feet.
- b. After the jump, the bar does not remain on the support because of the action of the athlete whilst jumping.

Note: If the athlete has left the landing area and the bar falls, it is deemed an invalid jump if the athlete was responsible for the dislodgement.

- c. The athlete touches the ground including the landing area beyond the plane of the nearer edge of the crossbar, either between or outside the uprights with any part of the body, without first clearing the bar.
- d. Athlete touches the cross bar or the vertical section of the uprights when running up without jumping.

Note: On windy days the bar may be held in position by officials, but support must be removed when the athlete takes off to allow displacement. It is also helpful to set up the high jump side-on to the oncoming wind.

When one competitor is left, he/she may choose their own increments. He/she may be allowed to continue until he/she has recorded three failures and the last height cleared be recorded as the winning height.

MEASUREMENTS:

- All measurements shall be made in whole centimetres perpendicularly from the ground to the lowest point of the upper side of the bar.
- Precise measurement shall be made when the bar is raised to a new height and before the first competitor attempts such a height. In all cases of records the Chief Field Umpire shall check the measurement when the bar is placed at the record height and they shall re-check the measurement before subsequent record attempt if the bar has been touched since measured.
- When the measurement is rechecked after a successful jump and the bar is not at the record height, the record will not be allowed.

Note: Measure ends of bar first then the middle. Adjust ends so that the lowest part is in middle.

Note: Judges should ensure, before starting the competition, the underside and front of the crossbar are distinguishable, as the bar is always replaced with the same surface upper and the same surface to the front.

SET UP:

- Supports for the crossbar each face the opposite upright so that if a competitor touches the crossbar it will easily fall to the ground, either forwards or backwards
- There shall be a space of at least 1cm between the ends of the crossbar and the uprights.
- The crossbar must be replaced with the same surface up and the same surface to the front.
- The uprights and landing area should be setup so that there is at least 10cm between them when in use to avoid the displacement of the crossbar through the movement of the landing area causing contact with the uprights.

TIE - BREAKING RULES:

- The competitor with the lowest number of jumps at the height where the tie occurs shall be awarded the higher place.
- If the tie still remains, the competitor with the lowest number of failures throughout the competition up to and including the height last cleared shall be awarded the higher place.
- If the tie still remains the result will be an equal placing. No jump off takes place.

LONG JUMP AND TRIPLE JUMP

SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Raker

Take-off Area

- U6-U8: A 1.00m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U9-U10: A 0.5m x 1.22m mat covered with chalk where the foot imprint can be observed.
- U11-U17: A 0.2m x 1.22m strip.
- For the U6-U8 age groups the 1.22m x 1.00m take-off mat shall be placed with the front edge 200mm from the commencement of the landing area.
- For the U9-U10 age group the 0.5 m x 1.22m take-off mat shall be placed with the leading edge no more than 1.00m from the landing area.
- For the U11-U17 age groups:
- The distance between the take-off board and the far end of the landing area should be at least 10.00m.
- The take-off board shall be placed between 1m and 3m from the nearer end of the landing area.

RUNWAY:

Where possible, the runway should be at least 40m. The athlete's run-up can be of any length, but should be restricted to avoid wasting time.

MARKERS:

Markers are not permitted on the runway, but can be used at the side.

Failure

In the Long Jump and the Triple Jump, it shall be counted as a failure if:

- Any part of the mark made by the athlete's take-off foot protrudes over the front edge of the take-off area.
- If an athlete takes off before reaching the take-off area it shall not, for that reason, be counted as a failure.
- In the course of landing, the athlete touches the ground outside the landing area nearer to the take-off than the nearest break in the landing area made by the jump.
- When leaving the landing area, an athlete's first contact with the border or ground outside is nearer the take-off line than the nearest break in the sand made on landing.
- After landing, the athlete walks back through the landing area without first correctly exiting the pit.
- An athlete takes off from outside either end of the take-off area, whether beyond or before the extension take-off line.
- Any sort of somersaulting is used.

Distance Measurement

For U6-U10 athletes:

- Where any part of the athlete's foot lands on the take-off area, the jump will be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the imprint made in the take-off area by the take-off foot.
- Where no part of the athlete's foot lands in the take-off area, the jump will be measured from the nearest break in the landing area made by any part of the body or limbs to the edge of the take-off area furthest from the landing area, or its extension. The measurement must be taken perpendicular to the back of the mat or its extension.

For U11-U17 athletes:

- The jump shall be measured as the shortest distance from the nearest break in the landing area made by any part of the body or limbs to the front edge of the take-off area.
- The measurement must be taken perpendicular to the take-off area or its extension.

Triple Jump

- The Triple Jump shall consist of a hop, a step and a jump in that order.
- The hop shall be made so that an athlete lands first on the same foot as that from which they have taken off; in the step the athlete shall land on the other foot, from which, subsequently, the jump is performed.
- It shall not be considered a failure if an athlete, while jumping, touches the ground with the 'sleeping' leg.
- The take-off line shall be in whole metre increments from the edge of the pit.

Failure

In the Triple Jump, it shall be counted as a failure if:

- Any of the infringements listed for Long Jump occur
- The competitor fails to follow the actions of the triple jump as defined above.
- The competitor fails to land in the pit. (Landing on the run-up constitutes a foul.)



THROWING EVENTS

In throwing events from a circle:

- An athlete must commence the throw from a stationary position.
- The athlete is allowed to touch the inside of the iron band of the circle or stop board.
- It shall be a failure if the athlete, after entering the circle and commencing to make a throw, touches with any part of the body the top of the circle or the ground outside, or improperly releases the implement in making the attempt.
- It shall be a failure if the athlete leaves the circle or runway before the implement has touched the ground.
- It shall be a failure if, when leaving the circle, the athlete's first contact with the top of the rim or the ground outside the circle is not completely behind the back half of the circle.

Interruption of a Trial

It is not a failure if an athlete drops an implement and it does not touch the ground outside the throwing circle or runway, provided no other rule is breached. The athlete can retrieve the implement and continue the trial within the allocated time.

If the implement touches the ground outside the circle or runway it becomes a failure.

Measurements

- The measurement of each throw will be made from the nearest mark made by the fall of the implement to the inside of the circumference of the circle, along a line from the mark to the centre of the circle.
- For a valid trial, the implement must fall completely within the inner edges of the landing sector.
- In Javelin, the measurement of each throw will be made from where the tip of the javelin first struck the ground, to the inside edge of the arc, with the tape being pulled through the point 8m back on the run-up, that being the centre of the circle of which the arc is a part.

Recording

For recording purposes, an **O** indicates a successful attempt, an **X** indicates a failure, and a – (dash) indicates the athlete chose to pass (did not attempt that throw.)

AFTER EACH THROW, IMPLEMENTS SHALL BE CARRIED BACK TO THE AREA NEXT TO THE CIRCLE OR RUNWAY AND NEVER THROWN BACK.

DISCUS

Girls		Boys	
U6 & U7	350g	U6 & U7	350g
U8 - U11	500g	U8 - U11	500g
U12 - U13	750g	U12 - U13	750g
U14 - U17	1kg	U14 - U16	1kg
		U17	1.5kg

SITE OFFICIALS

- Key Official
- Recorder
- Spiker
- Returner

JAVELIN

Girls		Boys	
U6 & U7	Vortex	U6 & U7	Vortex
U8 - U10	Turbo Javelin	U8 - U10	Turbo Javelin
U11 - U14	400g	U11 & U12	400g
U15 - U17	500g	U13 & U14	600g
		U15 - U17	700g

SITE OFFICIALS

- Key Official
 - Recorder
 - Sector Judge (watches for valid landing)
 - Spiker
 - Returner
-
- The javelin shall be held at the grip with one hand only. It shall be thrown over the shoulder or upper part of the throwing arm and shall not be slung or hurled. Nonorthodox styles are not permitted.
 - A throw shall be valid only if the metal head strikes the ground before any other part of the javelin. The javelin is not required to stick in the ground.
 - For a valid throw, the tip of the javelin must fall completely within the inner edges of the landing sector.
 - It shall be a failure if the athlete, after starting their throw, touches with any part of their body or limbs, the lines marking the runway, the ground outside the runway, or crosses the throwing arc marking the end of the runway.
 - It is not a failure if the end of the javelin touches the ground during the run up.
 - If the javelin breaks during a throw or while in the air, it shall not count as a failure, provided the trial was otherwise made in accordance with the rules. Nor shall it count as a failure if an athlete thereby loses their balance and as a result contravenes any part of the rule. In these cases, the athlete shall be awarded a new trial.
 - At no time during the throw, until the javelin has been discharged into the air, may the athlete turn completely around, so that their back is towards the throwing arc.
 - It shall be a failure if the athlete leaves the runway before the implement has touched the ground, or if, when leaving the runway, the athlete's first contact with the parallel lines or the ground outside the runway is not completely behind the white lines of the arc or the lines drawn from the extremities of the arc at right angles to the parallel lines.



SHOT PUT

Girls		Boys	
U6 & U7	1kg	U6 & U7	1kg
U8	1.5kg	U8	1.5kg
U9 - U12	2kg	U9 - U12	2kg
U13 - U17	3kg	U13 - U14	3kg
		U15 - U16	4kg
		U17	5kg

SITE OFFICIALS

- Key Official
- Recorder (also to check for foot faults)
- Spiker
- Returner

The shot shall be put from the shoulder with one hand only. From the time an athlete takes a stance in the circle to commence a put, the shot shall touch or be in close proximity to the neck or the chin and the hand shall not be dropped below this position during the action of putting. The shot shall not be taken behind the line of the shoulders.



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

TRACK EVENTS

Hurdles

	B&G U6	B&G U7	B&G U8-U9	B&G U10-U11	B&G U12
Total Distance	60m	60m	60m	60m	60m
Hurdle Height	20cm*	30cm*	45cm	60cm	68cm
Run In	12m	12m	12m	12m	12m
Distance Between Hurdles	7m	7m	7m	7m	7m
Run Out	13m	13m	13m	13m	13m
Number of Flights	6	6	6	6	6

	B U13 G U13-14	B U14 G U15-16	B U15-U16 G U17	B U17
Total Distance	80m	90m	100m	110m
Hurdle Height	76cm	76cm	76cm	76cm
Run In	12m	13m	13m	13.72m
Distance Between Hurdles	7m	8m	8.5m	9.14m
Run Out	12m	13m	10.5m	14.02m
Number of Flights	9	9	10	10

	B&G U13	B&G U14	B&G U15-17
Total Distance	200m	200m	300m
Height	68cm	76cm	76cm
Run In	20m	20m	50m
Distance Between Hurdles	35m	35m	35m
Run Out	40m	40m	40m
Number of Flights	5	5	7

* **Note:** For safety reasons the U6 & U7 age groups use plastic training hurdles in their "Mini Hurdles" event, which are to a maximum of 20cm for U6 and 30cm for U7.



RACE WALKING

U9 Boys & Girls	700m
U10, U11 Boys & Girls	1100m
U12 – U17 Boys & Girls	1500m

Race walking is a progression of steps so taken that the walker makes contact with the ground, so that no visible (to the human eye) loss of contact occurs. The advancing leg shall be straightened (i.e. not bent at the knee) from the moment of first contact with the ground until the vertical upright position. The advancing foot of the walker must make contact with the ground before the rear foot leaves the ground.

Judging

All judges shall act in an individual capacity and their judgements shall only be based on observations by the human eye.

The number of appointed walk judges for an event, including the Chief, shall comprise a minimum of 4 and maximum of 6

Caution (Yellow Paddle)

Any judge can give a "Yellow Paddle" to a competitor when a competitor appears to be in danger of failing to comply with the rules (definition of race walking). Cautions are issued verbally and briefly taking care that remarks do not constitute coaching.

All remarks should be loud and clear and always in the form: e.g. "CAUTION No..... contact or knees"

For loss of contact ~ a wavy line in black on a yellow background

For knees a 45° angle < also in black on a yellow background shall be used

A judge can only caution a competitor once for each offence during the event

A caution has no bearing on disqualification. It is possible to be cautioned by every judge in the race yet not receive a single warning. This advice is only to indicate to a competitor that their action is deteriorating to a dangerous state

Red Card

A judge gives a "Red Card" for disqualification if a competitor is actually breaking the rules of race walking

For the U12 and above age groups, no verbal Red Card will be given. For other age groups, the Red Card will be given verbally at the time of detection of the actual infringement

All remarks should be loud and clear and always in the form: e.g. "Red Card No..... contact or knees"

Red Card is recorded on the judging pad and forwarded to the Chief Judge as soon as practicable

A judge may only give a competitor one Red Card during the event irrespective of the infringement

If a judge in an event requiring verbal Red Cards to be given, is not sure a competitor has heard the "Red Card" the Judge should repeat it at the next suitable opportunity

A Red Card should never be given unless there is absolute certainty the rules have been infringed.

Any doubt existing must be given to the competitor and the Red Card not issued

Disqualification

A Red Card by 3 or more walk judges that in their opinion a competitor's mode of progression failed to comply with the definition of race walking brings about a disqualification

Only the Chief Judge may advise a competitor of their disqualification

Where a competitor is disqualified the Chief Judge shall indicate to such competitor verbally that they are disqualified and give the reasons for the disqualification

The result of an event shall not become final until the Chief Walk Judge and Track Referee has given the all clear.

Methods of Judging

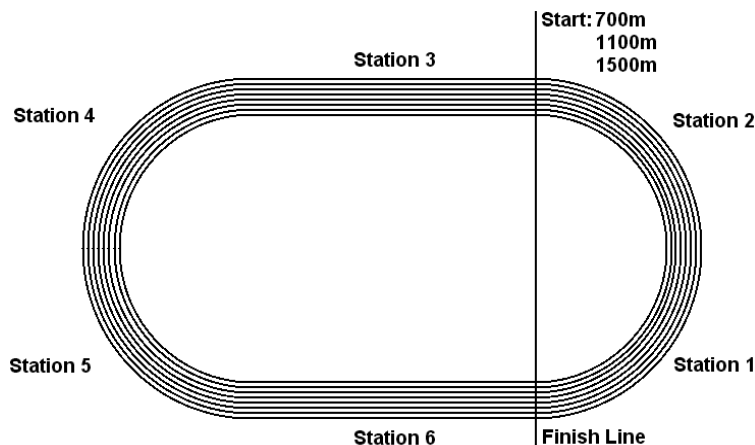
Prior to each walking event, the Chief Judge or a judge appointed by the Chief Judge, will acquaint the competitors with the judging procedures for the event.

It is imperative that during an event all judges act in an individual capacity and their judging is not influenced by the judging of another judge, per medium of conversation or messages.

The Chief Judge shall allocate judges their judging position.

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

Walk judges, recorders or messengers shall not use transceivers during the conduct of the event. The judges must adequately cover the whole of the track/course, this can be done by having approximately equal distance between judges. There should be no blind spots, judges should judge from the outside of the track/course and not encroach on an area allocated to another judge, but judge from their allotted position as walkers are passing or approaching their section.



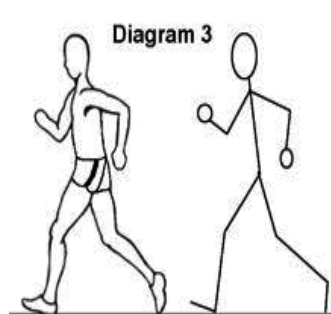
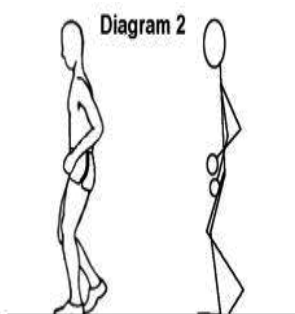
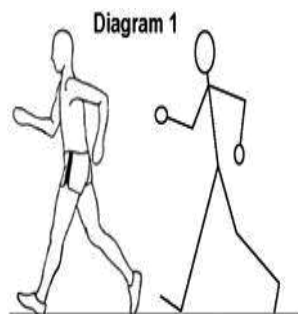
The Station 2 Judge assists the Chief Judge at the start and the Station 1 Judge assists the Chief Judge at the finish. The best position to take up is just on the outside of the track and follow the action of the legs, noting the foot's landing position, its swing and the leg from the time the leg supports the body.

NB: Avoid extreme rear judging as it is misleading. As a general rule Judges (except the Chief Judge) should restrict their judging area to 45° before and 15° after directly in front of them.

Diagram 1 shows the leg to be extended straight in making contact with the ground. **This satisfies the rule.**

Diagram 2 shows the foot of the supporting leg flat out on the ground. The supporting leg is not vertically upright, being bent at the knee. **This does not satisfy the rule, & therefore it is not permitted.**

Diagram 3 shows both legs bent at the knee & they are never straight in any position, not even when the leg is supporting the whole weight of the body. **This does not satisfy the rule, & therefore it is not permitted.**



INFORMATION FOR PARENTS ASSISTING

STARTING

STARTER'S MARSHALL: The Starter's Marshall is in control of preparation of heats ready for Starter.

DUTIES: The Starter's Marshall's duties are as follows:

- Receive athletes from the marshalling area.
- Check athletes and age groups.
- Count children and decide size of heats e.g. (14 children - 1x6 & 2x4 or 2x5 & 1x4).
- Use ranking sheets to allocate athletes to heats as above.
 - a. Children should not select their own lanes - place at random or use lane draw sheets.
 - b. Competitors waiting should be well back from starting line.
 - c. The Starter controls all aspects of starting. Decisions must be fair and correct at all times.

STARTING PROCEDURES FOR RACES UP TO AND INCLUDING 400M:

- Ensure that you have liaison with the Chief Timekeeper.
- Obtain the "all clear" from the Chief Timekeeper prior to each event. When all is ready use the whistle which will bring the competitors to the assembly line, they are then under the sole control of the Starter.
- In a clear voice, the athletes are given the command "**On your marks**". They will respond by moving up to the line and adopting their starting stance.
- When the Starter is satisfied that each athlete has his/her fingers/toes behind, not on, the starting line and are steady, he will raise the gun to indicate to the Timekeepers that the start is imminent and in a softer tone issue the command "**Set**".
- When the athletes are completely motionless, the gun is fired. Approximately, 2 seconds should elapse between the command "set" and the firing of the gun:-
 - a. to enable athletes to reach peak concentration, and
 - b. to enable the Starter to be sure all motion has ceased.

STARTING PROCEDURES FOR RACES 800M, 1500M:

- As above except the command is "on your mark" then the gun when the athletes are steady.

FALSE STARTS:

- If a competitor leaves his mark with hand or foot after the words "on your marks" in the case of massed starts, or "set" in the case of laned starts as the case may be, and before the gun is fired, it is a false start. If more than one athlete takes off, the first one to leave the mark is the one deemed to have "broken". It is a natural instinct for others to follow. The athlete or athletes responsible must be cautioned.
- If an athlete moves off or leaves his/her mark simultaneously with the firing of the gun they have gained an unfair advantage and thus have "broken". This is the only situation where the recall gun (second shot) is used.
- Any athlete who commits a false start shall be warned, as follows:

a. U6 – U8 age groups

Any individual athlete in each heat, shall be allowed a maximum of TWO (2) false starts without disqualification. Any individual athlete responsible for more than TWO (2) false starts shall be disqualified.

b. U9 - U17 age groups

A maximum of TWO (2) false starts per race shall be allowed without disqualification, regardless of which athlete is responsible. Any athlete responsible for a subsequent false start shall be disqualified.

YEARLY AWARDS SELECTION CRITERIA

BLAC INTER-CLUB CERTIFICATES & PENNANTS

At the conclusion of each season, certificates are awarded to each group (boys & girls) who achieve the highest number of overall points for their age and gender. Each age group will also have an individual Champion and Runner Up awarded for each gender. Points awarded are those gained during normal Inter-Club competition. Points will be awarded based on performance and proximity to records. All points and rankings will be determined by computer.

The French Family Trophy will be awarded to the Club gaining the most points overall and the Joy Hardman Trophy will be awarded to the Club gaining the highest point score average per registered athlete.

BLAC 100, 200, 300, 400, 500, 600 & 700 CLUB BADGE AWARDS

The "100" Club badge is awarded to an athlete after competing in 100 events. This is a continuous award and points carry forward from one season to the next. One point is awarded for each event completed at regular BLAC meets. After completing 100, 200, 300, 400, 500, 600 and 700 events respectively a Club Badge is awarded. These Club Badges are awarded once only to each athlete.

It is the responsibility of individual Clubs to keep a tally of their athletes' events. Clubs must nominate athletes on the appropriate signed form and submit it to the Centre Records and Ranking Officer. The Records and Ranking Officer will give the badges and names to the Arena Announcer for presentation during the normal weekly competition. Athletes must be in attendance to receive their badge. Events completed during Centre Championships do not count toward this award.

BLAC SPORTSPERSON OF THE YEAR AWARD

This award is selected by the Mayor of Belmont from nominations submitted by each of the Clubs based on the following criteria:

- The Athletes nominated for this award are to be those who put in a consistent effort and show dedication to all aspects of Little Athletics without being the athletes who win events or excel regularly.
- It is expected that the nominees will be those children who don't win every week, but who still show a keen interest in attending both training and competition. They will exhibit a willingness to participate and be cheerful and dedicated to athletics, although they don't receive recognition in the form of trophies, medals, etc.

The Sportsperson of the Year Award aims to encourage these children to continue to enjoy participating for participation's sake and to recognise their commitments and dedication in continuing even if they don't achieve great results in competition. Only one nomination per Club may be submitted.

BLAC LIFE MEMBERSHIP

Nominations and full resume must be forwarded from the respective Club to the Centre Executive at least one month prior to the Centre AGM and must be endorsed at a meeting of that Club. The nominee must have served a minimum of ten (10) years of service with at least four (4) years at Centre Executive level. Meritorious service will be a mandatory prerequisite.

BLAC ATHLETE SERVICE AWARDS

In recognition of dedication and commitment to Little Athletics, the Belmont Centre presents all athletes with an award at the conclusion of their sixth, ninth and twelfth year. B.L.A.C. receives nominations of eligible athletes from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

LAWA PARENT AWARDS

Little Athletics Western Australian administers Three (3), Six (6), Ten (10) and Twenty (20) Year Parent Service Awards. These are issued at the end of three, six, ten or twenty full years of service respectively. B.L.A.C. receives nominations of eligible parents from affiliated Clubs. Awards are presented at the closing ceremony of the season of qualification.

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

1500m INVITATIONAL

The 1500m Invitational event is held in January each year. The event is open to all registered LAWA athletes who have obtained a personal best for the 1500m event in the current season and have registered that personal best with the BLAC Records & Ranking Officer at least one week prior to the event. Athletes are assigned a handicapped start based on their PB.

CHRISTMAS GIFT

The Christmas Gift was inaugurated in the 1997/98 season. This is a handicap sprint race run over 100 metres for scratch markers with all other runners being handicapped forward by the handicapper according to times run during the current season. The fastest athletes from each gender and age group are invited to participate in a series of heats culminating in the finals.

Previous Winners:

SENIORS (U10 – U17)

Boys

1997	Ben Castle (Forrestfield)
1998	Bryn Stewart (Kewdale)
1999	Scott Boyle (Belmay)
2000	Craig Luckens (Belmay)
2001	Jake Broughton (Carlisle/Rivervale)
2002	Brett Van Groningen (Kalamunda/Lesmurdie)
2003	Daniel Webb (High Wycombe)
2004	Ryan Suckling (Forrestfield)
2005	?
2006	Patrick Hughes (Carlisle/Rivervale)
2007	James Maxwell (Carlisle/Rivervale)
2008	Peter Murphy (Kewdale)
2009	Tim Iffla (Forrestfield)
2010	Max Bradley (Forrestfield)
2011	Harry Edwards (Kalamunda/Lesmurdie)
2012	Trent McDougall (Carlisle/Rivervale)
2013	Antoine Vargiolu (Forrestfield)
2014	Takudzwa Matikiti (Kalamunda/Lesmurdie)
2015	Takudzwa Matikiti (Kalamunda/Lesmurdie)
2016	William Tilbee (Kewdale)
2017	Seth Norman (Carlisle/Rivervale)

Girls

Nicole Stone (Kewdale)
Olivia Chester (High Wycombe)
Jenelle Brand (Forrestfield)
Lauren Taylor (Kewdale)
Emma Forward (Belmay)
Casey Savill (Forrestfield)
Stephanie Lam (Kewdale)
Emma Trail (Forrestfield)
Tayla Van Zuilecom (Forrestfield)
Emily Webb (High Wycombe)
Ashley Parkinson (Kewdale)
Stephanie Lam (Kewdale)
Stephanie Lam (Kewdale)
Sasa Vanek (Kalamunda/Lesmurdie)
Jasmin Long (Kalamunda/Lesmurdie)
Naomi Hayes (High Wycombe)
Tayla McAuliffe (Carlisle/Rivervale)
Reesha Quaresimin (Forrestfield)
Drew Tolliday (Forrestfield)
Chloe Ugle (Kewdale)
Tara Stribley (Carlisle/Rivervale)

JUNIORS (U6 – U9)

Boys

2002	Matthew Hoogenkamp (Kalamunda/Lesmurdie)
2003	Matthew Kang (High Wycombe)
2004	Benjamin Farr (Kewdale)
2005	Liam Johnston (Carlisle/Rivervale)
2006	Riley Partington (High Wycombe)
2007	Jake Moffitt (Kewdale)
2008	Connor Van der Merwe (Kalamunda/Lesmurdie)
2009	Tyler Clatworthy (High Wycombe)
2010	Antoine Vargiolu (Forrestfield)
2011	Antoine Vargiolu (Forrestfield)
2012	James Pritchard (Carlisle/Rivervale)
2013	Kade McKeown (Carlisle/Rivervale)
2014	Roman-Carlo Roia (Carlisle/Rivervale)
2015	Tully McGrath (Kalamunda/Lesmurdie)
2016	Tully McGrath (Kalamunda/Lesmurdie)
2017	Mogga Jansuk (Willandra)

Girls

Siobhan Spargo (Forrestfield)
Tayla Van Zuilecom (Forrestfield)
Tahlia Cornelius (High Wycombe)
Rose-Marie Rechichi (Kewdale)
Sarah Fryer (Carlisle/Rivervale)
Serena Elms (Kewdale)
Zarina Faridzal (Carlisle/Rivervale)
Hana Vanek (Kalamunda/Lesmurdie)
Madison Sauzier (Kalamunda/Lesmurdie)
Mikaela Hindmarsh (Carlisle/Rivervale)
Rosie McGehan (Kalamunda/Lesmurdie)
Rosie McGehan (Kalamunda/Lesmurdie)
Hayley Clarke (Victoria Park)
Scarlet Van Beek (Forrestfield)
Amy Stump (Kalamunda/Lesmurdie)
Cassidy Clarke (Forrestfield)

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

CENTRE RECORDS

PLEASE NOTE: Records are current at time of printing. Official records are kept by the Records and Rankings Officer. Any records broken are subject to official confirmation by the Chief Track and Field Umpires and/or Chief Timekeeper in consultation with the Records and Rankings Officer.

CENTRE CHAMPIONSHIP RECORDS

These records can only be set by Belmont athletes competing at Belmont Centre Championship competition. If an athlete's result also better the Belmont Centre record, then the athlete sets both records.

OPEN RECORDS

Visitors or Belmont athletes at Inter-Centre Meetings may set these records. An inaugural open record is created when an existing Belmont Centre record is broken.

RECORDS (BOYS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE RECORD	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	OPEN RECORD HOLDER	OPEN RECORD	OPEN RECORD YEAR
70M									
U06	T. HARRIS	12.74	2016	T. HARRIS	12.74	2016			
U07	M. VLAHOV	11.20	1988	M. VLAHOV	11.20	1988			
U08	C. O'HELLO	10.80	1979	D. DEVAURNO	10.90	1976	M. HOWAT (KSY)	10.40	1985
U09	J. CLAITE	10.10	1976	J. CLAITE	10.10	1976	P. HICKEY (BEL)	10.10	1985
U10	J. CLAITE P. HODGSON	10.00	1977 1980	J. CLAITE	10.00	1977			
100M									
U06	N. LEWIS	19.13	2016	N. LEWIS	19.13	2016	C. HODGKINSON (BEL)	19.31	2015
U07	M. VLAHOV	15.87	1988	M. VLAHOV	15.87	1988			
U08	J. CLAITE	14.80	1975	J. CLAITE	14.80	1975	J. CLAITE (BEL)	14.60	1975
U09	C. VLAHOV	14.28	1988	R. DOYLE	14.32	2005	D. DEWITT (HAM)	14.40	1978
U10	C. HAWKSWORTH	13.59	2001	M. ROWE	13.86	2005	J. CLAITE (BEL)	13.80	1977
U11	M. ROWE	13.47	2006	M. ROWE	13.47	2006	D. LINES (MEL)	13.70	1973
U12	A. VARGIOLU	12.81	2014	A. VARGIOLU	12.92	2014	A. WATSON (BEL)	12.80	1977
U13	M. WEBBER	11.84	1999	M. WEBBER	12.14	1999	A. WONG (MEL)	11.85	1988
U14	T. MITCHELL	11.86	1987	S. BOYLE	12.08	1999	H. NGUYEN (KSY)	11.55	1988
U15	T. HUNTER	11.32	1996	S. TURCO	11.44	1993	S. MICHAEL (MEL)	11.50	1988
U16	M. CARCIONE	11.25	2011	C. LUCKENS	11.43	2000			
U17	A. SAMPEY	10.91	2000	A. SAMPEY	10.91	2000			
200M									
U06	N. LEWIS	40.18	2016	N. LEWIS	40.18	2016	M. JANSUK (BEL)	43.12	2017
U07	M. VLAHOV	34.41	1988	T. MCGRATH	35.17	2015			
U08	J. CLAITE	31.00	1975	J. CLAITE	31.00	1975	J. CLAITE (BEL)	31.10	1975
U09	G. DOWDING J. CLAITE	30.30	1972 1976	J. CLAITE	30.30	1976	B. O'SULLIVAN (HAM)	31.94	2017
U10	J. CLAITE	29.10	1977	T. MCMILLAN	29.82	1985	S. LENNON (S.D)	27.90	1983
U11	E. SMITH	28.00	1976	E. SMITH	28.00	1976			
U12	T. MARTIN	26.20	1973	A. VARGIOLU	27.28	2014			
U13	A. VARGIOLU	25.07	2015	A. VARGIOLU	25.07	2015			
U14	A. SAMPEY	24.72	1997	A. SAMPEY	24.72	1997			
U15	T. HUNTER	22.79	1996	T. HUNTER	22.79	1996	J. TEAGUE (GOS)	23.74	2017
U16	S. NORMAN	23.45	2017	S. NORMAN	23.55	2017			
U17	A. SAMPEY	22.70	2000	A. SAMPEY	22.70	2000			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

300M									
U06	C. HODGKINSON	1:06.56	2015	C. INGLETON	1:07.84	2015	C. HODGKINSON (BEL)	1:06.56	2015
U07	T. MCGRATH	57.99	2015	T. MCGRATH	57.99	2015	J. ARTEMIS (BAL)	59.13	2015
400M									
U09	A. ARCHER	1:17.17	2015	C. EMSLIE	1:17.99	2012	B. O'SULLIVAN (HAM)	1:14.40	2017
U10	J. CLAITE	1:06.20	1977	J. CLAITE	1:08.00	1977			
U11	N. HARMAN E. SMITH	1:04.40	1972 1976	E. SMITH	1:04.40	1976			
U12	T. MARTIN	1:00.70	1973	B. RENTON	1:01.10	1977			
U13	B. RENTON	57.30	1978	B. RENTON	57.30	1978	B. RENTON (BEL)	57.50	1978
U14	A. SAMPEY	55.39	1997	A. SAMPEY	55.39	1997	J. YORK (BEL)	57.44	1991
U15	S. BOYLE	53.93	2000	A. SAMPEY	54.39	1998	R. JOHNSON (S.D)	53.42	1988
U16	S. BOYLE	53.53	2001	A. SAMPEY	53.66	1999			
U17	A. SAMPEY	51.80	2000	A. SAMPEY	51.80	2000			
500M									
U08	T. MCGRATH	1:45.55	2016	T. MCGRATH	1:45.96	2016			
800M									
U09	B. JARVIS	2:48.75	1996	B. JARVIS	2:48.75	1996			
U10	A. HALL	2:33.66	1991	A. HALL	2:33.66	1991			
U11	S. BUIST	2:30.60	1971	B. RENTON J. BRNICH	2:31.40	1976 1978			
U12	B. RENTON	2:19.20	1977	B. RENTON	2:19.20	1977	C. MASTEN (S.D)	2:12.29	2001
U13	B. RENTON	2:14.30	1978	B. RENTON	2:14.30	1978			
U14	P. STERVAGGI	2:10.00	2016	M. MCDOWALL	2:13.70	1995	B. SKINNER (BEL)	2:13.66	1991
U15	T. BLAKE	2:04.95	1985	T. BLAKE	2:04.95	1985			
U16	N. MORRIS	2:09.13	2017	N. MORRIS	2:09.74	2017	D. STEER (BEL)	2:17.80	2000
U17	C. DALE	2:03.94	2008	B. GRAY	2:15.28	2017			
1500M									
U11	J. BRNICH	5:05.20	1978	N. HARMAN J. BRNICH	5:10.10	1972 1978	N. HARMAN (BEL)	5:11.10	1972
U12	B. RENTON	4:49.00	1977	A. HOUSTON	4:58.11	1987			
U13	B. RENTON	4:40.70	1978	B. RENTON	4:44.90	1978	B. RENTON (BEL)	4:41.10	1978
U14	B. SKINNER	4:31.81	1991	A. HOUSTON	4:38.28	1989	D. SPIERS (HAM)	4:23.80	1984
U15	J. WIEBRECHT	4:24.20	1985	J. WIEBRECHT	4:24.20	1985			
U16	L. TYSON	4:40.75	2015	L. TYSON	4:40.75	2015	B. CHRYSTIE (GOS)	4:48.41	2001
U17	C. DALE	4:17.61	2008	R. LEMA	4:42.26	2005			
700M WALKS									
U09	S. FRASER L. FERGUSON	4:02.00	1977 1983	L. FERGUSON	4:02.00	1983	S. BRENNAN (ING)	3:47.60	1980
1100M WALKS									
U10	J. WESTWOOD	6:21.39	1996	J. WESTWOOD	6:21.39	1996	M. LEASK (BAY)	6:18.41	1999
U11	J. HALL	6:04.41	2013	J. HALL	6:04.41	2013	A. KOROL (BEL)	7:00.03	1998
1500M WALKS									
U12	L. FERGUSON	7:26.93	1986	B. HORE	7:43.39	1987	J. LEEFLANG (HAM)	7:33.70	1979
U13	R. CROCKETT	7:20.00	1980	L. FERGUSON	7:20.89	1987	R. CROCKETT (BEL)	7:16.30	1980
U14	B. HORE	7:03.73	1989	B. HORE	7:03.73	1989	B. HORE (BEL)	7:13.57	1989
U15	B. HORE	6:24.65	1990	B. HORE	6:24.65	1990	B. HORE (BEL)	6:50.59	1990
U16	Z. PARTINGTON	6:33.44	2011	Z. PARTINGTON	7:31.13	2011			
U17	B. GRAY	6:54.87	2017	B. GRAY	6:54.87	2017			
60M HURDLES									
U06 (MINI)	T. HARRIS	11.47	2016	T. HARRIS	11.47	2016			
U07 (MINI)	C. HODGKINSON T. HARRIS	11.09	2016 2017	C. HODGKINSON	11.09	2016			
U08	R. DOYLE	10.94	2004	R. DOYLE	10.94	2004			
U09	R. DOYLE	10.35	2005	L. MURTAGH	10.74	2007			
U10	R. DOYLE	10.54	2006	R. DOYLE	10.54	2006	M. LEASK (BAY)	10.62	1999
U11	D. PETTS	9.91	2006	D. PETTS	10.01	2006			
U12	A. VARGIOLU	9.34	2014	A. VARGIOLU	9.55	2014			
80M HURDLES									
U13	A. VARGIOLU	12.26	2015	A. VARGIOLU	12.26	2015			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

90M HURDLES									
U14	C. LUCKENS	12.94	1998	C. LUCKENS	12.94	1998			
100M HURDLES									
U15	A. SAMPEY	13.46	1998	A. SAMPEY	13.46	1998	D. PARANAWITANE (BAY)	13.75	1992
U16	S. FARE	13.26	2013	S. NORMAN	13.53	2017			
110M HURDLES									
U17	S. FARE	14.80	2014	A. HILDITCH	15.60	2017	D. O'BRIEN (GOS)	15.25	2013
200M HURDLES									
U13	A. VARGIOLU	26.38	2015	A. VARGIOLU	26.38	2015	M. WEBBER (BEL)	28.38	1999
U14	S. NORMAN	27.35	2015	S. NORMAN	27.35	2015			
300M HURDLES									
U15	S. NORMAN	41.66	2016	J. JONES	45.44	2016			
U16	S. NORMAN	40.86	2017	S. NORMAN	41.85	2017	C. CULLEN (GOS)	41.60	2016
U17	A. HILDITCH	44.28	2017	A. HILDITCH	44.99	2017			
HIGH JUMP (SCISSOR)									
U9	T. ZUIDEVELD	1.12	2016	T. ZUIDEVELD	1.12	2016			
U10	C. HALL O. MCMANUS	1.23	2003 2017	S. TSHIDIBU	1.22	2017			
HIGH JUMP (FOSBURY)									
U11	S. ANDERSON	1.45	1988	J. MAGDIC	1.42	1996			
U12	S. ANDERSON	1.58	1989	S. ANDERSON	1.56	1989			
U13	S. ANDERSON	1.67	1990	M. ALLEN B. NETHERWAY	1.57	1979 1985			
U14	S. ANDERSON	1.77	1991	S. ANDERSON	1.77	1991	D. GABY (E.G)	1.70	1987
U15	B. ALLEN	1.82	2017	R. CAMPO	1.72	1994			
U16	B. CASTLE	1.85	1997	B. CASTLE	1.85	1997			
U17	J. KIRKUP	1.87	2009	R. KENTISH	1.77	2006	D. O'BRIEN (GOS)	1.90	2013
LONG JUMP (1m ² MAT)									
U06	Y. KASSEM	2.91	2002	Y. KASSEM	2.91	2002	B. WEDGE (BEL)	2.15	2000
U07	E. GENTRY	3.29	2012	V. ELLIOTT	3.23	1986			
U08	A. HAROLD	3.73	1998	A. HAROLD	3.73	1998			
LONG JUMP (½ m MAT)									
U09	P. LEWKOWSKI	4.40	1985	H. EDWARDS	3.99	2009	G. HOOD (BEL)	4.08	1972
U10	M. MCDOWALL	4.47	1991	M. MCDOWALL	4.47	1991			
LONG JUMP (BOARD)									
U11	K. IRVINE	4.29	2016	K. MCKEOWN	4.15	2015	J. EDDINGTON (GOS)	4.45	2017
U12	K. IRVINE	4.65	2017	K. IRVINE	4.65	2017			
U13	A. VARGIOLU	5.69	2015	A. VARGIOLU	5.69	2015	A. WONG (MEL)	5.79	1978
U14	S. BOYLE	6.09	1999	S. BOYLE	6.09	1999	A. VARGIOLU (S.D)	5.87	2016
U15	A. SAMPEY	6.48	1998	A. SAMPEY	6.23	1998	J. TEAGUE (GOS)	6.24	2017
U16	S. NORMAN	6.34	2017	S. NORMAN	6.29	2017			
U17	A. SAMPEY	6.73	2000	A. SAMPEY	6.73	2000	D. O'BRIEN (GOS)	5.92	2013
TRIPLE JUMP (BOARD)									
U11	N. STATHAM	9.01	2017	N. STATHAM	8.59	2017			
U12	K. IRVINE	9.40	2017	K. IRVINE	9.05	2017	J. HALE (GOS)	9.41	2016
U13	S. DENNON	11.17	1972	B. MCINERNEY	11.14	2008			
U14	P. BEATTIE	11.93	1997	P. BEATTIE	11.93	1997	J. TEAGUE (GOS)	11.87	2016
U15	A. SAMPEY	12.65	1998	A. SAMPEY	12.57	1998			
U16	B. CASTLE	13.18	1997	B. CASTLE	12.64	1997			
U17	A. SAMPEY	12.53	2000	A. SAMPEY	12.53	2000	D. O'BRIEN (GOS)	12.83	2013
DISCUS									
U06 (350g)	C. HODGKINSON	12.42	2015	C. HODGKINSON	12.42	2015			
U07 (350g)	A. ARCHER	19.08	2013	M. BOYLE	17.73	1999			
U08 (500g)	M. O'HELLO	23.14	1977	M. O'HELLO	23.14	1977	S. CANNON (BEL)	22.42	1973
U09 (500g)	E. CARROLL	28.30	1973	D. TAYLOR	27.92	1983	B. FRANCIS (BEL)	26.18	1979
U10 (500g)	D. OGG	33.67	1977	D. OGG	33.67	1977			
U11 (750g)*	D. MILLAR	31.46	1970	J. MAGDIC	30.18	1996			
U12 (750g)	D. OGG	36.92	1979	D. OGG	36.92	1979	D. OAKES (MID)	36.22	1989
U13 (750g)	D. OGG	46.36	1980	D. OGG	46.36	1980	D. OGG (BEL)	43.64	1980
U14 (1kg)	T. ABREU	49.69	1999	A. FREW	45.00	1986	G. BIRD (BEL)	44.96	1985

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

DISCUS cont.									
U15 (1kg)	P. SARICH	51.90	1993	A. FREW	49.74	1987			
U16 (1kg)	T. HILDITCH	45.34	2017	A. HILDITCH	43.61	2016			
U17 (1.5kg)	S. LUCKENS	39.56	2000	C. LUCKENS	38.34	2001			
JAVELIN (VORTEX)									
U06	C. INGLETON	21.90	2015	C. INGLETON	21.90	2015			
U07	T. MCGRATH	26.33	2015	T. MCGRATH	26.33	2015			
JAVELIN (TURBO)									
U8 (300g)	J. ROADS	23.95	2012	J. ROADS	23.95	2012			
U9 (300g)	C. VINCI	28.05	2008	C. VINCI	22.68	2008	D. WILLIAMSON (E.H)	26.29	2000
U10 (300g)	H. MUIR	23.07	2017	O. MCMANUS	20.82	2017	S. OKOLIE (ROC)	27.21	2017
JAVELIN									
U11 (400g)	J. MAGDIC	37.32	1996	N. ROACH	37.10	1988			
U12 (400g)	T. ABREU	42.94	1997	S. LUCKENS	40.17	1995	S. CUMMINGS (BEL)	38.41	1978
U13 (600g)	D. OGG	44.86	1980	D. OGG	44.86	1980	A. FREW (BEL)	42.60	1985
U14 (600g)	S. LUCKENS	52.20	1997	A. FREW	51.56	1986	D. MILBURN (BEL)	44.62	1989
U15 (700g)	T. HILDITCH	46.02	2016	T. HILDITCH	42.88	2016	S. AMATO (GOS)	37.41	2016
U16 (700g)	T. HILDITCH	49.70	2017	T. HILDITCH	49.70	2017			
U17 (700g)	M. CARCIONE	43.66	2012	M. CARCIONE	43.66	2012	D. O'BRIEN (GOS)	43.31	2013
SHOT PUT									
U06 (1kg)	K. RAFFERTY	5.30	2012	K. RAFFERTY	5.30	2012	J. SANJURJO (GOS)	5.46	2015
U07 (1kg)	C. INGLETON	6.63	2016	H. TOLLIDAY	6.44	2014			
U08 (1.5kg)	M. VLAHOV	7.55	1989	J. ROADS	7.47	2012			
U09 (2kg)	D. TAYLOR J. MAGDIC	9.14	1983 1994	D. TAYLOR J. MAGDIC	9.14	1983 1994	D. TAYLOR (BEL)	8.05	1983
U10 (2kg)	J. MAGDIC	10.50	1995	J. MAGDIC	10.50	1995			
U11 (2kg)	J. MAGDIC	10.98	1996	J. MAGDIC	10.74	1996			
U12 (3kg)*	T. ABREU	10.67	1997	T. ABREU	10.67	1997	P. SARICH (MID)	11.21	1990
U13 (3kg)	S. LUCKENS	13.96	1996	S. LUCKENS	13.96	1996	T. KEELEY (KSY)	12.39	1989
U14 (3kg)	C. FARE	13.11	2017	C. FARE	12.88	2017	C. FARE (BEL)	12.75	2017
U15 (4kg)	S. LUCKENS	15.33	1998	S. LUCKENS	14.89	1998	C. MARSHALL (S.D)	15.26	1988
U16 (4kg)	S. LUCKENS	14.24	1999	K. WHITEHALL	13.98	2005			
U17 (5kg)	S. LUCKENS	13.67	2000	S. LUCKENS	13.30	2000			



BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

RECORDS (GIRLS)

EVENT AGE GROUP	CENTRE RECORD HOLDER	CENTRE RECORD	CENTRE RECORD YEAR	CENTRE CHAMP HOLDER	CENTRE CHAMP RECORD	CENTRE CHAMP YEAR	OPEN RECORD HOLDER	OPEN RECORD	OPEN RECORD YEAR
70M									
U06	A. PILLERA	13.55	2017	T. UNGER	13.67	2010	B. HODGE (BEL)	13.64	2000
U07	A. O'FLANAGAN	11.63	1987	A. O'FLANAGAN	11.63	1987			
U08	A. FULTON	10.90	1977	A. FULTON	10.90	1977			
U09	A. O'FLANAGAN	10.62	1989	A. O'FLANAGAN	10.62	1989			
U10	A. O'FLANAGAN	10.18	1990	T. HEYS T. SCAMUFFO J. THOMPSON N. ELLISON	10.30	1977 1978 1980 1994			
100M									
U06	O. WESTON	19.07	2017	O. WESTON	19.07	2017			
U07	A. O'FLANAGAN	17.15	1987	A. O'FLANAGAN	17.21	1987			
U08	T. HEYS	15.40	1975	T. HEYS	15.40	1975	R. STARCEVICH (HAM)	15.50	1978
U09	K. BRYAN	14.70	1973	T. HEYS	15.10	1976			
U10	S. WIJESUNDERA	14.30	1974	S. WIJESUNDERA	14.40	1974	K. WHEELER (KSY)	14.20	1989
U11	D. COPLEN	13.60	1991	M. HOOGENKAMP	13.70	2004			
U12	S. WIJESUNDERA	13.30	1976	O. DODDS	13.46	2017			
U13	N. WINNING	12.40	1980	N. WINNING	12.40	1980			
U14	L. NIX	13.00	1984	L. NIX	13.00	1984	Y. ZAW (S.D)	12.52	2001
U15	L. THORNTON	12.66	1987	M. KOROL	13.11	1999	M. TOBIN (KSY)	12.36	1990
U16	A. STATHAM	12.81	2017	A. STATHAM	12.84	2017	S. MILFORD (S.D)	12.66	2001
U17	S. COOTE	12.71	2016	F. DUNCAN R. QUARESIMIN	13.18	1998 2017	T. MCKEOWN (BEL)	13.79	2015
200M									
U06	A. PILLERA	42.17	2017	A. PILLERA	42.17	2017	F. JOSE (BEL)	45.30	1999
U07	A. O'FLANAGAN	35.81	1987	A. O'FLANAGAN	35.81	1987			
U08	M. BRIGNOLI	33.00	1970	A. FULTON	33.40	1977	R. STARCEVICH (HAM)	32.10	1978
U09	K. BRYAN	31.10	1973	T. WALSH	32.50	1982			
U10	S. WIJESUNDERA	29.50	1974	S. WIJESUNDERA	30.20	1974	S. WIJESUNDERA (BEL)	30.00	1974
U11	S. WIJESUNDERA	29.00	1975	S. WIJESUNDERA	29.00	1975			
U12	T. WALSH	27.60	1985	T. HEYS	28.10	1979			
U13	N. WINNING T. HEYS	26.90	1980	N. WINNING T. HEYS	26.90	1980			
U14	S. COOTE	27.29	2013	E. BECKFORD	27.41	1996			
U15	L. THORNTON	26.85	1987	K. SMETHERHAM	27.10	1986			
U16	A. STATHAM	26.61	2017	A. STATHAM	26.61	2017			
U17	F. DUNCAN	26.75	1998	K. MADDEN	27.47	2006			
300M									
U06	T. D'ALESSIO	1:09.26	2017	T. D'ALESSIO	1:09.26	2017	C. CLARKE (BEL)	1:13.75	2015
U07	S. AJDUK	1:02.32	2015	S. AJDUK	1:02.32	2015	S. AJDUK (BEL)	1:04.31	2015
400M									
U09	O. TRUEMAN	1:17.92	2014	A. BROWN	1:18.26	2015			
U10	M. BRIGNOLI	1:08.70	1972	M. BRIGNOLI	1:09.70	1972			
U11	S. WIJESUNDERA	1:06.50	1975	J. GAGLIA	1:07.20	1978	M. FOWLER (MEL)	1:07.20	1973
U12	O. ALLEN	1:04.10	1973	M. BRIGNOLI	1:04.60	1974			
U13	M. BRIGNOLI	1:02.40	1975	N. WINNING	1:02.60	1980	M. BRIGNOLI (BEL)	1:02.00	1975
U14	R. QUARESIMIN	58.86	2014	R. QUARESIMIN	58.86	2014	R. BECKHAM (KSY)	1:01.80	1993
U15	T. WALSH	1:00.95	1988	T. WALSH	1:01.17	1988	T. WALSH (BEL)	59.95	1988
U16	S. COOTE	1:01.23	2015	A. STATHAM	1:05.21	2017			
U17	S. COOTE	1:02.30	2016	F. DUNCAN	1:05.76	1998	S. TIPU (GOS)	1:05.26	2014
500M									
U08	S. AJDUK	1:45.48	2016	A. MARKOVIC	1:47.79	2017			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

800M									
U09	K. PICKERING	3:01.75	1994	A. BROWN	3:04.64	2015			
U10	J. SINCLAIR	2:38.71	1989	J. SINCLAIR	2:38.71	1989			
U11	M. BRIGNOLI	2:36.20	1973	M. BRIGNOLI	2:37.70	1973			
U12	M. BRIGNOLI	2:28.00	1974	M. BRIGNOLI	2:32.00	1974			
U13	O. ALLEN	2:25.90	1973	L. STUMP	2:26.55	2017			
U14	E. FERGUSON	2:25.53	2017	E. FERGUSON	2:25.53	2017	A. MILNE (S.D)	2:25.50	1983
U15	J. MCSHERRY	2:25.88	1991	J. MCSHERRY	2:25.88	1991			
U16	E. HANSEN	2:25.06	2017	E. HANSEN	2:25.06	2017			
U17	S. COOTE	2:33.64	2016	K. SHORT	2:44.25	2009			
1500M									
U11	C.TUNSTALL	5:16.20	1973	M. BRIGNOLI	5:25.90	1973			
U12	C.TUNSTALL	5:15.20	1974	M. BRIGNOLI	5:16.50	1974	M. PRESTIDGE (BEL)	5:31.40	1972
U13	O. ALLEN	5:05.80	1973	M. REDDISH	5:07.40	1975			
U14	E. FERGUSON	5:09.36	2017	S. ROMEO	5:27.10	1983			
U15	T. WALSH	5:15.71	1988	J. MCSHERRY	5:16.87	1991			
U16	J. LONG	5:16.74	2012	J. LONG	5:26.88	2012			
U17	K. WEDGE	6:03.41	2005	K. SHORT	6:13.00	2009			
700M WALKS									
U09	R. HENSHALL	3:56.10	2016	R. HENSHALL	3:56.10	2016	N. EDWARDS (HAM)	3:55.90	1980
1100M WALKS									
U10	H. VANEK	6:43.97	2013	H. VANEK	6:43.97	2013	C. MORTIMORE (GOS)	6:42.39	2016
U11	A. HENSHALL	6:21.36	2016	H. VANEK	6:32.60	2014	A. RODDY (KSY)	6:07.49	2001
1500M WALKS									
U12	M. MAHER	7:52.60	1975	M. MAHER	8:12.10	1975	P. KENNEDY (KSY)	7:22.20	1980
U13	C. TUNSTALL	7:14.00	1975	L. ROMEO	8:03.57	1986			
U14	S. ROMEO	7:15.00	1983	L. ROMEO	7:20.23	1987			
U15	L. ROMEO	7:16.88	1988	L. ROMEO	7:17.25	1988			
U16	A. WALLACE-GIBB	9:18.69	2014	A. WALLACE-GIBB	9:29.40	2014	A. PRINGLE (GOS)	8:11.43	2017
U17	T. MCAULIFFE	9:29.76	2015	T. MCAULIFFE	9:29.76	2015			
60M HURDLES									
U06 (Mini)	A. PILLERA	12.31	2017	A. MENEHIRA	12.47	2016			
U07 (Mini)	G. BADE	11.97	2016	G. BADE	11.97	2016			
U08	I. ROSALIA	11.67	2013	I. ROSALIA	11.67	2013			
U09	V. GREGORY	11.18	1997	O. TRUEMAN	11.34	2014			
U10	O. TRUEMAN	11.26	2015	O. TRUEMAN	11.26	2015	P. KEELEY (GOS)	11.54	1999
U11	O. TRUEMAN	10.52	2016	H. ARCHER	10.74	2013			
U12	O. TRUEMAN	9.89	2017	J. WARD	10.03	2003	J. WARD (BEL)	10.15	2003
80M HURDLES									
U13	J. WARD	13.24	2004	J. WARD	13.24	2004			
U14	A. GRAYSON	13.39	2007	A. GRAYSON	13.39	2007	C. MYBURGH (GOS)	13.32	2016
90M HURDLES									
U15	E. DODDS	14.19	2017	K. SMETHERHAM	14.45	1986			
U16	S. STATHAM	13.94	2017	S. STATHAM	13.94	2017			
100M HURDLES									
U17	R. QUARESIMIN	16.72	2017	K. BLAIR	17.32	2015	S. TIPU (GOS)	17.56	2014
200M HURDLES									
U13	S. WEBSTER	30.80	2009	Z. EDWARDS	30.90	2000	S. MIGRO (BAY)	32.57	2000
U14	R. QUARESIMIN	30.58	2014	E. DODDS	31.05	2016	R. MORALES (GOS)	33.71	2016
300M HURDLES									
U15	A. STATHAM	48.28	2016	A. STATHAM	48.28	2016			
U16	A. STATHAM	47.05	2017	A. STATHAM	47.05	2017			
U17	R. QUARESIMIN	50.42	2017	R. QUARESIMIN	52.50	2017			
HIGH JUMP (SCISSOR)									
U09	R. HENSHALL	1.19	2016	R. HENSHALL	1.16	2016			
U10	R. HENSHALL	1.24	2017	R. HENSHALL	1.24	2017			

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

HIGH JUMP (FOSBURY)								
U11	C. BOYANICH	1.49	1994	C. BOYANICH	1.49	1994		
U12	C. BOYANICH	1.54	1995	C. BOYANICH A. HENSHALL	1.46	1995 2017		
U13	C. BOYANICH	1.65	1996	C. BOYANICH	1.65	1996	K. BILLING (PEEL)	1.50 2016
U14	C. BOYANICH	1.72	1997	C. BOYANICH	1.72	1997		
U15	C. BOYANICH	1.70	1998	C. BOYANICH	1.60	1998		
U16	R. QUARESIMIN	1.54	2016	R. QUARESIMIN E. RAIMUNDO	1.50	2016 2017	J. HOGEN-ESCH (BEL) R. COLLYER (BEL)	1.40 1998 2010
U17	R. QUARESIMIN	1.54	2017	R. QUARESIMIN	1.54	2017	A. SHARP (BAY)	1.40 2013
LONG JUMP 1m ² MAT								
U06	R. BOYANICH	2.65	1999	A. PILLERA	2.35	2017		
U07	A. O'FLANAGAN	2.99	1987	C. SIMPKINS	2.92	1994		
U08	A. MARKOVIC	3.60	2017	S. WIJESUNDERA	3.42	1972		
LONG JUMP ½ m MAT								
U09	A. FULTON	3.85	1978	A. APENIS	3.84	1973	P. ROPER (E.H)	4.02 1972
U10	S. WIJESUNDERA	4.21	1974	M. BRIGNOLI	4.17	1972		
LONG JUMP BOARD								
U11	O. TRUEMAN	4.27	2016	O. DODDS O. TRUEMAN	4.10	2016	O. TRUEMAN (BEL)	4.27 2016
U12	O. TRUEMAN	4.60	2017	O. DODDS	4.00	2017		
U13	J. TAPUTORO	4.94	1991	T. HEYS	4.89	1980	M. PEDROTTI (BAY)	4.97 1991
U14	J. CASEY	5.18	1992	J. CASEY	5.18	1992	J. RICHARDSON (BAY)	4.79 1993
U15	C. PALMER	5.04	1985	C. PALMER	5.04	1985	L. POOTER (KSY)	5.06 1990
U16	S. COOTE	5.12	2015	S. COOTE	4.88	2015	J. HOGEN-ESCH (BEL)	4.79 1998
U17	S. COOTE	5.28	2016	R. QUARESIMIN	4.50	2017	F. DUNCAN (BEL)	4.40 1998
TRIPLE JUMP (BOARD)								
U11	O. TRUEMAN	8.76	2016	O. TRUEMAN	8.52	2016		
U12	O. TRUEMAN	9.76	2017	A. HENSHALL	9.26	2017	O. TRUEMAN (BEL)	9.76 2017
U13	J. TAPUTORO	10.49	1991	S. GILFILLAN	10.20	1973		
U14	S. COOTE	10.90	2013	N. PARKER	10.78	2014	J. CASEY (BEL)	10.53 1992
U15	S. COOTE	10.84	2014	C. PALMER	10.57	1985	C. PALMER (BEL)	10.31 1985
U16	S. COOTE	10.80	2015	S. COOTE	10.64	2015	A. SHARP (BAY)	10.51 2012
U17	S. COOTE	11.56	2016	R. QUARESIMIN	10.13	2017	S. COOTE (BEL)	11.56 2016
DISCUS								
U06 (350g)	R. BOYANICH	10.90	1999	S. MAHER	9.54	2001		
U07 (350g)	J. AVINS L. CASTLE R. BOYANICH	13.74	1991 1992 2000	L. CASTLE	13.74	1992	A. HAHN (KSY)	14.07 2000
U08 (500g)	V. FRENCH	21.95	1977	A. ROBINSON	20.86	1977	V. FRENCH (BEL)	18.70 1977
U09 (500g)	V. FRENCH	28.91	1978	V. FRENCH	25.77	1978		
U10 (500g)	V. FRENCH	30.12	1979	V. FRENCH	30.12	1979		
U11 (750g)*	V. FRENCH	31.18	1980	V. FRENCH	31.18	1980		
U12 (750g)	V. FRENCH	38.78	1981	V. FRENCH	37.96	1981	V. FRENCH (BEL)	36.72 1981
U13 (750g)	V. FRENCH	41.30	1982	V. FRENCH	41.30	1982	R. HUME (S.D)	40.21 1988
U14 (1kg)	T. MCAULIFFE	24.87	2012	T. MCAULIFFE	24.87	2012	J. SIVIOUR (S.D)	30.25 2012
U15 (1kg)	T. MCAULIFFE	26.36	2013	T. MCAULIFFE	26.36	2013		
U16 (1kg)	T. MCAULIFFE	32.66	2014	T. MCAULIFFE	32.66	2014		
U17 (1kg)	T. MCAULIFFE	33.23	2015	T. MCAULIFFE	30.81	2015	J. NASH (GOS)	29.35 2013
JAVELIN (VORTEX)								
U06	M.VAN DER TOGT	10.61	2017	M. VAN DER TOGT	10.61	2017		
U07	S. AJDUK	15.68	2015	S. AJDUK	14.20	2015		
JAVELIN (TURBO)								
U08 (300g)	R. BOYANICH	15.59	2001	R. HENSHALL	15.37	2015	R. WIHONE-MACKEY (GOS)	16.04 2014
U09 (300g)	S. AJDUK	19.67	2017	S. AJDUK	19.67	2017	M. SANJURJO (GOS)	17.75 2014
U10 (300g)	R. HENSHALL	22.50	2017	R. HENSHALL	21.40	2017		

BELMONT LITTLE ATHLETICS CENTRE (INC) 2018-2019 SEASON

JAVELIN									
U11 (400g)	V. FRENCH	31.50	1980	V. FRENCH	31.50	1980	V. FRENCH (BEL)	30.72	1980
U12 (400g)	V. FRENCH	39.52	1981	V. FRENCH	39.52	1981	V. FRENCH (BEL)	36.70	1981
U13 (400g)	J. DAVIES	32.01	2008	J. DAVIES	32.01	2008			
U14 (400g)	T. STRIBLEY	33.80	2017	T. STRIBLEY	32.30	2017	T. STRIBLEY (BEL)	33.80	2017
U15 (500g)	T. MCAULIFFE	32.20	2013	T. MCAULIFFE	31.61	2013			
U16 (500g)	T. MCAULIFFE	40.25	2014	T. MCAULIFFE	40.25	2014			
U17 (500g)	T. MCAULIFFE	40.47	2015	T. MCAULIFFE	39.12	2015	T. ORRELL (GOS)	27.95	2014
SHOT PUT									
U06 (1kg)	S. DANGERFIELD	3.89	2017	S. DANGERFIELD	3.89	2017			
U07 (1kg)	R. MCGEHAN	5.26	2012	G. BADE	4.91	2016			
U08 (1.5kg)	R. BOYANICH	6.83	2001	T. WOLFS	5.90	1981	D. WORRAD (HAM)	6.92	2017
U09 (2kg)	V. FRENCH	8.76	1978	V. FRENCH	8.76	1978	V. FRENCH (BEL)	8.07	1978
U10 (2kg)	V. FRENCH	9.36	1979	V. FRENCH	9.04	1979	M. WARD (CBN)	9.54	2007
U11 (2kg)	V. FRENCH	11.46	1980	V. FRENCH	11.14	1980			
U12 (2kg)	V. FRENCH	13.57	1981	V. FRENCH	13.27	1981	N. KEELEY (KSY)	10.19	1985
U13 (3kg)	V. FRENCH	12.41	1982	V. FRENCH	12.41	1982	R. HUME (S.D)	11.33	1988
U14 (3kg)	V. FRENCH	13.71	1983	V. FRENCH	13.71	1983	A. SUTTON (KSY)	10.31	1988
U15 (3kg)	C. PALMER	13.92	1985	C. PALMER	13.56	1985			
U16 (3kg)	T. MCAULIFFE	11.75	2014	T. MCAULIFFE	11.15	2014			
U17 (3kg)	T. MCAULIFFE	12.50	2015	T. MCAULIFFE	12.50	2015	J. NASH (GOS)	12.50	2013



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